



Worthing Excelsior Cycling Club



Club 10 mile Time Trial The Don Lock Evening 10 Memorial Series

Course G10/98

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations



Event No 15 – Thursday 21st July 2016 **Promoter: [Graeme Gill](#)**

Report

Dom Maxwell moves to the head of the leaderboard for the series as he completed his seventh qualifying ride with a win. It is tight at the top. John McGrath now has to win both of the final two events of the season to draw level on points and to necessitate a countback of aggregate times for their top seven points scoring rides.

Trevor Leeding notched second place again (same as last week) and increased his string of consistent form and times. This improved his points position by one.

Personal bests were claimed by Jeff Blunsdon, Paul Townsley and Pete Rowe. Nik Allen equalled his PB of last week.

Season bests were claimed by John Lucas, Martin Booker and Rick Hughes. Well done to all.

It's nice to see new faces at this late stage of the season. A warm welcome is extended to Tiffany Orton and Ken Gormanly.

===

The guest riders tonight included some star quality. It's not often that Keith Lea of Paceline RT fails to win, so congratulations to Jamie Lowden on a fine performance. It was only 14 seconds short of Nick Dwyer's 2011 course record.

===

We have tried very hard this season to promote the course regulations. They are included in each set of results and are prominently displayed at sign on. Please take care to ensure that you have read and understood them. It is a requirement of the formal risk assessment for the course. Riders who fail to observe this run the risk of being disqualified and we don't want that to happen.

WECC riders in Open Time Trials

Saturday 16 July

Brighton Excelsior CC 10 – G10/97

Rider	Time	Pos	+/- VTTA Std	Pos
Colin Barton	23:10	16	+3:59	10
Ian Cheesman	23:10	16	+3:22	13
Martin Booker	23:28	18	+3:08	14
Mike O'Gorman	23:35	19	+4:31	8
John Lucas	28:16	34	+1:23	19

Ian Cheesman and Colin Barton shared the honours this morning as the fastest Excelsior riders.

Martin Booker was close behind and his 23:28 was a personal fastest for that course. Worthing Excelsior came second in the team competition, behind Sussex Nomads, with all of these three riders contributing to the aggregate time.

It was heartening to see our star veteran John Lucas ride in his first open time trial for many seasons finishing with a very respectable 28:16. Grand chapeau well earned.

Sunday 17 July

Brighton Excelsior CC 25 – G25/93

Rider	Time	Pos	+/- VTTA Std	Pos
Ian Cheesman	1:00:55	21	+6:31	
Martin Booker	1:01:47	23	+5:51	
Colin Barton	1:02:15	26	+6:50	
Andy Haste	1:05:38	38	+1:25	
Neil Crowther	DNF			

Ian Cheesman rounded off a fine weekend in the Brighton Excelsior double header as he was again the fastest WECC rider. Martin Booker's improvement continued as he was close behind with 1:01:47.

Andy Haste rode his first 25 mile even of the season. His time was considerably slower than his four efforts last season but this is definitely a tougher course.

Neo time-triallist Neil Crowther found his first 25 to be tougher than he had anticipated. Having set off too hard early on he then 'blew' and withdrew partway through. Perhaps using a time trial bike that he had acquired only the previous day may also have had an adverse effect. It's definitely a reminder to us all, as if we needed it, that time trialling is tough.

Hounslow & District CC 25 – H25/8

Rider	Time	Pos	+/- VTTA Std	Pos
Trevor Leeding	57:12		+10:50	
Mike O'Gorman	57:44		+13:52	
Rick Hughes	59:39		+9:00	

In Sunday's Hounslow and District 25 the late starters were affected by a traffic jam caused by a vintage bus rally late on. This significantly affected both Trevor Leeding (55:12) and Mike O'Gorman (55:44) who were relieved with their times in the circumstances. Mike had the additional issue of a deflating rear tyre (for the second 25 in a week) so a new tub is definitely required (rather than a Vittoria Pitstop bodge job).

Rick Hughes rode his quickest 25 of the season with 59:39.

