### THE WORTHING WHEEL



August 1999

MAGAZINE OF THE WORTHING EXCELSIOR CYCLING CLUB

### AUGUST 1999

### WORTHING EXCELSIOR

Clubroom: Broadwater Parish Rooms Meetings every Tuesday evening 7.30 to 10.00

Opinions expressed are those of the contributors, and not necessarily of the club or its committee

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### Norwood Paragon 50 Mile TT 30/5/99

Held on the Crawley – Southwater course, the organiser booked the wrong weather. It was horrendously windy on this exposed course, and everyone was down on their personal bests. Except Mel Roberton – he came 17<sup>th</sup> out of a full field to win the award in handicap group D with 2.05.07 which was a gutsy ride.

Paul Carruthers was well down with a 2.10.02. Karl Roberton, no doubt finding the wind hard with his slim frame, finished with 2.15.26, but at least stayed on course this time.

### SCA Open 50 Mile, Incorporating Club Championship 6/6/99

Pos	Name	Actual Time	H'Cap	H'Cap Time
1	Mel Roberton	2.07.32	Scratch	2.07.32
2	Stephen Trott	2.08.32	2.00	2.06.32
3	Jonathan Ford - Dunn	2.10.44	5.30	2.05.14
4	Chris Bacon	2.11.20	2.30	2.08.50
5	Karl Roberton	2.12.44	4.30	2.08.14
DAIR	6 1: 161			

DNF Colin Miller
DNS Paul Carruthers

Awards 1<sup>ST</sup> Mel Roberton

H'Cap Jonathan Ford - Dunn

H'Capper Don Lock

Only 49 riders and 1 tandem had entered this event and there were a few non – starters. Indeed, the weather did not look encouraging, being cold and overcast with a south easterly wind. Held on the sporting G50/12 course, the route took riders on a scenic trip around the West Sussex countryside. Bolney, Cowfold, Henfield, Washington and Findon were all included in the tour, all of this for a modest £4.50 fee.

Dave Pollard was the clear winner with 2.00.50 and Redhill took the team award with 6.15.34. From the Excelsior, Mel was quickest with a respectable 2.07.32.

Colin did not finish, stopping just after half way. He maintains that he thought it was a 25. Paul did not start as he was still suffering from a chest infection, but he did make it out to take a few photos and to shout encouragement. Paul had brought out daughter Rosie, but she was not timekeeping today, just spectating. Don was also out on the course shouting encouragement.

### An Evening with Barry Hoban

On Sat 27<sup>th</sup> March, Paul & Angela Toppin, Brian Howe and Dave Hudson attended the Sussex Nomads CC promotion of an evening with Barry Hoban. This was held at Clayton Village Hall and was attended by about 60 in all.

Barry gave us a run down on his career, the tour, his tactics, riders that he admired, the whole professional set up and more.

Barry started racing in 1955, time trials, road racing and grass track. In 1960 he represented Great Britain in the Olympics in the 4000m pursuit. In 1960 he was RTTC champion and from 1961 – 1980 a professional on the continent.

His memories, his enthusiasm has us all entertained from start till finish.

A great evening and one we were glad we had attended.

### Dave Hudson

Tony Palmer and Don Lock spent 2½ days up in Norfolk at the end of July. They stayed with ex club stalwart Mike Gibbs and his wife Linda.

Mike's pretty fit and still racing now with the Breckland Club. He's got to know the lanes, the cafes and, of course, the pubs pretty well, so our pair were well looked after.

There's so little traffic compared to this area and Don just loved the hills, they're all so flat!

About 175 miles in 2½ days wasn't bad and it was so hot. At one time Tony reckoned he was only doing about 10 pints to the mile . . . . or was that 10 miles to the pint.

Mike and Linda send their best wishes to all their friends in WECC.

