

THE WORTHING WHEEL

the journal of the

WORTHING EXCELSIOR CYCLING CLUB

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The opinions and comments expressed in this magazine are the opinions and comments of the individual contributors and are not necessarily the views of the Worthing Excelsior Cycling Club or of its committee.

From the start sheet for the North Road 24 hour event September 1934

REGULATIONS

- 1. A Club Official will be stationed at each checking place, to whom all Competitors must give their names and numbers, and any Competitor neglecting to check will be liable to disqualification. Competitors must not turn short of any checking place, nor cover any portion of the route in an incorrect order. No ground covered off the route will be counted.
- 2. All Competitors must follow the route throughout without omission of any detours, except that Competitors whose elapsed time at Wisbech (202 m.) is $1\frac{1}{2}$ hours more than that of the fastest Competitor will omit the Peter borough detour and proceed direct to March.
- 3. Immediately after the finish every Competitor should report his approximate distance at the Club Headquarters, The Cross Keys, St. Neots.
- 4. Within four days after the ride, a Competitor intending to claim an award shall send a statement of the distance in respect of which he claims to the Hon. Racing Secretary, and any Competitor not making a claim within such time shall forfeit all right to an award.
- 5. The decision of the Committee as to the distance covered by each Competitor shall be final so far as regards the right to an award.
- 6. Competitors must confirm with the law as regards lamp lighting, warning of approach, and riding to the common danger, etc.

- 7. Although every effort will be made to procure as many volunteers as possible, the Club does not undertake to provide runners-up to time the finish of any but the leaders. The onus of proof as to finishing rests with Competitors.
- 8. Competitors must ride entirely alone. If two or more Competitors get together they must neither pace each other, nor ride alongside, nor take any shelter from each other, but must each make his own running entirely without assistance. This regulation will be strictly enforced with the assistance of travelling marshals and stationary observers at unstated points. Infringements should also be reported by Competitors to the nearest official, who will immediately inform the Judge, in whom are vested full powers of disqualification.
- 9. Competitors may be followed by helpers on spare machines after Wisbech (202 m.) is left, and then by not more than two riders at a time, and such followers must be at least 100 yards behind.
- 10. A Competitor may be run out by a follower on one motor vehicle, but such vehicle must not be used for following until the Competitor is within half an hour of his finishing time. Followers must remain at least 100 yards behind.
- 11. Competitors must not have food, drinks, etc., handed to them by mounted helpers.
- 12. Competitors must not ride with bare knees or legs but must be completely clothed from the neck to the ankles, and the costume must include a jacket. It is particularly requested that the style and colour be as inconspicuous as possible, and that there should be an avoidance of any disregard of the rights of other users of the road.

Just imagine, bare knees, I should think not!

It is rumoured that Keith Dodman has applied for membership of "The Fellowship of Old Time Cyclists". This was apparently at Bill Webb's advice who thought him to be of suitable age.

Continuing our series of 'Firsts'

The First Worthing Excelsior Member to win the G.H.S. Schoolboys 10 mile championship 1967. With acknowledgments to 'Cycling'

In these days of big gears and machines which cost more than a secondhand car, it is difficult to believe that a lad can make his way with a scrap-heap iron bike and a tiny gear - that is, until you meet Nick Lelliott the schoolboy champion who says, "I can beat anyone on a 76-inch gear, schoolboy or otherwise."

Less than 18 months ago, GHS schoolboy 10-mile champion Nick Lelliott started his cycling career with his local club, the Worthing Excelsior.

For his first frame he had to resort to the corporation tip, and scrape together bits and pieces to complete the machine from his friends, yet from first recording a 23 in a local club 10, he rose in a short period to becoming the fastest 1967 schoolboy over 10 miles.

When I first started I used to go out with some of the boys in the club on a tremendously low gear and really suffer, but it got easier as I trained harder and I found that I could still lower the gear a bit more and go just as fast with a little more effort."

His ideas on training are the same as many top time trialists (although he does not intend to stick to time trialing), with the essence on speed, and only on rare occasions going over 35 miles at a time.

"At least once a week I like to go out for 10 miles and just ride myself into the ground on a 72-inch gear; when I feel that I just can't do any more I'm satisfied."

Nick has the greatest admiration for his considered biggest rival this season, John Cornillie - off the bike they are the greatest of friends, but once on the bike the rivalry is razor-sharp.

"There's no doubt he was my biggest rival this year, his 58-12 the other week was fantastic.

"I think its a pity, but I feel that he will be lost to the world of time trialing on big gears - already he has started to put the gears up.

"My hardest event of the year? The GHS final I think, some of the boys from the club took me all the way up to Leicester and I felt that by not winning it I would be letting them down, added to that, before the event started some of the lads with nice shiny plush bikes were laughing at my bike with a steel chainset, but that only made me more determined to win.

"Towards the end I started to go all over the road I was suffering so much, and when I finished it was agony standing by the result board with riders coming in just a few seconds slower than me, but boy did it feel good when I knew I had won."

His plans for 1968 have already taken shape, "I'm going to ride everything that I can, I'll be a junior, so that should make it easier to find more road races, I won't concentrate on any particular type of racing as I consider that very unwise at my age, after all, how do you know what you will be best at until you've tried everything?

"I won't stop time trialing because I want to win the national junior 25, I also want to have a bash at the road race and a few track events."

PURSUIT TRY

The mention of the track bought an interesting and somewhat surprising remark from him.

"I want to try pursuiting, I'm sure I will be good at it, but before I ride the national title, which I intend to ride, I want to win the Sussex division pursuit. My club mate Alan Orman holds it at present but I think with a little more training on the track I could beat him."

He proposes to turn professional while still young, but as most schoolboys find, his school work has to take priority.

He still has no particular career in mind, "One you get the idea of becoming a pro bike rider in your head, it's hard to get rid of.

"I wouldn't mind becoming a farmer but a lot depends on what I do while I'm at school.

"I worked on a farm on the South Downs during my summer holidays this year, lifting straw bales and all that. It only lasted a week though, I came home feeling too tird to ride a bike and I couldn't have that!"

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It's rumoured that Mike Gibbs has got gas filled suspension?

RECORDS

The first two records to be improved in the 1982 season are the ladies 30 and the schoolboy's 10. Betty Cox rode very well in the Club 30 on the 9th May to record 1.34.12 to take a considerable chunk off of Linda Stacy's 1981 effort. The schoolboy's 10 record which has stood far longer, understandably as it was set by Nick Lelliott, has after 14 years been bettered. Andrew Lock recording 23.15 in the 4th of this season's evening events pruned it back by 5 seconds.

Congratulations to them both and let's have lots more.

It's rumoured that after entertaining two Aunts from the States for a week or more Ray Douglass is considering moving into the Bed and Breakfast business.

AN AFTERNOON OFF WORK

Often from my office I see people enjoying a walk by the river, and I wish I was on my bike. As I get older (no comments please Ed.) the desire gets greater, and I am templed to take some time off.

Feeling in need of escape one sunny day in Narch, I decided to take one of my favourite routes through the Sussex lanes. It is fairly hilly but passes through some lovely countryside and for the most part is free of traffic, thus it is possible to really enjoy the fresh

air, the scenery, the bird song and the exercise.

