



Worthing Excelsior Cycling Club



PRESIDENT - ROBERT DOWNHAM

Club Hard Riders Time Trial - Sunday 21st August 2016 ***Course GS/992 (21.93 miles)***

Qualifying event for WECC SPOCO Competition

Event Promoter: Rick Hughes: [Email](#)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

RESULTS

For the second week running the toughness of the course is clearly demonstrated by the huge array of negatives against standard time for the distance. This is another tough course – but the clue is in the title of the event. The windy conditions just added to the trickiness of the whole thing.

It's super to see two women riders competing in this challenging event and obviously enjoying themselves immensely. Bragging rights went to Nicky Carsons. She was the quicker of the two and her 1:16:01 was 27 seconds quicker than last year. Joan's time was 1:55 slower than previous effort two years ago.

The overall competition was won, to no-one's great surprise, by John McGrath as he finished over two minutes clear of the field.

Nik Allen committed the classic error of not being aware of where the finish line was. His slowing up on the final hill proved costly as he failed to clinch second place by a single second. He did have the consolation of winning the handicap competition.

The two younger riders Connor and Simon did very well given that both had the not inconsiderable handicap of competing on road bikes.

The leadership of the SPOC competition changed hands yet again as this time Ian, Martin and Trevor were all absent (and competing in the Farnham Road club 25 mile 4 Up TTT). So Rick Hughes has taken what appears to be an unassailable lead with the 17 points gained today.

Huge thanks are due to the support team that helped to make the event happen – Tony Palmer (start/finish timekeeping), Claire Booker, Ken Gormanly and Chris Putnam.

SCRATCH

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-	Position on Std
1	9	John McGrath	Worthing Excelsior CC	V52	0:58:27	0:59:49	+1:22	2
2	5	Mike O'Gorman	Worthing Excelsior CC	V64	1:00:51	1:02:34	+1:43	1
3	3	Nik Allen	Worthing Excelsior CC	V45	1:00:52	0:58:37	-2:15	3
4	7	Rick Hughes	Worthing Excelsior CC	V53	1:02:29	1:00:00	-2:29	4
5	8	Connor Leeding	Worthing Excelsior CC	S22	1:05:09			
6	1	Simon Toppin	Worthing Excelsior CC	S26	1:08:18			
7	6	Nicky Carsons	Worthing Excelsior CC	WV53	1:16:02	1:04:48	-11:14	5
8	2	David Funnell	Worthing Excelsior CC	V51	1:18:03	0:59:38	-18:25	7
9	4	Joan Lennon	Worthing Excelsior CC	WV59	1:22:05	1:06:10	-15:55	6

PRIVATE ENTRY

Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
10	John Ford-Dunn	Steyning Athletic Club	V61	1:07:47	1:01:44	-06:03

HANDICAP

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	Handicap	Adjusted Time
1	3	Nik Allen	Worthing Excelsior CC	V45	1:00:52	3:00	0:57:52
2	9	John McGrath	Worthing Excelsior CC	V52	0:58:27	0:00	0:58:27
3	5	Mike O'Gorman	Worthing Excelsior CC	V64	1:00:51	2:15	0:58:36
4	7	Rick Hughes	Worthing Excelsior CC	V53	1:02:29	3:30	0:58:59
5	8	Connor Leeding	Worthing Excelsior CC	S22	1:05:09	6:00	0:59:09
6	6	Nicky Carsons	Worthing Excelsior CC	WV53	1:16:02	15:00	1:01:02
7	1	Simon Toppin	Worthing Excelsior CC	S26	1:08:18	7:00	1:01:18
8	2	David Funnell	Worthing Excelsior CC	V51	1:18:03	15:00	1:03:03
9	4	Joan Lennon	Worthing Excelsior CC	WV59	1:22:05	17:00	1:05:05

SPOCO TABLE

Pos	Name	Rides	Points	Ashurst	Club 25	Pulborough	Hard Riders	Hill Climb	Long Furlong
1	Rick Hughes	4	66	17	15	17	17		
2	Mike O'Gorman	3	56	20	17		19		
3	Ian Cheesman	3	53	16	18	19			
4	Martin Booker	3	51	19	16	16			
5	Nik Allen	2	38			20	18		
6	Trevor Leeding	2	37	18	19				
7	Nicky Carsons	3	35	11		10	14		
8	John McGrath	2	34	14			20		
9	Andrew Lock	3	32	9	11	12			
10	Connor Leeding	2	30			14	16		
11	Colin Barton	2	29		14	15			
12	Chris Putnam	2	26	13	13				
13	Paul Townsley	2	25		12	13			
14	David Funnell	2	22			9	13		
15	Dom Maxwell	1	20		20				
16	Joan Lennon	2	20			8	12		
17	Phil Freaan	2	20		9	11			
18	Simon Atkinson	1	18			18			
19	Schaeff Potter	1	15	15					
20	Simon Toppin	1	15				15		
21	Aaron Hartley	1	12	12					
22	Clive Patterson-Lett	1	10		10				
23	Karen McGrath	1	10	10					
24	Rome Bhamra	1	8		8				
25	Nicole Patterson-Lett	1	7		7				

Forthcoming Events

07:30 Sunday 18th September [P901/25](#) Inter-Club Clonmore Trophy (25 miles)

10:00 Saturday 1st October [GH/92](#) WECC Hill Climb Championship

08:00 Sunday 9th October [GS/983](#) WECC Long Furlong (17.1 miles)

For more details of these and other events please check out our [club web site](#)