

THE WORTHING WHEEL



**MAGAZINE OF THE WORTHING EXCELSIOR
CYCLING CLUB**

AUTUMN 1989

VOL 22 No 3

FRONT COVER

**OOH! The pain
Chairman Mike Gibbs at the helm with Stoker
Dave Dallimore.
Tandem Club National 25 Championship.**

AUTUMN 1989 =====THE WORTHING WHEEL =====
WORTHING EXCELSIOR CYCLING CLUB'S =====
QUARTERLY MAGAZINE =====

Clubroom: Broadwater Parish Rooms: meetings every
Tuesday 7.30 to 10.30. Canteen until 10.00.

Opinions expressed are those of the contributor and
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EVENING TENS SERIES NO.7

	22.06.89	Handicap	Net
SMITH A	22.20		22.20
ROBERTON M	23.11	1.40	21.31
BURGESS P	23.27	1.30	21.57
WOODHAMS P	23.40	1.10	22.30
ARNOLD J	23.41	1.30	22.11
GUMBRILL S	23.44	1.10	22.34
TOPPIN C	23.52	1.50	22.02
LUCAS J	24.01	1.50	22.11
LISTON N	24.06	1.20	22.56
TARRY A	24.10	2.00	22.10
POLAND J	24.21	2.10	22.11
BROWN S	24.21		24.21
STEPNEY A	24.26	2.50	21.36
LOCK D	24.28	2.10	22.18
GOWARD C	24.39	3.30	21.09
MILLER M	24.50	3.20	21.30
BARRETT S	24.51	2.30	22.21
WEST P	24.59	2.40	22.19
AVERY JANE	25.05	3.20	21.45
GILBERT J	25.17	3.50	21.27
HOOPER M	25.24	2.50	22.34
NIGHTINGALE	25.32	3.30	22.02
SWEET C	25.38	3.50	21.48
MCMAMARA C	25.52	4.00	21.52
KELL G	25.53	4.00	21.53
GIBBS M	26.07	3.40	22.27
COLLIER C	26.09	4.20	21.49
MCMAMARA S	26.10	4.10	22.00
WALMESLEY J	26.15	4.30	21.45
PALMER A	26.16	4.30	21.46
ATKINS K	26.16	4.00	22.16
SMITH R	26.16	4.00	22.16
SEYMOUR P	26.40	4.00	22.40
MARTELLO A	26.50	5.50	21.00
SLATER A	26.55	4.30	22.25
EDWARDS A	26.57	4.10	22.47
HARMER T	27.09	5.40	21.29

ROBERTON K	27.49	6.00	21.49
WALL G	31.14	10.00	21.14

EVENING TEN SERIES NO.8

	29.06.89.	Handicap	Net
SMITH A	22.03		22.03
BURGESS P	23.13	1.10	22.03
TARRY A	23.55	1.50	22.05
LISTON N	23.58	1.50	22.08
ARNOLD J	23.58	1.20	22.38
TOPPIN C	24.01	1.30	22.31
LOCK D	24.20	2.10	22.10
DAVIES M	24.25	1.30	22.55
BROWN S	24.26	2.00	22.26
BARRETT S	24.36	2.30	22.06
STEPNEY A	24.36	2.10	22.26
RETALICK K	24.40	1.20	23.20
MARTELLO G	25.03	3.40	21.23
GOWARD C	25.04	2.20	22.44
MCCLELLAND V	25.10	2.50	22.20
MILLER M	25.14	2.30	22.44
SEYMOUR P	25.17	4.20	20.57
AVERY JANE	25.25	2.50	22.35
HOOVER M	25.32	3.00	22.32
SWEET C	25.41	3.20	22.21
SLATER A	25.48	4.40	21.08
SMITH R	25.48	4.00	21.48
COLLIER C	25.53	3.50	22.03
ATKINS K	25.58	4.00	21.58
PALMER A	25.59	4.00	21.59
WALMESLEY J	26.03	4.00	22.03
NIGHTINGALE	26.07	3.10	22.57
MATTHEWS A	26.41	4.10	22.31
GIBBS M	26.45	3.50	22.55
MARTELLO A	26.54	4.30	22.24
HARMER T	27.22	4.50	22.32
SEARLE R	30.32	9.00	21.32
WALL G	31.34	8.50	22.44

EVENING TEN SERIES NO.9.

	06.07.89	Handicap	Net
ROBERTON M	23.29	1.40	21.49
LISTON N	23.32	2.00	21.32
DALLIMORE D	23.44	1.10	22.34
BURGESS P	23.47	1.10	22.37
DAVIES M	23.57	2.30	21.27
RETALLICK K	24.05	2.40	21.25
SWEET C	24.16	3.40	20.36
TARRY A	24.16	2.00	22.16
LUCAS J	24.43	1.50	22.53
STEPNEY A	24.44	2.40	22.04
POLAND J	24.45	2.10	22.35
MCCLELLAND V	24.45	3.10	21.35
BROWN S	24.51	2.30	22.21
TOPPIN C	24.58	2.00	22.58
GILBERT J	25.06	3.50	21.16
BARRETT S	25.10	2.40	22.30
HOOPER M	25.31	2.50	22.41
MILLER M	25.42	3.10	22.32
STEPNEY D	25.44	3.20	22.24
WEST P	25.57	2.40	23.17
SMITH R	25.59	3.50	22.09
SEYMOUR P	26.14	3.20	22.54
PROCTOR W	26.15	4.50	21.35
ATKINS K	26.22	4.00	22.00
MARTELLO G	26.35	3.00	23.35
GIBBS M	26.43	4.50	21.53
KELL G	26.48	4.00	22.48
EDWARDS A	27.22	3.30	23.52
KLEMPERER R	27.37	3.20	24.17
WALL G	27.37	9.30	18.07
ROBERTON K	28.09	6.00	22.09
MARTELLO A	28.09	4.50	23.19
HARMER T	29.00	5.20	23.40
JAMES P	30.17	7.10	23.07
SEARLE R	31.12	8.30	22.32

FOLLOW THIS

From Worthing I went along the start of the alphabet a couple of dozen plus three, past the castle on the edge of the Borough and on through the place where a lady was sewing. Over the hill of tool and urn and leaving on my starboard side the house of the great port of Kent. At the angry shrub I diverted to announce where troops were lodged and near to the red triangle. Back now to the iron road establishment and through the seat of the House of the Broads. The road now tilted upwards to the Cider and then plummeted to deposit in earth.

It was chilly now so before the wet enclosure I forked to port and before crossing the decomposing female went socialist again to pick up a couple of jackets. I sped on past Beryl's Pond - bit of a grind here- and out once more to the red line. A quick stagger and I was into a N.T. area. Over the angry ways and then keeping conservative I made my way through the village where they vend meat but cannot spell and then reached the fifty percent span.

Turning now to the orient I passed the President's House on the left and headed into cat or perhaps dog value. Holding the same direction, down a hill and up the other side leaving the small seaside resort on my north east. It was then to the village that sounds suited for the french value but beyond this there was a complete prohibition near the convergence of the two waters.

Under the iron road and across the road that is two more than we started with. This place sounds like someone hauling a handcart. Go off to port now just as the road bends to the south and aim for the West of these villages while still heading east. The East one is in the East of the County. Keep straight on to join the four figure bee where the first two are 7/13 of the second two. Left now to short Daniel rise and go to starboard. Follow through to the great weight of fire debris at a couple of dozen.

Go towards Worthing Pier leaving the street that the sewing lady could deal with on your port side. Straight on at the cross roads without the roll and bypass the village with the American name and pause not at the way across the top. Take the village road with a bit of fish in front of the Editor and carry on down the valley of the same name back to the road we set out on.

Hope you found your way O.K. and enjoyed the ride.

TRUCKIN (Juggernauts and all that)

Now the bike and those monsters are not perhaps the best of friends and even just big lorries are not always too nice, especially when they come too close. But it is not all bad news from that particular quarter.

Sports sponsorship of all kinds is a growth industry of the eighties that has attracted leading companies from the world of freight. Daf have supported British Rowing and Sherpa have been heavily involved with Association football. But one of the largest commitments is provided by Wincantons to the sport of cycling - some quarter of a million pounds is the value of the vehicles provided to not only help professional events but the G.B. amateur team as well.

The Wincanton Group were looking for a sport becoming more popular in the U.K. and one that involved teamwork, had a clean image, and needed dedication to training to achieve excellence. They decided to give cycling a go and started by providing some cars for the coach and team manager of the British Amateur team.

The business reasons for entry into sports sponsorship were to increase public and customer awareness of the Wincanton name as well as to be seen to be helping a very healthy pastime.

