

FOUNDED 1887

JUNE 2005

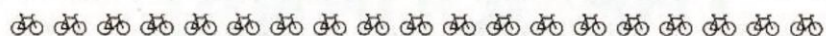
THE JOURNAL OF



THE WORTHING WHEEL

WORTHING EXCELSIOR CYCLING CLUB

Clubroom: Broadwater Parish Rooms
Broadwater Green, Worthing
Meeting every Tuesday 7.30 – 10.00p.m



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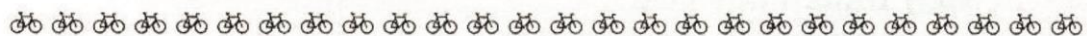
KEITH DODMAN

You know that Keith's not just a crossword fan. In the past he's been one of our fastest riders. The first WECC man to get under 2 hours for 50 miles we think, and he didn't just duck under he hurtled under to 1:53 something.

So he hasn't raced for a long while now and perhaps 1.53 is past his current potential, but we are hopeful of a comeback.

We can report that Keith was the first to order his new skin suit and you don't use those for touring now do you?

We can also report that Keith is off on a kind of round Britain tour for a couple of months. Just casually mentioned 'Bristol' 'Southern Ireland' 'Liverpool' 'Scotland' 'Yorkshire' and 'Lincolnshire'. Could he intend some late season racing? He used to do very well in Club Hardrider's Events! Watch this space!



NOW AN APPEAL FROM OUR TIME TRIAL SECRETARY

The Inter-Club 25 between ourselves, Bognor Regis CC, Hants RC and Rother Valley CC is this year on the favoured (fast) Bognor course on Sunday 21st August and it's really important that we field every possible rider and include our fastest. We are going to be pushed to retain our hold on the Clonmore Trophy. Of our winning six riders last year we have lost four. So make a note of the date and let Mel have your entry form in plenty of time. Oh yes! And fine tune the speed.

As handicapper of most of the Club events I've picked who I feel would compose our best 10 at this time, and we certainly need all of you:- Jeremy Wootton, Karl Robertson, Mel Robertson, Robin Fairhurst, Steve Trott, Jon Rogers, Adrian Rogers, Don Lock, Chris Bacon, Gavin Bayliss.

But we also need, and they can prove me wrong about the 'Top Ten' :- Nick Attaway, Colin Miller, Ted Wixon, Pete Eldridge, Robert Downham, David Bowen, Diana Trafford, Pete Weston, Mike Poland, and others who at this time have not shown 2005 performances.

ESCA 25 – 24/4 on A22

Mel Roberton 1.2.50

Don Lock 1.4.51

Don made 2nd on Standard +16.26. That man Peter Tadros 'In Gear RT' won again, went past Don like the proverbial 'dose of salts' caught him 3 minutes in 7 miles! Mel had a good minute man to chase in super-vet Harry Featherstone of Eastbourne. He got tantalisingly close, just 8 seconds behind him on the line!

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### **TANDEM**

Jeremy Wootton and John Limpus 25 miles in 53.12. to win Bournemouth Jubilee event. This is the third win they have enjoyed with the Brighton Mitre at the end of last season and the Border CA 20 mile in early March this year.

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DINNER DANCE PARTY & PRIZE PRESENTATION

Date: 11th November 2005

Venue: Worthing Rugby Club, Roundstone Lane, Angmering

Time: 7 for 7.30pm

Price: £20.

Please support this, our big Annual 'Do'. It has been very successful over the past few years and this year particularly we need everyone to come and, indeed, bring your friends. Contact Don your Social Secretary to confirm Names and Numbers as soon as you like. The price is subsidised by the Club so you have already contributed. Don't miss it!

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### **PORTSMOUTH NORTH END 25 15<sup>th</sup> May**

Our Ed managed 3<sup>rd</sup> place on Veteran's standard and picked up £15 towards his pension. He asked us not to mention his time. 1hr 7mins 00 secs is the slowest he's done for years!

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A 'DEAR JOHN' LETTER

Dear Jon Rodgers, Sorry we dropped the 'D' in our last edition. We were so careful not to include an 'H', and we have been known to drop our 'H's sometimes, that we messed up on the surname!

