

The Worthing Wheel



Autumn 2003

**Magazine of the Worthing Excelsior
Cycling Club**

Autumn 2003

Worthing Excelsior

Clubroom: Broadwater Parish Rooms

Meetings every Tuesday evening 7:30 to 10:00

Opinions expressed are those of the contributors,
and not necessarily of the club or its committee.

President	Tony Palmer: 23 Brentwood Crescent, Brighton Tel:- 01273 558597
Chairman	Alan Matthews: 20 Water Lane Angmering Tel:- 01903 784852
Secretary	Karl Roberton: 11 Bridge Road, Worthing Tel:- 01903 209433
Treasurer	Allan Langham: 38 Lenhurst Way, Worthing Tel:- 01903 263049
Road & Track Sec & Club Coach Club Events Sec	Vern McClelland: 31 Downland Road, Upper Beeding Tel:- 01903 814351 Mel Roberton: 30 Pines Avenue, Worthing Tel:- 01903 214489
Press Secretary	David Uncles. Amballa, Golden Acre, East Preston Tel:- 01903 786007
Magazine Editor	Ed Andrew: 1 Rowlands Court, Rowlands Rd, Worthing Tel:- 01903 218195
Club Runs	Tony Palmer: 23 Brentwood Crescent, Brighton Tel:- 01273 558597
Membership	Dave Abbott. 15 Longships, Littlehampton Tel:- 01903 722682
Social	Don Lock: 7 Welland Road, Worthing Tel:- 01903 531877

Calendar of Events

All club runs depart from Washington village green at 0900hrs (0910hrs. latest) unless stated otherwise.

You should register your attendance with the runs leader or with Tony Palmer (01273 558597) to enable you to be included in the Annual Club Runs points competition.

Date	Eleveses Venue
2 Nov	Washbrook Farm, Hurstpierpoint
9 Nov.	Littlehampton Marina
16 Nov	Garden Centre, Stopham Bridge, Pulborough
23 Nov	Dollys Pantry, Ditching. Prior to the SCA Luncheon & Prize Presentation. Tickets available through Tony Palmer or Don Lock. If you are a prizewinner it would be nice if you could be there to collect your award
30 Nov	Rushfields Garden Centre, Poynings
7 Dec	Camilla Botner Garden Centre, 1.5 miles North of Littleworth, prior to A272
14 Dec	Hillers Garden Centre, 1 Mile south of Horsham on A281.
21 Dec	Farm, Wisborough Green
28 Dec	RSPB Centre, Wiggonholt Common
1 Jan	Little Chef, West Grinstead. It's the only place open on New Years Day!!!!

For the latest information, why not visit

WorthingExcelsior.co.uk

Articles for this magazine can be sent to me by e-mail, at ed@Worthing-Excelsior.fsnet.co.uk as well as by paper.

Evening 10 Series, Week 8 – 26th June 2003
G10/98 – Washington Bostal-Findon-Ashington-Washington

Pos	Name	Time
1	Chris Dransfield	23:03
2	Steve Trott	23:09
3	Mike Brampton	23:11
4	Karl Roberton	23:42
5	Dave Abbott	23:44
6	Lucio Pessia	24:39
7	Toni Bond	24:44
8	Andrew Lock	24:59
9	Russ Turner	25:15
10	Dave Bowen	25:35
=11	Florence Benigen	26:38
=11	Diana Trafford	26:38
13	Rupert Coombes	27:05
14	Rob Reeves	27:28
15	Robert Pedder	28:53
16	Abbie Faulkes	30:59
17	Mike Poland	32:06

Private Entries

Name	Time	Name	Time
N Johnson	21:48	S Lenn	21:49
C Whitaker	22:03	T Brown	22:09
A Roland	22:31	M Perryman	22:52
R Luff	23:51	A Brown	24:31
A Gomm	24:43	G Standen	24:49
C Powell	DNF		

