

# THE WORTHING WHEEL

*Centenary Year 1887-1987*

MAGAZINE OF THE WORTHING EXCELSIOR  
CYCLING CLUB



SUMMER 1987

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*Front Cover:*

Veteran President Ray Douglass  
prepares for the first race of the 1987  
season.

\*\*\*\*\*THE WORTHING WHEEL\*\*\*\*\*SUMMER 1987\*\*\*\*\*

Worthing Excelsior Cycling Club's quarterly magazine. The club meets at Broadwater Parish Rooms between 7.30 and 10.30 p.m. on Tuesdays. Canteen facilities available until approximately 10 p.m.

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The opinions expressed are those of the contributor and not necessarily of the Club or its Committee.

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IT is with great sadness that we record the death on 20th March, 1987, of Alf Dawes, a former member, and always a close friend of the Worthing Excelsior. Alf was a Founder and Life Member of the Sussex Cyclists' Association. Since its formation in 1921 he had been a pillar of strength which in lean times had held the Association together. He had acted for many years as Treasurer and both General and Time Trials Secretary, and until very recently continued to act as a handicapper and timekeeper. A former member of the now defunct Horsham Unity and the West Sussex Road Clubs, as well as Worthing Excelsior, Alf's real club was undoubtedly the Sussex Cyclists' Association and he will be greatly missed by all member clubs. We extend our sincere condolences to his wife Monica and to his son Christopher.

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**THE SUSSEX** 16½ mile Ashurst circuit event was an innovation this year, although, had there not been a problem at Houghton Bridge, the course would have been from Pulborough and much harder. However, Saturday 21st March gave us a nice afternoon, with warm sun and only a light wind from the south.

As a club we did very nicely thank you. Andy Smith finished a full minute clear of the rest of the 42 strong field with a time of 39 mins. 31 seconds and led home the winning team with great support from Kevin Spilman, 41.49, and John Lucas, 42.35. To top this off Marvin



Lucas collected the fastest juvenile award with an excellent 43.47.

Other Worthing times were: Alan Matthews 47.52, Bill Procter 48.37, Ray Douglass 50.12, and Les Cohen 51.38.

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**THE SUSSEX** 25mile time trial on the morning of 22nd March was not blessed with the good weather of the previous day and while it remained dry for most of the riders for most of the time it was a grey and hard morning.

Pete Danckwardt was riding and Andy Smith so we were hopeful of some success. We were not disappointed, for Pete came out on top with a time of 1.1.26 just 20 seconds ahead of Andy with Martin White of Lewes in third place with 1.2.51. It was a shame that we did not have a third counter with a reasonably fast performance for had we done so we could have lifted another team award, as it was this went to Lewes with an aggregate of 3.10. 33... a 1.7.20 or better would have done.

Other Worthing times were:- Clive Goward 1.10.48, Russell Childs 1.11.17, Christine Barnett 1.13.21, Bill Procter 1.14.9. and Mike Stanbridge 1.19.48.

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**It's RUMOURED** that the government are planning to privatise the B.C.F. You will get £5 with every share and everybody has to take at least ten. Benefits to include a personal interview with Brian Hutton .

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### THREE DAYS IN BRITTANY

Our Ed. and Tony Palmer made a boat/car and bike trip into France at the end of March, leaving the car at Pontorson, just south of Le Mont St. Michael on the Normandy/Brittany border.

An evening run gave them a chance to stroll the narrow streets of this very impressive 'hill in the sea'. Even this early in the season, and quite late in the evening, many of the shops and cafes were open.

A ride of some ninety miles, due west was planned for the first full day, but the weather had other ideas. Heavy rain to start with, and gale force winds, dead into their faces, caused them to 'tack' to a slightly more northerly course. An utterly exhausting seventy miles saw them reach St. Brieuc on the coast via, Dol de Bretagne, Chateauneuf, Pleslin, Plancoet and Lamballe. They paused on the outskirts of St. Brieuc to admire the cycle track, with all the local riders enjoying the super facilities. The weather now was much brighter - so they slept with hopes of a better day tomorrow.

The second day was indeed to be the best with dry conditions all the time and a wind which seemed positively harmless at around force six. A north westerly route, seeking lanes where possible saw them up as far as Quay St. Portrieux by eleven, and then back - dodging St. Brieuc, to Yffiniac for lunch. This was Bernard Hinault's town, so there had to be a bike shop; there was, and a browse and a couple of small purchases were made. Full of very 'posey' gear but not cheap!



There's a long, long hill here, about three miles long and as straight as a die - on Day one they plugged up it in to the headwind for something like twenty minutes, and on day two the plummet down took barely five! Hugging the coast now with some determination they suffered lots of ups and downs but the scenery along the "Emeraud" coast was well worth it. Erquy was visited, and then they pressed on with the sun but, a cold wind on their backs to Matignon. This was south-east and at last a bit of speed was getting into the riding. Accomodation this night was in the Balmoral Hotel at Dinard; not a bit Scottish, but very nice. A couple of crepes and some Rosé in a nearby restaurant saw the end of a good day.

On the final day they had to get back to the car at Pontorson and allow time for the drive back to Cherbourg (about 110 miles), for the boat, sailing, (local time, 6 p.m) About forty miles to be covered and the ride was anything but uneventful. Three times they were subjected to ferocious hail storms, which left them cowering under the nearest hedge or barn. It was fortunate that the wind was still behind them and they were able to get back to Pontorson in good time. The road from St.Benoit des Ondes to Cherrveix is probably quite nice on a good day, but with nothing between you and the sea to the north, and with only open farm land to the south, it was so exposed. Twice the squalls which came with the hail were to blow them off the road. The sun accompanied them for the last ten miles or so and after a meal and a change of clothing, it was a pleasant drive back to Cherbourg.

The trip back was without incident, the crossing was good and they were home before midnight. About 200 miles on the bikes, was not as

many as had been hoped, but as Tony said " they were quality miles". They had steamed past a Frenchman, out training, and with saddlebags and handlebars very apparent, had offered a "bonjour". The lack of response probably indicates that their effort was not appreciated, so nothing there to improve Anglo-French relations. They are claiming two records; one for the largest 'bowl' of coffee, there were no handles, it must have held threequarters of a pint, and the other for the largest ever sandwich. It measured about 15" X 6" X 3" and contained ham. Club run leaders may like to know that these are to be found in Chateauneuf (the coffee), and Plancoet, (the sandwich).

Only three days but a recommended recipe for an early season short break.

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**THE SUSSEX 2-Up** saw five and a half teams entered from Worthing, but it was a disappointing morning for the Club when Pete Danckwardt broke a spoke and was unable to continue. With partner Andy Smith they would surely have been very close to the winners, Simon Barnes and Martin White of Lewes, who recorded 57.18. Best Club effort was from John and Marvin Lucas who finished in 1.2.41 just outside of the prizes in fifth place. Andy and Don Lock were unlucky when Andy punctured with just two miles to go. They finished in 1.5.12. Kevin Spilman and a somewhat off colour Colin Miller got home in 1.6.18 and Mike Stanbridge and Clive Goward managed 1.12.11. Christine Barnett with Dave Elson of the Brighton Excelsior completed the course in 1.10.40.

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**I'ts rumoured** that Pete Kibbles is claiming to be



a triathlete On the basis that the other evening he rode all the way back from the clubroom - a full half mile - and then ran upstairs for a bath!

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**12 HOURS AT EVENS** was first done in competition probably in 1928. Probably, because the rider Jack Lauterwasser, was only officially credited with  $237\frac{1}{2}$  and, it seems, the full distance was only accurately measured some four years later. He was then considered to have covered  $240\frac{1}{4}$ . In 1935 the matter was put beyond doubt when in the week-end of 17th/18th August no less than five men in three different events broke through the barrier. The first and with the greatest mileage was a Scotsman J.G. Bone of the Glasgow United C.C. who recorded 244 and "three-eighths" in the West of Scotland T.T.A. event. Such was the surprise to the officials that the course was not long enough and he spent the last quarter of an hour riding through the busy streets of a large town. As a club we have had three, possibly four, who have managed "evens" but the greatest ride by far was the effort, as long ago as 1953, of the late John Antram when he recorded 249 in the Sussex event.

The distance is however, well within the scope of several of our present time triallists and it is to be hoped that this, one of our longest standing records, might soon be updated. Remember there's Joe Simpson's bonus of £40 for the first club rider to beat 240.

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**Welcome new members:** Graham Kell, Russell Childs, David Bacon, Keith Hall, Darren Stepney, and Alan Crane all first claim. Also Edgar Hodges and Bernard Austin second claim. Also Richard Flint first claim.

Excelsior crash out of 'Mitre 4-up.