From Lancing I made for the Coumbes road, turning left at the Sussex Pad. This road through to Steyning is always a pleasure, like another world after the noisy A27. The high hedges were just beginning to show green, the birds were singing and the lambs were skipping about in the fields at Applesham Farm. On past the Coumbe farm and church and the first hill hit me hard, confirming that I wasn't very fit. I stayed in the saddle and made my legs work, remembering that many of the Club had been doing gym work all the winter and I needed to catch up.

I saw several baby rabbits in the grass verges and my first primroses of the year on a high bank near Ashurst. From Partridge Green I went north to Littleworth, the lane passing through what I think is some of the finest Sussex countryside with the monastery at Shermanbury in the distance and sheep, horses, and cattle grazing in the fields. It was then right on a lane signposted 'Cowfold' and straight over the West Grinstead/Cowfold road to a road which brought me to Newalls Fond on the Cowfold/ Horsham road. This climbs a bit and includes a couple of short fairly steep hills, it is also rather gritty, but it is quiet and pleasant and I saw many more primroses, lambs, and a cock pheasant.

Just before Handcross I dropped down the hill past Slaugham Pond and on through pretty Warninglid with it's old Post Office. Another drop and a sharp right took me on towards Cowfold where a lane to the right led through Balls Wood and down to the Cowfold/Bolney road. Straight over there's another lovely lane which winds through hedgerows and a wood full of

bluebells in the spring.

At the next T junction I took the Twineham road past Bolney Sub-Station. Along here many of the hedges are covered in honeysuckle blossom and blackberries later in the summer. After Twineham I headed towards Poynings and the Sussex Downs using lanes until I came out at the thatched garage near Shaves Wood on the Henfield/Pyecombe road.

The road along the bottom of the Downs through Fulking and Edburton is one of the best scenic rides in Sussex particularly as you leave Poynings, you see the Downs unfold before you. I started to feel my lack of miles and a fresh south westerly wind and rough road surface did not help, however, the swoop down to the Shoreham/Henfield road and some chocolate revived me. My route then took me past the Golding Barn and through Steyning back to the Coumbes Road and home.

A thoroughly enjoyable afternoon - a total of approximately 50 miles covered in about 3 hours over a route I would recommend to anyone who enjoys the peace of the countryside and is in a reasonable state of fitness.

See you around the lanes one sunny afternoon?

Ken Atkins.

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Two out of Four

On the grounds that he might not find himself capable of being totally objective, or even polite, Andy Lock's butler and chief mechanic asked me if I'd write a piece on the epic events of Sunday, the 2nd May, 1982.

Well, the Excelsior came home that day with two championships out of a total of four "up for grabs", with young Andy involved in two of

them! In the morning a team comprising Richard Shipton (59.58, and third place overall) Paul Toppin (1.1.17) Andy Lock (1.1.31) and Graham Tooley (1.4.48) took first team prize in the S.C.A. Individual and Team Championship event on the G.938, and I don't think Graham would mind my saying that had Roy Holden not caught a chill by spending the night in a customer's wardrobe and been unable to ride, we might have had both 'A' and 'B' team awards. In the afternoon I travelled over in the Toppin Bananamobile to watch the Brighton Mitre kermesses at Hove Park. Despite the bitterly cold wind and the occasional rain squall. there was some hard-fought racing, probably because everyone was anxious to get it over with and back into some warm clothes, Joe Jones won the senior event - Paul West, despite looking tanned and fit, wasn't able to go with the pace, but it looked a hard event from start to finish.

In the Schoolboys' 15 kilometre, nine Sussex riders were down to start, together with six from South London clubs. The first four and a half laps were reeled off at a fairly smart pace, with all nine riders in contact, then Andy attacked up the hill towards the finish, blowing the field apart. This must have taken quite a bit of courage, but it was a telling move. Only three South London boys could stay with the pace, and were happy to sit on Andy's wheel for a couple of laps, while the rest of the race degenerated into struggling groups of two and three. For a while the leading group worked together, gradually pulling away from the chasers, but by about three laps from the end it became obvious that they were cruising towards a sprint finish, while Gary Sims (Lewes) and Paul Fuller (Eastbourne) were working together and pulling them back. Andy must have realised, or been warned, and raised the pace, towing the group

round for those last laps. Chris Lilleywhite of Wandsworth won the sprint finish from Nick O'Brien (Anglia Sport) with a tired Andrew third, but divisional champion. I learned afterwards that Andy had one of the Londoners holding him back by the jersey in the sprint, but had responded smartly by sticking him on the grass.

While one can understand the problems of organisers in producing a sensible field for an event, one must question the wisdom of determining a championship by the result of an event within an event. The result of the championship could easily have been determined by people not involved in it.

Overall, Mike Gibbs must be very pleased with the material he now has to work on - there are the old faithfuls, whose names escape me although I regularly type them out every week, and we now have new talent coming forward in the form of Mike Kennard and his newly-joined pal, Greg Ellis, and Bill Procter's young protegee, 13 year old Robert Downham, whose willowy build belies a fair turn of speed. Also we have the sparkling new talent of young Reg Searle, who once he has burned off some of his puppy fat, will be a new force in the club.

John Grant.

It's rumoured that Roger Smallman has backed down.....down the drive of a house 50 yards from where he lived....."Well it looked the same," he said! Jean is investigating rumours of a dashing blonde four doors away.

STEYNING BYPASS REVISTED

(OR THE SECOND CLUB 10)

April 3rd 1982

Seventeen worthy soles gathered on this misty Saturday afternoon at the north side of the Sussex Downs about a mile west of Steyning and launched themselves upon another assault of the Shoreham Flyover. All made the trip safely there and back. They were followed by four members who rode private trials and a pack of lions - sorry, Brighton Excels. V.C. Etoile etc. The gentlemen in charge of the horological chronographs were Messrs. Tony (the one with the blue yachting cap) Palmer and Gordon (I'm going to get one when I'm a full timekeeper) Curd.

Statistics show that Paul Toppin was fastest, but then you know what they say about statistics. Anyway he likes the course. They also show that in the first Club event this year where he has not done the handicapping, the Editor was last in the handicap section! Most successful after the deduction of the Ray Douglass allowance was Bill Procter, but then he practically lives on the course, and will have the advantage of local knowledge, like tides, wind currents, movement of cattle and opening times. The event also saw the return of Mike Poland taking up his biennial challenge with Ray Douglass and coming out on top by 20 seconds. There were also good opening rides by Ian Leeding, Mark Clout and Matthew Goswell in their private time trials, and by Mike Kennard in the event proper. It is to be hoped that they will allride regularly in the coming season and their times will soon improve by minutes.

