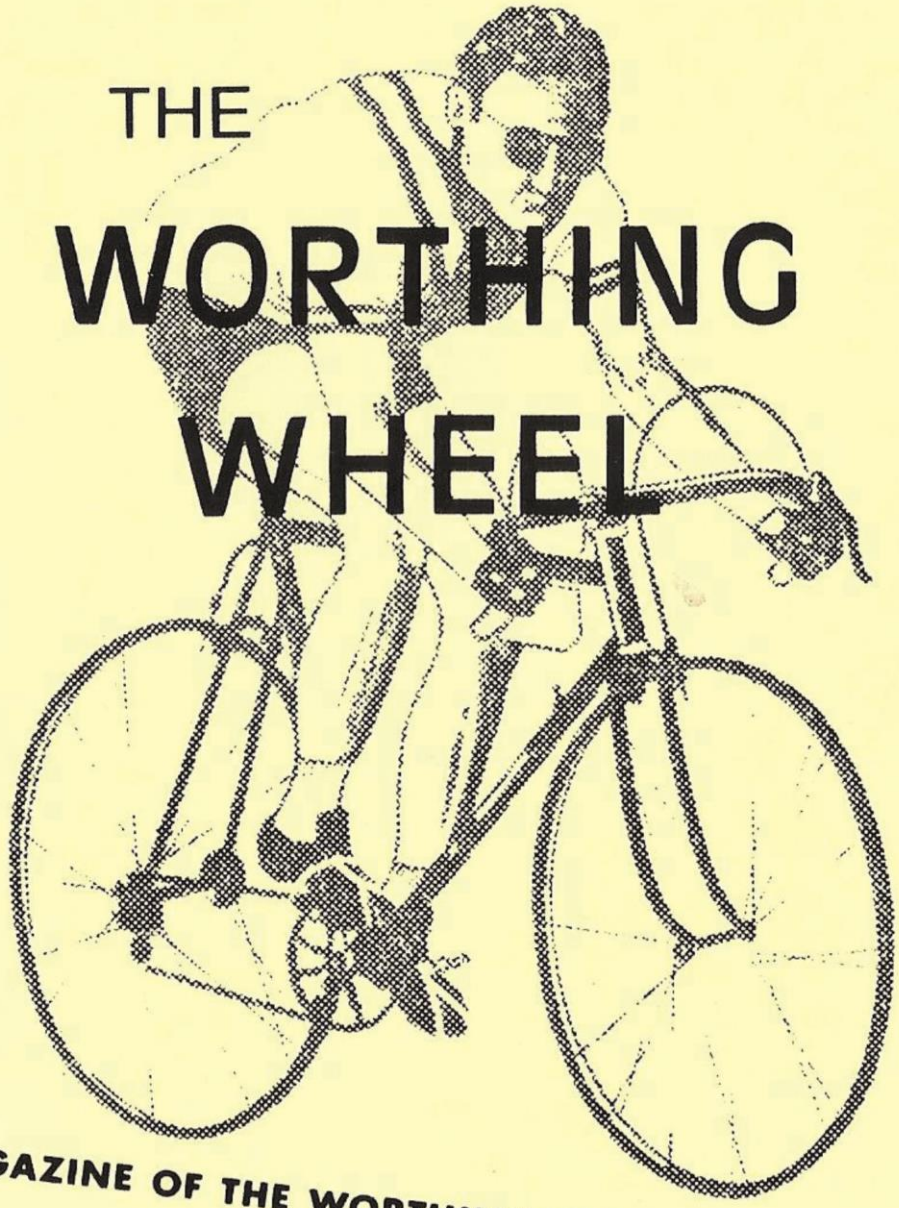
THE WORTHING WHEEL



MAGAZINE OF THE WORTHING EXCELSIOR CYCLING CLUB

SUMMER 1984 VOL. 17 No. 2

THE WORTHING WHEEL

SUMMER 1984

The journal of the Worthing Excelsior Cycling Club having its Clubroom at Broadwater Parish Rooms, Broadwater Green, Worthing and meeting every Tuesday between 7.30.p.m. and 10.p.m.

President:	Ray Douglass, 25 Guildford Road Worthing. Tel.Worthing 38686
Chairman:	Tony Palmer, 23 Brentwood Cres, Hollingdean, Brighton. B'ton.558597
Secretary:	John Mansell, 3 Walesbeech, Furnace Green, Crawley. Crawley 35757.
Treasurer:	Roger Smallman. 25 Melrose Avenue Worthing.
Club events Secretary:	Paul Toppin 81a Chapel Road, Worthing.
Press Secretary:	Mike Stanbridge, 30 Hudson Close, Worthing. Bus.Tel.B'ton.209262.
Runs and Touring Sec:	Bradley Walters. 29 Ashurst Drive, Goring, Worthing. Tel.Wor.504119.

The opinions and comments expressed in this magazine are the opinions and comments of the individual contributors, and are not necessarily the view of the Worthing Excelsior Cycling Club or of its General Committee.

Editor: Don Lock, 7 Welland Road, Worthing. Tel.Wor.62724.

WHERE DO THEY GO ?

A special Worthing Wheel investigation has been carried out to see where and how all this training is done. We hear so much about it but we believe its all just a lot of talk really. In this issue we include some of our early findings. If you can add to this enquiry please let us know:-

Andy Smith does his training at G.C.R.I. The board at the entrance says 'Ground Crops Research Institute' but reliable information suggests it is more likely ' Grovel Cyclists Rehabilitation Institute' which changes after a period of corrective training to ' Gosh cycling really invigorates'.

Mike Mansell's training is in two parts - there's the regular daily bending of a few railway lines round his nose, and there's his work miles, covered in true C.T.C. style - through the lanes at 25mph. This is very difficult to observe due to the merging of the 'Green Spot' against the backcloth of hedges and trees.

Paul West is another species not easy to spot out training, but the experienced tracker can usually find out where he has gone with the odd discarded tub, mudguard bolts, ...

John Grant is seldom seen out training. He says his slippers just will not take the shoe plates.

Angela Walker is sadly missing from the training scene - busy with the washing- the ironing- the cooking- the housework.....

Peter Kibbles is seen out occasionally but a lot

of his preparation is spent at John Spooners discussing the technical details of his next (will it be aerodynamic or even low profile?) frame.

Graham Tooley's training is a sort of interval training on a post office bike - dashing from gate to gate. Some of it is only second class and only a little is express. (No record-Ed.)

Very few sightings are reported of Nick Lelliott but with experience and patience the determined spotter has learned to pick him up behind passing cars, particularly Porsche, Ferrari or Jaguar.

Ray Douglass still gets in some training and can measure a 12 hour course in half a day. A 100 though takes a little longer? It is noted that a blue Mini frequently interferes with the famed Douglass mile eating.

Tony Palmer sneaks out in a car to avoid the embarrassment of pushing his bike home up the 1 in 4 of Brentwood Crescent. At the time of writing he is observed about a minute down on John Lucas but is said to be working on it.

You don't see much of Dave Dallimore training but the story is that he does it taking people round to view houses. He's been seen with elderly couples tucked in behind (Messrs Holden Dodman and Lock deny being involved). With Dave his training is obviously a key factor.

Not a great deal of opportunity or observing Bill Procter, well he's so aerodynamic, even keen eyed timekeepers have been known to miss him and take a finish time from the tea lady

with Bill, of course, it's just one big revolution!

