



Worthing Excelsior Cycling Club

Club 10 mile Time Trial *The Don Lock Evening 10 Memorial Series*

Course G10/98

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

Event No 3 – Thursday 28th April 2016
Promoter: [Phil Frean](#)



Report

Yet another in the continuing series of challenging conditions. The wind switched to southerly, but with gusts up to 30mph tri-bars and disk wheels were not for the faint hearted. The weather clearly had an effect on the entry as numbers were well down although it is encouraging that 27 actually gave it a go.

Dom Maxwell added to last week's first place with another, although this time his winning margin was considerably reduced. Once again the next few riders finished in very similar times and were separated by a mere handful of seconds. Mike O'Gorman pipped Rick Hughes for second place by a single second with Trevor Leeding, Ian Cheesman and Darron Muggeridge all close behind. That was a very good ride indeed by Darron.

Neil Crowther did well once again in his third ever time trial and must surely be looking forward to actually experiencing doing one in reasonable weather.

Particular mention goes to Eric Baker who could certainly have picked a better day for his first ever time trial. He was of course the only rider on the night to record a personal best.

Our ladies contingent was down to just one again with only Joan Lennon being prepared to give it a go. But then she seems to like it challenging, as evidenced by her entering all sorts of hard riders events.

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The guest riders packed out the first six places in the combined results. A rare appearance by Tom Glandfield proved to be the fastest of the evening.

WECC riders in Open Time Trials

Last weekend

So no improvement in the weather then? In fact if anything somewhat worse with temperatures in very low single figures, a challenging adverse northerly wind and even sleet.

On Saturday morning at East Hoathley it was the ESCA 10. Mike O’Gorman was considerably slower than last season, finishing in a frustrating 24:01. It was Rick Hughes first time out on this course and he did not pick a good day for his maiden ride. His time was 24:29.

Sunday morning saw the ESCA 25 and even worse weather than the day before. So bad that after warming up Rick Hughes decided not to race. He was not alone in that decision and Mike O’Gorman considered doing likewise. All of our riders put on full winter kit (decidedly un-aero).

Trevor Leeding was fastest with 1:00:27, Martin Booker was next in 1:01:35. Mike O’Gorman was three minutes slower than on this course last September with 1:00:37, although there was the consolation of winning the prize for his age group. Colin Barton was two minutes slower than last September with 1:02:29.

Points scored over the weekend for the ESCA Competitions were: Trevor (12), Mike (11), Martin (7).

Rome Bhamra was a DNS for Sunday afternoon’s SCCU Sporting 25 on the emergency course at Walliswood.

Photographs of all our riders in action this weekend (and throughout the season) can be found here on our [club web-site](#).

Full details of all of the various performances can be found on our [club web-site](#).

Upcoming events

This weekend sees our local courses [G10/97](#) and [G25/93](#) in use for the Sussex CA Championship 10 and 25.

In Saturday’s 10 we have (in start order): Colin Barton, Martin Booker, Ian Cheesman, Rick Hughes, Schaeff Potter, Mike O’Gorman, Chris Putnam, Dom Maxwell, Phil Freat.

In Sunday’s 25 we have (in start order): Mike O’Gorman, Paul Townsley, Ian Cheesman, Colin Barton, Trevor Leeding, Rick Hughes, Martin Booker.

Scratch Classification

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	WECC Points
1	9	Dominic Maxwell	Worthing Excelsior CC	V43	22:55	1
2	8	Mike O'Gorman	Worthing Excelsior CC	V64	23:21	2
3	21	Rick Hughes	Worthing Excelsior CC	V53	23:22	3
4	11	Trevor Leeding	Worthing Excelsior CC	V50	23:33	4
5	15	Ian Cheesman	Worthing Excelsior CC	V47	23:35	5
6	20	Darron Muggeridge	Worthing Excelsior CC	V49	23:55	6
7	6	Neil Crowther	Worthing Excelsior CC	V42	24:27	7
8	13	Chris Putnam	Worthing Excelsior CC	V50	25:08	8
9	10	Andy Haste	Worthing Excelsior CC	V45	25:09	9
10	5	Clive Patterson-Lett	Worthing Excelsior CC	V50	25:11	10
11	2	Phil Young	Worthing Excelsior CC	S	26:18	11
12	14	Aaron Hartley	Worthing Excelsior CC	J	26:52	12
13	25	Simon Toppin	Worthing Excelsior CC	S	27:26	13
14	4	Steve Feest	Worthing Excelsior CC	V58	27:41	14
15	3	Rome Bhamra	Worthing Excelsior CC	V49	27:42	15
16	12	Chris Bramley	Worthing Excelsior CC	V58	30:07	16
17	16	Eric Baker	Worthing Excelsior CC	V44	30:58	17
18	1	Joan Lennon	Worthing Excelsior CC	WV59	31:19	18
19	7	Graeme Gill	Worthing Excelsior CC	V58	32:39	19

Scratch Classification Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time
24	Tom Glandfield	Lewes Wanderers CC	V43	21:31
26	Stanley Kennet	PMR @Toachim House	S	21:37
18	Rob Rollings	Lewes Wanderers CC	S	21:44
19	Darren Barclay	Arctic Tacx RT	V43	21:54
23	Howard Bayley	Blazing Saddles	V41	22:15
17	Matt Peel	Redhill CC	S	22:24
27	Andy Tedd	...a3crg	V48	22:58
22	Rob Charles	Blazing Saddles	V50	23:37