Wednesday 20 July

VTTA London & Home Counties 10 – F11/10

Rider	Time	Pos	+/- VTTA Std	Pos
Mike O'Gorman	22:10		+5:56	

A long trip to Hertfordshire for what was hoped to be an attempt at a personal best on a reputedly fast course. However the day brought strong gusting winds up to 28 mph, and the course had over 5 miles into a strong headwind plus recent road resurfacing that was unhelpful. In the end it was a good time rather than a landmark

Upcoming events

Sunday 24 July	SCCU / SCA 100 (incl WECC Champs)	G100/61	Nicole Patterson-Lett, Martin Booker, Simon Atkinson, Mike O'Gorman
	Southdown Velo 50	P901/50	Andrew Haste, Rick Hughes, Ian Cheesman, Trevor Leeding

Full details of all of the various time trial performances can be found on our [club web-site](#).

Photographs of recent events can also be found [here](#).

Scratch Classification

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	WECC Points
1	22	Dominic Maxwell	Worthing Excelsior CC	V43	21:31	1
2	20	Trevor Leeding	Worthing Excelsior CC	V50	21:42	2
3	8	Mike O'Gorman	Worthing Excelsior CC	V64	21:59	3
4	23	Colin Barton	Worthing Excelsior CC	V55	22:12	4
5	21	Rick Hughes	Worthing Excelsior CC	V53	22:22	5
6	11	Chris Putnam	Worthing Excelsior CC	V51	22:24	6
7	7	Nik Allen	Worthing Excelsior CC	V45	22:25	7
8	19	Martin Booker	Worthing Excelsior CC	V48	22:40	8
9	18	Paul Townsley	Worthing Excelsior CC	V67	22:51	9
10	31	Andrew Lock	Worthing Excelsior CC	V49	24:04	10
11	30	Simon Toppin	Worthing Excelsior CC	S	24:13	11
12	10	Jeff Blunsdon	Worthing Excelsior CC	V45	24:20	12
13	4	Clive Patterson-Lett	Worthing Excelsior CC	V51	24:31	13
14	17	Allan Orman	Worthing Excelsior CC	V70	24:55	14
15	5	Nathan Gale	Worthing Excelsior CC	V40	25:12	15
16	14	Peter Rowe	Worthing Excelsior CC	V66	25:14	16
17	16	John Lucas	Worthing Excelsior CC	V73	26:47	17
18	1	Ken Gormanly	Worthing Excelsior CC	V66	27:45	18
19	9	Tiffany Orton	Worthing Excelsior CC	WS36	28:10	19
20	15	Eric Baker	Worthing Excelsior CC	V44	28:12	20
21	12	Chris Bramley	Worthing Excelsior CC	V58	28:40	21

Scratch Classification Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time
2	James Lowden	Team ASL360	S30	19:42
3	Keith Lea	Paceline RT	V46	20:10
13	Tony Reeves	GS Stella	V45	22:10
6	Ian Newbold	Eastbourne Rovers CC	V43	23:21
28	Huw Williams	Tuff Fitty	V48	23:22
27	Matt Brown	Brighton Triathlon Club	S26	24:03
25	Paul Hanratty	Lewes Wanderers CC	V56	25:09
29	Steve Hitchcock	Brighton Mitre CC	V45	26:19
24	Simon Palmer	Tuff Fitty	V44	DQ
26	Daniel Schofield	Angmering CC	S20	DQ

Fastest Veteran on Standard

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	8	Mike O'Gorman	Worthing Excelsior CC	V64	21:59	28:06	+6:07
2	18	Paul Townsley	Worthing Excelsior CC	V67	22:51	28:32	+5:41
3	20	Trevor Leeding	Worthing Excelsior CC	V50	21:42	26:45	+5:03
4	23	Colin Barton	Worthing Excelsior CC	V55	22:12	27:09	+4:57
5	22	Dominic Maxwell	Worthing Excelsior CC	V43	21:31	26:13	+4:42
6	21	Rick Hughes	Worthing Excelsior CC	V53	22:22	26:59	+4:37
7	11	Chris Putnam	Worthing Excelsior CC	V51	22:24	26:50	+4:26
8	17	Allan Orman	Worthing Excelsior CC	V70	24:55	29:02	+4:07
9	7	Nik Allen	Worthing Excelsior CC	V45	22:25	26:23	+3:58
10	19	Martin Booker	Worthing Excelsior CC	V48	22:40	26:36	+3:56
11	14	Peter Rowe	Worthing Excelsior CC	V66	25:14	28:23	+3:09
12	16	John Lucas	Worthing Excelsior CC	V73	26:47	29:39	+2:52
13	31	Andrew Lock	Worthing Excelsior CC	V49	24:04	26:41	+2:37
14	4	Clive Patterson-Lett	Worthing Excelsior CC	V51	24:31	26:50	+2:19
15	10	Jeff Blunsdon	Worthing Excelsior CC	V45	24:20	26:23	+2:03
16	5	Nathan Gale	Worthing Excelsior CC	V40	25:12	25:59	+0:47
17	1	Ken Gormanly	Worthing Excelsior CC	V66	27:45	28:23	+0:38
18	12	Chris Bramley	Worthing Excelsior CC	V58	28:40	27:26	-1:14
19	15	Eric Baker	Worthing Excelsior CC	V44	28:12	26:18	-1:54