Officials

Event Secretary	Mel Roberton	Road Signs	Karl Roberton
Pusher Off	Ron Bardouveau	Catering	Mel Roberton
Timekeepers	David Uncles & Don Lock		
Asst Timekeeper	Arthur Rayner		

Evening 10 Series, Week 9 – 3rd July 2003
G10/98 – Washington Bostal-Findon-Ashington-Washington

Pos	Name	Time
1	Mark Hbbard	22:54
2	Don Lock	23:04
3	Karl Roberton	23:13
4	Dave Abbott	23:40
5	Toni Bond	24:20
6	Robin Fairhurst	24:28
7	Dave Reeves	24:33
8	Andrew Lock	24:39
9	Russ Turner	24:59
10	Steve McGrath	25:58
11	Chris Fox	26:27
12	Paul Heritage	27:43
13	Chris Habgod	28:34

Private Entries

Name	Time	Name	Time
J Chisnall	22:32	Martin Perryman	27:33
Mark Perryman	22:30	G Staden	24:50

Officials

Event Secretary	Mel Roberton	Road Signs	Karl Roberton
Pusher Off	Ron Bardouveau	Catering	Mel Roberton
Timekeepers	Colin Millar & Alan Matthews		
Checker	Diana Trafford		

Winter Training

Do Saturday mornings seem dull and pointless? Too much time before the football? How about getting some inter season training in? Vern McClelland is starting some training rides of 2 to 3 hours, from Washington (same place as the club runs and Evening 10s finish). He is also threatening (sorry promising) some turbo sessions during the club evenings so even bad weather won't serve as an excuse!

Evening 10 Series, Week 10 – 10th July 2003

G10/98 – Washington Bostal-Findon-Ashington-Washington

Pos	Name	Time
1	Tony Reeves	22:21
2	Steve Trott	22:38
3	Mark Hubbard	22:44
4	Don Lock	23:13
5	Mike Brampton	23:15
6	Karl Robertson	23:19
7	Dave Abbott	23:20
8	Mark Divitto	24:25
9	Toni Bond	24:27
10	Colin Millar	25:04
11	Nick Attaway	25:20
12	Rupert Coombes	26:44
13	Diana Trafford	26:47
14	Steve McGrath	26:53
15	Rob Reeves	27:03
16	Pete Weston	28:50
17	Mike Poland	30:55

Private Entries

Name	Time	Name	Time
P Jones	21:26	C Oxborrow	21:48
C Whitaker	22:00	S Jones	22:05
B Kellaway	22:14	J Chisnall	22:19
C Powell	22:23	M Perryman	22:56
K Lee	23:13	G Staden	25:01
A Gomm	25:33		

Officials

Event Secretary	Mel Robertson	Road Signs	Karl Robertson
Pusher Off	Ron Bardoulean	Catering	Mel Robertson
Timekeepers	Pete Kibbles & John Mansell		
Checkers	John & Sheila Lucas		

Evening 10 Series, Week 11 – 17th July 2003
G10/98 – Washington Bostal-Findon-Ashington-Washington

Pos	Name	Time
1	Tony Reeves	23:30
2	Mike Brampton	23:51
3	Karl Roberton	23:55
4	Dave Abbott	24:44
5	Robin Fairhurst	25:02
6	Russ Turner	26:48
7	Rupert Coombes	27:55
8	Rob Reeves	28:03
9	Mike Poland	32:32

Private Entries

Name	Time	Name	Time
B Kelleway	23:44	M Perryman	24:17
T Barlow	26:00	G Staden	26:12

Officials

Event Secretary	Mel Roberton	Road Signs	Karl Roberton
Pusher Off	Mel Roberton	Catering	Mel Roberton
Timekeepers	Paul Toppin & Alan Matthews		
Checker	Don Lock		

Surrey League 2/3/4 Championship
40 miles at Chertsey

Mike Brampton writes "Well we went and gave it a go and we didn't finish last, thanks mainly to our very strong guest Jason Edwards. Thank you Jason, and whilst I know you have some plans we will welcome you to ride with us anytime. Well done also to Toni making his debut in the Excelsior colours, watch out for this guy he is a strong and capable bike rider. Bad luck Chris lets hope that's your last puncture for a while Not a bad result overall for a team of 4 against teams of 5 including one with radio communication!!"

the Worthing Excelsior team, comprising Toni Bond, Chris White, Mike Brampton and Jason Edwards, placed 7th out of 10.

