

Let them all park free for Fiesta, says Mr Dunning

FREE PARKING for all during Worthing's Fiesta Fortnight was suggested by former mayor, Mr A. E. Dunning at Monday's meeting of the fiesta sub-committee.

Mr Dunning, representing the Chamber of Trade, said it would be one way of gaining publicity and attracting more visitors and trade to the town during the fortnight.

But chairman Mr R. D. Clapp, of Worthing borough council's policy and resources committee, said that if Worthing was putting on such a good show people should be pleased to pay for parking. Members agreed to look into the suggestion.

A panorama of dancing through the centuries and a cycle race along the seafront were two new ideas put forward at the meeting.

Musica Antiqua suggested the evening of dancing at the Assembly Hall at the end of the fiesta fortnight. And to raise interest it suggested an open-air preview from the balcony of the Guildbourne Centre.

'Frills'

The cycle race, if police agree to close the seafront, would be on August 24 from Grand Avenue to Heene Road and run by Excelsior Cycle Club.

Organisers representing both council and local organisations now have a basic programme and are looking for 'frills'—such as street events in the shopping centres—to create an atmosphere of excitement.

'They want to put the icing on the cake,' explained borough amenities officer Mr Reg Caldicott.

Opening-day events on Saturday, August 9, will include the start of the EBA bowls championships at Beach House Park; a Round Table Donkey Derby, probably in Palatine Park; a possible barn dance at the sports centre; a council-run carnival dance in the Assembly Hall; and an old-time dance at the Pavilion.

Throughout the fortnight there will be informal entertainments in the precincts and a shop-window competition organised with the aid of the Chamber of Trade, as well as special displays at the museum and library. Hill Barn Golf Club will stage target golf.

Sunday, August 10, will have a vintage car rally run by the Companions Club, probably in West Park, a concert at the Pavilion, and the council hope to get BBC co-opera-

tion in televising a special morning church service.

Monday night is talent night at the Pavilion, while on Tuesday 12 there's a special programme of wrestling there.

Wednesday night is Lions Club race night, again at the Pavilion. It's also DJ night at the Assembly Hall, and Worthing Scout Show.

Wednesday also sees the start of various competitions for children at the sports centre and West Park, until Friday August 22.

On Friday night August 15, the Lions expect to stage a Fiesta Ball at the Pavilion.

Eventful

Saturday looks fairly eventful, with a used car show run by the Lions at Homefield Park or the Excess grounds, a swimming club show at the Aquarena, another carnival dance at the Assembly Hall and another Old Time dance at the Pavilion.

The Fiesta's second week is also Yacht Club open week, and there will be a council-run concert at the Pavilion on Sunday 17.

On Monday, August 18, Durrington PTTS will open in a five-day summer revue at the Pavilion, and on Tuesday it is

hoped to start a car show in Beach House Gardens until Sunday, August 24.

Worthing Horticultural Society's flower show begins on the Wednesday at the Assembly Hall and continues on Thursday.

On Saturday and Sunday, Worthing will face teams from another town for an inter-town sports contest at the sports centre. Also on Saturday (23) will be a dance at the Assembly Hall, and on Sunday a concert at the Pavilion.

Rotarama

And Bank Holiday Monday will end the fortnight with Rotarama at Palatine Park and a council-run talent night at the Pavilion.

The Lions have cancelled their Caledonian Market planned for Thursday, August 14 in the Assembly Hall, but it is hoped that local spastics societies will run one instead, though not necessarily on that date.

Rotary has also cancelled its Beating Retreat show planned for Tuesday, August 12 at the sports centre.

But a probable extra event is a regatta of some kind organised by Worthing Rowing Club on Saturday, August 23.

Winners

THIS YEAR'S joint winners of the Whitehead Cup, the Worthing road safety annual trophy, is a husband and wife team — Mr and Mrs Theo Puttick, of Dominion Road.

Mr Puttick, social secretary for Worthing Excelsior Cycling Club, has scored and done other tasks for the cycling part of the annual road safety rally for about 12 years.

Mrs Puttick has helped with other events, such as examining for the RoSPA national cycling proficiency test. She, too, is a long-time member of Excelsior, though they don't cycle much nowadays.

Mr Puttick told us, 'I'm declining to accept the cup in my own name. I was doing a job for the Excelsior cycling club. If anyone gets it, it should be the club.'

He has told the people concerned and is awaiting developments. If they like to present the cup to the club, that's up to them!

WORTHING

HERALD

FRIDAY

28TH

FEBRUARY

1975.

MARCH 5TH 75.

Excelsior face 200 per cent increase in hire charges

FIRST PROBLEM facing the new general committee of Worthing Excelsior Cycling Club will be the 200 per cent increase in the cost of hiring the Broadwater Parish Rooms where the club have been resident for more than 25 years.

Previously enjoying a concession over normal rates in view of the club's large youth membership, Excelsior will find it extremely difficult to meet this tremendous increase.

New premises will have to be sought and two factors make this extremely difficult. First, the club wish to avoid licensed premises where senior and junior members are liable to become separated; secondly, in view of the valuable bicycles belonging to members, any new accommodation must be for their exclusive use.

At the club's 87th annual meeting last week, formal approval was given for the Open 25-mile Time Trial and Open Road Race promotions in 1976.

In addition, there was approval for a series of races on Worthing seafront as part of the Fiesta Fortnight this August. These races remain subject only to the permission of the police which has already been requested.

Open races

Dates fixed for this season include the 50-mile Open Road Race on April 19 and the Open 25-mile Time Trial on June 7.

Three life vice-presidencies were awarded at the meeting, to social secretary Theo Puttick, a member since 1939; Maurice Reeve-Black, who joined in 1940, and Jim Hughes, who became a member in 1946.

Officers elected: President, W. D. Argent; chairman, C. G. Lednor; secretary, J. Mansell; treasurer, R. H. Douglass; touring secretary, D. Hudson; road/track secretary, C. Miller; club events secretary, K. Dodman; Evening 10's secretary, E. Kneen; social secretary, T. Puttick; Press secretary and magazine editor, D. Lock.

Success

The new club events secretary of Worthing Excelsior Cycling Club, Keith Dodman, had a great start with his first event of the season. Not only was there a first class entry for a most efficiently conducted event—despite the Warren Road diversion problem—but Keith was also a clear cut winner.

The tree felling on the A27 necessitated a hasty change of course for this event which has normally started and finished at Sompington Church and taken in two circuits of the Findon/Clapham/Offington roads. The start was moved to Findon Valley and the distance reduced from 20 to 17 miles by cutting out the Sompington leg.

A picture of the final result began to emerge at the completion of the first circuit where four riders were clearly out in front. Fastest at this stage was Richard Shipton in 23 min. 40 sec. Keith was at five sec, Pete Reeves was at seven sec and Don Lock at 11 sec. There was then a full minute's gap to Colin Miller and Mike Poland and the rest of the field.

It was the second circuit, with the second climb up to Findon and then up to the Long Furlong, that really sorted out the fit ones. It did not dislodge the leading quartet but Keith's time for the second lap of 23.22, the fastest of the event, was enough to put him comfortably ahead at the finish.

Leading placings: 1 Keith Dodman 47 min 7 sec; 2 Don Lock 47.53; 3 Pete Reeves 47.54; 4 Richard Shipton 48.7; 5 Colin Miller 49.15; 6 Mike Poland 50.33.

The handicap prize was won by John Biddle in his first ever race, something which the handicapper will have to look at seriously in future events.

This Sunday, the club promote their first 25-mile time trial over the as yet untried course on the Chichester Road. The event starts at the top of the Hammerpot Hill, turns at Westhampnett Roundabout and returns to finish at the foot of the Hammerpot. The start is at 9 a.m. The club run leaves from Broadwater Green at 9.

WORTHING GAZETTE. 12TH MARCH 1975.



Outstanding work rewarded

MR AND MRS THEO PUTTICK, of Dominion Road, received the Worthing Local Road Safety trophy from the Mayor, Mr Stanley Elliott, at the start of Thursday's borough council meeting for 'outstanding road safety work.' They are both members of Worthing Excelsior Cycling Club and, in the past 12 years, have done a lot of work in connection with the cyclorama examinations and results, the cycling proficiency scheme and road safety quizzes, and the road safety rally. They are pictured left with the cup.

WORTHING HERALD 14TH MARCH.

Junior wins premier handicap award

THE SECOND of Worthing Excelsior Cycling Club's events this season was the same as the first in one respect, it was held in miserably wet and cold conditions.

The 25-mile event was the first to be held over the new Chichester road course with a start and finish at the Hammerpot and the turn being at the Westhampnett Roundabout near Chichester. Despite the poor conditions, the club had a good turn out and, although times were not fast, the competition was keen.

Result: 1, Don Lock, 1 hour 8 mins. 8 secs; 2, Richard Ship-ton 1.8.11; 3, Colin Miller, 1.8.32; 4, Mike Poland, 1.10.22; 5, Paul West, 1.10.34; 6, Pete Reeves, 1.11.27; 7, John Antram, 1.14.01; 8, John Biddle, 1.16.10; 9, Ray Douglass, 1.16.46; 10, Ian Reader, 1.17.41.

It was a fine ride by junior Paul West which gave him the premier handicap award. With an allowance of eight minutes on the scratch man, his net time of 1.2.34 was nearly two minutes ahead of his nearest challenger in this section.

The race marked a comeback

for former club champion John Antram who has not raced since 1970 and has not participated in a full season's racing since the 1950's. His ride showed that the smooth style has not deserted him and his time in the bad conditions showed promise of considerable improvement. It is hoped that he will feel encouraged to ride regularly once again.

Keith Dodman became the first club member to compete in open competition in 1975 when, on Saturday, he took part in the Central Sussex Hilly 25. His time of 1 hour 11 minutes left him some six minutes behind the winner.

On Sunday, he finished eighth in the Fareham 10-mile event with a time of 27 minutes.

This Saturday the club are fully involved in the Sussex Cyclists' Association 25-mile senior and 10-mile junior events. These are being promoted by Ray Douglass of the Worthing club on behalf of the association.

The junior event starts at 2.30 and the senior one at 3. Both start at the north end of Dappers Lane at the junction with the A.27 and the top of the Hammerpot Hill.

OFF THEY GO



RAY DOUGLASS (Worthing Excelsior), as promoter and handicapper, helped to get Sussex Cyclists' Association racing season under way on Saturday with a senior 25-mile and junior 10-mile time trial at Angmering.

In cold, wet and windy conditions, Martin Hawes (Central Sussex) won in 1 hour 4 minutes 8 seconds, which included an estimated 40 seconds lost for a wheel change. Eastbourne Rovers veteran Ken Stevens was second in 1.4.42 and Worthing's Keith Dodman third, in 1.4.49.

Other Excelsior times: Pete Reeves 1.7.38, Colin Miller 1.8.9, Don Lock 1.8.35, Richard Shipton 1.8.39, Mike Poland 1.10.1, John Biddle 1.13.15 (a personal best) and Ray Douglass 1.14.11.

On Sunday Keith Dodman rode in the 39 kilometre Hilly Tour of Hambledon and a time of 1.12.15 gave him 14th place in a field of 62.

PETER REEVES (Excelsior) on the move in Saturday's time trial.

WORTHING

HERALD.

21ST MARCH 75.

CYCLING.

MARCH 22ND.

1975.

FAREHAM WH "10" (P7)

Bob Vasey, St Raphael	25 52
A. Stanley, Portsmouth CC	26 7
A. Baker, Hampshire RC	26 20
N. Beaumont, Charlottesville CC	26 20
H. Finch, Sotonia CC	26 31
P. Pickers, Hampshire RC	26 33
D. Montgomerie, Fareham Wh	26 41
K. Dodman, Worthing Excelsior	27 7
Jun. — A. Stanley, 26-7; Juv. — M. Sims, Crabwood CC, 28-35; Vet. — E. Prewer, Fareham Wh, 28-10; Women. — B. Braithwaite, Sotonia CC, 30-17. Team. — Hampshire RC (A. Baker, P. Pickers, M. Arnold 28-48) — Portsmouth CC (A. Stanley, A. Denn 27-29, P. Kemp 28-5) 1-21-41.	

SUSSEX CA "25" (g938)

Martin Hawes, Central Sussex CC	1 4 8
K. Stevens, Eastbourne Rovers	1 4 42
K. Dodman, Worthing Ex CC	1 4 49
F. Godwin, Brighton Ex CC	1 5 4
R. Rogers, Central Sussex CC	1 5 13
A. Goodsell, Central Sussex CC	1 5 44
A. Jones, Central Sussex CC	1 5 45
P. Lipscombe, Central Sussex CC	1 5 46
J. Yates, Central Sussex CC	1 6 28
G. Boore, Central Sussex CC	1 6 38
H'cap. — M. Jones, Crawley Wheelers (14-0), 57-54. Team. — Central Sussex CC (M. Hawes, R. F. Rogers, A. Goodsell) 3-15-5.	