### A little moan from the Handicapper - Oi TROTTY!!!!!

Your entry forms are supposed to show your fastest rides over the last three seasons. For the Club 30, Steven Trott indicated best 25 as 1.1.59, when it was in fact 58.38. Ian Cheesman showed 1.9.18 when it should have been 1.3.23. Now this handicapper knew what you had done but some may not. It looks as though the entry forms may have been completed a long while previous, but that is neither a good reason nor excuse. So give the handicapper a chance . . . . . . please.

Don

### Norwood Paragon CC Open 25 Mile

A cold wet and windy morning greeted the riders for the race for the Robin Buchan Memorial salver. It was held on the G25/53 Southwater course. From the field of 112 riders, 35 did not start, but looking at the weather an hour before the start it was understandable, especially as the day before was so nice.

The club had 5 riders down to start – Paul Carruthers, Chris Bacon, Mel Roberton and Paul Toppin. This was going to be Paul Toppin's first 25 in a few years but unfortunately both he and Paul Carruthers did not start. The consensus was that it was a hard morning with a head or cross wind for most of the course. The course was also not helped by a car or lorry leaving a trail of oil on three of the roundabouts which happened to be the three that we had to turn at, so we had to slow down to avoid coming off.

Keith Reed of the 34 Nomads was quickest with 55.41, just ahead of P Woodman 56.06 (Team 2000) and Tim Stevens 56.17 (Team Clean). Chris was our quickest rider on 1.00.46 just ahead of Mel on 1.01.08. Karl finished with 1.03.51

### CONTRIBUTIONS

Thanks this edition for contributions from

Don Lock Karl Roberton Dave Hudson

### NEXT EDITION.....

Due to lack of space, this edition had to miss the report on the **Weston's Red Ride.** This report will be in next time to keep your cycling enthusiasm going through the Autumn! Dave Hudson will also be reporting on his Summer Audax events and we will hopefully have reports on the summer hundreds and the 12 hour.

### Evening 25 Mile - 26/4/99

Pos	Name	Actual Time	H'Cap	H'Cap Time
1	Stephen Trott	58.38	1.00	57.28
2	Mel Roberton	58.42	0.30	58.12
3	Jonathan Ford - Dunn	1.00.30	Scratch	1.00.30
4	Karl Roberton	1.00.58	2.30	58.28
5	Peter Thorp - Hincks	1.02.23	8.00	54.23
6	Ian Cheeseman	1.03.23	10.30	52.53
7	Chris White	1.05.14	10.00	52.53
8	Diana Trafford	1.10.19	16.15	54.04
9	Peter Weston	1.13.09	22.00	51.09

DNS Paul Toppin, DNF Colin Miller

### Private Entries

Timekeeper

Handicapper

Chris Bacon		57.45		
Richard Bonn	ner	57.50		
Peter Evison		1.00.26		
Paul Carrutho	ers	1.01.25		
Adrian Brown	n	1.05.17		
Steve Custane	ce	1.06.06		
Peter Baird		1.10.15		
David Uncles	s/M Kingsbury	55.40	Tandem	
1 st	Stephen Trott			
H'Cap	Peter Weston			
•	Ian Cheeseman			

Ken Retallick

Ken Retallick

The first of two evening 25 mile TT's held on the Steyning course. 11 riders had entered with a number of private entries from the club. Weather conditions were very good. Ken Retallick was timekeeping and had predicted a fast night, with the wind dropping towards the end to give a fast finish. He was spot on about the wind and it did prove to be a fast night with many riders achieving PB's.

Pusher Off

Alan Weston

Stephen was quickest with a superb PB of 58.38, just reward for all his hard training. Mel finally got under the hour in good style with 58.42 – with all the comments from Ken prior to the race he would probably have gone straight home if he had not. Scratch rider Jonathan was down somewhat with 1.00.30, the course not to his liking. Peter Weston also did a PB and with it won the handicap, with a 6 minute improvement. Peter Thorp – Hincks and Chris White also made excellent 25 mile debuts. Mention must also be made of Chris Bacon's ride – a 57 on this course is good going indeed.

