

CYCLING CLUB ARE 90

OFFICIALS elected for the 90th year of Worthing Excelsior Cycling Club are: president, W. D. Argent; chairman, C. G. Lednor; secretary, J. Mansell; treasurer, R. H. Douglass; touring secretary, J. Gildersleeve; road/track secretary, C. Miller; club events secretary, K. Dodman; Evening 10's secretary, J. Biddle; social secretary, T. Puttick; Press secretary, I. Reader.

The club's membership has increased, particularly in the under-16s section, and it has been decided to arrange a series of five-mile time trials for the 11-14 age group to introduce the youngsters into competitive cycling and until they have the stamina for longer events.

After 25 years' unbroken membership, Mrs C. Hughes and Ray Douglass were elected life vice-presidents. J. Mansell and R. Mills were elected vice-presidents.

CYCLING STARTS

SUNDAY saw the start of Worthing Excelsior Cycling Club's season when 18 riders competed in the annual Circuit Time Trial which started and finished at Sompting Church and covered two circuits of the Findon/Clapham/Offington roads. Dry, sunny weather with a light wind provided the basis for a successful event. Of the ten seniors and five juniors from the club, the favourite according to the handicapper was Richard Shipton. Result: 1, R. Shipton, 57.00; 2, J. Biddle, 1.00.40; 3, P. Reeves, 1.1.25; 4, J. Mansell, 1.1.55; 5, J. Peters, 1.2.46. The handicap award was won by R. Shipton with his scratch time.

CYCLING

Time trials start

WORTHING Excelsior Cycling Club's Time Trial season commenced with the Spring 25 event. The maximum gear size was restricted to 72in following a motion passed at the annual meeting.

Although conditions were mild, the riders were hampered by showery weather and a south easterly wind on the second half of the course.

The event was won by R. Shipton, who continues his successful start to the season, in a time of 1.7.40.

Other placings: 2, K. Dodman,

1.8.12; 3, P. Reeves, 1.9.05; 4, J. Biddle, 1.9.40; 5, P. Toppin, 1.11.21; 6, C. Miller, 1.11.29; 7, N. Burrows, 1.12.08.

The fifth and seventh riders are both juniors and they enjoyed good rides against the senior competition.

Another young rider, R. Powell, in his first 25-mile event, recorded a time of 1.27.54; an extremely good effort.

Club secretary, J. Mansell, after riding to the start from Crawley, finished in 1.15.24. George Matthews, one of the club's fastest riders, did not finish because of brake trouble.

W GAZETTE

MARCH 23

WORTHING GAZETTE MARCH 23rd
1977

FEBRUARY 1977

CYCLING

George is first

LAST WEEKEND the Sussex Cycling Association held two time trials in the Worthing area. The first was a ten mile event on the Washington course, supported by 56 riders from 11 clubs in Sussex and Hampshire.

Cliff Sharp from Eastbourne was the favourite with George Matthews from Worthing Excelsior Cycling Club his closest challenger. The strong southerly wind detracted from the dry sunny conditions and made the last two miles of the course the most difficult. George overcame the conditions and produced a good ride to finish in 24min 4sec; second place went to S. Harkness (Brighton Mitre) with 24.22 just two seconds ahead of Sharp.

Other Worthing times: P. Reeves 25.44; P. West 26.18; I. Reader 30.30; W. Holden 31.57 in his first TT for 20 years.

A Juvenile 10-mile TT followed the main event and, with 18 entries, was closely contested.

M. Tanner (Brighton Mitre) produced an excellent ride to win the event in a time of 25.07, second was I. M. Burgess (Lewes Wanderers) the favourite, with 25.51 and third P. Toppin (Worthing Excelsior) with 26.36.

Other Worthing times: N. Burrows 27.10; J. Peters 28.05; R. Powell 30.49; K. Tilbury 30.52.

Both ten mile events were organised by Ray Douglass of Worthing Excelsior.