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## **AUCTION OF CYCLING 'STUFF'**

**Date: Tuesday 27<sup>th</sup> September 2005**

**Venue: Clubroom**

**Time: 8.00pm Prompt start**

**Auctioneer: Andrew Lock**

Please let me have your contributions now. I'm usually in the Clubroom or ring me. An important Fund Raiser and a fun evening. Please support it.

Don

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CLUB 25 1st MAY

This event was the first on the new course (officially G25/95).

Here's where it went. Start in Billingshurst Road about 2 miles north west of Ashington. Go south east under A24 – south to Washington, east to Buncton, north and out through Hole Street to A24 – round again through Washington, but this time go east to Steyning where go north via Ashurst and Partridge Green to A24 at West Grinstead. Finally retrace to Ashington where under A24 and 2 miles west on Billingshurst Road to finish a few yards beyond start. "You're sure that's not a '50' course" (To quote Jeremy Wootton)

Here's how it went. Weather 9 out of 10. Can't give it more because 10 out of 10 is Force 10 tail wind all the way, but pretty good. Warm, only a slight breeze, and dry and bright. The headquarters/parking area is particularly good, using the old A24, now a half mile dead end, just off the north Ashington roundabout. A comfortable 2 miles from start and finish.

There was an official club entry of 13 with one DNS, but nine

guests made a much better event. Robin Johnson of Brighton Mitre, who had been involved with Tony Palmer on the final design of the course was hoping perhaps to set a course record and requested to start No 1. His hopes though were dashed by the flying Mel Robertson who tore round in 1 hour 1 minute and 51 seconds, passing Robin on the way. But as to course record, Mel's hold on this was short lived – Tristan Devanne (works with Tony Palmer – belongs to Essex club Elite CC) made Mel's worthy effort look rather sedate. Overtaking Jeremy Wootton (2 minutes) and Karl Robertson (5 minutes) he was back to the timekeeper in an astounding 56 minutes 48 seconds.

So Club 25 mile Champion for 2005 and the winner of the Clapshaw Trophy for best on Handicap, yes he won that as well, is Mel Robertson. Well Done Sir! Now let's hope we can find out where the Trophies are. Mark Hubbard is supposed to be emigrating and we don't really want to have to get them back from the USA. Enquiries are continuing with TM Racing.

RESULT OF CLUB 25 MILE CHAMPS & CLAPSHAW H'CAP

<u>Pos</u>	<u>Name</u>	<u>Actual</u>	<u>H'Cap</u>	<u>H'Cap Time</u>
1.	Mel Robertson	1.01.51	1.00	1.00.51
2.	Jeremy Wootton	1.02.38	Scr	1.02.38
3.	Karl Robertson	1.03.54	1.15	1.02.39
4.	Don Lock	1.06.36	3.40	1.02.56
5.	Jon Rodgers	1.08.01	4.00	1.04.01
6.	Robert Downham	1.11.26	5.30	1.05.56
7.	Paul Major	1.12.45	8.00	1.04.45
8.	Pete Eldridge	1.16.12	15.00	1.01.12
9.	Diana Trafford	1.16.50	15.30	1.01.20
10.	Ted Wixon	1.18.59	12.00	1.06.59
11.	Pete Weston	1.23.08	20.00	1.03.08
12.	Mike Poland	1.31.31	26.00	1.05.31

AWARDS : CHAMPIONSHIP

1st : Mel Robertson 2nd : Jeremy Wootton 3rd : Karl Robertson

CLAPSHAW : H'Cap : 1st : Mel Robertson 2nd : Pete Eldridge
3rd : Diana Trafford

Good to see Chris Bacon riding, obviously still fit and clearly could be fast again. He rode a private trial and recorded a short '6'.

