

The Worthing Wheel



Summer 2002

**Magazine of the Worthing Excelsior
Cycling Club**

Summer 2002

Worthing Excelsior

Clubroom: Broadwater Parish Rooms
Meetings every Tuesday evening 7:30 to 10:00

Opinions expressed are those of the contributors,
and not necessarily of the club or its committee.

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Chairman	Alan Matthews: 20 Water Lane Angmering Tel:- 01903 784852
Secretary	Karl Roberton: 11 Bridge Road, Worthing Tel:- 01903 209433
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Social	Don Lock: 7 Welland Road, Worthing Tel:- 01903 531877

Calendar of Events

All club runs depart from Washington village green at 0900hrs (0910hrs. latest) unless stated otherwise.

You should register your attendance with the runs leader or with Tony Palmer (01273 558597) to enable you to be included in the Annual Club Runs points competition.

Date	Elevenes Venue
14 Jul	Tiffins, Petworth
21 Jul	Barnham Mill, Barnham. After the Club 100 Championships incorporated within the SCA 100 Championships.
28 Jul	Rushfields Garden Centre, Poynings
4 Aug	Truffles, Henfield High Street
11 Aug	The Chalet, A281 south of Cowfold. The SCA 12 hour takes place throughout the day. Help may be required for marshalling and assisting the riders.
18 Aug	Washbrook Farm, Hurstpierpoint
25 Aug	Stopham Bridge Garden Centre, Pulborough
1 Sep	Friston Forest Activities Centre, Exceat Bridge. This run departs from the WarMemorial at Ringmer at 0900 hrs.
8 Sep	Dolly's Pantry, Ditchling
15 Sep	Littlehampton Marina
22 Sep	Forge Tearooms, Pyecombe
29 Sep	RSPB Centre, Wiggonholt Common

For the latest information, why not visit

WorthingExcelsior.co.uk

Articles for this magazine can be sent to me by e-mail, at ed@Worthing-Excelsior.fsnet.co.uk as well as by paper.

Ashurst 16 Mile Circuit 7-4-2002

Pos	Name	Time	H'cap	H'cap time
1	Karl Roberton	42:07	Scratch	42:07
2	Steve Trott	42:39	Scratch	42:39
3	Tony Reeves	43:24	0:30	42:56
4	Colin Miller	46:50	5:00	41:50
5	David Abbott	46:52	4:00	42:52
6	Diana Trafford	50:50	8:00	42:50
7	Pete Eldridge	51:57	10:00	41:57
8	Pete Weston	54:52	13:00	41:52
9	Mike Poland	1:04:48	15:00	49:49

Private Entries

Name	Time
Glyn Ostler	41:55
Richard Bonner	43:23
Eric Bonner	44:08
Fred Shepherd	47:08
Dave Bacon	47:24

Awards

1 st	Karl Roberton
1 st H'cap	Colin Miller
2 nd H'cap	Dave Bacon

Officials

Event Secretary	Mel roberton
Time Keeper	Tony Palmer
Pusher Off	Ron Bardoleau
Handicapper	Tony Palmer
Catering	Mel Roberton/Alan Weston

Club 25 Mile Championships 28-4-2002
Incorporating the Clapshaw Handicap

Pos	Name	Time	H'cap	H'cap time
1	Pete Thorpe-Hincks	1:03:47	Scratch	1:03:47
2	Karl Roberton	1:03:50	0:40	1:03:10
3	Stephen Trott	1:03:51	0:40	1:03:11
4	Tony Reeves	1:08:34	1:30	1:07:04
5	Mike Brampton	1:10:39	4:15	1:06:24
6	Susan Uncles	1:12:45	8:30	1:04:15
7	Diana Trafford	1:20:59	12:30	1:08:29
8	Pete Eldridge	1:21:01	12:30	1:08:31
9	Pete Weston	1:22:47	15:00	1:12:47
10	Debbie Shapland	1:25:27	15:00	1:10:27

Private Entries

Name	Time
Glyn Ostler	1:06:32
Chris Bacon	1:08:12
Chris White	1:11:39
Nick Attaway	1:14:04

Went off course

Championship Awards

1 st	Peter Thorpe-Hincks
2 nd	Karl Roberton
3 rd	Stephen Trott

Clapshaw Handicap Awards

1 st	Pete Thorpe-Hincks
2 nd	Karl Roberton
3 rd	Stephen Trott

Officials

Event Secretary	Mel Roberton
Time Keeper	Alan Matthews
Pusher Off	Ron Bardoleau
Handicapper	Tony Palmer
Catering	Mel Roberton
Road Signs	Karl Roberton

Club 50 Mile Championships 6-6-2002
(with SCA 50)

Pos	Name	Time	H'cap	H'cap time
1	Pete Thorpe Hincks	2:09:07	2:00	2:07:07
2	Stephen Trott	2:11:39	Scratch	2:11:59
3	Karl Robertson	2:13:25	4:30	2:08:53
4	Mike Brampton	2:22:03	15:00	2:07:03
5	Tony Reeves	2:30:11	18:00	2:12:11

Championship Awards

1st Peter Thorpe-Hincks

Clapshaw Handicap Awards

1st Mike Brampton

We hear on the grapevine...