On Sunday, the SCA 25-mile TT was supported by 72 riders, many having their second ride of the weekend. The strong easterly wind proved difficult on the second half of the course but did not prevent Cliff Sharp from winning in a time of 1hr 00min 36sec. George Matthews finished second with 1.1.24.

Other Worthing times: R. Shipton 1.3.03; C. Miller 1.8.00; G. Tooley 1.8.32; J. Biddle 1.10.32; J. Cheetam 1.11.17; R. Douglass 1.11.25; J. Williams 1.14.23.

WORTHING
HERALD

MARCH 25TH
1977

Excelsior in the rain

Worthing Excelsior Cycling Club riders were well distributed on Sunday. Three rode in the Kentish Wheelers 25 mile T.T. on a new course based on the newly-opened Esher by-pass in Surrey.

Despite heavy rain throughout the event the course produced some fast times, with the winner Derek Cottingham finishing in 57 minutes 8 seconds.

P. Reeves from Worthing rode well to complete the course in 1.5.40 and believes that with more suitable conditions many riders could pro-

duce very good times on this course.

Paul West and R. Douglass were the other two Worthing riders and finished in 1.9.18 and 1.10.48 respectively.

John Middle and Colin Miller competed in the Brighton Mitre C.C. Two-up 25 held on the Worthing course. This is an event where two riders ride together as a team from start to finish competing against the other teams.

Their time of 1.7.30 was good on this course when the disadvantageous weather conditions are taken into account.

WORTHING HERALD
APRIL 1ST 1977

WORTHING HERALD APRIL 29TH 1977

EXCELSIOR CYCLING

DODMAN PIPS SHIPTON

WORTHING Excelsior Cycling Club held their club 25-mile championship time trial on Sunday in a strong west wind which slowed riders considerably on the first half of the course.

On the return, however, the wind helped the riders to produce some reasonable times.

Richard Shipton, who has started the season well, was co-favourite with Keith Dod-

man, but in the event Keith beat Richard.

Two riders in their first 25-mile event, D. Waghorne and S. Sherlock, produced good times.

The event was well supported and produced good results for some riders after last week's disappointments in circuit races at Crystal Palace.

The handicap award was won by Dodman, scratch time 1.4.00.

Time trials result: 1, K. Dodman, 1.4.00; 2, R. Shipton, 1.5.48; 3, P. Reeves, 1.8.46; 4, P. Toppin, 1.10.24; 5, N. Burrows, 1.11.01; 6, D. Lock, 1.11.02; 7, R. Douglass, 1.12.26; 8, J. Antram, 1.13.31; 9, J. Cheetham, 1.14.34; 10, J. Mansell, 1.14.38; 11, M. Poland, 1.14.47; 12, D. Waghorne, 1.16.04; 13, S. Sherlock, 1.21.02; 14, I. Reader, 1.34.45.

WORTHING HERALD 6TH MAY 1977

CYCLISTS KEEP UP DUEL

FIVE members of Worthing Excelsior Cycling Club took part in the East Sussex Cycling Association's 25-mile time trial held in the Uckfield area. Dry conditions with a light breeze proved favourable for the event.

The duel between Keith Dodman and Richard Shipton continued with Keith being the faster rider this time.

Keith and Richard were beaten by Cliff Sharp (Eastbourne Rovers) with a time of 59-48.

Worthing times — Keith Dodman (2nd), 1-1-45;

Richard Shipton (3rd), 1-2-25; P. Reeves 1-7-35; J. Antram 1-9-44; J. Mansell 1-9-55. Dodman, Shipton and Reeves finished as the second placed team.

Tomorrow (Saturday), Excelsior road races for juniors and seniors will be on the Ashington - Coolham - Thakeham course (start 2.20 seniors at Thakeham; 2.30 juniors at Thakeham).

There will be 65 starters for the two events and several well known riders will be competing, including a team from Kent.