The Result

1st. Paul Toppin 24.18 Sc. 24.18
2nd. Andrew Lock 24.48 0.15 24.33

3rd.	Roy Holden	25.13.	1.00	24.13
4th.	Mick Jones	25.51	1.00	24.51
5th.	Stephen Jukes	26.05	2.15	23.50
6th.	Paul West	26.06	2.00	24.06
7th.	Don Lock	26.11	1.15	24.56
8th.	Bill Procter	27.20	4.30	22.50
9th.	Ken Atkins	27.34	3.30	24.04
10th.	Mike Gibbs	28.01	5.00	23.01
11th.	Tom Lainsbury	28.22	4.45	23.37
12th.	Mike Kennard	28.46	5.30	23.16
13th.	Mike Poland	28.54	5.45	23.09
14th.	Ray Douglass	29.14	5.00	24.14
15th.	Geoffrey Weston	n 29.43	6.00	23.43
16th.	John Butler	29.52	6.30	23.22
17th.	Reg Searle	31.19	6.30	24.49

Private trials: Jeffrey Russell 29.00

Matthew Goswell 30.17

Ian Leeding 33.18

Mark Cloutt 37.34

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It's rumoured that Tom Lainsbury is entering a National key throwing competition. His latest practise was when a car cut him up in Petworth. When the driver stopped, Tom seised the keys and threw them into a neighbouring garden. It's further rumoured that if he gets really cross he leaves the keys where they are and throws the car.

RADIO BRIGHTON

It's nearly ten years since I started the regular weekly cycling spots on Radio Brighton. The thought that we, as a sport, should have some mention on the local radio station came when I read that Hugh Porter had a spot on Radio Derby. "Why can't we" I asked, and the answer was simply, "If you like to do it you can." So an audition with Peter Brackley, now on Radio 2 Sport, followed, and I was in.

Every Friday in Sports Parade, a programme starting at 6.05, it used to be 18.05, and I had to get used to a 24 hour clock, I was allowed a maximum of 3 minutes, although I could have more ready if there was time, or I might be asked questions at the end of the scripted report. Three minutes sounds very short, but it is suprising how much you can get into that time. There was only the one studio then, in Marlborough Place, Brighton, so it meant a hurried departure from my Worthing office and a twelve mile dash along the sea front, park the bike in the foyer, and dash up the stairs to Studio One. Here Peter Brackley as Producer and all the other reporters sat round a large circular table with a single, centre, microphone. Live reports mixed with tape recordings were cued in - it really was live, and squeeky doors and giggles were all part of the experience.

I did this for 5 years and then had to give it a miss for two years when I was taking exams. It was unfortunate that no one could be found willing and able to carry on in that period. I started again in 1979 and now had the use of the Studio in Worthing. At first it was on the third floor of shop premises in Chapel Road and then in the Town Hall. I missed the fun of being with the others but I still went out live on a telephone link. Subsequently the evening became difficult for me and over the last year I have recorded a script usually on a Friday morning.

From time to time I have done other things for the Station on the Cycling theme. Saturday morning children's programmes, cycling book reviews, and live outside reports from Preston Park, the Milk Race prologue, and the Aspro Clear Speed Challenge. I hope very much in September to be reporting from Goodwood on the World Championships. The Producer now is Phil Jones and he isvery easy to work with and is, I feel, sympathetic towards minority sports like ours. One of his closest friends happens to be Ian Hallam so that's a good cycling tie up.

As well as the composition of a weekly review/preview I endeavour to get together the results which are then put out, usually on a Monday morning at 7.20 and 8.40 a.m. In the track season, the Wednesday results go out on these times on Thursday. They will not take delayed results. As I ride most local time trials I get these start sheets, but it is sometimes very difficult to get hold of the road race programmes, and I would ask all promoters to let me have these. The address is 7 Welland Road, Worthing, or telephone, for results Worthing 62724 by 10 p.m. Sunday at the latest.

These days when we associate considerably with our friends in commerce, with sponsorship and event backing, I feel we owe it to them and ourselves to gain as much publicity as possible. Cyclists have for years been apathetic about promoting themselves. My efforts are very small but I believe, worthwhile.

Incidentally, results telephoned to me do save my phone bill. As someone worked out for me recently, the enormous copyright fees I receive from the B.B.C. would buy me one of the cheaper training tubs - about once a month.

Don.

Sussex C.A. Individual and Team Championship 25. May 2nd, 1982

This deserves a full report and we must start with congratulations to Richard Shipton for a fine 59.58 and third place, also to

Paul Toppin, Andrew Lock and Graham Tooley who all rode superbly in support to give us yet another win in this team event. Paul is approaching his form of 1980 getting down to a 1.1.17. Andrew produced a personal best of 1.1.31 and continues to press Paul at every outing, and Graham completed the team with 1.4.48 for an aggregate of 4.7.34.

It would not be right either to go further before recording congratulations to Norman Wright who did the Association proud with his promotion, or to leave unstated any longer the riders thanks to all the ladies from Worthing Excelsior for all their hard work in the running of the canteen.

Other times from Worthing's entry were Stuart Gibbs 1.5.10. Don Lock 1.8.13. Stephen Jukes 1.8.14. Bill Procter 1.10.16. Mike Gibbs 1.10.18. Ken Atkins 1.11.32. Reg Searle 1.18.54.

In a generally very rough weekend the morning was mercifully calm although cold. A wind rose from the west but then seemed to move round to a cross position, and it was generally agreed that both halves of the course were reasonable.

Once again we showed that we are the top club of the county. I use the work Club rather than team for without many fast riders to call on, we still beat the best that any other Club could get together. The problem for them seems to be that their members have little interest in going out to win something as a Club.

Eastbourne Rovers were second with a team led home by the ever faithful greyhound Cliff Sharp who pipped Richard for second place by one second. They were only 13 seconds behind with a 4.8.17 aggregate and showed their strength in depth by taking the 'B' team award for riders finishing in 5th, 6th, and

7th places for their Clubs.

Central Sussex rider Neil Rayland carried off the individual championship.

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Club 25 (incorporating the Junior handicap 'Sherwin' Trophy)

12th April 1982

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1-1	Dishard Chinton	1.1.28	Sc	1.1.28
ist.	Richard Shipton	1.1.20	36	
2nd.	Paul Toppin	1.2.04	1.15	1.0.49
3rd.	Andrew Lock	1.3.20	3.00	1.0.20
4th.	Roy Holden	1.3.52	4.00	59.52
5th.	Graham Tooley	1.5.21	4.15	1.1.6
6th.	Don Lock	1.6.18	6.00	1.0.18
7th.	Ken Atkins	1.11.20	10.00	1.1.20
8th.	Bill Procter	1.11.32	10.00	1.1.32
9th.	Stephen Jukes	1.12.59		1.6.29
10th.	Mike Kennard	1.13.49	15.00	58.49
11th.	Tom Lainsbury	1.13.52	12.00	1.1.52
12th.	Mike Gibbs	1.14.51	12.00	1.2.51
13th.	Geoffrey Weston	1.15.16	15.00	1.0.16
14th.	Jeremy Russell	1.16.22	15.00	1.1.22
15th.	Reg Searle	1.19.25	16.00	1.3.25

Sherwin Trophy result: Andrew Lock

Brighton Mitre Club Event 25 8th June G 938

A dozen of our members went out for a private time trial and were rewarded with a very good evening. Paul Toppin grabbed himself a personal57.23 which was fastest of the evening by nearly 2 minutes. Mike Jones recorded 1.1.23 just 10 seconds better than Roy Holden who suffered the indignity of having Paul catch him two minutes in the first ten miles. Stuart Gibbs made a very welcome return to form knocking ¼ minute off his best with a time of 1.1.54. Our Ed. was delighted with 1.2.35 best since 1976. Steve

Jukes joined the personal bests with 1.3.02 and Andrew Lock claimed that his 1.4.2 was a better personal best than any of the others because the last time he punctured in a 25 he did a '10' so he improved 6 minutes! Ken Atkins recorded 1.5.16 and if not a personal it wasn't at all bad for a 53 year old youngster. Bill Procter chipped 7 seconds off his best ever with a 1.6.39. Club coach Mike Gibbs went as fast as he has been for about 20 years getting home in 1.7.24. Tom Lainsbury was very happy with 1.8.15 and Jeffrey Russell brought up the rear but still did a personal with 1.10.6.