SUSSEX CA "10" (G915)

Sean Bateman, Central Sussex CC	25 58
C. Leigh, Brighton Mitre CC	26 37
P. West, Worthing Ex CC	26 42
A. Philpott, Central Sussex CC	27 57
D. Barnard, Brighton Mitre CC	28 14
M. Butcher, Brighton Mitre CC	28 23
M. Morris, Worthing Excelsior CC	28 24
K. Wingate, Bognor Regis CC	28 30
H'cap. — A. Philpott, Central Sussex CC (3-30), 24-27.	

Excelsior riders do well in two-up

TWO TEAMS from Worthing Excelsior Cycling Club entered the Brighton Mitre 25-mile two-up event on Sunday and both did well. Fastest was the pairing of Colin Miller and Don Lock who finished in 11th place with a time of 1 hour 5 minutes 55 seconds.

Richard Shipton and Pete Reeves were just 18 seconds slower in 1.6.13 and in 14th position. This was in a good class field of 40 teams.

The event, held on the main A24 south of Buck Barn, had cold and windy conditions making for a hard finish. The club's entries should feel pleased with their efforts.

The winners were two of the fastest riders in the country, Pete Wells and Mick Ballard, who completed the course in a staggering 57 minutes 4 seconds!

Keith Dodman continued his series of two events each weekend with a 10-mile on Saturday and a hilly 26½ on Sunday. Both events were promoted in the New Forest area by the Sotonia Club and

each attracted an entry in excess of 110 riders.

In the 10 on Saturday, Keith finished ninth in 25 min. 28 sec, and in the hilly event was eighth with a time of 1 hr 12 min 27 sec.

Schoolboy Paul Wells opened his road racing season with a 12-mile event in Norman Park, Bromley, on Sunday. Paul showed great strength and determination and finished a fine second from the large field of 50.

This weekend club members will be involved in the Crawley 25 on Friday, the Gravesend 10 on Saturday, and the Actonia 25 and the Portsmouth Track meeting on Monday.

WORTHING

HERALD.

27TH MARCH 75.

CYCLING 25TH MARCH

Test Valley indeed

CRABWOOD CC's Glenn Longland and Norwood Paragon veteran Robin Buchan scored a win apiece in Sotonia CC's Test Valley weekend of time trialling near Romsey.

The double event in Hampshire had never before drawn so many entries, with a full field of 120 for Saturday's "10" and only four fewer for the hilly 26½-mile circuit trial the following morning.

Stormy conditions and a hard ride to the turn precluded fast times in the "10" 19-year-old Longland winning with a modest 24-9; but Buchan, in slightly more favourable conditions, was within 19 seconds of Bob Porter's course record with his winning 1-6-8.

Last starter in both events, Salisbury's tall Mike Benstead had been looked upon as a possible double winner, but he failed to match Longland's time in the "10" by 14 seconds and had to settle for second spot.

In this event the outstanding performance of a difficult afternoon came from Bournemouth Jubilee's 17-year-old Nick Frewin, who jumped into the awards for the first time with a personal best 24-36, which snatched third place from under the front wheel of promoting club's Mike Gaunt, just one second slower.

"10"

Glenn Longland, Crabwood CC ...	24 9
M. Benstead, Salisbury RC	24 23
N. Frewin, Bournemouth Jub	24 36
M. Gaunt, Sotonia CC	24 37
W. Suttie, Bournemouth Jub	24 39
G. Fielder, Sotonia CC	24 41
A. Baker, Hampshire RC	25 3
J. Green, Salisbury RC	25 4
K. Dodman, Worthing Excel	25 28
P. Pickers, Hampshire RC	25 33
Team. — Bournemouth Jubilee (Frewin, Suttie, A. Brimcombe) 1-15-2.	

"26½" HILLY

Robin Buchan, Norwood Paragon	1 6 8
E. Bore, Farnboro & Camb	1 6 25
M. Benstead, Salisbury RC	1 9 39
W. Suttie, Bournemouth Jub	1 10 7
J. Copley, Farnboro & Camb	1 11 5
K. Emery, Regent CC	1 12 3
G. Longland, Crabwood CC	1 12 9
E. Angel, Redbridge CC	1 12 24
K. Dodman, Worthing Excel	1 12 27
N. Sign, GS Europa	1 12 30
Team. — Salisbury RC (Benstead, D. Sambells, R. Taggett) 3-35-31.	

KEN WHITMARSH

WORTHING HERALD APRIL 11TH 1975

Cyclists endure a numbing ride

THE 30-MILE time trial championship held by Worthing Excelsior Cycling Club on Sunday was marked by severely cold conditions which numbed limbs and made breathing an almost painful process. With these conditions and a bitter north-east wind rising as the riders headed back from Chichester, times were again slow.

Keith Dodman, the 1974 champion, was favourite and just managed to hold on to his trophy although he admitted that it had been a hard struggle.

The man in form at the moment, Richard Shipton, provided a real challenge to the champion. Never more than about one minute down, he retained this position to finish in second place and win a well deserved handicap award.

Colin Miller was third.

Results: 1 Keith Dodman, 1 hour 20 mins.; 2 Richard Shipton 1.21.04; 3 Colin Miller 1.22.34; 4 Mike Poland 1.24.53; 5 John Antram 1.27.16; 6 Ray Douglass 1.29.02.

Pete Reeves travelled to the Bath Road course near Newbury to compete in the Oxonian 25 and should be pleased with a much improved performance. His time of 1.5.33 is the second fastest in the club this year.

Martin Morris, one of the club's schoolboy riders, competed in a ten-mile circuit event at the Lee-on-Solent air station on Saturday and finished ninth in a large field.

This Sunday a large contingent travel to the New Forest to ride in the Salisbury Road Club 25-mile event.

WORTHING HERALD

18TH APRIL 1975.

Strong entry for cycling road race

TOMORROW (Saturday) sees the first of Worthing Excelsior Cycling Club's 1975 season open promotions when they stage their 60-mile road race for first, second and third category senior riders on a tight and exciting 10-mile circuit centred on Thakeham.

Thakeham village hall is the event headquarters and the start is at 2 p.m. near Linfield's Nursery on the B2139. The finish is just south of this point and is expected to be about 4.30.

A strong entry has meant a difficult selection job for the club's promoter to keep down to the maximum permitted field of 40, and a really first class field remains with competitors coming from all over the Home Counties.

A good vantage point will be on Townhouse Farm Climb where special hill climb prime awards will be fought for on laps two and four.

NORTHING HERALD 18TH APRIL 1975

CYCLISTS RECORD CLUB BEST IN 'TWO-UP' EVENT

THE 25-MILE event held by the Sussex Cyclists Association on Saturday for teams of two attracted a good entry including a senior and a schoolboy team from Worthing Excelsior Cycling Club.

Richard Shipton and Colin Miller did not perhaps go as well as they had hoped and mechanical trouble for Colin was also to delay them for at least half a minute. Their final time of 1hr 4min 33sec was, however, still the best 'two-up' performance in the club this year. They finished in a creditable seventh place.

STIFF TEST

The schoolboy pairing of Martin Morris and Paul West started well but found the distance a stiff test of their stamina and they retired shortly before the finish.

The event, held on the A27 between Angmering and Chichester, was won by Brighton Excelsior's Rick Stringer and Frank Godwin in 1hr 1min 21sec.

Sunday morning found four Worthing riders competing in the Salisbury Road Club's 25-mile time trial. After a misty start, conditions were warmer and only a slight south westerly breeze meant some of the best conditions so far this season.

Keith Dodman, Don Lock, Pete Reeves and John Biddle all celebrated with good fast times. Keith's time of 1hr 1min 15sec was the best in the club this year and he looks set for another 'inside the hour' ride shortly. His

time was eighth fastest in a high class field of 114.

Don recorded 1.3.25 and Pete 1.4.51 and the club will be pleased to see these rides with the county team championship coming early next month.

IMPROVES

Worthing's fourth ride was from John Biddle who only started in competitive cycling last month. From two local 25's to this event he has now improved some nine minutes and his 1.7.15 ride on Sunday deservedly gave him a handicap award.

The club's schoolboys, Martin Morris and Paul West, were in action again on Sunday when, with Roy Macmillan, they competed in the Croydon Advertiser circuit racing at Crystal Palace. Martin was best placed in ninth position but all gained valuable experience.

CYCLING 19TH APRIL.

27

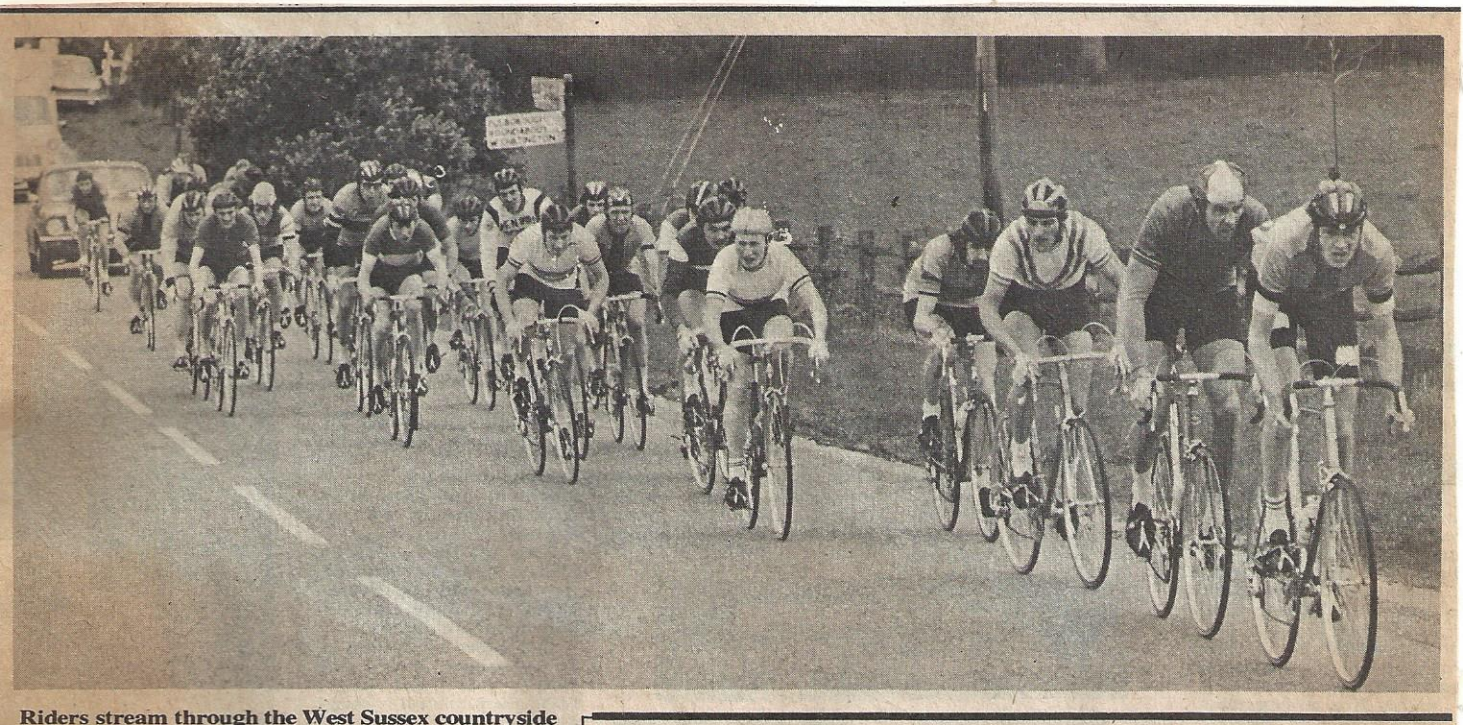
LEE CIRCUIT Races. — PETER CORY,
Norwood Para, 50m, in 1 50 5; 2, L. Myberg,
Falu CK (Sweden); 3, R. Vasey, VC St
Raphael-Waite; 4, M. Girling, Wessex RC; 5,
T. Clancy, VC St Raphael-Waite, all st; 6, D.
Witt, GS Europa, at 7 sec; 7, D. Brown, VC St
Raphael-Waite; 8, D. Bate, VC St Raphael-
Waite; 9, R. Bate, VC St Raphael-Waite; 10,
P. Doyle, Portsmouth CC-Wheelhouse, all st.
Points. — Vasey, 3/1. — ALAN GOODSON,
Brighton Mitre, 25m in 57 34; 2, A. Stanley,
Portsmouth CC-Wheelhouse; 3, M. Springer,
Crabwood CC; 4, A. Longland, Crabwood
CC; 5, B. Sykes, Twickenham CC; 6, M.
Jones, Portsmouth CC-Wheelhouse, all st;
eq 7, J. Wall, Fareham Wh at 3sec; m.
Savege, Fareham Wh; A. Benn, Portsmouth
CC-Wheelhouse; V. Butler, Bournemouth
Jub, all st. Schoolboys. — STEPHEN
UPSON, N Hampshire RC, 10m in 24 35; 2, J.
Park, VC Noviomagus; 3, B. Fudge, Ports-
mouth CC-Wheelhouse; 4, K. Abbott, CC
Bournemouth Arrow; 5, A. Cook, CC
Basingstoke; 6, D. Barnard, Brighton Mitre;
7, O. Leigh, Brighton Mitre; 8, N. Powell,
Portsmouth CC-Wheelhouse; 9, D. Bower,
Poole Wh; 10, M. Morris, Worthing Excel-
sior, all st.