Fastest Veteran on Standard

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	8	Mike O'Gorman	Worthing Excelsior CC	V64	23:21	28:06	+4:45
2	21	Rick Hughes	Worthing Excelsior CC	V53	23:22	26:59	+3:37
3	9	Dominic Maxwell	Worthing Excelsior CC	V43	22:55	26:13	+3:18
4	11	Trevor Leeding	Worthing Excelsior CC	V50	23:33	26:45	+3:12
5	15	Ian Cheesman	Worthing Excelsior CC	V47	23:35	26:32	+2:57
6	20	Darron Muggeridge	Worthing Excelsior CC	V49	23:55	26:41	+2:46
7	6	Neil Crowther	Worthing Excelsior CC	V42	24:27	26:09	+1:42
8	13	Chris Putnam	Worthing Excelsior CC	V50	25:08	26:45	+1:37
9	5	Clive Patterson-Lett	Worthing Excelsior CC	V50	25:11	26:45	+1:34
10	10	Andy Haste	Worthing Excelsior CC	V45	25:09	26:23	+1:14
11	4	Steve Feest	Worthing Excelsior CC	V58	27:41	27:26	-0:15
12	3	Rome Bhamra	Worthing Excelsior CC	V49	27:42	26:41	-1:01
13	1	Joan Lennon	Worthing Excelsior CC	WV59	31:19	29:44	-1:35
14	12	Chris Bramley	Worthing Excelsior CC	V58	30:07	27:26	-2:41
15	16	Eric Baker	Worthing Excelsior CC	V44	30:58	26:18	-4:40
16	7	Graeme Gill	Worthing Excelsior CC	V58	32:39	27:26	-5:13

Fastest Veteran on Standard Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
24	Tom Glandfield	Lewes Wanderers CC	V43	21:31	26:13	+4:42
19	Darren Barclay	Arctic Tacx RT	V43	21:54	26:13	+4:19
23	Howard Bayley	Blazing Saddles	V41	22:15	26:04	+3:49
27	Andy Tedd	...a3crg	V48	22:58	26:36	+3:38
22	Rob Charles	Blazing Saddles	V50	23:37	26:45	+3:08

Combined Results

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std
1	24	Tom Glandfield	Lewes Wanderers CC	V43	21:31	2
2	26	Stanley Kennet	PMR @Toachim House	S	21:37	
3	18	Rob Rollings	Lewes Wanderers CC	S	21:44	
4	19	Darren Barclay	Arctic Tacx RT	V43	21:54	3
5	23	Howard Bayley	Blazing Saddles	V41	22:15	4
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7	9	Dominic Maxwell	Worthing Excelsior CC	V43	22:55	7
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9	8	Mike O'Gorman	Worthing Excelsior CC	V64	23:21	1
10	21	Rick Hughes	Worthing Excelsior CC	V53	23:22	6
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27	7	Graeme Gill	Worthing Excelsior CC	V58	32:39	21

IMPORTANT – REMINDER ABOUT COURSE INSTRUCTIONS

SAFETY

After the finish please **do not turn right** but continue straight on and then find a safe place to turn and retrace to the H.Q.

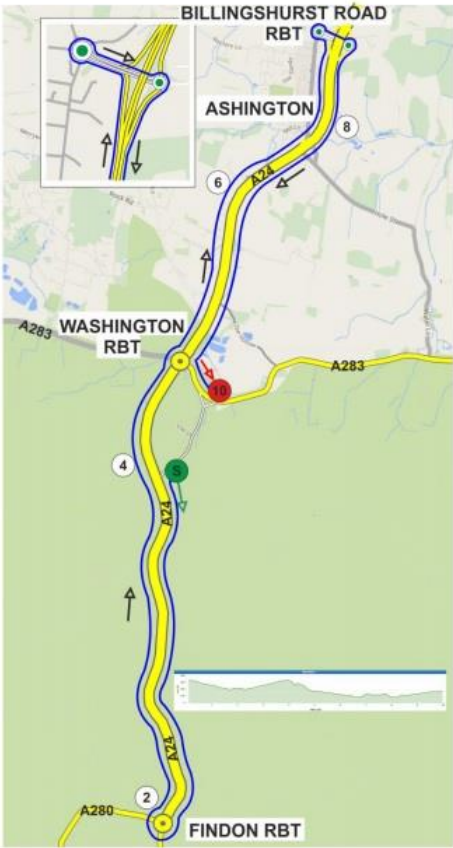
Event Secretary
Phil Frean

Very Grateful Thanks To:

- Timekeeper (start):
- Alan Orman
- Timekeeper (finish):
- Nathan Gale
- Recorder:
- Paul Townsley
- Start Marshal:
- Colin Barton
- Course Marshals:
- Martin Booker (Findon), Schaeff Potter (Ashington)
- Catering:
- Bernie Skinner
- Signage:
- Mike O’Gorman
- Results Service
- Mike O’Gorman

G10/98 SAFETY NOTES AS PER OUR CLUB EVENTS BOOK

COURSE : G10/98 WASHINGTON 10 MILE



COURSE DIRECTIONS – G10/98		MILES
START at yellow line on kerb 11 yards before Turn Left sign and 41 yards before Give Way sign on old A24 at the top of Washington Bostal Hill		0.00
Turn LEFT and follow A24 southwards to Findon RBT (roundabout) where TURN (CHECK)		1.91
TURN 4th exit and retrace on A24 to Washington Roundabout		4.93
Straight on 2nd exit and continue on A24 to Ashington Interchange. Bear LEFT down slip Road and LEFT again to Billingshurst Road RBT where TURN (CHECK)		7.29
4th exit to retrace to Ashington Interchange. Straight on under A24 to RBT where RIGHT 3rd exit to rejoin and follow A24 southbound to Washington RBT		9.73
LEFT 1st exit and proceed on A283 to FINISH at third drain past London Road (first Right hand turning into Washington Village)		10.00

SAFETY : After the finish please do not turn immediately right, but continue straight on and then find a safe place to turn and retrace to the H.Q.

Link to Garmin Connect version of the course map [G10/98](#)