Paul Toppin doesn't seem to get out quite so much - complains of lack of time - busy with the washing- the ironing- the cooking- the housework and my you should see him with a Tesco's trolley!

Tony Goodsell seems to do most of his training north of the Downs and nearly all of it before breakfast. One hour every morning - but then an hour doesn't take him as long as most of us does it.

John Mansell does very little training for he's not a racer anymore. He works for Rediffusion and his performances these days are just simulated. He is however showing a lively interest these days in the randy knee events.

You don't see a great deal of Bradley Walters out on the training sessions - but then there's not a great deal of Bradley to see...

All of Roy Holden's training is done disguised as a Bank Manager and on the way to work.

Stuart Gibbs training is not done on the bike at all. It's a progressive type of training - as he gets faster his Dad tightens the knobs on the television.

Infra red cameras are being used to try and observe the training habits of Coachy Mike Gibbs for it is believed he only goes out after dark.

Andrew Lock takes his training very seriously half wheeling his Dad, and digging holes in football grounds with his knees....?

John Grant is the only one to have spotted our Ed. out training, for according to John, he

doesn't keep still long enough. In fact he'll go out quite frequently if he can solicit a back wheel.

****

1984 EVENING TENS SERIES

No.1. 3rd May

1st.	Paul Toppin	23.22.	0.05.	23.17.
2nd.	Roy Holden	23.27.	Sc	23.27.
3rd.	Richard Knight	23.49.	0.40.	23.09.
4th.	Andy Smith	23.55.	1.10.	22.45.
5th.	Mike Coyle	24.02.	0.40.	23.22.
6th.	Stuart Gibbs	24.07.	0.45.	23.22.
7th.	Graham Tooley	24.35.	1.30.	23.05.
8th.	John Lucas	24.57.	3.30.	21.27.
9th.	Mike Mansell	25.07.	2.00.	23.07.
10th.	Paul West	25.23.	3.00.	22.23.
11th.	Ian Leeding	25.59.	4.15.	21.44.
12th.	Tony Palmer	26.02.	3.15.	22.47.
13th.	Jonnie Betteridge	26.04.	3.30.	22.34.
	Robin Holden	26.04.	4.00.	22.04.
15th.	Stephen Jukes	26.06.	3.00.	23.06.
16th.	Mike Kennard	26.11.	3.30.	22.41.
17th.	Robert Downham	26.18.	3.50.	22.28.
18th.	Keith Laker	26.43.	4.00.	22.43.
19th.	Bradley Walters	26.45.	8.00.	18.45.
20th.	Jeff Russell	26.53.	3.20.	23.33.
21st.	Bill Procter	26.54.	4.20.	22.34.
22nd.	Ken Atkins	27.12.	3.15.	23.57.
23rd.	Tom Lainsbury	28.04.	5.40.	22.24.
24th.	Peter Kibbles	28.08.	6.50.	21.18.
25th.	John Wiseman	28.11.	7.00.	21.11.
26th.	Peter King	28.54.	5.30.	23.24.

27th.	Peter Aslett	29.24.	5.00. 24.24.
28th.	Mike Stanbridge	30.21.	5.00. 25.21.
29th.	Angela Walker	30.45.	8.00. 22.45.
30th.	Reg Searle	32.04.	10.00. 22.04.

****

THE STONE BY THE ROADSIDE

By Mike Mansell

Everything had been going along quite nicely. What harm had I done? Why pick on me? There I was standing in the Clubroom contentedly chewing on a Mars bar, when Paul Toppin approached me at a purposeful rate. I knew then that my luck had changed. How would you like to go to Lands End and back with me, Andy Lock and Keith Dodman he said. Well how would you feel? These blokes are no slouches. The're the sort of people that get picked out at the end of an event. "So that's Keith Dodman. He doesn't look particularly fast does he" or " that must be Andy Lock"as he comes past you after about two minutes of the evening ten. Or " I suppose Paul Toppin's fastest?" as you crane to see the result board at the finish. "Yes" I said, " I'd love to go" Reaching instinctively for another Mars bar.
I'd like to be able to relate to you how we covered each mile of the trip. What time we entered Lyme Regis and the colour of the curtains in the digs in Falmouth. Unfortunately I can't do that. Prolonged oxygen starvation (or is it just old age) has made retention of

these things difficult.
It was early on the third day, Easter Saturday, that I struck upon what I thought could be the theme for this tale. We had just freewheeled out of the drive of our digs in Fowey. Our muscles reluctant to get going. We had breakfasted well and won the battle to get Andy's saddlebag strapped to his bike. Turning up the hill away from the town and with the day's sun warming our backs we started westwards once more. Before we had tightened our straps Keith had stopped to read an inscription on a stone by the roadside. The stone records and reminds us of the legend of Tristan and Isolde. A medieval story about an eternal human emotion; love. It was the stone that set me thinking about how these stories and legends are founded, embellished and enlarged over the passing of time. When in later years I turn to memories to amuse my grandchildren, what would I remember. What would they tell their grandchildren.
I remember the feeling on the first day. That mixture of excitement and uncertainty. Would I last the distance? Would I keep up? Our lunch stop that day was Wimborne Minster and Andy very obligingly provided the finale to an extremely pleasant meal by questioning his bill. Now I'm terrible for remembering numbers but I shall never forget that "How much! £4.80! It was like a scene from a Clint Eastwood western. It went quiet, his eyes narrowed, for a moment I thought he would sweep the bar clean with one swipe of an arm. He reached for his pen and cheque book.

Paul turned away stifling a laugh with an impersonation of someone standing the wrong side of a bonfire. I can see images now of moments held like a frozen film. We'd left Exeter midday on the second day. The road was filled with traffic six lanes wideas if gold had just been discovered in Cornwall. To my horror I realised that we had to cross from one side to the other to take the right hand fork for Plymouth. I looked behind for a gap to pull over and started sweating even more than I had done before.

We reached Lands End early afternoon on the third day. The sun had shone continuously. I'd realised by this time that I was not going to get left behind and that when I got back I might have a crack at Mosers hour record. We went to look at the sea crashing against the rocks and posted the traditional cards. Then it was " saddle up gentlemen, we've another forty miles to go yet".

I've lost track of all the different places that we stopped at. Every now and then I get a picture, a scene returning to my memory. Four sweating fly speckled cyclists strolling in to the foyer of a small town Hotel for elevenses. Where was it Bodmin, Taunton ? Who knows ?

I wont forget the mad sprints for the County boundaries. The town signs at elevenses, lunch, afternoon tea and of course the day's destination. Our last overnight stay was Devises. It was here that we met the mighty figure of Angela, come to meet the returning travellers. The journey was

coming to an end. I never thought it would. We indulged in a final evening meal. We drank wine and talked of where we had been. It was my birthday that day and that just seemed to complete it all for me.
If in years to come you see a stone by the road side, perhaps it will say this:- " At this spot the famous hill climber Keith Dodman, got off his bike to walk." Or at a boundary sign for a certain west country town; "The legendary cyclist Paul Toppin won a sprint for this sign in Easter 1984"., and above the door of a pub in Wimborne would be the words; "It was at this pub in 1984 that Andy Lock had to pay £4.80 for midday lunch" Well perhaps the ride wont become one of the great new legends, but I do know that it will be a long time before I enjoy myself as much again. And if one of the famous three comes up to you and says "How do you fancy going to .....
Pack a few Mars bars and go.