SUSSEX CA 2-UP "25" (G938)

Rik Stringer-Frank Godwin, Brighton Excelsior	1	1	21
A. Jones-J. Yates, Central Sussex	1	1	22
S. Chapman-P. Coles, Eastbourne Rovers	1	2	21
C. Leigh-C. Wood, Brighton Mitre	1	2	22
A. Goodsell-P. Lipscombe, Central Sussex	1	2	41
K. Atkins-G. Boore, Central Sussex	1	3	40
R. Shipton-C. Miller, Worthing Excelsior	1	4	33
S. Batman-P. Smith, Central Sussex	1	6	9
P. & J. Doocey, Bognor Regis	1	6	9
P. Burbury-M. Hills, Lewes Wanderers	1	6	56

WEST SUSSEX GAZETTE.

23RD APRIL 75.



Riders stream through the West Sussex countryside at Thakeham on Saturday in Worthing Excelsior Cycling Club's open 56-mile road race.

Early break by Garlinge

Bob Garlinge, of Hounslow and District Cycling Club's National championship team, won the 56-mile road race promoted by the Worthing Excelsior Cycling Club on Saturday.

The event, held on a twisting and undulating nine-mile circuit centered on the Thakeham and Ashington area, provided some high-class and very exciting racing.

It was after the completion of only the first lap that the move, which won the race, was made — an unusual occurrence, especially in a race of this distance. Garlinge, George Standen (Surrey Road Club) and Worthing's Richard Shipton had gained a few seconds, but the bunch appeared to have things well in hand and the break did not look serious.

By the end of that second lap, however, they had dropped Shipton back to the bunch and quietly stolen 20 seconds, enough to be out of sight in the bendy lanes, and slowly the gap increased.

WHITTLED

During lap three attempts were made by individuals to bridge the ever widening gap, but this had two effects — one being to cause a number to drop out at the tempo increased, and the other was to start a small secondary group. This group was soon whittled down to two: John Lyons (Orpington) and Mick Baker (Marlborough).

By lap four the leading pair were losing a little ground to Lyons, and the main group was closing. Baker dropped out with

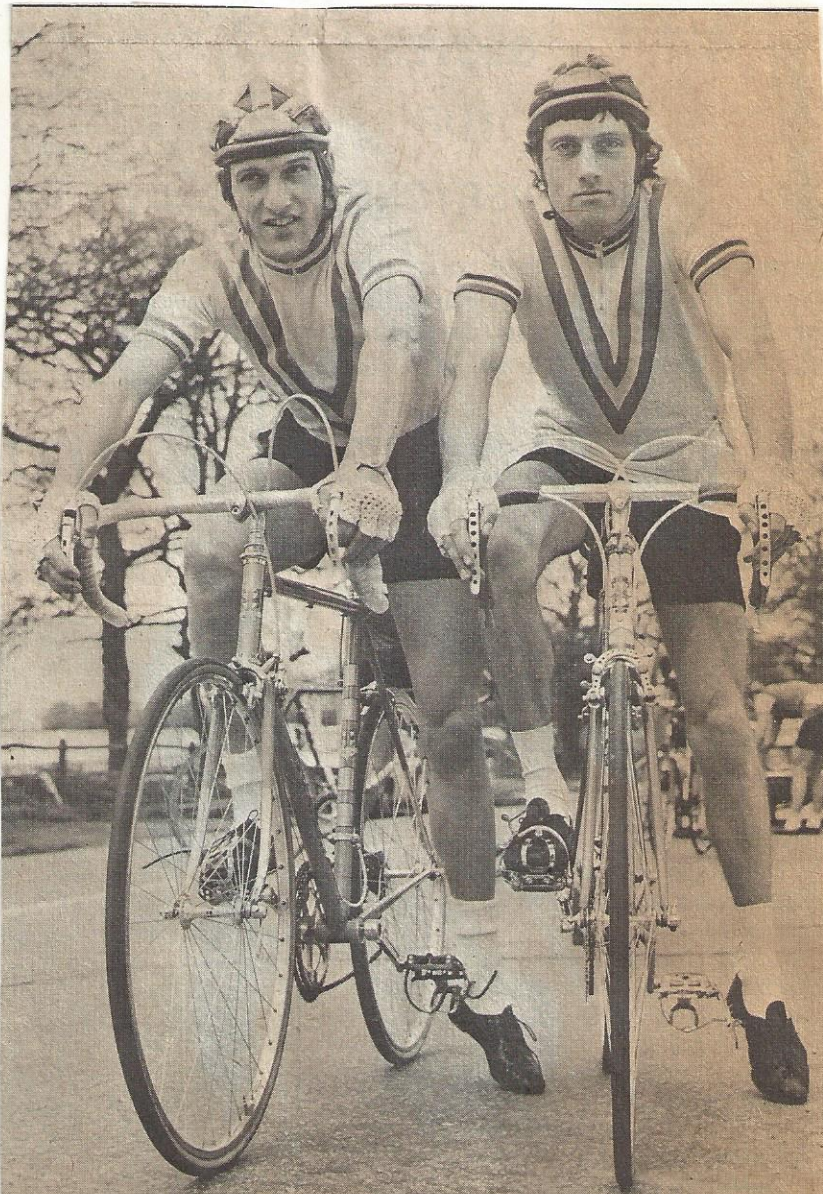
mechanical trouble, and another who had been riding well, Ron Woodley (Kingston) fell victim to a puncture.

Over the final stages Garlinge shook off the attentions of Standen, while Lyons closed a little nearer, but the positions were not not to change. Garlinge finished in 2 hours 10 minutes, about 10 seconds ahead of Standen, with Lyons a further 20 seconds down.

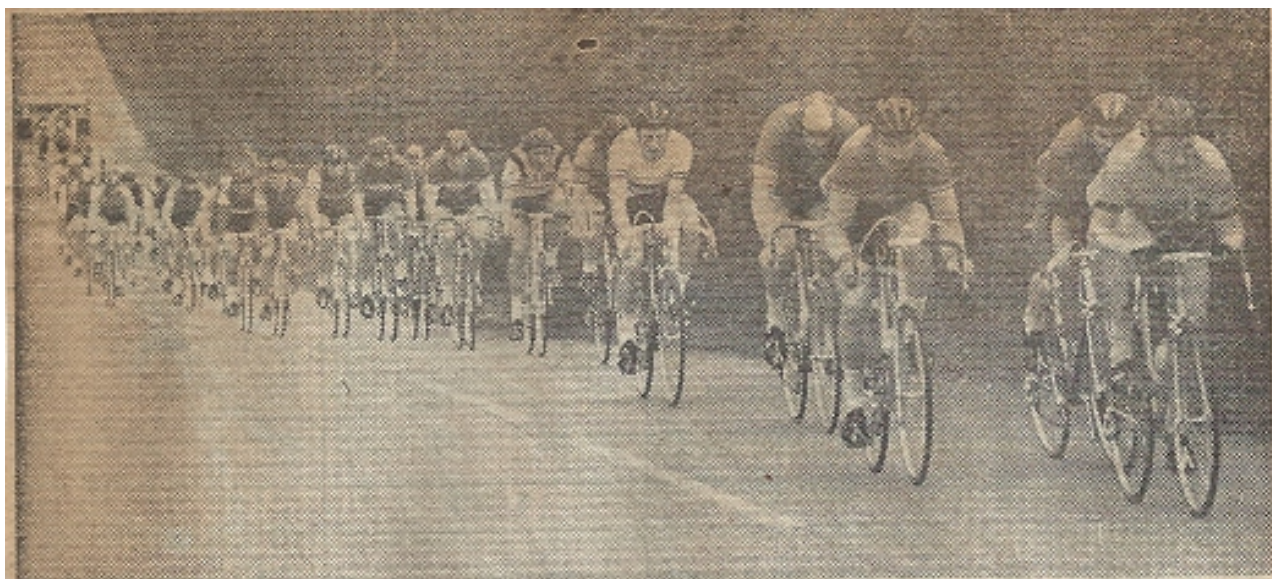
Best-placed Sussex riders were Adrian Jones and Paul Lipscombe (both Central Sussex). No Worthing Excelsior rider finished.

WEST SUSSEX GAZETTE.

23RD. APRIL 1975.



Pictured before the start of a 56-mile open road race in the Thakeham area on Saturday are two members of the promoting club, Worthing Excelsior. They are Pete Reeves (left) and Richard Shipton.



First lap move is a winner

BOB GARLINGE, a member of Hounslow and district's 1974 National Championship winning team, was a fine winner of the 56-mile road race promoted by Worthing Excelsior Cycling Club on Saturday. The event was for first, second and third category senior amateur riders and a first class field of 40 — the permitted maximum — had been selected.

The course, a change from previous years, was a tight twisting and undulating nine miles from Thakeham out to Rock Cross Roads then north on the A24 to Ashington. The final stretch was west to Dan Hill and south up the Townhouse Farm Climb back to Thakeham. After the previous day's rain, the weather was dry and sunny and apart from a rather too fresh south westerly, conditions were good.

It was after the completion of only the first lap that the move which won the race was made — an unusual occurrence, especially in a race of this distance. Garlinge, George Standen (Surrey Roads Club) and Worthing's Richard

Shipton had gained a few seconds, but the main field appeared to have things well in control and the break away did not look serious at that stage.

By the end of the second circuit, however, Shipton had dropped back to the bunch and the other two had quietly stretched their lead to some 20 seconds, enough to be out of sight in the bendy lanes. Slowly, the gap increased.

Stronger

Over the final stages, Garlinge showed he was the stronger of the leading duo by taking both the primes on the main hill and over the final lap — as Lyons slowly gained — so he left Standen. These positions were held to the finish.

The team prize was won by the Hounslow Club and the best placed local riders were Adrian Jones and Paul Lipscombe, both of the Central Sussex Club. The 56 miles were covered in 2 hours 10 minutes.

Worthing members Ray Douglass and Keith Dodman travelled to a fast course near Swindon on Sunday but found conditions hard and slow. Riding in the Swindon Wheelers 25-mile time trial, Keith finished in 1 hour 5 minutes 40 seconds and Ray in 1.13.46.

Two schoolboy members, Roy Macmillan and Martin Morris, rode well in the South Eastern Road Club's two-up 24-mile event on a course near Guildford. They did exceedingly well to finish 14th in a

RIDERS taking part in Worthing Excelsior Cycling Club's 60-mile road race on the Thakeham circuit on Saturday.



COLIN MILLER (left), race secretary, and Norman McMillan, promoter, congratulate Bob Garlinge (Hounslow), the winner of Excelsior's event on Saturday.

good field of senior and junior teams and their time of 1 hour 8 minutes 10 seconds was a fine effort on a quite hilly course.

Private

Paul West, another of the club's schoolboy riders, rode a private time trial with the Brighton Mitre on the Horsham road course and recorded a time of 1 hour 12 minutes 13 seconds on a tough morning.

This Sunday, the club hold their 25-mile championship on the Chichester road course,

WORTHING HERALD
25th APRIL 1975

CYCLING CLUB BOWS OUT OF FIESTA

MAY I express the regret of my club to the people of Worthing, and to Worthing Corporation as organisers of the forthcoming Fiesta Fortnight, for the fact that we shall be unable to stage the series of events that we had planned.

A series of cycle racing events on the Marine Parade that would have provided a most spectacular and exciting part of the fortnight's festivities. A series which Worthing's Fiesta co-ordinator, Mr Alan Slyn, described as 'quite the most exciting proposal' he had received.

