



Worthing Excelsior Cycling Club



EVENING 10 SERIES - No 15 (G10/98)

Thursday 23rd July 2015

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

Report

Just seven days on from last week's horrendous events this was, as one would expect, a quiet, sombre, reflective, muted and emotional occasion. The gathering of riders was swelled by those who simply wanted to pay their respects to Don Lock; a man whose major passions were his family and his cycling.

It was good that Maureen and Andrew, together with many of his family, were able to attend and to see just how much he was loved by so very many people. Everybody has an extensive range of happy memories of times spent with Don as his kindness, support and enthusiasm across such a long period of time had enriched their own lives. It was an honour to have known him.

There has been a huge outpouring of support and sympathy from within the cycling community and beyond. It was remarkable and heart-warming to hear from Maureen that Sir David Brailsford of Team Sky had sent flowers in our club colours as a mark of respect.

All of the Excelsior riders wore black arm bands once again, and there was a respectful minutes silence before the results sheet was made available.

Of all the rides this evening none was more remarkable than that by Andrew as he rode in tribute to his father. He rode on Don's bike and set off as last man. This meant that he was last rider back and he was applauded by all as he completed the long finishing straight past the assembled crowd.

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Once again Guy Smith was way ahead of the rest with another superb time of 20:44. Rick Hughes followed on from a fine second place in Tuesday's Brighton Excelsior Club 10 with a second place tonight. He did that with a new personal best, by 4 seconds to 22:11, just beating Trevor Leeding by 2 seconds.

Another rider in fine form is our leading junior Schaeff Potter. Having recently qualified for the National finals of the Junior GHS 10 this evening he took yet another 19 seconds off his personal best (now 23:10) in what has been a season of continued improvement.

Nicole Patterson-Lett put in her fastest ride of the series – but she will need to complete the final two events to beat Joan Lennon to the ladies' title for the season.

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WECC riders in Open Time Trials

Saturday 11th July

Colin Barton rode in the Crawley Wheelers 10 on G10/57, finishing in 30th place with 23:14.

Monday 13th July

A number of Excelsior riders took part in the a3crg 25 mile time trial in Hampshire. The club finished in second place in the team competition. Mike O'Gorman finished in 1st place in the Veterans competition and was 15th overall in a time of 56:25. Each of the other of the club's riders recorded a personal best for the distance. Ian Cheesman was 25th with 57:19, Mark Newnham was 29th with 57:48, and Rick Hughes was 31st with 57:55.

Saturday 18th July

Schaeff Potter competed in the GHS District Championships held on Saturday at Steyning. His excellent 23:41 was a personal course record and won him 1st place in the Juniors' competition. This means that he qualifies for the National finals to be held in Hertfordshire in August. A number of our members are looking to provide him with an alternative to his usual road bike especially for the occasion.

Ian Cheesman rode in the Brighton Excelsior 10 on the same course. His time of 23:32 placed him 20th.

Sunday 19th July

Riders from the club, all wearing black arm bands, competed in the Brighton Excelsior 25. Trevor Leeding was 9th with 59:22, Ian Cheesman was 13th with 1:00:12, Martin Booker was 17th with 1:00:51, Rick Hughes was 20th with 1:02:43, Colin Barton was 21st with 1:03:13, Rome Bhamra was 40th with 1:15:45.

This coming weekend

On Saturday Rick Hughes, Colin Barton and Mike O'Gorman are on the start list for the In-Gear Quickvit Trainsharp RT 10 on the local G10/97 course.

On Sunday Simon Atkinson, Martin Booker and Mike O'Gorman are on the start list for the SCCU 100. This also counts as the Worthing Excelsior club championship. Trevor Leeding has entered the Southdown Velo 50 at Fontwell on P901/50.