Evening 10 Series, Week 12 – 24th July 2003
 G10/98 – Washington Bostal-Findon-Ashington-Washington

Pos	Name	Time
1	Tony Reeves	23:04
2	Pete Thorp-Hincks	23:35
3	Karl Robertson	23:36
4	Don Lock	23:40
5	Steve Trott	23:42
6	Mike Brampton	23:51
7	Dave Abbott	23:55
8	Toni Bond	24:37
9	Robin Fairhurst	24:59
10	Dave Reeves	25:44
11	Nick attaway	25:50
12	Russ Turner	25:52
13	Rupert Coombes	27:01
14	Chris Fox	27:37
15	Rob Reeves	28:18
16	Rob Pedder	28:50
17	Abbie Faulkes	29:47
18	Mike Poland	31:41

Private Entries

Name	Time	Name	Time
S Geran	21:10	M Tickner	21:49
D Fox	22:03	S Woodbridge	22:06
C Oxborrow	22:49	S Jones	23:08
M Perryman	23:43	S Roberts	25:19
P Davis	26:22		

Officials

Event Secretary	Mel Robertson	Road Signs	Karl Robertson
Pusher Off	Ron Bardouveau	Catering	Mel Robertson
Timekeepers	David Uncles & Ken Retallick		
Checkers	Arthur Raynor & Jean Retallick		

Evening 10 Series, Week 13 – 31st July 2003
 G10/98 – Washington Bostal-Findon-Ashington-Washington

Pos	Name	Time
1	Tony Reeves	23:03
2	Karl Robertson	23:21
3	Steve Trott	23:33
4	Dave Abbott	23:35
5	Pete Thorp-Hincks	23:46
6	Toni Bond	23:51
7	Chris White	24:23
8	Mark Divitto	24:29
9	Robin Fairhurst	24:32
10	Mike Brampton	24:40
11	Steve Custance	25:13
12	Dave Reeves	25:15
13	Colin Miller	25:19
14	Nick Attaway	25:39
15	Steve McGrath	27:06
16	Rupert Coombes	27:21
17	Dave Elder	27:49
18	Rob Reeves	27:59
19	Mike Poland	31:37

Private Entries

Name	Time	Name	Time	Name	Time
M Tickner	21:17	P Jones	21:46	D Fox	22:02
M Murray	22:16	R Smith	22:23	B Kelleway	22:29
A Taylor	23:40	Mark Perryman	23:48	I Ländless	24:11
R Luff	24:40	N Herrow	25:09	R Harrington	25:12
R Lacey	25:19	T Barlow	25:33	G Staden	25:35
M Dicker	26:15	J Custance	28:18	Martin Perryman	29:09

Officials

Event Secretary	Mel Robertson	Road Signs	Karl Robertson
Pusher Off	Ron Bardouveau	Catering	Mel Robertson
Timekeepers	Vern McClelland & Don Lock		
Checker	Arthur Raynor		