Incidentally if the lad in the Raleigh top who offered to take Andrew's nearly new Pro tub back to the finish is known to anyone, the Editor would be pleased to have it's return, or even a name and address.

The Club 30 mile Championship

It looked as though this might be some thing of a non event, for there was no defending champion with Richard Shipton deciding to give others a look in. Also we were missing Roy Holden down with flu and we still had no start to the season from Keith Dodman, and Graham Tooley was away on holiday. So it looked like a continuation of the scrap between 'up and going' Paul Toppin and 'up and coming' Andrew Lock, with 14 others making a good size field and chasing the minor placings on the handicap section. That was in fact how it turned out but competition was fierce the morning was good and we had one of the best 30 championships for some time.

Andrew from the No. 5 spot was soon out front and had only his front wheel to chase while Paul from No. 10 was determined to take this

13 and 14, the latter was Bill Procter, were soon together and loathe to part. A mix up in the starting order was perhaps responsible for this but it certainly pulled coachy Gibbs out for a 2 minute handicap win.

The front of the field saw a fine effort from Tim Salmon - what could he do if he would get his entries in and ride more regularly? Right at the rear Stephen Jukes was catching more than anyone, going past, no less than 7 from his No. 16 in the starting order. One of those caught was Betty Cox who was in the process of putting up new figures for the Club's ladies 30 record.

Full Result

1st. Paul Toppin	1.14.16	Sc.	1.14.16
2nd. Andrew Lock	1.15.14	1.00	1.14.14
3rd. Don Lock	1.18.51	7.00	1.11.51
4th. Stuart Gibbs	1.18.55	5.00	1.13.55
5th. Stephen Jukes	1.20.24	7.30	1.12.54
6th. Bill Procter	1.23.05	12.30	1.10.35
7th. Tim Salmon	1.23.19	13.00	1.10.19
8th. Mike Gibbs	1.24.05	15.30	1. 8.35
9th. Ken Atkins	1.24.42	12.30	1.12.12
10th. Mike Kennard	1.25.11	13.00	1.12.11
11th. Tom Laisbury	1.25.54	15.00	1.10.54
12th. Jeffrey Russell	1.29.38	15.00	1.14.38
13th.Geoffrey Weston	1.32.10	17.30	1.14.40

14th. Betty Cox1.34.1222.001.12.1215th. Reg Searle1.35.0822.001.13.08DNS. Mike JonesWheel trouble before start.

Finally, thanks to the officials and particularly to Norman Wright who turned out with the tea at the finish.

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It's rumoured that Mike Gibbs goes two minutes quicker since he tucked his ears inside his racing cap.

G.H.S. National Schoolboys 10 mile Championship

The London South District heat on Saturday 19th June was run in cold and rough conditions on the A.3 road north east of Guildford, and at his fifth attempt (he first rode when he was only 11), Andy Lock has made the final in style. His time 23.32 was 23 seconds clear of Simon Merricks from our friends and neighbours the Brighton Excelsior. These two were the only ones to beat 25 mph and the County certainly showed the London Clubs the way home. The first three qualify. The final is being promoted by the Bognor Regis Club on their course west of Fontwell on Saturday, 11th September, start at 20'clock so we should be able to get plenty of support out. Our last qualifier was Nick Lelliott back in the 60's and he won, see report earlier in this issue.

Don.

MILK RACE TICKETS

Many thanks to all those who sold tickets. A total of 2,000 tickets were sold raising £100 for club funds.

We were placed ninth in the final list of Clubs

and the nearest local Club was Brighton Excelsior who were eightieth and sold 670 tickets.

Congratulations to Dave Hudson who actually drew a rider (A. Vedernikov. U.S.S.R.) Getting a Russian and a world chamption must have given Dave hopes of a big prize but he had to settle for a fiver.

Bill Procter

Well done Bill and Carol Procter for all your efforts in arranging the ticket distribution.

The Ron Mills Open 25 16th May 1982

Tony Palmer again did the Club proud with this promotion. 102 entries - five sub-hour rides and a new event record of 54 minutes 41 seconds from John Oakes of the Velo Club Etoile/Merchant Investors. Our own Richard Shipton finished a worthy second in 58.44 and Paul Toppin cracked in a 59.18 for 4th place. Andy Lock recorded a personal best 1.1.5 for fastest juvenile and we missed the team by 1 minute 6 seconds. Colin Hood the Etoile's garden gnome, (why does he wear that so pointed hat!) had the misfortune to fall off on the Arundel by pass, and sustained a nasty head injury - perhaps thats why the hat is so pointed. Seriously though we are glad it was not involving any other vehicle, or in any way caused by reckless riding, also that he has made a quick and complete recovery. Thaks also to Mr. and Mrs. Ron Mills who ran him into Worthing casualty.

Lots of hard work by Tony and all his helpers ensured a successful event.

Worthing Excelsior times: -

Richard Shipton	58.44
Paul Toppin	59.18
Andy Lock	1.01.05
Roy Holden	1.02.09
Stuart Gibbs	1.03.17
Don Lock	1.04.52
Stephen Jukes	1.05.51
Bill Procter	1.08.35
Mike Gibbs	1.09.22
Tom Lairsbury	1.10.38
John Grant	1.12.51
Geoffrey Weston	1.14.15
Reg Searle	1.17.04

Club 50 mile Championship 13th June 1982

Run in conjunction with a very good Sussex C.A. open promotion that attracted 110 riders and just about everybody of note from the County's Clubs, this was a very noteworthy Club Championship. It was the first time that it has ever been won with a sub-two hour ride, so very many congratulations to defending champion Richard Shipton. His time 1.59.46 could have been even a bit quicker than that if he had not gone off course in the Chichester area. Paul Toppin pressed him every inch of the way finishing second with a time of 2.1.32 good enough to have won any previous occasion. There then came a trio of oldens, I'll use that expression because one of them doesn't use the term veterans. 3rd was Roy Holden with a personal best of 2.6.01, 4th in only his second race of the 1982 season was Keith Dodman in 2.8.21 and yours truly crept in, but still quite happy with 2.11.28. Other times were: Graham Tooley 2.16.12. Bill Procter 2.20.41, Ken Atkins 2.22.43, Mike Kennard, a fine effort for 2.23.34 in his first race at the distance, Paul West 2.25.16

and Reg Searle 2.38.38. Mike Kennard's performance got him a well deserved handicap win.

