



Worthing Excelsior Cycling Club

Club 10 mile Time Trial The Don Lock Evening 10 Memorial Series

Course G10/98

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations



Event No 2 – Thursday 27th April 2017

Event Secretary: Phil Frean

Assistant Event Secretary: Claire Booker

REMEMBER

REAR LIGHTS MANDATORY FOR WECC CLUB EVENTS IN 2017



COURSE SAFETY NOTICES

Report

As had been widely anticipated there was great action last week in the first race. In fact it was nail biting even beforehand with the threat of the race having to be called off due to the vehicle accident on Long Furlong. Nik Allen got off to a flying start, and Gavin will have gained a valuable lesson about reading course/event instructions. It was a super impressive time for a first time trial by Gavin even if it was negated. Coincidentally Nik had made a similar error in last season's Inter-Club at Fontwell.

Karl Twort took some [photos](#) of the action. He never asks for any payment for images, but if you wish to donate to his chosen charity Breast Cancer Care, then you can do so via this [link](#).

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This week had lousy weather but great competition. Nik, Dom, Gavin and Neil look set to have their own mini competition at the top of the leaderboard this season as all posted excellent times and were well clear of the remainder of the field.

Gavin notched up a PB (it being the first 10 that he has managed to complete successfully) whilst fast improving Neil reduced his PB by 18 seconds to 21:38. Nik pushed his luck by arriving at the start line with the 5-4-3-2-1 countdown having just finished!

The next eleven riders were tightly grouped on the 23 minute mark

Special mention goes to:

Harry Pask (another PB)

Simon Steeles (who improved on his first ride last week)

Charlie Foster (also in his second ever 10 and reducing his time)

Nolan Heather (for a new LTS 'Last Three Seasons').

As a final note - The two riders who tried to break the course regulations after the finish can thank Adrian Palmer whose timely intervention stopped them from being disqualified.

WECC riders in Open Time Trials – Latest Action

Excelsior riders were in action at three events over the weekend: Kingston Phoenix 10, Farnborough & Camberley CC 25, Addiscombe CC 25. Big congratulations to Colin Barton on a big PB for a 25.

Details/photos from these events (and all rides so far in 2017) can be found [HERE](#).

Upcoming events

It's the big Sussex CA weekend with the double header of 10 and 25 miles. We have 8 entrants in each which is absolutely great. Good luck to everyone – any fly the WECC colours.

Sat 29 April	SCA Championship 10	G10/97	Ian Cheesman, John Lucas, Karen McGrath, Neil Crowther, Nolan Heather, Mike O'Gorman, Nik Allen, Martin Booker
Sun 30 April	SCA Championship 25	G25/93	Trevor Leeding, Mike O'Gorman, Karen McGrath, Martin Booker, Ian Cheesman, Neil Crowther, Rick Hughes, Nik Allen

WECC riders in Road Races

There is rapidly increasing interest and enthusiasm for road racing. Dom Maxwell has done a great job of encouraging others, especially the juniors. We now have Dom, Gavin Ash, Neil Crowther, Aaron Hartley, Tom Jarman, Ollie Lane and Nik Allen all active. There are plans for focused training and also for future 4 Up time trials so these really are exciting times.

Congratulations to Gavin Ash on securing his Cat 3 licence so quickly, and also to Ollie Lane for his first road race.

Details/photos from all the road race action can be found [HERE](#) together with a **video of Gavin in action** this week.