Wincanton provided back-up vehicles for the televised city centre races. Now they are involved in the Kelloggs Tour of Britain and the one day Wincanton

International Classic that on 30th July this year brought the worlds top riders to an event now counting towards the season long World Cup Series

The group provide the vehicles but not the drivers. The fleet for an event like the Tour of Britain included two artics, three rigids, vans of various specifications, four transits and six mini-buses plus cars of various shapes and sizes. Races frequently involve town centre circuits, if only for the finishes and a mile or more of crash barriers have to be erected both sides of the road and theres the need to be able to erect them and remove them in double quick time, hence the need for the trucks. Wincanton also supply a hospitality unit and a platform for the presentation of the awards. It is here that the Company's name can be prominently displayed to the large numbers of spectators and to the millions more who will watch on the television coverage.

It is all a far cry from Wincanton's first dabble with sports sponsorship which started with a few horse race meetings. May their support long continue for mutual benefit.

OVERHEARD AT AN EVENING TEN "I'm going to borrow Mike Gibb's skin suit" This from an eight months pregnant Angela Toppin!!!!!!

SEEN AT THE SAME TEN One Dave Hudson - one time ace tourist - now sadly an out and out racer. Stripped down racing lightweight, figure hugging racing shorts and vest and a blue aerodynamic racing helmet complete with visor. He looked like a cross between something from War of the Worlds and Rollerball. It was a sad night for many of the usual racers who were to pedal slowly home, contemplate on the thrashing from this 'tourist' and exchange their 18mm X 28 spoke wheels for the 1 $\frac{1}{4}$ inch sturdy roadsters and his thrown away Karrimore and dynamo. Now we are looking for a fast tourist who can ride past him while he's racing and say "Going well"

Any offers - we wondered about you, Ray Douglass ?

CYCLING ROUND WEST SUSSEX

The West Sussex County Council and the Mid Sussex District Council have produced - with the assistance of the Countryside Commission and the Cyclists' Touring Club - a number of cycle routes, nine in all, with an additional route round the whole of West Sussex, about 200 miles in all.

A set of three routes takes the cyclist around the Sussex Weald, from the Devil's Dyke area right up to East Grinstead. Route 1 is 25 miles long, and routes 2 and 3 are 33 miles each. "B" and unclassified roads are used for most of the way, and a few bridleway options are included.

The second set consists of six routes on the Downs and in the Rother Valley, ranging from 22 miles to 34 miles, and, as with set 1, minor roads are used, plus short lengths of bridleway and footpath.

A summary of the routes is given below:

Set 1.	Route 1	The High Weald Route.
	" 2	The Central Mid Sussex Route.
	" 3	The Downs View Route.
Set 2.	Route 1	Chichester and the Downs.
	" 2	Goodwood Country.
	" 3	The Arun Valley.
	" 4	Pulborough and Petworth.
	" 5	The Rother Valley.
	" 6	Midhurst and Harting

The routes are well drawn on PVC coated paper, with railway stations, car parks and places of interest all indicated. The routes given in set 1 can be followed on OS Sheets 187 and 198, whilst the six runs of set 2 are all within OS Sheet 197.

With the longest run a mere 34 miles, it is clear that they are not aimed at the hardrider or super-tourist. The idea is really to encourage the potterer or casual cyclist to see more of the county. For anyone interested, the two sets of routes can be

obtained from the West Sussex County Council, County Hall, Chichester, or the Cyclists' Touring Club, 69 Meadow, Godalming, Surrey. Price 80p.

Roger Smallman

THE HOGS are BACK

Sunday 16th July and, of course, another warm and sunny morning. I had pedalled away from Shoreham at 5.15 a.m. and was now waiting at the end of Hole Street Ashington for my fellow riders. The only action on the A24 was rabbits enjoying some kind of kermesse - they were leaving the Devil take the hindmost until the traffic got up - and the early birds twittering away in the trees. Look down the road, no sign of the bunch, quick open the saddlebag, out with the flask, a quick one for the road, is that the peloton in the distance, yes, quick sip the tea, put the flask away, can't have them seeing me stoking up this early.

Don, Pauls, West and Toppin, Roger Smith and, for a short distance, Ray Douglass, (enroute to assist with marshalling for the Southern Counties 100). We fork left and soon cross the quiet A29 at Adversane. Loxwood, and Plaistow are soon astern. Paul Toppin has eyes like a hawk and scores 20 points for a barn owl and a heron. With the mountains looming, a short stop is made at Fisherstreet. I dig out the flask again. Paul West adjusts his racing vests - the inner one is a rather well worn copy of the SUN.

We press on over the easy side of Blackdown (Don apparently was not sharing this view of the climb) and then on into Haslemere and up the Polecate climb into Hindhead. Paul Toppin was now spotting Happy Eaters and Little Chefs plus other sundry refreshment possibilities but it was all falling on deaf ears and we pedalled on. Young Roger in the Polka dot jersey (most appropriate) and yours truly (in the yellow one - of course) quickened the pace. Well there was this sign which said "Rushmoor". Don meanwhile was noting signs more akin to his feelings, like, "Hurtmore".

But they pulled us back. There were a few more cols

encountered around Crooksbury Common and Paul Toppin was taking up the position of tail end charlie. The HOGS BACK though is eventually reached after 45 miles riding from Worthing and there is a spirited rush over the final few hundred yards to the Cafe, reached at 8.30.a.m. The order of arrival is not recorded for this was after all only a pleasure run!

We had a good breakfast (we worked our way through the menu) and the inner man began to recover. By 9.30 we were on our way again and after just 50 yards on the A31 we were awheel into the lanes again, as quiet as ever. Through Puttenham, Compton and Charterhouse and then we are enjoying the long descent into Godalming. Paul West may not agree on this though, for his 63" ever pedaller had him spinning like a looney. The climb out of Godalming always seems a struggle, but young Roger is well ahead and almost out of sight, Don attacks, Paul West and I follow at a distance, and Paul Toppin is..... Paul where are you?..... He arrives in due course.

At the top Paul West and I turn left and follow the lanes to Bramley. The others have lunch appointments in Worthing. We arrive in Shere and I feel Paul should be introduced to Asters Tea Rooms, a very select establishment and one which carries the Egon Lock seal of approval for its Rum and Raisin Gateaux (a delight which we both enjoyed a few weeks previously on another of these breakfast runs) Morning Koffee (with a 'K') and gateaux are consumed and we head into some more hills feeling fuller and doubtfully fitter. The drag over Pitch Hill never seems to get easier and then we swoop into Ewhurst Green. There are warning signs about a cycle race in progress. Paul knows all about it. He had entered but thought better of it. Was he having second thought even now I wondered. We continued to Ellens Green and to lunch at The Thurlow Arms at Baynards Green next to the old Guildford to Horsham railway line. We joined about twenty riders from the

West Sussex C.T.C for an enjoyable meal in the garden.

After this more lanes followed through the Haven and out to Adversane. I was struggling now and found it hard up that hill into West Chiltington. I was pleased when we reached Storrington and Paul suggested that we should stop here for tea. A large table in the sun was selected complete with deck-chairs which were soon adjusted to the full slouch position as we waited for the ordered refreshments to arrive.

The day seems to have been a story of eat, eat and more eat but we had covered quite a few miles as well. 108 was my total and I gather even the early return group notched up 90 and were comfortably home in time for lunch and well within their passes! It was a doddle for Don (He's sticking to racing in future Ed.) It was a brave ride for Paul whose longest ride of late had been Washington to watch the tens with daughter Sofie on the back in a child seat. It was also a good introduction to Roger to long rides. He'll crack they said as he went away at the start. I understand they were still saying it as he stormed over Washington on the way home!

Thanks for the company, hope you enjoyed the ride and hope there will be more on future occasions.

Dave Hudson

THE SUSSEX C.A. AND CLUB CHAMPIONSHIP HUNDRED

Fifty four riders were entered but no less than 13 including our own Andy Smith were non-starters. It was not an easy morning with a northerly cross wind for the main long east/west stretches of the course but nevertheless only three who departed the timekeeper failed to report back to him. The entry was one of the best for a year or two especially in terms of Sussex riders but there were a number of good riders from outside of the Association's Clubs who were taking advantage of the open nature of the promotion. Robert Douglass ,Surrey Road Club and

Sarah Springman the international triathlete from C.C. Breckland being the most notable.

