



# Worthing Excelsior Cycling Club



## **Club 16.44 mile Time Trial Sunday 13<sup>th</sup> March 2016** **Course GS/982 (WECC Variant)**

### **Qualifying event for WECC SPOCO Competition**

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

Event Promoter Rick Hughes – [email](#)

An excellent turnout for this club event. Great to see a nice mix with ladies, juniors and riders from other clubs. A very fine start to the club season. The conditions were similar to last season's with a cold early start and a stiffish north-easterly wind which made the homeward leg back down the A24 easier than is usually the case.

For most of the riders it was their first competitive ride of the season with only Ian Cheesman, Rick Hughes and Mike O'Gorman having raced previously.

Martin Booker got off to a great start and must be well pleased with his second place in a time of 40:47. This was well over a minute quicker than last season. Having won this event for the past two seasons Trevor Leeding recorded an almost identical time to 2015 but this time it was only sufficient to gain him third place, marginally ahead of Rick Hughes (who was the second fastest WECC rider on Vets Standard).

Mr & Mrs McGrath made their debuts in club time trials this morning. John is excellent on hills and is an extremely accomplished fell runner, so it made a change to see him on a very nice TT bike. His time of 43:49 was very creditable and more than good enough to confound the handicapper as he won the club's handicap event by a whopping three and a half minutes. His wife Karen finished well and just outside the podium in fourth place in the handicap rankings.

Well done indeed to junior Aaron Hartley for his second place in the handicap event, and also to our new committee member Nick Carsons as she took third place just a handful of seconds further back.

Our other junior rider Schaeff Potter notched a fine 42:46 to finish in sixth place – an indication of his continuing development. Schaeff is planning to broaden his experience this season with some road racing including, potentially, The Screentek International Tour of the Mendips (2 day).

Having raced at Bentley on the previous afternoon Mike O'Gorman was more than satisfied with 40:41. This won him the WECC club event and was also the fastest on Vets Standard on the day.

The quickest riders of the morning though were from South Downs Bikes. Jason Gilbert beat his clubmate Kevin Plummer as they were the only riders to go under 40 minutes. 18 year old Aaron Smith from Bognor Regis CC was third fastest in 40:40.

Details of all our club's extensive time trial programme can be found [here](#).

## WECC - Scratch Classification

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-	Position on Std
1	10	Mike O'Gorman	Worthing Excelsior CC	V64	00:40:41	0:46:21	+05:40	1
2	2	Martin Booker	Worthing Excelsior CC	V47	00:40:47	0:43:42	+02:55	4
3	13	Trevor Leeding	Worthing Excelsior CC	V50	00:41:04	0:44:05	+03:01	3
4	7	Rick Hughes	Worthing Excelsior CC	V52	00:41:08	0:44:20	+03:12	2
5	4	Ian Cheesman	Worthing Excelsior CC	V46	00:41:35	0:43:35	+02:00	5
6	1	Schaeff Potter	Worthing Excelsior CC	J	00:42:46			
7	6	John McGrath	Worthing Excelsior CC	V52	00:43:38	0:44:20	+00:42	6
8	11	Chris Putnam	Worthing Excelsior CC	V50	00:46:02	0:44:05	-01:57	9
9	8	Aaron Hartley	Worthing Excelsior CC	J	00:47:13			
10	9	Nicky Carsons	Worthing Excelsior CC	WV52	00:49:26	0:47:53	-01:33	7
11	3	Karen McGrath	Worthing Excelsior CC	WV54	00:49:57	0:48:11	-01:46	8
12	5	Andrew Lock	Worthing Excelsior CC	V49	00:51:05	0:43:57	-07:08	10
	12	Phil Frean	Worthing Excelsior CC	V61	DNS	0:45:44		

## WECC - Handicap Classification

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	Handicap	Adjusted Time
1	6	John McGrath	Worthing Excelsior CC	V52	00:43:38	00:10:00	0:33:38
2	8	Aaron Hartley	Worthing Excelsior CC	J	00:47:13	00:10:00	0:37:13
3	9	Nicky Carsons	Worthing Excelsior CC	WV52	00:49:26	00:12:00	0:37:26
4	3	Karen McGrath	Worthing Excelsior CC	WV54	00:49:57	00:12:00	0:37:57
5	7	Rick Hughes	Worthing Excelsior CC	V52	00:41:08	00:02:15	0:38:53
6	1	Schaeff Potter	Worthing Excelsior CC	J	00:42:46	00:03:30	0:39:16
7	2	Martin Booker	Worthing Excelsior CC	V47	00:40:47	00:01:30	0:39:17
8	4	Ian Cheesman	Worthing Excelsior CC	V46	00:41:35	00:02:15	0:39:20
9	13	Trevor Leeding	Worthing Excelsior CC	V50	00:41:04	00:00:45	0:40:19
10	10	Mike O'Gorman	Worthing Excelsior CC	V64	00:40:41	00:00:00	0:40:41
11	11	Chris Putnam	Worthing Excelsior CC	V50	00:46:02	00:04:30	0:41:32
12	5	Andrew Lock	Worthing Excelsior CC	V49	00:51:05	00:06:30	0:44:35
	12	Phil Frean	Worthing Excelsior CC	V61	DNS	00:05:00	

