

THE WORTHING WHEEL



October 2000

MAGAZINE OF THE WORTHING EXCELSIOR
CYCLING CLUB

Oct 2000

WORTHING EXCELSIOR
Clubroom: Broadwater Parish Rooms
Meetings every Tuesday evening 7.30 to 10.00

Opinions expressed are those of the contributors,
and not necessarily of the club or its committee

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BOGNOR REGIS C.C 25 MILE**10-9-00**

Fastest **Malcolm Cox** **VC St Raphael** **53.42**

Worthing Times

Chris Bacon	56.03
Chris White	1.03.47
Ron Bardouveau	1.04.52
David Bacon	1.07.37

Weather conditions, early fog gave way to a warm morning with a light southwesterly breeze. Another good ride by Chris who always seems to get faster as the year goes on. Special mention also to Ron Bardouveau who did a very creditable time.

Randonnees**Advance notice for next year**

Sunday 4th March 2001 **07.30** **200k from Worthing**

Dave Hudson

Entries close 18th Feb

Sunday 5th May 2001 **05.00** **600k from Midhurst**

Dave Hudson

Entries close 21st April

Saturday 27th July 2002 (YES !) **16.00** **1000k from Petworth**

Dave Hudson

Yes folks, think of this as a 625 mile 3 day tour of Wales!

PROVISIONAL...

Summer Sunday 2001 **08.00** **86k & 131K from Steyning**

Dave Hudson

"The South Coast ½ road ½ track"

NEW EVENT FOR 2001

10 Miles Lottery Two-Up Handicap

Entries taken singly with the fastest 10 time in last three years required.

The pairings and starting order decided by drawing numbers from a hat. i.e. the two entrants drawing number 5 ride together and are the 5th team to start.

Scratch will be 20 minutes and each team's allowance will be

(The total of their best times (last 3 years) /2) –20 mins

e.g. $22.40 + 26.01 = (48.41)/2 - 20 = \text{Handicap of } 4.20$

1. As with normal 2-up rules, it is the time of the second rider that counts.
2. Limit to club riders only
3. On the Thursday after the formal series finishes
4. Treat as fun, but try to get everyone who normally rides the 10's to enter.
5. Start at 7pm as normal but with the draw at 6.45pm.
6. Any novice entry to be placed on scratch mark (unlucky for partner).
8. Entry fee £1.00 per person to be shared between handicap winners.

The above has been approved by your committee. One evening 25 will be dropped so that there will be no extension into the darkening evenings.

I will get entry forms signed as the series progresses, and check on fastest times. I will also prepare the lucky draw.

DON

EVENING 10 MILE**No.8****6/07/00**

POS	NAME	ACTUAL TIME
1	Chris Bacon	22.00
2	Stephen Trott	22.09
3	Karl Robertson	22.19
4	David Uncles	22.25
5	Jonathan Ford-Dunn	22.56
6	Don Lock	23.41
7	David Bacon	23.52
8	Ken Retallick	24.02
9	Colin Miller	24.14
10	Andrew Lock	24.35
11	Susan Uncles	24.54
12	Ron Bardouveau	25.15
13	Mike Brampton	25.16
14	Peter Weston	27.49
15	Alan Weston	28.23
16	Mike Polland	31.51

Time Keeper

David Funnell , John Maxim

Pusher Off

Paul Toppin

Weather conditions, warm with a light south westerly wind, made for a hard start to Findon but a quick second leg back to Ashington. The last leg to the finish was also hard going.

EVENING 10 MILE**No.9****13/07/00**

POS	NAME	ACTUAL TIME
1	Chris Bacon	22.28
2	Robin Fairhurst	22.29
3	Peter Thorp-Hincks	22.49
4	Karl Robertson	22.59
5	Chris Dransfield	23.28
6	Jonathan Ford-Dunn	23.58
7	Don Lock	24.05
8	Colin Miller	24.53
9	Susan Uncles	25.04
10	Sean McClelland	25.12
11	Ron Bardouveau	25.23
12	Mike Brampton	25.40
13	Keith Dodman	27.09
14	Mike Polland	32.29

Time Keeper

Tony Palmer, Alan Langham

Pusher Off

Paul Toppin

Weather conditions, warm with a south westerly wind, made for a hard start to Findon but a quick second leg back to Ashington. The last leg to the finish was also hard going.