A most unfortunate touching of wheels, while really moving and with less than a mile to go in the Brighton Club's event over 28 miles on 12th April, saw nasty injuries sustained by Keith Dodman and Andy Smith. Keith broke his collar bone and there was a hair line fracture of the hip and extensive abrasions including the requirement of seven stitches in the scalp. He was off the bike and work for some weeks. Andy needed no less than seventeen stitches to his head damage and also had deep abrasions to arm and leg. He was though racing again within eight days! Ian Leeding who was in front at the moment of the crash escaped, and Andrew Lock, despite hitting the lot from the rear and going over the top, was lucky to escape with no more than a few minor grazes and bruises.

It was a shame because they had ridden well together and would have finished in around 1.8.00 certainly in the top six.

The veterans team of Richard Shipton, John Lucas Dave Dallimore and Don Lock recorded 1.11.46 and won the veterans prize. They were never as neat a unit as 1986 though. Richard was too strong and Dave was out the back before he could get going, and Don was always struggling to hold on.

The 'Super Vet' team, Ron Foster, Peter Kibbles, Ray Douglass and Reg Searle finished in 1.27.9 with Reg going out around half distance.

The Polytechnic C.C. won the event in 1 hour 6 minutes and 3 seconds, ahead of the Leo and East Grinstead.

[illegible]



## Who's in the Comic ? (Part 1 )

Do Worthing Excelsior members make the National Mag. ? We decided to look and make a note for 1987. Before we start though, we did find a mention in December which we think warrants comment. Did you see that Andy Smith, at his first attempt finished in 71st place in the B.B.A.R., with counting rides of 1.58.37 for 50 miles, 4.13.35 for 100 miles, and 239.62 for 12 hours. An average speed of 22.974 m.p.h. The next best Sussex rider was Vic Butler of Hastings 106th on 22.540. Well done Andy, top forty next year ?

March 12 Paul West gets 8th in Surrey League 3rd cats. 54m..

March 19 Sussex C.A.2-up 25 result shows John and Marvin Lucas in 6th spot with 1.2.41.

Ian Leeding gets into print with 3rd place in Surrey League 60m.

March 26 S.C.A. 16½m result: Winner Andy Smith 39.31. Juvenile winner, Marvin Lucas 43.47. Team: Andy, Kevin Spilman and John Lucas.

S.C.A. 25 1st Pete Danckwardt 1.1.26 second Andy Smith 1.1.46.

April 2 A photo (fame at last) from the Eastway circuit showed Marvin Lucas in the leading group in a juvenile race. The result showed he finished in second place as well.

April 9 Pete Danckwardt collects a 3rd place with an excellent 58.15 in the Marlborough 25 on the Bath Road. In the tandem event Mike and Stuart Gibbs show 4th in 58.29 (would have been a 57 but for the late start)

Andy Smith 4th in Redmon 17½ in 42.01.

FAST SUSSEX RELIABILITY TRIAL  
WHERE'S THE TROPHY ?

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They said there was a trophy.  
But when the Worthing won it -  
it was gone.

Charles Robson thought he had it  
Mick Burgess looked around  
still not found

Is there a conspiracy?  
We're getting quite suspicious  
all is quiet

Is it solid gold perhaps?  
We assume it does exist  
no more news

Could be its the engraving  
Our name is too expensive  
Oh! who cares.....

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Dear Uncle Mike,

I've got this painful hard.....between my  
..... and it's quite badly affecting my riding. Can  
you from all your experience, give me any advice  
as to what I can do about it.

Yours sincerely,  
Peter Poser.

Dear Peter,

Even with the blanks (I think the paper was  
greasy and the words have rubbed off), some will  
have raised an eyebrow at this enquiry and rushed  
off to complain to the Editor, but I know what you  
are talking about. I suggest you rub it well with



'Proofide', this will make it softer, more supple and help to preserve it. Of course the position may have something to do with it, and you could try sitting farther back, or adjusting the angle, traditionally just a fraction up from the horizontal is recommended. Mind you if it's plastic and padded then like anything else synthetic there's not a lot you can do with it except change it for another - you could go and and get yourself a fancy coloured one.

The truth is usually that you just have to work them in.

Hope you'll soon be comfortable.

Yours, Uncle Mike.

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## CYCLING MEMORABILIA

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After the recent record breaking sale of cricketing memorabilia in London, look out for some exciting inclusions in next year's fifty-fifty sale; so far the following are promised :-

Reg Searle's 1946 Plus fours (generous cut with double seat)

A pair of Ron Foster racing goggles.

The map from Keith Dodman's 1960 C.T.C. diary by which he toured the whole of Scotland.

Some primary school drawings of Juggernauts by Dave Hudson.

Paul West's 1953 'left hand down a bit saddle-bag complete with tool kit ... some string and a number of hammers.

Mike Poland's yellow pullover (the original).

Result sheet from the first ever Ray Douglass 24 hour ride.. with 1929 handbook.

Twisted steel handlebar extension from Don Lock.

A pair of 'SIDI' 'Dainty Toes' dancing shoes from Dave Dallimore.

John Spooner's very first frame... a trike with transfers of Andy Pandy.

Roger Smallman's Treasurer's calculator, a wooden framed affair complete with coloured balls.

A Peter Kibbles colour chart and guide to frame resprays, complete with sunglasses.

A complete set of training gear.... said to have fallen off a washing line in Brighton.

Dave Hudson promises to keep us informed of any other interesting items that come along.

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### **SUSSEX C.A. TEAM CHAMPIONSHIP 25**

We very much wanted to win this championship in our Centenary Year and it was a super team effort that secured the handsome win of more than nine minutes over second placed Brighton Excelsior.

The necessary effort to make sure at an early date that our top riders would make themselves available on the day was dealt with by Tony Palmer and the eventual entry and selection was a strong one. On paper the quartet of Pete Danckwardt, Andy Smith, Tony Goodsell and Richard Shipton looked invincible, and Stuart Gibbs and Kevin Spilman made for pretty good back up. Other clubs must have envied our ability to put riders of the ability of Dave Dallimore into our 'B' team.

Paper though, is one thing, the reality as we have found to our cost in the past can be so very different. Things took an unhappy turn on the Friday when Tony Goodsell fell down some stairs at work and injured his leg, which meant he was out. Also there was concern over Richard Shipton who detests the course and is quite unable to psych himself up for anything like his real ability.



The morning was bitterly cold with a strong northerly wind but it fortunately remained dry. There were a couple of good rides from the early part of the 123 strong field, but generally times closer to evens than to 25's were the norm, and on what is undoubtedly a hard course, many were claiming personal worsts.

The course now goes east from Cowfold under the A.23 at Bolney and up to Anstey. It then turns back through the start and follows the old course south to Henfield. It then goes south east through Woodmancote and to the roundabout at Poynings and retraces to a finish point about half a mile south of Cowfold. At least with the several changes of direction riders get some respite from the wind. The biggest problem with the course is the road surface; probably no more than the average number of potholes, but there are long stretches of very rough surface where the riders effort seems to be frustrated by the constant loss of contact between road and tyre.

All our 'A' team riders were in the latter part of the field and may have benefited slightly from some improvement in temperature. Richard Shipton, looking most unhappy finished from number 80 with a time of 1.4.53, which at that point was second fastest. He also had news that Stuart Gibbs was half a minute up on him. Then we had this confirmed when Stuart rode in with an excellent 1.4.36, we now had 2nd and 3rd. Another five minutes and Andy Smith came in with yet a few more seconds improvement, at 1.4.13. Peter Davies for Brighton Mitre still led the way with his 1.3.20 but we were now holding 2nd, 3rd and 4th places, and Pete Danckwardt was still to come. Off at No. 110 he was not to let us down, roaring in with a time of 1.1.18 to win the individual award by a clear two minutes and give us an unassailable team position. Richard Holkham of Brighton Excelsior and

Colin Tamon of Central Sussex were to come in at the end of the field with times of 1.4.31 and 1.4.21 respectively which slotted them into 4th and 5th places, but this was not to affect the principal award, the Team Shield which we have now won 15 times since the competition began in 1921. We must not overlook the very good ride turned in by our other 'A' team man, Kevin Spilman whose ride of 1.6.31 gave him a 14th place - not bad out of 123.

In the 'B' teams event we were just as impressive, with Dave Dallimore, John Lucas and Andrew Lock finishing first and Trevor Leeding, Bob Withers and Ron Foster finishing second.

Full list of Worthing times:-

Pete Danckwardt	1.1.18	Bob Withers	1.10.00
Andy Smith	1.4.13	John Lucas	1.10.07
Stuart Gibbs	1.4.36	Ron Foster	1.11.14
Richard Shipton	1.4.53	Don Lock	1.11.16
Kevin Spilman	1.6.31	John Gilbert	1.11.24
Dave Dallimore	1.7.07	Colin Miller	1.13.21
Trevor Leeding	1.8.30	Mike Poland	1.16.47
Andrew Lock	1.9.57	Tony Palmer	1.17.11
		Christine Barnett	1.17.34

Every team rider (other than the injured Tony Goodsell) started and finished a really good effort from all concerned.