RIDERS IN ACTION - EVENING 10 No 15



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Scratch Classification

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	WECC Points
1	3	Guy SMITH	WORTHING EXCELSIOR CC	V50	00:20:44	1
2	22	Rick HUGHES	WORTHING EXCELSIOR CC	V52	00:22:11	2
3	29	Trevor LEEDING	WORTHING EXCELSIOR CC	V49	00:22:13	3
4	8	Mike O'GORMAN	WORTHING EXCELSIOR CC	V63	00:22:15	4
5	25	Ian CHEESMAN	WORTHING EXCELSIOR CC	V46	00:22:30	5
6	16	Martin BOOKER	WORTHING EXCELSIOR CC	V47	00:22:41	6
7	30	Colin BARTON	WORTHING EXCELSIOR CC	V54	00:22:42	7
8	4	Schaeff POTTER	WORTHING EXCELSIOR CC	J	00:23:10	8
9	6	Chris PUTNAM	WORTHING EXCELSIOR CC	V50	00:23:39	9
10	5	Robert DOWNHAM	WORTHING EXCELSIOR CC	V47	00:23:57	10
11	18	Phil FREAN	WORTHING EXCELSIOR CC	V60	00:24:19	11
12	11	Allan ORMAN	WORTHING EXCELSIOR CC	V69	00:24:36	12
13	9	Nicole PATTERSON-LETT	WORTHING EXCELSIOR CC	WV42	00:26:00	13
14	35	Andrew LOCK	WORTHING EXCELSIOR CC	V48	00:26:16	14
15	31	Simon TOPPIN	WORTHING EXCELSIOR CC	S	00:26:57	15
16	21	Chris BRAMLEY	WORTHING EXCELSIOR CC	V57	00:27:27	16
17	2	Rome BHAMRA	WORTHING EXCELSIOR CC	V48	00:27:33	17
18	10	Colin MILLER	WORTHING EXCELSIOR CC	V68	00:29:28	18
	7	Simon ATKINSON	WORTHING EXCELSIOR CC	V41	DNF	



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Scratch Classification Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time
14	Simon McNAMARA	SOUTHDOWNS BIKES/CASCO	V40	00:20:15
13	Marc CLOTHIER	SOUTHDOWNS BIKES/CASCO	S	00:20:41
26	Dominic MAXWELL	SUSSEX REVOLUTION VC	V42	00:21:28
15	Richard WEATHERSTONE	GS STELLA	V48	00:21:50
17	Paul BARNARD	SOUTHDOWNS BIKES/CASCO	S	00:21:59
19	Kevin PLUMMER	SOUTHDOWNS BIKES/CASCO	V50	00:22:04
33	Duncan FULLER	LEWES WANDERERS	V40	00:22:15
32	Rob CHARLES	BLAZING SADDLES	V49	00:23:16
12	Emma CRADDOCK	SOUTHDOWNS BIKES/CASCO	WV40	00:23:24
24	Sally BALDWIN	GS STELLA	WS	00:23:57
23	Allan SMITH	PRIVATE ENTRY	S	00:24:05
20	Stuart JAGO	GS STELLA	V59	00:25:09
1	Bruce SAMUEL	SOUTHDOWNS BIKES/CASCO	V48	00:25:43
27	Paul HANRATTY	LEWES WANDERERS	V54	00:26:39
34	Elaine SCOTT	BRIGHTON EXCELSIOR	WV66	00:29:34
28	George VARGHA	STEYNING AC	V73	00:32:09



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Fastest Veteran on Standard

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	3	Guy SMITH	WORTHING EXCELSIOR CC	V50	00:20:44	00:26:45	+06:01
2	8	Mike O'GORMAN	WORTHING EXCELSIOR CC	V63	00:22:15	00:27:59	+05:44
3	22	Rick HUGHES	WORTHING EXCELSIOR CC	V52	00:22:11	00:26:54	+04:43
4	29	Trevor LEEDING	WORTHING EXCELSIOR CC	V49	00:22:13	00:26:41	+04:28
5	30	Colin BARTON	WORTHING EXCELSIOR CC	V54	00:22:42	00:27:04	+04:22
6	11	Allan ORMAN	WORTHING EXCELSIOR CC	V69	00:24:36	00:28:52	+04:16
7	25	Ian CHEESMAN	WORTHING EXCELSIOR CC	V46	00:22:30	00:26:27	+03:57
8	16	Martin BOOKER	WORTHING EXCELSIOR CC	V47	00:22:41	00:26:32	+03:51
9	18	Phil FREAN	WORTHING EXCELSIOR CC	V60	00:24:19	00:27:38	+03:19
10	6	Chris PUTNAM	WORTHING EXCELSIOR CC	V50	00:23:39	00:26:45	+03:06
11	5	Robert DOWNHAM	WORTHING EXCELSIOR CC	V47	00:23:57	00:26:32	+02:35
12	9	Nicole PATTERSON-LETT	WORTHING EXCELSIOR CC	WV42	00:26:00	00:28:13	+02:13
13	35	Andrew LOCK	WORTHING EXCELSIOR CC	V48	00:26:16	00:26:36	+00:20
14	21	Chris BRAMLEY	WORTHING EXCELSIOR CC	V57	00:27:27	00:27:20	-00:07
15	10	Colin MILLER	WORTHING EXCELSIOR CC	V68	00:29:28	00:28:42	-00:46
16	2	Rome BHAMRA	WORTHING EXCELSIOR CC	V48	00:27:33	00:26:36	-00:57
	7	Simon ATKINSON	WORTHING EXCELSIOR CC	V41	DNF	00:26:04	