Without Andy any chance of team success disappeared - with him we could have won it, for Lewes, with an aggregate of 13.54.3 were well within our reach. Mel Robertson in his first outing at the distance rode very strongly throughout and deservedly collected another Club Championship Trophy with his time of 4.37.29. He finished in 10th place overall. Our Ed. had tried to keep him within range, starting just five minutes behind him, but he never really got on terms, his own 4.40 schedule was proving difficult. Don eventually finished in 4.43.47 in 16th place. Pete Burgess, another making his debut at 100 miles, was a bit apprehensive about the distance and maybe rode just a bit too cautiously, however his time of 4.51.57 left him untroubled and 22nd overall. Clearly there's a lot more to come from Pete, especially at the longer distances if he has the opportunity and the inclination to ride them more frequently. Paul West came out of his road race season to have his annual ride in this event and just beat the 20m.p.h. mark getting home in 4.59.39. Our other rider was Reg Searle on his trike. He did not go well and admitted to having taken a sit down feed! at around 75 miles. He was the 'lantern rouge' with 6.28.54. One time-keeper said he should have had a front light as well! Never mind Reg, you finished.

The principal combatants were Steve Dennis of East Grinstead who was to finish well clear with a superb 4.9.9. ahead of Central Sussex rider Paul Lipscombe on 4.14.10. Third place went to Robert Douglas of the Surrey Road Club, although third in the Association event went to P. Gibbons of Lewes with 4.23.45.

The 25 mile breakdown of the Worthing riders efforts was as follows:

Mel:	1. 4.32	1.10.04	1.13.07	1.09.46
Don:	1. 6.52	1.10.47	1.14.23	1.11.45
Pete:	1. 8.04	1.11.05	1.17.48	1.15.00
Paul:	1. 9.54	1.15.17	1.17.16	1.17.12

Reg: 1.20.33 1.28.50 1.48.53 1.50.38

So a rather disappointing show so far as the S.C.A.Championship was concerned with not a mention anywhere in the prize list. Don was just beaten in the veterans section with a plus of 40.10 to Martin O'Shea of Brighton who recorded a plus of 40.41.and in the team we were fourth behind Lewes, Crawley, and Brighton Excelsior.

IT'S RUMOURED that Colin Toppin has now obtained his first fulltime employment and is following in the footsteps of big brother Paul, by entering the world of insurance. It seems he has really set the place alight already --- well it took a couple of fire engines to put it out and one room was pretty well gutted ----- hope they were insured!!

THE EVENING CRITERIUMS

These were promoted by Peter Scarsbrook on the short Ashington circuit which includes the hill from Rock crossroads up past the sandpit. The four races were on 15th and 22nd May and on 5th and 12th June. They were not unfortunately blessed with good fortune for on the first event the B.C.F.Commisar decided to disqualify everyone except Steve Dennis of East Grinstead for apparently crossing out of the filter lane on the A24 at the bottom of The Hollow.This was to ruin the series for none of the riders with any distance to travel bothered to come down again. It is to be expected that it will also have killed the promotion for the future.

It was decided that for the first race the prizes 2nd to 6th would be awarded to those in that order who gained points but those points would not be allowed to count for the series as a whole. Second was Steve Blackmore East Grinstead, third, M.Bartup of the Sussex Nomads, fourth Miles Davies,Worthing Excelsior Fifth,Paul Lipscombe,Central Sussex and sixth Steve Hackett of Wembley Road Club.

The fields from now on were pitifully small and Peter and his considerable band of helpers, as are needed for these promotions, were to far outnumber the riders.

So we started fresh on event two. The finishing order for which was;

- | | |
|--------------------|----------------------|
| 1. Mike Coyle | Velo Club Etoile |
| 2. D.Jones | Central Sussex |
| 3. Steve Blackmore | East Grinstead |
| 4. Paul Lipscombe | Central Sussex |
| 5. P.Atkinson | Velo Club St.Raphael |
| 6. Vernon Smith | Velo Club Etoile |
| 7. Neil Liston | Worthing Excelsior |
| 8. Miles Davies | Worthing Excelsior |

There were just these eight finishers for this race. Points awarded were 4, 3,2,1, as the line was crossed at the top of the hill on the completion of each of the 4½ mile laps. Each event was over 34 miles.

After event two the points position was:

- | | | |
|--------------------|------------------|----|
| 1. Mike Coyle | Velo Club Etoile | 29 |
| 2. D.Jones | Central Sussex | 21 |
| 3. P.Atkinson | V.C.ST.Raphael | 8 |
| 4. Paul Lipscombe | Central Sussex | 6 |
| 5. Vernon Smith | Velo Club Etoile | 4 |
| 6. Steve Blackmore | East Grinstead | 2 |

The third race did not enjoy the lovely weather that has been commonplace this year. It was in fact a very wet evening. The result of this one was:

- | | |
|---------------------|--------------------|
| 1. W.Coombs | Rufus Wheelers |
| 2. Mark Staden | Southdown Velo |
| 3. Steve Dennis | East Grinstead |
| 4. Mark Markowski | Regent |
| 5. K.Harding | Central Sussex |
| 6. Martin Markowski | Regent |
| 7. Miles Davies | Worthing Excelsior |
| 8. Mike Coyle | Velo Club Etoile |

Mike Coyle finished off the back in this one but due to a puncture. The first three were well clear for a number of laps and finished well ahead.

The points position now was:

1.	Mike Coyle	Velo Club Etoile	42
2.	Mark Staden	Southdown Velo	26
3.	D.Jones	Central Sussex	21
4.	Steve Dennis	East Grinstead	16
5.	P.Atkinson	V.C.St.Raphael	14
6.	W.Coombs	Rufus Wheelers	12

Event number four saw a very good working break of just two riders and one of them was Neil Liston. Not only did it succeed but they were home a full 2½ minutes ahead of the bunch and Neil won the sprint by an estimated tyre's width.

Fourth event finishing order:

1.	Neil Liston	Worthing Excelsior
2.	Bryn Reeves	Central Sussex
3.	Mike Coyle	Velo Club Etoile
4.	Paul Lipscombe	Central Sussex
5.	Steve Blackmore	East Grinstead
6.	P.Atkinson	V.C.St.Raphael
7.	J.Bromyard	Southdown Velo
8.	R.hargreaves	De Laune
9.	Mark Staden	Southdown Velo
10.	Miles Davies	Worthing Excelsior

The final overall points position :

1.	Mike Coyle	Velo Club Etoile	56
2.	Mark Staden	Southdown Velo	34
3.	Paul Atkinson	V.C.St.Raphael	23
4.	D. Jones	Central Sussex	21
5.	Bryn Reeves	Central Sussex	18
6.	Steve Dennis	East Grinstead	16
	Neil Liston	Worthing Excelsior	16

Despite the initial problems and the small size of the subsequent fields, the races were competitive and hard fought. It was an excellent three up break in the rain in event No.3, and in the last one it was a great effort of Neil Liston who seemed to do more than his share in the break but still managed to get

the final sprint. Without doubt though the classiest rider was Mike Coyle who won the series for the third year running, and with it the John Spooner Cycles Sash.

The organiser thanks all those who assisted with marshalling and driving cars and judging and time-keeping and those who manned the canteen and served the refreshments in the headquarters. Particular thanks also to John Spooner for his continued support of the event.

THE INTER-CLUB 25 JULY 30TH

After a rather dismal event in 1988 a new impetus was given to this event by the inclusion of the Rother Valley, so now we have a four-way competition with Bognor Regis C.C., Hants Road Club Rother Valley C.C. and the Worthing Excelsior. For 1989 it was down to us to promote and that, of course, also made a difference!

It was pleasing to see such a good entry from Worthing and if the other clubs can match this in the future, then we have the makings, almost, of an Open. As it was there were sixty riders down on the start sheet.

The morning was grey and windy from the south west and there was a bit of rain at times, although it never came too much. The course, out to Chichester and back was hard on the way out and fast on the return.

We welcomed the return of Nick Lelliott for this event - he can squeeze in one or two races during a lull in his horticultural business - and he continued, where he left off in the early season, getting home in 1.1.32. The next of our likely six counters - that's how many times are aggregated to decide who wins the Clonmore Inter Club Trophy - was Dave Dallimore, and he did not disappoint, recording an excellent 1.2.51. Marvin Lucas did not start, and Colin Toppin - with wheel trouble - did not finish.

Were we going to fall apart again like last year? The answer moved toward the negative with Andy Smith, one of our two scratchmen, coming back in a time, Oh! so close, but just outside the hour, of 1.00.03. Then we smiled even more broadly when bearded Pete Burgess stuck his chin across the finish line, only a little behind his front wheel, in 1.2.57. Others were finishing with reasonable times so we looked home and dry, but another couple of fast rides would be nice. Young Andrew Tarry had a superb ride, finishing with a personal best of 1.4.03. Then in rocketed a duo of Worthing men - Mel Roberton was first across the line, keeping Richard Shipton, who had started two minutes behind him at bay by just three seconds. Mel, as is his regular habit these days, returned another personal best, this time 1.2.45, and Richard, another coming back after something of a lay off, but looking like he'd never been away, recorded 1.00.48.