Fastest Veteran on Standard Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
3	Keith Lea	Paceline RT	V46	20:10	26:27	+6:17
13	Tony Reeves	GS Stella	V45	22:10	26:23	+4:13
28	Huw Williams	Tuff Fitty	V48	23:22	26:36	+3:14
6	Ian Newbold	Eastbourne Rovers CC	V43	23:21	26:13	+2:52
25	Paul Hanratty	Lewes Wanderers CC	V56	25:09	27:14	+2:05
29	Steve Hitchcock	Brighton Mitre CC	V45	26:19	26:23	+0:04
24	Simon Palmer	Tuff Fitty	V44	DQ	26:18	

Combined Results

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std
1	2	James Lowden	Team ASL360	S30	19:42	
2	3	Keith Lea	Paceline RT	V46	20:10	1
3	22	Dominic Maxwell	Worthing Excelsior CC	V43	21:31	6
4	20	Trevor Leeding	Worthing Excelsior CC	V50	21:42	4
5	8	Mike O'Gorman	Worthing Excelsior CC	V64	21:59	2
6	13	Tony Reeves	GS Stella	V45	22:10	9
7	23	Colin Barton	Worthing Excelsior CC	V55	22:12	5
8	21	Rick Hughes	Worthing Excelsior CC	V53	22:22	7
9	11	Chris Putnam	Worthing Excelsior CC	V51	22:24	8
10	7	Nik Allen	Worthing Excelsior CC	V45	22:25	11
11	19	Martin Booker	Worthing Excelsior CC	V48	22:40	12
12	18	Paul Townsley	Worthing Excelsior CC	V67	22:51	3
13	6	Ian Newbold	Eastbourne Rovers CC	V43	23:21	15
14	28	Huw Williams	Tuff Fitty	V48	23:22	13
15	27	Matt Brown	Brighton Triathlon Club	S26	24:03	
16	31	Andrew Lock	Worthing Excelsior CC	V49	24:04	17
17	30	Simon Toppin	Worthing Excelsior CC	S	24:13	
18	10	Jeff Blunsdon	Worthing Excelsior CC	V45	24:20	20
19	4	Clive Patterson-Lett	Worthing Excelsior CC	V51	24:31	18
20	17	Allan Orman	Worthing Excelsior CC	V70	24:55	10
21	25	Paul Hanratty	Lewes Wanderers CC	V56	25:09	19
22	5	Nathan Gale	Worthing Excelsior CC	V40	25:12	21
23	14	Peter Rowe	Worthing Excelsior CC	V66	25:14	14
24	29	Steve Hitchcock	Brighton Mitre CC	V45	26:19	23
25	16	John Lucas	Worthing Excelsior CC	V73	26:47	15
26	1	Ken Gormanly	Worthing Excelsior CC	V66	27:45	22
27	9	Tiffany Orton	Worthing Excelsior CC	WS36	28:10	
28	15	Eric Baker	Worthing Excelsior CC	V44	28:12	25
29	12	Chris Bramley	Worthing Excelsior CC	V58	28:40	24
	24	Simon Palmer	Tuff Fitty	V44	DQ	
	26	Daniel Schofield	Angmering CC	S20	DQ	

Riders 24 and 26 disqualified for failure to observe course instructions (as displayed at sign on, and also on every results sheet published)

Event Secretary

Graeme Gill

Very Grateful Thanks To:

Timekeeper (start):	Nicky Carsons
Start Marshal:	Neil Crowther
Timekeeper (finish):	Mick Irons
Recorder:	Claire Booker
Course Marshals:	Joan Lennon (Findon), Schaeff Potter (Ashington)
Catering:	Bernie Skinner
Signage:	Mike O'Gorman
Results Service	Mike O'Gorman

