# **The Worthing Wheel**



Summer/Autumn 2001

Magazine of the Worthing Excelsion Cycling Club

#### Summer/Autumn 2001

#### Worthing Excelsior Clubroom: Broadwater Parish Rooms Meetings every Tuesday evening 7:30 to 10:00

Opinions expressed are those of the contributors, and not necessarily of the club or its committee.

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#### Calendar of Events

All club runs depart from Washington village green at 0900hrs (0910hrs. latest) unless stated otherwise.

You should register your attendance with the runs leader or with Tony Palmer (01273 558597) to enable you to be included in the Annual Club Runs points competition.

Date	Elevenses Venue						
5 Aug	Hillier's Garden Centre (1 mile south of Horsham on the A281)						
12 Aug	St Peter's Tearooms, Cowfold. The SCA 12 hour event is on, so our club riders and marshals are required.						
19 Aug	Southwater Country Park						
26 Aug	Antiques Shop, Adversane. After the Club 30 mile championships.						
2 Sep	RSPB Centre, Wiggonholt Common. After the SCA 25 Mile Championships.						
9 Sep	Friston Forest Tearooms. This run departs from the Ringmer War Memorial at 0900 hrs.						
16 Sep	Pyecombe Forge						
23 Sep	Garden Centre, Stopham Bridge, Pulborough. After the Club Hardriders Circuit.						
30 Sep	Club Tourist Trial Competition. Starts after the Hill Climb Championships at the top of Springhead Hill, Storrington. See						
7 Oct	Don Lock for details.  Hardriders Audax 100 km. Starts from Petworth at 0900 hrs.  Details and entries to Tony Palmer.						

For Audax and time trial events over the next few months, see inside the back cover.

Did you know that the club has staked a presence on the information super-highway?

We now have a web site at WorthingExcelsior.co.uk

Articles for this magazine can be sent to me by e-mail, at <a href="ed@Worthing-Excelsior.fsnet.co.uk">ed@Worthing-Excelsior.fsnet.co.uk</a> as well as by paper.

# SCA 25 Mile Championships (6th May 2001)

Time	<b>Worthing Times</b>	Time
1:03:16	Karl Roberton	1:03:30
1:04:02	Stephen Trott	1:05:38
1:06:30	Chris Bacon	1:07:02
1:07:57	Don Lock	1:10:13
1:10:55	Susan Uncles	1:13:33
1:13:37		
	1:03:16 1:04:02 1:06:30 1:07:57 1:10:55	1:03:16       Karl Roberton         1:04:02       Stephen Trott         1:06:30       Chris Bacon         1:07:57       Don Lock         1:10:55       Susan Uncles

Fastest

Alan Curtis (In Gear Racing Team)

57:45

1 <sup>st</sup> A Team	Lee Memorial Shield	In Gear Racing Team Worthing Excelsior C.C.	4:04:51
2 <sup>nd</sup> A Team	Dave Henty Cup		4:16:31
1st B Team	SCA Medals	Worthing Excelsion	3:21:39

The Sussex Team Championship was held on the usual Cowfold course, starting just east of Cowfold then heading south through Henfield and turning at Shoreham r.a.b. The course is retraced, with a leg out to Bramber and finishing north of Shermanbury. The weather was better than the previous week's club championships but was still cold. The wind was from the north east, so the riders had a fast first half but the return was hard going.

There were 7 teams entered, Worthing having the largest number of riders. There were 2 competitions – an A and B team. The A team consisted of the fastest 4 riders from each club and the B from the 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> fastest riders from each club. Alan Curtis (In Gear racing Team) was the fastest overall with 57:47. Ahead of Steve Walkling (Portsmouth North End) on 58:06, with Steve Dennis (East Grinstead) on 59:11 the only other rider under the hour.