The reasons for the failure are I assure you outside of our control, and have yet to be detailed, but basically the police have opposed the proposals.

Our club had secured financial sponsorship, and done much in the way of preliminary arrangements which would have ensured a first class promotion, but, alas, to no avail.

This kind of racing, over a short closed section of road, has tremendous spectator appeal. It has a unique continental atmosphere, and is now held regularly in seaside resorts and inland towns and cities throughout Britain, even Birmingham City Centre has been closed for it!

We would like to thank Mr Slyn and his staff for all the efforts they have made on our behalf, albeit unsuccessfully. A very few people may have been inconvenienced for a very few hours, while many people would have enjoyed, and indeed, could have participated in a most colourful sporting occasion.

Some of Worthing's youngsters (we still have some) may have found bike riding to be more exciting than hanging around coffee bars or on street corners.

Some still say Worthing has an over 60 outlook; some may begin to feel it has no outlook at all. Never mind we will try again. — **Don Lock** (Press Secretary, Worthing Excelsior Cycling Club), 70 Lincoln Road, Worthing.

Footnote: A police spokesman said that the police had not refused permission for the event. But they had discussed the race with members of the borough council's Fiesta sub-committee and pointed out certain work the council would have to undertake.

CYCLING 26TH APRIL

SUSSEX CA 2-UP "25" (G938)		
Rik Stringer-Frank Godwin,	Brighton Excelsior	1 1 21
A. Jones-J. Yates,	Central Sussex	1 1 22
S. Chapman-P. Coles,	Eastbourne Rovers	1 2 21
C. Leigh-C. Wood,	Brighton Mitre	1 2 22
A. Goodsell-P. Lipscombe,	Central Sussex	1 2 41
K. Atkins-G. Boore,	Central Sussex	1 3 40
R. Shipton-C. Miller,	Worthing Excelsior	1 4 33
S. Batman-P. Smith,	Central Sussex	1 6 9
P. & J. Doocey,	Bognor Regis	1 6 9
P. Burbury-M. Hills,	Lewes Wanderers	1 6 56

WORTHING

HERALD

25TH

APRIL

1975.

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Eastbourne Rovers	1	2 21
C. Leigh-C. Wood,		
Brighton Mitre	1	2 22
A. Goodsell-P. Lipscombe,		
Central Sussex	1	2 41
K. Atkins-G. Boore,		
Central Sussex	1	3 40
R. Shipton-C. Miller,		
Worthing Excelsior	1	4 33
S. Batman-P. Smith,		
Central Sussex	1	6 9
P. & J. Doocey,		
Bognor Regis	1	6 9
P. Burbury-M. Hills,		
Lewes Wanderers	1	6 56

WORTHING

HERALD

25TH

APRIL

1975.

The matter was still open to discussion and a decision rested with the council.

Cyclists braved the north wind

BRIGHTON EXCELSIOR Cycling Club's 25-mile event for two-man teams on Saturday attracted two teams from Worthing Excelsior, Pete Reeves and Don Lock, John Biddle and Eddy Kneen.

While it was warm and sunny a fresh northerly wind cutting across the Angmering to Chichester and back course made for a tough ride and did not assist fast times.

Pete and Don rode well to their solo form and their time of 1 hour 3 minutes 18 seconds was a good effort which just saw them into the prize list in 6th place.

Eddy and John have not ridden together previously and Eddy is a bit short of race practice this season, so they should feel reasonably pleased with their time of 1 hour 8 minutes 45 seconds.

The event was won by Steve Ayton and Peter Spencer, one of the fast teams entered by Hounslow and district Wheelers; their time, 1 hour and 54 seconds.

Well up

Also on Saturday afternoon schoolboys Martin Norris and Roy Macmillan were competing in a circuit race at Lee-on-Solent and finished well up with Martin 6th and Roy 10th.

Ray Douglas and Keith Dodman rode in the Bourne-mouth Arrow 25 in the New Forest on Sunday and Ray improved his 1975 best to 1 hour 9 minutes 22 seconds. Keith, however, did not feel well and retired before the finish.

This Sunday sees the big-

gest event of the Sussex Cyclists Association time trial calendar with the holding of the 25-mile team championship. Last year the Worthing club finished as runners-up, but with George Matthews now living and racing in France and Colin Miller also unavailable they will be hard put to hold this place.

The team selected is: Keith Dodman, Richard Shipton, Pete Reeves, Alan Orman, Don Lock and new member Bernard Wright.

The four fastest times count for the team. The event starts at Cowfold at 8 o'clock and the race has to cover the hilly terrain through Herfield and Small Dole to the Adur Bridge at Shoreham before returning to Cowfold.

CYCLISTS COME FOURTH

FOURTH PLACE for Worthing Excelsior Cycling Club in the Sussex Cyclists Association 25-mile Team Championship on Sunday as against their second place last season. The selected riders rode well to their current form but the standards in some of the other county clubs have risen a lot in the past 12 months and the lower placing was the result.

The winners were Central Sussex Club with an aggregate for four riders of 4hr 20min 34sec. Brighton Mitre were second in 4.23.34 and Eastbourne Rovers were third in 4.25.48. Worthing's time, by Keith Dodman (1.5.31), Richard Shipton (1.6.51), Alan Orman (1.7.28) and Don Lock (1.7.37), was 4.27.27.

CLOSE

The event was a close and keen competition, demonstrated by the fact that although they were only fourth, Worthing Excelsior's team had four riders in the first 15 of a strong field of 77 competitors.

Other Worthing times: Pete Reeves 1.11.15, John Biddle 1.11.28, Mike Poland 1.12.18, Bernard Wright 1.12.32, Ray Douglass 1.12.47, John Antram 1.13.05, Eddy Kneen 1.16.00 and Ian Reader 1.17.30.

These were in the main good performances for these riders and for this particular event which is traditionally held on the hilly roads between Cowfold and Shoreham.

On Saturday, three club members took part in the Old Portlans CC 25-mile time trial on the A4 Bath Road near Newbury and produced some good times. Richard Shipton managed a personal best of 1hr 2min 25sec, Pete Reeves did his best this year of 1.3.30 and Ray Douglass followed suit with a 1975 best of 1.7.00.

TEN MILE STANDARDS IMPROVE

THE SECOND of the evening 10 mile events of Worthing Excelsior Cycling Club, held on the Washington course on Thursday, saw dry conditions but with a north-easterly wind which did not assist fast times. The standards did, however, improve over the deluge conditions of the previous week and, with guest riders from other clubs, nearly 30 rode the event.

Worthing times: 1 George Matthews 24.01; 2 Keith Dodman 24.26; 3 Don Lock 25.02; 4 Pete Reeves 25.24; 5 Martin Morris 26.19; 6 Paul West 26.20; 7 John Biddle 26.24; 8 John Antram 26.45; 9 Ray Douglass 26.46; 10 Bernard Wright 26.49; 11 Roy Macmillan 27.04; 12 Mike Poland 27.12; 13 Mike Etherington 27.48; 14 John Williams 30.36; 15 Ivan Morris 31.58.

George Matthews' appearance was a surprise. Since February he had been living and following a full time cycle racing programme with a French team in Macon.

It was the unfortunate failure of the financial sponsorship of the club which caused his return. George, being away from home, was hit harder than his teammates by these problems.

George is obviously disappointed for he had begun to ride with considerable success. He will now concentrate for the time being on races in this country, but hopes to return to the Continent next year for another try.

Cyclists enjoy mixed fortunes

SEVERAL EVENTS attracted riders from Worthing Excelsior Cycling Club at the weekend and there was a mixed bag of results. The varied weather was to play a considerable part in their fortunes.

Keith Dodman, planning two races on the A12 road near Brentwood, was delayed by floods on Saturday and arrived too late for the start. Then, on Sunday, after accommodation difficulties, he found himself struggling for his real form and retired.

Ray Douglas journeyed to the Veteran's National Championship 25 on the A2 east of Dartford and, although conditions were cold and rough, he acquitted himself well to finish in 1 hour 8 minutes 44 seconds.

Surprise

Pete Reeves, usually a short distance man, surprised many with his entry in the Redmon Hilly 73-mile race in the Guildford area and added to the surprise with his excellent effort of 3 hours 28 minutes 24 seconds. Pete now looks forward to a 50 in a week or two with added confidence and is considering riding in the Club 100-mile championship.

The club's three fastest schoolboys rode in the Surrey St. Christopher's 25-mile race south of Guildford and Martin Morris, with a time

of 1 hour 10 minutes 22 seconds, won the special schoolboy award.

Roy Macmillan finished in 1 hour 14 minutes 22 seconds. The other starter, Paul West, unfortunately skidded and crashed on the wet road and, although not seriously hurt, did not continue.

Worthing senior rider Bernard Wright also competed in this race and returned a time of 1 hour 11 minutes 26 seconds.

Go West

Undoubtedly the direction to choose on Sunday was west and Richard Shipton and Don Lock did just that when they competed in the New Forest CC 25 near Ringwood. Both these riders have been producing good form recently and Richard, for the second week running improved his personal record for this distance.

On Sunday, Richard lowered his time to 1 hour 1 minute 21 seconds which is the fastest ride in the club so far this year. Don pressed him hard and returned a 1975 best of 1 hour 2 minutes 15 seconds.

A number of club members will be away touring this weekend but there are club runs on Sunday and Monday, both leaving from the clubroom at 8 a.m. On Sunday, elevenses are at Petersfield, on Monday at Dorking.

MATTHEWS IS 10-MILE WINNER

THE FOURTH in the series of evening 10-mile time trials held by Worthing Excelsior Cycling Club on the Washington course on Thursday was won by George Matthews in a time of 24 minutes 22 seconds. Second was Pete Reeves in 24.57 and third was Don Lock with a time of 25.10.

There were some excellent performances despite a tough evening with fresh north easterly winds to contend with. Personal best performances were recorded by John Williams, John Biddle and Martin Morris.

The handicap was a narrow win for John Williams with a net time of 23.30 from John Biddle 23.32.

Full result—1 George Matthews, 24.22; 2 Pete Reeves, 24.57; 3 Don Lock, 25.10; 4 John Biddle, 25.32; 5 Martin Morris, 25.48; 6 Paul West, 26.06; 7 Ray Douglas, 26.22; 8 Roy Macmillan, 26.36; 9 John Antram, 26.55; 10 John Williams, 29.45.

With guest riders from Central Sussex and Brighton Mitre and with the fastest ride of the evening from Eastbourne star Cliff Sharp (23.49) some 27 completed the course.

Leaders in the series to date—Seniors: George Matthews, 3 points; Don Lock, 7; Pete Reeves, 8. Juniors: Martin Morris, 13; Paul West, 15; Roy Macmillan, 17.

FRIDAY JUNE 6TH.

WORTHING HERALD

BIDDLE RETURNS FASTEST TIME

THE 25-MILE promotion by Surrey Road Club on the undulating roads between Horsham and Guildford provided competition for two senior and three junior members of Worthing Excelsior Cycling Club. There was little to choose between their performances.

The morning was cold and windy and this, together with the general toughness of the course, made for a hard event.

Fastest of the Excelsior riders was John Biddle with a time of 1 hour 10 minutes 44 seconds, but two of the club's improving youngsters were close behind. Martin

Morris finished in 1.12.39 and Roy Macmillan in 1.12.55.

Senior Eddy Kneen and junior Paul West also just beat the 20 mph mark with rides of 1.14.19 and 1.14.44 respectively.

LONG JOURNEY

Four other members made the long journey in the early hours of Sunday morning to compete in the Glade OC 50-mile race. This event is held on an allegedly fast course on the A11 road from Harlow out towards Newmarket but cross winds prevented any records.

Of the quartet, Don Lock was fastest with 2 hours 13 minutes 5 seconds.

Bernard Wright who shows real signs of adding considerably to the club's senior racing strength, finished in 2.17.12 and Ray Douglass produced his best 50 time for 12 years with 2.19.4.

Keith Dodman did not finish the event and it seems is currently suffering from lack of form.

This was the first '50' tackled by members this season. East Sussex and Sussex championships at the distance are due in a few weeks.

This Saturday the club open 25-mile promotion starts from the top of the Hammerpot Hill on the A27 at Angmering at 3 p.m. A large field of 77 riders compete and there is every possibility of a new course record with 11 of the competitors having personal records inside one hour for the distance.

Riders complete the course just half a mile west of the start after travelling out to Westthampnett and back.