WECC RIDERS 10 TIMES BY YEAR

WECC RIDERS BEST 10 IN YEAR							PB
	2011	2012	2013	2014	2015	2016 to date	PB
Aaron Hartley						23:57	23:57
Allan Orman	25:11	24:56	24:31	24:43	24:14	24:29	24:14
Andrew Lock			26:16	25:02	25:25	23:44	23:44
Andy Haste					22:51	22:50	22:50
Chris Bramley				27:28	26:45	27:17	26:45
Chris Putnam	23:30	23:24	22:52	22:44	23:28	22:12	22:12
Clive Patterson-Lett				24:33		23:43	23:43
Colin Barton				22:19	22:41	22:10	22:10
Colin Miller	26:30	27:16	27:25		28:06	30:58	26:30
Darron Muggeridge		22:47	23:22	23:05	22:44	23:43	22:44
Dominic Maxwell			24:57	21:15	21:08	21:13	21:08
Eric Baker						27:27	27:27
Graeme Gill	28:36	28:04	28:01	27:38	27:22	28:24	27:22
Ian Cheesman				21:44	22:30	21:51	21:44
Jeff Blunsdon				25:18	25:12	24:20	24:20
Joan Lennon	27:21	28:06	27:31	27:55	28:15	27:52	27:21
John Lucas	27:17	26:14	26:02	25:10		26:47	25:10
John McGrath						20:46	20:46
Karen McGrath						24:30	24:30
Ken Gormanly						27:45	27:45
Leigh Provost						27:36	27:36
Mark Newnham	22:44	22:26	22:41	22:27	21:49	23:51	21:49
Martin Booker			23:19	22:55	22:35	22:40	22:35
Mike O'Gorman	24:54	23:08	21:58	22:08	21:24	21:26	21:24
Nathan Gale	24:03	24:43	24:09	26:43	24:17	24:35	24:03
Neil Crowther						22:01	22:01
Nicky Carsons						27:41	27:41
Nicole Patterson-Lett		30:12		26:18	26:00	25:18	25:18

Nik Allen						22:25	22:25
Paul Townsley						22:51	22:51
Pete Rowe	25:49	27:38	25:47	25:21		25:14	25:14
Phil Freat	23:42	23:57	24:47	23:34	23:57	23:37	23:34
Phil Walker	25:45	25:00		26:33		27:18	25:00
Phil Young	25:44	26:33	25:25	24:12	25:24	25:32	24:12
Rick Hughes			24:35	22:32	22:11	22:22	22:11
Rome Bhamra				27:38	25:29	23:59	23:59
Schaeff Potter				25:26	22:56	22:15	22:15
Simon Atkinson		22:54	21:37	21:23	21:23	23:21	21:23
Simon Toppin					25:52	24:18	24:18
Steve Feest	26:12		25:25	25:14	25:31	25:16	25:14
Trevor Leeding			22:52	21:33	21:32	21:37	21:32

WECC RIDERS IN WECC CLUB 10s (2016)

WECC RIDERS 10 TIMES (Evening 10s in 2016 - or Open 10s where faster than on G10/98)