WORTHING
HERALD MAY 20TH
1977

CYCLING

RECORD ENTRY FOR TEN

A RECORD entry for the first event of Worthing Excelsior Cycling Club's Evening Ten Mile Time Trial Series. 30 starters set off on the Washington course in dry conditions which helped produce some good times.

Half of the starters were juniors and their involvement in the series will create some good competition within the club. Keith Dodman, again showing good form, finished in 24 minutes... beating George Matthews by 23 seconds.

The juniors produced good times with many having their first events.

Other times were as follows:

M. Tanner (Brighton Mitre), 24-25; G. Tooley (Worthing Excelsior), 24-40; P. Reeves, 25-04; N. Burrows, 25-28; P. Toppin, 25-31; J. Antram, 25-52; D. Luck, 25-55; D. Waghorne, 26-02; R. Douglas, 26-04; J. Williams, 26-21; J. Peters, 26-33; J. Cheetham, 26-57; M. Poland, 27-22; K. Tilbury, 30-03; N. Scott, 31-00; J. Gildersleeve, 31-26; R. Powell, 31-38; S. Cornelius, 31-53; A. Lock, 34-06; P. Macmillan, 34-30.

CYCLING

BLANKET FINISH

In showery conditions last week only 12 finished out of 27 starters in Worthing Excelsior Cycling Club's open first and second category riders road race but less than two cycle lengths separated first and last.

The winner for the second year in succession was G. Hall of Redmon in 2 hours 28 minutes 31 seconds for the four laps of the 15 mile course.

The junior event had 18 finishers out of 31 and the winner was P. King (Redhill) in 1 hour 55 minutes 48 seconds after three laps.

WORTHING
GAZETTE
MAY 18TH
1977

WORTHING HERALD MAY 27TH 1977

CYCLING

Matthews wins

THE SECOND of Worthing Excelsior Cycling Club's Evening Ten Mile time trials attracted 40 starters and, in reasonable conditions, some good times were produced.

George Matthews won the event with a time of 24-19, just nine seconds faster than S. Harkness of Brighton Mitre.

Pete Reeves finished one second slower than M. Tanner

of Brighton Mitre, with a time of 24-57.

Other Worthing times: K. Dodman 25-02, D. Waghorne 25-19, G. Tooley 25-22, P. Toppin 25-45, N. Burrows 26-01, P. West 26-28, D. Lock 26-34, R. Douglass 26-48, J. Peters 26-54, J. Cheetham 27-03, J. Williams 27-15, M. Poland 27-57, K. Tilbury 29-00, R. Aylmore 29-25, R. Holden 29-44, I. Reader 30-18, R. Powell 30-19, J. Gildersleeve 30-27, W. How 31-20, N. Scott 32-11, A. Hawes 32-12, S. Cornelius 32-33, P. Macmillan 34-38, A. Lock 34-45.

CYCLING

MATTHEWS SETS FASTEST TIME

LAST Thursday saw a win for Pete Reeves in Worthing Excelsior Cycling Club's 10-mile time trial, held at Washington, with a time of 24mins 50 secs, although Worthing's George Matthews, riding for the West London Archer R.C., recorded the fastest time of 23 mins 47 secs.

Second in the club event was Don Lock in 25 mins 22 secs, showing that he has not lost all of last year's fitness. Third was Graham Tooley in 25 mins 42 secs.

Other times: P. Toppin, 26-03; A. Orman, 26-10; J. Cheerham, 26-20; Roy Holden, 26-26; N. Burrows, 26-55; M. Poland, 27-04; J. Peters, 27-06; N. Scott, 28-59; Robin

Holden, 29-41; R. Powell, 30-21; J. Gildersleve, 30-37.

A five-mile time trial for under-16's was held before the ten mile event, the youngsters having a series of four events during the summer months competing for two new trophies donated by club member Dennis Dean.

Kevin Tilbury recorded the fastest time in 13 mins 15 secs, being over threequarters of a minute faster than second placed Andrew Hawes, who recorded 15 mins 01 secs.