The detailed statistics including handicap:

1st.	Richard Shipton	1.59.46	Sc.	1.59.46
2nd.	Paul Toppin	2.01.32	2.30	1.59.02
3rd.	Roy Holden	2.06.01	10.00	1.56.01
4th.	Keith Dodman	2.08.21	6.30	2.01.51
5th.	Don Lock	2.11.28	13.00	1.58.28
6th.	Graham Tooley	2.16.12	13.00	2.3.12
7th.	Bill Procter	2.20.41	26.00	1.54.41
8th.	Ken Atkins	2.22.43	23.00	1.59.43
9th.	Mike Kennard	2.23.34	31.00	1.52.34
10th.	Paul West	2.25.16	18.00	2.07.16
11th.	Reg Searle	2.38.38	42.00	1.56.38

The Sussex Championship was won in a new course and event record time by the Velo Club Etoile's defending champion John Oakes with a superb 1.53.16. Richard's effort placed him 4th and Paul was 8th.

Don.

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An Announcement

It's not a rumour, it's official, we've had the news straight from the horses mouth. Mr. Taman Grooley and Miss Angela Walker have done it. It's the latest two-up in the Excelsior colours. There have been Club runs and weekends in the Lake District and finally wanderings in Wales. It has all led inexorably, inevitably to the engagement of this most 'engaging' of couples. Angela in particular has done much to improve the look of the club runs and recently the evening tens. Taman, sorry, Graham has clearly been troubled by his proposals, his racing has definitely been affected, but now that his offer has been accepted (it is understood to have included the new John Spooner-all-Campag frame)

and a date for cementation of these contracts has been set for September 1983, just watch him go! Lots of luck to you both.

CLUB 10 SERIES NO.1.

1.Paul Toppin	23.38	0.30	23.08
2.Andrew Lock	24.18	0.50	23.28
3.Mick Jones	25.12	1.25	23.47
4.Stuart Gibbs	25.30	1.20	24.10
5.Don Lock	25.34	1.35	23.59
6.Steve Jukes	25.50	1.45	24.05
7.Bill Procter	26.48	2.25	24.23
8.Graham Tooley	26.54	1.10	25.44
9.Ken Atkins	27.08	4.00	23.08
10.Mike Gibbs	27.24	4.00	23.24
11.Mike Kennard	27.32	4.20	23.12
12.Bill Patrick	27.36	3.50	23.46
13. Tom Lainsbury	27.45	4.20	23.25
14. Geoffrey Weston	28.44	5.25	23.19
15.Jeffrey Russell	28.57	6.00	22.57
16. Robert Downham	29.57	8.00	21.57
17. Tony Butler	29.58	5.40	24.18
18. John Grant	30.39	5.15	25.24
19.Betty Cox	31.37	5.35	26.02
20.Reg Searle	35.08	6.30	28.38

CLUB 10 SERIES NO.2.

1.Paul Toppin	23.12	0.30	22.42
2.Andrew Lock	23.42	0.55	22.47
3. Mick Jones	24.35	1.25	23.10
4.Stuart Gibbs	25.07	1.30	23.37
5.Graham Tooley	25.24	1.10	24.14
6.Steve Jukes	25.34	1.55	23.39
7. Paul West	26.36	1.55	24.41
8.Bill Procter	26.39	2.40	23.59
9. Mike Kennard	26.41	4.20	22.21
10.Bill Patrick	26.47	3.55	22.52
11. Mike Gibbs	26.50	4.10	22.40
12. Tom Lainsbury	27.26	4.30	22.56

27.40	7.00	20.40
		23.17
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		23.22
The second second		23.20
		24.28
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A PART IN		
22.58	0.30	22.28
23.50	0.55	22.55
24.20	1.00	23.20
24.35	1.25	23.10
24.56	1.40	23.16
25.15	1.35	23.40
25.41	2.00	23.41
25.59	-	_
26.10	2.45	23.25
26.13	3.55	22.18
26.13	2.00	24.13
26.32	4.10	22.22
26.37	4.10	22.27
27.10	5.50	21.20
27.30	5.05	22.25
27.44	4.35	23.09
27.47	5.45	22.02
27.51	5.10	22.41
28.05	5.25	22.40
28.21	6.30	21.51
28.21	5.25	22.56
28.43	5.50	22.53
28.50	5.55	22.55
		23.24
*****	***	
07 15	0 50	00 05
		22.25
		22.49
		22.38
		23.15
24.30	1.40	22.50
	23.50 24.20 24.35 24.56 25.41 25.41 25.59 26.13 26.32 26.37 27.10 27.44 27.47 27.51 28.21 28.21 28.21 28.43 28.50	28.27 5.10 28.30 7.00 28.51 5.15 29.12 5.50 29.50 6.30 30.18 5.50 **********************************

6.Steve Jukes	25.23	2.10	23.13
7.Bill Procter	25.58	2.45	23.13
8.Paul West	26.03	2.10	23.53
9.Mike Kennard	26.28	4.05	22.23
10.Mike Gibbs	26.34	4.00	22.34
11.Bill Patrick	26.57	3.50	23.07
12.Tom Lainsbury	27.02	4.45	22.17
13. Matthew Goswell	27.22	4.50	22.32
14.Geoffrey Weston	27.38	5.05	22.33
15.Jeffrey Russell	27.40	5.20	22.20
16.John Grant	27.55	5.30	22.25
17. Robert Downham	28.28	6.00	22.28
18.Tony Butler	28.35	5.55	22.40
19.Betty Cox	28.50	6.00	22.50
20.Reg Searle	29.54	6.40	23.14

CLUB 10 SERIES NO.5.

1.Paul Toppin	22.42	0.30	22.12
2.Andrew Lock	23.44	0.45	22.59
3.Stuart Gibbs	24.33	1.50	22.43
4.Stephen Jukes	24.43	2.20	22.23
5.Don Lock	25.00	1.50	23.10
6. Graham Tooley	25.14	1.10	24.04
7.Paul West	25.52	2.25	23.27
8.Bill Procter	26.00	2.50	23.10
9.Bill Patrick	26.21	4.00	22.21
10.Mike Kennard	26.23	4.00	22.23
11.Ken Atkins	26.27	4.00	22.27
12.Mike Gibbs	26.42	4.00	22.42
13.Matthew Goswell	26.43	4.40	22.03
14.Greg Ellis	26.45	4.30	22.15
15.Tom Lainsbury	27.14	4.35	22.39
16.Robert Downham	27.20	6.00	21.20
17.Richard West	27.32		
18.Geoffrey Weston	28.04	5.05	22.59
19.John Grant	28.11	5.30	22.41
20.Brian Cox	28.17	5.25	22.52
21.Ray Douglass	28.23	5.00	23.23
22.Reg Searle	29.53	6.50	23.03

CLUB 10 SERIES NO.6.

