



Newsletter- June 2023

Ladies and Gentlemen,

June is here, as is the sun but it's a shame about the accompanying brisk North Easterly wind, which forced me to don arm warmers and a gillet for my ride yesterday!

Time Trials, Don Lock Evening 10 series.

As I write, the 4th round of our Evening 10 series is taking place. To be honest attendance, by either WECC riders or visitors, hasn't been great so far this year but there's still another 8 events to go, all of which you can enter completely free of charge! You just need to sign on outside Washington Recreation Ground by 7pm, with riders being pushed off from the start at the top of Washington Bostal from 7.15.

Club night

Next Tuesday, 6th June is our next Club night at the West Worthing Tennis and Squash Club in Titnore Lane. Please feel free to drop in, any time from about 7pm onwards.

Free books and other cycling items

As mentioned last month I collected a variety of cycling books, DVD's and a jigsaw from the late John Grant's family (see below). These are offered free, individually or otherwise, to anyone that is interested, on a 'first come' basis. I'll take them to the Club night on Tuesday (6th June) or you can contact me by email or phone (ian.thomas120662@gmail.com/[07941432104](tel:07941432104)) to place your 'order' although they would need collecting from my home in Ashington.

Books

Icons - Bradley Wiggins

Memories of the Peloton - Bernard Hinault

Lance Armstrong, The Man Behind The Legend - Matt Lamy

A Race For Madmen, The Extraordinary History Of The Tour De France - Chris Sidwells

A Significant Other, Riding the Centenary Tour De France with Lance Armstrong - Matt Rendell

Le Tour, A century of The Tour de France - Jeremy Whittle
Tour De France Records 2014 - Chris Sidwells
The Cycling Cartoonist, An illustrated guide to life on two wheels - Dave Walker
Cycling's Strangest Tales, Extraordinary but true stories from over 200 years of cycling - Iain Spragg
Discovering old bicycles - T.E. Crowley
Early Bicycles - Nick Clayton
Cycles in Colour - Robert Wilkinson-Latham
Cycling On - Ray Hallett
Cycling - Jeanne Mackenzie
Ten poems about Bicycles - various
King of the Road, An illustrated history of cycling - Andrew Ritchie
The Bicycle, Boneshakers, Highwheelers and Other Celebrated Cycles - Gilbert King

DVD's

Le Tour De France, The Official History 1903-2005
2010 Tour Highlights
Lance Armstrong, The Man Behind The Legend
The Science of Lance Armstrong
Le Tour De France, 12 disc boxed set collector's edition (but missing 2 discs)

Video's (from the Broadwater Rooms)

Tour De France 1994
A Sunday in Hell, Paris Roubaix 1976
Glorious Goodwood, 1982 World Road Race Championships

Jigsaw

Le Tour de France (The Peloton climbs the road to Col de Pailheres) 500 piece, still sealed

Anything that doesn't find a home will be donated to a local charity shop.

Racing

I am extremely pleased to report that we have two members regularly competing in the Goodwood Summer Series currently being run on Tuesday Evenings. Ali Weinberg was 'promoted' to Cat 3 after just two races as a Cat 4, whilst this week Emma Kuusela gained her first points with a third place in the Women's combined category race. Congratulations to you both and also to our second claim junior member Rosie Wingate who has been racing (and achieving podium places) in Belgium.

Sunday Club runs

The Sunday Club runs continue to be popular with new faces appearing on a fairly regular basis. There are always at least two groups to cater for different abilities and we can also now offer faster riders regular rides thanks to Dom Maxwell.

Club kit

I mentioned previously the Committee was considering a redesign of the current club kit and I am pleased to report that Phil Freaan and Ken Newton are taking up the mantle of producing a new design (or designs) that can be considered for adoption. I'll keep you updated.

National Cycle Show

The National Cycle Show is being held between the 17th and 18th June at the NEC, Birmingham. That's a reasonable journey but if you apply by the 5th June there's a limited number of half price tickets being offered by training provided, Cytech. You can get tickets (and further information) at <https://nationalcyclingshow.com>. Use the code CYTECH

And finally

Sadly, another member has been the unfortunate victim of a theft, losing at least three bikes. Aside from physical security such as locks, there are various tracking devices which can be fitted to bikes that may be worth considering. In addition have a look at the National bike registration scheme <https://www.bikeregister.com> and <https://stolen-bikes.co.uk>, both of which could help in the recovery of your bike if it is stolen from you.

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