	1	2	3	4	5	6	7	8	9	10	13	14	15	P881	2016 BEST
Aaron Hartley	24:47	26:02	26:52	24:41	24:45	25:34	24:43	25:52	24:30	24:23	23:57	24:09			23:57
Allan Orman	25:38	26:10		25:26	24:59		24:29					25:26	24:55		24:29
Andrew Lock	26:50	27:36				DNF		25:31			24:38	23:44	24:04		23:44
Andy Haste			25:09	23:31	23:12	23:56	22:50		23:34	24:04	23:03				22:50
Chris Bramley	29:36	31:27	30:07	28:16	28:06	29:21	28:55	29:13	27:21	28:38	27:17	28:52	28:40		27:17
Chris Putnam	23:55	24:25	25:08	22:59	22:46	24:06	22:33	23:30	22:12		22:33	22:15	22:24		22:12
Clive Patterson-Lett	24:17		25:11				24:07	24:58	23:43				24:31		23:43
Colin Barton	23:53	24:02		22:40	22:34	23:31	22:38		22:10	22:31			22:12		22:10
Colin Miller	30:58														30:58
Darron Muggeridge	24:10		23:55	23:43											23:43
Dominic Maxwell		22:11	22:55		21:18	22:07				21:19	21:13		21:31		21:13
Eric Baker			30:58		28:03						27:27		28:12		27:27
Graeme Gill			32:39	29:20	28:24						28:28				28:24
Ian Cheesman			23:35	22:23	22:45		22:24	23:19	21:51		22:30				21:51
Jeff Blunsdon	25:33	25:38		24:23					24:42		24:25		24:20		24:20
Joan Lennon		31:01	31:19	28:11	28:26	30:03					28:10	27:52			27:52
John Lucas	29:11			28:18	27:25		27:31	28:50	26:56		27:10		26:47		26:47
John McGrath				22:18	22:14	22:56			21:26	21:23	21:06	20:46			20:46
Karen McGrath				27:16	25:59	26:53	25:14		24:30	24:39	24:45				24:30
Ken Gormanly													27:45		27:45
Leigh Provost					27:36										27:36
Mark Newnham	23:51														23:51
Martin Booker	22:57	23:21		23:12	22:48	23:17	22:47	23:43		22:41	22:47	22:53	22:40		22:40
Mike O'Gorman	22:57	23:18	23:21	22:41	22:13	22:40	22:15	23:07	21:56	21:58		22:07	21:59	21:26	21:26
Nathan Gale					24:57	25:44			24:43	24:40		24:35	25:12		24:35
Neil Crowther	23:40	24:23	24:27				22:20			22:01					22:01
Nicky Carsons		27:41													27:41
Nicole Patterson-Lett	26:53	27:04		26:13					25:18						25:18

Nik Allen							23:57	22:32			22:25	22:25	22:25
Paul Townsley	24:56	25:36					23:57	23:20	23:00			22:51	22:51
Pete Rowe			26:23	25:56			25:41		25:40	25:33	25:23	25:14	25:14
Phil Freat	25:25	25:24		24:51	25:24		25:44	23:37		24:02			23:37
Phil Walker		28:05		27:18			27:24						27:18
Phil Young	26:21	26:40	26:18		26:09					25:32			25:32
Rick Hughes	22:46	23:09	23:22	22:24	23:09	22:47	23:21	22:35	22:30	22:38	22:33	22:22	22:22
Rome Bhamra	26:08	26:14	27:42	25:17	24:25		25:04	24:06	23:59				23:59
Schaeff Potter	23:16	23:13		22:26			23:10		22:38	22:15	22:30		22:15
Simon Atkinson				25:28	25:10		23:21						23:21
Simon Toppin	26:31		27:26	26:10		25:19		24:45			24:18		24:18
Steve Feest	26:29		27:41								25:16		25:16
Trevor Leeding		23:13	23:33	22:25	22:08		21:39	22:52		21:37	21:53	21:42	21:37

WECC RIDERS IN 25s (2016)

BEST TIME 2014	BEST TIME LAST SEASON	BEST TIME THIS SEASON	RIDER	SCCU	Lea Valley CC	Farnborough & Camberley	Addiscombe CC	ESCA	SCA	Norwood Paragon CC	Worthing Excelsior CC	High Wycombe CC	WECC Club 25	Team Axiom	Farnham Road Club	...a3crg	Brighton Excelsior CC	Hounslow & District CC
				04-Apr	10-Apr	17-Apr	18-Apr	24-Apr	01-May	08-May	15-May	22-May	05-Jun	12-Jun	19-Jun	13-Jul	17-Jul	17-Jul
				G25/54	E2/25	H25/8	G25/54	G25/89	G25/93	G25/54	G25/54	H25/2	G25/95	P885/25	H25/8	P884b/25	G25/93	H25/8
		1:07:50	Andrew Lock										1:07:50					
	1:01:47	1:05:38	Andy Haste														1:05:38	
	1:08:38	1:03:58	Chris Putnam										1:03:58					
		1:08:24	Clive Patterson-Lett										1:08:24					
	59:59	59:08	Colin Barton	1:04:23				1:02:29	1:02:58	59:08	59:45		1:03:42				1:02:15	
55:53		56:11	Dom Maxwell	57:13			57:13			56:11	56:34		59:11					
	57:19	56:26	Ian Cheesman	1:00:15					1:02:22		59:07		1:00:46	56:26			1:00:55	
	59:23	59:12	Martin Booker	1:00:02				1:01:35	1:00:46	59:33	59:51		1:02:25		59:12		1:01:47	
	55:53	55:34	Mike O'Gorman	59:35	55:34	58:19	1:00:29	1:01:37	1:01:51		57:48	56:23	1:01:15	56:02		56:12		57:44
			Neil Crowther														DNF	
		1:14:25	Nicky Carsons								1:14:25							
	1:08:59	1:12:35	Nicole Patterson-Lett										1:12:35					
		1:06:16	Paul Townsley						DNS				1:06:16					
	1:03:28	1:04:59	Phil Frean				1:08:47		1:08:40		1:04:59		1:08:28					
			Phil Young										DNF					
	57:55	59:39	Rick Hughes	1:00:19				DNS	1:01:32		1:00:49		1:03:03					59:39
	1:12:03	1:04:47	Rome Bhamra				1:11:12			1:06:26	1:05:19		1:09:53		1:04:47			
55:41	57:50	56:40	Trevor Leeding	58:49				1:00:27	59:38		57:42		59:54		56:40			57:12