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Dave Dallimore gets our special prize for spotting the spoof in our front cover photo for the last issue. He soon identified himself - and a number of others.

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**ANOTHER NOTE FOR THE SOCIAL DIARY: 16TH OCTOBER  
FRIDAY - BARN DANCE AT LANCING LEISURE CENTRE.  
Watch this space for further details .....**

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## A DEAR 'DON' LETTER

Dear Don,

On Monday 27th April at lunchtime, I walked across Churchill Square and saw one R.Withers, sitting on a wall, soaking up the sun.

In conversation he told me that he'd been third counter on Sunday to Danckwardt and Smith in the Bognor 25 and would get his name in Cycling for the first time.

On Thursday I went to W.H.Smiths in Churchill Square to purchase Cycling, at approximately 12.10. I always do so and generally make my choice from about 25 copies recently placed on the rack. On this occasion there were just 2.

Need I say more.

Mike Stanbridge.

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### EVENING TENS NUMBER ONE

1st	Pete Danckwardt	22.42	0.00	22.42
2nd	Stuart Gibbs	23.27	2.00	21.27
3rd	Andy Smith	23.49	0.50	22.59
4th	Kevin Spilman	23.59	2.00	21.59
5th	Marvin Lucas	24.19	2.10	22.09
6th	Andy Lock	24.35	2.00	22.35
7th	John Lucas	24.36	2.00	22.36
8th	Jason Buckley	24.56	6.00	18.56
9th	Bob Withers	25.27	3.10	22.17
10th	Don Lock	25.28	2.00	23.28
11th	Colin Toppin	25.42	6.20	19.22
12th	Ron Foster	26.02	3.20	23.42
13th	John Poland	26.09	4.00	22.09
14th	Tony Palmer	26.10	3.40	22.30
15th	Mick Mansell (tr)	26.25	4.20	22.05
16th	Clive Goward	26.36	4.00	22.36
17th	Dave Nightingale	26.38	4.30	22.08
18th	Alan Matthews	26.43	5.30	21.13

19th	Bill Procter	26.49	-	-
20th	Les Frost	26.59	5.40	21.10
21st	David Bunting	27.00	6.00	21.00
22nd	Dave Bacon	27.07	6.00	21.07
23rd	Pete Nightingale	27.14	7.00	20.14
24th	Christine Barnett	27.17	4.50	22.27
25th	Mike Poland	27.32	5.40	21.52
26th	Ken Atkins	27.39	4.10	23.29
27th	Ben Hockett	27.47	6.00	21.47
28th	Adam Syred	28.03	6.40	21.23
29th	Les Cohen	28.12	8.50	19.22
30th	Mike Stanbridge	28.31	6.10	22.21
31st	Nick Pigott	28.33	7.40	20.53
32nd	Peter Kibbles	28.56	4.50	24.06
33rd	Barry Shaw	28.57	9.10	19.47
34th	Keith Hall	29.15	6.00	23.15
35th	Sheila Lucas	29.16	8.40	20.36
36th	Jeffrey Antram	31.09	6.00	25.09
37th	Roger Smallman	31.10	6.00	25.10
38th	Mark Turner	32.35	6.00	26.35
39th	Robert Syred	34.17	6.00	28.17
40th	Sally Kingsland	39.44	6.00	33.45

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### S.O.S. RUSSELL CHILDS

Would Excelsior member Russell Childs please call in to any other member to let us know that he is O.K. Russell was last heard of in the Circuit of the New Forest . He started but never reported back. The result sheet simply says "presumed lost". A telephone call will do - Please come home, we can work things out.....

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### CLUB RANDONNEUR EVENTS 1987

This year the events were held slightly later in the season due to a shift in the time trial programme. As it turned out, it was a move for the



better and we had beautiful weather with the added bonus of an extra hour of daylight due to the advent of British Summer Time.

We attracted a total entry of 116 - 34 riders for the big one and 82 for the Brevet Populaire. A hundred and twenty five mile ride in early April after the bad winter we had is a bit of a shock to the system, but all the 30 starters finished well within the time limit.

Of the 100 kilometre entry we had 69 finishers, again all seemed to get round comfortably.

The start and finishing points being at the Toat Cafe seemed to be popular and it is certainly very helpful to the organisation. One possible problem was that a car boot sale in the car park could have taken up all the available space if we hadn't started first. The car boot sale organiser was apparently demanding to see the cycling organiser - who was keeping a low profile! (No - not one of those funny bikes).

We had many riders who thanked us for our efforts and a complimentary letter from one rider. No complaints from anyone, but it was that sort of event.

Many thanks go to the members who man the controls for a long time, and without whom we could not operate. Mike Poland at Plumpton. Duncan Waghorn at Hickstead and Keith Laker at Maidenmarsh. John Grant offered to run the Maudlyn control, but had to work at the last minute. Effective control was exercised however, by not telling the riders. When they all told me that a marshall was missing I knew that they had been to the point.

Club riders were:-

200km Keith Harmer, Don Lock, Richard Shipton (true!) Tony Palmer.

100km Ron Foster, Roger Smallman, Dave Hudson, Derek Boughey, Peter Kibbles, Les Frost,

Bob Withers, James Withers, Jason Buckley, Andrew Lock, Paul Toppin, Colin Toppin, Keith Dodman, Peter Scarsbrook, Kike and Carol Stanbridge (Tandem), John Mansell, Mike Mansell (trike) and our country member with 'fairies' in attendance, Dennis Lednor. (For 'fairies' read members of the San Fairy Ann C.C.Ed.).

Grateful thanks to Mike Gibbs for all the printing, no mean task in itself, and to Keith Dodman who is practising his handwriting (I can't spell calligraphy) in writing out the Club Certificates for all finishers.

If the object was to give everyone a good day out on the bike, then hopefully we succeeded!

Brian Cox

Well done Brian and don't forget thanks to Betty. By the way bring the Brevet cards with you next year - saves that last minute rush!!! (Ed.)

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#### EVENING TENS NUMBER TWO

1st	Andy Smith	23.10	0.50	22.20
2nd	Pete Danckwardt	23.29	0.00	23.29
3rd	Stuart Gibbs	23.36	2.00	21.36
4th	Andy Lock	24.43	2.00	22.43
5th	Trevor Leeding	24.46	3.30	21.16
6th	Bob Withers	25.19	3.10	22.09
7th	Don Lock	25.34	2.00	23.34
8th	John Gilbert	25.38	4.00	21.38
9th	Mike Gibbs	26.05	2.50	23.15
10th	John Poland	26.08	4.00	22.08
11th	Jason Buckley	26.26	3.40	22.46
12th	Tony Palmer	26.29	3.40	22.49
13th	Dave Nightingale	26.37	4.30	22.07
14th	Les Frost	26.47	5.40	21.07
	Bill Procter	26.47	3.20	23.27
16th	Colin Toppin	26.55	4.20	22.35
17th	Alan Matthews	27.01	5.30	21.31
18th	Dave Bacon	27.17	5.50	21.27



19th Christine Barnett	27.26	4.50	22.36
20th Mike Poland	27.35	5.40	21.55
21st David Bunting	27.39	5.40	21.59
22nd Pete Nightingale	27.45	6.00	21.45
23rd Keith Hall	27.57	8.00	19.57
24th Keith Harmer	28.11	6.00	22.11
25th Ken Atkins	28.12	4.10	24.02
26th Peter Kibbles	28.20	4.50	23.30
27th Ray Douglass	29.15	7.10	22.05
28th Barry Shaw	29.18	7.40	21.38
29th Jeffrey Antram	31.28	9.50	21.38
30th Roger Smallman	32.18	9.50	22.28
31st Robert Syred	35.07	13.00	22.07
32nd Sally Kingsland	36.48	18.30	18.18

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### The Club 30 Championship

In 1986 we had 17 finishers with the first six inside 1.20.00. A keenly contested race saw Richard Shipton win with a time of 1.12.49, on a far from easy morning. In 1987 on a similar kind of morning we had eight finishers with just the winner under 1.20.00.

Richard Shipton in defending his title was the only one of our faster riders to enter, and with no real competition, there's little wonder that his time was about two minutes slower than in '86. The fact that it clashed with the Royal Navy "30" was clearly unfortunate, especially when there are so few events at the particular distance. It is probably also true that entries are generally going to be down this season in all events using the A.27 during the work on the Fontwell bypass. The best ride was, quite properly, the one that collected the handicap award. Tony Palmer's ride of 1.23.48 with an allowance of 12.30 was two minutes too good for the rest.

