



# East Sussex Cycling Association

## 50 mile Reliability Trial

### Sunday 6th November 2016

Promoted by Worthing Excelsior Cycling Club



## Start Sheet

### General Info

#### Organiser

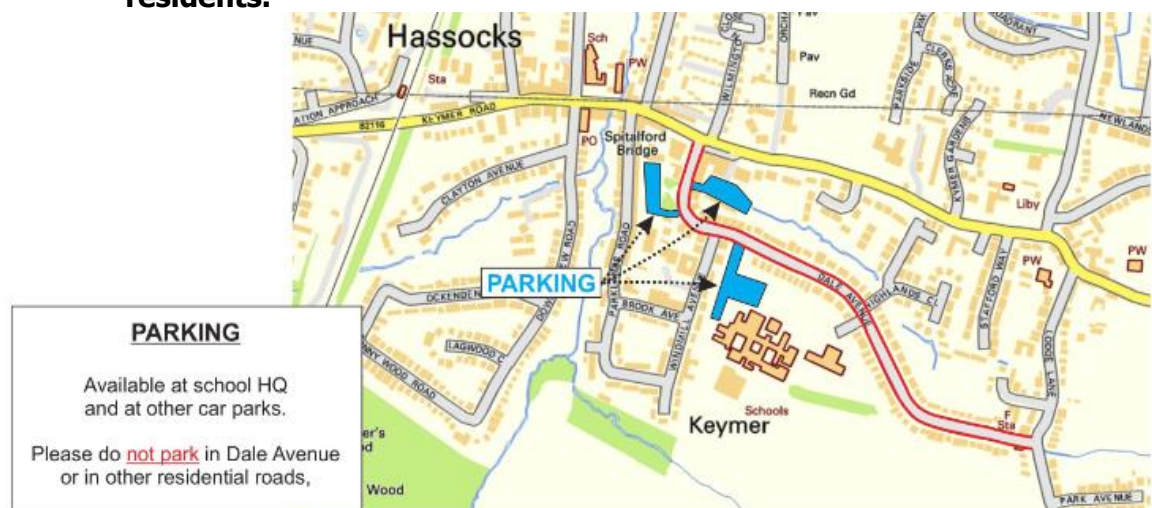
**Robert Downham, Worthing Excelsior CC**  
93 Chippers Road, Worthing, West Sussex BN13 1DG  
Telephone 01903 268380 Mobile 07741 279199  
or email [rjdownham@btinternet.com](mailto:rjdownham@btinternet.com)

#### Event HQ

**Downlands Community School, Dale Avenue, Hassocks, East Sussex BN6 8LP** – Open from 7:30am. Dale Avenue is located off the B2116, the main street through Hassocks (adjacent to National Tyres). No shoe plates in the hall.

#### Car Parking

**If you are driving to the event please allow plenty of time to find a suitable parking space.** Car parking is available at the school and at two public car parks in Dale Avenue with no parking charges on Sundays. **Please do not park in Dale Avenue or in such a way to cause inconvenience to residents.**



#### Route Details

The 2016 ESCA Reliability Trial will be held over a 50 mile course, with the start and finish at the Downlands Community School. The route can be viewed or download to GPS devices at the link below

**Garmin**

<https://connect.garmin.com/modern/course/13646258>

## Event Details

- The Rally Shield** The ESCA club with the highest combined number of successful finishers from all three events will hold the Rally Shield for one year. In the event of a tie, the club with the largest number of successful finishers in Event B and C will be declared the winner.
- Route Map** If you need the map and/or written route directions on the day please bring them with you to the event. If you have received this start sheet by email these details should be included, alternatively they can be downloaded from **East Sussex CA** <http://www.eastsussexca.org.uk/other.htm>
- Signing On** Please sign on at least 10 minutes before your allotted start time.  
**By signing on you confirm that:**
- your name and club has been correctly recorded
  - you agree to ride in a safe manner in accordance with the law
  - you agree to place no liability on the organiser, ESCA or Worthing Excelsior CC
  - you are a member of an ESCA affiliated club
- Riders under 18** Riders under 18 must submit a completed parent consent form. If not included with your entry form please download one, to hand in at signing on, at <http://www.eastsussexca.org.uk/16results/escarelconsent.pdf> all riders under 18 must wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Control Card** At the signing on point you will be given a control card to carry with you during the trial. Your control card **must** be stamped at each of the control points, and handed in to the timekeeper/checker at the finish for your official finishing time to be recorded on your card. **Your completed control card will be used to validate your ride.**
- Riders who do not successfully complete the trial are encouraged to hand in their control card for recording purposes**
- Be Prepared** It is advisable to carry spare inner tubes, basic tools, a pump, ID and a mobile phone. Please ensure you wear adequate clothing for the conditions on the day. Remember you are responsible for the delivery of your control card in a legible state so please bring a plastic bag to keep it clean and dry if necessary. The same applies to any written course details or map you may need to carry.
- Horses** On your approach to horses please call from a distance to make riders and their horses aware of your presence. A startled horse can be unpredictable so please slow down and be prepared to stop if necessary to allow them to pass safely. Alternatively, allow them to stop and pull over so you can safely pass them.
- Safety** Riders are strongly advised to wear helmets and have rear flashing lights.