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### **EVENING 10m. No 2 in Series – 5<sup>th</sup> May. Washington**

| <u>Pos</u> | <u>Name</u>    | <u>Actual Time</u> |
|------------|----------------|--------------------|
| 1.         | Karl Robertson | 23.15              |
| 2.         | Don Lock       | 24.36              |
| 3.         | Robert Downham | 25.51              |
| 4.         | Paul Major     | 25.57              |
| 5.         | Joseph Saville | 26.15              |
| 6.         | Colin Miller   | 26.44              |
| 7.         | Diana Trafford | 27.27              |
| 8.         | Chris Clinch   | 28.13              |
| 9.         | Pete Eldridge  | 29.01              |
| 10.        | Ted Wixon      | 29.09              |
| 11.        | Pete Weston    | 30.35              |

Only 9 entries was improved by having 13 guest rides. Chris Clinch, a new member made a promising debut ride. Event No 1 was cancelled due to dangerous conditions.

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NEW MEMBERS

Welcome back Gavin Bayliss. Always strong but of recent times it appears has devoted his energies to running the odd marathon along the South Downs or half marathons where it is rumoured he takes his Jack Russell Terrier with him. As someone remarked ' the dog probably started out as a Greyhound!' Anyway if we have Gavin back on two wheels watch out he doesn't wait about!

Chris Clinch works with Tony Palmer and threw himself into

an Evening 10 with enthusiasm. You will see his effort in result of Event 2, 5th May. Hopefully you will see more as other results are included in the Mag.

Good to have you both along.

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### **TOURIST TRIAL**

It is down in the Runs List for Saturday 1<sup>st</sup> October. Put it in your Diary. Start Washington, easy ride of up to 35 miles. Nothing complicated, mid point refreshments included. Finish at Pub for lunch, more details nearer the time. Let's have a good entry this year. No fees involved. No licences required!

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INSURANCE ARRANGEMENTS

It has been made clear to 'Worthing Wheel' that a decision to drop existing cover in favour of that available through the CTC has not yet been taken.

Sorry, but we will try to keep you posted on this. The reporter we sent to the meeting is deaf as a post, and even with two hearing aids got it wrong. We'll get rid of him as soon as we can get someone else!

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### **EVENING 10m. No 3 in Series – 12<sup>th</sup> May Washington**

Only 11 Club riders, the others presumably deterred by the strong north easterly. Only Jeremy ducked inside 25mph. Good to see Gavin back – watch this time come down. Fastest of the 13 private time trials was R.Lyne of CS Bristol with 22.10. Is this what's known as 'Bristol fashion'?

| <u>Pos</u> | <u>Name</u>    | <u>Actual Time</u> |
|------------|----------------|--------------------|
| 1.         | Jeremy Wootton | 23.40              |
| 2.         | Karl Robertson | 24.18              |



(cont)

|     |                 |       |
|-----|-----------------|-------|
| 3.  | Don Lock        | 25.27 |
| 4.  | Gavin Bayliss   | 25.57 |
| 5.  | Robert Downham  | 26.47 |
| 6.  | Colin Miller    | 27.31 |
| 7.  | Paul Major      | 27.54 |
| 8.  | Joseph Saville  | 28.38 |
| 9.  | Diana Trafford  | 29.10 |
| 10. | Pete Eldridge   | 29.29 |
| 11. | Marten Matthews | 31.57 |

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EVENING 10m. No 4 in Series - 19th May

Robert Downham smashed the opposition to achieve his first ever winwell, not exactly. In fact he was the only taker on a lousy windswept and wet evening. It was run because it was safe – just – and we had some guests from Crawley and Horsham who wanted a ride.

FULL RESULT!

1 st	Robert Downham	26.01
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### **SCRAPBOOKS**

Over the past years, Roger Smallman has compiled a number of scrapbooks. These contain newspaper and magazine cuttings, cartoons, photographs etc, all concerning cycling in some form or another. He would be pleased to lend them to anyone interested in looking through them.

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ATTENTION ALL YOU HARDRIDERS if you are gearing yourself for the Club Hardriders Championship in September please note **NEW DATE : 11th SEPTEMBER**

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## **RAY DOUGLASS OPEN 25**

A great event resting comfortably in the hands of Robert Downham, saw 155 entries (a record) and the first 13 under the hour. Leon Wright Sigma Sport RT won in a time of 55.22 so not an ultra fast morning. Young veterans Steve Dennis, East Grinstead and Mike Coyle VC Etoile ran him close with times of 55.32 and 55.45. Mike Coyle also leading VC Etoile to a team win.