## Private Entries

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-	Position on Std
1	21	Jason Gilbert	South Downs Bikes	V41	00:38:48	0:42:56	+04:08	2
2	22	Kevin Plummer	South Downs Bikes	V50	00:39:14	0:44:05	+04:51	1
3	18	Aaron Smith	Bognor Regis CC	S	00:40:40			
4	16	Tom Houghton	Brighton Excelsior CC	V44	00:41:38	0:43:20	+01:42	4
5	19	Simon Letts	Bognor Regis CC	V53	00:42:41	0:44:28	+01:47	3
6	14	Phil Edwards	Bognor Regis CC	V52	00:43:43	0:44:20	+00:37	5
7	17	Piers August	Windymilla	S	00:44:51			
8	15	Dave Abbott	GS Stella	V65	00:46:13	0:46:34	+00:21	6
9	20	Elliott Whitehead	Brighton Excelsior CC	S	00:54:00			

## Combined Results - Scratch

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std
1	21	Jason Gilbert	South Downs Bikes	V41	00:38:48	3
2	22	Kevin Plummer	South Downs Bikes	V50	00:39:14	2
3	18	Aaron Smith	Bognor Regis CC	S	00:40:40	
4	10	Mike O'Gorman	Worthing Excelsior CC	V64	00:40:41	1
5	2	Martin Booker	Worthing Excelsior CC	V47	00:40:47	6
6	13	Trevor Leeding	Worthing Excelsior CC	V50	00:41:04	5
7	7	Rick Hughes	Worthing Excelsior CC	V52	00:41:08	4
8	4	Ian Cheesman	Worthing Excelsior CC	V46	00:41:35	7
9	16	Tom Houghton	Brighton Excelsior CC	V44	00:41:38	9
10	19	Simon Letts	Bognor Regis CC	V53	00:42:41	8
11	1	Schaeff Potter	Worthing Excelsior CC	J	00:42:46	
12	6	John McGrath	Worthing Excelsior CC	V52	00:43:38	10
13	14	Phil Edwards	Bognor Regis CC	V52	00:43:43	11
14	17	Piers August	Windymilla	S	00:44:51	
15	11	Chris Putnam	Worthing Excelsior CC	V50	00:46:02	15
16	15	Dave Abbott	GS Stella	V65	00:46:13	12
17	8	Aaron Hartley	Worthing Excelsior CC	J	00:47:13	
18	9	Nicky Carsons	Worthing Excelsior CC	WV52	00:49:26	13
19	3	Karen McGrath	Worthing Excelsior CC	WV54	00:49:57	14
20	5	Andrew Lock	Worthing Excelsior CC	V49	00:51:05	16
21	20	Elliott Whitehead	Brighton Excelsior CC	S	00:54:00	
	12	Phil Frean	Worthing Excelsior CC	V61	DNS	

## Combined Results – Vets on Standard

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	10	Mike O'Gorman	Worthing Excelsior CC	V64	00:40:41	00:46:21	+05:40
2	22	Kevin Plummer	South Downs Bikes	V50	00:39:14	00:44:05	+04:51
3	21	Jason Gilbert	South Downs Bikes	V41	00:38:48	00:42:56	+04:08
4	7	Rick Hughes	Worthing Excelsior CC	V52	00:41:08	00:44:20	+03:12
5	13	Trevor Leeding	Worthing Excelsior CC	V50	00:41:04	00:44:05	+03:01
6	2	Martin Booker	Worthing Excelsior CC	V47	00:40:47	00:43:42	+02:55
7	4	Ian Cheesman	Worthing Excelsior CC	V46	00:41:35	00:43:35	+02:00
8	19	Simon Letts	Bognor Regis CC	V53	00:42:41	00:44:28	+01:47
9	16	Tom Houghton	Brighton Excelsior CC	V44	00:41:38	00:43:20	+01:42
10	6	John McGrath	Worthing Excelsior CC	V52	00:43:38	00:44:20	+00:42
11	14	Phil Edwards	Bognor Regis CC	V52	00:43:43	00:44:20	+00:37
12	15	Dave Abbott	GS Stella	V65	00:46:13	00:46:34	+00:21
13	9	Nicky Carsons	Worthing Excelsior CC	WV52	00:49:26	00:47:53	-01:33
14	3	Karen McGrath	Worthing Excelsior CC	WV54	00:49:57	00:48:11	-01:46
15	11	Chris Putnam	Worthing Excelsior CC	V50	00:46:02	00:44:05	-01:57
16	5	Andrew Lock	Worthing Excelsior CC	V49	00:51:05	00:43:57	-07:08
	12	Phil Frean	Worthing Excelsior CC	V61	DNS	00:45:44	

## **Event Secretary (and catering)**

Rick Hughes

## **Very Grateful Thanks To:**

Timekeeper (start):	Tony Palmer
Timekeeper (finish):	Mick Irons
Recorder:	Tony Palmer
Start Marshal:	Adrian Palmer
Course Marshal:	Guy Smith
Handicaps:	Tony Palmer
Catering:	Bernie Skinner
Start/Results Sheets:	Mike O'Gorman