## Rules

The usual rules for reliability trials will be applied – in summary, for a ride to qualify you must complete the course, have your control card stamped at each of the control points, and hand it in to the timekeeper/checker at the finish to enter your finish time. **Your completed control card will be used to validate your ride.**

**You may not pass the finish earlier than 10 minutes before your allotted finishing time.**

There is to be no racing between riders or teams, and you must ride in a manner that is safe for you, other cyclists and all other road users.

**Please note:** There is no access to the hall before finishing your ride. Riders passing through the finishing point more than 10 minutes before their allotted finishing time will not qualify.

## Start Time Overview

	Group No.	Start time	Rider Nos.	Target Finishing Time
<b>Event A</b> <b>4 hour</b>	Group A1	8:15	A1 – A15	After 12:05 but before 12:15
	Group A2	8:20	A16 – A28	After 12:10 but before 12:20
	Group A3	8:25	A29 – A40	After 12:15 but before 12:25
	Group A4	8:30	A41 – A54	After 12:20 but before 12:30

	Group No.	Start time	Rider Nos.	Target Finishing Time
<b>Event B</b> <b>3½ hour</b>	Group B1	8:45	B1 – B11	After 12:05 but before 12:15
	Group B2	8:50	B12 – B21	After 12:10 but before 12:20
	Group B3	8:55	B22 – B31	After 12:15 but before 12:25
	Group B4	9:00	B32 – B45	After 12:20 but before 12:30

	Group No.	Start time	Rider Nos.	Target Finishing Time
<b>Event C</b> <b>3 hour</b>	Group C1	9:15	C1 – C10	After 12:05 but before 12:15
	Group C2	9:20	C11 – C21	After 12:10 but before 12:20

**Please see listings below for your individual start time, group and rider number – it is not possible to change groups as control cards have be produced with sequential rider numbers etc.**