### Full result

1st.	Richard Shipton	1.14.09	Sc	1.14.09
2nd.	Trevor Leeding	1.21.13	8.00.	1.13.13
3rd.	Bob Withers	1.21.50	6.00	1.15.50
4th.	Tony Palmer	1.23.48	12.30.	1.11.18
5th.	Alan Matthews	1.26.04	13.00	1.13.04
6th.	Barry Shaw	1.31.19	15.00	1.16.19
7th	Ray Douglass	1.33.04	16.00	1.17.04
8th	Mike Stanbridge	1.38.04	17.00	1.21.04

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### CLUB ROAD RACING REVIEW

Sitting in the sun trying to make sense of my notes, it's hard to remember things - like the weather conditions for the early season events - so the following is a rough idea of how things have gone, so far.....

15th February: The second official race on the B.C.F. calendar, Perf Waites' circuit of Broadhalfpenny Down. Cold, bright and windy. Paul West striving for early season fitness, lasted about half of the 61 miles then called it a day. Southdown Velo's Keith Jarrett won - beating Peter Georgi on the line so Paul was in good company.

22nd February: Fareham Wheelers 'training' race (my italics). Paul, joined by Ian Leeding for this one, craftily organised a puncture on a foul day and got a lift in Southdown Velo's team car. Ian soldiered on for a while but retired, frozen, before the finish.

1st March: Eastway. All four of Worthing's riders finished the senior race on a very tough day. Ian Stainer and Trevor Leeding, in their first road race were lapped but kept going. Bradley Walters, although losing a lap managed



to stay with the bunch thereafter and Ian Leeding finished a very creditable 18th - giving him the first points towards the Road Race Trophy. Chris Sweet making his bunch debut rode well to finish in the junior race.

8th March: The Surrey League Race at Ellens Green saw no less than five Worthing riders compete with very mixed fortunes. Robert Downham became sick and did not finish, Bradley Walters and Trevor Leeding finished in the bunch, with Trevor showing a lot of strength early on. Brother Ian was away in a break when he fell - but still finished and Paul won the bunch sprint for 7th place.

Meanwhile at Eastway on the same day the Lucas double act was in motion. Marvin, delayed by a crash finished, unusually, out of the juvenile placings while John did a great ride in the Peter Fryer vets race, finishing 27th.

14th March: Paul West and Ian Leeding rode the 1,2,3, event at Laughton. Paul finished 18th after an early puncture. Ian though, showing real initiative broke away from a sluggish bunch to record a fine 3rd place behind Chris Yates.

15th March: Everyone finished at Newdigate. Paul was 8th, Ian 14th, Bradley and Trevor unplaced but riding well in the bunch. Robert Downham and Ian Stainer were credited with a finish at one lap.

21st March: Not so good at Cutmill. Bradley was the only finisher in the bunch. Trevor after doing too much work early on, and Robert, both finished off the back.

29th March: Staplefield saw Worthing with mixed fortunes. Ian Leeding was brought down on the first lap of a hard course and D.N.F. Trevor as usual got through a lot of work and finished in the bunch, and Paul finished exhausted in 20th place. But at Eastway on the same day - a different story.



Nick Pigott got round to finish in the juvenile race, while Marvin, finding his form, was just beaten into second place.

11th April: and our Spring Road Race. After a week of "behind the scenes" negotiations trying to get temporary lights at Partridge Green removed for the day, the Ashurst circuit was finally abandoned on the morning of the race, and the criterium circuit, slightly modified was pressed into service. Sterling work by the organising team, who were determined to avoid a repeat of last year's finish fiasco, ensured that every household in Hole Street knew that a race was being held and that the road was cleared of parked cars etc. The course worked well on the day, particularly the finishing hill, despite the doubt and generally unhelpful attitude of one B.C.F. Official who seemed to do his best to sabotage the finish by moving it without telling anyone. The race produced a worthy winner in Gwain Bailey of the Oxonian, while our only representative, John Lucas gave his usual full commitment and was placed 15th on a cold, windy day.

Easter: and the Bill Temme memorial meeting at Eastway gives Marvin Lucas his first road win this year, sprinting away from a large field, he showed real class to win comfortably. Since that win he's "only" had a second place - beaten by a tyre on 10th May - and this is still not Marvin's last year as a juvenile!

Easter also saw Ian and Bradley entered in the Surrey League 4 Day, along with Steve Curry: never does things by halves does Steve - he rode the Crawley-Shoreham-Crawley time trial in the morning, then off to Northchapel for a 75mile pipe opener in the afternoon. Steve struggled a bit on Day1, finished Day2, another 75 miles, and then, not to break with tradition, crashed on Day3. With Bradley still thinking of Spain and retiring on the first day it was left to Ian to show the flag for



the Club, and this he did admirably. Riding very sensibly in his first senior multi-stage race he was 14th, 28th, 29th, and 11th in a top class field of 60 riders, finishing just in the 20's on overall classification - two places behind Tony Deacon. Since then he has had a series of good placings, mostly in long 1,2,3, races and he seems to have made the difficult transition from junior to senior very well.

Trevor Leeding is also riding very strongly this year, getting regular places just out of the top ten, but will surprise a lot of people when his tactical knowledge matches his strength.

The new club points system is working very well and to date; the table is as follows:

Ian Leeding	67	points
Stuart Gibbs	20½	"
Trevor Leeding	16	"
John Lucas	15½	"
Robert Downham	8½	"
Paul West	8	"
Bradley Walters	4	"
Steve Curry	1½	"
Ian Stainer	1	"

Closer than it looks, as large point gains are made for places in the 1,2,3, category events. These points include those given for the first two of our evening criteriums, a full report of which I hope to include in the next Club Magazine.

The Junior and Juvenile points table is:-

Marvin Lucas	19½	points
Chris Sweet	½	"
Nick Pigott	½	"

Marvin of course the "veteran" of the trio - it would be nice to see the other lads, plus any other juniors, riding some more races - if you need any help or advice - please ask.

Just in conclusion and with reference to the evening Criterium series, the response to my request for help has been overwhelming, resulting in the course being well marshalled, teas being made - and the necessary cars for officials being to hand. It's made the job of organising just that much easier and I am very grateful, particularly to the members of the club general committee, who have been present in great numbers.

Peter Scarsbrook

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It's rumoured that Andy Smith has purchased a new suit and the shares of Austin Reed have moved up two points.

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### Who's in the comic - Part 2.

April 23rd: Pete D, shows twice with a second place in the Bournemouth Arrow 10 in 23.11 and then went to 10th place in an Exeter Hilly 17½ in 46.9, and he's supposed not to like hills. Also on this date the Gibbs tandem shows third place in a Crabwood ten with 24.43 - must have been hard - winners could only manage 23.57.

April 30th: And it's big Pete again, this time he has a 4th place in the Epsom 10 with 22.58 and a fine win in the Bognor 25 in 57.12. The Bognor event was very pleasing for we also had Andy Smith second in 59.49 and Bob Withers, with an excellent 1.4.58 to clinch the team prize. On top of this we had Mike Mansell winning the trike award in 1.7.50. Alongside this report was that of the Bec C.C. 25 and just making the report in 8th spot was Andy S. with 1.2.58. A Worthing rider - who else but Pete D. was in the Cleveland 25



(old hunting grounds) and 6th place was managed with 58.25.

A report in this issue of the comic which may have been missed was of the Winchester Triathlon, where our own Kevin Spilman finished 5th out of 300- pity they couldn't spell his name though.

7th May: Whats on, spotlights our open 25 and does a good job in forecasting - see 14th May. The Gibbs tandem is 1st in the Wandsworth 10 with 23.17. Pete D. wins the Hants Road Club 10 in 23.03 and - the Sussex Team Championship shows in lovely bold print "Worthing Excelsior" winners with Richard Shipton, Stuart Gibbs, Andy Smith and first individual Pete Danckwardt.

On the road racing front nice to see a Worthing name with Ian Leeding getting home in eighth spot in a 38 mile Redhill event.

14th May: A nice write up for our Open 25, also showing first 10 places and team and other category winners. Pete D. was 2nd in 58.36. Richard Shipton 5th in 1.0.10. and Stuart Gibbs completed the winning team with 1.3.05. Ron Foster made a plus of 12.03 to win the veteran's section (see full report) Pete D. collected 3rd spot in the Redmon 10 with a time of 22.25.

21st May: Lots of mention this week. Royal Navy 30 shows Pete D. just behind the big guns of Pritchard and Barnes with 1.8.46. In the tandem event we were also prominent ; a super effort from Andy Smith and Christine Barnett collected 3rd place with 1.8.09 with Mike and Stuart Gibbs 4th in 1.10.22 after going off course. (Who's the wally on the front then?) Nearly missed the names of Mark Flint and Kevin Spilman (must read these triathlon results more carefully 5th and 9th in the Bath event. The "bath" was a 400 metre swim, followed by a 30km bike ride and a 10km run. Times; total; were 2.0.15 and 2.1.16. On the letters page Ron Foster's report on the 'Super Vets' team which we entered in the Brighton Mitre



4-up got the names of Ray Douglass, Reg Searle and Pete Kibbles along with Ron a mention. It will be interesting to see if the claim of highest aggregate team age is challenged Under the "Track" heading we note Marvin Lucas with two wins in Preston Park juvenile races. "Road Races" included the result of the first of our evening Crits., but no Worthing entry made the top ten. At Eastway in a Vets. 20m. John Lucas grabs a fine third place, but is upstaged by son, Marvin who gets second in the juvenile race.

