

Worthing Excelsior Cycling Club



Club 10 mile Time Trial The Don Lock Evening 10 Memorial Series



Course G10/98

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Event No 1 – Thursday 14th April 2016 Promoter: Phil Frean

Report

It was lovely to see Maureen Lock at the event this evening: the first of the newly named Don Lock Memorial Series. And of course Andrew who was once again on the start line.

Unfortunately it was not quite the weather conditions that had been forecast earlier in the week. Rain affected later riders and the times for all riders were considerably slower than usual. By the end it was dark with torrential rain (which certainly made taking the signs down extremely unpleasant).

Big congratulations are due to Rick Hughes as he finally nails his first win in a club event. Clearly his dedication and structured training throughout the winter has paid dividends. After two second places in the evening 10 series last season he has achieved a major landmark.

Mike O'Gorman and Martin Booker continue their tussle as they finished in joint second place. In three events earlier this season Martin has finished a mere 6, 7 and 27 seconds behind Mike so he's closed the gap and, like Rick, is benefitting from his winter training programme.

It is really good to see two juniors competing and putting up impressive times in those conditions and on road bikes. Schaeff Potter finished in an excellent fourth place and if he can do 23:16 tonight then we can expect his personal best of 22:56 to be bettered very soon this season. In his first time trial 11th place with a time of 24:47 is a super start for Aaron Hartley. He did ride in a couple of hill climbs at the end of last season and also rode from John O'Groats to Lands End with his father Dave so he looks to be developing into a classy all-rounder.

There were a number of fine personal performances. Also in his first ever time trial Neil Crowther's time of 23:40 and 5th place is an eye-opener. Beforehand he was looking to go inside 25 minutes and he certainly more than achieved that. Our more senior competitors distinguished themselves as both Paul Townsley and Allan Orman (road bike) recorded good times. Nicole Patterson-Lett opened her defence of her ladies' title with a good ride, whilst husband Clive opened his season with a very respectable time.

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In the battle of the 'pro teams' Chris McNamara (newly transferred from Pedal Heaven to Nuun-Sigma Sports London Racing Team – doesn't that just trip off the tongue?) stared where he left off in our final 10 of last season by claiming the win from Stanley Kennett and Rupert Robinson.

WECC riders in Open Time Trials

The season so far

Although for many riders this will have been their first taste of competition this season Excelsior riders have already represented the club across a range of events already. Nine of our riders have been in action in a total of ten events so far. Well done particularly to our Club President Robert Downham who fulfilled his obligations from his dual role as president of ESCA by appearing as rider No 1 in the challenging ESCA Hard Riders event. A really good ride indeed.

Full details of all of the various performances can be found on our club web-site.

Upcoming events

This weekend sees three of our pairings competing in the Sussex CA 2 Up Team Time Trial.

- Paul Townsley / Spencer Kirkham
- Chris Putnam / Schaeff Potter
- Trevor Leeding / Rick Hughes

On the previous day Mike O'Gorman will be racing once again at Bentley in the Farnborough & Camberley 25. He is also due to race in Sunday's Addiscombe CC 25 together with Dom Maxwell, Rome Bhamra and Phil Frean.

So that will take our numbers in open time trials this season up to a remarkable fifteen! Great stuff.

Scratch Classification

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	WECC Points
1	21	Rick Hughes	Worthing Excelsior CC	V53	0:22:46	1
2	8	Mike O'Gorman	Worthing Excelsior CC	V64	0:22:57	2
2	9	Martin Booker	Worthing Excelsior CC	V47	0:22:57	2
4	16	Schaeff Potter	Worthing Excelsior CC	J	0:23:16	4
5	11	Neil Crowther	Worthing Excelsior CC	V42	0:23:40	5
6	34	Mark Newnham	Worthing Excelsior CC	S	0:23:51	6
7	32	Colin Barton	Worthing Excelsior CC	V55	0:23:53	7
8	1	Chris Putnam	Worthing Excelsior CC	V50	0:23:55	8
9	25	Darron Muggeridge	Worthing Excelsior CC	V49	0:24:10	9
10	14	Clive Patterson-Lett	Worthing Excelsior CC	V50	0:24:17	10
11	7	Aaron Hartley	Worthing Excelsior CC	J	0:24:47	11
12	13	Paul Townsley	Worthing Excelsior CC	V67	0:24:56	12
13	22	Phil Frean	Worthing Excelsior CC	V61	0:25:25	13
14	10	Jeff Blunsdon	Worthing Excelsior CC	V44	0:25:33	14
15	6	Allan Orman	Worthing Excelsior CC	V70	0:25:38	15
16	3	Rome Bhamra	Worthing Excelsior CC	V49	0:26:08	16
17	2	Phil Young	Worthing Excelsior CC	S	0:26:21	17
18	4	Steve Feest	Worthing Excelsior CC	V58	0:26:29	18
19	28	Simon Toppin	Worthing Excelsior CC	S	0:26:31	19
20	37	Andrew Lock	Worthing Excelsior CC	V49	0:26:50	20
21	15	Nicole Patterson-Lett	Worthing Excelsior CC	WV44	0:26:53	21
22	5	John Lucas	Worthing Excelsior CC	V73	0:29:11	22
23	18	Chris Bramley	Worthing Excelsior CC	V58	0:29:36	23
24	24	Colin Miller	Worthing Excelsior CC	V68	0:30:58	24