The winner of the Championship and the Lee Memorial Shield was, as expected, In Gear Racing with an aggregate time of 4:04:51. The second place team, and winner of the Dave Henty Cup, was quite unexpected as Worthing Excelsior (at 4:16:51) managed to edge out last year's runners up (Portsmouth North End) on 4:18:37. We also had success in the B Team Competition, as Worthing won with 3:21:39 – well ahead of the second place team (Brighton Mitre) on 3:38:29

#### Hampshire Road Club Open 25 (10<sup>th</sup> June 2001)

<b>Worthing Times</b>	Time	<b>Worthing Times</b>	Time
Robin Fairhurst	59:42	Ron Bardouleau	1:09:32

#### Fastest

Alan Curtis (In Gear Racing Team)

52:39

Weather conditions: warm with a light north westerly breeze.

## Norwood Paragon Open 25 (17th June 2001)

<b>Worthing Times</b>	Time	<b>Worthing Times</b>	Time
Jeremy Wootton	1:08:08	Karl Roberton	1:00:35
Chris Bacon	1:01:26	Paul Carruthers	1:01:29
Paul Byford	1:02:39	Mike Brampton	1:06:12
Chris White	1:06:14	Ron Bardouleau	1:09:40
Susan Uncles	1:09:50		

#### Fastest

Michael Hutchinson (Team MDT-Giant)

52:39

Weather conditions: cold with a north easterly wind made for a fast first leg to Southwater but a slow return leg to Crawley going into a head and cross wind.

### V.T.T.A. Open 25 Mile Time Trial (24th June 2001)

<b>Worthing Times</b>	Time	Worthing Times	Time
Stephen Trott	59:21	David Uncles	59:54
Chris White	1:02:40	Susan Uncles	1:06:15
Ron Bardouleau	1:07:13		

#### **Fastest**

Alan Curtis (In Gear Racing Team)

52:39

Weather conditions: warm with a south easterly breeze for a fast first leg to Southwater and a slow return to Crawley.

#### S.C.A Open 50 (10<sup>th</sup> June 2001) Incorporating Club 50 Mile Championship

Pos	Name	Time	Н'сар	H'cap Time
-1	Peter Thorp-Hincks	2:50:32	Scratch	2:05:32
2	Karl Roberton	2:07:07	4:00	2:03:37
3	Stephen Trott	2:11:08	2:00	2:09:08
4	Don Lock	2:19:39	9:30	2:10:09
5	Mike Brampton	2:20:50	11:00	2:09:50

Awards: 1st

Peter Thorp-Hincks

2:05:32

H'cap

Karl Roberton

Handicapper: Ron Bardouleau

The S.C.A 50 mile Time Trial was held on the usual G10/50 course. Starting in West Grinstead, heading to Bolney, then to Henfield and Cowfold. Turning at Beeding, retracing to Washington the course then follows the evening 10 and into Dial Post. The weather conditions were quite good, but the riders had an early shower which left the roads wet in places. The wind was very light and from the north west.

The club had 6 riders, but Chris Bacon did not enter the club event. The event was won by Steve Dennis (East Grinstead) on 1:55:19, well ahead of Tristan Court (Brighton Mitre) on 2:00:59 in second. Last year's winner, Dave Pollard (In Gear Racing), had to be content with third at 2:00:44. From the club, Peter was quickest on 2:05:32, ahead of Karl on 2:07:07 and third went to Stephen on 2:11:08.

Peter and Karl's times were good enough for fourth and fifth respectively and with Stephen's time were good enough to take the team prize and Halford Trophy, just a few seconds ahead of Brighton Mitre. Karl also picked up a prize for the second most improved time.

### Southern Counties Cycling Union Open 50 (1st July 2001)

<b>Worthing Times</b>	Time	<b>Worthing Times</b>	Time
Stephen Trott	1:59:31	Don Lock	2:11:47

#### **Fastest**

Keith Coffey (BEC CC)

1:52:10

Weather conditions: warm with a light north westerly breeze giving a slow first leg to Southwater and a fast return to Crawley.

# Southern Counties Cycling Union Open 100 (22<sup>nd</sup> July 2001)

West Grinstead - Horsham - Worthing

<b>Worthing Times</b>	Time	Worthing Times	Time
Stephen Trott	4:16:39	David Uncles	4:59:30

#### **Fastest**

Keith Coffey (BEC CC)

3:57:23

Weather conditions: Hot, with a light south westerly breeze giving a fast morning on a tough course.

