

WORTHING EXCELSIOR CYCLING CLUB
CLUB RUNS LIST.
16th December 2018 - 28th April 2019

All club runs depart from Washington Village Green (W) or the Clubroom at Broadwater Green (B) or the west side of Arundel Town river bridge(A) at 9a.m. (9.10a.m. latest) unless otherwise stated.

You should register your attendance with the Club Runs Secretary. Tony Palmer(01273 558597 or 07790 791669), or Mike Irons(01903 240280) to enable you to be included in the Annual Club Runs Attendance Points Trophy Competition, running from 1st October to 30th September in each year.

Points are awarded as follows:-

2 points if you start with the run and complete the run with the club group.

1 point if you proceed independently but attend elevenses

3 points if you are out all day on a Club touring activity i.e. Audax, Sportive or specially arranged runs. For details see either the Website, Notice Board or e-mail circulation.

Final decision is with the Runs Committee!

The Runs list is available to all members via the Club Website and the Club Notice Board.

If you feel that the runs are "too fast" or "too slow" we have 3 groups that leave the start point at the same time and meet up at the elevenses venue. The groups are "Easy", "Regular" or "Training". Same start time and elevenses venue but different routes. Alternatively, you can make your own way to elevenses.

We usually home between 12.30 and 1.00pm and the distance including the ride from Worthing will be about 40-50 miles.

There are car parking spaces at Washington Village.

We have included notes of events where club members may be involved in so that it might be possible to do both or give competitors some support before coming to the elevenses venue.

Runs Committee members are not always able to attend, so on those occasions make your own route, again to suit those present and not forgetting to report your attendance.

Those people who are unfamiliar with riding in a group should familiarize themselves with the Clubs Group Riding Etiquette procedure, available on the website or the Club Notice Board.

Date	Elevenses Venue	Start Point
Sun 16 th Dec	Denmans Gardens, Denmans Lane, ½ mile west of Fontwell Racecourse roundabout	B
Sun 23 rd Dec	Aldingbourne Country Centre, Blackmill Lane. On North side of A27 approx. 1mile West of Fontwell Racecourse Roundabout	W
Sun 30 th Dec	Stan's Bike Shack, Partridge Green. On B2135 ½ mile South of village	B
Tues 1 st Jan	RSPB Centre, Wiggonholt Common. On A283 approx. 2 miles west of Storrington	W
Sun 6 th Jan	Velusso Café, Ditchling. ¾ mile East of Ditchling Village crossroads on B2116	W
Sun 13 th Jan	Newbridge Garden Centre, Broadbridge Heath, on A264, at roundabout South West of Broadbridge Heath	W
Sun 20 th Jan	Fishers Farm, Wisborough Green, Newpound Lane, Wisborough Green	W
Sun 27 th Jan	Washington Village Hall. Elevenses with BECC. Yellow Handbook giving details of all local time trials will be available.	W
Sun 3 rd Feb	Hilliers Garden Centre, Horsham. On A281, approx. 1 mile South East of Horsham	W
Sat 9 th Feb	WECC Audax. 109k. Entry required. Contact Joan Lennon for details and entry. joan.lennon@gmail.com	Dial Post 9.00 start
Sun 10 th Feb	Littlehampton Marina. On west side of river, north of footbridge and boatyard	B
Sun 17 th Feb	Manor Nurseries, Runcton. On B2166 South East of Chichester	A
Sat 23 rd Feb	Weekend ride to Eastbourne. For details contact Clive Patterson-Lett for details of ride and accommodation booking. clivelett@aol.com or 07786528363	
Sun 24 th Feb	Return ride from Eastbourne	
Sun 24 th Feb	Amberley Riverside Tearooms, on B2139, alongside River Arun, North of riverbridge	W
Sun 3 rd Mar	Washbrook Farm, ½ mile South of crossroads in Hurstpierpoint village on B2117. After SCA and Club Hardriders event	W
Sun 10 th Mar	Southwater Country Park. After the Ashurst Circuit TT	W
Sun 17 th Mar	RSPB Centre, Wiggonholt Common. On A283 1 mile west of Storrington. After the Club 10 mile Handicap TT	W
Sun 24 th Mar	South Downs Garden Centre, Hassocks. On A273, approx. 1 mile North of Clayton Village	W
Sun 31 st Mar	Goodwood Motor Racing Circuit	A
Sun 7 th Apr	Whispers Café, Billingshurst. Café located in car park behind Sainsburys Supermarket	W
Sun 14 th Apr	Conservatory Café, Horsham Park, opposite Capitol Theatre.	W
Sun 21 st Apr	Milk Churn Café. Rudgwick. Turn off A281 into Lynwick Street, café approx.1 mile on left	W
Sun 28 th Apr	Aldingbourne Country Centre, Blackmill Lane. On North side of A27 approx. 1mile West of Fontwell Racecourse Roundabout	B