



Worthing Excelsior Cycling Club

Club 10 mile Time Trial *The Don Lock Evening 10 Memorial Series*

Course G10/98

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations



Event No 9 – Thursday 15th June 2017

Event Secretary: Graeme Gill

Assistant Event Secretary: Claire Booker

REMEMBER

REAR LIGHTS MANDATORY FOR WECC CLUB EVENTS IN 2017



COURSE SAFETY NOTICES

Report

YET ANOTHER NEW CLUB RECORD

Well spotted Neil Crowther as he noticed that, in last week's event, and for the second time in five weeks the club team record for a 10 has been broken. He also commented that with the increasing strength and competition within the club he did not expect the latest record to last very long either.

This time it was Nik Allen (20:44), Dom Maxwell (21:12), Mike O'Gorman (21:23) giving a total time of 1:03:19, which is 38 seconds quicker than Nik (21:12), Dom (21:17) and Gavin Ash (21:28).

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Just one to go for Nik as he records his sixth win of the series. Nolan continues his fine season with a second place finish. But the big performance of the evening was Huw Williams who recorded a PB to finish in third place.

Just like last week there was a large group of riders all clustered within seconds of each other. A big chapeau to evergreen John Lucas who had his fastest ride of the season so far. Young Callumtelo Lelliott is making strides as this, his second ride, was faster than his first by over a minute.

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Replacing last week's quick man Chris McNamara was his brother Simon.

WECC riders in Open Time Trials – Latest Action

Worthing Excelsior riders were well represented at the Sussex Cyclists Association 15 mile time trial held at Steyning this weekend. Nik Allen, in 10th place overall with 34:23, set a **new Excelsior club record** for the distance and secured the club's 15 title for the season. Dom Maxwell (34:53) and Nolan Heather (35:33) provided great support to combine and break the **club's team record** (3 man aggregate). Mike O'Gorman rode well to win the Sussex 15 Veterans title and set a new county record. He now holds the Sussex CA record at all distances from 10 miles to 100 miles.

Dom went off to a course (P415/10) not previously raced on by anyone from WECC in an attempt to improve his PB in the Bournemouth Jubilee Wheelers 10. Ultimately it was to prove unsuccessful. *"A bit of a wasted journey. Conditions were very still when I left the house at 5 this morning. But by the time that I raced there was a very stiff headwind to slow times all round. I managed a 21:45. I think that it should be a PB course if the conditions were good"*

Trevor Leeding suffered from a traffic delays and a brief navigation error at a roundabout in the Southborough & District 25 at East Hoathley and just went outside the hour mark. Mike retuned to a3crg's P881R/10 for the second week but despite better conditions was 4 seconds slower.

Details from these events (and all rides so far in 2017) can be found [HERE](#).

Forthcoming Events

Sat 17 June	Paceline RT 25	G25/44	Karen McGrath
Sun 18 June	Farnham Road Club 25	H25/8	Nik Allen, Dom Maxwell, Gavin Ash, Martin Booker, Neil Crowther, Colin Barton
Sun 18 June	ESCA 50	G50/90	Ian Newbold
Sun 18 June	ECCA 100	E2/100C	Mike O'Gorman

WECC riders in Road Races

Big congratulations to Gavin – his first win as a Cat 3 rider. At Portsmouth Mountbatten Centre on Wednesday he collected the full 10 points and now needs 'just' 8 points to attain Cat 2 status.

On the same night in the Surrey League Vets at Dunsfold Dom finished in a disappointing 12th place having missed the critical break.

Dom/Gavin and Nik/Schaeff also rode again as pairs in the Ravenna Road Bikes 2 Up TTT at Goodwood (a British Cycling event, not CTT)

Details/photos from all the road race action for the season can be found [HERE](#).