## Order of Start Event A – 4 hour – Group A1 to A4

Start Time	Target Time	Group No.	Rider No.	Rider Name	Club	Finish after	but before
08:15	4:00	Group A1	Rider A1	Alison Eaton	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A2	Amy Scamardella	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A3	Anita Turner	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A4	Bob Taylor	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A5	Caroline Maynard	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A6	Gary Markwick	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A7	Gillian Rae	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A8	Graham Reed	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A9	Iain Webster	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A10	Joanne Smith	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A11	Johanna Dowle	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A12	Olivia Webb	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A13	Rob Negus	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A14	Sharon Webster	Eastbourne Rovers CC	12:05	12:15
08:15	4:00	Group A1	Rider A15	Trevor Goswell	Eastbourne Rovers CC	12:05	12:15
Start Time	Target Time	Group No.	Rider No.	Rider Name	Club	Finish after	but before
08:20	4:00	Group A2	Rider A16	Adam Ford	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A2	Rider A17	Bruce English	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A2	Rider A18	Clive Richardson	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A2	Rider A19	Jerry Keen	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A2	Rider A20	Kevin Burton	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A2	Rider A21	Kevin Henderson	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A2	Rider A22	Lionel Chauvin	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A3	Rider A23	Myles Lawrence	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A3	Rider A24	Nathan Hunter	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A2	Rider A25	Nick New	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A3	Rider A26	Paul Urquhart	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A2	Rider A27	Peter Moon	Eastbourne Rovers CC	12:10	12:20
08:20	4:00	Group A2	Rider A28	Shane Barnes	Eastbourne Rovers CC	12:10	12:20
Start Time	Target Time	Group No.	Rider No.	Rider Name	Club	Finish after	but before
08:25	4:00	Group A3	Rider A29	Bill Roddick	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A3	Rider A30	Cliff Harrison	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A3	Rider A31	Colin Peters	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A3	Rider A32	Craig Shingfield	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A3	Rider A33	Edward Speltz	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A2	Rider A34	Elliot Brown	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A3	Rider A35	Gary Marshall	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A3	Rider A36	Kevin Martin	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A3	Rider A37	Les Jones	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A3	Rider A38	Mark Barden	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A3	Rider A39	Matt Grantham	Eastbourne Rovers CC	12:15	12:25
08:25	4:00	Group A3	Rider A40	Peter Watts	Eastbourne Rovers CC	12:15	12:25
Start Time	Target Time	Group No.	Rider No.	Rider Name	Club	Finish after	but before
08:30	4:00	Group A4	Rider A41	Suzanne Romney	Brighton Mitre CC	12:20	12:30
08:30	4:00	Group A4	Rider A42	Adrian Hill	Lewes Wanderers CC	12:20	12:30
08:30	4:00	Group A4	Rider A43	Ali Brockhurst	Lewes Wanderers CC	12:20	12:30
08:30	4:00	Group A4	Rider A44	Chris Hough	Lewes Wanderers CC	12:20	12:30
08:30	4:00	Group A4	Rider A45	Chris Martin	Lewes Wanderers CC	12:20	12:30
08:30	4:00	Group A4	Rider A46	Darren Brockhurst	Lewes Wanderers CC	12:20	12:30
08:30	4:00	Group A4	Rider A47	Emma Gearing	Lewes Wanderers CC	12:20	12:30
08:30	4:00	Group A4	Rider A48	Ian McGuckin	Lewes Wanderers CC	12:20	12:30
08:30	4:00	Group A4	Rider A49	Tony Gale	Lewes Wanderers CC	12:20	12:30
08:30	4:00	Group A4	Rider A50	Ashley Knowles	Sussex Nomads CC	12:20	12:30
08:30	4:00	Group A4	Rider A51	Stuart Anderson	Sussex Nomads CC	12:20	12:30
08:30	4:00	Group A4	Rider A52	Zoe Deeley	Sussex Nomads CC	12:20	12:30
08:30	4:00	Group A4	Rider A53	Ken Gormanly	Worthing Excelsior CC	12:20	12:30
08:30	4:00	Group A4	Rider A54	Phil Frean	Worthing Excelsior CC	12:20	12:30