We had provided the five fastest riders and our sixth counter finished in eighth place. It amounted to a very convincing win. Our team time was 6.9.36, to Bognor's 6.34.03, Hants Road Club's 6.43.09 and Rother Valley's 7.12.14.

We incorporated a club event which was handicapped and the full result of this was:-

1st. Andy Smith	1.00.03	sc	1.00.03
2nd. Richard Shipton	1.00.48	sc	1.00.48
3rd. Nick Lelliott	1.01.32	2.30	59.02
4th. Mel Roberton	1.02.45	4.50	57.55
5th. Dave Dallimore	1.02.51	3.20	59.31
6th. Pete Burgess	1.02.57	2.10	1.00.47
7th. Andrew Tarry	1.04.03	6.30	57.33
8th. John Lucas	1.06.44	5.30	1.01.14
9th. John Poland	1.07.01	7.30	59.31
10th. Alan Stepney	1.07.09	10.00	57.09
11th. Darren Stepney	1.08.02	9.00	59.02
12th. Vern McClelland	1.08.27	6.00	1.02.27
13th. Alan Orman	1.09.52	6.30	1.03.22
14th. Paul West	1.10.16	6.10	1.04.06

15th. Alan Matthews	1.11.11.	9.15.	1.01.56
16th. Mike Gibbs	1.11.21	7.30	1.03.51
17th. James Cory	1.12.58	14.00	58.58
18th. Reg Searle	1.16.51	18.30	58.21
19th. Mike Poland	1.17.21	15.00	1.02.21
20th. Sheila Lucas	1.17.47	14.00	1.03.47

20 YEARS AGO

Colin Miller gets 2nd place in the Club 50 with 2.14.49, but went better still in the Sussex C.A. event a month later when he got the bronze medal with 2.12.18.

John Lucas was also going well around this time. He won the Lewes Wanderers Criterium series. He was first in event number 1, 2nd in the second race, and nicely tucked in the bunch for the final race. Alan Orman, incidentally was the winner of the second of these races. In winning the series John was beating several stars of the time, including Bob Smith and George Clare of the East Grinstead Club.

The Milk Race started here in Worthing and we persuaded some of the Polish team to ride our evening ten. It was won by Nick Lelliott in 23.19.

10 YEARS AGO

Derek Smith was the Editor of the Worthing Wheel and we were congratulating Nick Lelliott on his wedding. It's been good to see him having a go again this season.

On 19 th July on the Ashurst Circuit, Paul Toppin sets new figures for the junior 15 of 35.54 a time which still stands.

Roy Holden and Paul Toppin were battling it out for supremacy in the evening ten series and a 'D. Hudson' was noted among the results with a time of 23.39!

IT'S RUMOURED that a discussion about flies at a recent get together over the 40+ Group sent Jean Smallman scurrying away in embarrassment.

We have tried to explain that they could have been talking about the insects, or even those pretty things they use for fishing.....

NOTICE BOARD

THE NEXT FIFTY + FIFTY SALE WILL BE ON TUESDAY 21ST NOVEMBER 1989. IT IS HOPED THAT DAVE DALLIMORE WILL BE THE LORD HIGH AUCTIONEER SO THE ENTERTAINMENT VALUE ALONE MAKES THIS A MUST FOR YOUR DIARIES.

GET ALL YOUR SPARE BITS TOGETHER AND PUT THEM ASIDE FOR THE GRAND SALE AND MAKE SURE YOU COME ALONG FOR ALL THE BARGAINS . JUST RIGHT FOR SETTING UP YOUR TRAINING BIKE FOR THE WINTER SEASON AHEAD

IT'S RUMOURED that Paul Toppin was the first in the Club to collect a new 'G' registered frame on 1st August. It's understood to be more suitable for his growing family. Probably got a Campag baby seat attachment.

WHO'S IN THE COMIC

On June 15th there were two reports of Goodwood evening racing. In the first Simon McNamara shows in 7th place in the juvenile race with Alan Edwards tucked in close in eighth. In the second Chris McNamara makes eighth and Simon is ninth. On the time trials results page our Ed. finishes tenth and wins the vets award in the East Sussex 50.

The following week we have the starting list for the National Fifty with Andy Smith off No.12. He was not to finish in that position though! In the Rufus Whs. 25 Steve Gumbrill finished 3rd with an excellent 1.0.36. The Sussex C.A.50 result listed Andy Smith in 6th place with 2.4.10. On the track Colin Toppin gets a

second in a junior 1 lap scratch at Preston Park. The Worthing Excelsior seems to have gone on holiday at this point because it's July 20th before Mel Robertson breaks into print with his excellent first ever 100 finishing in 10th in the Sussex Championship with 4.37.29. Also this week Pepe Martello makes the road race results with 10th place in the Goodwood evening race. At Preston Park Colin Toppin wins a 6 lap points race and Greg Hobden wins a juvenile 2 lap handicap and a 2 lap juvenile scratch race. On 27th July it is reported that Our Ed finished 6th in the East Sussex 100. His time though was 4.42.35 not 4.41.35, as shown. Some people are never satisfied. On 3rd August Andy Smith breaks a long gap with two fifty mile results. In the Bognor promotion he is 9th in 2.6.56 but goes much faster in the New Forest finishing fourth with 1.59.2. Our youngsters make the print again on 10th August with Simon McNamara recording a 7th and a 9th place and brother Chris an 8th place in the Goodwood Gallops.

Mountain bikes: It has not gone unnoticed by the Club's general committee that quite a number of these machines are now owned and ridden by members. Sometimes they may be in place of a more traditional road machine, and sometimes they are in addition to. It remains a fact though that these types of bike and off road riding are becoming very popular.

The members of the committee are wondering then if special events should be organised and if so what would be wanted and how well would it be supported. Would they be competitive or simply challenging? The problem is that no one on the committee is in to mountain bikes or off road riding except a bit of rough stuff on road bikes now and again, so they want to know, from these enthusiasts, what is required.

So firstly can you get as many names as are interested and willing to support such events.

Secondly will you let them know what type of events you want and where these can be held, if possible.

Thirdly is there one person amongst you who could be your representative to liaise with the committee to put forward all your ideas.

Tell anyone whose name appears on page 1 of the Mag and they will see that details are passed on and dealt with.

There is incidentally a very real possibility that we would have a financial sponsor for this type of activity if we can get something properly organised.

THE MERIT AWARD FOR JULY

The award goes this time to Peter Woodhams for his outstanding rides in this year's evening tens series. In his first season has torn to the head of the results with usually only Andy Smith preventing him from winning and he has brought his times which started at a 25+mph (23.50 for the first!) and carried on getting faster until he's just notched his first "22" in the last race. Peter has also had a go at the Goodwood circuit racing and clearly there's much more to come from this powerful rider.

? A RECORD In 1989 we have sold to members 20 B.C.F. track and road racing handbooks and 50 R.T.T.C. time trialling handbooks. These are believed to be the largest numbers and next year will probably see even more required. Remember if you are going to take part in racing you will need one or maybe both of these. Orders are put in early in the new year so you can give your name to Treasurer Ian Reader and be sure that you will get yours as soon as they arrive.

FROM THE COMMITTEE Such has been the success of the Evening Tens series, financially as well as from the point of view of competition, that the Club have decided to purchase two new digital watches and a further complete set of warning signs, to be used by the series organiser. This will avoid the constant passing of equipment from one organiser to another, which has proved to be one of the most time consuming problems. Keith Harmer who has made a super job of running the series this summer has agreed to carry on in 1990. Thanks Keith for all your efforts.

THE EAST SUSSEX RELIABILITY TRIAL

This event is on Sunday 19th November - the day after the Club Dinner. But we need the biggest turn out ever if we are to retain the handsome shield which we have won for the past three years. The distance is usually about 45/50 miles and it matters not for the defence of the trophy which standard is selected and as it follows our Dinner we have normally chosen the slowest.

Dave Hudson will be stirring up support nearer the time and if required it may well be possible to organise transport for those without cars for the will probably be Lewes or maybe even a bit farther into East Sussex.

There is the possibility that Raleigh Professional Russell Williams who we hope to have at our Dinner will join us, so names to Dave please.

IT'S RUMOURED that we shall soon have a Christine "Elson" in the Club. Information indicates that our Christine Barnett is to tie the marriage knot with Dave Elson who is, we believe a Brighton Excelsior member. The date is early November. We send our congratulations and best wishes for the future.

