



# Worthing Excelsior Cycling Club



## *Club 10 mile Time Trial The Don Lock Evening 10 Memorial Series*

### **Course G10/98**

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations



**Event No 5 – Thursday 31<sup>st</sup> May 2018**

**Event Secretary: Ian Cheesman  
Assistant Event Secretary: Claire Booker**

#### **REMEMBER**

REAR LIGHTS MANDATORY FOR WECC CLUB EVENTS IN 2017



**COURSE SAFETY NOTICES**

## **Report**

Yesterday evening Nik Allen gained another major landmark in the a3crg 10 on P881/10. Following on from smashing the club's 25 mile record a month ago Nik has now gone on to obliterate his own **10 mile record** set last season. He went sub-20 for the first time ever as he improved his 10 mile record by 18 seconds.

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Moving onto today another rider with very good cause to be pleased is Simon Steeles. His PB was 22:35 set earlier this season. It is now a splendid 21:46 and this outstanding performance placed him at the top of the WECC rankings for the night (a first ever win).

John McGrath put in another solid ride, gaining useful points in the overall competition and also finishing head of the WECC Vets placings.

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Details and photographs from our riders in open events can be found [HERE](#).

## Scratch Classification

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	WECC Points
1	3	Simon Steeles	Worthing Excelsior CC	V47	21:46	1
2	13	John McGrath	Worthing Excelsior CC	V54	21:56	2
3	2	Nolan Heather	Worthing Excelsior CC	V42	21:59	3
4	8	Trevor Leeding	Worthing Excelsior CC	V52	22:09	4
5	9	Huw Williams	Worthing Excelsior CC	V49	22:42	5
6	7	Colin Barton	Worthing Excelsior CC	V57	23:01	6
7	10	Rick Hughes	Worthing Excelsior CC	V55	23:03	7
8	6	Mike O'Gorman	Worthing Excelsior CC	V66	23:22	8
9	5	Paul Townsley	Worthing Excelsior CC	V69	23:53	9
10	4	Ian Newbold	Worthing Excelsior CC	V45	24:04	10
11	14	Nathan Gale	Worthing Excelsior CC	V42	24:31	11
12	1	Karen McGrath	Worthing Excelsior CC	WV56	24:43	12

## Scratch Classification Private Entries

Pos	Rider No	Name	Club	Cat/ Age	Actual Time
1	11	Chris McNamara	Nuun Sigma Sport London	V43	19:46
2	12	John Ferguson	Brighton Mitre CC	V50	24:06

## Fastest Veteran on Standard

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	13	John McGrath	Worthing Excelsior CC	V54	21:56	27:04	+05:08
2	6	Mike O'Gorman	Worthing Excelsior CC	V66	23:22	28:23	+05:01
3	5	Paul Townsley	Worthing Excelsior CC	V69	23:53	28:52	+04:59
4	3	Simon Steeles	Worthing Excelsior CC	V47	21:46	26:32	+04:46
5	8	Trevor Leeding	Worthing Excelsior CC	V52	22:09	26:54	+04:45
6	1	Karen McGrath	Worthing Excelsior CC	WV56	24:43	29:26	+04:43
7	7	Colin Barton	Worthing Excelsior CC	V57	23:01	27:20	+04:19
8	2	Nolan Heather	Worthing Excelsior CC	V42	21:59	26:09	+04:10
9	10	Rick Hughes	Worthing Excelsior CC	V55	23:03	27:09	+04:06
10	9	Huw Williams	Worthing Excelsior CC	V49	22:42	26:41	+03:59
11	4	Ian Newbold	Worthing Excelsior CC	V45	24:04	26:23	+02:19
12	14	Nathan Gale	Worthing Excelsior CC	V42	24:31	26:09	+01:38

## Fastest Veteran on Standard Private Entries

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	11	Chris McNamara	Nuun Sigma Sport London	V43	19:46	26:13	+06:27
2	12	John Ferguson	Brighton Mitre CC	V50	24:06	26:45	+02:39

# Combined Results

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std
1	11	Chris McNamara	Nuun Sigma Sport London	V43	19:46	1
2	3	Simon Steeles	Worthing Excelsior CC	V47	21:46	5
3	13	John McGrath	Worthing Excelsior CC	V54	21:56	2
4	2	Nolan Heather	Worthing Excelsior CC	V42	21:59	9
5	8	Trevor Leeding	Worthing Excelsior CC	V52	22:09	6
6	9	Huw Williams	Worthing Excelsior CC	V49	22:42	11
7	7	Colin Barton	Worthing Excelsior CC	V57	23:01	8
8	10	Rick Hughes	Worthing Excelsior CC	V55	23:03	10
9	6	Mike O'Gorman	Worthing Excelsior CC	V66	23:22	3
10	5	Paul Townsley	Worthing Excelsior CC	V69	23:53	4
11	4	Ian Newbold	Worthing Excelsior CC	V45	24:04	13
12	12	John Ferguson	Brighton Mitre CC	V50	24:06	12
13	14	Nathan Gale	Worthing Excelsior CC	V42	24:31	14
14	1	Karen McGrath	Worthing Excelsior CC	WV56	24:43	7

## Event Secretary

Ian Cheesman

## Assistant Event Secretary

Claire Booker

## Very Grateful Thanks To:

Timekeeper (start):

Allan Orman

Start Marshal:

Martin Booker

Timekeeper (finish):

Robert Downham

Recorder:

Harry Pask

Course Marshals:

Tom Jarman (Findon), Nik Allen (Ashington)

Results Service

Mike O'Gorman