## Order of Start Event B – 3½ hour – Group B1 to B4

Start Time	Target Time	Group No.	Rider No.	Rider Name	Club	Finish after	but before
08:45	3:30	Group B1	Rider B1	Paul Harris	East Grinstead CC	12:05	12:15
08:45	3:30	Group B1	Rider B2	Paul Winkley	East Grinstead CC	12:05	12:15
08:45	3:30	Group B1	Rider B3	Richard Woodward	East Grinstead CC	12:05	12:15
08:45	3:30	Group B1	Rider B4	Martin Horscroft	Eastbourne Rovers CC	12:05	12:15
08:45	3:30	Group B1	Rider B5	Michael Davey	Eastbourne Rovers CC	12:05	12:15
08:45	3:30	Group B1	Rider B6	Nathan Russell	Eastbourne Rovers CC	12:05	12:15
08:45	3:30	Group B1	Rider B7	Richard Cave	Eastbourne Rovers CC	12:05	12:15
08:45	3:30	Group B1	Rider B8	Simon Bottomley	Eastbourne Rovers CC	12:05	12:15
08:45	3:30	Group B1	Rider B9	Richard Fisher	In-Gear Quickvit Trainsharp RT	12:05	12:15
08:45	3:30	Group B1	Rider B10	Richard Gifford	In-Gear Quickvit Trainsharp RT	12:05	12:15
08:45	3:30	Group B1	Rider B11	Jeremy Woodruff	Southborough & Dist. Whs	12:05	12:15
Start Time	Target Time	Group No.	Rider No.	Rider Name	Club	Finish after	but before
08:50	3:30	Group B2	Rider B12	Juha Aaltonen	Brighton Mitre CC	12:10	12:20
08:50	3:30	Group B2	Rider B13	Neil Morris	Brighton Mitre CC	12:10	12:20
08:50	3:30	Group B2	Rider B14	Colin Thomas	Hastings & St. Leonards CC	12:10	12:20
08:50	3:30	Group B2	Rider B15	Darren Thomas	Hastings & St. Leonards CC	12:10	12:20
08:50	3:30	Group B2	Rider B16	Derek Millgate	Hastings & St. Leonards CC	12:10	12:20
08:50	3:30	Group B2	Rider B17	Duncan Feathers	Hastings & St. Leonards CC	12:10	12:20
08:50	3:30	Group B2	Rider B18	Malcolm Daley	Hastings & St. Leonards CC	12:10	12:20
08:50	3:30	Group B2	Rider B19	Michael Stevens	Hastings & St. Leonards CC	12:10	12:20
08:50	3:30	Group B2	Rider B20	Peter Brehme	Hastings & St. Leonards CC	12:10	12:20
08:50	3:30	Group B2	Rider B21	Steve Curtis	Hastings & St. Leonards CC	12:10	12:20
Start Time	Target Time	Group No.	Rider No.	Rider Name	Club	Finish after	but before
08:55	3:30	Group B3	Rider B22	Ian Kentsley	Sussex Nomads CC	12:15	12:25
08:55	3:30	Group B3	Rider B23	Peter Marshall	Sussex Nomads CC	12:15	12:25
08:55	3:30	Group B3	Rider B24	Tony Burnham	Sussex Nomads CC	12:15	12:25
08:55	3:30	Group B3	Rider B25	William Faas	Sussex Nomads CC	12:15	12:25
08:55	3:30	Group B3	Rider B26	Yuriy Tymchenko	Sussex Nomads CC	12:15	12:25
08:55	3:30	Group B3	Rider B27	Peter Logan	Worthing Excelsior CC	12:15	12:25
08:55	3:30	Group B3	Rider B28	Rick Hughes	Worthing Excelsior CC	12:15	12:25
08:55	3:30	Group B3	Rider B29	Rocco Sepe	Worthing Excelsior CC	12:15	12:25
08:55	3:30	Group B3	Rider B30	Rome Bhamra	Worthing Excelsior CC	12:15	12:25
08:55	3:30	Group B3	Rider B31	Stephen Feest	Worthing Excelsior CC	12:15	12:25
Start Time	Target Time	Group No.	Rider No.	Rider Name	Club	Finish after	but before
09:00	3:30	Group B4	Rider B32	Bob Evans	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B33	Brett Davis	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B34	Clare Parkholm	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B35	Guy Brown	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B36	Hugh Procter	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B37	Jon Collett	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B38	Lisa Davis	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B39	Paget Cohen	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B40	Paul Fletcher	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B41	Peter Baker	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B42	Peter Fox	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B43	Richard Frost	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B44	Samuel Ramsey	Lewes Wanderers CC	12:20	12:30
09:00	3:30	Group B4	Rider B45	Sue Collett	Lewes Wanderers CC	12:20	12:30



## Order of Start Event C – 3 hour – Group C1 to C2

Start Time	Target Time	Group No.	Rider No.	Rider Name	Club	Finish after	but before
09:15	3:00	Group C1	Rider C1	Ian Backhouse	Lewes Wanderers CC	12:05	12:15
09:15	3:00	Group C1	Rider C2	Mark Paton	Lewes Wanderers CC	12:05	12:15
09:15	3:00	Group C1	Rider C3	Martin Baddeley	Lewes Wanderers CC	12:05	12:15
09:15	3:00	Group C1	Rider C4	Michael Turner	Lewes Wanderers CC	12:05	12:15
09:15	3:00	Group C1	Rider C5	Neil Gearing	Lewes Wanderers CC	12:05	12:15
09:15	3:00	Group C1	Rider C6	Neil Midgley	Lewes Wanderers CC	12:05	12:15
09:15	3:00	Group C1	Rider C7	Nick Dwyer	Lewes Wanderers CC	12:05	12:15
09:15	3:00	Group C1	Rider C8	Nick Smart-Jones	Lewes Wanderers CC	12:05	12:15
09:15	3:00	Group C1	Rider C9	Rob Pelham	Lewes Wanderers CC	12:05	12:15
09:15	3:00	Group C1	Rider C10	Sean Quinney	Lewes Wanderers CC	12:05	12:15
Start Time	Target Time	Group No.	Rider No.	Rider Name	Club	Finish after	but before
09:20	3:00	Group C2	Rider C11	Andy Bone	Brighton Phoenix Triathlon Club	12:10	12:20
09:20	3:00	Group C2	Rider C12	Jim Whitelegg	Brighton Phoenix Triathlon Club	12:10	12:20
09:20	3:00	Group C2	Rider C13	Jon Wright	Brighton Phoenix Triathlon Club	12:10	12:20
09:20	3:00	Group C2	Rider C14	David Clark	Eastbourne Rovers CC	12:10	12:20
09:20	3:00	Group C2	Rider C15	David Clements	Eastbourne Rovers CC	12:10	12:20
09:20	3:00	Group C2	Rider C16	Ben Fielden	GS Stella	12:10	12:20
09:20	3:00	Group C2	Rider C17	Mark Jones	GS Stella	12:10	12:20
09:20	3:00	Group C2	Rider C18	Keith Bugden	In-Gear Quickvit Trainsharp RT	12:10	12:20
09:20	3:00	Group C2	Rider C19	Sean Yates	In-Gear Quickvit Trainsharp RT	12:10	12:20
09:20	3:00	Group C2	Rider C20	Tim Rank	Sussex Nomads CC	12:10	12:20
09:20	3:00	Group C2	Rider C21	Christopher Putnam	Worthing Excelsior CC	12:10	12:20