Scratch Classification Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time
36	Chris McNamara	Nuun Sigma Sport London	V41	0:20:42
27	Stanley Kennet	PMR @Toachim House	S	0:20:54
20	Rupert Robinson	Evans Cycles Racing Team	V44	0:21:20
33	Dominic Lowden	Lewes Wanderers CC	V58	0:22:31
19	Rob Charles	Blazing Saddles	V50	0:22:58
26	Jack Churchill	Brighton Excelsior CC	J	0:23:25
17	lan Newbold	Eastbourne Rovers CC	V43	0:24:31
30	Ade Fadero	Sussex Nomads	V54	0:24:45
23	Reade Harfield	Blazing Saddles	V58	0:25:12
29	Piers August	Wyndymilla	S	0:25:23
31	Bob Thomas	Tuff Fitti	V72	0:28:52
35	Huw Williams	Tuff Fitti	V47	DNF

Fastest Veteran on Standard

Pos	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	8	Mike O'Gorman	Worthing Excelsior CC	V64	22:57	28:06	+5:09
2	21	Rick Hughes	Worthing Excelsior CC	V53	22:46	26:59	+4:13
3	13	Paul Townsley	Worthing Excelsior CC	V67	24:56	28:32	+3:36
4	9	Martin Booker	Worthing Excelsior CC	V47	22:57	26:32	+3:35
5	6	Allan Orman	Worthing Excelsior CC	V70	25:38	29:02	+3:24
6	32	Colin Barton	Worthing Excelsior CC	V55	23:53	27:09	+3:16
7	1	Chris Putnam	Worthing Excelsior CC	V50	23:55	26:45	+2:50
8	25	Darron Muggeridge	Worthing Excelsior CC	V49	24:10	26:41	+2:31
9	11	Neil Crowther	Worthing Excelsior CC	V42	23:40	26:09	+2:29
10	14	Clive Patterson-Lett	Worthing Excelsior CC	V50	24:17	26:45	+2:28
11	22	Phil Frean	Worthing Excelsior CC	V61	25:25	27:44	+2:19
12	15	Nicole Patterson-Lett	Worthing Excelsior CC	WV44	26:53	28:24	+1:31
13	4	Steve Feest	Worthing Excelsior CC	V58	26:29	27:26	+0:57
14	10	Jeff Blunsdon	Worthing Excelsior CC	V44	25:33	26:18	+0:45
15	3	Rome Bhamra	Worthing Excelsior CC	V49	26:08	26:41	+0:33
16	5	John Lucas	Worthing Excelsior CC	V73	29:11	29:39	+0:28
17	37	Andrew Lock	Worthing Excelsior CC	V49	26:50	26:41	-0:09
18	18	Chris Bramley	Worthing Excelsior CC	V58	29:36	27:26	-2:10
19	24	Colin Miller	Worthing Excelsior CC	V68	30:58	28:42	-2:16

Fastest Veteran on Standard Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
36	Chris McNamara	Nuun Sigma Sport London	V41	0:20:42	0:26:04	+5:22
20	Rupert Robinson	Evans Cycles Racing Team	V44	0:21:20	0:26:18	+4:58
33	Dominic Lowden	Lewes Wanderers CC	V58	0:22:31	0:27:26	+4:55
19	Rob Charles	Blazing Saddles	V50	0:22:58	0:26:45	+3:47
30	Ade Fadero	Sussex Nomads	V54	0:24:45	0:27:04	+2:19
23	Reade Harfield	Blazing Saddles	V58	0:25:12	0:27:26	+2:14
17	lan Newbold	Eastbourne Rovers CC	V43	0:24:31	0:26:13	+1:42
31	Bob Thomas	Tuff Fitti	V72	0:28:52	0:29:26	+0:34
35	Huw Williams	Tuff Fitti	V47	DNF	0:26:32	

Combined Results

Pos	Rider No	Name	Club	Cat/	Actual Time	Position
4		Obvio MaNagara	Novem Circum Constitution day	Age		on Std
1	36	Chris McNamara	Nuun Sigma Sport London	V41	0:20:42	1
2	27	Stanley Kennet	PMR @Toachim House	S	0:20:54	•
3	20	Rupert Robinson	Evans Cycles Racing Team	V44	0:21:20	3
4	33	Dominic Lowden	Lewes Wanderers CC	V58	0:22:31	4
5	21	Rick Hughes	Worthing Excelsior CC	V53	0:22:46	5
6	8	Mike O'Gorman	Worthing Excelsior CC	V64	0:22:57	2
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8	19	Rob Charles	Blazing Saddles	V50	0:22:58	6
9	16	Schaeff Potter	Worthing Excelsior CC	J	0:23:16	
10	26	Jack Churchill	Brighton Excelsior CC	J	0:23:25	
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12	34	Mark Newnham	Worthing Excelsior CC	S	0:23:51	
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14	1	Chris Putnam	Worthing Excelsior CC	V50	0:23:55	11
15	25	Darron Muggeridge	Worthing Excelsior CC	V49	0:24:10	12
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21	23	Reade Harfield	Blazing Saddles	V58	0:25:12	17
22	29	Piers August	Wyndymilla	S	0:25:23	
23	22	Phil Frean	Worthing Excelsior CC	V61	0:25:25	15
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35	24	Colin Miller	Worthing Excelsior CC	V68	0:30:58	27
	35	Huw Williams	Tuff Fitti	V47	DNF	

Event Secretary

Phil Frean

Very Grateful Thanks To:

Timekeeper (start): Robert Downham

Timekeeper (finish): Mick Irons
Recorder: Andy Haste
Start Marshal: Trevor Leeding

Course Marshals: Dom Maxwell (Findon), Nicky Carsons (Ashington)

Catering: Bernie Skinner
Signage: Mike O'Gorman
Results Service Mike O'Gorman