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### Evening tens 'Cuppas'

It has recently become apparent that some members have been under the impression that the teas were free 'with your number' like an Open event where you have paid £1.50 or more as an entry fee. Technically we are not allowed to charge for refreshments served at the roadside, but the club does expect 'donations' It is thought that most have been aware of the 'understanding', but hope this now clears the air.

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### RON MILLS OPEN 25

We have been promoting this one since 1962 and in all those 26 events we have yet to score an individual win. In 1987 we came as close as ever with a great effort by Pete Danckwardt to finish second in 58.36 on a tough cold morning. Only the superb form of Poly rider Simon Barnes, home in 56.20, stood between us and those first individual honours. In consolation it was nice to see the Club win another team award with Pete supported by Richard Shipton, who has so often been our best rider in previous years, and Stuart Gibbs, who is perhaps going to produce this season, some of the really good rides that he is so clearly capable of.



The course was besieged by road work with massive operations in progress for the bypass in the Fontwell area, and other works at the western end of the Arundel bypass necessitating a diversion for all traffic through Arundel when travelling east. All this plus a cold hard headwind finish did nothing to encourage fast times and many of the more ordinary mortals were left to discuss when last they'd gone so slow.

Ron Foster's ride of 1.7.27 was a notable exception. More important and relevant is to note that at the age of 65 he finished in 39th position in a field of 117. Not only was he the oldest rider but a large proportion of those he beat were probably only half his age. Needless to say Ron won the veterans age standard by a 5 minute margin.

For this event we hired the school in Angmering which gave better parking and changing facilities. At least that's the Ed's opinion. Some it seems have expressed the opinion that they preferred to have the refreshments and result board in the layby, although this opinion did not come from those who provide those facilities. The opinion might I think have been different if the weather had been wet as well. What did you think?

Tony Palmer did an excellent job for the club in organising the event and it is perhaps a good time to announce that he wishes to have a rest from this position for 1988, so can we please have a volunteer. Tony promises his assistance.

Ron Mills Cycles again provided the valuable financial support which is so important, and we thank them once again.

The computer assistance given by our Hi-Tech Sec. Bob Grange produced a result sheet with every category dealt with separately. Bob knows my doubts about all this modern machinery and will forgive my glee when I notice that the computer has put me with a plus of 2.41. above a rider with 2.42. Sorry

but after a poor ride it was all I could find to smile about.

Full list of Club member performances:

2nd	Pete Danckwardt	58.36
5th	Richard Shipton	1.00.10
16th	Stuart Gibbs	1.03.05
18th	Andy Smith	1.03.14
27th	Kevin Spilman	1.05.15
38th	Andrew Lock	1.07.25
39th	Ron Foster	1.07.27 V + 12.03
48th	Don Lock	1.08.26 V + 2.41
49th	Bob Withers	1.08.27
67th	Colin Miller	1.10.31
79th	Mike Mansell	1.11.38 trike
87th	Bill Procter	1.12.52 V - 2.48
94th	Mike Poland	1.14.39 V - 4.04
97th	Peter Kibbles	1.16.11 V - 2.55
102nd	Christine Barnett	1.18.13
103rd	Les Cohen	1.18.43 V - 9.41
106th	Mike Stanbridge	1.21.46 V - 10.39

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### Their lucky day ?

Dave Dallimore and Don Lock could not believe their luck while marshalling the last of the evening Crits. This car came along with two delightful young ladies. It slowed right down and the ladies beckoned them over. The two marshalls approached the car apprehensively (with enthusiasm) but, being tied to the job of marshalling they were unable to assist the ladies whose identity will not be disclosed to John Lucas or Paul West. It was quite an evening at Rock Cross Roads really; Don was accosted by a lady who appeared from the bushes to ask "Are you from the A.A. or the police?" and they also had Barbara Spooner waving to them with some keys, but she had John with her!

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### Short haul

Mike Mansell wouldn't risk using his car for a racing trip to the west and the midlands so wisely hired a van. It got him as far as Petersfield and broke down. Like the old grandfather clock "stopped never to go again". Name and address of hirers is available from Mike on request.

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### Preston Park

Having managed to get over to some of the meetings during the early part of this season I have noticed much more exciting riding than previously and also a generally higher standard. Senior registrations are in excess of sixty and when the majority are present it clearly heightens the competition. Worthing's team has been led throughout by Paul West who is gaining much experience this year from his racing at many other tracks around the country. Ian Leeding, Andrew Lock and John Lucas have given good account of themselves and our strength will shortly be increased by the registrations of Stuart Gibbs and Trevor Leeding. Strength in numbers has been noticeably important in dealing with the numbers at present available to the Regent and to Central Sussex. All quite fair, of course, but team tactics have been very difficult for our smaller team to deal with.

There are, unfortunately only a small number of school- persons riding and Marvin Lucas could handle a lot more competition. Nick Pigott also rides for us and is really beginning to find his feet now, notching up his first handicap win a week or two back.

In the B.C.F. Sussex Divisional Championships meeting our riders did very well, starting in the first, a non-championship race over six laps when Andrew took a flyer with two laps to go and .... just held on. There was then an excellent Italian pursuit.



with teams of three and the lead rider dropping off at the end of his lap. The four clubs were, the Regent, the Central Sussex, the Brighton Excelsior and ourselves, represented by Paul West, John Lucas and Andrew Lock. All rode with tremendous determination and the whole race was excitingly even as the eventual times show: First Regent 2mins 17.19secs. Second Central Sussex 2.17.91, Third Worthing 2.21.99, Fourth BrightonExcelsior 2.27.07. In the 1000m sprint championship both Paul and Andrew got through their heats, but Paul went out in a hard semi-final. Andrew progressed to the final and it was perhaps rusty tactics rather than rusty legs which prevented him from doing better than third place, however, it was still a very good effort. In the schoolpersons 500m championship Marvin Lucas made no mistake to take the title and get another championship badge for his mum to sew on. It was great also to see Nick Pigott get home in third spot in this one. The final championship was the 15km where the big field was dominated by the powerful squads from the Regent and the Central. When two from each had secured a lead the rest were constantly blocking and despite valiant efforts from Brighton Excel. and Worthing the gap was unbridgeable. Why not try and get over. You can get refreshments and sit in the grandstand. Every Wednesday evening until 12th August.

Don

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### Hot snacks

At the finish of the Royal Navy 30mile promotion the organisers went a bit over the top with their idea of hot refreshments by setting fire to the tent. It's understood that Reg Searle charged in with his fire extinguisher - anxious, no doubt, to save his milky cuppa!

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# EVENING TENS NUMBER 3

1st	Stuart Gibbs	23.40	2.00	21.40
2nd	Dave Dallimore	24.16	1.10	23.06
3rd	Kevin Spilman	24.59	2.10	22.49
4th	Bob Withers	25.07	3.10	21.57
5th	John Lucas	25.08	2.00	23.08
6th	Don Lock	25.17	2.00	23.17
7th	Jason Buckley	25.21	3.40	21.41
8th	Trevor Leeding	25.26	3.30	21.56
9th	Ron Foster	26.12	3.20	22.52
10th	John Poland	26.16	4.00	22.16
11th	Mike Gibbs	26.25	2.50	23.35
12th	Les Frost	26.42	5.30	21.12
13th	Bill Procter	26.45	3.20	23.25
14th	Dave Nightingale	26.59	4.30	22.29
15th	Christine Barnett	27.13	4.50	22.23
16th	Alan Matthews	27.23	5.30	21.53
17th	Dave Bacon	27.31	5.50	21.41
18th	Colin Toppin	27.35	4.20	23.15
19th	Mike Poland	27.38	5.40	21.58
20th	Barry Shaw	27.49	7.40	20.09
21st	Peter Kibbles	27.57	4.50	23.07
22nd	Pete Nightingale	27.58	6.00	21.58
23rd	Keith Hall	27.59	6.40	21.19
24th	Adam Syred	28.13	6.40	21.33
25th	Keith Harmer	28.43	7.00	21.43
26th	Nick Pigott	29.19	7.20	21.59
27th	Mike Stanbridge	29.50	6.10	23.40
28th	Sheila Lucas	30.22	8.00	22.22
29th	Reg Searle (trike)	32.04	8.20	23.44
30th	Alan Crane	32.11	9.50	20.05
31st	Robert Syred	33.05	13.00	20.05

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It's rumoured that Mike Poland was once the 'Club Hostess' ?? The Hostess with the mostest....