1.Paul Toppin	22.42	Sc	22.42
2.Andrew Lock	23.25	0.45	22.40
3.Mick Jones	23.33	1.25	22.08
4.Roy Holden	23.42	1.15	22.27
5.Stephen Jukes	24.22	1.50	22.32
6.Don Lock	24.36	1.55	22.41
7. Graham Tooley	24.38	1.15	23.23
8.Stuart Gibbs	24.49	1.50	22.59
9.Bill Procter	25.32	3.00	22.32
10.Matthew Goswell	25.38	4.20	21.18
11.Ken Atkins	25.42	4.00	21.42
12.Richard West	26.04	5.15	20.49
13.Bill Patrick	26.08	4.00	22.08
14. Mike Gibbs	26.12	3.55	22.17
15.Tom Lainsbury	26.22	4.35	21.47
16.Jeffrey Russell	26.48	5.00	21.48
17. Tony Palmer	26.50	-	
18.Geoffrey Weston	27.25	5.10	22.15
19.Brian Cox	27.42	5.35	22.07
20.John Grant	27.56	5.35	22.21
21.Betty Cox	28.19	6.10	22.09
22.Reg Searle	28.51	7.00	21.51
23.Angela Walker	32.57	Chapter	
	The second secon		

CLUB 10 SERIES NO.7.

23.19	Sc	23.19
24.13	0.45	23.28
25.03	1.15	23.48
25.21	1.45	23.36
25.31	2.00	23.31
25.50	3.10	22.40
26.56	3.55	23.01
27.18	-	-
27.26	4.35	22.51
27.33	3.50	23.43
28.30	4.35	23.55
29.01	5.00	24.01
	25.03 25.21 25.31 25.50 26.56 27.18 27.26 27.33 28.30	24.13 0.45 25.03 1.15 25.21 1.45 25.31 2.00 25.50 3.10 26.56 3.55 27.18 - 27.26 4.35 27.33 3.50 28.30 4.35

CLUB 10 SERIES NO.8.

1.Paul Toppin	23.43	Sc	23.43
2.Andrew Lock	24.08	0.45	23.23
3.Mick Jones	24.56	1.15	23.41
4.Don Lock	24.58	2.00	22.58
5.Stuart Gibbs	25.09	1.45	23.24
6.Bill Procter	26.30	3.00	23.30
7.Steve Jukes	26.38	1.40	24.58
8.Ken Atkins	26.44	4.00	22.44
9.Graham Tooley	27.02	1.30	25.32
10.Paul West	27.13	2.40	24.33
Matthew Goswell	27.13	3.30	22.43
12.Peter Scopes	27.16	5.00	22.16
13. Nike Gibbs	27.21	3.55	23.26
14.Mike Kennard	27.25	3.50	23.35
15.Jeffrey Russell	27.35	4.35	23.00
16. Tom Lainsbury	27.56	4.10	23.46
17.Richard West	28.13	3.50	24.23
18.Ray Douglass	28.35	5.15	23.20
19.Bill Patrick	28.37	3.50	24.47
20.Brian Cox	28.47	5.25	23.22
21.Betty Cox	29.28	6.05	23.23
22.Tony Butler	29.48	6.00	23.48
23.Robert Downham	30.01	5.00	25.01
24.Reg Searle	30.30	6.40	23.50
25.Angela Walker	34.56	10.00	24.56

CLUB 10 SERIES NO.9.

1.Paul Toppin	22.45	Sc	22.45
2.Mick Jones	23.48	1.15	22.33
3.Andrew Lock	23.50	0.45	23.05
4.Don Lock	24.46	1.50	22.56
5.Graham Tooley	24.47	1.45	23.02
6.Steve Jukes	24.48	1.50	22.58
7.Stuart Gibbs	25.08	1.45	23.23
8.Paul West	25.46	2.50	22.56
9.Matthew Goswell	26.05	3.20	22.45
10.Mike Gibbs	26.40	4.00	22.40
11.Richard West	26.42	3.50	22.52
12. Tony Palmer	26.45	4.30	22.15

13.Mike Kennard	26.51	4.00	22.51
14.Bill Patrick	26.52	4.00	22.52
15.Tom Lainsbury	27.12	4.15	22.57
16.Geoffrey Weston	27.32	5.00	22.32
17.Robert Downham	28.10	5.00	23.10
18.Tony Butler	28.34	6.10	22.42
19.Reg Searle	29.22	6.40	22.42
20.Chris Kennard	30.30		
21.Angela Walker	34.16	10.00	24.16

THE CLUB TWO-UP-TWO-UP

A twenty five mile two up on Tuesday 29th June followed by a two up 10 on Thursday 1st July. The same teams and the aggregate times being taken to make it a two part event. The G938, Angmering to Westhampnett and back course on Tuesday provided reasonable conditions, fairly hard on the way out and faster if not exactly easy on the return. The G914 Washington course slowly recovering from the ridiculous scattering of large grit with little adhesion was in one of its mean moods with little help anywhere and one long agony stretch to the finish.

Our fastest two Richard Shipton and Paul Toppin paired up and on each evening gave a demonstration of speed quite unmatched by anyone else, although at all levels there was very keen competition and generally the event was a success. It was extremely sad therefore that in the ten there should have been two accidents both involving private trials by teams from the Brighton Excelsior. In both cases only the riders themselves were involved and although ambulances and police were called, they were both allowed home from hospital the same evening. It is to be hoped that this will have no adverseaffect upon future use of the course.

F	u11	R	esu	lts	:		
-	Take Y				100012110		

lst.Richard Slipton Paul Toppin	25. 56.53 10. 21.51	1.18.44
2nd.Keith Dodman Andrew Lock	25. 59.58 10. 23.10	1.23.08
3rd.Don Lock Graham Tooley	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	1.25.12
4th.Stuart Gibbs Stephen Jukes	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	1.26.32
5th.Bill Procter Mike Kennard	25. 1.05.01 10. <u>25.28</u>	1.30.29
6th.Tony Palmer Mike Gibbs	25. 1.06.00 10. <u>25.24</u>	1.31.24
7th.Ken Atkins Tom Lainsbury	25. 1.06.16 10. <u>25.38</u>	1.31.54
8th.Matthew Goswell Richard West	25. 1.08.34 10. <u>25.43</u>	1.34.17
9th.Paul West Robert Downham	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	1.38.58
10th.Ray Douglass Reg Searle	$\begin{array}{cccc} 25. & 1.13.44 \\ 10. & & 27.59 \end{array}$	1.41.43

Roy Holden riding with second claim member Mick Jones recorded 1.01.05 and 23.26 for an aggregate of 1.24.31 and Brian and Betty Cox had their own version with a tandem 25 of 1.06.05 and a proper two-up ten of 27.30.

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THE OPEN TEN

Dave Hudson moved this from Thursday to Saturday because of his change in employment and obtained abest yet entry of 91, and this despite the recent scattering of large size grit by the local Highway Authority. He warned us in the start sheet that it usually rained and we were advised to bring Cape mudguards and welly boots. After

the deluge and flooding that some suffered in the Findon area, he should have included southwester, waders and webbed feet! A white liquid came off the downs - chalky white, and another came out of the farms farmyard brown, it made a mess of some nice clean bicycles. While this was happening at Findon other parts of the course were "enjoying" thunder and lightening, hail, strong winds and some actually had sunshine. The ladies in charge of refreshments. obviously all good people, had it dry, quite a remarkable weather performance Dave and you have us all wondering how you can better this in 1983. The organisation was 100% and how does he get all those marshalls out, why some people I saw I haven't seen in months. He must have a talent for this; is it charm? Or is it blackmail?