Third was Simon Cornelius in 15 mins 21 secs. Other times: Colin Hardy, 15 mins 52 secs, Andrew Lock, 15 mins 49 secs.

WORTHING HERALD JUNE 10TH 1977

CYCLING

Seven ride in time trial

SEVEN members of Worthing Excelsior Cycling Club took part in the East Sussex Cycling Association's 50-mile time trial held in the Hellingly-Ringmer-Uckfield area on Sunday. The event was won by Cliff Sharp of Eastbourne with a time of 1-59-46.

Richard Shipton was the fastest Worthing rider with a time of 2-6-30. Keith Dodman finished in 2-9-17. Other riders — J. Mansell, 2-17-40; R. Douglass, 2-18-16; J. Cheetham, 2-19-16; M. Poland, 2-26-16; J. Williams, 2-28-07.

WORTHING
HERALD
JUNE 17TH 1977

WORTHING
GAZETTE

JUNE
15TH
1977

CYCLING

WET AND WINDY RIDE

WORTHING Excelsior Cycling Club's evening 10-mile time trial on Thursday took place in wet and windy weather conditions which made for an uncomfortable ride in this, the fifth in the series of 12. Only five Excelsior members faced timekeeper Charlie Lednor and Pete Reeves recorded the best time, 24 min, 52 sec.

Second in the club event was Paul Toppin with a creditable personal best time of 25 min, 7 sec. and third was Nigel Burrows in 25 min, 32 sec. The other two riders were Nigel Waghorn (26 min, 7 sec.) and John Gildersleve. 31-13
George Matthews (Archer

23-53

WORTHING GAZETTE JUNE 22nd

CYCLING

DODMAN SEES A BEST TIME

THURSDAY saw the sixth event in Worthing Excelsior Cycling Club's 10-mile series and the event was won by Keith Dodman in a personal best time of 23 min 12 sec.

Second was Pete Reeves in a time of 24 min 31 sec. This gives both Dodman and Reeves three wins each, with another six events left.

Don Lock was third recording 24 min 45 sec and feeling fit after his 500-mile tour over

the Jubilee weekend.

Fourth was Paul Toppin who recorded a personal best time of 25 min 04 sec.

Other times were: — G. Tooley 25.18, R. Douglass 25.36 Roy Holden 25.39, N. Burrows 26.14, D. Waghorn 26.06, J. Peters 26.23, M. Poland 27.22, Robin Holden 28.11, I. Reader 28.18, K. Tilbury 28.34, N. Scott 28.40, R. Powell 29.06, W. How 29.13, A. Hawes 30.30, C. Hardy 30.32, A. Lock 32.06.

WORTHING
HERALD
JUNE 24TH
1977

CYCLING

DODMAN KEEPS GRIP ON 50

A CONVINCING win for Keith Dodman, of Worthing Excelsior Cycling Club, in the Sussex Cyclists Association's 50-mile Time Trial on Sunday.

In slippery conditions he recorded a time of 2hrs 8mins 22secs, three minutes faster than A. Limbrey of Brighton Mitre.

Keith's time formed the basis for Worthing Excelsior to win the team award with support from R. Shipton 2-13-14, and D. Lock 2-16-14. They beat the second placed Central Sussex C.C. team by ten minutes.

The other Worthing times were J. Mansell, 2-24-53; M. Poland, 2-30-32; J. Williams, 2-31-10.

Paul West competed in the Junior 10-mile T.T. and finished with a time of 26-53.

The previous week, Paul West and John Peters competed in the South Western Jubilee Road Race over a 36-mile course at Ellens Green. This Junior event finished in a bunch sprint with Paul finishing 13th and John 15th.

CYCLING

Dodman first in evening ten

THURSDAY saw a good turnout of riders for Worthing Excelsiors Cycling Club's evening ten mile time trial with Keith Dodman first in 23min 46sec. Second was Pete Reeves in 24min 35sec and third Don Lock in 24min 57sec.