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Fastest Veteran on Standard Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
14	Simon McNAMARA	SOUTHDOWNS BIKES/CASCO	V40	00:20:15	00:25:59	+05:44
15	Richard WEATHERSTONE	GS STELLA	V48	00:21:50	00:26:36	+04:46
19	Kevin PLUMMER	SOUTHDOWNS BIKES/CASCO	V50	00:22:04	00:26:45	+04:41
26	Dominic MAXWELL	SUSSEX REVOLUTION VC	V42	00:21:28	00:26:09	+04:41
12	Emma CRADDOCK	SOUTHDOWNS BIKES/CASCO	WV40	00:23:24	00:28:02	+04:38
33	Duncan FULLER	LEWES WANDERERS	V40	00:22:15	00:25:59	+03:44
32	Rob CHARLES	BLAZING SADDLES	V49	00:23:16	00:26:41	+03:25
20	Stuart JAGO	GS STELLA	V59	00:25:09	00:27:32	+02:23
34	Elaine SCOTT	BRIGHTON EXCELSIOR	WV66	00:29:34	00:30:41	+01:07
1	Bruce SAMUEL	SOUTHDOWNS BIKES/CASCO	V48	00:25:43	00:26:36	+00:53
27	Paul HANRATTY	LEWES WANDERERS	V54	00:26:39	00:27:04	+00:25
28	George VARGHA	STEYNING AC	V73	00:32:09	00:29:39	-02:30



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Combined Results

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std
1	14	Simon McNAMARA	SOUTHDOWNS BIKES/CASCO	V40	00:20:15	2
2	13	Marc CLOTHIER	SOUTHDOWNS BIKES/CASCO	S	00:20:41	
3	3	Guy SMITH	WORTHING EXCELSIOR CC	V50	00:20:44	1
4	26	Dominic MAXWELL	SUSSEX REVOLUTION VC	V42	00:21:28	6
5	15	Richard WEATHERSTONE	GS STELLA	V48	00:21:50	4
6	17	Paul BARNARD	SOUTHDOWNS BIKES/CASCO	S	00:21:59	
7	19	Kevin PLUMMER	SOUTHDOWNS BIKES/CASCO	V50	00:22:04	6
8	22	Rick HUGHES	WORTHING EXCELSIOR CC	V52	00:22:11	5
9	29	Trevor LEEDING	WORTHING EXCELSIOR CC	V49	00:22:13	9
10	8	Mike O'GORMAN	WORTHING EXCELSIOR CC	V63	00:22:15	2
10	33	Duncan FULLER	LEWES WANDERERS	V40	00:22:15	14
12	25	Ian CHEESMAN	WORTHING EXCELSIOR CC	V46	00:22:30	12
13	16	Martin BOOKER	WORTHING EXCELSIOR CC	V47	00:22:41	13
14	30	Colin BARTON	WORTHING EXCELSIOR CC	V54	00:22:42	10
15	4	Schaeff POTTER	WORTHING EXCELSIOR CC	J	00:23:10	
16	32	Rob CHARLES	BLAZING SADDLES	V49	00:23:16	15
17	12	Emma CRADDOCK	SOUTHDOWNS BIKES/CASCO	WV40	00:23:24	8
18	6	Chris PUTNAM	WORTHING EXCELSIOR CC	V50	00:23:39	17
19	5	Robert DOWNHAM	WORTHING EXCELSIOR CC	V47	00:23:57	18
19	24	Sally BALDWIN	GS STELLA	WS	00:23:57	
21	23	Allan SMITH	PRIVATE ENTRY	S	00:24:05	
22	18	Phil FREAN	WORTHING EXCELSIOR CC	V60	00:24:19	16
23	11	Allan ORMAN	WORTHING EXCELSIOR CC	V69	00:24:36	11
24	20	Stuart JAGO	GS STELLA	V59	00:25:09	19
25	1	Bruce SAMUEL	SOUTHDOWNS BIKES/CASCO	V48	00:25:43	22
26	9	Nicole PATTERSON-LETT	WORTHING EXCELSIOR CC	WV42	00:26:00	20
27	35	Andrew LOCK	WORTHING EXCELSIOR CC	V48	00:26:16	24
28	27	Paul HANRATTY	LEWES WANDERERS	V54	00:26:39	23
29	31	Simon TOPPIN	WORTHING EXCELSIOR CC	S	00:26:57	
30	21	Chris BRAMLEY	WORTHING EXCELSIOR CC	V57	00:27:27	25
31	2	Rome BHAMRA	WORTHING EXCELSIOR CC	V48	00:27:33	27
32	10	Colin MILLER	WORTHING EXCELSIOR CC	V68	00:29:28	26
33	34	Elaine SCOTT	BRIGHTON EXCELSIOR	WV66	00:29:34	21
34	28	George VARGHA	STEYNING AC	V73	00:32:09	28
	7	Simon ATKINSON	WORTHING EXCELSIOR CC	V41	DNF	