27TH JUNE 75

CYCLING 14TH JUNE 1975

E. SUSSEX CYCLING ASSOCIATION "50" (G852)

Adrian Jones, Central Sussex CC.	2	5	39
J. Dutton, Central Sussex CC.	2	8	14
D. Hook, Eastbourne Rovers	2	8	56
A. Dignum, Central Sussex	2	10	15
R. Rogers, Central Sussex	2	11	10
P. Baker, Hastings & St Leonards	2	11	21
J. Yates, Central Sussex	2	12	20
R. Matthews, Worthing Excelsior	2	12	27
H'cap. — A. Goodsell, Central Sussex			
(19-0) 1-54-43. Team. — Central Sussex			
(Zones, Dutton, Dignum) 6-24-8.			

CYCLING 21ST JUNE 1975.

DODMAN RETAINS TITLE

ON SUNDAY, Sussex Cyclists Association's 50-mile championship provided the competition for 5 members of Worthing Excelsior Cycling Club. The event was held on a new course starting and finishing near Castle Goring on the A27 Chichester road.

The weather, although dry, produced strong north easterly winds which made for a hard final 20 miles and many riders who produced good times to the half-way mark slumped to slow times by 50 miles.

FAVOURITE

The Worthing club this year incorporated their own championship with the county event and the 1974 winner, Keith Dodman, was a clear favourite to repeat his previous winning performance. It was also felt that he could well go close to winning the Sussex event if he could produce his best form.

Keith did produce a good ride but it was not quite good enough for county honours. He had to be content with third place behind two Central Sussex riders, John Dutton 2.8.21 and Martin Hawes 2.11.4. Keith's time of 2.11.35 was, however, well clear of any of his club mates and he had no difficulty in retaining his trophy.

SECOND

Ray Douglass finished second in the club event with a time of 2.22.1 and John Biddle was third in 2.24.46. Close behind came Mike Poland 2.25.8 and Bernard Wright 2.25.30.

In a ten mile time trial promoted by the Sussex Association for juniors, Worthing's Paul West finished third with a time of 27 minutes 4 seconds. Roy MacMillan recorded 28.23 in the same race.

WORTHING HERALD JUNE 20TH 75.

George is sixth

GEORGE MATTHEWS (Worthing Excelsior) clocked 24 min. 38sec. to take sixth place in the Southern Counties Cyclists Union 10-mile event on the A24 north of West Grinstead on Saturday.

In the schoolboys event, Martin Morris was third in 25min. 56sec. and the times of other Excelsior lads were Paul West 26min. 55sec. and Roy Macmillan 26min. 57sec.

Times of Excelsior riders in the Rufus Wheelers 25-mile event in the New Forest on Sunday: Richard Shipton 1hr. 3min. 25sec.; Pete Reeves 1.5.57; Ray Douglas 1.6.50; John Antram 1.8.9; Mike Poland 1.10.19.

WORTHING FIESTA KERMESSE

On the Marine Parade
Sunday, 24th August
9 a.m. to 1 p.m. all
cats and schoolboys

Minimum
**ONE HUNDRED
POUNDS**
in prizes

Promoter: N. Macmillan
31 Parkfield Rd., Worthing

CYCLING 21ST JUNE 1975.

WORTHING EXCELSIOR "25" (G938)

John Lyons, CC Orpington	57	56
R. Buchan, Norwood Par.	58	36
M. Burren, E Surrey RC	1	1 3
A. Lewis, E Surrey RC	1	2 1
E. Boxall, Haslemere & D.	1	2 5
M. Ryall, Epsom CC	1	2 20
H'cap. — E. Boxall, Haslemere & Dist		
(7-30), 52-35. Team. — East Surrey RC, 3-8-0.		

Matthews retains Sussex title

AT THE British Cycling Federation open track meeting at Preston Park, Brighton, on Wednesday, George Matthews of Worthing Excelsior Cycling Club, rode tremendously to retain, against considerable opposition from Brighton Mitre riders, his 1,000 metres Sussex Championship.

In the final, he narrowly beat Mitre's Clive Oxbarrow and John Oakes from the

same club.

Paul West narrowly failed to retain his schoolboy's 500 metres county championship for Worthing, going down in second place to Brighton Mitre's Dave Barnard.

George Matthews was also successful in the Devil take the Hindmost race.

The club's evening ten-mile series has reached the halfway stage and now takes a break for three weeks.

Tomorrow (Thursday) there is a 15-mile event starting in Hole Street, Ashington; then comes a two-up 25 from the Hammerpot at Angmering, and the following week another 15 at Ashington. The 10-mile series starts again on Thursday, July 24.

In last Thursday's race it was Richard Shipton who, in his first ride at the distance this season, recorded 24 minutes 2 seconds to come out on top.

George Matthews, riding a low fixed gear experimentally, was threequarters of a minute slower than in previous weeks and finished second in 24.13. Don Lock (24.41) was third.

Other times: Paul West (schoolboy), personal best 25.14, Martin Morris (schoolboy), personal best 25.20, John Antram, personal best 25.45, Roy Macmillan (schoolboy), personal best 25.47, Mike Poland 26.20, John Williams (his eighth consecutive improvement) 28.19 and Ivan Morris, personal best 30.07.

A considerable number of guest riders also competed and among these was Eastbourne Rovers star rider Cliff Sharp who smashed the existing club record of 23.01 in finishing in 22.32.

Another performance which has sent club historians searching through their records was the tandem ride by John Biddle and Pete Reeves who covered the ten miles in a scorching 22 minutes 14 seconds.

WORTHING HERALD 4TH JULY 1975.

RAY RECORDS A GREAT RIDE

PERSONAL best performances in time trialing can still be attained after 25 years or more of racing and Worthing Excelsior's Ray Douglass, who first raced in 1950, proved this point on Saturday.

Ray, riding in the South Eastern Road Club's 25-mile promotion for veteran riders, recorded a tremendous 1 hour 2 minutes 9 seconds to beat his previous best which was recorded nearly 15 years ago. It makes Ray currently the third fastest rider in the club which should inspire some of the younger members to greater effort. The course for the event was on the A2 road near Dartford in Kent and known to be a 'fast' one if conditions were right but this should not detract from his quite remarkable performance.

Pete Reeves, venturing into longer distances this season, completed his second 50-mile event this year on Saturday.

This was the Sorian Road Club event on the A4 Bath Road near Newbury. Enjoying a fast outward 25, Pete hung on well on the return to improve by seven minutes in recording 2 hours 13 minutes 24 seconds. He now plans to ride a '100' and a 12-hour race and so challenge for the club best all rounder trophy.

John Biddle brought his tandem out again at the weekend, and, after the speedy evening ten with Pete Reeves on the back, this time he paired with Eddy Kneen for the Weybridge Wheelers 30-mile race. A good time of 1 hour 12 minutes 30 seconds saw them finish in sixth place, only just missing the awards list.

Today (Friday) a large combined contingent of Worthing Excelsior and Brighton Excelsior cyclists leave for York to participate in the annual Cyclists Touring Club Rally.

WORTHING

GAZETTE

2ND JULY

1975.

JULY 9TH 1975

DODMAN AND LOCK WIN 25

THE 25-MILE two-up club event of Worthing Excelsior Cycling Club on Thursday was one of the most keenly contested since this event was brought into the club's time trial programme. It was a great shame that a good evening's racing was to some extent marred by the failure of the timekeeper's watch, which stopped during the event.

With the event held on the Chichester road course with start and finish at Hammerpot and turn at Westhampnett roundabout, the riders had to contend with difficult crosswind conditions, but still produced some of the best two-up racing ever from the Excelsior.

Fortunately the timekeeper was able to record accurately the starting and finishing times of each team and there was absolutely no doubt as to the final placings but the times can only be regarded as being correct to the nearest five or 10 seconds.

Keith Dodman and Don Lock, winners last year, were again successful and credited with the fast time of exactly one hour. They would have loved that to have been 59min 59sec.

Second were Richard Shipton and Pete Reeves in 1.1.09 and third George Matthews and Bernard Wright in 1.3.00. Ray Douglass and John Mansell were fourth with 1.4.00 and Alan Orman and John Biddle fifth with 1.6.47.

JULY 11TH 75

MATTHEWS PROVIDES HIGHLIGHT

TWO ROAD race meetings, two time trial events and a touring and camping weekend were the varied ingredients of the activities for Worthing Excelsior Cycling Club members over the weekend.

Lee-on-Solent provided circuit racing on Saturday, and in the opening race for schoolboys, Paul West rode well to finish seventh.

The highlight was the riding of George Matthews in the senior race. Against a first class field, he rode with all his old spirit and aggression and was perhaps a shade unlucky not to finish even higher than his third place.

Also on Saturday, a fast club team were competing in the Southend and district Wheelers 25 on a course near Brentwood in Essex. Keith Dodman returned the fastest time in the club this year with a fine 1hr 0min 23sec and just keeps himself ahead of the challenge now being posed by Richard Shipton.

Richard has improved tremendously this season and in the Southend event recorded his third 61 minute ride this season (time 1.1.32). The third member, Pete Reeves, was unlucky in having to change a wheel and lost valuable seconds. Nevertheless, he managed a respectable 1.3.9 to give one of the best club team aggregates for some time.

On Sunday, Bognor Regis Cycling Club promoted racing on the Esplanade at Bognor and, before a crowd of close to 2,000, Roy Macmillan was in great form in the Schoolboys County Championship and thoroughly earned his third place.

Hampshire was the change of direction on Sunday for the time trialists. Keith Dodman and Richard Shipton were again in action and, although times were much slower, Richard was this time the faster of the two 1.4.15 to Keith's 1.4.25. Bernard Wright recorded 1.7.37.

CONVINCING WIN IN TIME TRIAL

WORTHING Excelsior Cycling Club's annual Clapshaw Memorial 25-mile time trial, which is run on a handicap basis, was convincingly won this year with a superb ride by Allan Orman in 1.3.20 on the Hammerpot - Chichester road.

Allan has done little competitive riding this year, so his win was all the more meritorious.

Paul West was the faster junior rider in 1.8.27 and so takes the Sherwin trophy. In doing so he recorded his best time this year.

Other times were: Richard Shipton 1.4.41, Peter Reeves 1.5.25, John Biddle 1.6.43, John Antram 1.7.14, Colin Miller 1.7.21, Ray Douglass 1.8.05, Mike Poland 1.8.05, Martin Morris 1.11.50, Steve Richards 1.13.15, John William and Ian Reader 1.16.51 (tie), Alan Matthews 1.17.07, Ivan Morris 1.25.34, Nigel Burrows 1.28.35.

The previous Saturday afternoon Ray Douglass rode in Essex in the Velo Club Braintree '25' and returned a time of 1.7.10 on a hot day.

DON IMPROVES ALL ROUNDER AVERAGE

THERE WAS a break for many of Worthing Excelsior Cycling Club's competitors at the weekend but for the five who were in action there were some good performances.

Ray Douglas and Don Lock travelled to Ringwood to compete in the New Forest CC 50-mile event and Don's time of 2 hours 10 minutes 20 seconds improves his club best all rounder average.

In the event, he was a creditable 13th of the 93 starters. Ray finished in 2 hours 19 minutes 2 seconds a time almost identical to his previous ride at the distance a few weeks ago.

Richard Shipton made his first excursion into the 50-mile distance and produced a fine effort of 2 hours 14 minutes 21 seconds in the promotion of the East Sussex Cycling Association.

Mike Poland rode the Kingston Phoenix '25' and recorded his best time for several years finishing the

Farnham/Alton course in 1 hour 8 minutes 15 seconds.

Club exile Pete Andrews (he now lives in Norfolk) was in action in the Wolsey RC 25 and produced his best ride for many years with a time of 1.7.31.

MATTHEWS WINS TIME TRIAL

THE RECORD for Worthing Excelsior Cycling Club's course at Washington nearly fell for the second time this year when Sussex pursuit champion Clive Oxborrow (Brighton Mitre) finished just two seconds down on the record with a good time of 22 minutes 39 seconds in Excelsior's 10-mile time trial on Thursday.

As this ride was a private time trial, the event was won by top road and track champion George Matthews of Worthing with a time of 23 minutes 54 seconds.

Second was another senior Pete Reeves with a time of 24 minutes 55 seconds, just one second ahead of the club's junior champion Paul West whose time was a personal best.

Other times

Other times were: John Biddle, 25 minutes 39 seconds (despite a 15 seconds late start); Martin Morris, 25 minutes 42 seconds; Grahame Tooley, 26 mins 44 secs; Steve Richards 27 mins 05 secs; John Williams, 28 mins 05 secs; Steve Allen (riding his first event) 29 mins 03 secs; former club 10-mile series winner Derek Pearce, having his first ride for two years, did a time of 29 mins 17 secs; Ivon Morris (father of Martin), 30 mins 10secs; Nicolas Knight, 31 mins 07 secs (also riding his first event) and Nigel Burrows, 35 mins 45 secs.