The current battle between Paul Toppin and Duncan Waghorn resulted in the later finishing fourth in 25min 20 sec, while Paul Toppin had to be content with ninth place.

The fastest time of the

evening was recorded by George Matthews (Archer R.C.) who had only hours before returned from racing in Paris the previous evening. He recorded a time of 23min 31sec.

Other Excelsior times: N. Burrows, John Mansell 25-30; Ray Douglass, 25-44; Paul West 25-45; Paul Toppin, 25-59; John Cheetham 26-19; John Williams, 26-32; M. Poland 26-35; G. Tooley, 26-41; S. Sherlock, 27-24; K. Tilbury, 28-30; R. Scott, 28-34; R. Powell, 29-49; J. Gildersleve, 31-19; A. Lock, 32-25; C. Hardy 32-30; R. Macmillan, 34-15.

WORTHING HERALD JULY 8TH 1977

CYCLING

Shipton records good time

FIVE members of Worthing Excelsior Cycling Club took part in the East Sussex Cycling Association 25 mile time trial. Richard Shipton recorded a good time of 1-2-48 with Cliff Sharp of Eastbourne Rovers the only man under the hour with a time of 58-49.

J. Cheetham recorded a personal best time of 1-7-07; C. Miller did 1-9-06; M. Poland 1-10-06 and J. Williams 1-10-28.

The results of the Ron Mills open 25-mile time trial have now been published following an R.T.T.C. inquiry

which disqualified a rider. The event was won by Cliff Sharp of Eastbourne in 59-19 with R. Shipton second in 1-01-21 and third was M. Ryall of Epsom C.C.

The handicap award was won by D. Waghorne of Worthing Excelsior with an actual time of 1-06-52 (personal best) and a handicap time of 54-22. Second on handicap was R. Stapley of Epsom C.C. who came fourth overall in 1-01-57.

Epsom C.C. won the team award with an aggregate time of 3-9-33.

WORTHING GAZETTE JULY 13TH

CYCLING

TWO-UP TIMES

WORTHING Excelsior Cycling Club held a two-up 25-mile event on the Hammerpot to Chichester course on Thursday, and some excellent times were recorded by almost all the competitors. The fastest came from Keith Dodman and Richard Shipton, who recorded 57min 11sec.

Second fastest was Excelsior's Pete Reeves riding with local George Matthews (Archer Road Club) who

recorded 59min 19sec (not eligible for any club awards).

Second in the club event were Don Lock and club secretary John Mansell who, despite Lock puncturing at Arundel after three miles, recorded 1-2-17.

Paul Toppin, who paired with John Peters, set a creditable 1-2-57.

Other times: J. Cheetham/J. Williams, 1-3-11; G. Tooley/I. Downs 1-3-24; B. Coomber/N. Welsh, 1-6-56.

WORTHING HERALD
JULY 22ND 1977

CYCLING

Excelsior win team award

EARLY on Sunday morning 38 riders competed in the Sussex Cyclists Association Open 100 Miles Time Trial sponsored by the Sussex County Building Society. In good conditions, Cliff Sharp (Eastbourne Rovers) broke the course record with a time of 4-14-57.

Richard Shipton (Worthing Excelsior Cycling Club) rode well to finish third in 4-25-16. This time provided a sound basis for Excelsior to win the team award with support from John Cheetham 4-50-18 and Ray Douglass 4-54-02, a total of 14-09-36.

Graham Tooley, also of Worthing finished in 5-26-30. J. Mansell did not finish.

WORTHING GAZETTE JULY 20TH

CYCLING

Keith slows a little

THURSDAY saw a return to Worthing Excelsior Cycling Club's popular ten mile evening time trials held on the local Washington course. As in previous weeks, Keith Dodman recorded the fastest time with 23m 53s... slower than his usual times.

Second was Pete Reeves in 24m 29s, just ahead of his old rival Don Lock, who was just

13 seconds slower in 24-42. Fourth was Graham Tooley in 24-55.

