



Worthing Excelsior Cycling Club

Club 10 mile Time Trial *The Don Lock Evening 10 Memorial Series*

Course G10/98

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations



Event No 10 – Thursday 22nd June 2017

Event Secretary: Graeme Gill

Assistant Event Secretary: Claire Booker

REMEMBER

REAR LIGHTS MANDATORY FOR WECC CLUB EVENTS IN 2017



COURSE SAFETY NOTICES

Report

The action from last week was captured by Sharon Reynolds and we are indebted to her once more.

The photographs can be found [HERE](#) : all except Nik who was just too quick (so business as usual there then).

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Well done to Nik, Dom and Huw for their 1-2-3.

Apologies for the brief report (I'm off on hols)

WECC riders in Open Time Trials – Latest Action

Ian Newbold did well in the East Sussex CA 50. His 2:10:15 was a four minute improvement on his previous best time despite the heat.

Four riders competed in the Farnham Road Club 25 mile time trial on Sunday and found things difficult. Dom Maxwell had been hoping for a PB but the debilitating heat mean that he fell short of his target with a 56:25. Martin Booker with a fine 58:32 recorded a new PB for the second event in succession. Neil Crowther succumbed to the conditions and clocked a disappointing 59:39 and Colin Barton withdrew after completing just 7 miles.

Mike O’Gorman went off to Suffolk for the Eastern Counties CA 100. His 4:06:24 beats his previous best by four and a half minutes and is a new club record. He did not find it easy.

Yesterday Ian Cheesman smashed his 25 PB in the ...a3crg midweek event on P884B/25. A stunning 55:18 saw him improve by over a minute from his 2016 benchmark of 56:26 (which was set on P885/25). It also took a large chunk off his ride on this course back in April when he clocked a 59:42. This continues his excellent run of improving his 25 PB each year (2014 - 59:12, 2015 - 57:19, 2016 - 56:26). A measure of the quality of this ride is reflected in this being the second fastest ride achieved by an Excelsior rider during the past 6 years.

Details from these events (and all rides so far in 2017) can be found [HERE](#).

Forthcoming Events

Sat 24 June	Horsham Cycling 10	G10/57	Ian Newbold, Nolan Heather
Sun 25 June	Old Portlians CC 25	G25/93E	Jeff Blunsdon, Ian Cheesman, Trevor Leeding, Martin Booker, Nolan Heather, Andrew Haste

WECC riders in Road Races

Dom did really well to finish in third place in last night’s Surrey League Vets race at Dunsfold. 7 more useful points.

Details/photos from all the road race action for the season can be found [HERE](#) .

Scratch Classification

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	WECC Points
1	5	Nik Allen	Worthing Excelsior CC	V45	20:49	1
2	15	Dominic Maxwell	Worthing Excelsior CC	V44	21:43	2
3	18	Huw Williams	Worthing Excelsior CC	V49	22:14	3
4	12	Nolan Heather	Worthing Excelsior CC	V41	22:22	4
5	10	Jeff Blunsdon	Worthing Excelsior CC	V46	22:25	5
6	19	Mike O'Gorman	Worthing Excelsior CC	V65	22:29	6
7	14	Martin Booker	Worthing Excelsior CC	V48	22:52	7
8	3	Simon Steeles	Worthing Excelsior CC	V46	22:53	8
9	6	Spencer Kirkham	Worthing Excelsior CC	V49	23:00	9
10	23	Simon Atkinson	Worthing Excelsior CC	V43	23:15	10
11	1	Allan Orman	Worthing Excelsior CC	V71	24:29	11
12	17	Phil Freaan	Worthing Excelsior CC	V62	24:35	12
13	21	Karen McGrath	Worthing Excelsior CC	WV55	24:42	13
14	20	Andrew Lock	Worthing Excelsior CC	V50	24:53	14
15	4	Simon Toppin	Worthing Excelsior CC	S27	25:47	15
16	16	John Lucas	Worthing Excelsior CC	V74	26:47	16
	2	Chris Putnam	Worthing Excelsior CC	V52	DNS	

Scratch Classification Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time
7	Tony Biness	Blazing Saddles	S38	22:14
13	Matthew Smith	Brighton Excelsior CC	S33	22:17
8	Tobias Bunyan	Eastbourne Rovers CC	V42	22:53
25	Ion Tsakalis	Brighton Mitre CC	V51	23:04
9	Bruce English	Eastbourne Rovers CC	V56	23:55
22	Ade Fadero	Sussex Nomads CC	V55	24:02
24	John Ferguson	Brighton Mitre CC	V49	24:11
11	Jerry Keen	Eastbourne Rovers CC	V41	24:43
26	Ollie McDonald	Tuff Fitty	S30	DNF

Fastest Veteran on Standard

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	19	Mike O'Gorman	Worthing Excelsior CC	V65	22:29	28:14	+5:45
2	5	Nik Allen	Worthing Excelsior CC	V45	20:49	26:23	+5:34
3	1	Allan Orman	Worthing Excelsior CC	V71	24:29	29:14	+4:45
4	21	Karen McGrath	Worthing Excelsior CC	WV55	24:42	29:20	+4:38
5	15	Dominic Maxwell	Worthing Excelsior CC	V44	21:43	26:18	+4:35
6	18	Huw Williams	Worthing Excelsior CC	V49	22:14	26:41	+4:27
7	10	Jeff Blunsdon	Worthing Excelsior CC	V46	22:25	26:27	+4:02
8	14	Martin Booker	Worthing Excelsior CC	V48	22:52	26:36	+3:44
9	12	Nolan Heather	Worthing Excelsior CC	V41	22:22	26:04	+3:42
10	6	Spencer Kirkham	Worthing Excelsior CC	V49	23:00	26:41	+3:41
11	3	Simon Steeles	Worthing Excelsior CC	V46	22:53	26:27	+3:34
12	17	Phil Frean	Worthing Excelsior CC	V62	24:35	27:51	+3:16
13	16	John Lucas	Worthing Excelsior CC	V74	26:47	29:53	+3:06
14	23	Simon Atkinson	Worthing Excelsior CC	V43	23:15	26:13	+2:58
15	20	Andrew Lock	Worthing Excelsior CC	V50	24:53	26:45	+1:52
	2	Chris Putnam	Worthing Excelsior CC	V52	DNS	26:54	

Fastest Veteran on Standard Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
25	Ion Tsakalis	Brighton Mitre CC	V51	23:04	26:50	+3:46
9	Bruce English	Eastbourne Rovers CC	V56	23:55	27:14	+3:19
8	Tobias Bunyan	Eastbourne Rovers CC	V42	22:53	26:09	+3:16
22	Ade Fadero	Sussex Nomads CC	V55	24:02	27:09	+3:07
24	John Ferguson	Brighton Mitre CC	V49	24:11	26:41	+2:30
11	Jerry Keen	Eastbourne Rovers CC	V41	24:43	26:04	+1:21

Combined Results

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std
1	5	Nik Allen	Worthing Excelsior CC	V45	20:49	2
2	15	Dominic Maxwell	Worthing Excelsior CC	V44	21:43	5
3	7	Tony Biness	Blazing Saddles	S38	22:14	
3	18	Huw Williams	Worthing Excelsior CC	V49	22:14	6
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12	6	Spencer Kirkham	Worthing Excelsior CC	V49	23:00	11
13	25	Ion Tsakalis	Brighton Mitre CC	V51	23:04	8
14	23	Simon Atkinson	Worthing Excelsior CC	V43	23:15	18
15	9	Bruce English	Eastbourne Rovers CC	V56	23:55	13
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Event Secretary

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