Pete Eldridge had a bit of a tumble, but we understand all is now OK!

### Evening 10 No 2 - 14/5/99

1	Mel Roberton	22.26
2	Karl Roberton	23.03
3	Paul Carruthers	23.03
4	Stephen Trott	23.31
4 5	Chris Bacon	23.34
6	Jonathan Ford-Dunn	23.36
7	Adrian Brown	24.30
8	Peter Thorp - Hincks	25.00
9	Andrew Lock	25.26
10	Ian Cheeseman	25.34
11	Ron Bardouleau	25.35
12	Nick Attaway	26.11
13	Graham Collins	26.48
14	Peter Eldridge	27.39
15	Diana Trafford	27.49
16	Peter Weston	29.17
17	Alan Weston	30.11

Weather conditions – warm with a light southerly wind. The times were not particularly quick, but the season is still young!!

### Evening 10 No 3 - 21/5/99

Mel Roberton	21.56
Stephen Trott	22.17
Chris Bacon	22.26
Karl Roberton	22.31
Jonathan Ford-Dunn	22.42
Adrian Brown	23.32
Collin Miler	23.37
Ron Bardouleau	24.47
Andrew Lock	24.58
Ed Andrew	25.26
Nick Attaway	26.17
Diana Trafford	26.44
Peter Eldridge	26.52
Graham Collins	27.07
Peter Weston	27.29
	Stephen Trott Chris Bacon Karl Roberton Jonathan Ford-Dunn Adrian Brown Collin Miler Ron Bardouleau Andrew Lock Ed Andrew Nick Attaway Diana Trafford Peter Eldridge Graham Collins

Weather conditions – muggy with a very light northerly breeze, made for a fast start to Findon but the return leg was harder to Ashington. The final leg was also fast going with a tail wind to the finish at Washington. Mel again came out on top with a PB, the first time under 22 minutes I believe. There were also good rides from Colin Miller and Adrian Brown. I think Jonathan may also have done a PB. Chris Bacon is relentlessly picking up speed!

### Evening 10 No 4 - 27/5/99

1	Mel Roberton	22.56
2	Paul Carruthers	23.22
3	Karl Roberton	23.28
4	Stephen Trott	23.29
5	Jonathan Ford-Dunn	23.39
6	Paul Toppin	24.14
7	Peter Thorp - Hincks	24.20
8	Ian Cheeseman	24.38
9	Adrian Brown	24.53
10	Andrew Lock	25.04
12	Nick Attaway	25.36
13	Peter Eldridge	27.07
14	Peter Baird	27.31
15	Diana Trafford	27.45
16	Peter Weston	28.37

Weather conditions – warm with a North – Easterly wind, made for a quick start to Findon but very hard going on the leg to Ashington. The times reflect this.

### Evening 10 No 5 – 3/6/99

1	Chris Bacon		22.33
2	Mel Roberton		22.33
3	Karl Roberton		23.28
4	Jonathan Ford-Dunn		23.38
5	Peter Thorp - Hincks		23.55
6	Don Lock		24.02
7	Paul Toppin		24.02
8	Ian Cheeseman		24.33
9	Andrew Lock		24.54
10	David Uncles		25.42
11	Chris White		25.50
12	Susan Uncles		26.45
13	Diana Trafford	*	27.18
14	Peter Eldridge		27.28
15	Peter Baird		27.42

Weather conditions – warm with a strong Southerly wind. The final leg back to Washington was hard going into a strong head wind.

Tonight saw a rare outing from Andrew Lock, Paul Toppin and Don Lock. I am sure Don went home happy, but if only he had gone that bit harder!!! He would have achieved a "23" and beaten Paul into the bargain!