With most of our members involved in some way in the promotion we only had three riders. Peter Weston clocked 1.22.04, Colin Miller 1.12.07 and Mel Robertson (off number 1 so that he could get back to do the washing up!) 1.2.31.

It was a packed headquarters at the finish as there was a presentation made to Chris Watts for all the work she has done for cycling time trials in this area over very many years.

Lots of marshalls out on the course, help with the catering, and the results, meant an early morning for members, some not really involved in the competitive side of the sport. It is thanks to them that everything went off so well, but then that's what a Club is all about isn't it?

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CLOTHING

The Good News is we've received not only the first order but the second as well: great after being told that the second order would take 11 weeks! This means that all who placed orders for the new 'sponsor cleared' kit are now properly dressed. The bad news is that this leaves us with a limited stock and range of sizes/items. If you want something get in quick because a third order will take – 11 weeks, almost certainly. Contact Don Lock 01903 531877 or in the Clubroom on Tuesday evenings.

PRICES:	Road Jersey (short sleeve)	£32
	Training Top	£35
	Bib Shorts	£36
	Skin Suit (long sleeve)	£50
	Skin Suit (short sleeve)	£48
	Overshoes	£2
	Arm Warmers	£2

EVENING 10m. No 5 in Series – 26th May. Washington

A good evening, warm sunny and hardly a breeze. Fastest of the year so far came from Jeremy Wootton with 22.18.

There were 16 private entries to make a good evening's sport. Full result (Worthing times only).

<u>Pos</u>	<u>Name</u>	<u>Actual Time</u>
1.	Jeremy Wootton	22.18
2.	Karl Roberton	23.01
3.	Stephen Weber	25.16
4.	Robert Downham	25.45
5.	Colin Miller	25.58
6.	Paul Major	26.36
7.	Diana Trafford	27.49
8.	Pete Eldridge	28.02
9.	David Uncles	28.53
10.	Pete Weston	29.42

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## **SOUTH EASTERN ROAD CLUB 25**

Mel Roberton confirmed his good form with a fastest of the year so far – 1 hour 0 minutes and 44 seconds. It was far from easy and he must go under the hour on a good morning.

