



NEWSLETTER

The Club Room

Do you remember that little place opposite Broadwater Green where we all used to meet on a Tuesday evening and drink tea? Because of Covid 19, you will know that we have been unable to use the Club Room. At the moment it is used only as a nursery and the Broadwater Community Association doesn't have the resources to make sure that the premises are suitably sterilised when the little 'uns and their mums depart, so no one else is able to use the hall. I have been notified by the Chairman of the Broadwater Community Association that no one other than the nursery will have access to the premises until further notice. They will be making a further decision in early January. Let's hope things get sorted soon.

AGM

You will all know that the Club Rules state that we should have our Annual General Meeting on the third Tuesday in February each year. In view of the fact that we might not be able to have this meeting in accordance with the Club Rules, your Committee is considering what alternatives there are available to us. It may be - and I don't know 'cos my crystal ball is a bit cloudy at the moment - there will not be an opportunity to hold an AGM in the manner in which they have been held before. Watch this space for further info.

Entry fees

In the last newsletter I commented that there was a rumour that the CTT levy for time trial events was going to be raised from £3 to £4. This has now been confirmed. You will know that the entry fees for Club events are set at our AGM so, if there is no AGM before the racing season starts, your Committee may have to make an executive decision on what the entry fee - to include the levy - will be. Sorry about that!

STOP PRESS!!!

I have, today, received the Agenda and Annual report for the CTT AGM on 6th December. I have read all 13 pages of it to save you the bother. There is nothing dramatic in changes to the Rules and Regulations except that the definition of what constitutes an 'emergency' so that the Board has the powers to act in the best interests of CTT. They found that with Covid-19 their statutory powers were somewhat limited.

In addition, the CTT's published accounts only go up to 31st March 2020 and, although there was an increase in income, it is predicted that there will be a fall in reserves of £179,000 by March 2021. The Board of CTT has reviewed its' financial position for the future of the organisation and, bearing in mind the loss of 75% income, has decided to increase the levy for Type A events (Open events) to £5 and for Type B (Club events) to £4.

If you want a copy of the agenda etc., then let me know and I'll send you one.

CTT

On the subject of CTT..... the old London South website will no longer be updated as CTT has created new District sites linked to the main CTT website. They are in the process of populating it with key information and are also

setting up a re-direct from the old website. In the meantime, to reach the new site, follow the link: <https://london-south.ctt.org.uk>

British Cycling

For those of you who love to race under the BC disciplines, be aware that British Cycling is reviewing their Technical Regulations. However, due to the challenges presented by the Covid-19 pandemic, they have taken the decision to limit updates for the 2021 Handbook to corrections and urgent amendments only. Any future amendments likely to be considered in 2021 will be published in the 2022 Handbook.

Sunday Club rides

You will by now be aware that, from 5th November, there will be new Covid-19 restrictions in place. With this in mind, all Sunday Club rides are suspended until further notice. It doesn't mean that you can't ride your bike. It just means that you'll have to go out on your own and have nowhere to stop for a cuppa. Keep those wheels turning!

Pot holes

'Tis the season for pot holes so, what do you do if you find one? In West Sussex the Council has just updated its' reporting system with a 'new and improved' online form. The improvements include an interactive map displaying all reported pot holes so that you can immediately identify if they've already been reported and progressed. Now that's progress!

Your next holiday?

You like France? You like riding a bike? There's a new adventure waiting for you out there. You may have already tried the 'Avenue Verte' which goes from London to Paris, but now there is a new cycle path called 'La Seine a Velo' which, at 420kms is just long enough to get you from Paris to Le Havre and Deauville. That's a heck of a lot of beautiful, diverse French countryside for keen cyclists to take in.

Tour de France 2021

.....and if you're down that way it's only another 466 km from Le Havre to Brest to see the start of the Tour de France on 26th June.

Your next challenge?

How far can you ride in a week? Or, what to do when social distancing? In early October, Jack Thompson went for a bike ride. Nothing unusual about that, except that he set himself the challenge of seeing how far he could ride in a week. He managed to ride a total of 3505 kilometres - that's nearly 2178 miles. His original plan was to ride out for 125k and back and do this twice a day and, with add-ons, managed 500 k. Then came the wind and the rain so he worked out a circuit of 40k near his home and he'd ride that 10 - 12 times a day. He did have a problem with nutrition because a combination of sports drinks and rice cakes slowed him down but 10 McChicken sandwiches soon put him right. And how many punctures did he get in that time? None/Nil/Zilch!!!

Dates for your diary

The Cycle Show and eBike Festival will be at the Alexandra Palace from 25th – 27th June 2021

The UCI World Championships are set to be held in Glasgow in August 2023 and is being touted as the largest cycling event in history bringing 13 existing individual World Championship disciplines to one location for the first time.

You know when you're a REAL cyclist when.....

You have a tattoo of a chain ring on the inside of your right calf.

You know you're an OLD cyclist when.....

When you remember rod brakes; silk tubs and when bells rang

Stay safe!!!

The opinions expressed above are not necessarily those of Worthing Excelsior Cycling Club, but could be the ramblings of a senile old duffer.

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