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# **EVENING TENS NUMBER 4**

1st	Pete Danckwardt	21.50	0.00	21.50
2nd	Stuart Gibbs	22.59	2.00	20.59
3rd	Dave Dallimore	23.38	1.10	22.28
4th	Trevor Leeding	23.41	3.30	20.11
5th	Andy Lock	23.57	2.00	21.57
6th	Jason Buckley	24.27	3.40	20.47
7th	Bob Withers	24.36	3.10	21.26
8th	John Lucas	24.43	2.00	22.43
9th	Marvin Lucas	24.49	2.10	22.39
10th	John Gilbert	25.13	4.00	21.13
11th	John Poland	25.29	4.00	21.29
12th	Steve Gumbrill	25.32	6.00	19.32
13th	Ron Foster	25.39	3.20	22.19
14th	Tony Palmer	25.43	3.40	22.03
	Colin Toppin	25.43	4.20	21.23
16th	Mike Gibbs	25.49	2.50	22.59
17th	Colin Miller	25.56	3.30	22.26
18th	Bill Procter	26.10	3.20	22.50
19th	Les Frost	26.18	5.30	20.48
	Dave Bacon	26.18	5.50	20.28
21st	Dave Nightingale	26.20	4.30	21.50
22nd	Mike Poland	26.36	5.40	20.56
23rd	Keith Hall	26.43	6.40	20.03
24th	Christine Barnett	26.55	4.50	22.05
25th	Adam Syred	27.06	6.40	20.26
26th	David Bunting	27.10	5.40	21.30
27th	Keith Harmer	27.29	7.00	20.29
28th	Peter Kibbles	27.46	4.50	22.56
29th	Mike Stanbridge	28.05	6.10	21.55
30th	Ben Hockett	28.10	6.30	21.40
31st	Les Cohen	28.13	7.00	21.13
32nd	Barry Shaw	28.17	6.35	21.42
33rd	Nick Pigott	28.39	7.20	21.19
34th	Pete Nightingale	28.45	6.00	22.45
35th	Sheila Lucas	29.20	8.00	21.20
36th	Reg Searle (trike)	31.11	8.20	23.51
37th	Jeffrey Antram	31.19	9.50	21.29
38th	Robert Syred	31.25	11.50	19.35
39th	Roger Smallman	31.48	9.50	21.58
40th	Sally Kingsland	34.51	15.30	19.21



## SUPER SPILMAN

Kevin produced probably his best performance yet to win the Southwater Triathlon on 31st May. It was a full three discipline gruelling event. The weather was warmer than last year so a full two laps of the lake (1,200 metres) had to be covered to start with and I can tell you that 57° fahrenheit didn't feel at all warm to me.

First man out of the lake completed the two laps in 13 minutes 30 seconds (phew) but his bike riding wasn't so good and he was back to 38th overall by the finish. Not far behind on the swim though was new Worthing Excelsior member Mark Flint, who was back on land in 13 minutes 45 seconds. Now Mark can ride - in just a couple of outings in our evening tens he's got down to a '23' - Where am I going wrong? Kevin at this stage was back in 10th place completing the swim in 15.34, with Steve Curry, not going quite so well as last year lying 15th on 16.08. But he still had the ride to come.. Me, well, I could not get my wet suit off - 88th in 23.34.

Just wait till I get on that bike, - into the ride now - 34 miles, three laps, up the the Southwater bypass, back down through Southwater, then out into the lanes and back through the village again. Steve moved through to 4th place with a time for the ride of 1.26.54 and don't forget these times include the transition times from one discipline to another. Kevin recorded 1.27.32 leaving him fifth at this stage. Mark was now seventh overall after a cycling time of 1.30.48. Yours truly - 1.36.13 was now in a more respectable 35th. It will be of interest to know that fastest on the bike was the well known roadman Colin Bateman who with 1.26.24 was only a few seconds faster than Kevin but was now lying third overall.



Now into the seven miles run, through the Southwater Country Park and towards Dragons Green, past the field where the Gala Fete was being held in conjunction with the triathlon, then a big loop back . Kevin took the lead after some two miles and with mile times around 5minutes 37 seconds he was never headed and recorded 39minutes 22 secs. and a total, overall, time of 2 hours 22 minutes 28 seconds. This took some nine minutes off his 1986 effort and this, notwithstanding that in '86 only one lap of the lake was included! Mark was next team member with a run time of 40.02 and a total of 2.24.35 for third place. Steve did well to hold his fourth place with a run of 42.54 and an overall time of 2.25.56. This after twisting his ankle in a college steeplechase earlier in the week (twit) .With these three places the Sussex Amphibians who our members represent in triathlons easily won the team award.

Meanwhile - back with the 'men' - My legs were feeling like they had been sat on by Mike Gibbs - they felt dreadful. I staggered through the run following the first lady; a pretty 25 year old lass in a tight fitting pink tri-suit - a wonderful sight. I did 49.39 for the run with a total of 2.49.31 finishing 33rd and fourth best in the veterans section.

Each entrant received a tee shirt, a medal and a ploughmans lunch, which went down very well with three pints of lager. That finished me off for the rest of the day. Some £2500 was raised towards an extension for the village scout and guide headquarters.

Many thanks to Tony Palmer for timekeeping for the cycling section. It is hoped to have a relay triathlon in September - 800 metres swim, 28miles on the bike and 10km run. How about the Excelsior entering a team . See me for details.

Colin Miller



**SEEING DOUBLE** Stuart Gibbs was somewhat alarmed to find that he was down to ride the 25 twice. It was also going to be very difficult even for someone in form because he was due to start only ten minutes behind himself. Mike is supposed to have commented that "He's always been ten minutes behind himself" and Tony Palmer after getting an entry back for no reason at all complained that some get in twice and only start half the time!

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**A 1958 Worthing Gazette** came out from under a carpet recently and it's amazing what sports news they use to carry. Among the cycling items was the revelation that Brian Weir now one of our Vice Presidents rode in the St.Christophers 25 at Redhill and recorded his slowest ever time of 1.19.11. Thought you would appreciate a reminder of that Brian. How about having another go you could go slower... if you really tried....

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**A PLEA from our Catering department.** We have so many promotions - more in this Centenary year than perhaps ever before and the job of providing the teas is falling on just a very few volunteers and more help is desperately needed. If you can help or can persuade your other half - or perhaps a friend to come and give a hand..... please get in touch with Carol Stanbridge or the Editor who will be pleased to pass on all offers of help.

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**WELCOME to new members:-** Mark and Terry Clothier, Jeremy Arnold, Steve Gumbrell, Mark Turner and Alan Stepney plus another lady Sally Kingsland. Hope you will all enjoy long and happy membership. Welcome also to second claim, John Pedley, another Charlotteville member.

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### **NEW RECORD**

Well done to Mike and Stuart Gibbs for setting a new club record for 25miles tandem in the Reading event on the Didcot/Botley course, on Saturday 13th June. Subject to certification the record now stands at 54 minutes 12 seconds.

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**IT'S RUMOURED** that Tony Palmer can remember when there used to be a lady upstairs in the Broadwater Parish Rooms!!!

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### **THERE'S FIGURES AND FIGURES...**

At the finish of the ten a while back a group of male chauvinist pigs noted the lady finish and drag her machine exhausted to the fence. "Jeepers" said one "She's got about a 42" bottom" . "And about a 38" top" rejoined another. Presumably one at least was refering to the gear.....

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### **MISTAKEN IDENTITY**

These aerodynamic helmets are unfamiliar things still and in many homes are causing much confusion. Bob Withers wife saw his on the floor in the bedroom, and with a puzzled expression pushed it under the bed. A few days later his son James saw it upside down near the fire in the lounge, and being a helpful lad, promptly filled it up..... with coal.

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**NEW CLUB TRAINING TOPS** already many have purchased these and all seem very pleased. If you would like one contact Bob Withers - Telephone number on page 1. or in the Club room most Tuesday evenings.

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## GLIMPSES OF THE EARLY SIXTIES

In the Centenary issue we had a contribution, 'The Fifties' from Dennis Lednor. Since then we have been loaned a scrap book of local newspaper cuttings of Excelsior news of the early sixties. We seemed to get very good coverage in those days. The following are, as the title suggests, just glimpses through the period, which, even to those who remember it, is still more than twenty years ago.

Frequently results and reports seem to have been the combined effort of Worthing Excelsior and the West Sussex Road Club, which existed in Worthing at the time. In July 1960 for example the report of the S.C.A.100 shows our fastest rider as Ray Douglass in 4.47.19, four minutes better than our old secretary and Vice President John Mansell who led the W.S.R.C. team with 4.51.58. Other rides noted were from V.P. Brian Weir 4.56.41 and Mike Poland 4.58.03, while in W.S.R.C. colours another who has now been an Excelsior man for many years, Keith Dodman who, with a puncture, finished in 5.4.53.