AN OPEN DAY IN SURREY

A browse through the August/September edition of Cycletouring & Campaigning shows that Excelsior members have again been caught by the camera. The occasion was that of the C.T.C. Open Day at Cotterell House in Godalming on 25th June. Ray Douglass and myself are seen seated at one of the picnic tables in the garden. Other Excelsior members (not on film) were also in attendance namely Keith Dodman, Jane Avery and Chris Beckingham.

But let's go back to 7 a.m. that day, this being the time that I met Don at Offington. We had decided on the early start with a view to getting in a good few miles before breakfast. We headed northwards through Ashington, Dial Post and Shipley, then through Southwater and out on to the Horsham bypass. Fast moving cyclists with numbers on their backs were quickly identified as time triallists - we were awake by now! and the expert on time trial courses knew just where we would find the result board, interesting, but not appreciated nearly as much as the large slice of fruit cake and mug of tea which was being served close by. Refreshed, we were soon awheel again even though we had to negotiate a crossing of Warnham Station - closed on Sundays.

Rusper and Newdigate (beware the impatient and very unpleasant motorist in the old orange coloured BMW) We wished him a pleasant day! Then still going north we passed through Parkgate and Leigh. These lanes were on a route that recalled using on visits to Holdsworth's in Penge many years ago. One time Tony Hill (ex-member) had carried a frame all the 52 hilly miles back to Worthing, using inner tubes to hold it steady across his back - that must have been fun!

Betchworth loomed - now where is that Cafe on the A25. Oh Happy Eater where are you? Head towards Buckland, Oh dear! Let's try the other way, Ah there you are. It's 9.30 and 44 miles ensures a good

appetite. Although the service was slow the food was excellent and most welcome. The part time waiter was unsure of the number of vouchers redeemable against future meals, so we managed to extract the rest of the roll! The normal is one for every £3, it was a rather exaggerated bonus for eating well.

We rode round the outskirts of Dorking to Ranmore Common, down almost into East Horsley, before climbing once more, this time over Netley Heath and then down into Shere. It was just about 11 a.m. and time for a coffee, so where better in Shere than Asters Tea Rooms, where a large cup of the beverage was downed with their speciality, a slice of rum and raisin gateaux; perfect.

Don's usual morning pass was extended today to a 2.30 deadline, so he felt able to continue with me to Godalming. There is a good network of lanes around here and the route was quiet and enjoyable via Farley Green, Shamley Green and Wonnesh. Towards Thorncombe Street we overshot a junction (my poor map reading not speed). I insisted we retraced as I maintained that the other route would be very hilly. The lane we then took climbed on and on and was quite steep in places. Don expressed his gratitude that we had not taken the "hilly" route!

We then enjoyed the long descent into Godalming and for Don it was the return ride to Worthing via Petworth. I headed for the nearest pub garden to savour a long shandy and a snooze in the sun. But only for a short while, and then I was off to C.T.C. headquarters for a look around the shop and enjoy tea and cakes on the lawn, also to see who else was there. Greetings were exchanged with the President Les Warner and by 3 p.m. Ray Douglass is itching for the open road. "Hold on Ray we're coming", but he's away up the road. Chris Beckingham and I chase, but to no avail, all these miles he's clocking up are making him a hard man to catch.

We travel back through Dunsfold, Plaistow and

Wisborough Green and to Adversane where we stop for tea at The Old House. As we depart Ray is arriving, he has been visiting the arboretum at Winkworth.

The heat is still intense as we ride the final miles back to Shoreham. 108 miles a wheel most enjoyably recorded.

Dave Hudson

DISGRACEFUL

Past President Ray Douglass has been seen quite openly scrumping. He firstly assured Dave Hudson that they would be windfalls, but on arrival at the particular place he had in mind, these were clearly not to his liking so he picked what he wanted. Two members of the committee witnessed this disgraceful action by an elder of the club and were shocked. Mr. Douglas claims that our new President Roger Smallman and wife Jean are also into this kind of thing. They, he maintains, are most knowledgeable as to where the best 'pickings' may be found.

Our most senior members really! To whom now can we appeal ? Rotten to the core, it gives you the pip doesn't it.

ANOTHER L/P

No not a long player - a low profile, is to be seen propelled by Worthing Excelsior colours next season. Proctor, Shipton, Gibbs and Smith have all proclaimed their advantages, so now Marvin Lucas has joined them, with his blue/red Roberts. He has suffered considerably to obtain his frame;;;;;; He had to go to WORK;;;;;; to earn the money, but he's sure it's going to be worth it. Dad also is having to stick in the overtime to buy the wheels. Keep a look out in the Fifty/fifty sale for the yellow frame with the red stars all over it. He could be forced to sell!!!!!!

IT'S RUMOURED that Mel Robertson has been reading the wrong notice board in the Club room. A heading caught

his eye, but the "REVIVAL CENTRE" that he's been attending for some three weeks now has turned out to be a Bible class, and not the post 12 hour recuperative unit of the R.T.T.C. after all.

A DAD . Steve Gumbrell's a dad - congratulations. Hope that Mum and child are doing well and that you also are recovering from this trauma (the men too have a tough time you know) (Huh! Ed's wife.). We thought your season had gone off the boil a bit after a super start. Suppose you were otherwise occupied.

THE SUSSEX AND CLUB 12 HOUR

Held on Sunday 13th August and once again our Ray Douglas was the promoter for the Association. It is a mammoth task which every year he handles so efficiently.

The marathon for 1989 received 25 entries from within and from outside the County, for it is open, but the principal riders were all local. Last years winner Tony Gould of Crawley Wheelers was riding. This time his biggest challenge was expected to come from young Paul Gibbons of Lewes who has ridden so well in the 100's. Peter Davies of Brighton Mitre was down to ride as well, but he was known to have had back trouble which prevented him from riding the 100, a 12 hour was a long way if you had problems of that kind. Others who might mount a challenge were the Roberts brothers and Martin O'Shea all from Brighton Excelsior. Martin in particular has been enjoying great form, especially at longer distances. From Worthing we had Mel Roberton who would be riding his first 12 hour and Don Lock (riding his last, Ed.) and Reg Searle riding histeenth. Mel could get into the 230's given the right support.

The weather was not too bad this year, and those who have ridden the last three or four years, will probably consider it to be quite acceptable. There

were no long periods of heavy rain, not even a shower, which, in the afternoon could have been quite welcome. It was not too hot with variable cloud cover and brighter periods. The most troublesome aspect of the weather was a rather fresh south westerly which made for some tough sections.

The pattern of the race soon emerged and by 100 miles the faster riders were stretching away. Paul Gibbons went through in 4.44.02, leading Tony Gould by 3.25 with Tom Roberts at 5.03 and Peter Davies at 5.58. The next fastest at this point was Mel Robertson with 4.52.33 and still looking comfortable. Others inside evens were Simon Roberts 4.52.42, Derek Harrison 4.53.39 and Martin O'Shea 4.57.28. Don was on 5.02.26. Reg had been detoured so did not get a 100 mile check.

From this point(Westhamnett) there followed a long trek back to Offington and then north and east to Faygate a distance of 38 miles wind assisted. Some would pay for this later, all would find it tough coming back . Peter Davies retired somewhere after Faygate and the number still riding was down to 19.

Another journey out through Cowfold Henfield and Poynings (they had done it once earlier in the day) was hard and the stretch south down to Shoreham which followed was similar, but by now the riders could begin to see the finish and back to Washington meant the start of the circuit at 196 miles.

The circuit was east from Washington towards Steyning then north through Partridge Green out to the A.24 and then south to Washington. A tough one with hills and exposed stretches and some rough surfaces, but there was a timekeeper every two miles and the riders played out their rides from one to the next until mercifully one of them said stop.

Reg had looked happy on every occasion he had been seen and he had once again completed the S.C.A.12 on his trike. Mel Robertson had ridden with his usual determination and had tackled, what to him, was the

unknown, with a quiet confidence in his form and ability. Over the latter part of the course he was tiring and his lead over Don was slipping away. For his part Don seemed to be riding steadily all day and was maintaining this into the last two or three hours to good effect. Determined to be under no pressure he had set his sights modestly at 220 miles and it looked as though this was paying dividends.

Don completed one circuit and then made seven of the eight timekeepers on his second. Mel made one circuit and five so provisionally Don was home by about 4 miles. 225 to 221.

In due time the official result showed that Paul Gibbons had won with 239.610 with Tony Gould second at 237.648 and Derek Harrison third with 235.301. Don was sixth on 225.423 and Mel was 8th with 221.361. Reg recorded 170.162 .

It must also be noted that Mike Stanbridge of this Club started and covered, it is believed, about 60 miles but then retired. Whether he had problems or simply lacked the necessary training miles is not known.