Do you ever get the feeling that some people take their cycling too seriously (what, is it possible to take cycling too seriously? ed)? Well, before the Maratona delle Dolomiti, an Italian amateur event with around 7,000 riders intended to be along the lines of an Audax but a bit more competitive, the Italian police raided several hotels finding EPO, growth hormone, testosterone (so that's why the Italians are so macho is it) and amphetamines. So don't be too surprised if there are visitors come the Tourist Trophy!

Evening 10 Series 2002

Due to roadworks on the A27, north of the Washington roundabout, the Evening 10 series was run on the G10/97 course rather than the usual G10/98.

The first event of the series, on the 2nd of May was declared invalid due to the time keeper not identifying the correct drain cover for the finish for until several riders had gone past. It was a wet and windy evening though, so the times were not good.

Evening 10 N°2 9-5-2002

Wiston-Shorham-Wiston

Pos	Name	Time	Pos	Name	Time
1	Karl Roberton	23:02	7	Ed Andrew	27:37
2	Pete Thorpe-Hincks	23:38	8	Neil Graham	28:12
3	Mike Brampton	24:11	9	Pete Eldridge	28:30
4	Tony Reeves	24:16	10	Pete Weston	29:55
5	Susan Uncles	25:32	11	Ben Doyle	30:57
6	Nick Attaway	26:10			

Private Entries

Name	Time	Name	Time	Name	Time
M Kingsbury	22:30	S Woodbridge	22:45	C Whitaker	22:57
D Fletcher	23:26	J Chisnall	24:05	M Farley	24:20
D Maskell	25:04	G Staden	26:28	K Lee	26:57
M Perryman	27:42				

Evening 10 N°3 16-5-2002

Wiston-Shorham-Wiston

Pos	Name	Time	Pos	Name	Time
1	Karl Roberton	22:19	10	Dave Abbott	25:52
2	Pete Thorpe-Hincks	23:14	11	Nick Attaway	25:57
3	David Uncles	23:22	12	Colin Miller	25:58
4	Steve Trott	23:47	13	Vern McClelland	26:34
5	Mike Brampton	24:18	14	Ed Andrew	27:00
6	Don Lock	24:57	15	Diana Trafford	27:17
7	Dave Bacon	25:23	16	Ben Doyle	27:25
8	Andrew Lock	25:32	17	Pete Eldridge	28:60
9	Susan Uncles	25:43	18	Pete Weston	29:09

Private Entries

Name	Time	Name	Time	Name	Time
M Kingsbury	21:19	S Woodbridge	22:04	B Kelleway	22:41
D Fletcher	22:55	J Chisnall	23:09	M Farley	23:45
A Cox	24:16	G Smith	25:43	K Lee	26:00
G Boore	26:31	A Hills	26:54	G Reade	28:10
C Thurgar	29:05	D Worster	30:52	M Heawood	30:56

Evening 10 N°4 23-5-2002
Wiston-Shorham-Wiston

Pos	Name	Time	Pos	Name	Time
1	Karl Robertson	23:11	7	Susan Uncles	26:07
2	Mike Brampton	23:57	8	Vern McClelland	26:24
3	Tony Reeves	24:15	9	Diana Trafford	28:08
4	Steve Trott	24:22	10	Pete Eldridge	28:49
5	Dave Abbott	25:27	11	Ben Doyle	29:40
6	Andrew Lock	25:44			

Private Entries

Name	Time	Name	Time	Name	Time
S Woodbridge	22:06	M Kingsbury	22:56	C Whitaker	22:56
B Keleway	23:00	P Wise	24:48	R Luff	24:48
I Essex	27:45	D Worster	32:02		

Evening 10 N°5 30-5-2002
Wiston-Shorham-Wiston

Pos	Name	Time	Pos	Name	Time
1	Karl Robertson	23:17	9	Dave Abbott	25:43
2	Tony Reeves	23:55	10	Vern McClelland	26:30
3	Steve Trott	24:13	11	Susan Uncles	26:39
4	Mike Brampton	24:17	12	Ed Andrew	26:57
5	Robin Fairhurst	24:21	13	Diana Trafford	28:09
6	David Uncles	24:23	14	Pete Eldridge	29:10
7	Paul Carruthers	24:24	15	Pete Weston	30:05
8	Don Lock	25:31			