George is second

THREE members of Worthing Excelsior Cycling Club competed in the East Sussex Cycling Association 100-mile time trial held on roads east of Lewes on Sunday.

George Matthews, with a fine ride of 4.26.14, came within a few minutes of the club record. George, who made one of his rare appearances in a long distance time trial, competes mainly on the track and in road races.

Bernard Wright returned a personal best time of 4.54.52 and Ray Douglass 4.57.44, his best 100-mile time for 11 years.

George came second in the event to Cliff Sharp of Eastbourne Rovers, with 4.15.18, an association record.

Bognor Regis CC 1, 2, Kermesse. — T. JONES, De Laune, 40 laps, in 43.40; 2. D. Peachey, 34 Nomads; 3 R. Boulter, Bourne-mouth Arrow, both st. Junior. — CLIVE OXBORROW, Brighton Mitre, 24 laps in 27.7; 2. M. Springer, Crabwood; 3. R. Smith, Brighton Mitre, Boys and Girls under 14. — K. SIMPSON, VC Londres.; 2. P. Cattermole, VC Londres; 3. R. Payne, CVC Londres. 3 cat. — R. BATE, St Raphael Waite, 30laps in 35.22; 2. S. Smith, De Laune; 3. J. Hickey, Old Kent-Saba. Boys over 14. — M. Karavasilis, South Eastern RC, 22.57; 2. C. Glibbery S. Eastern RC; 3. A. Sawyer, Poole Wheelers, Sussex Schoolboys Championship. — DAVE BARNARD, Brighton Mitre, 22.57; 2. C. Leigh, Brighton Mitre; 3. R. MacMillan, Worthing Ex CC; Devil. — P. ALLEN, San Fairy Ann CC; 2. D. Peachey, 34 Nomads CC; 3. T. James, De Laune CC.

WORTHING
GAZETTE

13TH

AUGUST

1975

↑ cycling 9th Aug 75.

Matthews leads in track title race

CONTINUING to carry the Worthing Excelsior Cycling Club colours with distinction at Preston Park, Brighton, is George Matthews.

Last Wednesday, at the Brighton Sash Open meeting, he won the five lap scratch race; was second in the one lap Sash Sprint after winning his heat and semi-final, and managed a third in the Devil-take-the-hind-most event.

George currently leads the track points championship being well ahead of his nearest rivals. He won this in 1974.

Worthing have three schoolboys racing regularly in schoolboy events at Preston Park and all, with the guidance of club coach Norman Macmillan, continue to gain in strength and skill. Paul West had two second places last week, in a two lap race and a 600 metres handicap. Martin Morris was placed third in the same handicap.

Schoolboys wishing to find out more about cycle racing are most welcome and will receive every assistance.

Last Thursday's 15-mile time trial was won by Keith Dodman in 37 minutes 40 seconds with Alan Orman second in 38.42 and Colin Miller third in 40.40, a ride good enough to give him first handicap award.

Other times were: Bernard

Wright 41.31, Steve Richards 44.39, John Williams 44.42, Mike Etherington 45.50.

John Biddle and Pete Reeves, determined to set up new records or standards on tandem, rode the '15' and completed the course in 35.10, a time on which they should be able to improve.

Paul West, Martin Morris and Roy Macmillan produced good efforts in the London South District heat of the National Schoolboys 10-mile championship. In a large field they finished seventh, ninth and 11th, just not good enough to make the final, only the first three qualifying.

Sunday saw some of the club's long distance riders in action in the Sussex Cyclists' Association and Worthing Club 100 mile championship held over a course between Castle Goring, Worthing and Broadmarsh Roundabout on the Havant Bypass, with detours taking the riders down to Pagham and Selsey.

Wet and windy conditions made for a difficult ride but the three Worthing competitors gave a good account of themselves. Keith Dodman retained his Club 100 Cup and finished third in the County Championship with a time of 4 hours 36 minutes 5 seconds.

Don Lock finished fourth in 4.46.56 and, in his first 100, Pete Reeves finished seventh in 4.55.23.

Don't give up

MAY I provide a ray of hope and advice to those clubs and committees who have been trying for years to promote closed circuit racing in their area? This is the only way to provide races for all categories, especially schoolboys, and to bring cycle racing to the notice of the public at large.

Unfortunately, as with my own club, the answer to an application is usually a flat refusal from the authorities.

However, this year we noticed in the local Press that Worthing Council planned a "Fiesta" fortnight and were asking organizations interested in promoting an event to attend an open meeting.

We went and put forward our ideas and, despite initial objections from the police, have finally been granted permission to hold a series of Kermesse races on Worthing seafront on Sunday, August 24.

Our sincere thanks are due to the organizing committee and senior officers of Worthing Council for their invaluable assistance and encouragement.

My advice to clubs who have been unsuccessful in the past, is to watch the local Press, enlist the co-operation of other organizations such as Rotary clubs, carnival committees who may be promoting events and try to include cycle racing as part of their promotions.

I think clubs may be pleasantly surprised by the enthusiasm with which they will be received once the attraction of this type of racing is explained. Above all, keep trying. Every year a few more events of this type are added to the calendar, and one day they will be accepted anywhere.

Finally, may I congratulate the Feltham club on the quality of their recent promotion. I hope we can do as well on 24. — M. R. Macmillan (Worthing Excelsior), Worthing, Sussex.

PAUL WEST RETAINS JUNIOR TITLE

THE JUNIOR 15-mile championship of Worthing Excelsior Cycling Club has been retained by the 1974 winner, Paul West, after a close race with Martin Morris.

On a difficult, circular course through Ashurst and Partridge Green before returning on the A24 to Ashington the times were good. Paul's 40min 06sec was just too good for Martin's 40.56 and also just sufficient to clinch the handicap award from the scratch mark.

Third was Mike Etherington, beating 20 miles per hour with his 44.31. Seniors who rode in support of the junior competition were Colin Miller 40.55; Graham Tooley 42.01 and John Williams 46.18.

ALL-ROUNDER

The Club Senior Best All-rounder Competition—that's the best average speed over the four distances of 25, 50 and 100 miles and 12 hours—has now reached an interesting stage with four riders having completed the three distances and having only the 12-hour race to come.

Keith Dodman is leading from Don Lock, with Pete Reeves and Ray Douglass third and fourth.

On Sunday, Keith returned his best 1975 time for 50 miles with 2hr 9min 24sec recorded in the Oldbury CC event held near Derby. While Keith went north, Don and Ray went east to compete in the Kent CA 100 on roads in the Ashford and Maidstone area. Ray recorded his fastest 100 time for more than four years although he was a little disappointed at not beating five hours, his finishing time being 5.4.15.

Don improved his time of the previous week by some eight minutes and finished eighth in a good field with a time of 4.38.02.

WORTHING
HERALD

JULY 25TH

1975. →

CYCLING

JULY

12TH

1975

←

Brighton Mitre Summer Open. — Devil: C. PARKER, '34 Nomads; 2. D. Peachey, '34 Nomads; 3. C. Oxborrow, Brighton Mitre. Boys 1-lap scr: J. SEMMENS, Paddington CC; 2. D. Barnard, Brighton Mitre; 3. J. Park, VC Noviomagus. Jun pt-to-pt: RICHARD SMITH, Brighton Mitre; 2. Oxborrow; 3. A. Goodson, Brighton Mitre. Boys pt-to-pt: J. SEMMENS; 2. Barnard; 3. P. West, Worthing Excelsior. 600m h'cap: I. TUCKER, Poly; 2. A. Wilkins, Hemel Hempstead; 3. J. Austin, Whitewebbs CC. Jun 6-lap scr: SMITH; 2. Oxborrow; 3. A. Haslehurst, Poly. Boys 6-lap scr: DAVE BARNARD; 2. Semmens; 3. P. Tunnell. Sen 1-lap scr: DAVE HANDLEY, Poly; 2. Parker; 3. Smith; 13.6. 15km: SMITH; 2. Parker; 3. Peachey.

CYCLING
2ND
AUGUST
1975
←→

Brighton Mitre Outspan track meet. — 6-lap scr: RICHARD SMITH, Brighton Mitre; 2. C. Parker, '34 Nomads; 3. R. Woods, Chequers RC. Boys 1-lap scr: DAVE BARNARD, Brighton Mitre; 2. R. MacMillan, Worthing Ex; 3. A. Leach, Eastbourne Rovers. 650m h'cap: SMITH (56); 2. I. Tucker, Polytechnic (62); 3. A. Goodson, Brighton Mitre (64). Devil: SMITH; 2. Parker; 3. R. Matthews, Worthing Ex. Boys 6-lap pt: BARNARD; 2. P. West, Worthing Ex; 3. MacMillan. 1-lap scr: R. BEATTY, East Grinstead; 2. Smith; 3. Tucker. Jun 10-lap pt: S. CHAPMAN, Eastbourne Rov; 2. Smith; 3. C. Oxborrow, Brighton Mitre. 10km scr: C. PARKER, '34 Nomads; 2. R. Matthews, Worthing Ex; 3. Oxborrow. Lap winner. — Chapman.

WORTHING GAZETTE

30TH JULY 75

Matthews maintains his lead

AT Wednesday's Sussex Cycle Racing League meeting at Preston Park, George Matthews added to his points total to maintain his lead as individual track champion.

After finishing second to East Grinstead's Bob Beatty in the opening five-lap scratch race, he produced all his best sprinting form to come through his heat and win the 600 metres handicap.

In the schoolboys' events, Roy Macmillan managed a second in the Devil-take-the-hindmost and Paul West finished second in the point-to-point.

After a lapse of three weeks, the club's evening 10-mile series started on Thursday and, in the absence of George Matthews, Don Lock seized the opportunity to notch his second win with a creditable 24min 52sec in hard conditions. A tremendous ride by Paul West of 25.15 gave him second place and the first handicap award, and third was Pete Reeves on 25.35.

Other times: Ray Douglass 25.55, John Antram 26.14, Mike Poland 26.33, Graham Tooley (in his first ride at the distance, a fine effort 26.57, Roy Macmillan 27.10, and John Williams 29.20.

The club best all-rounder competition grows in interest as a fifth rider, Bernard Wright, has now completed all distances except the 12 hours. Riding in the Southern Counties 100-mile event, he recorded a time of 4 hours 56min 56sec and moves into third place in the table.

TIME TRIAL CHAMPION WINS No. 10 IN SERIES

WORTHING Excelsior Cycling club's time trial champion Keith Dodman won his club's ten mile time trial last Thursday.

Keith won the event, the tenth in this season's series, with a time of 24 minutes 50 seconds, on a hard evening, around Washington.

Club 15 mile junior champion Paul West finished second with a time of 25 min 16sec, which also gave him his third handicap win in the series.

Third place went to senior Pete Reeves with a time of 25min 41sec.

Other times were: Ray Douglass 26min 05sec, Collin Miller 26min 06sec, John Antrum 26min 13sec, John Biddle 26min 21sec, George Matthews 26min 27sec.

Rather slow for George, due to 80 miles training earlier that day, Mike Poland 27min 15sec, John Williams 29min 45sec.

Thirteen-year-old Michael Burrows, rding his first event, recorded a good time of 34 min 10sec.

WORTHING FIESTA KERMESSE August 24

Entries (45p) to N. Macmillan, 31 Parkfield Road, Worthing. All cats. Juniors and Schoolboys. Closing date: August 3.

CYCLING 2ND AUG. 1975.



WORTHING HERALD
22ND AUGUST
1975

Orman rides in time trial

EASTBOURNE ROVERS 25-mile time trial on Sunday morning provided competition for five members of Worthing Excelsior Cycling Club. In the depressing grey and drizzly conditions with slippery roads, times were not generally fast but there were nevertheless some good performances.

In one of his far too infrequent rides, Alan Orman was the fastest Worthing rider, finishing in the top 20 of the 108 strong field with a time of 1hr 3min 50sec.

Colin Miller, gradually getting back to form after spending some months off the bike, recorded 1.6.2 and John Biddle, still improving and seemingly enjoying the weather, was next best with a personal record of 1.6.17. Bernard Wright 1.7.53 and Mike Poland 1.9.21 completed the Worthing entry.

The race was won by Robin Buchan (Norwood Paragon)

Cyclists receive banner

A 17-FOOT banner has been presented to Worthing Excelsior Cycling Club by the Cara Group of Companies and will mark the start of the club's Fiesta Fortnight events this weekend.