Scratch Classification

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	WECC Points
1	5	Nik Allen	Worthing Excelsior CC	V45	21:12	1
2	12	Dominic Maxwell	Worthing Excelsior CC	V44	21:17	2
3	1	Gavin Ash	Worthing Excelsior CC	S36	21:28	3
4	11	Neil Crowther	Worthing Excelsior CC	V43	21:38	4
5	17	Trevor Leeding	Worthing Excelsior CC	V51	23:04	5
6	8	Mike O'Gorman	Worthing Excelsior CC	V65	23:05	6
7	10	Spencer Kirkham	Worthing Excelsior CC	V49	23:12	7
8	19	Nolan Heather	Worthing Excelsior CC	V41	23:15	8
9	22	Colin Barton	Worthing Excelsior CC	V56	23:22	9
10	23	Huw Williams	Worthing Excelsior CC	V48	23:26	10
11	16	Andy Haste	Worthing Excelsior CC	V46	23:28	11
12	2	Simon Steeles	Worthing Excelsior CC	V46	23:43	12
13	7	Charlie Foster	Worthing Excelsior CC	J16	23:44	13
14	13	Paul Townsley	Worthing Excelsior CC	V68	23:46	14
15	15	Jeff Blunsdon	Worthing Excelsior CC	V45	23:57	15
16	3	Rome Bhamra	Worthing Excelsior CC	V50	24:56	16
17	24	Phil Frean	Worthing Excelsior CC	V62	25:52	17
18	6	Harry Pask	Worthing Excelsior CC	J16	26:44	18
19	25	Simon Toppin	Worthing Excelsior CC	S27	26:59	19
20	9	Graeme Gill	Worthing Excelsior CC	V59	29:20	20
	4	Chris Putnam	Worthing Excelsior CC	V51	DNS	
	14	Ollie Lane	Worthing Excelsior CC	J15	DNS	
	21	Rick Hughes	Worthing Excelsior CC	V54	DNS	

Scratch Classification Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time
18	Ben Houston	East Grinstead CC	V40	21:57
20	Matt Brown	Brighton Triathlon Club	S27	22:37

Fastest Veteran on Standard

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	5	Nik Allen	Worthing Excelsior CC	V45	21:12	26:23	+5:11
2	8	Mike O'Gorman	Worthing Excelsior CC	V65	23:05	28:14	+5:09
3	12	Dominic Maxwell	Worthing Excelsior CC	V44	21:17	26:18	+5:01
4	13	Paul Townsley	Worthing Excelsior CC	V68	23:46	28:42	+4:56
5	11	Neil Crowther	Worthing Excelsior CC	V43	21:38	26:13	+4:35
6	22	Colin Barton	Worthing Excelsior CC	V56	23:22	27:14	+3:52
7	17	Trevor Leeding	Worthing Excelsior CC	V51	23:04	26:50	+3:46
8	10	Spencer Kirkham	Worthing Excelsior CC	V49	23:12	26:41	+3:29
9	23	Huw Williams	Worthing Excelsior CC	V48	23:26	26:36	+3:10
10	16	Andy Haste	Worthing Excelsior CC	V46	23:28	26:27	+2:59
11	19	Nolan Heather	Worthing Excelsior CC	V41	23:15	26:04	+2:49
12	2	Simon Steeles	Worthing Excelsior CC	V46	23:43	26:27	+2:44
13	15	Jeff Blunsdon	Worthing Excelsior CC	V45	23:57	26:23	+2:26
14	24	Phil Frean	Worthing Excelsior CC	V62	25:52	27:51	+1:59
15	3	Rome Bhamra	Worthing Excelsior CC	V50	24:56	26:45	+1:49
16	9	Graeme Gill	Worthing Excelsior CC	V59	29:20	27:32	-1:48
	4	Chris Putnam	Worthing Excelsior CC	V51	DNS	26:50	
	21	Rick Hughes	Worthing Excelsior CC	V54	DNS	27:04	

Fastest Veteran on Standard Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
18	Ben Houston	East Grinstead CC	V40	21:57	25:59	+4:02

Combined Results

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std
1	5	Nik Allen	Worthing Excelsior CC	V45	21:12	1
2	12	Dominic Maxwell	Worthing Excelsior CC	V44	21:17	3
3	1	Gavin Ash	Worthing Excelsior CC	S36	21:28	
4	11	Neil Crowther	Worthing Excelsior CC	V43	21:38	5
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	4	Chris Putnam	Worthing Excelsior CC	V51	DNS	
	14	Ollie Lane	Worthing Excelsior CC	J15	DNS	
	21	Rick Hughes	Worthing Excelsior CC	V54	DNS	

Event Secretary

Phil Frean

Assistant Event Secretary

Claire Booker

Very Grateful Thanks To:

Timekeeper (start):	Paul Toppin
Start Marshal:	Martin Booker
Timekeeper (finish):	Tony Palmer
Recorder:	Maureen Lock
Course Marshals:	Sheila Lucas (Findon), John Lucas (Ashington)
Signage:	Mike O'Gorman (and Phil Frean at the Findon end)
Results Service	Mike O'Gorman