EVENING 10 MILE**No.10****20/07/00**

POS	NAME	ACTUAL TIME
1	Robin Fairhurst	21.47
2	Karl Robertson	21.55
3	Chris Bacon	22.06
4	Steven Trott	22.33
5	David Uncles	22.52
6	Chris Dransfield	22.54
7	David Bacon	23.33
8	Don Lock	23.56
9	Chris White	24.12
10	Jonathan Ford-Dunn	24.42
11	Sean McClelland	25.04
12	Susan Uncles	25.10
13	Colin Miller	25.12
14	Mike Pollard	31.24

Time Keeper

Brian Cox, Alan Langham

Pusher Off

Paul Toppin

Weather conditions, warm with a light south westerly wind, made for a hard start to Findon but a quick second leg back to Ashington. The last leg to the finish was also hard going.

EVENING 10 MILE**No.11****27/07/00**

POS	NAME	ACTUAL TIME
1	Karl Robertson	21.58
2	Chris Bacon	22.04
3	Paul Carruthers	23.01
4	Jonathan Ford-Dunn	23.39
5	Don Lock	24.17
6	Colin Miller	24.37
7	Ron Bardouveau	25.24
8	Susan Uncles	25.28
9	Mike Brampton	25.33
10	Chris White	25.41

Time Keeper

Ken Retallick

Alan Langham

Pusher Off

Paul Toppin

Weather conditions, warm with a south westerly wind, made for a hard start to Findon but a quick second leg back to Ashington. The last leg to the finish was also hard going.

Shorts – An Occasional Column

That determined lady, Sheila Lucas, has decided this winter to get fit again in order to ride Audax events next year. The training has started, our correspondent confirms; with a training ride every morning, yes, every morning before leaving the bedroom. A training bike on rollers has been set up at the end of the bed so that no time is lost between arising from her slumbers and starting a hard day in the workplace. Her first goal is to make more appearances throughout the winter on the clubruns and then to ride in the Worthing Winter Warmer Audax at the start of next season. The lady confirms that it is definitely not her intention to race but to enjoy the pleasures of cycling again. We know that this very determined individual will strive to meet her goals!

Don Lock who did not start in the SCA 25 mile individual championship due to a back injury, he fell down the stairs whilst carrying the family Wedgewood, suffering bruising to the lumber regions. He offered instead to act as Recorder to Mike Kilby at the finish of the event. After completing these duties he departed for elevenses at the RSPB centre at Wiggonholt Common. Soon after he started his ride up the Partridge Green road towards Ashurst he realised that he needed a comfort stop so dived into the bushes. Upon emerging to the roadside after completing the task he espied a cyclist in the distance, thinking it was somebody he knew he gave chase. After several minutes in top gear he realised that he did not know the woman cyclist and decided to cycle straight past, 'Good Morning' said Don, ' Good Morning' said the lady, ' Enjoy your wee?' How embarrassing!!

Club member Marvin Lucas, son of John and Sheila Lucas, got married on 16th September 2000 to Anna. The wedding to place at Tarring church and afterwards at the Windsor House Hotel. Members of the Club who attended the wedding and had a thoroughly good time were Dave and Maggie Funnell, Colin and Dawn Miller and Tony Palmer. I sure that club members wish Marvin and Anna all the very best for their future lives together.

Apologies for lateness of mag again. I have had delivery (early) of a small package, a baby boy Joseph. He is destined to be a superb climber – he has remarkable similarities to Pantani. He is small and light, has skinny hairless legs, no hair on his head and has been taking loads of drugs. He is now "clean" and is being redied for competition in some early season Hardrider events.

Hardriders Audax 2000 – 20th August .