****

ADVANCE NOTICE : THE CLUB'S ANNUAL DINNER DANCE AND PRIZE PRESENTATION WILL THIS YEAR BE AT THE CHATSWORTH HOTEL, THE STEYNE, WORTHING ON 10TH NOVEMBER. GUEST SPEAKER IS GLEN LONGLAND OF THE ANTELOPE RACING TEAM THE HOLDER OF THE TWELVE HOUR RECORD WITH 287 MILES. TICKETS WILL BE PRICED £8 AND WILL IN DUE COURSE BE AVAILABLE FROM DINNER ORGANISER ROGER SMALLMAN.

****

Congratulations to Richard Shipton for a new Club record at 30 miles. His time of 1.8.19 was done on 10th June in the Essex Roads C.C.event.

****

1984 EVENING TENS SERIES

No.2. 10th May

1st.	Paul Toppin	23.18.	Sc.	23.18
2nd.	Andy Smith	23.28.	0.25	23.03
3rd.	Roy Holden	23.45.	0.05	23.40
4th.	Andy Lock	24.03.	0.15	23.48
5th.	Mike Coyle	24.18.	0.40	23.38
6th.	Stuart Gibbs	24.24.	0.45	23.39
7th.	Richard Knight	24.53.	0.30	24.23
8th.	Graham Tooley	24.57.	1.30	23.27
9th.	Mike Mansell	25.01.	1.45	23.16
10th.	John Lucas	25.06.	1.25	23.41
11th.	Paul West	25.19.	2.00	23.19
12th.	Jonnie Betteridge	25.43.	2.30	23.13
13th.	Mike Kennard	25.47.	2.50	22.57
14th.	Steve Jukes	25.49.	2.45	23.04
15th.	Robin Holden	26.01.	2.45	23.16
16th.	Tony Palmer	26.09.	2.45	23.24
17th.	Robert Downham	26.27.	3.00	23.27
18th.	Keith Laker	26.49.	3.20	23.29
18th.	Mike Gibbs	26.49.	3.40	23.09
20th.	Ian Leeding	26.51.	2.20	24.31
21st.	Bradley Walters	27.06.	3.30	23.36
22nd.	Ken Atkins	27.15.	3.40	23.35
23rd.	Mike Poland	27.21.	5.45	21.36
24th.	Jeffery Russell	27.48.	3.30	24.18
25th.	Tom Lainsbury	27.49.	4.40	23.09
26th.	John Wiseman	28.10.	4.50	23.20
27th.	Peter Kibbles	28.31.	4.50	23.41
28th.	Peter King	28.56.	5.30	23.26
29th.	Peter Aslett	29.11.	6.05	23.06
30th.	Angela Walker	30.52.	7.35	23.17
31st.	Reg Searle	32.14.	9.15	22.59

***

GEORGE MATTHEWS

A lot of our members will remember George, some will say, "once known,never forgotten". George went out to South Africa to live with his parents in 1978 and Sussex cycling lost a great character. The following is taken from a South African newspaper cutting which has recently come into our hands.

" George Matthews rides his "pedal pusher" seven days a week.
So guess how he is going to spend this weekend?
A coconut for that person who said "riding his bike"
Thirty-one year old George started riding his bike seriously in Worthing,Sussex,England, at the age of fourteen.
And as far as Sussex medals are concerned,by the time he came out here he had won 14 championship medals, and was five times track league champion.
In 1975 he moved to France for a year where he spent his time riding as an amateur. "Not working,just riding."
Since he has been here he has won gold medals for South Transvaal track championships, and also a gold for the road title.
Now read on...
This afternoon, at about 4.30 George will be leaving the cycling business where he works in Main Street Johannesburg, and will be riding the 20km home to Edenvale.

Once there he will be having a big plate of pasta.("As race food.Ieat a lot of pasta.")
After that he will check his bike and then watch television.
Tomorrow morning it will be a ride into work.
He will be leaving the business at about 11, because every Saturday afternoon he races.
Tomorrow he will be racing 130km at Bapsfontein.
In the evening he will relax.
On Sunday morning he has another race scheduled
This time it is the 104km United Century Ride organised by the Cresta Wheelers.
There is a staggered start from 7 to 8 a.m. from the Banbury Cross Tea Gardens in Randburg.
It is a hilly courseand the organisers are offering a pair of beer mugs for the rider who completes the course in less than three hours. "It's quite a challenge," says he.
"Do you think you will do it?" asks I.
"What a question. But of course. Can't let the lads down."
And if he wasn't racing this Sunday morning, what would he be doing instead?
Going on a training ride for four to five hours - covering between 100 and 200km.
He will then either spend the evening at home, or ride to his parents home for a meal.
Then it will be on his bike for home.
And here was I thinking that weekends were meant for relaxing. "

****

SUPERVAN It's rumoured that Dave Hudson's van is to get the new Ford Transit treatment. It will be fitted with a Ford-Cosworth engine giving 590bhp. The acceleration is slightly improved with 0 to 60 in less than 3 seconds and 100 m.p.h. in 6.5.seconds. A demonstration model has lapped Silverstone at an average speed of 109 m.p.h. so Dave is reducing his estimated times to courses as follows: Q10/19 - 30 minutes, E72 - 50 minutes and the Borough- well that will take a little longer. Costings will however be up. Fuel consumption is 6 m.p.g. and we should add that with the enormous engine mounted in the back - sorry - there's no room for bikes.

****

1984 EVENING TENS SERIES

No.3. 17th May

1st.	Paul Toppin	23.03	Sc	23.03
2nd.	Andy Smith	23.24	0.10	23.14
3rd.	Roy Holden	23.35	0.25	23.10
4th.	Andrew Lock	23.41	0.45	22.56
5th.	Mike Coyle	23.53	1.00	22.53
6th.	Richard Knight	24.20	1.35	22.45
7th.	Graham Tooley	24.25	1.40	22.45
8th.	Mike Mansell	24.37	1.45	22.52
9th.	Jonnie Betteridge	25.10	2.25	22.45
10th.	Tony Palmer	25.20	2.50	22.30
11th.	Paul West	25.23	2.00	23.23
12th.	Robin Holden	25.32	2.45	22.47
13th.	Steve Jukes	25.35	2.30	23.05
14th.	Alan Orman	25.39	2.00	23.39
15th.	Mike Kennard	25.54	2.10	23.44
16th.	Ian Leeding	26.03	3.45	22.18

17th.	Mike Gibbs	26.13	3.30	22.43
18th.	Robert Downham	26.14	3.10	23.04
18th.	Jeff Russell	26.14	4.30	21.44
20th.	John Gilbert	26.19	5.30	20.49
21st.	Bradley Walters	26.26	3.50	22.36
22nd.	Colin Miller	26.44	3.30	23.14
23rd.	Bill Procter	26.49	3.35	23.14
24th.	John Lucas	26.55	1.45	24.10
25th.	Keith Laker	26.56	3.30	23.26
26th.	Ken Atkins	27.00	3.55	23.05
27th.	Mike Poland	27.18	4.05	23.13
28th.	John Wiseman	27.53	4.50	23.03
29th.	Peter King	28.00	5.40	22.20
30th.	Peter Kibbles	28.16	5.15	23.01
31st.	Peter Aslett	28.31	5.50	22.41
32nd.	Mike Stanbridge	29.08	7.00	22.08
33rd.	Angela Walker	29.37	7.35	22.02
34th.	Christine Barnett	29.43	6.15	23.28
35th.	Charlie Brazier	29.56	7.15	22.41
36th.	Betty Cox	30.37	5.30	25.07

********** ******

CB AND CYCLING

Most bikies have a second hobby to while the hours away when we're not taking our bikes apart and putting them back together again, or just riding them.