### Evening 10 No 6 - 10/6/99

1	Mel Roberton	21.32
2	Chris Bacon	21.49
3=	Karl Roberton	22.24
3=	Stephen Trott	22.24
4	Paul Carruthers	23.00
5	Peter Thorp - Hincks	23.48
6	Ian Cheeseman	23.55
7	Chris Dransfield	24.20
8	Adrian Brown	24.26
9	Chris White	24.29
10	David Uncles	24.50
11	Susan Uncles	26.39
12	Diana Trafford	26.51
13	Peter Eldridge	27.10
14	Peter Weston	27.39
15	Mike Poland	30.14

Weather conditions – warm with a light breeze from the North East. It was a good evening with some fast times. Both Mel and Chris found an extra gear and recorded 21's. Karl and Steve also went well, and I think that Ian Cheesman was also happy with his ride. Peter Thorp – Hincks seems to improve every week!

### Evening 10 No 7 - 17/6/99

Mel Roberton	21.42
Stephen Trott	22.13
Karl Roberton	23.00
Jonathan Ford - Dunn	23.06
Paul Toppin	23.13
Colin Miller	23.25
Adrian Brown	23.40
Peter Thorp - Hincks	23.46
Chris White	24.09
David Uncles	24.56
Ron Bardoulieu	25.25
Susan Uncles	25.54
Diana Trafford	26.10
Peter Eldridge	27.14
Peter Weston	27.24
Mike Poland	29.30
	Stephen Trott Karl Roberton Jonathan Ford – Dunn Paul Toppin Colin Miller Adrian Brown Peter Thorp – Hincks Chris White David Uncles Ron Bardoulieu Susan Uncles Diana Trafford Peter Eldridge Peter Weston

Weather conditions – warm with a light breeze from the North East. Steve Trott squeezed another few seconds off his best and is within reach of a "21". Paul Toppin showed that he could still do it with a short 23.

### Evening 10 No 8 - 24/6/99

1	Chris Bacon	21.34	
2	Paul Carruthers	22.58	
3	Karl Roberton	22.59	
4=	Ian Cheeseman	23.34	
4=	Colin Miller	23.34	
5	John Poland	23.38	
6	Peter Baird	23.58	Two Up
	Malcolm Martin		Two Up
7	Andrew Lock	24.10	
8	Chris White	24.14	
9	Adrian Brown	24.19	
10	David Uncles	24.43	
11	Susan Uncles	25.51	
12	Peter Weston	27.00	
13	Mike Poland	29.40	

Weather conditions – hot with a light breeze from the north east. Made for a fast start to Findon, but a slower return to Ashington. The final leg back to Washington was relatively quick, but by then the damage was done. Chris seemed to ignore the hard conditions and was over a minute clear of the next rider, with Mel being on holiday. Ian Cheesman again did a good ride with 23.34.

### Other TT Results

Chris Bacon had a good result in the Bognor Regis 25 mile, finishing fourth in a strong field.

Chris was also in the placings (7<sup>th</sup>) in the 28<sup>th</sup> Wheelers 25 Mile event on a poor day, finishing with a 57.19 PB into the bargain.

Steve Trott did a 4.37 in the ESCA 100 mile event then swore he'd never do another ride on this course. I said the same thing last year – the roads are busy and the road surfaces are horrendous.

Paul Carruthers rode the Bognor Regis 50 Mile event on 18 July. It was a perfect day; calm and clear, if a bit hot. He was fairly happy with his 2.05.22.

Paul and Jonathan Ford – Dunn rode the SCCU 100 Mile on 1/8/99 – provisional result was that Paul did 4.27 and Jonathan 4.37. Full report next month.