A fine and sunny day, what went wrong, it normally rains and rains hard! 60 entrants for the event starting from Petworth at 0900hrs. Through the lanes via Balls Cross and Kirdford to climb the first gradient of the day at Bedham and then to return to the first control at Petworth. Sue Howe provided a cheery smile and the rubber stamp to the Brevet cards before the riders, suitably refreshed, pedalled onwards to Tillington, Lurgashall and Lickfold before the assault on Bexleyhill. John Gilbert ensured that there were no wayward riders with his secret check at the foot of the climb. After the climb, a rapid descent bypassing Henley to turn off towards the Lurgashall Winery via Lickfold. The ascent to the top of the highest hill in Sussex followed, Blackdown. This narrow lane with its encroaching trees, bushes and gutter debris reduced the road width to no more than a few feet in places. The climb is long, but worth it, Dave Hudson with his attendant food stocks makes all welcome with a variety of consumables, so much so, that some riders almost forget to leave! Brenda Ford-Dunn manned the teapots serving beverages to all. John and Sheila Lucas stamped the cards and administered helpful words of encouragement

Descending back down the hill, turn right, ride for about a mile, right again and then Quell Lane. This hill is also long and steep rising through the trees to level out a bit before dropping down to join the A286 to Fernhurst, Adrian and Sandra Palmer helped here with the secret check to ensuring that the riders kept on course. Onwards now through some more hilly bits to meet Alan Langham who provided yet another checkpoint just over the border into Hampshire.

The rapid drop into Whitmore Vale caused some riders to miss the turning to go over the seasonal ford and miss out a very attractive lane. Don and Maureen Lock provided the control at the most northerly part of the route where the riders turned and headed back towards Hindhead, Haslemere and then for yet another climb of Blackdown to meet El Supremo (As he is known in Audax circles) and his cavernous trailer. Brenda was still pouring the teas! Mike Poland had relieved John and Sheila of their duties and was to stamp the cards on the rider's second visit.

Another fast section down Blackdown hill to take the riders back to Lurgashall and to make the last climbs through the lanes around the perimeter walls of the Petworth Estate, to finish back at the final control. After 110k the riders required further refreshment, this was ably served up by Penny and Angela whose better halves were riding the event. Mel did not look so shattered as Paul did! The event this year had a reduced entry from the previous years, but an increased number of finishers; this was probably due to the better conditions.

We must extend our grateful thanks to all those who assisted in any way; hopefully I have mentioned them all in the above report.

Club riders who finished the event and were able to send their cards for validation were;

Paul Toppin, Brian Howe, Karl Robertson, Mel Robertson, Jonathan Ford-Dunn, Nigel Page, Richard Cooley.

Allan Weston was one of those who descended Whitmore Vale too quickly, overshot the turning to go over the ford. He then joined up later with his clubmates and finished the route with them.

Jeremy Wootton and Mat Gould started riding the event two hours before the official start, they completed the route successfully, probably at great speed in order to get back for a family lunchtime party.

Hope to see you at the event next year!!

Tony Palmer

CLUB 30 MILE CHAMPIONSHIP 09/07/00

POS	NAME	ACTUAL TIME	H'CAP	H'CAP TIME
1	Chris Bacon	1.16.28	Scratch	1.16.28
2	David Uncles	1.18.36	2.45	1.15.51
3	Jonathan Ford-Dunn	1.19.10	4.00	1.15.10
4	Mike Brampton	1.28.37	12.00	1.16.37

PRIVATES

Peter Thorp-Hincks	1.14.07
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D.N.F Stephen Trott

D.N.S Alan Weston (Apology)
Peter Weston (Apology)
Mel Robertson (Pushing Off & Checker)
Ken Retallick
Ron Bardouveau

Awards 1st Chris Bacon

1st H'cap Jonathan Ford-Dunn

H'capper Don Lock
Time keeper Alan Langham
Pusher off Mel Robertson

SUSSEX CYCLISTS ASSOCIATION

25 MILE INDIVIDUAL & VETS CHAMPIONSHIP -3-09-00

Fastest **Steve Elms, In-Gear R.T** **54.13**

Worthing Times

Karl Robertson	1.00.15
Jonathan Ford-Dunn	1.02.36
Ron Bardouleau	1.07.43
Mike Brampton	1.09.52

Weather conditions, warm with a north westerly wind. Made for a hard start to West Grinstead but a quicker return to Shoreham then a tough last leg to Stenying.

The Championship was held on the club 25 circuit and was promoted by the club again. The field was comparable with last year but still not a lot for a championship with only 56 entries and a number of non starters. Despite the lack of quantity most of the top riders in Sussex had entered, so the event was true indication of who was the best in the county.

