



# Worthing Excelsior Cycling Club



EVENING 10 SERIES - No 13 (G10/98)

Thursday 9<sup>th</sup> July 2015

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

## Report

A strange night where a deceptively strong wind, traffic conditions and the fitness of some riders caused some surprising results and a considerable variation in fortunes. Two riders in particular produced stand-out performances and a big well done to them in the circumstance

Guy Smith was clearly feeling the effects of a major 185 mile ride at the weekend and got nowhere near his record breaking ride of last week. Nevertheless his time of 21:18 was still faster than anyone else has managed this season and nailed him yet another first place. He now has the optimum score of 6 in the series competition and this moves him a single point ahead of Simon Atkinson. Guy's aggregate times for his six wins is 2:06:11 (average 21:02), whilst Simon's aggregate times for his five wins is 1:48:52 (average 21:46). This means that for Simon to move ahead of Guy he would have to get another win in a time of 17:18 (which would be impressive!).

Trevor Leeding produced an absolute flyer as he bucked the trend for the evening and demonstrated his current hot streak of form. His 21:34 was his fastest of the season by some margin and was not that far behind Guy. This easily placed him second, well clear of the remainder of the field.

Remarkably a mere 16 seconds separated the next 7 riders as they all finished with a long 22.

Of these riders Rick Hughes will have been well pleased to have equalled his best placing of the season as a time of 22:39 gained him 3<sup>rd</sup> equal place. Another satisfied rider would be Andy Haste as he did extremely well in the conditions to shave another 6 seconds off his recent personal best, now down to 22:51. Ian Cheesman, on his continuing return, managed to record his best time of the season with a 22:42.

Others found it much tougher. Mark Newnham fell back by over a minute from his personal best set last week. Mike O'Gorman recorded his slowest time of the season (22:39) as he was about a minute down on usual, although perhaps unsurprising since he is still looking to recover from the injuries sustained at the weekend in the SCA 50.

Nicole Patterson-Lett won the ladies battle with Joan Lennon. Will she get the extra three rides to be in with a chance of the ladies title for the season?

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Phil Allen of South Downs Bikes/Casco was tonight's fast man with 20:55, although he too said that he found it difficult this evening.

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## WECC riders in Open Time Trials

### Sunday 5<sup>th</sup> July

At this weekend's Sussex 50 mile time trial championships Worthing Excelsior gained both team and individual honours in truly dreadful weather and flooded roads.

This season Trevor Leeding has been determinedly following a training plan designed to help him peak for 50 mile events and clearly this is paying dividends. Last weekend he rode the fastest 50 by an Excelsior rider this season (1:55:27) in the Hampshire Road Club event. He has now, given the nature of the course and the weather conditions, followed that up with a truly excellent 2:01:53. Two more 50's are scheduled for the next few weeks.

Despite being knocked to the ground by an inattentive motorist Mike O'Gorman managed to remount and finally recorded a 2:05:44. If it had not been a BAR qualifying event then Mike would have packed there and then due to the injuries and damage sustained. The incident occurred immediately after turning left at Washington roundabout towards Steyning. The car that Mike had followed out of the roundabout stopped abruptly and without warning in the middle of the road as the driver who was lost decided that he would take the opportunity to ask the race marshals for directions. His resultant time, considerably slower than on this course last week, did however win him the county veterans' 50 title by a mere 7 seconds and also clinched the county veterans' Best All Rounder title for events at 10, 25 and 50 miles. It also leaves him still in the running for the Best All Rounder title for events at 25, 50 and 100 miles.

Third man Rick Hughes did very well to finish in 2:09:53. He too has now suffered the sheer unpleasantness and hazards of the weather on both the SCA 25 and the SCA 50. Certainly nobody enjoyed the experience very much. Rick did have a sort of satisfaction in that one of his wheels was faster than any of our riders. Don Lock, who was supporting the team, lent Rick's spare front wheel to Simon McNamara as he had punctured just 5 miles from the finish.