26.2 Mile Hardriders – 14th Sept 2003

Pos	Name	Time	H'cap	H'cap Time
1	Pete Thorp-Hincks	1:08:28	Scratch	1:08:28
2	Tony Reeves	1:09:47	0:45	1:09:02
3	Karl Robertson	1:09:54	3:30	1:06:24
4	Dave Abbott	1:11:38	2:30	1:09:08
5	Chris White	1:11:41	5:30	1:06:11
6	Steve Trott	1:11:55	3:30	1:08:25
7	Mike Brampton	1:14:27	5:00	1:09:27
8	Robin Fairhurst	1:14:47	4:00	1:10:47
9	MarkHubbard	1:15:21	5:00	1:10:21
10	Colin Miller	1:24:49	8:30	1:16:19
11	Alan Langham	1:29:11	17:00	1:12:11
12	Pete Weston	1:34:56	15:00	1:19:56

Private Entries

Name	Time
Roger Smith	1:04:56
Steve Lenn	1:09:56
Chris Bacon	1:16:20
Paul Byford	1:19:55

Awards

Scratch:	1 st	Pete Thorp Hincks	H'cap:1 st	Chris White
			2 nd	Karl Robertson
			3 rd	Steve Trott

Officials

Event Secretary	Mel Robertson	Road Signs	Karl Robertson
Pusher Off	Mel Robertson	Catering	Mel Robertson
Timekeepers	Mike Irons	Handicapper	Tony Palmer

Evening 10 Series - Finishing Positions

To place in the final positions at least 8 finishes were required. There were 10 riders who achieved this during the series. Points were awarded according to finishing positions (1st 1 point, 2nd 2 points and so on) for the 8 best finishes, with the lowest score winning.

Pos	Points	Name
1	8	Tony Reeves
2	20	Karl Roberton
3	25	Don Lock
4	33	Mike Brampton
5	40	Dave Abbott
6	48	Robin Fairhurst
7	95	Diana Trafford
8	97	Steve McGrath
9	115	Rob Reeves
10	121	Mike Poland

WECC Handicap Points Competition 2003

Calculated as above, based on the handicapped club events, with non-finishers and non-starters scoring 1 more than the last rider. Only the top 10 are listed here.

Pos	Points	Name
1	25	Tony Reeves
2	33	Karl Roberton
3	46	Robin Fairhurst
4	50	Florence Benigen
5	51	Mark Hubbard
6	52	Diana Trafford
7	53	Pete Weston
=8	59	Pete Eldridge
=8	59	Colin Miller
10	60	Bernie Wright

SCA 25 Mile Individual, Vets and Team Championships
14th Sept 2003

Promoted by the Club on the G25/93 Course

The fastest individual was Steve Dennis of East Grinstead CC with a time of 55:14. The WECC riders who completed the course were:

Pos	Name	Time
17	Tony Reeves	1:01:17
20	Pete Thorp-Hincks	1:01:24
31	Chris Bacon	1:03:30
35	Karl Roberton	1:03:52
37	Dave Abbott	1:04:39
40	Toni Bond	1:05:54
57	Mike Brampton	1:07:80
52	Colin Miller	1:10:07
58	Dave Elder	1:15:24

Don Lock punctured at the start.

The fastest veteran on standard was John Awcock of Central Sussex CC at +11:07. WECC Veterans times on standard were:

Name	Time	Name	Time
Chris Bacon	+4:30	Colin Miller	4:15
Toni Bond	+1:36	Mike Brampton	+0:22

The first place team of 4 riders, with a time of 3:53:29 was G S Stella. The WECC first team (Tony Reeves, Pete Thorp-Hincks, Chris Bacon and Karl Roberton) came in 5th out of 8 with a time of 4:10:03. The first second team, of 3 riders was GS Stella with a time of 3:09:54. The WECC second team (Dave Abbott, Toni Bond and Mike Brampton) came 2nd out of 3 with a time of 3:17:41.

2003 Tourist Competition

Saturday 4th October and at 9a.m at Washington nine eagerly awaited the organiser and his fiendish route details. It did in fact catch a few so not everyone left the start with full points for map reading. Nine is the best entry we have had for a year or two and it could have been double figures if a wayward pedestrian had not walked into Mike Irons and knocked him off his bike a few days earlier. A shoulder injury meant a last minute withdrawal.