My main one is digging through old newspapers and minute books to piece together the Worthing Excelsior's history, which involves sitting at the typewriter in my back room for long periods. Using Schnozzle Durante's theory that your left foot can be keeping time and cracking walnuts

(I gotta eat too!), I'm also a REACT monitor.

"A WHAT ?" I hear you cry..... I said "I'm also a REACT monitor". REACT (it stands for Radio Emergency Associated Citizens' Teams) is a nationwide organisation of responsible and public spirited CB radio users, which I got involved with quite by chance. I was listening to channel 9 (which is conventionally reserved for emergency radio traffic only) and was able to help a lady whose husband had collapsed - she didn't have a telephone, and her husband's CB radio was her only link. I telephoned their doctor, who turned out and dealt with the situation. As a result, the local REACT group invited me to join.

Most of the voluntary work we do is quite simply to monitor channel 9, usually on a shift basis. This is no great hardship, as it usually means just having your CB radio switched on to that channel, while you do whatever else you want to - my shift is usually from 8-12 p.m. on Fridays, when I'm doing my research, plus any other evenings when I'm working at the 'tripewriter' If a call comes up, for example a mobile CB user reporting a traffic accident, our task is simply to get the details down quickly and accurately, and pass them to the appropriate emergency service. Most of the time you're listening to nothing, but you don't know what is likely to come up. That's it really - a home based link between the CB user and the emergency services, including the RAC and AA.

The other side of REACT work is the one which

might interest event organisers - the marathon, the vicarage fete, even the more genteel pursuits like bike racing, quite often can be run more smoothly with the aid of radio communications. The milk race, for example, has CB in most of the vehicles(listen to channel 36 when next year's race comes your way), and the Worthing Marathon organisers use Worthing and District REACT for their communications, with radio equipped marshals at key points.

Alan Limbrey had the idea of using radio communications when he ran the Vets' Championship "10" this year; event HQ was Horsham Park, while the finish was out on the Horsham by-pass. I'm not sure whether he was worried about the effect on his veterans of having twelve year olds sprinting past them with bits of paper as they pottered back to Horsham Park, or whether he simply wanted to streamline his results service. Anyway, we put a radio at the turn, one at the finish,and one by the result board, and it worked quite well: generally by the time a rider got back, parked his bike,and got his cuppa, his time, standards as well, were on the board. On top of this, Mid-Downs REACT team were monitoring channel 36 in case of emergencies, a service which happily proved unnecessary. I think Alan was well pleased with our efforts, and bunged us a donation for club funds.

Worthing Excelsior have used radio successfully for four events recently - it's not really that important on the G.938, where the finish and the result board are not too far apart, but if there's

any distance between them, it's quicker and there are the safety aspects of not needing runners between the two points, and of having quick access to the 999 service in case of accident.

If you're running an event, and think that radio would be of help, contact your local REACT team - they'll be happy to help, and all they ask in return is a free cuppa, a mention in the start and result sheets, and if your event has any loot left after paying out all those extravagant prizes that Mr.Ballard complains of, a quid or so towards their team funds.

PENNY FARTHING
alias WORTHING REACT
UNIT 23
alias JOHN GRANT

Anyone wanting more details on this can contact John on Worthing 66199. (Ed.).

FLYING VETS!!

After hearing of Paul Toppin's short 55 on the P201, we rushed to enter on this super-fast course.

We arrived on a perfect warm June evening at the top of the fast downhill start. Tony Palmer off first of the four, next Mike Gibbs followed by Bill Procter with Mike (I've ridden here before and done a two) Kennard off No.85.

The evening was super-fast with a light n.w. wind making the trip down to Bournemouth ultra fast.

Tony Palmer, getting faster as the season

has progressed, stormed in with a short 52, followed by Mike Gibbs with a longish 53 and Bill Procter with a long 52 (are we now the Club's 3 Super Super Vets - watch out Alf Engers and Mike Ballard !!) then Mike (my crank came loose otherwise I was on a 51) Kennard.

What a fast night, 90 riders all under the hour. Eat your hearts out the Toppins and Shiptons.

THREE VETS

P.S. Did we forget to mention the course was shortened to 20.2 miles.

1984 EVENING TENS SERIES

No.4 24th May

1st.	Dave Dallimore	23.19	0.15	23.04
2nd.	Mike Coyle	23.22	0.50	22.32
3rd.	Andy Smith	23.31	0.20	23.11
4th.	Andrew Look	23.38	0.35	23.03
5th.	Roy Holden	23.43	0.30	23.13
6th.	Richard Knight	23.48	1.15	22.33
7th.	Graham Tooley	24.52	1.20	23.32
8th.	Mike Mansell	24.55	1.35	23.20
9th.	Jonnie Betteridge	25.18	2.05	23.13
10th.	Paul West	25.24	2.20	23.04
11th.	Tony Palmer	25.46	2.15	23.31
12th.	Ian Leeding	25.56	3.00	22.56
13th.	Bill Procter	26.02	3.45	22.17
14th.	Jeff Russell	26.13.	3.10	23.03
15th.	Mike Gibbs	26.16	3.10	23.06
16th.	Robert Downham	26.17	3.10	23.07
17th.	Colin Miller	26.34	3.40	22.54
18th.	Bradley Walters	27.02	3.20	23.42
19th.	Peter Kibbles	27.38	5.15	22.23

20th.	Tom Lainsbury	28.13	4.20	23.53
21st.	Peter King	28.14	4.55	23.19
22nd.	Peter Aslett	28.21	5.25	22.56
23rd.	Stephen Cox	28.36	10.00	18.36
24th.	Mike Stanbridge	28.44	6.05	22.39
25th.	Tony Butler	28.55	5.00	23.55
26th.	Betty Cox	30.15	7.35	22.40
27th.	Reg Searle	31.52	8.55	22.57

- - - - - - - - - - - -

A DAY TRIP TO TOWCESTER

6.15 a.m. May 5th and five sleepy persons, Dave Hudson never seems to be sleepy, set off for Towcester. Another trip to see Derek and Sarah Smith. The party comprised Paul Toppin, Angela Walker, Chris Beckingham and myself. Also Sarah's Dad, Bill Webb (no bike) and of course Dave.

Dave had Chris as company in the van and took all the bikes,while Paul had his car and carried the rest of us. We arrived at Towcester just before ten having stopped on the way for breakfast at a Little Chef where we were served by the only waitress and the postman!

The bikes were soon unloaded and with Derek and Dave leading we were on our way by 10.15. We were quickly into the lanes and rolling along in lovely countryside. Wappenham, Helmdon and Greatworth were passed through and then after a short climb we could see Banbury in the distance. We had been in the saddle for 1¼ hours and had covered about 18 miles to Banbury. The roads were now bustling with traffic as we

entered the town and made our way to the cafe. Being in Banbury we all partook of a couple of rounds of Banburys with our tea or coffee and were soon back on the road well refreshed. A time check showed it was just after twelve.