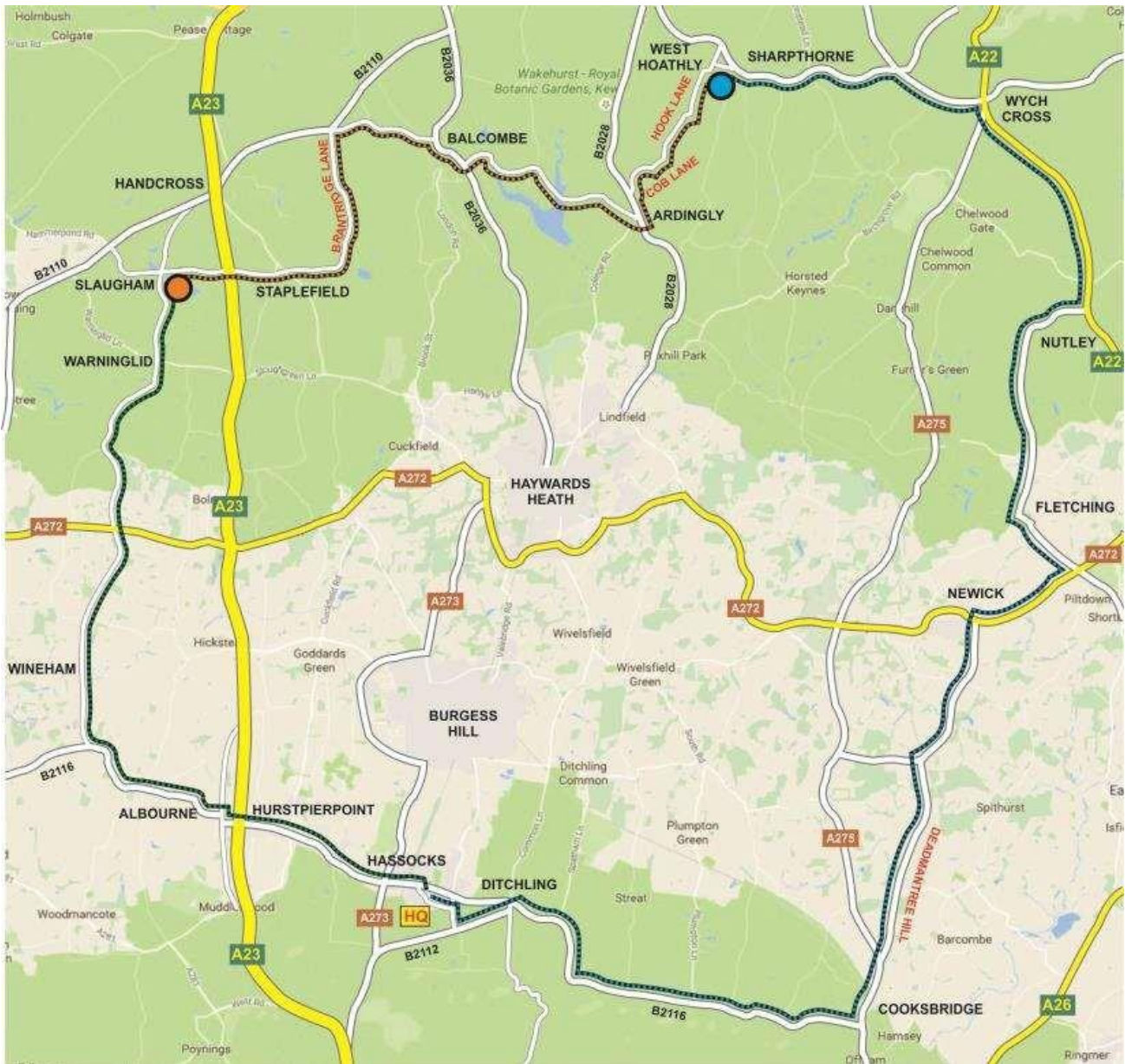
## Previous Rally Shield Winners

<b>1986</b>	Worthing Excelsior CC	<b>1987</b>	Worthing Excelsior CC
<b>1988</b>	Worthing Excelsior CC	<b>1989</b>	Worthing Excelsior CC
<b>1990</b>	Worthing Excelsior CC	<b>1991</b>	Worthing Excelsior CC
<b>1992</b>	Crawley Wheelers	<b>1993</b>	Crawley Wheelers
<b>1994</b>	Crawley Wheelers	<b>1995</b>	Eastbourne Rovers CC
<b>1996</b>	Lewes Wanderers CC	<b>1997</b>	Eastbourne Rovers CC
<b>1998</b>	Eastbourne Rovers CC	<b>1999</b>	Eastbourne Rovers CC
<b>2000</b>	Eastbourne Rovers CC	<b>2001</b>	Southborough & District Wheelers
<b>2002</b>	Eastbourne Rovers CC	<b>2003</b>	Event Cancelled
<b>2004</b>	Lewes Wanderers CC	<b>2005</b>	Lewes Wanderers CC & Eastbourne Rovers CC
<b>2006</b>	Lewes Wanderers CC	<b>2007</b>	Lewes Wanderers CC
<b>2008</b>	Lewes Wanderers CC	<b>2009</b>	Lewes Wanderers CC
<b>2010</b>	Lewes Wanderers CC	<b>2011</b>	Lewes Wanderers CC
<b>2012</b>	In-Gear Quickvit Trainsharp	<b>2013</b>	Lewes Wanderers CC
<b>2014</b>	Eastbourne Rovers CC	<b>2015</b>	Eastbourne Rovers CC



# 2016 ESCA Reliability Trial Route Details

The route can be viewed or download to GPS devices at  
**Garmin** <https://connect.garmin.com/modern/course/13646258>



At the signing on point you will be given a **control card** to carry with you during the trial. Your control card **must** be stamped at each of the two control points, and handed in to the timekeeper/checker at the finish for your official finishing time to be recorded on your card. **Your completed control card will be used to validate your ride.**