Once on their way most found the route easy to follow and there were no complaints about the bridleways included. Some found themselves in parts of Washington they didn't know existed., but made their way up to Warminghurst and Ashington, before Thakeham and then Dan Hill. At the 'Historic Site' the D Day Airfield just south of Coolham (which several failed to observe!) Ron and Evelyn Bardouveau served tea and coffee and biscuits together with ten 'simple' questions on Sussex. Apparently not so simple if you come from 'North of Watford' (Toni Bond!)

The second half went around Shipley and continued north to Southwater before the Downs Link carried them south to Copsale and West Grinstead. From here it was a short ride – fortunate as rain threatened – to the lunch venue at the Windmill Pub at Littleworth. They were very accommodating, with tables reserved. Joined by some of the wives the riders were soon tucking into food, although some suffered indigestion when the second set of questions arrived! These were on route observation and with 12 pages of notes Andrew Lock felt very confidentyet still the ! organiser asked something he hadn't seen.

The main thing was that it was an enjoyable morning and perhaps we can have even more entries next year. I am quite happy to run it.

		Result
1 st	Tony Palmer	26½ points
2 nd	Andrew Lock	22 "
3 rd	Paul Toppin	21½ "
4 th	Alan Langham	20 "
5 th	Alan Matthews	19 "
	Peter Weston	19 "
7 th	Toni Bond	13 "
8 th	Dave Abbott	12 " (DNF)
9 th	Mike Brampton	11 "

Dave thought – '25 miles, oh allow about an hour' These racing men!! So with only a short licence he had to head for home after Shipley

As for Mike – bearing in mind he turned up without a map! I suppose 11 points is not bad. We are taking legal advice before we publish his answers to the questionnaires!!

Don Lock

Worthing Excelsior Cycling Club

Presents

'The Worthing Winter Warmer'

100k Audax - Brevet Populaire

DATE: Sunday 1st February 2004

Headquarters: The Saxon Room – The Steyning Centre,
Fletchers Croft, off Church Street - Steyning

Start: 0900 hrs. Brevet Cards available from 08:15

Refreshments available at route checks and finish

Course outline:

Start: Steyning Ashington, Adversane, Alfold, Cranleigh,
Capel, Colgate Mannings Heath, Partridge Green,
Ashurst, Finish: Steyning.

**Entries to: Mick Irons, 36 Phrosso Road,
Worthing,
BN11 5SL**

**Please enclose 2 SAEs with entry & £3.50,
Payable to Mick Irons Plus insurance
premium of £1.00p if not AUK,CTC or BCF
member.**

Entries by: 23rd January 2004 please.

Award Winners 2003

Award	Winner	Performance
Mens B.A.R.	Tony Reeves	21.891 mph
Veterans B.A.R	Don Lock	+ 6.066 mph
Ladies B.A.R.	Susan Uncles	22.328 mph
Clark Cup 12 Hour	Tony Reeves	228.519 miles
Shipton Cup Fastest 50 mile	Tony Reeves	2h 3m 55s
Welch Cup 50 miles	Tony Reeves	2h 5m 24s
Bennett Cup 25 miles	Tony Reeves	1h 6m 01s
Young Cup Hardriders	Peter Thorp-Hincks	1h 8m 28s
Clapshaw Handicap	Pete Eldridge	
Pressley Cup 30 miles	Chris White	1h 15m 38s
Mason Cup 100 miles	Tony Reeves	4h 50m 24s
Hill Cup 10 Mile Series	Tony Reeves	
Points Cup	Tony Reeves	
Fst Vet on Std 10 mile Series	Don Lock	+ 7.69 mins
Most Improved Rider	Dave Abbott	1.307 mph
Road Race Champion	Mike Brampton	
Track Champion	Vern McClelland	
Club Runs Attendance	Tony Palmer	
Tourist Trophy	Tony Palmer	
Club Person of the Year	To be announced	

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