The weather was quite good, warm with a north westerly wind making the start hard going but the return to Shoreham was fairly fast, the final leg from Shoreham to the finish was hard going into the head wind.

Steve Elms was top seed and for the second time in a row took the title with a 54.13. Well over a minute ahead of second place Steve Dennis on 55.34. Third went to David Pollard with his 56.03. Richard Parker finished 10th overall and was the fastest vet on standard with + 17.49. The fastest lady was Lisa Thompson with a 1.05.55 and the fastest junior was Charles Burrell on 1.08.21.

From the club we had 6 riders entered but after Don Lock's fall in the week he decided not to ride and instead helped with the event. Chris Bacon was on paper the fastest from the club and after last years 6th place was looking to equal that at least. Unfortunately he punctured early on in the event. Karl was quickest with a 1.00.15, ahead of Jonathan Ford-Dunn on 1.02.36 and third was Ron Bardoulea with 1.07.43.

SUSSEX CYCLISTS ASSOCIATION

12 HOUR CHAMPIONSHIP 13/8/00

Washington-Chichester-Washington-Horsham

Fastest	Dave Shepherd Rother Valley C.C	271.278 Miles
Worthing Times	Stephen Trott	252.287 Miles
	Paul Carruthers	237.037 Miles

Weather conditions, warm with a light south westerly wind, made the course quite fast through out the day.

HOPEFULLY A REPORT ON THIS NEXT EDITION – (BIG HINT STEVE !)

South Coast 300 – Saturday 15th April

Another one from El Supremo.....

“ To all helpers, thank you for your time, your assistance is greatly appreciated. To the successful riders- your Brevet card has been validated by Bernard Mawson, it may be that he has also tumble dried them because they seem drier than when I sent them to him! 85 entered, 49 started and only 38 finished! To those that stayed in bed, how can you know what you missed? To those who retired early, you had a taste of it and thought it was enough (and I don't blame you). To all those that survived all 300k, you can now consider yourself to be a member of the SOUTH COAST WORLD OF WATER 38.

The weather the day before was OK, so which one of you brought such weather with you? Thank you to Andy Seviour who, although unable to ride, came over to help at the start.

Beachy Head (Tony Palmer and Allan Weston on Brevet Card duties) can be a nice place to be at times (honest). I am glad that the hot drinks and thoughts of a hot breakfast at Brenzett kept the brave ones going. Richard Harding enjoyed the place so much he spent nearly 1 1/2 hours there!

When I arrived at Folkestone at about 8.45 (yes I battled against headwinds too) I thought the sun was trying to come out. Most of the morning was all right, even some sunshine at times. But yes it did come down heavily at times. Tim, Aaron and Barnaby Pain did a great job helping me with setting up the catering stands, opening tins of rice pudding etc and stamping brevet cards and helping me clear up at the end.

