



Newsletter- October 2023

Ladies and Gentlemen

Apologies for the late circulation of this newsletter; September proved to be extremely hectic for me, what with a three week work related course in Manchester and then a week on Madeira from which I only returned last Monday evening.

Annual dinner and awards ceremony

The Annual dinner (incorporating the awards ceremony) will be held at The Fox, Patching at 7 p.m. on Friday 10th November 2023. As you would expect with the cost of living rising in all areas the price has increased but WECC will continue to subsidise the tickets and I still think £27 per head (including service charge) for a three course meal and coffee is pretty good. We are back in the main restaurant this year so the trip to the bar and toilet facilities will be much easier!!

If you would like to attend then please either e-mail Ian Cheesman (cheesy12@talktalk.net) or text or whatsapp him (07931863447) no later than Friday 20th October 2023 with the following information:

- How many tickets you want with names of those attending
- Any preferences as to who you would like to sit next to
- Meal choices from the menu (see below)
- Any food allergies or intolerance's

Payment should be either by cheque made payable to Worthing Excelsior Cycling Club or by bank transfer to Ian Cheesman, Barclays Bank, Acc number: 40469645 sort code: 209874 using your name as the reference so he can keep a track of who has paid.

Starters

Deep Fried Brie served with plum chutney

Goats cheese tart

Deep Fried Whitebait served with tartar sauce

Homemade soup of the day

Mains

Grilled Fillets of Sea bass served with lemon and parsley butter, prawns and asparagus

Sweet Potato Curry (Vegan)

Braised Steak served with herb dumpling and root vegetables

Bacon Pudding served with sautéed potatoes

Deserts

Apple and Blackberry Crumble with custard

Banoffee Pie

Vanilla Cheesecake with blueberry compote (Vegan)

Steamed Syrup Sponge with custard

Tea and coffee included

Club clothing

The result of the recent survey whereby members were invited to choose their preferred choice out of four options saw the below style being the most popular, with 52% of those voting choosing it. Phil Frean, who has led this project, has now been asked to contact the manufacturers to confirm prices and minimum order numbers. Hopefully he'll be able to obtain this information by the next Committee meeting on the 6th November so, all being well, there'll be another update then.



I do still have one size 3 club top in our current style for sale at £56.40 if anyone is interested? Size 3 is probably equates to a smallish medium but I guess that depends on how aero you like to be!

Active Travel Survey

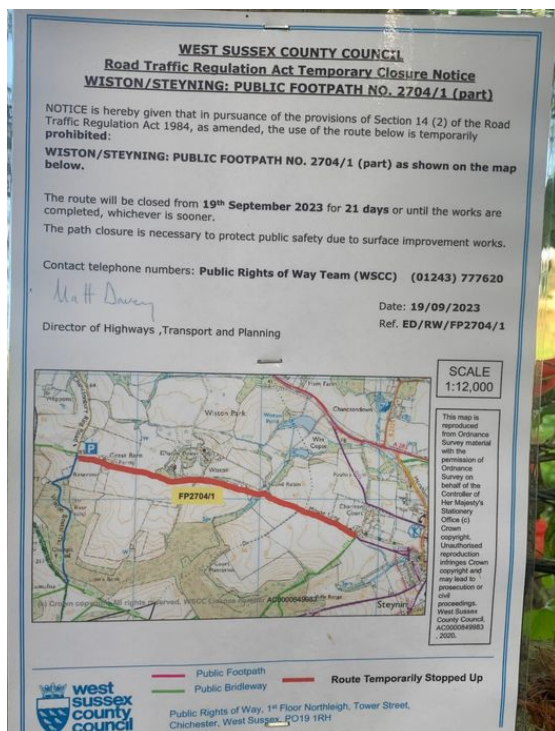
If you live in West Sussex, as most members do, you might be interested in participating in a survey being run by West Sussex County Council about the future of 'active travel' locally. If you are take a look at <https://yourvoice.westsussex.gov.uk/active-travel-strategy> and have your say before the consultation ends on 15th November 2023.

New off road section

Many thanks to Ken Newton for the following;

Thought this might interest those off-roaders among you.

The footpath from the Chanctonbury Ring Road Car Park, Wiston to Mouse Lane in Steyning is in the process of being upgraded from a footpath to a Permissive Path which will allow equestrians and cyclists to use. I surveyed it this morning and work is in progress with two stiles removed, the path widened and resurfaced. It is scheduled to be completed the last week in October. This opens up an off-road route from Washington to Steyning - including the current bridleway from Washington to Chanctonbury Ring Road - which means the busy A283 can be avoided.



And finally

Member Janette Langford recently completed a week's cycling holiday in the Alps and asked me to share with you a photo of her in WECC kit at the summit of Alpe d'Huez. Congratulations Janette!



Ian Thomas secretary@worthngexcelsior.co.uk