Other times: → N. Burrows, 25-07; R. Holden, 25-30; J. Mansell, 25-32; J. Williams, 26-18; M. Poland, 26-25; M. Perryman, 27-25; C. Hardy, 29-50; A. Lock, 31-51; P. Atkins, 41-39.

This Thursday, Excelsior are holding a 15-mile time trial.

WORTHING GAZETTE JULY 27TH

CYCLING

Top place for Toppin

PAUL TOPPIN won Worthing Excelsior Cycling Club's Junior 15-Mile Championship with a time of 39min 33sec on Thursday on the sporting Ashurst, Partridge Green course.

Second was Nigel Burrows, who was exactly half a minute slower in 40-03. Third was Simon Cornelius in 54-14 and fourth Paul Alkins in 69-00.

There was a rather disap-

pointing turn out for the event.

Nigel Burrows won the handicap section, taking into account an allowance.

Several senior riders rode the course, their times being: P. Reeves, 38-42; G. Tooley, 40-15; W. Holden, 40-17; J. Hollis, 41-19; J. Williams, 42-35; G. Willeter, 44-59; K. Tilbury, 45-18; R. Holden, 46-27; W. How, 46-38.

WORTHING
GAZETTE
AUGUST 3RD 1977

CYCLING

Reeves comes home first

PETE REEVES recorded the fastest time in Worthing Excelsior Cycling Club's 15-mile time trial at Ashington on Thursday. He completed the undulating course through Ashurst and West Grinstead in 38min 30sec.

Paul Toppin, who the previous week won the junior event over the same circuit, was only 17 seconds slower than Reeves. Nigel Burrows was third in 39.42.

R. Holden finished in 41.18 and other times were J. Hollis 42-10 and G. Willeter 45-22.

Windy

Paul Toppin won the handicap section of the event, taking full advantage of one and a half minutes on Reeves.

On Sunday, Richard Shipton and Pete Reeves competed in Sydenham Wheelers 25-mile time trial on the A2 at Gravesend. In spite of the windy conditions, Shipton recorded 1hr 2sec. Reeves had a disappointing 1hr 4min 25sec.

This Thursday sees a return to the 10-mile series at Washington.

WORTHING HERALD
12 AUGUST 1977

CYCLISTS RETURN GOOD TIMES

SOME GOOD times were returned in Worthing Excelsior Cycling Club's Clapshaw and Sherwin trophy events on Sunday.

The Clapshaw event for seniors over the 25-mile course produced a fine ride by Richard Shipton with a time of 59-58. The event was won by Mike Poland with a time of 1-8-15 less his handicap allowance of 8min 30sec.

Placings: 1, M. Poland, 1-8-15 actual time, 59-45 handicap time; 2, R. Shipton, 59-58; 3, J. Cheetham, 1-7-12, 1-0-12; 4, R. Holden, 1-5-52, 1-1-22; 5, P. Toppin, 1-5-29, 1-1-29; 6, D. Cock, 1-7-0, 1-2-0; 7, R. Douglass, 1-8-0, 1-3-0; 8, J. Peters, 1-11-52, 1-5-52; J. Mansell O.N.F.

The Sherwin Trophy for juniors was won by P. Toppin with J. Peters second.

There was a good turn out last Thursday for the ten-mile time trial. With a strong southerly wind, the last two

miles of the course proved the most difficult.

Pete Reeves set the fastest time of the evening, covering the course in 24-33, but was hard pressed by Paul Toppin, who has improved tremendously this season. He finished the course only one second slower in 24-34. Third was W. Holden in 25-35.

Other times: G. Tooley, 25-06; J. Peters, 26-34; R. Douglass, 26-42; M. Poland, 26-55; S. Rotherham, 27-45; K. Tilbury, 28-30; A. Palmer, 28-47; I. Reader, 28-55; J. Gildersleve, 30-33; C. Hardy, 31-31; P. Macmillan, 33-55.