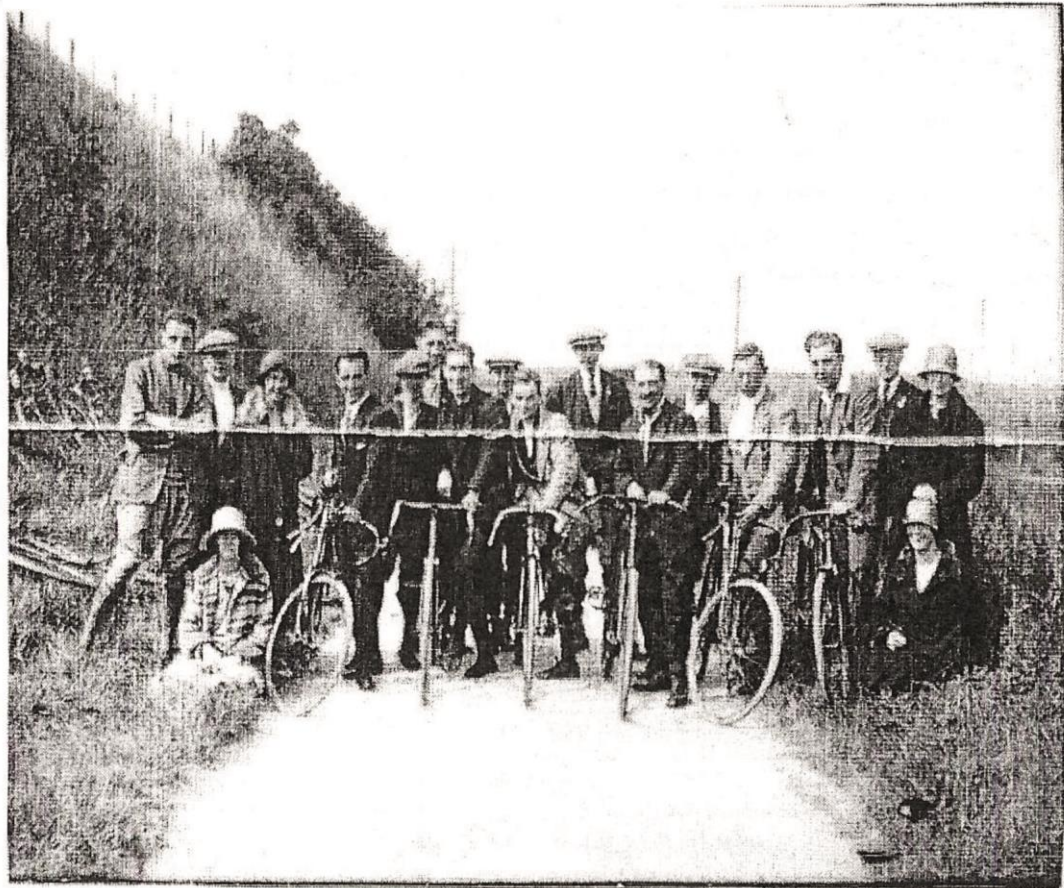
Like the riders, I also reached the real World of Water for a late lunch, which went down a treat. Chris Beekingham who had stamped your cards returned to the finish with me, if the weather had been promising, he would have ridden home.

From here the rain seemed to continue on and off until the finish. We enjoyed a pot of tea at Chailey as well. Mike Poland stamped the cards of the early riders, he had an easy time, and Bill Jolly took care of the rest. I have thanked Joy for continuing to cater for you well after their closing time of 5.00pm. I know those that arrived at 7.30pm were still able to sip tea in bone china cups (better than those polystyrene efforts El Supremo gives you!),

My thanks to Brenda Ford-Dunn for stamping the cards of those who finished before 8.00 pm. Thank you Andrea for spoiling the riders with your excellent food once again. It is recorded that Chris Avery, under the watchful eye of PB Bear, drank only two cups of tea! Was he ill? No, just that the cup was a 3 pint one which managed to fill him in just two goes.”

The Club had two riders in the 300k, and they both packed at Beachy Head
Jonathan Ford-Dunn
Mike Irons

On the A27



This photograph shows a few Excelsior members strung out across the upper Brighton road, close to the old Sussex Pad Inn.

In the light jacket in the front is Reg. Smith, to his left with the machine with the long head tube and straight handlebars is Bill Stephenson senior, a member since the early 1900's. Immediately to Bill's left with the white scarf is Charlie Lednor, to his left is Greg or Chris Banner

On the extreme right, behind the lady in the cloche hat, is clock-maker Billy Argent – Dougie's dad.

Anyone fancy turning out to do a modern version of this scene? We'd probably need a fleet of ambulances standing by!

John Grant

EVENING 10 MILE**No.13****10/08/00**

POS	NAME	ACTUAL TIME
1	Karl Robertson	21.51
2	Chris Bacon	22.05
3	Robin Fairhurst	22.27
4	Paul Carruthers	22.32
5	Jonathan Ford-Dunn	22.54
6	Stephen Trott	23.28
7	Don Lock	24.00
8	Chris Dransfield	24.15
9	Chris White	24.55
10	Keith Dodman	28.05

Time Keeper

Keith Dodman

Pusher Off

John Mansell

Mel Robertson

Weather conditions, warm with a south westerly wind, made for a hard start to Findon but a quick second leg back to Ashington. The last leg to the finish was also hard going.