The aggregate times of the three riders was good enough to give Excelsior the county team title, beating second placed Bec CC (not an SCA affiliated club) by almost 10 minutes.

### **This coming weekend**

On Saturday Mike O’Gorman and Colin Barton are on the start list for the Crawley Wheelers 10 at Broadbridge Heath on G10/57.

On Monday evening it is the return of the hugely popular and heavily over-subscribed a3crg Middle Markers 25 on the A3 near Liss. Our riders are Ian Cheesman, Rick Hughes, Mark Newnham and Mike O’Gorman. Second claim rider Dom Maxwell is also in the starting line up. Commiserations to Martin Booker who failed to qualify. It’s a bit of a Catch 22 situation because this is the sort of event that you need to ride in to get a quick enough time to qualify to ride in it! The Team Axiom event is always a good opportunity to do this.



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## Scratch Classification

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	WECC Points
1	3	Guy SMITH	WORTHING EXCELSIOR CC	V50	00:21:18	1
2	18	Trevor LEEDING	WORTHING EXCELSIOR CC	V49	00:21:34	2
3	12	Mike O'GORMAN	WORTHING EXCELSIOR CC	V63	00:22:39	3
3	22	Rick HUGHES	WORTHING EXCELSIOR CC	V52	00:22:39	3
5	20	Ian CHEESMAN	WORTHING EXCELSIOR CC	V46	00:22:42	5
6	10	Martin BOOKER	WORTHING EXCELSIOR CC	V46	00:22:47	6
7	11	Andy HASTE	WORTHING EXCELSIOR CC	V44	00:22:51	7
8	5	Mark NEWNHAM	WORTHING EXCELSIOR CC	S	00:22:56	8
9	7	Colin BARTON	WORTHING EXCELSIOR CC	V54	00:22:57	9
10	9	Chris PUTNAM	WORTHING EXCELSIOR CC	V50	00:23:34	10
11	2	Allan ORMAN	WORTHING EXCELSIOR CC	V69	00:24:58	11
12	35	Andrew LOCK	WORTHING EXCELSIOR CC	V48	00:25:39	12
13	13	Simon TOPPIN	WORTHING EXCELSIOR CC	S	00:26:43	13
14	4	Nicole PATTERSON-LETT	WORTHING EXCELSIOR CC	WV42	00:26:48	14
15	14	Chris BRAMLEY	WORTHING EXCELSIOR CC	V57	00:28:12	15
16	1	Joan LENNON	WORTHING EXCELSIOR CC	WV58	00:28:52	16
	6	Ben TOOVEY	WORTHING EXCELSIOR CC	V46	DNS	



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## Scratch Classification Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time
23	Phil ALLEN	SOUTHDOWN'S BIKES/CASCO	S	00:20:55
17	Richard WEATHERSTONE	GS STELLA	V48	00:21:34
37	Marcus EDWARDS	KINGSTON PHOENIX ROAD CLUB	V51	00:21:34
27	Dominic MAXWELL	SUSSEX REVOLUTION VC	V42	00:21:36
30	John-Paul BROPHY	EASTBOURNE ROVERS CC	V40	00:21:49
33	Adrian CANSFIELD	SOUTHDOWN'S BIKES/CASCO	V43	00:22:54
26	Rob CHARLES	BLAZING SADDLES	V49	00:23:14
36	Tom HOUGHTON	BRIGHTON EXCELSIOR	V43	00:23:25
19	Bruce ENGLISH	EASTBOURNE ROVERS CC	V50	00:23:33
8	Stuart KIRKHAM	LEWES WANDERERS	V57	00:23:43
24	Emma CRADDOCK	SOUTHDOWN'S BIKES/CASCO	WV40	00:23:50
34	Ade FADERO	SUSSEX NOMADS	V53	00:23:54
16	Ian NEWBOLD	EASTBOURNE ROVERS CC	V42	00:23:56
32	Tamar VANDERHAAS	LEWES WANDERERS	WS	00:24:04
21	Kevin BURTON	EASTBOURNE ROVERS CC	V59	00:24:20
29	Alex TAYLOR	SOUTHDOWN'S BIKES/CASCO	S	00:24:49
15	Stuart JAGO	GS STELLA	V59	00:25:35
25	Stephen HITCHCOCK	BRIGHTON MITRE	V44	00:26:10
28	Sam DIX	IN-GEAR QUICKVIT TRAINSHARP	V44	DNF
31	Marc TOWNSEND	NEON VELO	S	DNF