#### Brighton Excelsior C.C. Open 25 (5th Aug 2001)

Ashurst - West Grinstead - Washington - Shoreham

<b>Worthing Times</b>	Time	Worthing Times	Time
Stephen Trott	1:00:19	Chris Bacon	1:01:14
Karl Roberton	1:01:45	Mike Brampton	1:04:50
Chris White	1:09:33		

#### **Fastest**

Alan Curtis (In Gear Racing Team)

52:42

Weather conditions: Warm, with a south westerly wind made for a slow start but a faster second half.

## **Evening 10 – Number 1 (3<sup>rd</sup> May 2001)**

1	Karl Roberton	22:42	2	Robin Fairhurst	23:12
3	Stephen Trott	23:56	4	Chris Bacon	24:27
5	Don Lock	24:46	6	Chris White	25:16
7	Andrew Lock	25:31	8	Mike Brampton	25:38
9	Susan Uncles	26:05	10	Nick Attaway	26:44
11	Tony Reeves	27:22	-		

Weather: Conditions were cool with a northerly wind giving a fast start and finish but a hard middle leg to Ashington.

Evening 10 - Number 2 (10th May 2001)

1	Peter Thorp-Hincks	21:58	2	Karl Roberton	22:09
3	Robin Fairhurst	22:33	4	Stephen Trott	22:51
5	Chris Bacon	23:21	6	Chris White	23:48
7	Mike Brampton	23:50	8	Tony Reeves	23:59
9	David Uncles	24:03	10	Don Lock	24:04
11	Paul Toppin	24:40	12	Andrew Lock	24:45
13	Colin Miller	25:12	14	Susan Uncles	25:37
15	Ed Andrew	25:45	16	Peter Eldridge	27:44

Weather: Hot with a light north easterly so fast to Findon, a slow middle leg and then fast back to Washington.

Time Keepers Vern McClelland Pusher Off Mel Roberton Brian Weir

### Evening 10 – Number 3 (17th May 2001)

1	Peter Thorp-Hincks	22:53	2	Karl Roberton	23:00
3	Stephen Trott	24:24	4	David Uncles	24:46
5	Tony Reeves	25:27	6	Chris Bacon	25:55
7	Mike Brampton	26:10	8	Neil Coleman	27:56
9	Peter Eldridge	29:59	10	Diana Trafford	30:09

Weather: Cold with a strong south westerly wind made for a slow start, a quicker second leg and then hard going to the finish.

Time Keepers Keith Dodman John Mansell

Pusher Off Mel Roberton

## Evening 10 - Number 4 (24th May 2001)

1	Robin Fairhurst	22:27	2	Karl Roberton	22:38
3	Stephen Trott	22:44	4	Chris Bacon	22:56
5	Paul Carruthers	23:18	6	Chris White	23:56
7	Mike Brampton	24:00	8	Tony Reeves	24:54
9	Andrew Lock Paul Toppin	24:55	11	Colin Miller	25:46
12	Ed Andrew	25:58	13	Susan Uncles	26:30
14	Ron Bardouleau	26:36	15	Neil Coleman	27:04
16	Diana Trafford	27:20	17	Peter Eldridge	28:03
18	Robert Downham	29:15			

Weather: Warm with a north westerly wind made for a quick start and finish, with a slow leg in the middle.

Time Keepers Peter Kibbles
Don Lock

Pusher Off Mel Roberton

### Evening 10 - Number 5 (31st May 2001)

1	Peter Thorp-Hincks	21:42	2	Karl Roberton	21:46
3	Robin Fairhurst	22:10	4	Stephen Trott	22:16
5	Chris Bacon	22:43		David Uncles	22:47
7	Paul Carruthers	22:53	8	Paul Byford	22:58
9	Don Lock	23:47	10	Tony Reeves	23:54
11	Paul Toppin	24:22		Susan Uncles	25:39
13	Nick Attaway	26:50	14	Robert Downham	27:53