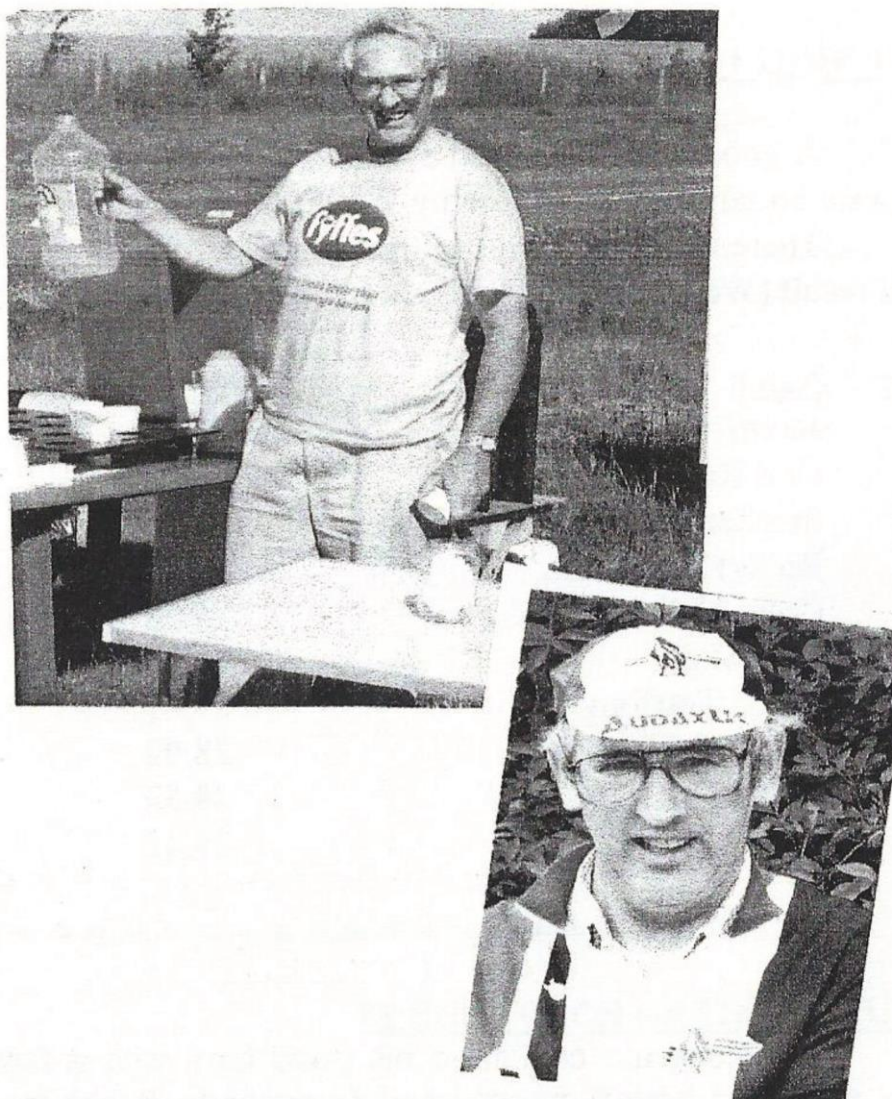
Karl Roberton recorded 1.2.53, Don Lock 1.6.49 picking up another veteran's standard award and Robert Downham finished in 1.10.26.

Ex-Tour de France star Sean Yates strolled round to win in 53 minutes 2 seconds!

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CONGRATULATIONS TO DAVE HUDSON

Dave, known throughout The UK Audaxing fraternity as 'El Supremo' has retired from promoting. Well, in about 15 years he's promoted everything from 100km to 1000km, and every one has been brilliant. No detail overlooked, no food overcooked and to top the lot



one never empty teapot. At the Audax prize presentation last November, Dave was awarded three trophies – a plaque of the ‘Order of the Full Teapot’, for catering services unsurpassed, a lovely montage of photos from Gourmet Audax events, and a Rosewood bowl fitted with a Campag chainring.

Well done Dave, these are presentations thoroughly deserved and we thank you, for most of those promotions were in the name of Worthing Excelsior and in that respect you did us proud.

Don't retire completely Dave, at least keep the pot warm!

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## EVENING 10m No 6 in Series – 2<sup>nd</sup> June Wiston

This course has accidents. There was another at Beeding Court this evening when Stephan Weber, distracted by a vehicle caught the kerb and crashed heavily. Fortunately he was able to ride back to the finish but had suffered some nasty bruises and abrasions. One day off work and a promise to be back for another go next week with hopefully no more head banging!

A poor entry this evening, supplemented by 8 guest rides.

| <u>Pos</u> | <u>Name</u>    | <u>Actual Time</u> |
|------------|----------------|--------------------|
| 1.         | Jeremy Wootton | 22.48              |
| 2.         | Karl Robertson | 23.17              |
| 3.         | David Uncles   | 25.12              |
| 4.         | Robert Downham | 26.42              |
| 5.         | Diana Trafford | 27.46              |
| 6.         | Pete Eldridge  | 28.40              |

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AGE STANDARDS

In case you didn't know it – or feel it! – from 40 you're a Veteran for time trials. There is a national body 'The Veteran's Time Trial Association' which you can join (very small fee) and they organise events specifically for Veterans – you don't have to be a member to ride but some awards are limited to members.

They also have 'Standard Distances/Times' giving everyone a time to aim at for 10, 25, 30, 50, 100 miles, 12 hours and 24 hours. For example for 10 miles if you are 40 your standard is 25m30sec, but with adjustments every year, at 50 your standard is 27m33sec. While there will be prizes for fastest riders on actual times, the standard award can be quite different. Fastest man may record 22 minutes exactly and as he's 40 he has a plus of 3.30 because that is the margin by which he beat his standard (25m30sec). But if the old timer of 70 years does a 28.00 he will have a plus of 4m15sec as his

standard is 32m15sec, and in the 'standard' competition he will be the winner.