It was a pity that the highway authority should choose that particular day to resurface the A24 through Ashington, but apart from the loose grit and the stop and go boards, it was a short stretch in 12 hours and no one was too inconvenienced. The event was wonderfully well marshalled and volunteer help all round the course was tremendous. Traffic was never a problem. The Association are to be congratulated on a fine event enjoyed we feel, not just by the 25 riders but by four times that number who helped and officiated and just turned out to encourage. It remains a pity that more do not ride but the event remains an essential part of the Association's programme, providing the really true endurance test.

BARGAIN SNAPS

Roger Smallman is taking photographic classes and reports the satisfactory completion of the first lesson; Number One you put a film in the camera. His recent holiday shots were apparently well composed with good focus but somehow rather blank. Jean, however, remained supporting and complimentary, saying that Roger's system, economically, was unbeatable.

ANOTHER TOPPIN Yes, we are afraid so, and it's a boy. Born to Paul and Angela on Saturday 27th August. The name is yet undecided, suggestions on a postcard please. Angela has already turned down Greg, Bernard, Eddy and Shaun. Did you realise that there are now two reasons for calling brother Colin, "Uncle" ! Hope Mum and baby are doing well and our congratulations

ANOTHER MARRIAGE It's all the rage you know. Our Treasurer Ian Reader is to wed Sally, another hailing from the banking establishment known as "The Listening Bank" or 'Midland'. Sounds like Ian got round to doing some talking. The date is 4th November and we wish you both every happiness.

THE HUNDRED MILE RUN

Started in 1987 as part of the Centenary Celebration this is now an annual event and is proving very popular. The format of three groups intended to be the 'fast', the 'medium', and the 'slow' has been kept but the make up of these groups is quite interesting. It just depends if you are an early or late riser - the groups depart at 7 a.m., 8.a.m., and 9.a.m., - or if you fancy a fast or a more steady ride.

Organiser this year was Ray Douglass who worked out the course - reputedly rode it in both directions and then opted out on the day! This was to cause some concern among those thinking of riding who had noted a distinctly hilly look about the route - the references to 'Little Switzerland' and 'Hindhead' for example.

THE TEA, and it needs to be in capital letters, was again put on by our friends Gordon and Betty Curd at West Chiltington and it was a super spread, as always. It makes a lovely end to a day's cycling to eat drink and chat in the friendly atmosphere of their home which is thrown open to us. For those who have done the ride before it is the carrot that keeps you going when the riding gets hard. They accept no payment and we can only make some small gesture of our appreciation.

Dave Hudson was to have lead the early group but went down with a bug a few days earlier and was only fit enough to get to tea. He would have got there if he'd had to crawl! Arch tourist Chris Beckingham deputised and the 'slow' went off at 18 m.p.h. ! to eleveses at Southbourne near Emsworth, from which, having duly eaten, they were departing well before 10 a.m.

The route now was very attractive although getting harder as the route headed north through Rowlands Castle to Petersfield. The climbing continued and the scenery was lovely with narrow lanes and tight bends and little traffic. Selbourne was reached by the 7.a.m. group before 'they opened' so it was ice creams in the local store before a Ploughmans in the garden of the Selbourne Arms. The village offered three pubs and it seems from the stories related that all were tried - by the different groups - we hasten to add.

The route after lunch seems to have been diverted from slightly as the discussions at tea time revealed several variations on the Ray Douglass blue print. All however, made the cafe at Hindhead for afternoon threeses. Paul West's medium pacers were apparently suffering a number of minor accidents due to new members not familiar with group riding not keeping a lookout ahead of the person immediately in front of them, and the frequent snatching at brakes when a gentle squeeze would have done quite adequately.

Another involved Mike Poland but this was a pot hole not pointed out by those in front. Fortunately none of the accidents were serious but it is up to the older members to let the younger newer members know what they are not doing, or what they are doing wrongly.

The afternoon cuppa at Hindhead heralded the start of the easiest section of the day with lots of lovely downhill and wind assisted riding. The groups flew back through Northchapel and Plaistow. The first arrivals at tea were around 4.30 and the last about 5.30, so the original two hour gap had narrowed to one. The second two groups had become quite mixed up, so the staggered start had achieved the desired effect (the staggered finish - Mike Slater!) An effort by the Editor to send the youngsters the wrong way in the last two hundred metres just failed and he finished up seventh in line for the tea pot.

Next year, instead of the older (more senior) members worrying about the youngsters making the distance, - that's it - you've got - the youngsters are going to worry about the old-uns. Also George Wall on his mountain bike will try and make the steepest hill climb using less than ten of his eighteen gears. The McNamara twins have also promised to bring some decent apples with them so they don't have to scrump extremely sour ones, one bite of which sent you back over the hedge for a very different reason.

Thanks Ray for organising it and a very big thanks to Gordon and Betty for that marvellous tea and welcome.

For the record the 7 a.m. start comprised, Chris Beckingham, Mike Slater, Karl Roberton, Alan Edwards, Simon and Chris McNamara, Alan Stepney, Toby Harmer, George Wall and Don Lock. At 8 a.m. it was Paul West, Alan Matthews, Andy Martello, Mark Woolfenden, Mike and John Poland, Andrew Slater, Paul Toppin, Roger Smith Dave Nightingale and one Philip(surname unknown) The final group was Vern McClelland, Peter Nightingale

and Colin Toppin

IT'S IN THE MIRROR This 'newspaper' recently published the following:

"Cyclists spend most of their time thinking about sex. A staggering 84 per cent in a U.S. magazine survey confessed they had love on their minds as they pushed the pedals"

We do wonder just what type of magazine this was, and we think we can guess. If it is true then it can be readily accepted that the "84%" would indeed have been "staggering."

Mind you it could explain why some riders do incredible yearly mileages well into their seventies and eighties.

TRACK REPORT 1989

Worthing Excelsior were again represented at various tracks throughout the south and were present at three track leagues, as has been the case over the past few years.

Our best turn out was at Preston Park in the Sussex Cycle Racing League, with four riders taking part at one time or another during the season. With his track debut only at Easter at Portsmouth, Colin Toppin improved with every ride at Brighton and by the end of the year had a couple of wins under his belt. He finished 13th overall in the league with 25 points and is therefore Club Track Champion as the highest placed Worthing Excelsior rider.

Experienced track man and defending track champion Paul West found that on many occasions his legs were not able to do what his mind wanted and was rather disappointed only to finish 15th in the league with 23 points when in the previous season he had been 9th with a total of 30.

It was good to see Chris Sweet ride again though only for the first half of the season. Pepe Martello managed a couple of meetings and this was his first

season on the track. He was gaining in confidence with each ride and showed promise for the future. These two finished equal 33rd in the league table.

In the Club league table the Worthing riders were greatly outnumbered and finished the year in 5th place - our worst for some years.

One light at the end of the tunnel for ourselves and the track league generally comes with the decision of the powers that be to allow the schoolboys to use road bikes . This was allowed ten years ago, but then strangely stopped. The change of rule was made about mid-way through the season and resulted in an immediate increase in the schoolboy fields. Events now had entries of 8 or 9 instead of 2 or 3 and two schoolgirl riders competed.

This gave the chance for four of our lads to have a go and early on they had several wins and high places between them. They did however, have to work a lot harder towards the end of the season as some of the others began to find their feet and their confidence. Despite this Andrew Slater managed to gain fourth place overall with 20 points. Greg Hobden was 6th with 11 , Roger Smith 7th with 10 and Andy Martello 10th with 2.

The General Committee have decided that Andrew Slater should be designated club juvenile track champion for 1989 and will receive an appropriate medal at the Club dinner. Well done Andrew.

Both Greg and Roger will be juniors next year and should be riding in the senior ranks, subject to them being able to equip themselves with the necessary track machines. If anyone has a track frame not being put to good use please let us know. Andrew Slater has another year at this level and Andy Martello at least two. If he sticks at it he could be tearing the rest apart by that time.

In the Sussex Division track title, Colin Toppin managed a magnificent 2nd place in the junior sprint. Paul West was fourth in the senior version, his first ever appearance in the senior final.

Pepe Martello joined Paul West in the Monday competition at Herne Hill with both of them riding a few meetings each. Pepe was learning all the time and found Herne Hill to his liking, and although he failed to get into the top three in any event he was frequently there in the final sprint. Paul, using his experience managed to grab a couple of second places. With Paddington track now converted into a football pitch, the Tuesday night league was moved to Welwyn Garden City and took the form of six Sunday afternoon meetings throughout the season. Both Paul and Pepe rode here. Paul collected quite a number of good placings and for a while was in the top six in the overall league table. By the season end he had lost some ground but did well to finish in the top ten. As previously mentioned, Colin took his track initiation at Portsmouth and rode well. Paul rode this early meeting and reached the semi-final of the one mile handicap and was fourth in the Devil. Paul also rode the Good Friday meeting at Herne Hill, the Sunday Open meeting at Preston Park and the two day meeting at the Reading track.