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## Fastest Veteran on Standard

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
1	3	Guy SMITH	WORTHING EXCELSIOR CC	V50	00:21:18	00:26:45	+05:27
2	12	Mike O'GORMAN	WORTHING EXCELSIOR CC	V63	00:22:39	00:27:59	+05:20
3	18	Trevor LEEDING	WORTHING EXCELSIOR CC	V49	00:21:34	00:26:41	+05:07
4	22	Rick HUGHES	WORTHING EXCELSIOR CC	V52	00:22:39	00:26:54	+04:15
5	7	Colin BARTON	WORTHING EXCELSIOR CC	V54	00:22:57	00:27:04	+04:07
6	2	Allan ORMAN	WORTHING EXCELSIOR CC	V69	00:24:58	00:28:52	+03:54
7	20	Ian CHEESMAN	WORTHING EXCELSIOR CC	V46	00:22:42	00:26:27	+03:45
8	10	Martin BOOKER	WORTHING EXCELSIOR CC	V46	00:22:47	00:26:27	+03:40
9	11	Andy HASTE	WORTHING EXCELSIOR CC	V44	00:22:51	00:26:18	+03:27
10	9	Chris PUTNAM	WORTHING EXCELSIOR CC	V50	00:23:34	00:26:45	+03:11
11	4	Nicole PATTERSON-LETT	WORTHING EXCELSIOR CC	WV42	00:26:48	00:28:13	+01:25
12	35	Andrew LOCK	WORTHING EXCELSIOR CC	V48	00:25:39	00:26:36	+00:57
13	1	Joan LENNON	WORTHING EXCELSIOR CC	WV58	00:28:52	00:29:38	+00:46
14	14	Chris BRAMLEY	WORTHING EXCELSIOR CC	V57	00:28:12	00:27:20	-00:52
	6	Ben TOOVEY	WORTHING EXCELSIOR CC	V46	DNS	00:26:27	



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## Fastest Veteran on Standard Private Entries

Rider No	Name	Club	Cat/ Age	Actual Time	VTTA Std	Vet +/-
37	Marcus EDWARDS	KINGSTON PHOENIX ROAD CLUB	V51	00:21:34	00:26:50	+05:16
17	Richard WEATHERSTONE	GS STELLA	V48	00:21:34	00:26:36	+05:02
27	Dominic MAXWELL	SUSSEX REVOLUTION VC	V42	00:21:36	00:26:09	+04:33
24	Emma CRADDOCK	SOUTHDOWN'S BIKES/CASCO	WV40	00:23:50	00:28:02	+04:12
30	John-Paul BROPHY	EASTBOURNE ROVERS CC	V40	00:21:49	00:25:59	+04:10
8	Stuart KIRKHAM	LEWES WANDERERS	V57	00:23:43	00:27:20	+03:37
26	Rob CHARLES	BLAZING SADDLES	V49	00:23:14	00:26:41	+03:27
33	Adrian CANSFIELD	SOUTHDOWN'S BIKES/CASCO	V43	00:22:54	00:26:13	+03:19
19	Bruce ENGLISH	EASTBOURNE ROVERS CC	V50	00:23:33	00:26:45	+03:12
21	Kevin BURTON	EASTBOURNE ROVERS CC	V59	00:24:20	00:27:32	+03:12
34	Ade FADERO	SUSSEX NOMADS	V53	00:23:54	00:26:59	+03:05
36	Tom HOUGHTON	BRIGHTON EXCELSIOR	V43	00:23:25	00:26:13	+02:48
16	Ian NEWBOLD	EASTBOURNE ROVERS CC	V42	00:23:56	00:26:09	+02:13
15	Stuart JAGO	GS STELLA	V59	00:25:35	00:27:32	+01:57
25	Stephen HITCHCOCK	BRIGHTON MITRE	V44	00:26:10	00:26:18	+00:08
28	Sam DIX	IN-GEAR QUICKVIT TRAINSHARP	V44	DNF	00:26:18	