Scratch Classification

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	WECC Points
1	1	Nik Allen	Worthing Excelsior CC	V45	20:46	1
2	12	Nolan Heather	Worthing Excelsior CC	V41	22:08	2
3	20	Huw Williams	Worthing Excelsior CC	V49	22:14	3
4	24	Mike O'Gorman	Worthing Excelsior CC	V65	22:32	4
5	14	Colin Barton	Worthing Excelsior CC	V56	22:33	5
6	10	Jeff Blunsdon	Worthing Excelsior CC	V46	22:36	6
7	16	Ian Cheesman	Worthing Excelsior CC	V48	22:38	7
7	19	Neil Crowther	Worthing Excelsior CC	V44	22:38	7
9	15	Martin Booker	Worthing Excelsior CC	V48	22:45	9
10	4	Simon Steeles	Worthing Excelsior CC	V46	23:01	10
11	5	Spencer Kirkham	Worthing Excelsior CC	V49	23:02	11
12	13	Ian Newbold	Worthing Excelsior CC	V44	23:24	12
13	8	Chris Putnam	Worthing Excelsior CC	V52	23:51	13
14	25	Callumtelo Lelliott	Worthing Excelsior CC	J18	24:15	14
15	23	Andrew Lock	Worthing Excelsior CC	V50	24:35	15
16	7	Allan Orman	Worthing Excelsior CC	V71	24:50	16
17	9	Karen McGrath	Worthing Excelsior CC	WV55	25:27	17
18	2	Harry Pask	Worthing Excelsior CC	J16	26:46	18
19	11	John Lucas	Worthing Excelsior CC	V74	27:48	19
	6	Paul Townsley	Worthing Excelsior CC	V68	DNF	

Scratch Classification Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time
22	Simon McNamara	South Downs Bikes	V42	20:06
26	Ion Tsakalis	Brighton Mitre CC	V51	23:08
3	Ade Fadero	Sussex Nomads	V55	24:05
21	John Ferguson	Brighton Mitre CC	V49	24:11
17	Phil Allen/			
18	Oli Fenton	South Downs Bikes		21:19

Fastest Veteran on Standard

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	24	Mike O'Gorman	Worthing Excelsior CC	V65	22:32	28:14	+5:42
2	1	Nik Allen	Worthing Excelsior CC	V45	20:46	26:23	+5:37
3	14	Colin Barton	Worthing Excelsior CC	V56	22:33	27:14	+4:41
4	20	Huw Williams	Worthing Excelsior CC	V49	22:14	26:41	+4:27
5	7	Allan Orman	Worthing Excelsior CC	V71	24:50	29:14	+4:24
6	16	Ian Cheesman	Worthing Excelsior CC	V48	22:38	26:36	+3:58
7	12	Nolan Heather	Worthing Excelsior CC	V41	22:08	26:04	+3:56
8	9	Karen McGrath	Worthing Excelsior CC	WV55	25:27	29:20	+3:53
9	10	Jeff Blunsdon	Worthing Excelsior CC	V46	22:36	26:27	+3:51
9	15	Martin Booker	Worthing Excelsior CC	V48	22:45	26:36	+3:51
11	19	Neil Crowther	Worthing Excelsior CC	V44	22:38	26:18	+3:40
12	5	Spencer Kirkham	Worthing Excelsior CC	V49	23:02	26:41	+3:39
13	4	Simon Steeles	Worthing Excelsior CC	V46	23:01	26:27	+3:26
14	8	Chris Putnam	Worthing Excelsior CC	V52	23:51	26:54	+3:03
15	13	Ian Newbold	Worthing Excelsior CC	V44	23:24	26:18	+2:54
16	23	Andrew Lock	Worthing Excelsior CC	V50	24:35	26:45	+2:10
17	11	John Lucas	Worthing Excelsior CC	V74	27:48	29:53	+2:05
	6	Paul Townsley	Worthing Excelsior CC	V68	DNF	28:42	

Fastest Veteran on Standard Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
22	Simon McNamara	South Downs Bikes	V42	20:06	26:09	+6:03
26	Ion Tsakalis	Brighton Mitre CC	V51	23:08	26:50	+3:42
3	Ade Fadero	Sussex Nomads	V55	24:05	27:09	+3:04
21	John Ferguson	Brighton Mitre CC	V49	24:11	26:41	+2:30

Combined Results

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std
1	22	Simon McNamara	South Downs Bikes	V42	20:06	1
2	1	Nik Allen	Worthing Excelsior CC	V45	20:46	3
3	12	Nolan Heather	Worthing Excelsior CC	V41	22:08	8
4	20	Huw Williams	Worthing Excelsior CC	V49	22:14	5
5	24	Mike O'Gorman	Worthing Excelsior CC	V65	22:32	2
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	6	Paul Townsley	Worthing Excelsior CC	V68	DNF	
	17	Phil Allen/				
	18	Oli Fenton	South Downs Bikes		21:19	

Event Secretary

Graeme Gill

Assistant Event Secretary

Claire Booker

Very Grateful Thanks To:

Timekeeper (start):	Paul Toppin
Start Marshal:	Nik Allen
Timekeeper (finish):	Robert Downham
Recorder:	Tiffany Orton
Course Marshals:	Jon Roper (Findon), Dave Funnell / Chris Bramley (Ashington)
Signage:	Graeme Gill (and Rick Hughes at the Findon end)
Results Service	Mike O'Gorman