Contributions

Thanks this month for the usual race reports from Karl, who is now in full late-season mode for the closing hilly TT's of the year, good luck mate. This month was also a "randonnee special" courtesy of Dave Hudson's contributions. Tony Palmer also supplied some scurrilous chat about his fellow club members and a randonnee report

Oi! Luddites!!

Your Ed now has a new E Mail address;
Paul.Carruthers@uk.royalsun.com
Anything racy or illegal, please send to my home c/o
Paul_Carruthers@btinternet.com

Why not take advantage of this technology and mail me some stuff over for the next magazine! You know it makes sense!

South Coast 200- Sunday 5th March

El Supremo Dave writes:-

“Another great event thank you for entering and well done to those who finished. Thank you to all the helpers, both on route and at the HQ – your assistance is appreciated by the riders as well as me. Thank you for giving up the chance to ride the event.

Of the 114 entries, 90 started and 85 returned to Worthing with cards FULLY COMPLETED. One of the official non-finishers was riding without mudguards and so kept away from the secret mudguard check on route!

No other cards were returned incomplete, so they have been validated by Bernard Mawson. Sorry for the later than normal return of your cards, but Bernard was away on holiday until the end of March.

Riders again enjoyed the quite flattish course until Steyning. It is surprising how many NOW say that the A24 wasn't that bad! Same course for 2001, Heene Centre booked for Sunday 4th March.

The other observation was the number of you that enjoyed the reduced field of just 90 starters. Those who rode in 1999 will remember that of the 200 entries, 172 started; that number obviously took some feeding on route and at the finish.

Many felt that it was too many a wheel, certainly with only 90 returning for a hot meal at the finish makes Andrea's job much easier and of course the other controllers on route. Your comments are noted, so in 2001 a restriction of 125 in the calendar should result in about 100 “on the road”.

To ensure you get in next year, please enter nice and early to avoid disappointment. Our first entry for this year's event arrived on the 27th November last year!”

The following club members successfully completed the 200k

Graham Collins
Richard Cooley
Jonathan Ford-Dunn
Don Lock
Andrew Lock
Vern McClelland
Sean McClelland
Nigel Page
Allan Weston
Peter Weston

CALENDAR OF EVENTS

Runs List

For further details, please contact **Tony Palmer**, phone in front cover. All runs start at 0900 (9.10 latest) Washington Village Green unless stated otherwise.

YOU SHOULD REGISTER YOUR ATTENDANCE WITH THE RUNS LEADER OR WITH TONY PALMER (01273 558597) TO ENABLE YOU TO BE INCLUDED IN THE ANNUAL CLUB RUNS POINTS COMPETITION.

Date	Eleveneses Venue
22 OCT	FREE WHEELING COMPETITION TO BE HELD AFTER ELEVENSES. ELEVENSES VENUE, GARDEN CENTRE AT DIAL POST. COMPETITION TO TAKE PLACE ON THE STEEP HILL FROM WARMINGHURST CHURCH. NO PEDALLING, ADDITIONAL AERODYNAMICS NOT PERMITTED, JUST STANDARD MACHINES. HE WHO GOES FURTHEST WINS!! NO PRIZES ITS JUST FOR FUN.
28 OCT	SOUTHWATER COUNTRY PARK.
5 NOV.	THIS RIDE TO DEPART FROM DITCHLING AT 0900 HRS. ELEVENSES AT MILL HOUSE TEAROOMS , CHAILEY
12 NOV	ST.PETER'S TEAROOMS, COWFOLD.
19 NOV	DOLLY'S PANTRY. DITCHLING, PRIOR TO THE SCA LUNCHEON AT WIVELSFIELD.

Other Events

SURREY MOUNTAIN BIKE RANDONNEE SERIES. ALL RIDES START FROM ALBURY
CRICKET CLUB (NEAR DORKING) FROM APPROX 10.00 A.M. ONWARDS. DETAILS CHRIS
HORROD 0208 893 8612

AUTUMN CHALLENGE	SAT 18 TH NOV
CHRISTMAS CRACKER	SAT 16 TH DEC
WINTER CHALLENGE	SAT 27 TH JAN
EASTER BUNNY HOP	SAT 24 TH MARCH

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