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## Combined Results

Overall Position	Rider No	Name	Club	Cat/ Age	Actual Time	Position on Std
1	23	Phil ALLEN	SOUTHDOWNS BIKES/CASCO	S	00:20:55	
2	3	Guy SMITH	WORTHING EXCELSIOR CC	V50	00:21:18	1
3	17	Richard WEATHERSTONE	GS STELLA	V48	00:21:34	5
3	18	Trevor LEEDING	WORTHING EXCELSIOR CC	V49	00:21:34	4
3	37	Marcus EDWARDS	KINGSTON PHOENIX ROAD CLUB	V51	00:21:34	3
6	27	Dominic MAXWELL	SUSSEX REVOLUTION VC	V42	00:21:36	6
7	30	John-Paul BROPHY	EASTBOURNE ROVERS CC	V40	00:21:49	9
8	12	Mike O'GORMAN	WORTHING EXCELSIOR CC	V63	00:22:39	2
8	22	Rick HUGHES	WORTHING EXCELSIOR CC	V52	00:22:39	7
10	20	Ian CHEESMAN	WORTHING EXCELSIOR CC	V46	00:22:42	12
11	10	Martin BOOKER	WORTHING EXCELSIOR CC	V46	00:22:47	13
12	11	Andy HASTE	WORTHING EXCELSIOR CC	V44	00:22:51	15
13	33	Adrian CANSFIELD	SOUTHDOWNS BIKES/CASCO	V43	00:22:54	17
14	5	Mark NEWNHAM	WORTHING EXCELSIOR CC	S	00:22:56	
15	7	Colin BARTON	WORTHING EXCELSIOR CC	V54	00:22:57	10
16	26	Rob CHARLES	BLAZING SADDLES	V49	00:23:14	15
17	36	Tom HOUGHTON	BRIGHTON EXCELSIOR	V43	00:23:25	22
18	19	Bruce ENGLISH	EASTBOURNE ROVERS CC	V50	00:23:33	18
19	9	Chris PUTNAM	WORTHING EXCELSIOR CC	V50	00:23:34	20
20	8	Stuart KIRKHAM	LEWES WANDERERS	V57	00:23:43	14
21	24	Emma CRADDOCK	SOUTHDOWNS BIKES/CASCO	WV40	00:23:50	8
22	34	Ade FADERO	SUSSEX NOMADS	V53	00:23:54	21
23	16	Ian NEWBOLD	EASTBOURNE ROVERS CC	V42	00:23:56	23
24	32	Tamar VANDERHAAS	LEWES WANDERERS	WS	00:24:04	
25	21	Kevin BURTON	EASTBOURNE ROVERS CC	V59	00:24:20	18
26	29	Alex TAYLOR	SOUTHDOWNS BIKES/CASCO	S	00:24:49	
27	2	Allan ORMAN	WORTHING EXCELSIOR CC	V69	00:24:58	11
28	15	Stuart JAGO	GS STELLA	V59	00:25:35	24
29	35	Andrew LOCK	WORTHING EXCELSIOR CC	V48	00:25:39	26
30	25	Stephen HITCHCOCK	BRIGHTON MITRE	V44	00:26:10	28
31	13	Simon TOPPIN	WORTHING EXCELSIOR CC	S	00:26:43	
32	4	Nicole PATTERSON-LETT	WORTHING EXCELSIOR CC	WV42	00:26:48	25
33	14	Chris BRAMLEY	WORTHING EXCELSIOR CC	V57	00:28:12	29
34	1	Joan LENNON	WORTHING EXCELSIOR CC	WV58	00:28:52	27
	6	Ben TOOVEY	WORTHING EXCELSIOR CC	V46	DNS	
	28	Sam DIX	IN-GEAR QUICKVIT TRAINSHARP	V44	DNF	
	31	Marc TOWNSEND	NEON VELO	S	DNF	