Not a vintage year for the Worthing trackies but there is young blood to be encouraged. Let's hope that many more will have a go in 1990.

SURREY LEAGUE ROAD RACE

Our turn to promote on behalf of the Surrey League was on Saturday 19th August. An event over four sixteen mile laps of a circuit - Ashurst, Washington - was based from a headquarters at Ashurst cricket ground.

I rather wish I had viewed the 'Cricket Pavilion' when booking, for it turned out to be no more than a shed, housing old lawn mowers, hoses, line painting machines and other cricket paraphernalia. Arriving at twelve o'clock we spent some time clearing our way to the 'changing and shower' facilities !!! Even after a hefty session with the brooms the accomodation

left a lot to be desired. It was, however, a warm dry day so most chose to change in their cars and the signing on was also dealt with outside.

Among those signing on was Clare Greenwood one of the British ladies team in the female version of the Tour de France. It was a race for all senior categories but there was a strong first category entry.

The first three laps of the race consisted of many attacks, but the pace was constantly very high and these were all brought back. By lap four though, the speed and distance now covered were beginning to have an effect. Steve Blackmore (East Grinstead), Vernon Smith (V.C.Etoile), Gary Moore (Central Sussex) and Keith Lyndon (North Hants) broke clear, but the gap remained a small one. Moore was the first to suffer. He had started the break, but now he was back to the main bunch. Another group detached itself in pursuit of the three, still only fifteen seconds clear. On the drag towards Washington Keith Jarrett (Southdown Velo), Martin Hulbert (Farnborough) T Lutz (Clarence Wheelers) and Paul Holdsworth (Feltham) set off after the leaders in determined fashion. The gap narrowed and then opened again for with just eight miles to go the trio up front were working hard and with equal determination. The gap stretched to 30 seconds .

Steve Blackmore took the sprint for the line followed by Lyndon and Smith. Jarrett lead in the chasers just that half minute later. The main bunch was a further minute back and was lead in by national junior squad rider Matthew Davies (Regent).

There were a good number of spectators around the course during the afternoon and they were treated to a high, competitive standard of racing despite the small size of the field

Many thanks to those who assisted me with the running of the event.

Paul West.

FUND RAISING WINNERS

JUNE: Maurice Reeve-Black, JULY: Mrs. M. Hudson

AUGUST: Chris Beckingham.

EVENT 10 13th July.

1	ROBERTON M	00:23:18	00:01:30	00:21:48
2	DALLIMORE D	00:23:27	00:01:40	00:21:47
3	BURGESS P	00:23:44	00:01:50	00:21:54
4	TARRY A	00:24:02	00:02:20	00:21:42
5	LISTON N	00:24:12	00:01:30	00:22:42
6	TOPPIN C	00:24:21	00:03:00	00:21:21
7	RETALICK K	00:24:24	00:02:10	00:22:14
8	POLAND J	00:24:27	00:02:50	00:21:37
9	DAVIES M	00:24:34	00:02:00	00:22:34
10	LOCK D	00:24:36	00:02:20	00:22:16
11	HOOPER M	00:24:37	00:03:30	00:21:07
12	LUCAS M	00:24:38	00:01:20	00:23:18
13	STEPNEY D	00:24:42	00:03:40	00:21:02
14	STEPNEY A	00:25:00	00:02:40	00:22:20
15	WEST P	00:25:21	00:04:00	00:21:21
16	SMITH R	00:25:42	00:04:00	00:21:42
17	WALMESLEY J	00:25:47	00:04:00	00:21:47
18	AVERY J MISS	00:25:53	00:03:30	00:22:23
19	MARTELLO G	00:25:54	00:04:40	00:21:14
20	MATTHEWS A	00:25:58	00:04:40	00:21:18
21	KLEMPERER R	00:26:05	00:05:40	00:20:25
22	ATKINS K	00:26:32	00:04:20	00:22:12
23	SEYMOUR P	00:26:40	00:04:10	00:22:30
24	MCNAMARA C	00:26:46	00:03:30	00:23:16
25	MILLER M	00:26:51	00:03:40	00:23:11
26	MCNAMARA S	00:26:57	00:03:50	00:23:07
27	HARMER T	00:27:02	00:05:20	00:21:42
28	MARTELLO A	00:27:07	00:06:10	00:20:57
29	WALL G	00:27:50	00:05:40	00:22:10
30	ROBERTON K	00:28:09	00:06:10	00:21:59
31	JAMES P MRS	00:30:01	00:08:20	00:21:41
32	SEARLE R	00:31:47	00:09:10	00:22:37
33	BATTEN B	00:32:48	00:10:00	00:22:48

EVENT 11 20th July

1	SMITH A	00:22:24	00:00:00	00:22:24
2	LISTON N	00:23:18	00:02:00	00:21:18
3	BURGESS P	00:23:22	00:01:40	00:21:42
4	WOODHAMS P	00:23:42	00:01:40	00:22:02
5	RETALICK K	00:24:07	00:02:20	00:21:47
6	TOPPIN C	00:24:08	00:02:20	00:21:48
7	TARRY A	00:24:10	00:02:00	00:22:10
8	DAVIES M	00:24:18	00:02:30	00:21:48
9	BROWN S	00:24:24	00:02:50	00:21:34
10	POLAND J	00:24:26	00:02:30	00:21:56
11	STEPNEY A	00:24:35	00:03:00	00:21:35
12	HOOPER M	00:24:40	00:02:40	00:22:00
13	BARRATT S	00:24:43	00:03:10	00:21:33
14	LUCAS M	00:24:45	00:02:40	00:22:06

15	LUCAS J	00:24:53	00:02:40	00:22:13
16	MCCLELLAND V	00:24:57	00:02:50	00:22:07
17	MARTELLO G	00:25:17	00:03:50	00:21:27
18	SMITH R	00:25:18	00:03:40	00:21:38
19	WEST P	00:25:32	00:03:20	00:22:12
20	MILLER M	00:25:34	00:04:50	00:20:44
21	AVERY J MISS	00:25:36	00:03:50	00:21:46
22	WALMESLEY J	00:25:55	00:03:50	00:22:05
23	SEYMOUR P	00:26:12	00:04:40	00:21:32
24	ATKINS K	00:26:15	00:04:20	00:21:55
25	BROWN M	00:26:15	00:05:00	00:21:15
26	KLEMPERER R	00:26:16	00:04:10	00:22:06
27	GIBBS M	00:26:23	00:04:40	00:21:40
28	MCNAMARA C	00:26:27	00:04:50	00:21:37
29	PALMER A	00:26:28	00:04:00	00:22:28
30	PROCTOR W	00:26:31	00:04:20	00:22:11
31	KELL G	00:26:42	00:04:50	00:21:52
32	NURSE F	00:26:49	00:01:00	00:25:49
33	MCNAMARA S	00:26:50	00:05:00	00:21:50
34	MILLER C	00:26:58	00:03:50	00:23:08
35	MARTELLO A	00:27:26	00:05:10	00:22:16
36	HARMER T	00:27:39	00:05:00	00:22:39
37	WALL G	00:28:07	00:05:50	00:22:17
38	LUCAS S MRS	00:28:25	00:06:00	00:22:25
39	SEARLE R	00:31:07	00:09:50	00:21:17

EVENT 12 27TH JULY

1	SMITH A	00:21:58	00:00:00	00:21:58
2	WOODHAMS P	00:23:17	00:01:20	00:21:57
3	BURGESS P	00:23:23	00:01:00	00:22:23
4	TARRY A	00:23:24	00:01:50	00:21:34
5	ROBERTON M	00:23:26	00:01:20	00:22:06
6	LISTON N	00:23:40	00:01:00	00:22:40
7	TOPPIN C	00:23:47	00:01:30	00:22:17
8	DALLIMORE D	00:23:59	00:01:30	00:22:29
9	POLAND J	00:24:07	00:02:30	00:21:37
10	MCCLELLAND V	00:24:32	00:02:40	00:21:52
11	DAVIES M	00:24:35	00:02:00	00:22:35
12	BARRATT S	00:24:36	00:02:20	00:22:16
13	STEPNEY D	00:24:37	00:02:40	00:21:57
14	LUCAS J	00:24:39	00:02:30	00:22:09
15	STEPNEY A	00:24:50	00:02:20	00:22:30
16	WEST P	00:24:55	00:03:10	00:21:45
17	HOOPER M	00:24:58	00:02:20	00:22:38
18	WALMESLEY J	00:25:19	00:03:40	00:21:39
19	NIGHTINGALE D	00:25:24	00:04:10	00:21:14
20	MARTELLO G	00:25:26	00:03:00	00:22:26
21	MILLER C	00:25:32	00:04:40	00:20:52
22	MILLER M	00:25:32	00:03:10	00:22:22
23	PROCTOR W	00:25:49	00:04:10	00:21:39
24	SMITH R	00:25:52	00:03:00	00:22:52
25	GIBBS M	00:25:59	00:04:00	00:21:59
26	MCNAMARA C	00:26:03	00:04:10	00:21:53
27	KLEMPERER R	00:26:06	00:04:00	00:22:06
28	MARTELLO A	00:26:25	00:05:10	00:21:15