Weather: Warm with a light north westerly

Time Keepers Mike Brampton Mike Irons

Pusher Off Mel Roberton

# Evening 10 – Number 6 (7th June 2001)

1	Peter Thorp-Hincks	22:22	2	Karl Roberton	22:31
3	Robin Fairhurst	22:43	4	David Uncles	23:25
5	Chris White	23:58	6	Mike Brampton	23:59
7	Tony Reeves	24:11	8	Paul Toppin	24:32
9	Don Lock	24:36	10	Andrew Lock	24:39
11	Fred Hodges	25:42	12	Ron Bardouleau	26:01
13	Susan Uncles	26:09	14	Nick Attaway	27:06
15	Ben Doyle	29:17		Janet Langford	30:49

Weather: Warm with a south westerly

Time Keepers Allan Langham Ken Retallick

Pusher Off Mel Roberton

Evening 10 - Number 7 (14th June 2001)

Cancelled due to bad weather

#### **Evening 10 – Number 8 (28<sup>th</sup> June 2001)**

1	Karl Roberton	22:32	2	Robin Fairhurst	22:56
3	Paul Carruthers	23:08	4	Stephen Trott	23:57
5	Mike Brampton	24:10	6	Don Lock	24:26
7	Chris White	24:30	8	Tony Reeves	24:56
9	Susan Uncles	26:00	10	Ron Bardouleau	26:10
11	Peter Eldridge	27:30	12	Diana Trafford	27:53
13	Janet Langford	30:37		***************************************	***************************************

Weather: Warm with a south westerly

Time Keepers Alan Matthews
Dave Funnell

Pusher Off Mel Roberton

# Evening 10 - Number 9 (5th July 2001)

1	Stephen Trott	22:12	2	Robin Fairhurst	22:18
3	Tony Reeves	22:56	4	Peter Thorp-Hincks	23:08
5	Mike Brampton	23:09	6	Chris Dransfield	23:25
7	Chris White	24:11	8	Susan Uncles	24:55
9	Janett Langford	28:47			

Weather: Warm, heavy rain and a south westerly breeze.

Time Keepers Don Lock Colin Miller Pusher Off Mel Roberton

### Evening 10 - Number 10 (12th July 2001)

1	Robin Fairhurst	22:42	2	Paul Carruthers	22:46
3	Karl Roberton	22:55	4	David Uncles	23:32
5	Tony Reeves Paul Toppin	24:01	7	Chris White	24:54
8	Susan Uncles	25:44	9	Janett Langford	28:57

Weather: Warm and a strong south westerly breeze.

Time Keepers Tony Palmer John Mansell

Pusher Off Mel Roberton

#### **Evening 10 – Number 11 (19th June 2001)**

1	Karl Roberton	22:10	2	Chris Bacon	22:50
3	Paul Carruthers	22:51	4	Jonathan Ford-Dunn	23:33
5	Tony Reeves	23:54	6	Mike Brampton	23:56
7	Don Lock	24:06	8	Ken Retallick	25:41
9	Colin Miller	25:48	10	Debbie Chapland	28:00

Weather: Warm with a north westerly

Time Keepers Alan Matthews Dave Funnell Pusher Off Paul Toppin

Evening 10 - Number 12 (26th July 2001)

Event cancelled due to an accident on the course

## Evening 10 – Number 13 (2<sup>nd</sup> August 2001)

1	Karl Roberton	22:01	2	Chris Bacon	22:36
3	Paul Carruthers	22:40	4	David Uncles	23:10
5	Paul Byford	23:21	6	Tony Reeves	23:22
7	Jonathan Ford-Dunn	23:27	8	Don Lock	24:03
9	Chris White	24:40	10	Andrew Lock	24:48
11	Susan Uncles	25:38	12	Neil Coleman	25:51
13	Debbie Shapland	25:48	14	Janett Langford	28:39

Weather: Warm and a light north westerly breeze.

Time Keepers Tony Palmer John Mansell Pusher Off Mel Roberton

#### Excelsior's Audax

As you can see on the next page, a range of long Audax events is on offer for next year. I know there will not be a flood of entries from club riders for the longer events, in particular the 1000k but I know there are at least 6 riders who could complete it if they so wished. Actually, following the SCA 12 Hour I dread just how easily Paul Carruthers and Stephen Trott would polish this distance off.