### Evening 25 Mile - 1/7/99

Pos	Name	Actual Time	H'Cap	H'Cap Time
1	Stephen Trott	1.00.28	Scratch	1.00.28
2	Peter Thorp -Hincks	1.03.38	4.05	59.33
3	Karl Roberton	1.04.08	2.35	1.01.33
4	Ian Cheeseman	1.04.11	5.15	58.56
5	Chris White	1.06.12	7.15	58.57
6	Diana Trafford	1.12.08	14.00	58.08
7	Peter Weston	1.14.18	17.00	57.18

DNF Jonathan Ford - Dunn (worn - out ring)

### Private Entries

Chris Bacon	57.48
Richard Bonner	58.50
Mark Jones	59.05
Paul Carruthers	1.01.34
Bob Kelleway	1.01.34
Eric Bonner	1.01.55
Tom Jackson	1.02.40
M Martin	1.09.15

### Awards

1 <sup>st</sup>	Steve Trott
H'Cap	Peter Weston
•	Diana Trafford
Timekeeper	Don Lock
Pusher Off	Alan Weston
H'Capper	Don Lock

The second of the two evening 25 mile TT's held on the Steyning course. The weather conditions were much worse, with a headwind down the A24 being particularly troublesome. Steve managed to stay in front despite being a couple of minutes down on the previous week. Everyone else was down by a similar amount.

Peter Thorp – Hincks was second quickest and Karl was well back with his 1.04 (explanation was allegedly heavy drinking the previous day).

Again Chris Bacon rode as a private entry and was well clear with a "57", beating both Stella boys by quite a margin. If, as a club, we could get our act together, we could challenge for some Open team medals with Chris, Jeremy and Mel being capable of top ten individual results on a good day.

### Tourist Trial 1999 First Stage July 6<sup>th</sup>

Two crashed and some were pushed to finish in daylight. One wife is threatening to get the organiser to do her husband's laundry, and one competitor complains of two punctures and damage to equipment. A piece of cake these touring competitions.

Held over 18 miles with about 7 miles of rough stuff, this brought out the mountain bikes and they were probably best suited. Don Lock the organiser swore he had ridden the course on m/bike and road bike, the competitors it seems just swore.

Paul Toppin and Tony Palmer both came to grief in a wooded section (dark at 20.30 hours) where lurked a greasy muddy section.

It was surprising really that Tony – the 1998 Champion – actually got this far, seeing as how he turned up with a map of the Hastings area!

The questions waiting for them when they eventually got back to the clubroom soon had them grovelling again, but some more than others.

At the end of the first stage the position is:

1 st	John Mansell	15 points
2nd	Alan Matthews	14 points
3rd	<b>Tony Palmer</b>	12 points
4th	Paul Toppin	11 points
5 <sup>th</sup>	Mike Irons	10 points
6 <sup>th</sup>	Chris White	5 points

### TOURING CHAMPIONSHIP 1999 (Part 2)

This will be in the Clubroom on Tuesday 12<sup>th</sup> October at 8p.m. It is hoped that all those who completed the first stage will be able to take part, but others are very welcome to join in for the fun. No riding this time, all will be in the Clubroom and you will need O.S. Map 198 in the Landranger series "Brighton and the Downs"

Organiser Don Lock. 01903 531877

Next year it is planned to hold it on a Sunday morning.

### **SHORTS**

### An Occasional Column.....

Brian (always frozen) Howe has, in the recent hot spell with temperatures in the mid eighties fahrenheight, been seen without his overshoes! The almost unthinkable possibility that he may appear on a clubrun in shorts is now having to be seriously contemplated.			
Competitor to Timekeeper just before start of evening 25 "Don will you be at the finish?"			
Did you hear of the Club member (Client confidentiality doesn't allow the release of his name) who has just seen for the first time the Deeds of his house, where he's lived for 25 years, and what do you know all that time he's been using the wrong garage!			
Am I a mug or what!!!! At the last Club auction, I bought Don Lock's old skinsuit as a spare for racing. Unfortunately, I later found out to my cost that Don has legs like tree trunks and the bottom half of the skinsuit flapped around my thighs like a pair of pantaloons. Hearing of this, Don casually asked if he could "borrow" them back for "just one race". Bearing in mind all the help Don has given me in the past, this put immense moral pressure on me. Consequently, Don is now the proud owner of his old skinsuit! This is a warning – don't fall for the same trick at the next auction!!!!			
I am sure all the other competitors in the "Evening Tens" will join me in thanking Dave Hudson for the drinks and biscuits that that he dispensed from his "Food Wagon". It added a very civilised note to proceedings.			
Ron Bardoulieu has been knocked off his bike twice in recent months, thankfully with minor injuries. The first time was on the busy Brighton bypass. After this shock, Ron stayed away from the main roads and took to the back lanes. Believe it or not, he was then hit by another car down a tiny lane near Ashington! Ron – sometimes you just can't win!			