Our picture shows (left to right) Mr Leo Cruttenden, director of Cara, Mr John Grant, Cara group buyer, and Mr Charles Lednor, chairman of Worthing Excelsior.

WORTHING
HERALD
22ND
AUGUST
1975

E SUSSEX CA "100" (G863)

Cliff Sharp, Eastbourne Rov	4 15 18
R. Matthews, Worthing Excelsior	4 26 14
D. Hook, Folkestone & Dist.	4 30 48
A. Jones, Central Sussex	4 33 6
M. Hawes, Central Sussex	4 33 36
J. Yates, Central Sussex	4 33 38
H'cap. — R. Matthews, Worthing Excelsior	
25-0, 4-1-14. Team. — Central Sussex CC	
(Jones, Hawes, Yates) 13-40-20.	

CYCLING 16TH AUG 75



Riders taking part in Worthing Excelsior Cycling Club's Fiesta Kermesse, on Marine Parade sea front, at Worthing, on Sunday.

Splendid cycle racing

Worthing Excelsior Cycling club's contribution to Fiesta Fortnight, a Kermesse of cycle racing on Marine Parade, provided splendid entertainment on Sunday.

The Cara Group four-lap event for schoolboys under 14 opened the programme, and this proved a clean sweep for V.C. Londres riders with Richard Payne, Kevin Simpson, and Guy Rowland taking the first three places.

The Bentalls 20-lap race for junior and third category riders was won by Richard Smith (Brighton Mitre), with club-mate Owen Leigh second and Chris Gamble-Beresford (V.C. Londres) third.

The senior all-category Hastings and Thanet race over 35 laps was a fast and furious event, with Paul Allen (San Fairy Ann C.C.) having the sprint that counted at the finish. Dave Brown (St Raphael-Waite) was second and Alan Chinchin (C.C. Orpington-Ken Bird) third.

The Bentalls school-boys' (over 14) race over five miles went to Russell Williams (A.C. Londres) with his club-mate Mike Guthrie second, and Jeremy Parkes (V.C. Noviomagus) third.

In the final event, the Watney Red Devil, a devil take the hindmost race, local rider George Matthews pulled off a splendid victory from Dave Carter (34th Nomads) with Dave Brown third.

The prizes were presented by the Mayor of Worthing, Mr. R. D. Clapp.

WEST

SUSSEX

GAZETTE

28TH AUG.

1975.

Traffic cleared from Front as Fiesta cyclists race

ALL TRAFFIC was diverted from Worthing sea-front between Grand Avenue and Thorn Road for over three hours on Sunday during the Fiesta cycling races.

The races were arranged by Worthing Excelsior Club with the sponsorship of the Cara Group. They attracted entries from 31 clubs as far apart as Portsmouth, Peterborough and Gravesend.

The Kermesse, the term for cycle races around small closed circuits, consisted of five races. These included the Hastings and Thanet 35 lap, the Bentalls 20 lap and the Cara 4 lap starter event.

The races took place over a quarter-mile length course and were watched by the Mayor and Mayoress, Mr and Mrs Ronald Clapp, who were joined by Miss Fiesta.

In the final event of the morning, the Watney Red Devil elimination race, the honours were taken by local cyclist George Matthews of the Excelsior Club.

The race lasted 50 minutes and at the end of each lap the cyclist in last position was eliminated.

With six laps to go George Matthews went into an impressive lead which he held to win the event decisively.

He also received an additional prize for completing the fastest lap of the day at 1min 18sec.

Prizes were presented by the Mayor who thanked the club and its sponsors for organising such an enjoyable event to coincide with Fiesta Fortnight.

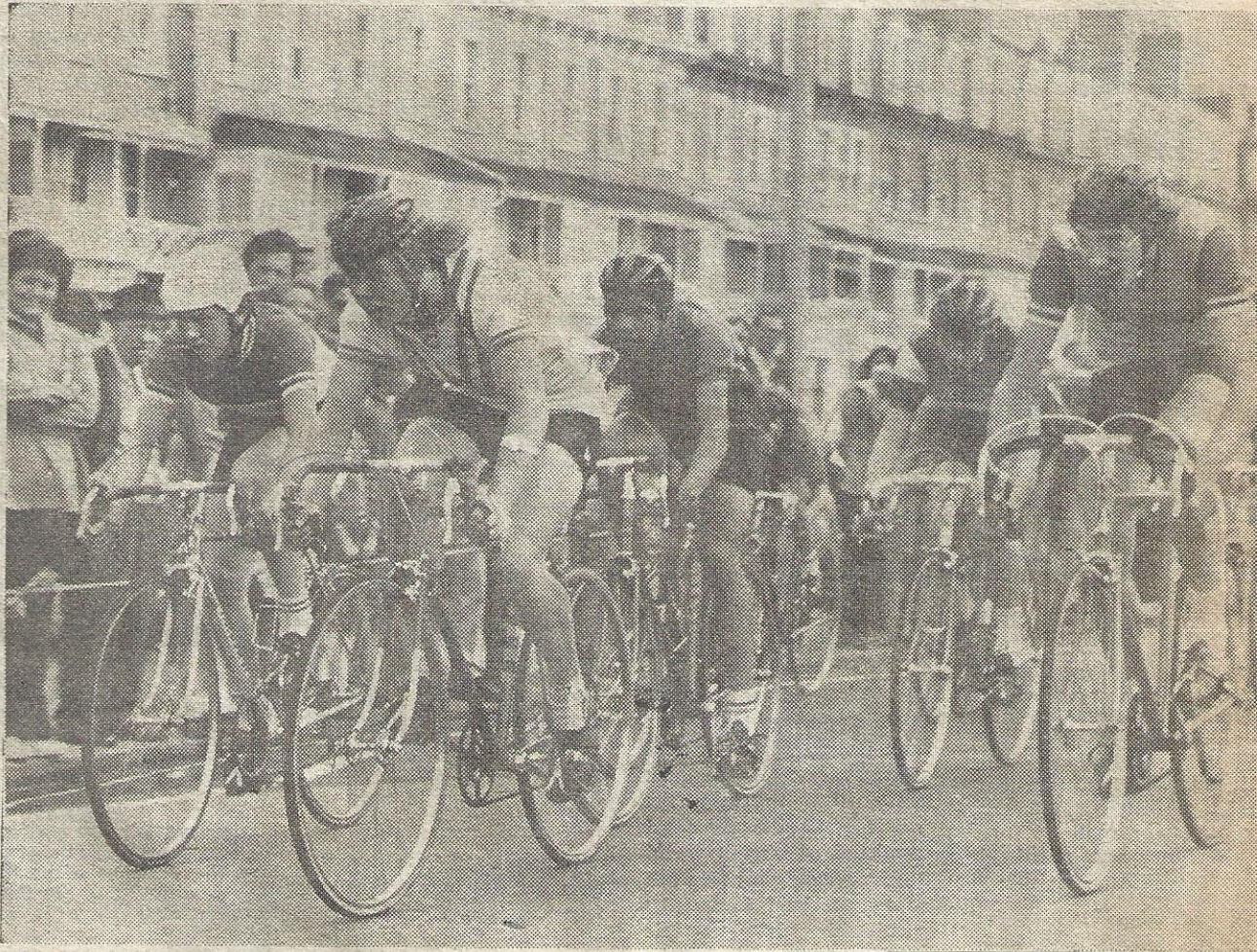
Results of the races were as follows:

Cara Starter 4 lap: 1 R. Payne (V C Londres), 2 Kevin Simpson (V C Londres), 3 Guy Rowland (V C Londres).

Bentalls Twenty 20 lap: 1 Richard Smith (Brighton Mitre), 2 Owen Leigh (Brighton Mitre), 3 C. Gamble-Beresford (V C Londres).

Hastings and Thanet 35 lap: 1 Paul Allen (San Fairy Ann), 2 Dave Brown (St. Raphael-Waite), 3 A. Chisholm (CC Orpington Ken Bird).

Bentalls Quickie 8 lap: 1 Russell Williams (V C Londres), 2 M. Guthrie (V C Londres), 3 Jeremy Parks (V C Noviomagus).



Watney Red Devil Elimination: 1 George Matthews (Worthing Excelsior), 2 Dave Carter (34th Nomads), 3 Dave Brown (St. Raphael-Waite).

THIS DAVID NICHOLLS picture shows a group of cyclists in the over 14 years event.

WORTHING HERALD AUG. 29

MATTHEWS WINS SERIES

THE FINAL event in the Evening Ten Mile Series run by Worthing Excelsior Cycling Club, which has been going on since early May, was won by Alan Orman who just beat 25 m.p.h. with his time of 23 minutes 55 seconds.

Second was schoolboy Paul West, with a tremendous personal record of 24 minutes 17 seconds, and third fastest was Don Lock in 24.45.

Other times were: Colin Miller 24.48, Peter Mansfield 25.01, Martin Morris 25.36, John Biddle 25.45, Mike Poland 26.23, John Williams 26.49 (a personal best by nearly two minutes for yet another handicap prize), John Lucas 27.25 and Nigel Burrows 33.51, another two minute improvement.

The series has been won by George Matthews with an aggregate of six best placings of six. Second comes Paul West, who, being under 18, has only to aggregate his best four placings (9).

THIRD

Equal third are Pete Reeves and Don Lock with 13, Martin Morris (schoolboy) is fifth on 16, sixth John Biddle (18), seventh Roy Macmillan (23), eighth Ray Douglass (25), ninth John Antram (38), 10th Mike Poland (40) and 11th John Williams (46).

Some 30 club members took part in the series which has once again proved to be popular, particularly with the younger riders, for whom it was originally devised.

Four members of the club competed in the New Forest on Sunday in the 25-mile promotion of the Salisbury Road Club and all have good reason to be pleased with their times. Don Lock (1 hour 2 minutes 19 seconds) and Richard Shipton (1.3.24) were the fastest and both were satisfied after having recently had spells off the bike. Ray Douglass (1.5.32) showed good form despite a recent back injury and Mike Poland returned the fastest he has managed for three years in recording 1.6.48.

LOCK SETS FASTEST 50 TIME

THE FASTEST 50-mile time of the season in Worthing Excelsior Cycling Club was recorded on Sunday by Don Lock. In the Eagle Road Club event on the Chelmsford/Colchester road he returned a time of 2 hours 5 minutes 21 seconds, which is only half a minute outside his best ever, and will considerably improve his chances of winning the Club's Best All Rounder Championship for 1975.

Another Best All Rounder challenger, Ray Douglas, attempted to record a faster 100-mile time in the Bourne-mouth Jubilee event in the New Forest area. Ray, however, had a recurrence of a back injury and was forced to retire after about 65 miles.

Five of the club's members were in action in the Bognor Regis CC 25-mile event west of Bognor and best performance came from Richard Shipton, who finished well up in the 98 strong field with a time of 1 hour 3 minutes 59 seconds. Close behind him came Colin Miller, 1.4.37. Bernard Wright recorded 1.6.52, Mike Poland 1.8.14 and Graham Tooley, still very much a newcomer to racing, 1.10.1.

John Biddle and Pete Reeves made another tandem excursion, this time in the Epsom Tandem 30 on a course near Farnham and again improved, bringing their personal record down to 1 hour 10 minutes 9 seconds.

WORTHING

HERALD

5TH.

SEPT.

1975.

WORTHING

HERALD

5TH.

SEPT.

1975.



THREE COMPETITORS in a close sprint during Sunday's Fiesta cycling races.

WORTHING

HERALD

AUGUST

29TH. 1975.

CYCLING

30TH AUG, 1975

Tim's race

HIGHLIGHT of the East Grinstead annual carnival, the Woodgate Dairy road race was won last Monday by Tim Hookins, Unity CC-Hireconomy.

The East Grinstead CC promotion had full police co-operation to the extent that the riders could use the whole width of the town centre's roads as they threaded away from the start.

The race stayed intact throughout its 48 miles done in 1-54-30, too fast for individuals, who stayed clear long enough only for primes. The first came after one mile, a bottle of white wine from the shelves of the Crown Hotel which the race swept by, Malcolm Freeman, Archer RC-Cutty Sark, the lucky man.

The whole bunch swept through the two left turns to the finish, Hookins having the edge on Jerry Baker, Twickenham CC, and Sergeant.

TIM HOOKINS, Unity CC-Hireconomy, 48m in 1-54-30; 2, J. Baker, Twickenham CC; 3, J. Sergeant, CC Basingstoke; 4, A. Chichen, CC Orpington-Ken Bird; 5, R. Matthews, Worthing Ex; 6, B. O'Leary, VC Clayhall; 7, R. Westwood, Archer RC-Cutty Sark; 8, D. Beatty, E. Grinstead; 9, P. Ansell, Norwood Par; 10, A. Cress, Manchester Wh, all st.