Cycling Time Trials have published what they call 'Veterans Target Times' and these generally are a bit faster. A 40 year old has for 10 miles just 25 minutes and at 50 years 26m54sec. These have been calculated at every mile up to 50 and a promoter can opt to place his awards against these times if he feels they are better.

Anyone wanting details of the VTTA and all its many competitions can contact our Editor.

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### **BICYCLE CHOSEN AS A BEST INVENTION**

The humble bicycle has won a UK national survey of people's favourite inventions. Listener's to BBC Radio 4's 'You & Yours' programme were invited to vote in an online poll looking at the most significant innovations since 1800.

It was an easy victory for the bicycle which won more than half the vote. The transistor came 2<sup>nd</sup> with 8% of the vote, and the electro-magnetic induction ring – the means to harness electricity – came third.

Despite their ubiquity, computers gained just 6% of the vote and the internet trailed behind with only 4% of all votes cast. There were more than 4,500 votes cast in total.

People chose the bicycle for its simplicity of design, universal use, and because it is an ecologically sound means of transport.

Professor Wolff's praise of the bicycle (He nominated this technology) held the most sway with voters which will come as a disappointment to Lord Alec Broers, this years Reith lecturer who also expressed surprise at a similar survey result. It too ranked the bicycle above scientific breakthroughs such as electricity generation, the jet engine, and the discovery of DNA and the invention of vaccinations.

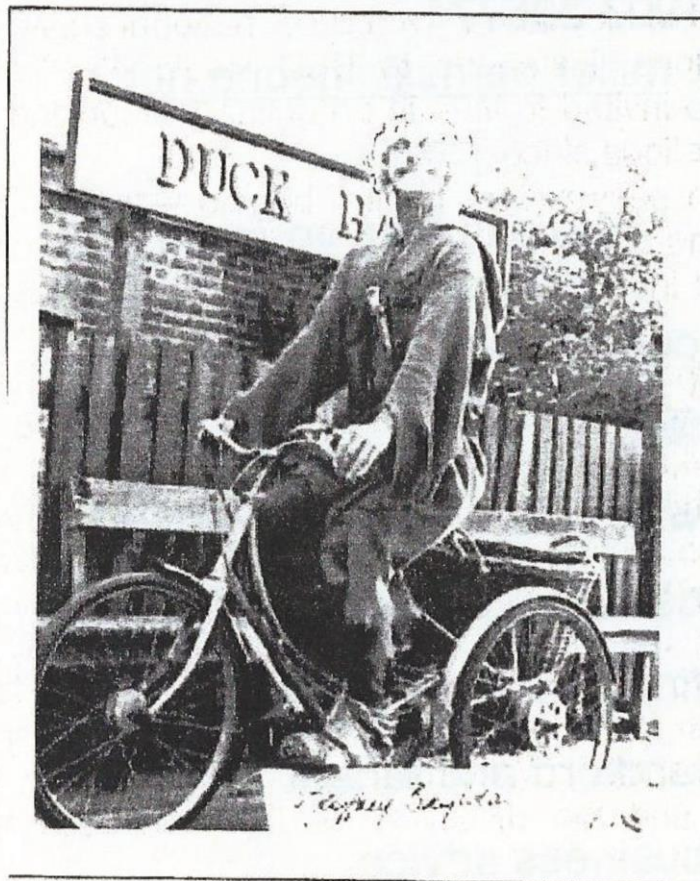
John Grant who provided this report from the BBC, denies that he was responsible for 4,400 votes!

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Mel Robertson asked us to include the advert below, which is serious. If you can help please phone Carol.

It's strange what some people get up to in their spare time isn't it!

TRIKE WANTED



**Trike, as in the above picture. Wanted
by the Catweazle Fan Club as a replica
of the one that was used in the series.
If you can help, please contact Carol
on 01903 230462**

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