Private Entries

Name	Time	Name	Time	Name	Time
D Fletcher	23:15	B Kelleway	23:18	T Holmes	23:34
J Chisnall	23:44	P Wise	24:16	M Farlay	24:22
N Maes	24:22	R Groves	24:22	S Cox	24:49
K Lee	26:34	K Pearson	26:36	C Harvey	27:36
L Cullen	27:47	A Towers	28:37	L Bolton	29:31
D Worster	31:46				

Evening 10 N°6 6-6-2002
Wiston-Shorham-Wiston

Pos	Name	Time
1	Kark Roberton	22:27
2	Robin Fairhurst	23:58
3	Tony Reeves	35:31
4	Don Lock	25:09
5	Dave Abbott	25:18
6	Andrew Lock	25:59
7	Susan Uncles	26:04
8	Neil Graham	28:42

Private Entries

Name	Time	Name	Time	Name	Time
S Woodbridge	22:10	M Kingsbury	22:16	T Court	22:10
C Whitaker	22:16	P Wise	24:40		

Evening 10 N°7 13-6-2002
Wiston-Shorham-Wiston

Pos	Name	Time
1	Karl Roberton	22:43
2	Robn Fairhurst	23:43
3	Mike Brampton	23:56
4	Tony Reeves	25:02
5	Dave Abbott	25:29
6	Andrew Lock	25:55
7	Ben Doyle	28:03
8	Pete Eldridge	28:13
9	Diana Trafford	28:49

Private Entries

Name	Time	Name	Time	Name	Time
S Geran	21:52	C Whitaker	23:00	A Hills	27:20
K Lee	27:21	L Bolton	28:29	L May	31:11

Evening 25 Mile 20-6-2002
G25-93 (Steyping – Shorham)

Pos	Name	Time	H'cap	H'cap time
1	Karl Roberton	59:01	Scratch	59:01
2	Tony Reeves	1:02:05	3:00	59:05
3	David Uncles	1:02:54	2:30	1:00:24
4	Don Lock	1:04:07	4:10	59:57
5	Dave Abbott	1:05:44	5:00	1:00:44
6	Susan Uncles	1:09:24	7:20	1:02:04
7	Pete Eldridge	1:13:49	15:30	58:19
8	Diana Trafford	1:14:57	14:30	1:00:27

Private Entries

Name	Time	Name	Time	Name	Time
S Geran	55:42	T Court	56:014	B Kelleway	58:42
T Holmes	1:00:04	S Trott	1:00:35	P Carruthers	1:01:18
N Maes	1:01:51	N Garrett	1:04:52	N Treacy	1:08:19
K Lee	1:08:39	J King	1:15:34	S King	1:15:38
L Bolton	1:15:43	P Weston	1:1:23		

Awards

1st Karl Roberton

Handicap Awards

1st Pete Eldridge
2nd Karl Roberton

Skittles Evening - Friday September 27th
at "The Spur" at Slindon 7.30 for 8.00

After the success of previous outings, Don has arranged another trip out to the alley at "The Spur". At a cost of £8.00 per head including a buffet, a fun evening but the numbers available are limited

Please give names and money to Don Lock
Or phone him on 531877 for further information.

Evening 10 N°8 27-6-2002
Wiston-Shorham-Wiston

Pos	Name	Time
1	Karl Roberton	22:34
2	Paul Carruthers	22:55
3	RobinFairhurst	23:21
4	Don Lock	24:12
5	Dave Abbott	24:52
6	Tony Reeves	25:01
7	Nick Attaway	25:38
8	Diana Trafford	27:31
9	Neil Graham	27:36
10	Pete Eldridge	27:50
11	Pete Weston	28:55

Private Entries

Name	Time	Name	Time	Name	Time
S Geran	21:32	C Whitaker	22:19	M Kingsbury	22:22
N Johnson	22:57	N Maes	23:35	Lee Cullern	25:19
L Pearce	25:20	N Treacy	25:24	K Lee	26:19
K Pearson	26:21	C Harvey	27:00	Les Cullern	27:10
S King	27:58	D Gatland	29:19	J Kng	29:21
R MacKenze	29:44	D Worster	31:52		

Road Racing

Despite the large number of time trial results over the last few pages, don't forget that members of the club participate in many Road Race events, notably those organised by the Surrey League.

We have a group of regulars at the Tuesday evening series at Goodwood, and have had several riders participating in a 5 day stage event organised by the Surrey League. Peter Thorpe-Hincks finished 16th out of 45, just under 3 minutes behind the winner (Ivan Jordan of Team Omega, with a time of 13:21:08) and Paul Carruthers and Mike Brampton fought out the battle for the Lanterne Rouge, though still remaining within an hour of the winner.