## Start at the Downlands Community School, Hassocks

Exit the school car park, turn Right into Dale Ave, continue to Tee Junction where Right into Lodge Lane, continue to Left turn onto B2112. At Ditchling, Right at Roundabout onto B2116, continue to Tee Junction, (7mls) where Left onto A275. Continue to Fork Right at 'Rainbow Kitchen' into Deadmans Tree Hill. Continue to Tee Junction, (10.7mls) turn Right signposted Newick, continue to Tee Junction, (11.8mls), where Right then Left, continue to Newick where Right onto A272.

On A272 take 1st Left signposted Fletching, continue through village following signs to Nutley, at Splaynes Green, Fork Right into Bell Lane and continue to join A22 at Nutley (19.1mls) Left on A22 to Wych Cross (22.1mls), at traffic lights, turn left signposted Sharpthorne. Left at crossroads into Plainhatch Lane, continue through Sharpthorne to West Hoathly (25.9mls). Turn left, into Church Hill, in direction of 'Priest House' and **1st control.**



Continue into Hook Lane and Cob Lane. (**CARE ON DESCENT**) At Tee Junction with B2028, Left towards Ardingly, where 1st Right into Street Lane (28.8mls) Continue on Balcombe Lane to roundabout in Balcombe, where right, straight on at cross roads signposted London, at roundabout on B2036 (31.6mls) Right then Left signposted Handcross. Continue to 1st Left into Brantridge Lane, continue to cross roads at Staplefield, straight on to Slaugham cross roads and **2nd control (37.3 miles)**





Left through Warninglid to continue to junction with A272, straight over, to pass through Wineham to join B2116 (44.7mls), where left through High Cross and Albourne to Tee Junction, where right and then left continuing on B2116 to pass through Hurstpierpoint. At junction with A273, straight on to Hassocks, where right (adjacent to National Tyres) into Dale Ave to finish at Downlands College (50 miles).



**Please note:** There is no access to the hall before finishing your ride. Riders passing through the finishing point more than 10 minutes before their allotted finishing time will not qualify.