



Worthing Excelsior Cycling Club

PRESIDENT - ROBERT DOWNHAM



Club Ashurst Circuit Time Trial - Sunday 10th March 2019 ***Course GS/982 (16.44 miles)***

Qualifying event for WECC SPOCO Competition

Event Promoter: Chris Putnam: [Email](#)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

The club's time trial season got off to a disappointing start. Gusting winds of up to 50 mph made the course extremely tricky and hazardous. As well as the wind impact there was a considerable amount of debris being blown around as well as standing water. Traffic which had stopped on the A24 to attend to a loose horse on the road added to the challenges.

The majority of entrants opted not to start and with one DNF there were only 6 finishers.

In the circumstances there was an impressive set of times from all of the riders. This is particularly true for Nik Allen (once again). Having had the misfortune to puncture last year he returned to set a new club course record, beating his 2017 time by 7 seconds.

Second placed Spencer Kirkham produced another fast time (and won the handicap) as he finished more than a minute clear of last season's winner John McGrath

It was clear that all of the riders were experiencing problems. Trevor Leeding who was modelling a fine new skinsuit decided to curtail his ride (quite sensibly) as he reached Spithandle Lane. Well done (I think) to all who toughed it out (I opted not to start), and a warm welcome to Colin Toppin on his return to the club.



[CLICK HERE FOR PHOTOS](#)

WECC - Scratch Classification

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std	SPOCO Points
1	12	Nik Allen	Worthing Excelsior CC	V47	38:27	1	20
2	6	Spencer Kirkham	Worthing Excelsior CC	V51	39:59	2	19
3	5	John McGrath	Worthing Excelsior CC	V55	41:14	3	18
4	7	Simon Steeles	Worthing Excelsior CC	V48	41:43	4	17
5	3	Colin Toppin	Worthing Excelsior CC	V46	43:38	5	16
6	4	Ian Newbold	Worthing Excelsior CC	V46	45:39	6	15
	10	Trevor Leeding	Worthing Excelsior CC	V53	DNF		
	2	Karen McGrath	Worthing Excelsior CC	WV57	DNS		
	8	Mike O'Gorman	Worthing Excelsior CC	V67	DNS		
	9	Ian Cheesman	Worthing Excelsior CC	V49	DNS		
	11	Nolan Heather	Worthing Excelsior CC	V43	DNS		

WECC - Handicap Classification

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	Handicap	Adjusted Time
1	6	Spencer Kirkham	Worthing Excelsior CC	V51	39:59	2:30	37:29
2	12	Nik Allen	Worthing Excelsior CC	V47	38:27	0:00	38:27
3	3	Colin Toppin	Worthing Excelsior CC	V46	43:38	4:30	39:08
4	5	John McGrath	Worthing Excelsior CC	V55	41:14	1:45	39:29
5	7	Simon Steeles	Worthing Excelsior CC	V48	41:43	2:10	39:33
6	4	Ian Newbold	Worthing Excelsior CC	V46	45:39	5:45	39:54
	10	Trevor Leeding	Worthing Excelsior CC	V53	DNF	3:00	
	1	Phil Frean	Worthing Excelsior CC	V64	DNS	8:30	
	2	Karen McGrath	Worthing Excelsior CC	WV57	DNS	10:15	
	8	Mike O'Gorman	Worthing Excelsior CC	V67	DNS	5:45	
	9	Ian Cheesman	Worthing Excelsior CC	V49	DNS	5:15	
	11	Nolan Heather	Worthing Excelsior CC	V43	DNS	2:45	

Private Entries - Scratch Classification

Rider No	Name	Club	Cat/ Age	Actual Time
13	Thomas Houghton	Brighton Excelsior CC		DNS
14	Martin Booker	South Downs Bikes	V50	DNS
15	Neil Crowther	Blazing Saddles	V45	DNS
16	Simon Letts	Bognor Regis CC		DNS
17	Andy Tedd	South Downs Bikes		DNS
18	Kevin Plummer	South Downs Bikes		DNS