The racing that was permitted between the weather and the smashing refreshments was, as usual, fast for some and not so fast for others. Tony Goodsell from the Archer Road Club smashed an enormous gear round in 22 minutes 21 seconds and our own Paul Toppin made a very good effort for second place in 22.53. These were the only two to beat 23 minutes. Colin Tamon, third in 23.02 led the Central Sussex to another team win beating us by a margin of 31 seconds. Our team was completed by Andrew Lock who repeated last year's win in the juvenile section and Stuart Gibbs who similarly repeated last year's win in the junior section.

Worthing times after Paul were Andrew 24.00, Stuart 24.35, Don Lock 24.45, Graham Tooley 25.10, Steve Jukes 25.23, Tony Palmer 25.55 (within a few seconds of his best of ——years ago) Matthew Goswell 26.17, Bill Procter 26.23, Ken Atkins 26.25, Tom Lainsbury 26.49, Mike Kennard 26.56, Robert Downham (what a day to do a personal!) 27.00, Richard

West 27.04, Mike Gibbs 27.14, Jeffrey Russell 27.18, Brian Cox 28.08, Geoffrey Weston 28.19, Tony Butler 28.46, Betty Cox and Ray Douglass 28.50 and Reg Searle 29.28.

It's nice to offer congratulations on engagements, already in this magazine we have reported the plans of Graham and Angela. Now we learn, officially, Bernie has actually put it in writing that he "Bernie Bethell" is to marry Gill Isherwood. We don't see a lot of Bernie but he has been a member for many years. He loves the social occasions very keen on continental trips - and Gill well she's been dragged along on so many that we assume she's decided it might as well be permanent. We did suspect something was in the air in May 1981 when they were surprised to meet the Gibbs/Lock Welsh tour near Bedgelert in Snowdonia - said something about being out for a walk! Anyway Bernie will keep her going on cheese and crackers from his attache case. All the very best to you both. Sorry readers, don't know the date.

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Did you know that Steve Jukes has become a pigeon fancier? Or is it more correct to enquire if pigeons have become Steve Jukes fanciers? Two tried to get on his bike while it was being conveyed to the New Forest on the top of Mike Gibbs car, and one made it. As someone remarked looking at the mess in the backwheel, "no one could say that Steve hasn't got guts could they". Oh! and by the way, if anyone is currently stuffing pillows Steve's telephone number is Storrington 3364.

How to corner at speed everyone learns - but - too fast in the wet and it's into the ferns.

Mike Kennard Bundon. Open 10 . 3rd July 1982

1982 World Cycling Championships— Great Britain

PROGRAMME

23 August to 29 August inclusive	Track	events	Leicester
1 September	11.00	100 km amateur team time trial	Goodwood
4 September	09.00	Women's road race	Goodwood
4 September	12.30	Amateur road race	Goodwood
5 September	09.00	Professional road race	Goodwood

Course for road races at Goodwood

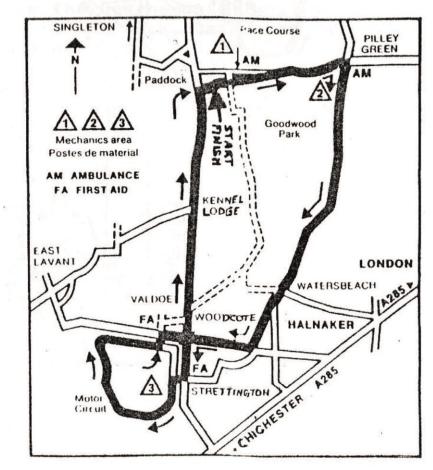
The course for the individual road races lies in the Sussex Downs around Goodwood House, one of Britain's loveliest stately homes. All three world championships road races will start and finish close to the world famous Goodwood horse racecourse.

Length of course: 9.5 miles

Distance to be covered: women (4 laps) 38 miles ramateurs (12 laps) 114 miles professionals (18 laps) 171 miles

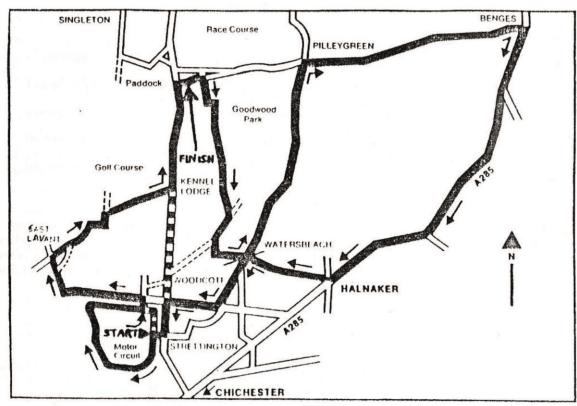
Longueur: 15.21 km

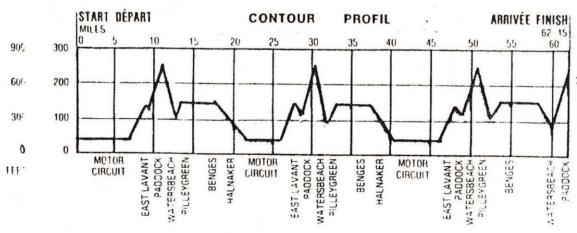
Distances des épreuves: dames (4 tours) 61.20 km amateurs (12 tours) 183.40 km professionnels (18 tours) 275.00 km



Course for 100 km team time trial at Goodwood

The course for the 100 km amateur team time trial starts with almost three laps of the Goodwood motor racing circuit and then covers three laps of a road circuit through the Goodwood estate and also on closed public roads. Towards the end of the third lap teams do not enter the motor racing circuit but turn right at Woodcote towards the finish.





Sussex Cyclists' Association and Club 100 mile championship The 'Sussex Mutual Hundred'

11th July

This promotion was agin undertaken by Ray Douglass and he made a super job of it. Well organised and well marshalled it was a very good event of which the S.C.A. and its sponsors the Sussex Mutual Building Society can be proud. Ray has, no doubt, thanked all the very many people who helped in so may ways, but as a rider and on behalf of all the riders, I would like to add my thanks - all the help was very much appreciated.

The wind which was quite stiff was from an easterly quarter and the west to east final stretch was hard seeing a number pack and many lose ground on their personal schedules.

Alan Edmonds from the Bournemouth Jubilee Wheelers managed to peg back the course and event record to a new 4 hours 4 minutes 45 seconds and its now four years out of five that this record has been improved. As Alan said afterwards "the top 100 milers would take it down another quarter of an hour without trouble." Clearly he feels the course is that good.

Last year's winner Paul Lipscombe from Central Sussex, still nursing a leg injury was there to defend his trophies, but had to settle for second place with 4.14.28, but retained his Association trophy for which Alan Edmonds was not eligible. His team mate Colin Tamon was third in 4.15.59.