If anyone interested in the 100k event (or indeed any of the events) cares to let me know, I could arrange a session with all interested long distance riders in the club around Christmas time to help plan your 2002 season.

I am always so lucky with all those who help with our events each year – your excellent service is much appreciated by all the riders concerned. In Audax circles the Worthing Excelsior is held in very high esteem. Now that I have buttered you all up, I have to say I do struggle on the longer events with helpers at times. I am very fortunate that the members of other Sussex Clubs and riders within Audax UK help me and frequently offer their help, as our President has quoted on more than one occasion: "one volunteer is worth 10 pressed men". Help on next year's longer events would be welcome, please let me know by the end of this year if you think that you may be able to assist, Don't leave it too long, for you may find that Peter Kibbles has already volunteered for the far turn of the 1000k event in the far west of Wales.

Our 300 and 400k events will both finish in Steyning. To reduce the number of helpers at the finish control, I propose having the finish at a pub, if there is a willing person who would like to attend to the cards, please let me know this year.

Next year you will see that the Excelsior is offering long distance riders the opportunity of becoming a Super Randonneur. To qualify for this riders need to complete a 200, 300, 400 and 600 in the same year – so you don't have to ride the 1000k unless you're really keen (mad?).

Every year an event is run by the name of the "National 400k". It has been promoted by the CTC District Association and the CTC affiliated clubs since the early 1980's. Indeed the very first couple of events from Godalming had several in the Club riding and manning a control at the Tote Café near Pulborough.

Is there any interest from within the club to promote such an event one July in the next few years? It could be promoted under the banner of a local CTC DA, but it would be nice if Worthing Excelsior were the promoters. In the absence of a volunteer for the position of official Organiser I would be happy to put my name forward but I cannot run the whole show alone. National events would not be entirely new to us – a few years ago we promoted the annual Audax National200k and had nearly 200 riders taking part. For the national 400k we could well have over 200.

Please let me know your views, along with an offer of help by the end of this year if you are interested in such a promotion. I would not seek the approval of our Committee unnecessarily if there were no interest, but if there were a demand I would do so.

Due to the foot and mouth our off road event on the South Downs Way was cancelled this year. If there were a willing member to promote it, I would be willing to provide the route sheets that I have prepared and to help with the catering — I have enough to organise next year.

Dave Hudson

#### Audax Events Promoted by the Club Under the Rules of Audax UK

Date	Distance	<b>Start Location</b>	Start Time	Comments
7/10/01	110k	Petworth	0900	
10/3/02	200k	Worthing	0730	
7/4/02	300k	Steyning	0300	
4/5/02	400k	Steyning	1800	Bank Holiday weekend
25/5/02	600k	Midhurst	0300	Bank Holiday weekend
27/7/02	1000k	Midhurst	1000	

#### **Forthcoming Time Trials**

Day	Date	Event	Course	<b>Start Time</b>
Sun	23/9/01	Hardriders	GS992	0900
Sun	30/9/01	Hill Climb	Springhead	0900

Entry Forms are required for all events. Please ensure that all entry forms are submitted to the club TT secretary on the **Tuesday** prior to the event.

#### Calling all members ... Calling all members ...

The radio link that keeps race control in touch with the finishing line is under threat. For many years this has been provided by John and Daphne Grant, but now due to Daphne's ill health they are unable to continue with this service.

John has offered to donate the equipment to the club – if volunteers can be found to operate the equipment. John will provide all the necessary training to help keep this link a part of our events.

Many thanks are due to John and Daphne for their behind the scenes efforts over the years. I am sure that all club members will wish them the best and hope for an improvement in Daphne's condition.

Stop Press ... Evening 10 Series results ...

1	Karl Roberton	12
2	Robin Fairhurst	17
3	Tony Reeves	47
4	Mike Brampton	51
5	Chris White	57
6	Susan Uncles	83

<sup>1&</sup>lt;sup>st</sup> Veteran on standard: Don Lock at +5.365 mph.

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