29	MCNAMARA S	00:26:32	00:04:30	00:22:02
30	EDWARDS A	00:26:55	00:05:20	00:21:35
31	WALL G	00:27:35	00:05:50	00:21:45
32	LUCAS S MRS	00:28:22	00:06:10	00:22:12
33	JAMES P MRS	00:29:17	00:08:00	00:21:17
34	SEARLE R	00:30:19	00:08:50	00:21:28

EVENT 13 3RD AUGUST

1	SMITH A	00:22:36	00:00:00	00:22:36
2	WOODHAMS P	00:23:07	00:01:20	00:21:47
3	BURGESS P	00:23:20	00:01:20	00:22:00
4	LISTON N	00:23:25	00:01:40	00:21:45
5	DAVIES M	00:23:49	00:02:40	00:21:09
6	POLAND J	00:23:53	00:02:10	00:21:43
7	TOPPIN C	00:24:00	00:01:50	00:22:10
8	RETALICK K	00:24:04	00:01:50	00:22:14
9	STEPNEY D	00:24:25	00:02:40	00:21:45
10	LOCK D	00:24:26	00:02:40	00:21:46
11	MILLER M	00:24:31	00:03:30	00:21:01
12	BARRATT S	00:24:31	00:03:40	00:20:51
13	STEPNEY A	00:24:44	00:02:50	00:21:54
14	MILLER C	00:24:52	00:02:30	00:22:22
15	HOOPER M	00:24:56	00:03:00	00:21:56
16	WALMESLEY J	00:25:12	00:03:20	00:21:52
17	WEST P	00:25:14	00:03:00	00:22:14
18	GIBBS M	00:25:48	00:04:00	00:21:48
19	PROCTOR W	00:25:49	00:03:50	00:21:59
20	MCNAMARA S	00:26:02	00:04:30	00:21:32
21	ATKINS K	00:26:07	00:04:00	00:22:07
22	SEYMOUR P	00:26:12	00:03:50	00:22:22
23	MCNAMARA C	00:26:20	00:04:00	00:22:20
24	MATTHEWS A	00:26:20	00:04:00	00:22:20
25	EDWARDS A	00:26:31	00:05:00	00:21:31
26	MARTELLO A	00:26:32	00:04:30	00:22:02
27	ROBERTON K	00:27:46	00:06:00	00:21:46
28	WALL G	00:28:02	00:05:40	00:22:22
29	SEARLE R	00:30:18	00:08:20	00:21:58

EVENT 14 10TH AUGUST

1	SMITH A	00:21:46	00:00:00	00:21:46
2	WOODHAMS P	00:22:44	00:00:30	00:22:14
3	ROBERTON M	00:23:06	00:01:30	00:21:36
4	RETALICK K	00:23:50	00:01:20	00:22:30
5	BARRATT S	00:23:51	00:01:50	00:22:01
6	STEPNEY A	00:23:56	00:02:00	00:21:56
7	POLAND J	00:23:59	00:01:10	00:22:49
8	SMITH R	00:24:35	00:03:50	00:20:45
9	LOCK D	00:24:50	00:01:50	00:23:00
10	MILLER C	00:24:57	00:02:10	00:22:47
11	WALMESLEY J	00:24:57	00:03:20	00:21:37
12	AVERY J MISS	00:25:15	00:03:40	00:21:35
13	MCNAMARA C	00:25:17	00:03:40	00:21:37
14	SEYMOUR P	00:25:22	00:03:30	00:21:52

15	MATTHEWS A	00:25:22	00:03:40	00:21:42
16	MARTELLO G	00:25:27	00:03:30	00:21:57
17	SLATER A	00:25:34	00:03:50	00:21:44
18	ATKINS K	00:25:35	00:03:30	00:22:05
19	MCNAMARA S	00:25:41	00:03:20	00:22:21
20	EDWARDS A	00:25:49	00:03:50	00:21:59
21	PROCTOR W	00:25:57	00:03:10	00:22:47
22	MARTELLO A	00:26:24	00:03:50	00:22:34
23	HARMER T	00:26:40	00:05:20	00:21:20
24	WALL G	00:27:38	00:05:20	00:22:18
25	ROBERTON K	00:27:40	00:05:10	00:22:30
26	SEARLE R	00:29:50	00:07:20	00:22:30

THE EVENING TEN SERIES RESULTS

SCRATCH

1	SMITH A	8
2	WOODHAMS P	20
3	ROBERTON M	24
4	BURGESS P	24
5	LISTON N	34
6	LUCAS M	43
7	TOPPIN C	49
8	RETALLICK K	53
9	TARRY A	59
10	LUCAS J	68
11	POLAND J	71
12	DAVIES M	72
13	LOCK D	74
14	BARRATT S	86
15	STEPNEY A	87
16	MCCLELLAND V	113
17	MILLER M	128
18	HOOPER M	128
19	WEST P	130
20	AVERY J MISS	150
21	SMITH R	152
22	SEYMOUR P	161
23	NIGHTINGALE D	166
24	WALMESLEY J	173
25	MCNAMARA C	176
26	ATKINS K	178
27	KLEMPERER R	199
28	GIBBS M	203
29	MATTHEWS A	204
30	MCNAMARA S	205
31	PROCTOR W	210
32	EDWARDS A	213
33	MARTELLO A	228
34	SLATER A	240
35	WALL G	243
36	HARMER T	252
37	ROBERTON K	253
38	SEARLE R	254

HANDICAP

1	MARTELLO A	61
2	SMITH R	65
3	SEARLE R	67
4	BARRATT S	81
5	ROBERTON M	87
6	MATTHEWS A	90
7	ATKINS K	95
8	MCNAMARA C	95
9	POLAND J	95
10	STEPNEY A	96
11	AVERY J MISS	96
12	WALMESLEY J	97
13	BURGESS P	104
14	SEYMOUR P	105
15	ROBERTON K	110
16	MILLER M	110
17	MCCLELLAND V	113
18	MCNAMARA S	115
19	TARRY A	118
20	TOPPIN C	121
21	EDWARDS A	123
22	WEST P	127
23	DAVIES M	127
24	HARMER T	128
25	SMITH A	129
26	WALL G	131
27	KLEMPERER R	134
28	RETALLICK K	137
29	NIGHTINGALE D	142
30	LUCAS J	142
31	WOODHAMS P	144
32	LOCK D	146
33	HOOPER M	154
34	SLATER A	165
35	LISTON N	181
36	LUCAS M	182
37	PROCTOR W	186
38	GIBBS M	210

We have an excellent comment on the evening tens series by the organiser Keith Harmer which will be item number one in the winter issue. Thanks Keith for an excellent series.

MERIT AWARD FOR SEPTEMBER goes to international and U.K. mileater Richard Klemperer. Richard has toured his bike through both north and south America and in the spring this year crossed the Atlas Mountains of Marrocco on a mountain bike - very appropriate. But nearer to home he has ridden Audax events and successfully completed during 1989 a 200 km another of 300 km and a real biggen of 600 kmm. The short one was local;organised by the Portsmouth D.A. and covering roads in Hampshire, Wiltshire Sussex and Surrey. The 300 km was the Tour of Wiltshire, and that big one was Chepstow/Anglesey/Chepstow ---- but not direct -- of course. Is it a wonder that he found the evening tens a bit on the short side! Well done Richard.

THE BIG APPLE

Information regarding the location of apple trees bestowed with good crops of fruit is required by ex-President Ray Douglass. He has it seems developed an enormous craving for such fruit. Trees will preferably but not necessarily be within twenty miles of Worthing as a longer journey will only be contemplated for quality apples. To avoid any undue straining of the veteran limbs, fruit should be with seven feet of the ground and again, preferably but not necessarily within reach from outside of the grounds. All such information will be treated like information about time trials of yesteryear - as "private and confidential" . Remember an apple a day keeps the Douglass O.K.

Scrumpers anonymous