We struck south westerly now through Tadmarton and climbed a long hill which, with the heat, soon had a few shirts removed. Sunstroke was also affecting some - Chris started talking to some cattle! We were heading now for Rollright which is not far from Chipping Norton. We had lunch at The Unicorn and then took the opportunity to have a look at the Rollright Stones erected about 1300 B.C. (any relation to the Rolling S..... No I don't suppose they are Ed.)

Now it was back easterly, and a good hour and a half before our next stop at Deddington for ice creams and more teas. Deddington is one of the places in England which seems to be occupied by the american forces.

It was 26 miles back to Towcester and our riding took us through Charlton, Syresham and Wappenham again. We were back to Derek and Sarah's by 6.30 and they had a smashing meal laid on for us.

We departed around 8.30 and had an incident free journey back to Worthing. Many thanks to Derek and Dave for an interesting and very enjoyable day, and, particularly to Sarah for the super meal.

Bradley Walters.

NOTICE Additional to the runs lists. On Friday evenings, commencing on 3rd August there will be a run from the Clubroom leaving at 7 p.m. The run will be short and refreshments will be at a local hostelry ! Points - not pints - will be awarded to count towards the Club runs trophy

---

COMBINED RESULT OF 2-UP TEN AND 2-UP TWENTY FIVE ON 21ST AND 26TH JUNE 1984

1st.	Richard Shipton Andrew Lock	22.10	56.29	1.18.39
2nd.	Stuart Gibbs Andy Smith	22.50	57.14	1.20.04
3rd.	Richard Knight Graham Tooley	23.02	58.59	1.22.01
4th.	Colin Miller Don Lock	23.47	60.52	1.24.39
5th.	Mike Gibbs Tony Palmer	24.41	62.32	1.27.13
6th.	Jeff Russell Mike Kennard	24.23	62.55	1.27.18
7th.	Robert Downham Ian Leeding	24.47	64.16	1.29.03
8th.	Bradley Walters Jonnie Betteridge	25.07	64.04	1.29.11
9th.	Bill Procter Keith Laker	26.41	63.58	1.30.39
10th.	Mike Mansell John Mansell (trikes)	25.46	65.08	1.30.54
11th.	Peter Aslett Peter Kibbles	27.12	70.26	1.37.38

Other rides included Alan Orman/John Gilbert 24.47 Christine Barnett/Dave Elson 26.30 and Charlie Brazier/Mike Stanbridge 27.45 in the ten, and Dave Dallimore/Mike Jones 57.39 in the 25. Christine Barnett recorded 1.10.56 in a solo

ride in the 25 which, had it not been just a 'private time trial' would have been a new club ladies record.

RESULT OF CLUB 50 CHAMPIONSHIP

1st.	Richard Shipton	1.59.04. 4.30	1.54.34
2nd.	Roy Holden	2.02.01. 9.00	1.53.01
3rd.	Keith Dodman	2.02.20. 9.30	1.52.50
4th.	Andy Smith	2.04.28. 5.30	1.58.58
5th.	Andrew Lock	2.05.27. 9.00	1.56.27
6th.	Don Lock	2.06.52.10.00	1.56.52
7th.	Mike Mansell	2.09.02.16.00	1.53.02
8th.	Mike Gibbs	2.16.37.24.00	1.52.37
9th.	Keith Laker	2.16.40.22.30	1.54.10
	Tony Palmer	2.16.40.22.30	1.54.10
11th.	Mike Kennard	2.19.10.20.30	1.58.40
12th.	Bill Procter	2.21.29.24.00	1.57.29
13th.	Reg Searle	2.33.45.33.00	2.00.45
14th.	Mike Stanbridge	2.38.09.32.00	2.06.09

Very much the fastest Club 50 championship in our history and well done Richard in getting a sub-two hour ride recorded on the trophy. The event was as usual incorporated in the S.C.A. promotion, which was in accordance with our advertised 1984 programme. It is to be regretted therefore that Derek Boughey who rode the event did not enter the Club championship. He returned a fine 2.12.35 and would have won the Club handicap award by a considerable margin.

****

1984 EVENING TENS SERIES

No. 5. 31st May.

1st.	Paul Toppin	23.11	SC	23.11
2nd.	Dave Dallimore	23.12	0.10	23.02
3rd.	Andy Smith	23.17	0.20	22.57
4th.	Roy Holden	23.35	0.30	23.05
5th.	Andrew Lock	23.47	0.30	23.17
6th.	Stuart Gibbs	24.00	1.05	22.55
7th.	Mike Mansell	24.11	1.45	22.26
8th.	Paul West	25.18	2.15	23.03
9th.	Steve Jukes	25.37	2.30	23.07
10th.	Ian Leeding	25.41	2.45	22.56
11th.	Keith Laker	25.59	3.50	22.09
12th.	Jonnie Betteridge	26.00	2.10	23.50
13th.	Jeff Russell	26.20	3.00	23.20
14th.	Bill Procter	26.30	2.50	23.40
15th.	Robert Downham	26.37	3.05	23.32
16th.	Bradley Walters	26.44	3.50	22.54
17th.	Peter King	27.36	5.05	22.31
18th.	Peter Kibbles	27.48	4.30	23.18
19th.	Tom Lainsbury	27.53	5.00	22.53
20th.	Peter Aslett	28.34	5.10	23.24
21st.	Christine Barnett	28.37	6.40	21.57
22nd.	Mike Stanbridge	28.46	5.35	23.11
23rd.	Angela Walker	30.42	6.35	24.07
24th.	Clive Goward	30.50	5.30	25.20
25th.	Reg Searle	31.17	8.40	22.37

THE SUSSEX C.A. 25MILES TEAM CHAMPIONSHIP

Would we win it again ? We had thrown down the challenge and we had lined up our best possible team. When we had done the challenging

though we were really getting at the Central Sussex, to try and get them to put out their best. We didn't have much hope that the Etoile would field a team and ..... we were not perhaps thinking of Lewes at all !

Sunday 29th April saw the event allegedly restored to the sporting course - in view of traffic lights scattered over various parts of the course - I for one found it distinctly unsporting, however it was back to a start and finish in the Cowfold area. The promoter is to be congratulated at sorting a course at all out,even if that first stretch to Ansty was a hell of a grovel for most of us.

By that date in the 1984 season a certain Tony Deacon from Lewes had began to make a name for himself - in the simplest way - he had just won everything he had ridden. In his wake other wanderers were going noticeably faster. Was there a threat from this source?

We had Nick Lelliott back in the team and we had new recruit Tony Goodsell. These were backed by stalwarts Paul Toppin, Roy Holden and Andrew Lock. Competition for these six places was strong and those who did not quite make it nevertheless looked a good bet for the 'B' team prize, they were:- ex Brighton Mitre rider, Dave Dallimore, Keith Dodman, Stuart Gibbs and yours truly. We also managed another 11 entries to make four 'B' teams in all.

The start sheet showed that Central had a strong team Paul James, Paul Lipscombe, Colin Tamon, Don Awcock, Adrian Jones and Keith Bulmer.

It also showed that Deacon for Lewes was backed by Simon Barnes, Martin White, Andy Attwood, Matthew Rabbetts and J.Bridger. So that was the opposition.

