



## Newsletter- August 2022

Ladies and gentlemen,

August is upon us along with the second heat wave of the summer and a hosepipe ban starting next week. The latter confuses me; we are in a period of drought with no rain forecast for the immediate future so why not introduce the ban forthwith?

### **Time Trials**

The Don Lock Evening 10 series has now finished. Congratulations to Karl Robertson, Ian Cheesman and Rick Hughes who finished 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> respectively and many thanks to everyone who either competed or marshaled throughout the season; without you these events couldn't be run.

The first event of the Evening Hill Climb Series was held last Thursday with the remaining events being held on the 11<sup>th</sup> and 18<sup>th</sup> August. Your best two results out of the three events count towards the trophy so if you didn't compete last week you really should be riding the next one!

The Club 'SPOCO' 10 and 25 mile cups are being run within the SCA events for those distances on Saturday 27<sup>th</sup> and (Bank Holiday) Monday 29<sup>th</sup> August respectively. Entries for both events close on the 16<sup>th</sup> August and need to be made through the CTT website.

### **Trip to the Isle of Wight**

The Club's annual ride around the Isle of Wight is scheduled to take place on Sunday 25<sup>th</sup> September. As per previous years the aim is to meet at the Portsmouth Park and Ride by 07.30 and all ride to the ferry port together in time to catch the 08.15 FastCat to Ryde. There'll be at least two riding groups to cater for all levels of rider and allowing for a lunch stop, it is anticipated a return ferry will be caught at either 14.45 or 15.45. An Adult Day Return to the Island costs £23.40 or £18.10 for those lucky enough to have had their 60<sup>th</sup> birthday.

If you are intending to participate please let our Runs and Touring coordinator, Dave Wilbor, know via [clubruns@worthingexcelsior.co.uk](mailto:clubruns@worthingexcelsior.co.uk). Please also let Dave know if you are able to offer a lift to another member.

### **Tourist Trial**

Club Treasurer Ken Newton has kindly agreed to once again organize our annual Tourist Trial event which, for those who haven't taken part previously, is something like a cross between orienteering and a treasure hunt whilst riding a bicycle. This year's event will be held on Sunday 2<sup>nd</sup> October.

### **Club kit**

I am in the process of arranging for members to have the opportunity to purchase cycling kit in Club colours from the British Cycling clothing suppliers, Kalas. They are currently setting up an on-line shop for us through which, for a fortnight period, you'll be able to place and pay for an order of your choice. This can include any item Kalas supply apart from things like socks and arm warmers as these can only be bought in bulk numbers. Apart from those items you can order as much or as little as you like. I hope this will be set up and running by later this week and when it is an email will be circulated advising you how to proceed.

### **Mick Irons – LEJOG**

Congratulations to Mick Irons for successfully completing the Lands End to John O'Groats ride. Mick completed this extremely challenging ride to raise money for the Alzheimer's Society and even though he has now finished it you can still donate to this worthwhile cause via <http://www.gofundme.com/micks-long-bike-ride>

### **Annual Club Dinner and Awards Ceremony**

This is scheduled to be held at The Fox Inn at Patching on the 18<sup>th</sup> November. Further details will follow in due course but please make a note of the date in your diary.

### **New members**

Welcome to Ross Stringer and Mike Leitch who have recently joined us. Ross has already been on at least one club ride so I hope we'll see him again soon, whilst Mike is well known to those who meet up at the Sea Lane Café on a Wednesday morning.

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Thank you for taking the time to read this newsletter – Ian Thomas,  
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