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Event Secretary

Phil Frean

Very Grateful Thanks To:

Timekeeper (start):	Paul Toppin
Timekeeper (finish):	Nathan Gale
Recorder:	Paul Townsley
Start Marshal:	Carey McLaughlin
Course Marshals:	Mark Newnham (Findon), Darron Muggeridge (Ashington)
Catering:	Bernie Skinner
Signage:	Mike O'Gorman/Phil Frean
Results Service	Mike O'Gorman



Worthing Excelsior Cycling Club



EVENING 10 SERIES – SCRATCH – COMPETITION UPDATE WEEK 15

	Name	Rides	Best 6	Rides	Projected 6	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
1	Guy SMITH	12	6			8	7	2	2		3	1	1		1	1	1	1		1		
2	Simon ATKINSON	7	7			1	1	1	1		1	3			2							
3	Mike O'GORMAN	13	11			2	2	4	3		2	2	2	1	3	2	2	3		4		
4	Trevor LEEDING	11	15			3		3	3			4	3		4	3	4	2	1	3		
5	Rick HUGHES	13	20			6	6	7	5			6	5	3	5	5	5	3	2	2		
6	Mark NEWNHAM	10	23			4	3	5			5	5	4		10	4	3	8				
7	Ian CHEESMAN	6	28								6			2	7			5	3	5		
7	Martin BOOKER	12	28			5	4	6			4	8	6		5	7	6	6	4	6		
9	Andy HASTE	10	38			7	8	9	8		7	9		4		6	7	7				
10	Darron MUGGERIDGE	6	43				5					7	7		8	8	8					
11	Colin BARTON	9	44				9	8	7		8			5	9	9		9		7		
12	Chris PUTNAM	14	49			10	11	11	10		10	11	9	6	13	10	9	10	6	9		
13	Schaeff POTTER	8	50			11					10		10	7	11		10		5	8		
14	Allan ORMAN	7	67					12				13			14		11	11	8	12		
14	Robert DOWNHAM	8	67			12	12		11			12	11		12	11				10		
16	Andrew LOCK	9	70								14	15	12	10		16	13	12	9	14		
17	Phil YOUNG	7	71			13	14				12			9		14	12		11			
18	Rome BHAMRA	6	76				16				13			8		12			10	17		
19	Simon TOPPIN	6	87				15				15	14			15			13		15		
20	Graeme GILL	6	89						13			17	13			18	15		13			
21	Chris BRAMLEY	8	92									19	15		17	17	17	15	12	16		
22	Joan LENNON	6	95									18	14	11	18		18	16				



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EVENING 10 SERIES – SCRATCH – COMPETITION UPDATE WEEK 15
(RIDERS WHO HAVE NOT COMPLETED 6 RIDES)

Name	Rides	Best 6	Rides	Projected 6	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Nolan HEATHER			5	51.6				10	6	9	10	8									
Jeremy WOOTTON			1	54.0				9													
Phil FREAN			4	55.5	9	10												7	11		
Jeff BLUNSDON			1	78.0		13															
Steve FEEST			1	78.0												13					
Marten MATTHEWS			2	84.0				12		16											
Nicole PATTERSON-LETT			4	84.0											15	14	14		13		
Ben TOOVEY			1	96.0							16										
Colin MILLER			5	99.6			13							17	19	16			18		

EVENING 10 SERIES – VETERANS ON STANDARD – COMPETITION UPDATE WEEK 15

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