Undated, but probably Easter 1960, there's a great report on all the club touring and racing activities over the holiday. While there's nothing spectacular in the report it is the headline, which the author, presumably, has given to it, which makes it such good newspaper copy - 'Cyclists 2800 miles'. Is there a lesson to be learned here? Another cutting refers to 'Longest unpaced road ride in the World' The reference is to a 24 hour event where our entry retired after 17 hours. Not sure about the accuracy of the headline, but it helped to get that report into the paper.

We used to manage photos as well; there's a good one in early 1961 showing a youthful John Mansell and Martin Ford-Dunn carrying their bikes over some bramble obstacles in a cyclists versus harriers race. In March of that year there's a report "Ray



Douglass did not compete in the Club event on Sunday he was busy trying out his hand at mass start racing at Lee-on-Solent, where he hoped to gain the necessary experience for this type of racing". What happened we wonder - perhaps he was left at the start waiting for the 5-4-3-2-1...

The S.C.A.25 in '61 was something of an Excelsior benefit. Don Lock won in 1.3.09, second was Ray Douglass in 1.3.37 and third Mick Venner with 1.3.51. Ron Bardouveau was 6th in 1.4.03 and memory tells us that we had a total of six in the first ten.

A story of a 2200 mile training holiday taking in France, Switzerland, Germany and Italy, concerned Mike Poland and Tom Lednor. We liked particularly the reference to the cost, for three weeks, about £45/50!!!

We were a force to be reckoned with at Preston Park particularly in the pursuits, both individual and team championships came our way. We appear to have about ten riders regularly competing. In June '62 there are large photos in the Argus as our Martin Ford-Dunn wins the Sussex Division B.C.F. 1000 metres sprint championship, and then a couple of weeks later more photos as Ford-Dunn and Mick Venner set new records for tandems at the Preston Park track. One lap flying start 40 3/5 seconds. Two miles 4 minutes 5 4/5 seconds. In 1964 one John Lucas hits the Argus big print with a win in the 5 mile championship.

In 1963 (we think) Dave Funnell (who rumour has it, has been reading 'Cycling' again - but is he buying it?) finished third in an Eastbourne 25 with a time of 1.0.21, did he beat the hour? Perhaps he will let us know. He also picked up third place in the Yiewsley 50 on the Bath Road in 2.2.09, a club record at the time.

Road racing was obviously a love of John Lucas then, as now, He picked up a win in a 32 mile race at Chailey.



Moving on to 1964 and there is a smashing picture (presumably from a Bognor paper) of Betty Cox then of the Bognor Club, and looking as lovely as ever (creep) presenting a trophy to a very youthful looking Mick Ballard then of the West Kent Road Club.

Dave Funnell's name appears again in '64 when he was 12th in the National 12 hour with a ride of 248 miles - the nearest ever to the John Antram 249 record. In the same event we had a team record which still stands for Dave was backed by Don Lock 241 and John Mansell 238. Dave would seem to have had a good year for we also saw wins in the East Sussex 12 hour with 245 miles and in the S.C.A. 100 in 4.25.

In 1966 we ask who was the glamorous Audrey Beeling seen in a photo helping Secretary John Mansell set up the trophy table at the Club Dinner. Where are you now? We also note the first mention of Nick Lelliott who at 14 won our 15 mile event in appalling conditions in 36.13.

As we said just glimpses.....

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**NEW RECORD** When Pete Danckwardt set new figures for our 25 mile competition record in 1986, his time of 54 minutes 36 seconds looked to most of us safe for some time. Richard Shipton who constantly pounds the roads of Essex, mainly the E.72 course, and mainly in search of the superfast morning and time, clearly thought otherwise. On Saturday 20th June in thundery conditions but perfect calm he found those conditions and along with many others went faster than ever before. His time and the Club's new record now stands at a quite fantastic **53 MINUTES 2 SECONDS** Well done Richard, not bad for a veteran - back to you Pete - or will you wait until you're a vet as well!

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**CONGRATULATIONS** are also due to Marvin Lucas who on that same 20th June rode right up to his best form



to win the London South Heat of the National Schoolboys ten mile championship. His time was 23minutes 45 seconds and this was on a far from easy day on the Capel bypass course. He now goes forward to the National Final to be held in Shropshire on 5th September. He still has another year at this level as well... He was accompanied in the race by two other Worthing youngsters and the three, all riding for Boundstone Community College were only just beaten for the team place. Ben Hockett despite having his chain come off finished in 27.42 and Darren Stepney, with very little racing experience, recorded 27.57.

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### **CLUB FIFTY CHAMPIONSHIP**

Held this year in conjunction with the Sussex event, and because of the roadworks west of Arundel, on the much tougher course, using a lot of the A.24 this nevertheless turned out to be an excellent championship with an excellent winner.

Pete Danckwardt making his first fifty outing since joining Worthing gave us a superb exhibition of his strength to win in 1 hour 58 minutes 19 seconds. This was the fastest ever Club fifty championship time, improving on Richard Shipton's three sub-two hour rides - all 1.59's. It is tremendous also to have the Sussex Champion in our colours.

Mark Jones of the G.S.Stella finished second in the County event with Andy Smith in third spot with 2.2.09. Andy chose not to enter the club event, so Kevin Spilman with a fine 2.6.42 was next in our championship. He did, however, complete our team in the Sussex event so another nice trophy comes our way.

Kevin's ride was the one that beat the handicapper and he deservedly won that section



### Full result

1st.	Pete Danckwardt	1.58.19.	Sc	1.58.19
2nd.	Kevin Spilman	2.06.42	11.00	1.55.42
3rd.	Andrew Lock	2.12.07	10.00	2.02.07
4th.	Trevor Leeding	2.13.12	15.30	1.57.42
5th.	Bob Withers	2.14.08	15.30	1.58.38
6th.	Ron Foster	2.18.31	22.00	1.56.31
7th.	Colin Miller	2.23.34	23.00	2.00.34
8th.	Mike Poland	2.26.00	26.30	1.59.30
9th.	Bill Procter	2.26.49	25.00	2.01.49
10th.	Christine Barnett	2.30.13	33.00	1.57.13
11th.	Mike Stanbridge	2.44.22	41.00	2.03.22
12th.	Reg Searle	2.55.28	56.00	1.59.28

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### THE CENTENARY TEA

Washington 7th June 1987

This return to the haunts of our ghosts, to the area from which we blossomed, was one of the most photographed rides ever. Many riders were complaining of 'Royal Wave' elbow, before sitting down to tea. Dave Hudson was first with a lot of flashing as we moved off from Broadwater Green, almost fifty in number and headed for a short stretch by Micky Mansell on an ancient trade tricycle with solid tyres and an enormous wicker basket, which we were convinced held a gigantic picnic for us. Photographers were everywhere - Tony Palmer jumped us from the central reservation on the way to Findon and newspapermen clung from the bridge over the bypass - it was too much for some - Dennis Lednor who had ridden down from Maidstone to join us had to retreat behind dark glasses. At Washington, more newspapermen with cameras and Andy(flasher) Smith disputed focusing distances. Groups were arranged and rearranged and decorated with ladies. Angela Toppin had organised the tea with outside

caterers and some sixty five sat down to enjoy a good buffet meal. Ray Douglass welcomed everyone and there was the usual raffle. What everyone wants to know about the raffle is what is Joe Simpson going to do with slinky swimming costumn he won - watch out for the centenary dinner - you might be the next recipient.

Bob Withers had done well with the press, even getting the Guardian lady out on his wife's bike. It cost him though he was seen pushing her up the Bostal.

On the way home I paused at the top of the climb to take in the view, south towards Findon and Worthing, enjoying the glorious colours of the summer's evening..... to think forward one hundred years..... and to wonder..... and to get my breath back.

Don.

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#### EVENING TENS NUMBER 5

1st	Stuart Gibbs	23.27	1.40	21.47
2nd	Andy Lock	23.55	2.00	21.55
3rd	Kevin Spilman	24.02	2.00	22.02
4th	Dave Dallimore	24.07	1.10	22.57
5th	Bob Withers	24.32	3.10	21.22
6th	Don Lock	24.44	2.00	22.20
7th	John Poland	25.21	4.00	21.21
8th	Steve Gumbrill	25.49	4.20	21.29
9th	Colin Toppin	26.00	4.20	21.40
10th	Dave Nightingale	26.09	4.30	21.39
11th	Bill Procter	26.15	3.20	22.55
12th	Mike Poland	26.44	5.40	21.04
13th	Alan Matthews	26.46	5.30	21.16
14th	Dave Bacon	26.52	5.50	21.02
15th	Keith Hall	26.55	5.30	21.25
16th	Barry Shaw	26.58	6.35	20.23
17th	Pete Nightingale	27.04	6.00	21.04



18th	Jeremy Arnold	27.23	5.30	21.53
19th	Les Frost	27.36	5.30	22.06
20th	Les Cohen	27.48	7.00	20.48
21st	Nick Pigott	28.40	7.20	21.20
22nd	Jeffrey Antram	30.09	9.50	20.19
23rd	Roger Smallman	30.54	9.50	21.04

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### A Beginners Run

On Tuesday 19th May I had a shock. We had organised the run to leave the Parish Rooms at 7 p.m. With great assistance from fellow members the event had been advertised in shops schools, papers etc, so I should not have been so surprised by the 40 odd that had turned up, but I was.

