



Worthing Excelsior Cycling Club



PRESIDENT - ROBERT DOWNHAM

Club Hard Riders Time Trial - Sunday 5th March 2023 **Course GS/194 (25.00 miles)**

Held within the Sussex CA Hard Riders event

Qualifying event for WECC SPOCO Competition

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

RESULTS

Pos	Rider No	Name	Cat/ Age	Actual Time	SPOCO Pts
1	26	Karl Robertson	V48	1:03:46	20
2	21	Ian Cheesman	V53	1:07:26	19

This morning saw the SCA Hard riders event (incorporating the WECC event) take place over Handcross way. Although not Baltic, raining or howling gales it was still barely above freezing at 2 degrees with just a light breeze. Despite Cheesy's rallying calls only he and Karl Robertson took the start line on their TT bikes.

Karl posted a 1.03.46 which was good enough for 3rd place on the SCA podium behind Liam Maybank and the winner Chris McNamara so a great result for him, despite verging on being hyperthermic at the finish. A course PB by virtue of having not raced the 25 mile course before.

Cheesy posted a 1.07.26 which was 2 seconds off his course PB.

It certainly looks like Karl is starting the 2023 season where he left off in the 2022 season so the other riders will be fighting for 2nd place and beyond.

We just need to encourage some other WECC riders to sign up for some events to try to field a team - Come on, it only hurts a little bit!!