



Worthing Excelsior Cycling Club

PRESIDENT - ROBERT DOWNHAM



Club Long Furlong Circuit Time Trial - Sunday 26th March 2017 ***Course GS/983 (17.06 miles)***

Qualifying event for WECC SPOCO Competition

Event Promoter: Chris Putnam: [Email](#)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

A tricky strong gusting North Easterly wind made conditions tricky and tested bike handling skills but this didn't stop several riders putting in some excellent performances.

Nik Allen's 40:29 was the second fastest ever by an Excelsior rider on the course, being just 4 seconds short of Jeremy Wootton's record set in 2011. In his first ride on the circuit Neil Crowther showed more evidence of his improved form for this season and finished in second place with 42:27. Neil was one just four riders to go quicker on the second lap. Trevor Leeding took third place with 43:22 (which is actually the slowest of his three GS/983 rides).

Martin Booker did really well indeed. He was over two minutes quicker than last season and beat his personal best, set three years ago, by 23 seconds.

Ian Cheesman, like Trevor, also recorded the slowest of his three GS/983 rides but 44:38 is still a good time and he finished in fifth place. Karen McGrath found conditions tricky but still managed to improve on last season's time by 12 seconds.

The top five riders on scratch were also the top five riders on handicap, and in exactly the same order.

This is the second event in the SPOCO (Sporting courses) season. Nik Allen and Neil Crowther have quickly established themselves at the head of the leaderboard.

WECC - Scratch Classification

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-	Position on Std
1	10	Nik Allen	Worthing Excelsior CC	V45	40:29	45:21	+4:52	1
2	5	Neil Crowther	Worthing Excelsior CC	V43	42:27	45:05	+2:38	4
3	8	Trevor Leeding	Worthing Excelsior CC	V51	43:22	46:08	+2:46	3
4	11	Martin Booker	Worthing Excelsior CC	V48	43:56	45:45	+1:49	5
5	3	Ian Cheesman	Worthing Excelsior CC	V48	44:38	45:45	+1:07	6
6	6	Mike O'Gorman	Worthing Excelsior CC	V65	45:18	48:37	+3:19	2
7	2	Ian Newbold	Worthing Excelsior CC	V44	45:39	45:13	-0:26	9
8	9	Rick Hughes	Worthing Excelsior CC	V54	46:07	46:33	+0:26	7
9	1	Jeff Blunsdon	Worthing Excelsior CC	V45	47:15	45:21	-1:54	11
10	7	Paul Townsley	Worthing Excelsior CC	V68	49:38	49:24	-0:14	8
11	4	Karen McGrath	Worthing Excelsior CC	WV55	51:34	50:27	-1:07	10

WECC - Handicap Classification

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	Handicap	Adjusted Time
1	10	Nik Allen	Worthing Excelsior CC	V45	40:29	0:00	40:29
2	5	Neil Crowther	Worthing Excelsior CC	V43	42:27	1:00	41:27
3	8	Trevor Leeding	Worthing Excelsior CC	V51	43:22	1:45	41:37
4	11	Martin Booker	Worthing Excelsior CC	V48	43:56	2:00	41:56
5	3	Ian Cheesman	Worthing Excelsior CC	V48	44:38	1:30	43:08
6	2	Ian Newbold	Worthing Excelsior CC	V44	45:39	2:30	43:09
7	9	Rick Hughes	Worthing Excelsior CC	V54	46:07	2:30	43:37
8	1	Jeff Blunsdon	Worthing Excelsior CC	V45	47:15	3:30	43:45
9	6	Mike O'Gorman	Worthing Excelsior CC	V65	45:18	1:30	43:48
10	4	Karen McGrath	Worthing Excelsior CC	WV55	51:34	6:00	45:34
11	7	Paul Townsley	Worthing Excelsior CC	V68	49:38	3:30	46:08

Private Entries

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time
1	12	Oliver McDonald	Tuff Fitty	S30	46:46

Combined Results - Scratch

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std	Lap 1	Lap 2
1	10	Nik Allen	WECC	V45	40:29	1	20:01	20:28
2	5	Neil Crowther	WECC	V43	42:27	4	21:32	20:55
3	8	Trevor Leeding	WECC	V51	43:22	3	21:23	21:59
4	11	Martin Booker	WECC	V48	43:56	5	21:53	22:03
5	3	Ian Cheesman	WECC	V48	44:38	6	22:35	22:03
6	6	Mike O'Gorman	WECC	V65	45:18	2	22:53	22:25
7	2	Ian Newbold	WECC	V44	45:39	9	22:38	23:01
8	9	Rick Hughes	WECC	V54	46:07	7	22:41	23:26
9	12	Oliver McDonald	Tuff Fitty	S30	46:46		23:08	23:38
10	1	Jeff Blunsdon	WECC	V45	47:15	11	23:35	23:40
11	7	Paul Townsley	WECC	V68	49:38	8	24:35	25:03
12	4	Karen McGrath	WECC	WV55	51:34	10	25:51	25:43

Combined Results – Vets on Standard

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	10	Nik Allen	Worthing Excelsior CC	V45	40:29	45:21	+4:52
2	6	Mike O'Gorman	Worthing Excelsior CC	V65	45:18	48:37	+3:19
3	8	Trevor Leeding	Worthing Excelsior CC	V51	43:22	46:08	+2:46
4	5	Neil Crowther	Worthing Excelsior CC	V43	42:27	45:05	+2:38
5	11	Martin Booker	Worthing Excelsior CC	V48	43:56	45:45	+1:49
6	3	Ian Cheesman	Worthing Excelsior CC	V48	44:38	45:45	+1:07
7	9	Rick Hughes	Worthing Excelsior CC	V54	46:07	46:33	+0:26
8	7	Paul Townsley	Worthing Excelsior CC	V68	49:38	49:24	-0:14
9	2	Ian Newbold	Worthing Excelsior CC	V44	45:39	45:13	-0:26
10	4	Karen McGrath	Worthing Excelsior CC	WV55	51:34	50:27	-1:07
11	1	Jeff Blunsdon	Worthing Excelsior CC	V45	47:15	45:21	-1:54

SPOCO TABLE

Pos	Name	Rides	Points	Long Furlong	Ashurst	Club 25	Pulborough	Hard Riders	Hill Climb
1	Nik Allen	2	40	20	20				
2	Neil Crowther	2	38	19	19				
3	Trevor Leeding	2	34	18	16				
4	Mike O'Gorman	2	33	15	18				
4	Ian Cheesman	2	33	16	17				
6	Martin Booker	2	32	17	15				
7	Ian Newbold	2	27	14	13				
8	Rick Hughes	2	25	13	12				
9	Paul Townsley	2	22	11	11				
10	Jeff Blunsdon	2	21	12	9				
11	Karen McGrath	2	16	10	6				
12	Andy Haste	1	14		14				
13	Nolan Heather	1	10		10				
14	Phil Freaan	1	8		8				
15	Clive Patterson-Lett	1	7		7				
16	Nicole Patterson-Lett	1	5		5				
17	Ollie Lane	1	4		4				

Forthcoming Events

19:00	Thursday 20 th April	G10/98	WECC First Evening 10 of the season
06:30	Sunday 14 th May	G25/54	WECC Open 25 (Ray Douglass Memorial)
07:30	Sunday 21 st May	G25/95	WECC Club 25

For more details of these and other events please check out our [club web site](#)