Club Dinner – Advance Notice

The Annual Dinner Dance and Prize Presentation is departing this year from a tradition which has we imagine, continued from the earliest days of the Club's history. IT WILL NOT BE ON A SATURDAY. The Windsor Hotel that we have used for many years saw no reason to contact their regulars and put in a one off booking. They have not been able to offer a suitable alternative and we have had to look elsewhere.

We have also had to consider carefully how much we should subsidise the ticket price. The subsidy by 2001 had risen to £5.25 per head so taking everything into account your Committee have booked FRIDAY 15TH NOVEMBER AT WORTHING RUGBY CLUB, Roundstone Lane Angmering. It will still be a full sit down meal and they have offered an excellent menu selection. The format of the evening will otherwise remain very much as before.

We bear in mind that it may be a little tight timewise for those who perhaps work out of the local area but with plenty of notice hopefully it will not cause too much difficulty and certainly not prevent anyone from coming. We plan a slightly later start - 7.00 for 7.30pm.

More details of course nearer the time.

Don

Grand Auction of Cycling Equipment

At the Clubroom at 8pm on the 15th October

Auctioneer: Mr Andrew Lock

If you have any items which could be auctioned off in a good cause, and what better cause than the club, please contact Don Lock. For more valuable items, there will be the option of a 50/50 split of the proceeds between club and seller – in this case, please make sure that the lot is marked clearly as a 50/50, and carries your name and whatever reserve price you feel appropriate.

Contact Don Lock on 01903 531877 for more details

Doctor's Orders

(Important information for all WECC members)



Cycling is Healthy. Cycling is fun. Unfortunately cycling in the UK is viewed as a minority sport. Cyclists are abused and endangered by motorists. Cyclists are *virtually* ignored by local authorities (Worthing Borough Council and West Sussex County Council do this splendidly).

More than ever we need to advertise Worthing Excelsior Cycling Club, what we do and what we stand for. Please let me have your time-trial or road racing results (E-mail Susan@s-uncles.freemove.co.uk or telephone 01903 786007) by Sunday pm so we get the publicity we deserve in the local press.

If you've got something to say about the Club why not tell the editor of the Club's magazine, Ed Andrew. Contact him by E-mail ed@Worthing-Excelsior.fsnet.co.uk or telephone 01903 218195.

Remember our website too. <http://www.worthingexcelsior.co.uk> Robert Downham is the webmaster and he can be contacted by E-mail WECC@btinternet.com

Happy and Healthy Cycling!

Obituary

Jim Hughes

With sadness we report the recent death of Life Vice President Jim Hughes. Not all club members will have known Jim, a short squat Geordie who for countless years, with his lovely wife Connie, ran our clubroom canteen. Both of them gave so much for the club in service and in generosity and all they ever took in return was the pleasure it gave them.

Their campsite in the New Forest was regularly visited and a cooked breakfast after a New Forest time trial was a memory for many who have worn Excelsior colours over the years.

Born in 1909 Jim still attended club dinners until 2001, although poor his hearing meant that he only knew a little of the proceedings. After his Connie died Jim found life more and more confusing and his wish was to "join Connie as soon as possible". He went quite quickly after two strokes and we believe without suffering. We wish him well on his last solo ride and in his faith he firmly believed that a tandem awaited.

Those who knew him will miss him, but will have benefited from his company.

Don Lock

Forthcoming Events

Road Racing – for the next few months

Date	Dist	Event	Course	Start
21 July	100 M	100 Mile Champs (with SCA)	G50/10	0600
8 August	10 M	Evening 10 2 up	G10/97	1900
11 August	N/A	12 Hour (with SCA)	G12/93	0600
15 Sept	26.2 M	Hardriders	GS992	0900
29 Sept	1 M	Hill Climb at Springhead	N/A	0900

Note: As with the other events in the Evening 10 series this year the 2 up is being run on the G1097 course (starting at Wiston Pond) due to road works on the A27.

Other Events

27th September Skittles Evening at “the Spur”, Slindon.
15th October Auction.
15th November Club Dinner

🏇 Club Open 25 (Ray Douglass Memorial) 🏇

For the last few years this highly successful event, held in May has been promoted by Paul Toppin. Paul has recently informed the committee that he will be unable to continue promoting this event and a successor is needed. Contact Paul, or a committee member if you are interested taking this on.

Been knocked off your bike?

We have the right team with the right skills

We can help you.....

MILLER PARRIS

Solicitors

3 – 9 Cricketers Parade, Broadwater, Worthing
Telephone: 01903 205771