The evening was fine, so we immediately divided them into two groups, depending on age and ability. This was followed by a bike check, that revealed many soft tyres and some fairly sloppy brakes. One bike we rejected straight away. The owner, not deterred, disappeared for two minutes and cycled round the corner on a brand new bike - soft tyres and all!

Andy Smith and Christine Barnett astride the green tandem were asked to take the more able up Bost Hill, to Findon and Long Furlong, circling back to the club room.

Dave Hudson, Paul West and I took the slower group also up Bost Hill to the windmill. Although some walked part of the way all made the summit. After regrouping, Paul West took the fitter young lads ahead to a speedy circuit of Findon Village before returning to the club.

Dave and I took the youngsters, with squealing brakes and some trepidation down to the A.24 and then back home. This, for many, was the longest bike ride they had ever undertaken.

All made it safely back and after some had been

transported back to the station to return to Littlehampton (thank you Dave Hudson and Bradley Walters), the rest enjoyed tea and cakes made by Andy, Christine and my wife Lynda , and all supplied by the superb organising skills of Jim and Connie Hughes.

An enjoyable evening was had by all and some new members too I think.

My grateful thanks to all those members who made all of this possible, Christine, Andy, Dave, Paul, backed up by Jim and Connie and Lynda, and not forgetting Dave Elson (mechanic).

Bob Withers

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#### EVENING TENS NO.SIX

1st	Pete Danckwardt	22.41	0.00	22.41
2nd	Andy Smith	23.09	0.50	22.19
3rd	Stuart Gibbs	23.23	1.40	21.43
4th	Kevin Spilman	23.44	2.00	21.44
5th	Dave Dallimore	23.56	1.10	22.46
6th	Marvin Lucas	24.32	2.10	22.22
7th	John Lucas	24.46	2.00	22.46
8th	Jason Buckley	24.52	3.40	21.12
9th	Bob Withers	24.54	3.10	21.44
10th	Don Lock	24.56	2.00	22.56
11th	John Poland	25.20	4.00	21.20
12th	John Gilbert	25.22	4.00	21.22
13th	Mike Gibbs	25.41	2.50	22.51
14th	Colin Toppin	26.08	4.20	21.48
15th	Ron Foster	26.14	3.20	22.54
16th	Dave Nightingale	26.18	4.30	21.48
17th	Jeremy Arnold	26.22	5.30	20.52
18th	Les Frost	26.23	5.30	20.53
19th	Steve Gumbrill	26.25	4.20	22.05
20th	Colin Miller	26.29	3.30	22.59
21st	Tony Palmer	26.31	3.40	22.51
22nd	Bill Procter	26.35	3.20	22.15
23rd	Dave Bacon	26.46	5.40	21.06
24th	Clive Goward	26.53	4.00	22.53



25th	Christine Barnett	26.55	4.50	22.05
26th	Mike Poland	26.58	5.30	21.28
27th	Keith Hall	27.04	5.30	21.34
28th	Keith Harmer	27.21	6.20	21.01
29th	Ben Hockett	27.22	6.30	20.52
30th	Les Cohen	27.23	6.30	20.53
31st	Pete Nightingale	27.29	5.50	21.39
32nd	Adam Syred	27.31	6.40	20.51
33rd	Nick Pigott	27.35	7.20	20.15
34th	Peter Kibbles	28.15	4.50	23.25
35th	Mike Stanbridge	28.57	6.10	22.47
36th	Alan Stepney	28.59	6.00	22.59
37th	Darren Stepney	29.27	8.30	20.57
38th	Sheila Lucas	29.45	8.00	21.45
39th	Roger Smallman	31.05	9.40	21.25
40th	Reg Searle (trike)	33.05	8.20	24.45

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#### EVENING TENS NO. SEVEN

1st	Pete Danckwardt	22.50	0.00	22.50
2nd	Andy Smith	23.20	0.50	22.30
3rd	Kevin Spilman	24.00	2.00	22.00
4th	Andy Lock	24.02	2.00	22.02
5th	Stuart Gibbs	24.08	1.40	22.28
6th	Marvin Lucas	25.07	2.10	22.57
7th	Don Lock	25.08	2.00	23.08
8th	Bob Withers	25.35	3.10	22.25
9th	John Gilbert	25.38	4.00	21.38
10th	John Poland	26.02	4.00	22.02
11th	Steve Gumbrill	26.20	4.20	22.00
12th	Mike Gibbs	26.21	2.50	23.31
13th	Colin Miller	26.27	3.30	22.57
14th	Les Frost	26.32	5.10	21.22
15th	Colin Toppin	26.43	4.20	21.23
	Jeremy Arnold	26.43	5.10	21.33
17th	Dave Bacon	26.49	5.30	21.19
18th	Bill Procter	26.56	3.20	23.36
19th	Keith Hall	27.31	5.30	22.01
20th	Mike Poland	27.37	5.30	22.07
21st	Peter Kibbles	27.56	4.50	23.06
22nd	Barry Shaw	28.30	5.40	22.50

23rd Christine Barnett	28.49	4.50	23.59
24th Mike Stanbridge	28.50	6.10	22.40
25th Alan Stepney	29.41	7.40	22.01
26th Darren Stepney	30.14	8.10	22.04
27th Sheila Lucas	31.04	8.00	23.04
28th Jeffrey Antram	31.23	8.50	22.33
29th Reg Searle (trike)	32.02	8.20	23.42
30th Roger Smallman	32.27	9.40	22.47
31th Sally Kingsland	37.13	13.30	23.43

### THE CLAPSHAW AND SHERWIN 25

This year this was held on the G939 course, reckoned to be a couple of minutes slower than the Chichester road course. With all the twists and turns and roundabouts, plus the lumpy bits, up to Findon, up Crockhurst, Castle Goring, and from Patching Pond, this is probably right, but it wasn't too bad on the morning and the times were generally quite good, remembering that the Club's faster riders were not competing.

Jason Buckley's ride was a fine effort, and as a junior and winner of the overall handicap, he now has to find room at home for two trophies - The Clapshaw and The Sherwin.

Mike Mansell forsook his trike for a while to revert to the standard two wheels and to gain a narrow victory over Steve Curry and, incidentally, to win the Post Office Regional Championship, which we allowed them to incorporate. Nice to know they are at least trying to speed the mail!

#### Full Result

1st. Mike Mansell	1.01.04	1.00	1.00.04
2nd. Steve Curry	1.01.14	SC	1.01.14
3rd. Don Lock	1.04.27	3.00	1.01.27
4th. John Lucas	1.05.08	2.30	1.02.38
5th. Bob Withers	1.05.10	3.30	1.01.40
6th. Marvin Lucas	1.05.18	4.00	1.01.18
7th. Jason Buckley	1.05.32	6.00	59.32
8th. John Poland	1.07.20	5.15	1.02.05



9th.	Les Frost	1.07.58	7.00	1.00.28
10th.	Clive Goward	1.08.16	5.30	1.02.46
11th.	Colin Miller	1.08.27	5.30	1.02.57
12th.	Dave Bacon	1.09.24	6.30	1.02.54
13th.	Chris Sweet	1.09.30	9.00	1.00.30
14th.	Alan Matthews	1.10.50	8.00	1.02.50
15th.	Tony Palmer	1.11.03	6.00	1.05.03
16th.	Mike Poland	1.11.19	7.30	1.03.49
17th.	Les Cohen	1.12.42	12.00	1.00.42
18th.	Christine Barnett	1.13.05	9.30	1.03.35
19th.	Sheila Lucas	1.18.25	17.30	1.00.55
20th.	Mike Stanbridge	1.20.53	15.30	1.05.23

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### **CENTENARY PENS**

Yes, after ties and car stickers, we now have a nice line in Sheaffer pens at £2. Clive Goward will have them at the Club room or contact the Editor- he'll take money off anyone.

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### **CLUB BEST ALL ROUNDER CLAIMS**

The season will probably be over by the time the next Mag hits the streets so a plea from your Time Trial Secretary that you then let him have details of all your best times and distances and for the veterans your date of birth

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### **ANOTHER RECORD**

Big Pete Danckwardt smashes out a time of **20.50** on the U4 course near Swindon in the Clarence Whs. promotion. Congratulations. Date 4th July.

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### **BUILDING FUND**

We have now reached £2735 - Can we make £3000 by the end of our Centenary Year?