WECC RIDERS IN 50s (2016)

PREVIOUS BEST TIME	BEST TIME LAST SEASON	BEST TIME THIS SEASON	RIDER	Charlotteville CC	ESCA	SCCU	SCA	Southdown Velo
				11- May H50/8	19-Jun G50/90	26-Jun G50/10	03-Jul G50/10	24-Jul P901/50
		2:14:53	Andy Haste			2:14:53		
			Dan Cobby				DNS	
	2:05:05	2:04:32	Ian Cheesman			2:06:04	2:04:32	
	2:06:52	2:09:12	Martin Booker				2:09:12	
	1:53:31	2:01:31	Mike O'Gorman	2:04:25	2:01:31	2:06:52	2:03:35	
		2:29:34	Nicole Patterson-Lett			2:29:34		
2:22:07		2:25:08	Phil Freaan				2:25:08	
	2:09:31	2:09:23	Rick Hughes				2:09:23	
	2:41:39	2:22:15	Rome Bhamra				2:22:15	
	2:03:53	2:07:01	Simon Atkinson				2:07:01	
	1:55:27	1:58:57	Trevor Leeding	1:58:57			2:03:49	

Don Lock Memorial Evening 10 Series

Name	Rides	Best 7	Rides	Projected 7	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
1	Dominic Maxwell	7	8			1	1		1	1				1			2		1		
2	John McGrath	7	13					1	4	3			1	2			1	1			
3	Trevor Leeding	10	14			3	4	3	2		1	1		3			3	2	2		
4	Mike O'Gorman	12	16			2	5	2	5	3	2	2	3	4					3	3	
5	Rick Hughes	12	24			1	2	3		5	4	7	4	7	6			7	7	5	
6	Ian Cheesman	7	29					5	2	8		4	3	2			5				
7	Chris Putnam	12	38			8	9	8	6	9	8	5	6	5			6	4	6		
7	Colin Barton	9	38			7	7		4	7	6	6		4	7					4	
9	Martin Booker	11	42			2	6		7	10	5	7	7		9		8	8	8		
9	Schaeff Potter	7	42			4	4			6		10		8			4	6			
11	Andy Haste	8	62					9	8	11	7	9		9	12		9				
12	Aaron Hartley	12	77			11	13	12	11	13	11	14	12	13	13		10	10			
13	Phil Frean	7	79			13	10			14	10		11	10			11				
14	Rome Bhamra	8	92			16	15	15	12	12		15		12	11						
15	Allan Orman	7	100			15	14		13	16		13							15	14	
16	Karen McGrath	7	106						16	19	14	16		13	14		14				
17	Simon Toppin	7	108			19		13		20		17		17					11	11	
18	Pete Rowe	7	113						15	18		18			16		16	14	16		
19	Chris Bramley	13	116			23	22	16	19	24	14	20	15	20	17		18	17	21		
20	John Lucas	8	127			22			20	21		19	14	19			17		17		
21	Joan Lennon	7	135				21	18	18	26	16						20	16			
	Neil Crowther			5	39.2	5	8	7				3		5							
	Mark Newnham			1	42.0	6															
	Nik Allen			4	45.5							8	6					5	7		
	Darron Muggeridge			3	56.0	9		6	9												
	Simon Atkinson			3	70.0					17	9		4								
	Paul Townsley			6	71.2	12	11					11		8	10					9	
	Clive Patterson-Lett			6	75.8	10		10				12	9	11						13	
	Jeff Blunsdon			6	87.5	14	12		10					15			12			12	
	Andrew Lock			6	93.3	20	18					10					13	9	10		
	Nathan Gale			6	99.2					15	12			16	15				12	15	