In the result, no one could match a really superb ride from Tony Deacon who covered the course in 58.02. We replied with second fastest, Tony Goodsell in 1.0.40, but that immediately left us 2.42 in arrear, while Central took third fastest individual with Don Awcock's 1.1.23, a further 43 seconds down. An inspired Simon Barnes with 1.1.45 was 5 seconds too good for Paul Lipscombe and another 5 seconds ahead of Nick Lelliott. Good packing from the Central saw them overhaul us as Paul Toppin, Andrew Lock and Richard Shipton failed to produce quite the top form rides that were required.

It was in my opinion one of the best really competitive Team Championships for very many years. O.K., so we were relegated to third but not without a fight and there's always next season. Now what about the Velo Club Etoile / Merchants - Oh! I forgot - they can't ride time trials - How's that for a challenge....!

Result:

A Teams 1st. Lewes Wanderers

T.Deacon	58.02.
S.Barnes	1.01.45.
M.White	1.03.02.
A.Attwood	1.04.47.
	4.07.36.

2nd. Central Sussex

D.Awcock	1.1.23
P.Lipscombe	1.1.50
P.James	1.1.59
C.Tamon	1.2.55
	4.8.07

3rd. Worthing Excelsior

A.Goodsell	1.0.40
N.Lelliot	1.1.55
R.Shipton	1.3.18
W.Holden	1.3.44
	4.9.37.

B. Teams

1st. Worthing Excelsior

K.Dodman	1.5.42
D.Dallimore	1.6.01
D.Lock	1.6.59
	3.18.42

****

1984 EVENING TENS SERIES

No.6. 7th June

1st.	Paul Toppin	23.22	SC	23.22
2nd.	Andy Smith	23.31	0.05	23.26
3rd.	Dave Dallimore	23.46	SC	23.46
4th.	Roy Holden	23.52	0.25	23.27
5th.	Stuart Gibbs	23.56	0.50	23.06
6th.	Andrew Lock	24.06	0.35	23.31
7th.	Mike Mansell	24.13	1.00	23.13
8th.	Steve Jukes	25.45	2.30	23.15
9th.	Tony Palmer	25.49	2.35	23.14
10th.	Robert Downham	26.02	3.25	22.37

11th. Bill Procter	26.13	3.20	22.53
12th. Jeff Russell	26.15	3.10	23.05
13th. Keith Laker	26.23	3.50	22.33
14th. John Gilbert	26.33	3.15	23.18
15th. Ian Leeding	26.34	2.30	24.04
16th. Mike Gibbs	26.36	3.05	23.31
17th. Mike Kennard	26.47	2.50	23.57
18th. Bradley Walters	26.58	3.35	23.23
19th. Colin Miller	27.01	3.25	23.36
20th. Peter Kibbles	27.40	4.40	23.00
21st. John Wiseman	27.59	4.50	23.09
22nd. Peter King	28.14	4.25	23.49
23rd. Christine Barnett	28.23	5.30	22.53
24th. Peter Aslett	28.25	5.25	23.00
25th. Mike Stanbridge	29.29	5.35	23.54
26th. Angela Walker	29.44	7.30	22.14
27th. Charlie Brazier	29.48	6.50	22.58
28th. Reg Searle	31.37	8.05	23.32

THE RON MILLS (Round the houses) OPEN 25

Due to road works making the usual Chichester Road course unavailable, new organiser Steve Jukes had to hastily rearrange this event on a Ray Douglass special with more corners than Hampton Court maze. The start was at the top of The Hammerpot but came east to Offington and then north to Findon roundabout. It then returned to Patching Pond and from there took riders south through Angmering to the Littlehampton Road. Through the roundabouts to Durrington then back to Patching and finally

to a finish about ¼ mile to the west of the normal point. It is undoubtedly considerably slower than the usual course, but on the morning, which was quite windy, riders may have found the more frequent changes of direction something of a relief.

Simon Barnes of Lewes produced his very best form and deservedly won with a time of 1.0.44. Paul Toppin came close to giving us a Club win but eventually had to settle for second place in 1.1.57. He did at least lead us to a good team win, getting good support from Roy Holden fourth in 1.2.40 and Richard Shipton 8th in 1.3.20. Andrew Lock also got among the prizes in picking up the fastest junior award.

Other Worthing times:-

Andy Smith	1.3.34
Andrew Lock	1.4.21
Stuart Gibbs	1.4.33
Don Lock	1.5.17
Mike Mansell	1.6.23
John Lucas	1.7.48
Tony Palmer	1.8.46
Mike Kennard	1.10.56
Jonnie Betteridge	1.11.25
Jeff Russell	1.11.41
Mike Gibbs	1.12.08
Robert Downham	1.13.11
Keith Laker	1.13.36
Tom Lainsbury	1.17.37
Peter Aslett	1.19.12
Mike Stanbridge	1.20.17
Angela Walker	1.25.11

MID SEASON ROAD RACE REPORT

The second report from our special (I'm here in the bunch man) Paul West.

While some of our members were stretching their legs at Eastway(see report in Spring Mag) others spent April Fool's Day in a Surrey League Fifty miler at Ewhurst Green. This was not a successful outing though for Mike Coyle punctured and packed and Richard Knight was to finish well down in 23rd place after having been involved in a crash early on.

One week later we had our own 45 mile road race on the Ashurst circuit for third category and junior riders. Our riders managed to keep in touch with the action and there was a spirited effort in a small break in the closing miles by Stuart Gibbs. When it came to the sprint though there was still a big bunch and not enough road. Paul Toppin was most successful finding a gap and a gallop on the last short climb up to Ashurst and collected fourth place. His first licence points of the year. Andrew Lock was placed 15th and Stuart Gibbs 25th. Yours truly was again left bemoaning the inadequacies of tubulars and D.N.F'd.

14th April gave us our first road win of the season when I won a thirds and vet's event at Eastway (see centre page Ed.). I made a break from the main bunch to try and catch two who were away. This was with about a kilometer to go and when I got up I found I was strong

enough to go straight past and win by a few lengths. At the same meeting Jonnie Betteridge started but did not finish the same race. In earlier events Ian Leeding rode well and finished 12th in the schoolboy race, while Bradley Walters was dropped early on in a fast junior race and eventually retired.

April 20th and we were involved in another Surrey League race, this time at Baynards and Richard Knight showed his sprinting ability taking third place from the bunch. I was 13th and Mike Coyle 31st.

The Club's second win of 1984 came on 21st April at Walliswood when Mike Coyle broke away with five miles to go. He held off all attempts from the bunch and won by a clear 20 seconds. The licence points gained put him into a second category status. The first Worthing rider to achieve this since Paul Toppin. Richard Knight was 11th while I dropped out in the last few miles wondering again on the deflation rate of my tubulars.

Ian Leeding continued to gain experience riding a schoolboy race at Eastway and finishing 13th in the bunch. In the thirds and juniors race I came home 35th with Bradley staying with the fast group for 15laps .

Still going for the most punctures in a season record I D.N.F'd in a thirds and junior race at West Malling on 5th May.

The puncture habit was passed the following day to comeback man John Lucas in his first road race outing in the Redhill event. Richard

Knight finished 10th.

On 13th May I was dropped in the Central Sussex road race after about 45 miles, while Mike Coyle managed a creditable 10th in the Southern Velo Kermesse at Fernhurst. Richard Knight and Graham Tooley both withdrew after being lapped.