Worthing's entry, and this comprised the Club's own championship was eight, but only seven faced the starter, with Roy Holden suffering from exhaustion after his recent

house moving (most people buy a new one)..... being the 'D.N.F.'. The times were:-

1.Richard Shipton	4.23.45	11.00	4.12.45
2.Paul Toppin	4.28.15	13.00	4.15.15
3.Keith Dodman	4.33.02	17.00	4.16.02
4.Don Lock	4.39.22	32.00	4.07.22
5.John Mansell	5.06.16	50.00	4.16.16
6.Graham Tooley	5.12.10	33.00	4.39.10
7.Reg Searle	5.58.52	85.00	4.33.52

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Junior 15 Championship July 8th 1982

The course used was the evening ten, G.914, with the additional five miles south over the Washington By-pass to Findon roundabout and then retrace to a point about 200 yards north of the start. Although in the tens, we have a gift hill, in this fifteen you certainly pay for it and that last five miles is very tough. The evening was hot and humid and although calm was not, in most opinions, conducive to fast times.

Stuart Gibbs had the unfortunate draw at No.1. with no one to chase so set to in a determined manner to get the whole thing over with as quickly as possible. His recent form had been encouraging and this might be his chance to upset the scratchman. Robert Downham at No.2. lacks nothing in whole-heated effort and was soon pulling away from the most recent addition to our racing juniors, Chris Kennard. With a handicap allowance of 12 minutes, Chris also had something to ride for. He was not to be put off by Steve Jukes steaming past from the No.4 spot and looking very smooth indeed.

Richard West was next and was fighting hard to keep clear of Andrew Lock. Andrew was riding smoothly but looked grim faced and seemed to have less than his usual pace. Had he missed out on his Bovril!

When Ray Douglass returned to the top of the hill after timekeeping the times showed just what a good little group of under eighteens we have, and the result, it could not have been closer:-

1.Andrew Lock	37.12	Sc	37.12
2.Stuart Gibbs	37.13	2.30	34.43
3.Steve Jukes	38.22	4.00	34.22
4.Richard West	41.57	6.00	35.57
5.Robert Downham	43.57	10.00	33.57
6.Chris Kennard	45.32	12.00	33.32

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CLUB 15 15th	JULY 1982		
1st.Paul Toppin	35.44	Sc	35.44
2nd.Andrew Lock	37.18	1.40	35.38
3rd.Stuart Gibbs	38.32	2.30	36.02
4th.Don Lock	38.55	3.30	35.25
5th.Graham Tooley	39.21	4.00	35.21
6th.Steve Jukes	39.28	3.30	35.58
7th. : : ke Kennard	41.19	4.50	36.29
8th.Bill Proctor	41.23	6.00	35.23
9th.Ken Atkins	41.27	5.00	36.27
10th.Tony Palmer	42.06	5.30	36.36
11th.Richard West	42.40	6.40	36,00
12th.Tom Lainsbury	42.42	6.50	35.52
Mike Gibbs	42.42	6.50	35.52
14th.Brian Cox	43.49	8.00	35.49
15th.Betty Cox	45.10	10.00	35.10
16th.Chris Kennard	45.18	9.20	35.58
17th.Reg Searle	47.20	10.00	37.20
18th.Angela Walker	54.10	12.30	41.40

Private Time Trials

Paul West 40.12 Jeffrey Russell 43.04

A grey and windy evening with the heavy threat of storms made it harder than for the previous week's junior event, but Paul put the times in perspective with his 35.44 and Betty Cox did best with a little help from Mr. Dougcap Handiglass, — who asked Mr Gabbletalk in — go away.

Gabbletalk popped in again - said he'd been looking at some of our recent signings. He particularly liked the look of Westward Rich quite a greyhound he thought. Another of the junior intake to catch his eye was Gaspipe Mowswell - drives a brown Corsair. Then there's Cake Meanard and his younger brother 'Crumble', both he thought were going to show considerable improvement, and would greatly benefit from a winter's training under Coachy Gibbs. Should flatten something out he said. He was impressed by 13 year old Doughboy Roundham but hoped he wouldn't try those big Procter gears too early. We had to point out that the one he called Pantomine Almer just down from the hills at the back of Brighton wasn't really new but just another of these comebacks. We were quite glad when he left - we didn't have much idea half the time who the devil he was talking about anyway!

The Club Championship 25 Inter Club with Bognor Regis C.C. Sunday 18th July

The resurrection of the inter-club added something extra to the Club's individual championship as well as giving us a nice change with the event being run this year on their course from Colworth just north west of Bognor out to Langstone roundabout on the A.27 and back. It was the aggregate of the best six to count and we had greater strength in depth. We ran out quite comfortable winners but individually they produced the fastest ride with a super effort from Paul Reeves recording 57.5.

Paul Toppin had clearly held hopes of dislodging Richard Shipton from his hold on this trophy but although he came very close once again Richard has held him off.

Championship times:-

1.Richard Shipton	58.01	Sc	58.01
2.Paul Toppin	58.18	0.20	57.58
3.Andrew Lock	1.01.06	2.40	58.26
4.Stuart Gibbs	1.02.22	4.30	57.52
5.Roy Holden	1.02.53	3.25	59.28
6.Don Lock	1.03.02	4.10	58.52
7.Steve Jukes	1.03.30	6.00	57.30
8. Graham Tooley	1.03.56	6.15	57.41
9.Mike Kennard	1.7.19	8.30	58.49
10.Tom Lainsbury	1.07.47	11.30	56.17
11.Ken Atkins	1.08.21	8.15	100.06
12.Mike Gibbs	1.08.22	9.45	58.37
13.Bill Procter	1.08.34	9.15	59.19
14. Tony Palmer	1.08.54	12.10	56.44
15.Brian Cox	1.10.29	12.20	58.09
16.Tony Butler	1.14.01	13.30	1.00.31
17.Betty Cox	1.14.47	13.50	1.00.57
18.Reg Searle	1.15.05	14.40	1.00.25

Our best six aggregated 6 hours 5 minutes 42 seconds while Bognor's best totalled 6 hours 14 minutes 33 seconds.

Next year we have them over on our G.938 course and defend the tankard trophy which they are having engraved. It was last competed for in 1965.

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Another record goes

This time a place to place record with Andrew Lock putting up new figures for the school boys Worthing to Arundel and back. He crashed, hitting a dog in Arundel, had to stop again to straighten handlebars, and then fought his way back against a strong headwind with a rear wheel that was a write off, very badly buckled. Paul Toppin's previous record 42 minutes 59 seconds was reduced to 42 minutes 18 seconds. Andrew started at 8.00 p.m. on Monday 19th July from the clubroom, Paul Toppin did the turn and Roger Smallman held the wath. Andrew thanks these and the several others who turned out to encourage.

More Records

Paul Toppin smarting at having his schoolboy records beaten by Andrew Lock is getting back at Andrew's Dad. On Friday morning "6.00 a.m." 23rd July, he attacked and broke Don's record for Worthing Arundel and back. He knocked 1 minute 14 seconds off the record bringing it down to 50 minutes 1 second. The record at senior level is from Worthing Pier while the schoolboy and junior records are from the Club room at Broadwater. Andrew retaliated on Monday 26th July with an evening attempt on another of Paul's old schoolboy records. Suffering from a bad cough, he found the Worthing to Littlehampton and back much tougher but managed to improve it by 12 seconds and it now stands at 30 minutes 34 seconds for the 12.8 miles between The North Star in Littlehampton Road and The Globeat Wick.