Phil Young	5	100.8	17	16	11	13	15
Steve Feest	3	105.0	18	14			13
Phil Walker	3	116.7		20	17	13	
Nicole Patterson-Lett	4	122.5	21	17	14	18	
Ken Gormanly	1	126.0					18
Nicky Carsons	1	133.0		19			
Tiffany Orton	1	133.0					19
Eric Baker	4	138.3		17	23		19 20
Graeme Gill	4	150.5		19	21	25	21
Leigh Prevost	1	154.0				22	
Colin Miller	1	168.0	24				

Don Lock Memorial Evening 10 Series (Veterans)

		Rides	Best 7 +/-	Partial +/-	1	2	3	4	5	6	7	8	9	10	13	14	15	16	17
1	Mike O'Gorman	12	+05:56		+05:09	+04:48	+04:45	+05:25	+05:53	+05:26	+05:51	+04:59	+06:10	+06:08		+05:59	+06:07		
2	John McGrath	7	+05:10					+04:36	+04:40	+03:58			+05:28	+05:31	+05:48	+06:08			
3	Trevor Leeding	10	+04:53			+03:32	+03:12	+04:20	+04:37		+05:06	+03:53		+05:08	+04:52	+05:03	+05:03		
4	Colin Barton	9	+04:32		+03:16	+03:07		+04:29	+04:35	+03:38	+04:31		+04:59	+04:38			+04:57		
5	Rick Hughes	12	+04:26		+04:13	+03:50	+03:37		+04:35	+03:50	+04:12	+03:38	+04:24	+04:29	+04:21	+04:26	+04:37		
6	Dominic Maxwell	7	+04:25			+04:02	+03:18		+04:55	+04:06				+04:54	+05:00		+04:42		
7	Chris Putnam	12	+04:18		+02:50	+02:20	+01:37	+03:51	+04:04	+02:44	+04:17	+03:20	+04:38		+04:17	+04:35	+04:26		
8	Ian Cheesman	7	+03:51				+02:57	+04:09	+03:47		+04:08	+03:13	+04:41		+04:02				
9	Martin Booker	11	+03:46		+03:35	+03:11		+03:20	+03:44	+03:15	+03:45	+02:49		+03:51	+03:45	+03:43	+03:56		
10	Allan Orman	7	+03:44		+03:24	+02:52		+03:36	+04:03		+04:33					+03:36	+04:07		
11	Karen McGrath	7	+03:37					+01:58	+03:15	+02:21	+04:00		+04:44	+04:35	+04:29				
12	Andy Haste	8	+02:56				+01:14	+02:52	+03:11	+02:27	+03:33		+02:49	+02:19	+03:20				
13	Phil Freaan	7	+02:49		+02:19	+02:20			+02:53	+02:20		+02:00	+04:07		+03:42				
14	Pete Rowe	7	+02:42					+02:00	+02:27		+02:42			+02:43	+02:50	+03:00	+03:09		
15	John Lucas	8	+02:05		+00:28			+01:21	+02:14		+02:08	+00:49	+02:43		+02:29		+02:52		
16	Rome Bhamra	8	+01:39		+00:33	+00:27	-01:01	+01:24	+02:16		+01:37		+02:35	+02:42					
17	Joan Lennon	7	+00:27			-01:17	-01:35	+01:33	+01:18	-00:19					+01:34	+01:52			
18	Chris Bramley	13	-00:44		-02:10	-04:01	-02:41	-00:50	-00:40	-01:55	-01:29	-01:47	+00:05	-01:12	+00:09	-01:26	-01:14		
	Paul Townsley	6		+04:35	+03:36	+02:56					+04:35		+05:12	+05:32			+05:41		
	Nik Allen	4		+03:31								+02:21	+03:46			+03:58	+03:58		
	Neil Crowther	5		+02:48	+02:29	+01:46	+01:42				+03:53			+04:12					
	Darron Muggeridge	3		+02:45	+02:31		+02:46	+02:58											
	Clive Patterson-Lett	6		+02:18	+02:28		+01:34				+02:38	+01:47	+03:02				+02:19		
	Nicole Patterson-Lett	4		+02:02	+01:31	+01:20		+02:11					+03:06						
	Jeff Blunsdon	6		+01:30	+00:45	+00:40		+01:55					+01:41		+01:58		+02:03		
	Simon Atkinson	3		+01:29					+00:41	+00:59		+02:48							
	Nicky Carsons	1		+01:22		+01:22													
	Andrew Lock	6		+01:17	-00:09	-00:55						+01:10			+02:03	+02:57	+02:37		
	Nathan Gale	6		+01:00					+01:02	+00:15			+01:16	+01:19		+01:24	+00:47		
	Steve Feest	3		+00:57			-00:15									+02:10			
	Ken Gormanly	1		+00:38													+00:38		