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## Event Secretary

Phil Frean

## Very Grateful Thanks To:

Timekeeper (start):	Don Lock ( <i>emergency replacement for Keith Dodman who failed to show up</i> )
Timekeeper (finish):	Mick Irons
Recorder:	Adrian Palmer ( <i>emergency replacement for Phil Young who failed to show up</i> )
Start Marshal:	Simon Atkinson
Course Marshals:	Schaeff Potter (Findon), Jeff Blunsdon (Ashington)
Catering:	Bernie Skinner
Signage:	Mike O'Gorman/Phil Frean
Results Service	Mike O'Gorman



# Worthing Excelsior Cycling Club



EVENING 10 SERIES – SCRATCH – COMPETITION UPDATE WEEK 13

	Name	Rides	Best 6	Rides	Projected 6	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
1	Guy SMITH	11	6			8	7	2	2		3	1	1		1	1	1	1				
2	Simon ATKINSON	7	7			1	1	1	1		1	3			2							
3	Mike O'GORMAN	12	11			2	2	4	3		2	2	2	1	3	2	2	3				
4	Trevor LEEDING	9	17			3		3	3			4	3		4	3	4	2				
5	Mark NEWNHAM	10	23			4	3	5			5	5	4		10	4	3	8				
6	Rick HUGHES	11	26			6	6	7	5			6	5	3	5	5	5	3				
7	Martin BOOKER	10	30			5	4	6			4	8	6		5	7	6	6				
8	Andy HASTE	10	38			7	8	9	8		7	9		4		6	7	7				
9	Darron MUGGERIDGE	6	43				5					7	7		8	8	8					
10	Colin BARTON	8	46				9	8	7		8			5	9	9		9				
11	Chris PUTNAM	12	54			10	11	11	10		10	11	9	6	13	10	9	10				
12	Schaeff POTTER	6	59			11					10		10	7	11		10					
13	Robert DOWNHAM	7	69			12	12		11			12	11		12	11						
14	Phil YOUNG	6	74			13	14				12			9		14	12					
15	Andrew LOCK	7	76								14	15	12	10		16	13	12				
16	Joan LENNON	6	95									18	14	11	18		18	16				
17	Chris BRAMLEY	6	100									19	15		17	17	17	15				



# Worthing Excelsior Cycling Club



EVENING 10 SERIES – SCRATCH – COMPETITION UPDATE WEEK 13  
(RIDERS WHO HAVE NOT COMPLETED 6 RIDES)

Name	Rides	Best 6	Rides	Projected 6	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Ian CHEESMAN			4	30.0						6			2	7			5				
Nolan HEATHER			5	51.6			10	6		9	10	8									
Jeremy WOOTTON			1	54.0				9													
Phil FREAN			2	57.0	9	10															
Allan ORMAN			5	73.2			12				13			14		11	11				
Rome BHAMRA			4	73.5		16				13			8		12						
Jeff BLUNSDON			1	78.0		13															
Steve FEEST			1	78.0											13						
Marten MATTHEWS			2	84.0				12		16											
Nicole PATTERSON-LETT			3	86.0											15	14	14				
Simon TOPPIN			5	86.4		15				15	14			15			13				
Graeme GILL			5	91.2				13			17	13			18	15					
Ben TOOVEY			1	96.0							16										
Colin MILLER			4	97.5			13							17	19	16					

EVENING 10 SERIES – VETERANS ON STANDARD – COMPETITION UPDATE WEEK 13

[illegible]