Paul Toppin was in good form on 20th May riding the Surrey League event at Newdigate. He attacked from the bunch with twenty miles to go and came within 30 seconds of catching a two man break. He finished a clear third and picked up some more category points. Richard Knight was 18th and I was just two more places back. In the afternoon event for second and third cats. Mike Coyle finished 20th after a puncture and a lone chase for some 60 miles.

Seven days later and Richard Knight gets some points with a third in the Surrey League race at Crowhurst. I was 11th. Paul Toppin punctured - so it's not only me!

On 17th June Ian Leeding got his best placing so far finishing fifth of a six man break in an Eastway schoolboy event.

At Newdigate again on 17th June and Richard Knight was 10th, while I trailed home 28th and not feeling well.

The Club's third win and the second for Mike Coyle came ina second and third cat. Surrey League race at Lingfield on 8th July when he finished a minute clear of a break which he had caught and then dropped. Great stuff! Richard Knight was 10th in the morning's thirds only.

Also on 8th July Bradley hung in there to finish 15th in a bunch sprint at Eastway.

Our own promotion on 14th July was a disaster as far as our riders were concerned. We had four starters Stuart Gibbs, Paul Toppin, John Lucas and myself and all D.N.F'd. The vital break with all the big guns in it was missed and that was it. Perhaps Mike Coyle could have shown us how it's done but he was riding his first outing at Eastway where he finished 15th in the main senior race.

Win number four and the first for Richard Knight came on 15th July in the Surrey League event at Crowhurst. The three man break was Richard, Paul Toppin and Ulric Drake of the South Eastern. Paul was the one without the sprint and Richard was the one with it. So first and third - tremendous. So as I conclude this report from the comfort of the bunch - excuse the writing but I'm being jostled a bit on the hills, I leave you with the thought that we now have three second category riders with Mike Coyle, Paul Toppin and Richard Knight, but they'll never catch me for punctures.

Paul West.

ANOTHER RECORD

The Club's Fifty mile team record has been reduced in the Sussex event on 17th June by the old guard of Richard Shipton, Roy Holden and Keith Dodman. Their times 1.59.04, 2.2.1 and 2.2.20 aggregate to 6hours 3minutes 25 seconds. Congratulations, it would be interesting to see what the younger riders could do!

1984 EVENING TEN SERIES

No.7. 14th June

1st.	Dave Dallimore	23.01	SC	23.01
2nd.	Andy Smith	23.12	0.05	23.07
3rd.	Roy Holden	23.32	0.25	23.07
4th.	Mike Mansell	23.50	1.00	22.50
5th.	Andrew Lock	24.01	0.35	23.26
6th.	Graham Tooley	24.11	1.40	22.31
7th.	Jonnie Betteridge	25.04	2.50	22.14
8th.	Steve Jukes	25.31	2.30	23.01
9th.	Colin Miller	25.38	3.25	22.13
10th.	Keith Laker	25.40	3.50	21.50
.	Jeff Russell	25.40	3.10	22.30
12th.	Ian Leeding	25.44	2.30	23.14
13th.	Bradley Walters	25.50	3.35	22.15
14th.	John Gilbert	26.11	3.15	22.56
15th.	Robert Downham	26.19	3.25	22.54
16th.	Stephen Cox	27.19	5.25	21.54
17th.	Tom Lainsbury	27.20	4.45	22.35
18th.	Peter Kibbles	27.25	4.40	22.45
19th.	John Wiseman	27.33	4.50	22.43
20th.	Peter Aslett	27.34	5.25	22.09
21st.	Peter King	27.36	4.25	23.11
22nd.	Christine Barnett	27.46	5.30	22.16
23rd.	Tony Butler	28.37	5.45	22.52
24th.	Mike Stanbridge	28.47	5.35	23.12
25th.	Betty Cox	29.24	7.05	22.19
26th.	Clive Goward	30.37	7.40	22.57
27th.	Reg Searle	30.48	8.05	22.43

****

15TH APRIL SHERWIN TROPHY 25

Full Result

1st.	Paul Toppin	1. 1.29	Sc	1. 1.29
2nd.	Andrew Lock	1. 1.39	1.30	1.00.09
3rd.	Stuart Gibbs	1. 2.02	2.15	59.47
4th.	Andy Smith	1. 2.11	2.00	1.00.11
5th.	Mike Coyle	1. 3.16	4.00	59.16
6th.	Graham Tooley	1. 3.22	4.30	58.52
7th.	Mike Mansell	1. 4.32	6.15	58.17
8th.	Paul West	1. 6.44	5.00	1. 1.44
9th.	John Lucas	1. 6.58	8.15	58.43
10th.	Tony Palmer	1. 7.32	6.45	1.00.47
11th.	Steve Jukes	1. 7.47	4.45	1.03.02
12th.	Mike Gibbs	1. 8,13	7.15	1.00.58
13th.	Keith Laker	1. 8.31	10.15	58.16
14th.	Mike Kennard	1. 8.36	5.00	1.03.36
15th.	Jonnie Betteridge	1. 9.20	12.00	57.20
16th.	Bill Procter	1. 9.31	8.00	1.01.31
17th.	Tom Lainsbury	1.10.20	8.30	1.01.50
18th.	Robert Downham	1.12.27	10.15	1.02.12
19th.	Bradley Walters	1.14.53	13.15	1.01.38
20th.	Mike Stanbridge	1.17.12	13.30	1.03.42
21st.	Ian Leeding	1.18.10	11.00	1.07.10
22nd.	Peter King	1.20.13	10.30	1.09.43
23rd.	Angela Walker	1.27.13	16.00	1.11.13

The Sherwin Trophy being for the best performance on handicap by a junior rider was therefore decided as follows:-

1st. Andrew Lock	1.00.09
2nd. Bradley Walters	1.01.38
3rd. Robert Downham	1.02.12
4th. Ian Leeding	1.07.10

****

It's rumoured that Reg Searle riding a trike did the same time as Roy Holden in the S.C.A.12.

It's rumoured that in the S.C.A.12 hour Keith Lakers 'Cycles & Repairs' vehicle was kept very busy - looking after Keith's bike!

It's rumoured that Roy Holden was so desperate to win that he put a lot of grit down on the circuit - but got two punctures himself.

It's rumoured that Don Lock was seen overtaking Tony Deacon in the S.C.A.12hr and was later attacked by Tony's Dad with a spray can!

It's rumoured that 'J.Watson' who won the S.C.A. 12hr.with a tremendous 245miles for the Brighton Excelsior, only joined them last season . He was previously a Formula One driver with McLaren.

FUND RAISING SCHEME 1984

Ninety three members have joined this year and this means a profit for the Club of £104 . The first six winners of the monthly draws for £10 are:- January, Maureen Lock, February, Vernon Hyde, March, Derek Powell, April, Anne Palmer, May, Colin Miller, June, Connie Hughes.