Combined Results - Scratch

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std
1	12	Nik Allen	Worthing Excelsior CC	V47	38:27	1
2	6	Spencer Kirkham	Worthing Excelsior CC	V51	39:59	2
3	5	John McGrath	Worthing Excelsior CC	V55	41:14	3
4	7	Simon Steeles	Worthing Excelsior CC	V48	41:43	4
5	3	Colin Toppin	Worthing Excelsior CC	V46	43:38	5
6	4	Ian Newbold	Worthing Excelsior CC	V46	45:39	6
	10	Trevor Leeding	Worthing Excelsior CC	V53	DNF	
	2	Karen McGrath	Worthing Excelsior CC	WV57	DNS	
	8	Mike O'Gorman	Worthing Excelsior CC	V67	DNS	
	9	Ian Cheesman	Worthing Excelsior CC	V49	DNS	
	11	Nolan Heather	Worthing Excelsior CC	V43	DNS	
	13	Thomas Houghton	Brighton Excelsior CC	S	DNS	
	14	Martin Booker	South Downs Bikes	V50	DNS	
	15	Neil Crowther	Blazing Saddles	V45	DNS	
	16	Simon Letts	Bognor Regis CC	S	DNS	
	17	Andy Tedd	South Downs Bikes	S	DNS	
	18	Kevin Plummer	South Downs Bikes	S	DNS	

WECC – Vets on Standard

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	12	Nik Allen	Worthing Excelsior CC	V47	38:27	43:42	+5:15
2	6	Spencer Kirkham	Worthing Excelsior CC	V51	39:59	44:13	+4:14
3	5	John McGrath	Worthing Excelsior CC	V55	41:14	44:45	+3:31
4	7	Simon Steeles	Worthing Excelsior CC	V48	41:43	43:50	+2:07
5	3	Colin Toppin	Worthing Excelsior CC	V46	43:38	43:35	-0:03
6	4	Ian Newbold	Worthing Excelsior CC	V46	45:39	43:35	-2:04
	10	Trevor Leeding	Worthing Excelsior CC	V53	DNF	44:28	
	1	Phil Frean	Worthing Excelsior CC	V64	DNS	46:21	
	2	Karen McGrath	Worthing Excelsior CC	WV57	DNS	48:40	
	8	Mike O'Gorman	Worthing Excelsior CC	V67	DNS	47:04	
	9	Ian Cheesman	Worthing Excelsior CC	V49	DNS	43:57	
	11	Nolan Heather	Worthing Excelsior CC	V43	DNS	43:12	

Previous Winners

Year	Rider	Time	Notes
2018	John McGrath	40:11	Club Course Record (Previous club record)
2017	Nik Allen	38:34	
2016	Mike O'Gorman	40:41	
2015	Trevor Leeding	41:01	
2014	Chris Twine	38:56	
2013	Chris Twine	38:45	
2012	Chris Twine	40:09	
2011	Jeremy Wootton	39:14	
2010	Jeremy Wootton	40:27	
2009	Mel Roberton	39:32	
2008	Mel Roberton	40:40	
2007	Mel Roberton	40:10	
2006	Jeremy Wootton	40:26	
2005	Mel Roberton	41:09	
2004	Tony Reeves	41:11	
2003	Karl Roberton	41:40	
2002	Karl Roberton	42:07	
2001			
2000	Jeremy Wootton	40:43	
1999	Jeremy Wootton	40:57	
1998	Jeremy Wootton	40:51	
1997	Richard Bonnar	41:55	
1996	Richard Bonnar	40:30	

Forthcoming Events

08:00	Sunday 17 th March	G10/98	WECC Club 10
06:30	Sunday 5 th May	G25/93	WECC Club Championship 25 (within SCA 25)
06:30	Sunday 12 th May	G25/93	WECC Open 25 (Ray Douglass Memorial)

For more details of these and other events please check out our [club web site](#)