WORTHING HERALD

26TH SEPT. 75

Keith finds the going tough

THE SURREY Roads Club 30-mile time trial promotions on Sunday had two entries from Worthing Excelsior Cycling Club.

In the solo competition, Keith Dodman, who has not raced for a week or two, found things rather hard on a difficult morning, and a hilly course based on the A24 road between Worthing and West Grinstead. His time of 1hr 18min 47sec was well outside his best but he nevertheless finished quite high in the result list.

In the tandem event, the now established pair from Excelsior, Pete Reeves and John Biddle, did well to finish fourth in a time of 1hr 12min 55sec. This again was outside their own record but a clear indication of the difficult conditions.

The solo event was won by John Lyons (Orpington) and the tandem by Lack and Howell (Leo Road).

Tomorrow (Saturday), several members compete in the Sussex Cyclists Association 25-mile time trial championship. Keith Dodman and Richard Shipton could be in the placings but clear favourite for the championship is Eastbourne's defending champion, Cliff Sharp. The start is from West Grinstead on the A24 at 3 p.m.

CYCLING

13TH

SEPT.

1975.

Royal Navy CRC Lee Circuit. — 1/2/3:
RAY RUNHAM, Norwood Par, 50m in 1-55-12; 2, J. Baker, Twickenham CC, st; 3, G. Jennings, 34 Nomads, at 51sec; 4, R. Davis, Gravesend CC; 5, R. Boulter, Bournemouth Arrow; 6, G. Blackhall, Harp RC, all st. 3/J:
JOHN NEAVE, VS Havant, 25m in 57-7; 2, M. Jones, Portsmouth CC; 3, S. Evans, Portsmouth CC; 4, A. Wyatt, Somerset RC, all st; 5, I. Knightsbridge, Rufus Wh, at 18sec; 6, P. Foster, Fareham Wh, at 47sec. Boys:
KIM ABBOTT, Bournemouth Arrow CC, 10m in 24-22; 2, D. Barnard, Brighton Mitre; 3, R. Macmillan, Worthing Excelsior; 4, S. Mitchell, Weston-s-Mare Wh; 5, J. Fawcett, Farnham RC, all st.

CYCLISTS BATTLE AGAINST THE WIND

THE SUSSEX Cyclists Association 25-mile Championship on Saturday afternoon was greeted with the most atrocious weather conditions, with winds that seemed to be trying to create new Beaufort Scales.

The event started at the top of Hammerpot Hill and riders first had to battle their way along the A27 to West-hampnett Roundabout, a journey which, for some, was to take over 10 minutes more than the mainly wind assisted return half.

The best of Worthing Excelsior Cycling Club's riders was Keith Dodman, who, despite being some six minutes slower than his usual form, managed sixth place overall in a time of 1 hour 6 minutes 10 seconds.

There was also a brave ride from the club's school-boy Paul West who finished 14th in a time of 1 hour 10 minutes 22 seconds.

The event was won by the defending champion, Cliff Sharp of Eastbourne Rovers, with a marvellous effort of 1 hour 1 minute 29 seconds.

The Sotonia 25-mile event on Sunday, held on the course in the New Forest which is fast becoming a favourite with Worthing riders, was also affected by strong winds but nothing like as bad as the previous day's.

Richard Shipton, who has been the club's most consistent short distance performer this year, was the fastest of the club's team recording 1 hour 3 minutes 2 seconds. Colin Miller finished in 1.5.5 and John Biddle 1.8.8.

This Sunday, the Annual Tourist Trophy Competition for the 'Argent Rose Bowl' starts from Patching Pond at 10 a.m. Lunch will be at Sutton and the social committee provide a hot tea on Wiggonholt Common near Pulborough at the finish.

40 miles of rough and road

WORTHING Excelsior Cycling Club's annual touring competition for the W. D. Argent Rose Bowl was won by the defending champion, club secretary, John Mansell.

The event, organised by Tony Palmer and Theo Puttick, started from Patching Pond at 10 a.m. on Sunday and finished at 6 p.m. at Wiggonholt Common. The competitors covered some 40 miles of rough-stuff and road riding, and had been severely examined on their map reading, bike maintenance, bike handling, highway code, knowledge of Sussex and speed judging ability.

Muddy

Muddy conditions were experienced prior to lunch at Sutton particularly in the Dover House area before riders climbed over the Downs to Houghton and Bury. The afternoon was mainly in the Bignor, Coldwaltham, Pulborough and West Chiltington areas and included a hill-climbing test at Bignor. The speed judging was on an unknown distance circuit in the Parham House vicinity.

John Mansell was a clear winner with 86 points, second was John Antram with 80 and then very close behind came Ray Dauglass, Peter Shaw, Don Lock and Derek Smith. The event was ended in the now traditional manner of an excellent hot meal provided by social secretary Theo Puttick.

In form

Keith Dodman, riding in the Bognor Regis Hilly 25 mile race on Sunday, served notice that he is back in form and ready for his own club's Hardriders event next Sunday, when he recorded a fine 1 hour 9 minutes 42 seconds to take second place behind Dave Brown of the St. Raphael Club who won in 1 hour 8 minutes 45 seconds.

The club's Hardrider's event starts at 8.30 a.m. on Sunday from the Worthing boundary sign in Findon Valley.

BOGNOR REGIS HARDRIDERS "25" (GOODWOOD)

Dave Brown, VC St. Raphael-Waite	1	8	45
K. Dodman, Worthing Excelsior	1	9	42
T. Ellis, Hampshire RC	1	11	17
J. Darby, Gordano Valley	1	12	3
J. Williams, Farnham RC	1	12	19
M. Whitmarsh, Crabwood CC	1	13	6
Team. — Hampshire RC (P. Pickers 1-13-9,			
G. Jenkins 1-15-54, A. aker 1-15-15), 3-44-18.			

SURREY RCC "30" (G542)

John Lyons, CC Orpington-Ken	1	10	32
Bird	1	10	32
A. Jones, Central Sussex CC	1	14	57
J. Gifford, Croydon RC	1	15	3
R. Powney, Kingston Wh	1	18	45
K. Dodman, Worthing Excelsior	1	18	47
S. Wheeler, Surrey RCC	1	19	52

Tandems

Terry Lack-Len Howell, Leo RC	1	6	34
R. Pearson-P. Holloway,			
Surrey RCC	1	10	24
P. & A. Smith, Farnboro &			
Camberley	1	12	28
P. Reeves-J. Biddle,			
Worthing Excelsior	1	12	39
G. Adams-L. Harvey,			
Glendene CC	1	12	55
T. Fiddimore-G. Standen,			
Surrey RCC	1	21	51
Mixed. — Tom Fiddimore-Christine			
Standen, Surrey RCC. 1-21-51.			

WORTHING HERALD
~~24TH~~ 24TH OCTOBER 1975.

Cycling record is broken by three riders

THE PROMOTION by Brighton Mitre Cycling Club on the Horsham Road on Sunday provided some of the fastest racing there has ever been in this area. Racing members of Worthing Excelsior Cycling Club found themselves involved in a kind of competition which, some at least, had not experienced before.

The start had to be put back for one hour because of the misty conditions and the event got under way at 9 a.m.

The course record for this hilly 25-miles stood before the event at 57min 41sec. By the time the race had ended, the record had been smashed three times.

First, Eddy Adkins, of the Hemel Hempstead Club, came in with 56min 47sec; then Derek Cottingham, of the Charlotteville, recorded 56.36 and finally the winner, John Patston, of the Orpington Club, rocketed home in 56.9 ... a record that must surely stand for a long time.

Best ride

No doubt stirred by the class of the competition, Worthing's Keith Dodman recorded what must be his best, if not his fastest, 25 of the year in finishing with a time of 61min 20sec.

Richard Shipton, not liking the cold, managed 65.48, John

Biddle 67.40, Paul West 69.44 and Mike Poland 70.27. Paul's effort narrowly failed to win the special juvenile award in which he finished second.

In the afternoon, riders were in action again, competing this time in the club Hill Climb Championship on the Steyning Bostal. Keith, showing that his morning's effort had not affected him, just managed to beat George Matthews, their times being 4min 35.6sec and 4min 36.8sec. Last year, they dead-heated.

Third was schoolboy Paul West in 5min 12.4, fourth Martin Morris, another schoolboy, in 5min 29.4 and fifth Graham Tooley in 5min 35.4. Graham, who has only recently turned his attention to racing, could prove to be a useful addition to the club's racing strength next season.

31ST OCTOBER 1975.
WORTHING HERALD

DODMAN RECORDS A FAST TIME

THE FASTEST 25-mile time recorded by any member of Worthing Excelsior Cycling Club this season has been recorded by Keith Dodman in the last event of the year. Keith has had another successful season but until recently had not touched the speeds that in previous years had taken him to sub-60 minute rides.

On Sunday, in the Hillingdon Cycling Club's promotion on the A4 Bath Road near Theale, he finished high up in a first class field with the time of 59 minutes 29 seconds.

Richard Shipton, who rode in the same event, could not match Keith's form and finished in 63 minutes 59 seconds.

The club run scene is now in full swing and on Sunday one group of experienced riders went eastwards for elevenses at Hickstead while recently qualified club coach Norman Macmillan took another group of new and junior members westwards to Bognor.

This Sunday, there is a motorised trip to the Epping Forest for a day's cycling in that area while the usual club run will be from the club-room at Broadwater Green at 9 a.m. and elevenses will be at Pulborough.

WORTHING
HERALD
7TH NOV
1975.

PRIZE NIGHT

TROPHIES won during the year will be presented at Worthing Excelsior Cycling Club's buffet dance at Worthing Sports Centre tomorrow (Saturday) at 8 p.m.



KEITH DODMAN with some of the trophies he received at Worthing Excelsior Cycling Club's prize presentation.

WORTHING
HERALD

14TH NOV.

1975.

Kermesse racing is again planned for next year

SOME 75 members and friends attended Worthing Excelsior Cycling Club's annual dance, buffet and prize presentation at Worthing Sports Centre on Saturday.

Worthing recreation manager Alan Slynne praised the club for their efforts in the successful promotion of the sea front Kermesse races during the Fiesta Fortnight in August and assured them that the council would again do all that was possible to assist in the running of the same events in next year's Fiesta.

Thanks

Don Lock thanked the many people who had helped the club in the Fiesta and their other promotions and, with particular reference to the Kermesse, promised that in 1976 it would be better still. Formal application for the events had already been lodged with the British Cycling Federation.

Mrs W. D. Argent, wife of the club's president, then pre-

sented the prizes, the major recipients being: Keith Dodman, 25-mile, 30-mile, 50-mile, 100-mile and Hill Climb championships; Don Lock, 12-hour and Senior Best All Rounder championships; John Mansell, Tourist Trial, and Graham Tooley, Club Runs Trophy.

Award

The Clubman of the Year award went to Norman Macmillan for all he had done for the younger members of the club in encouraging and training them. Norman has qualified as a coach under the British Cycling Coaches Scheme.

The prize competition in the club's fund raising scheme meant £60 went to Richard Shipton.

The following morning, a large group of members made a leisurely run to Brighton by a devious route. Most returned for lunch but a number went on towards Lewes. This Sunday, the run will leave from the clubroom at Broadwater Green at nine, and elevenses will be at Horsham.

Christmas meal — then cycle run!

THE NOW ANNUAL Christmas feast of the Worthing Excelsior Cycling Club was held on Saturday evening in the club room at the Broadwater Parish Rooms, Broadwater Green.

It was once again a self-catering effort of the club's social secretary and members of his social committee. A full Christmas meal with all the trimmings and wine was produced for a mere £1 per head for some 70 members and friends.

It was a really tremendous get-together, with the really informal and friendly atmosphere for which cycling clubs are traditionally noted.

On the following Sunday morning, a group were out on the usual club run, some proceeding only as far as elevenises at Coldwaltham, while others toured farther afield, returning by teatime.

Three riders went up to Cuckfield to compete in the Central Sussex Club's Christmas 10, an event which was well supported but not taken too seriously by many of the riders.

One who did was Worthing's Graham Tooley, who raced round the hilly course in 29 minutes 50 seconds for a fine third place. Pete Reeves rode a low gear fixed machine and was just outside 20 mph with 30min 46sec, and Paul West completed the Worthing team with a time of 31min 45sec.

The same team of three with John Biddle are entered in next Sunday's Dulwich Paragon 25-mile event, starting near Holmwood on the A24 at 10 a.m.

The club run next Sunday is from the club room at 9 a.m. Elevenises will be at the Chichester bus station.