3RD AUGUST CLUB TRACK MEETING AT PRESTON PARK

This was Paul West's idea and he organised the whole thing splendidly. Despite a number of the regular trackies being on holiday we had eight with track bikes plus Tony Palmer and

Our Ed.who just rode the pursuit on their road bikes. With a number of members over to act as judges and timekeepers and several wives and friends it was a most enjoyable evening which will, hopefully, be repeated next year.
For the records the results were:-

5 Lap scratch.	1st. Andrew Lock	
	2nd. Paul West	
	3rd. Paul Toppin	
10 lap points	1st. Paul Toppin	
	2nd. Richard Shipton	
	3rd. Graham Tooley	
Devil	1st. Paul Toppin	
	2nd. Paul West	
	3rd. Stuart Gibbs	
1 lap scratch	1st. Paul Toppin	
	2nd. Paul West	
1 lap H'cap.	1st. Graham Tooley	
	2nd. Andrew Lock	
	3rd. Paul Toppin	
4 lap pursuit.	Heat times:	Final times
	Paul Toppin 3.12.	3.22
	Richard Shipton 3.20	3.25
	Andrew Lock 3.26	3.29
	Don Lock 3.27	3.34
	Graham Tooley 3.32	
	Paul West 3.34	
	Tony Palmer 3.35	
	Ian Leeding 3.39	
	Tony Boyle 3.54	

Overall: 1st. Paul Toppin 14 pts. 2nd. Andrew Lock and Paul West 6 pts. 4th. Richard Shipton and Graham Tooley 4 pts. 6th. Stuart Gibbs 1 pt.

LANDS END TO JOHN O'GROATS

Just briefly to report that John Mansell and Don Lock completed this ride starting on Saturday 30th June and arriving at the northern end on Friday 6th June. Six days two hours for a total mileage of 886 . The sponsorship money is still being collected but it looks as though St.Barnabas the cancer Hospice in Columbia Drive Durrington will benefit to the extent of some £1400.
A fuller account of the ride is promised for our next issue.

1984 EVENING TEN SERIES
No.8. 21st June 1984

1st.	Paul Toppin	22.44.	SCR	22.44.
2nd.	Dave Dallimore	23.09.	SCR	23.09.
3rd.	Andy Smith	23.20.	0.10	23.10.
4th.	Andrew Lock	23.21.	1.00	22.21.
5th.	Mike Mansell	23.31.	0.50	22.41.
6th.	Stuart Gibbs	23.38.	0.35	23.03.
7th.	Mike Coyle	23.43.	0.15	23.28.
8th.	Graham Tooley	24.13.	1.10	23.03.
9th.	Roy Holden	24.15.	0.30	23.45
10th.	John Lucas	24.38.	2.00	22.38
11th.	Paul West	24.43.	2.10	22.33
12th.	Jeff Russell	25.18	2.40	22.38
13th.	Jonnie Betteridge	25.22	2.05	23.17
14th.	Tony Palmer	25.28	2.25	23.03
15th.	Mike Gibbs	25.31	3.15	22.16
16th.	Robert Downham	25.49	3.20	22.29
17th.	John Gilbert	25.51	3.10	22.41
18th.	Colin Miller	25.53	2.40	23.13
19th.	Bradley Walters	25.57	2.50	23.07

20th.	Ian Leeding	26.10.	2.45. 23.25.
21st.	Keith Laker	26.11.	2.40. 23.31.
22nd.	Ken Atkins	26.14.	3.55. 22.19.
23rd.	Bill Procter	26.19.	2.50. 23.29.
24th.	Peter Kibbles	26.59.	4.35. 22.24.
25th.	Tom Lainsbury	27.22.	4.20. 23.02.
26th.	Stephen Cox	27.25.	4.20. 23.05.
27th.	John Wiseman	27.39.	4.35. 23.04.
28th.	Peter King	28.03.	4.35. 23.28.
29th.	Peter Aslett	28.07.	4.35. 23.32.
30th.	Clive Goward	29.31.	7.40. 21.51.
31st.	Angela Walker	29.37.	6.25. 23.12.
32nd.	Reg Searle (Trike)	31.12.	7.15. 23.57.

FROM 'BIKE RIDERS AIDS' 1969-70

Campagnolo Nuovo Record Ensemble £12.2.6.
Campagnolo Road pedals £6.12.6.
Cinelli bars £2.13.6.
Campagnolo drinking bottles 3/11.
Campagnolo Record brakes £17.19.6.

We could find no mention of skin suits or anything aerodynamic, but several items which would seem to have gone out of fashion, like tyre savers, sprint carriers and Curacho Embrocation. Can you still buy that ? The only thing which has remained constant would appear to be the gear table : 48 x 18 still gives 72".

BEST WISHES and CONGRATULATIONS to Gillian and Bernie Bethell who are expecting an addition to the family in October. Now we know why Bernie bought that Condor:for Junior perhaps?

1984 EVENING TEN SERIES

No.9. 19th July 1984

1st.	Mike Coyle	22.55.	1.00.	21.55
2nd.	Dave Dallimore	22.59.	0.25.	22.34
3rd.	Andrew Lock	23.18.	0.35.	22.43
	Andy Smith	23.18.	0.35.	22.43
5th.	Richard Knight	23.26.	0.40.	22.46
6th.	Roy Holden	23.32.	0.30.	23.02
7th.	Mike Mansell	23.46.	0.45.	23.01
8th.	Stuart Gibbs	23.56.	0.50.	23.06
9th.	Graham Tooley	24.00.	1.25.	22.35
10th.	John Lucas	24.51.	1.55.	22.56
11th.	Mike Kennard	25.07.	3.25.	21.49
	Paul West	25.07.	2.00.	23.07
13th.	Tony Palmer	25.09.	2.40.	22.29
14th.	Robert Downham	25.13.	3.05.	22.08
15th.	Jeff Russell	25.27.	2.30.	22.57
16th.	Mike Gibbs	25.36.	2.45.	22.51
17th.	Keith Laker	25.56.	2.50.	23.06
18th.	Bill Procter	26.12.	3.05.	23.07
19th.	Stephen Cox	26.30.	4.40.	21.50
20th.	Peter Kibbles	26.51.	4.15.	22.36
21st.	Tom Lainsbury	27.06.	4.35.	22.31
22nd.	Mike Poland	27.16.	4.15.	23.01
23rd.	Peter Aslett	27.32.	5.20.	22.12
24th.	Mike Stanbridge	27.34.	5.45.	21.49
25th.	Christine Barnett	27.42.	4.45.	22.57
26th.	Peter King	27.44.	5.15.	22.29
27th.	Clive Goward	28.46.	6.45.	22.01
28th.	Reg Searle	30.38.	8.25.	22.13

It's rumoured that Angela Walker is to pace Roger Smallman in the Grand Prix de Gentlemen.

APOLOGIES

We are sorry the Mag is so late,
The Editor's been on a date,

The copy came in but didn't get done,
Something about a John O'Groats run.

The typist had quite disappeared,
Eloped ? With a chap with a beard.

The proof reader could not be found,
Off with Dave Hudson, Lands End bound.

All came back in very good form,
Typewriter once again is warm.
As to the contents , well who can say,
It's just as well you don't have to pay.

With keeping some things mellow,
but others rot and go yellow.

Only two months to the next load of ...

Anon.

IT'S rumoured that Cliff Hawkins is going to ride event number 10 in the evening series and will schedule 33.39. It remains to be seen whether this will lead to a full scale onslaught in Club time trials next season. **********

PHIL BAYTON AWARD for grimacing won by our Ed. in 1983 has this year gone to Graham Tooley for two superb finishes in the evening tens. It was so frightening that Don Lock now rides straight and Paul Toppin has taken up croquet.