Phil Walker	3	-01:00		-01:29	-00:42		-00:48		
Colin Miller	1	-02:16	-02:16						
Graeme Gill	4	-02:17		-05:13	-01:54	-00:58		-01:02	
Eric Baker	4	-02:22		-04:40		-01:45		-01:09	-01:54

REMINDERS

Notes for all competitors

It has been really encouraging this season to see such good turnouts at each event, and also to see increased participation from new riders. We all want it to run well and to be popular.

As well as being enjoyable the first few evenings have highlighted some points that it is felt need to be refreshed in people's minds. This follows observations made by committee members and also a fair degree of feedback from the local public. So we are taking this opportunity to advise the newbies, or to simply remind the oldies, some of the key points in competing in a time trial.

THE REGULATIONS

Our sport is administered by CTT and they set out the regulations which must be adhered to. They are available [here](#) for you to peruse.

SAFETY - ROUNDABOUTS

We can all appreciate the desire to get around the course as fast as possible. However the A24 carries a lot of traffic and the fast approach to the Washington roundabout is particularly hazardous. Some riders have been observed taking extreme risks and actually breaking the law (Road Traffic Act) when doing so.

If this continues it is likely that there will be an accident and/or police approval for the series is removed.

Riders are instructed to ride safely and in accordance with the traffic regulations.

The CTT regulation is set out below.

Observance of the Law

All competitors in, or in the vicinity of the event, must observe the law of the land relating to road use. In particular, but without prejudice to the general principles of this Regulation, competitors must:

- 1. not ride in a manner that is unsafe either to themselves or to other road users**
- 2. ride on the left-hand side of the road except for safe overtaking and when making right hand turns**
- 3. conform to all traffic signs, signals and direction indicators**
- 4. in making any turn before, during or after the event, ensure that it is safe to do so.**

Note that the CTT advocates suspension:

Note: Where there has been an accident as a result of a competitor's contravention of (a) above the competitor shall normally be subjected to a minimum effective period of suspension of six competitive months for a first offence and twelve months for a second offence.

**COMPETITIVE MONTHS ARE DEEMED TO BE MARCH TO OCTOBER INCLUSIVE
and NON-COMPETITIVE MONTHS ARE NOVEMBER TO FEBRUARY INCLUSIVE.**

SAFETY – AT THE END

There is a longstanding course instruction about what riders are required to do at the end of their ride.



SAFETY – LIGHTS

High quality rear lights are strongly recommended for all riders. Also, for those early season events where the light falls quickly then a front light should be a consideration. This is especially true for those riders who ride home afterwards (as brought to our attention by a driver at Findon).

DRAFTING

Drafting is not allowed under any circumstance. To do so is in contravention of CTT regulations and it is also unfair.

The particular regulation is set out here so that riders may properly understand what is expected of them, with one aspect highlighted.

Paced & Company Riding

Competitors must ride entirely alone and unassisted and not ride in company or take shelter (commonly known as drafting) from other riders or vehicles. A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken.

Footnote:

Competitors must ride entirely alone and unassisted and not ride in company or take shelter (commonly known as drafting) from another rider or vehicles.

If you should catch up another rider you should try to pass as quickly as possible and must not in any other circumstances ride close behind so that you take shelter from the wind.

You must set your own pace and not use another rider as a pace maker. The onus on avoiding company riding shall be on the rider overtaken.

Nor is it in order to ride alongside and even to ride a few metres behind for any appreciable distance. In the spirit of the sport, caught riders should not disturb the performance of the rider catching them by repassing and/or riding closely behind them, except when they can sustain that move. This is generally considered to mean that the caught rider should allow a reasonable gap to develop of some 30 to 50 yards/metres.

It is a requirement that riders understand and adhere to these instructions.

DISQUALIFICATION

Disregard of the rules as explained above may result in a competitor's ride being disqualified.

Follow the rules / Stay safe !!!