Earlier in the week Paul Toppin smashed the ten-year-old record, held by Nick Lelliott, for the schoolboys place to place from the club rooms to Findon and back.

This Sunday the club hold an invitation ride starting at 2.30 from outside Broadwater Parish Room. All cyclists over 12 years of age welcome.

WORTHING GAZETTE AUGUST 17TH

CYCLING

SCHOOLBOY GETS FASTEST TIME

SOME FAST times were recorded in Worthing Excelsior Cycling Club's Evening Ten mile time trial on Thursday.

Schoolboy Paul Toppin finished with a personal best time of 24 minutes 22 seconds to record the fastest time of the evening. Paul has improved considerably this season and, with one event left in the series, may break the 24 minute barrier.

The surprise of the evening came from Dave Hudson, one of the club's more experienced tourists, who rode a borrowed racing machine to record an excellent personal best time of 24.32 . . . just ten seconds slower than Paul.

Graham Tooley and Roy Holden also rode well, finishing in 24.34 and 24.59 respectively.

D. Waghorne 26.25, M. Poland 26.26, J. Williams 26.50, I. Reader 28.35, and J. Gildersleeve 29.43 were the other Worthing riders.

Eight

The new Five Mile Time Trial series for under 14's attracted eight riders. This handicap event, the third in the series, was won by C. Hardy with a time of 13.37, almost half a minute ahead of A. Lock, 14.06.

P. Macmillan finished in 14.17, K. Tilbury 14.32 (Scr.), S. Cornelius 14.45, P. Atkins 14.59.

C. Bragg and M. Kingston recorded actual times of 16.22 and 19.02 respectively.

Paul Toppin followed up his Evening Ten success by breaking the 11-year-old record set by A. Matthews with a time of 33.53, for the Worthing-Littlehampton - Worthing

schoolboy record, completing the course in a time of 30 minutes 46 seconds.

WORTHING
HERALD
AUGUST
1974

CYCLING

SUPERB RIDE BY TOPPIN

PAUL TOPPIN rode magnificently on Sunday morning to win Worthing Excelsior Cycling Club's 30-mile time trial held on the Worthing-Chichester course. Scratch man Richard Shipton recorded a time of 1.12.22 but Paul's time of 1.18.43 enabled him to win this event at his first attempt.

Full result—1. P. Toppin, 1.12.13 handicap time, 1.18.43 actual time; 2. J. Mansell, 1.12.17, 1.20.17; 3. J. Cheetham, 1.12.21, 1.21.21; 4. R. Shipton, 1.12.22, 1.12.22; 5. G. Tooley, 1.13.22, 1.20.22; 6. D. Lock, 1.13.32, 1.20.02; 7. M. Poland, 1.14.30, 1.24.30; 8. J. Williams, 1.15.17, 1.27.17; R. Holden, dnf, punctured.

WORTHING
HERALD
AUGUST 26TH 1977

Cycling

HUDSON RIDES AT HIS BEST

THE FINAL event of Worthing Excelsior Cycling Club's Evening Ten was held in overcast conditions last Thursday.

Dave Hudson produced an excellent ride of 23.56 a personal best time. This was an improvement of more than half a minute on the previous week.

Paul Toppin, who was also hoping to break the 24-minute barrier, punctured and failed to finish.

G. Tooley finished in 24.44 just 13 seconds slower than Nigel Burrows who recorded a personal best time of 24.31 to end second.

Roy Holden finished with a time of 24.56.

Other times — D. Lock, 25.00; J. Cheetham, 25.58; J. Hollis, 26.16 (personal best); J. Williams, 26.25; M. Poland, 26.33; Robin Holden, 29.08; J. Gildersleeve, 29.45.

The Junior Five-Mile event was won by K. Tilbury 14.48 who finished nine seconds ahead of C. Hardy 14.57. Simon Cornelius finished in 15.15 with A. Lock and P. Macmillan recording times of 15.58 and 16.25 respectively.