### 30 Mile Championship 11/7/99

Pos	Name	Actual Time	H'Cap	H'Cap Time
1	Chris Bacon	1.10.55	Scratch	1.10.55
2	Stephen Trott	1.14.32	1.15	1.13,17
3	Jonathan Ford - Dunn	1.15.51	3.30	1.12.21
4	Ian Cheeseman	1.18.41	8.15	1.10.26
5	Karl Roberton	1.20.03	4.00	1.16.03
6	Colin Miller	1.20.05	7.00	1.13.05
7	Diana Trafford	1.29.19	17.00	1.12.19
8	Peter Weston	1.32.24	18.00	1.14.24

### DNS Andy Lawrenson

### Private Entries

Paul Carruthers	1.16.22
Peter Evison	1.17.41
Awards 1st	Chris Bacon
2 <sup>nd</sup>	Stephen Trott
H'Cap	Ian Cheeseman
Timekeeper	Don Lock
Pusher Off	Alan Weston
H'Capper	Don Lock

The morning started with perfect weather, warm and scummy with a light South Westerly breeze. As the morning went on the wind picked up and was hard towards the finish, particularly over the "lip" on the way back from Shoreham. A car boot sale at Shoreham caused a problem for some riders, some of whom, judging by the times, stopped for some shopping.

Chris Bacon was scratch man, and with his time of 1.10.55 showed that he is in excellent form at the moment. Steve Trott was pushed back into second place over three and a half minutes back.

The other notable ride was from the rapidly – improving Ian Cheeseman, who finds that his relaxed Policeman's hours allow him ample opportunity for training. I expect that Don will make his handicap less generous in the future.

### CALENDAR OF EVENTS

EVENT	START	DAY	DATE	CONTACT
<b>Competitive Events</b>				
Sussex CA 25	07.00	Sun	5 <sup>th</sup> September	Mel Roberton
Club Hardriders	09.00	Sun	26 <sup>th</sup> September	Mel Roberton
Club Hillclimb	09.00	Sun	3 <sup>rd</sup> October	Mel Roberton
September				
110k Hilly Audax	Petworth	Sun	19 <sup>th</sup> September	Tony Palmer
Other				
Ray Douglass Tea	Jan 2000	Sun	23 <sup>rd</sup> Jan	Don Lock

### Club Run s

CLUBRUNS DEPART FROM WASHINGTON VILLAGE GREEN AT 9.00AM (9.10 LATEST) UNLESS OTHERWISE STATED. PLEASE NOTIFY TONY PALMER OF YOUR ATTENDANCE. 01273 558597.

22 AUG	HARDRIDERS AUDAX CLUBRUN. THIS RUN STARTS AT THE
	CAR PARK IN PETWORTH AT 9.00am AND COVERS THE AUDAX
	HARDRIDERS COURSE, 66 MILES. FOOD STOPS AVAILABLE ON
	ROUTE PROVIDED BY DAVE HUDSON. ENTER THE MAIN EVENT
	19 SEPTEMBER AND ALL FOOD ON THIS CLUBRUN IS FREE!!!
29 AUG	DOLLY'S PANTRY, DITCHLING.
5 SEPT.	SOUTHWATER COUNTRY PARK. [AFTER SCA 25]
12 SEPT.	OLD MILL HOUSE FARM, 1 MILE WEST OF BOLNEY ON A272
19 SEPT	110k HARDRIDERS AUDAX STARTING FROM PETWORTH.
	DETAILS AND ENTRY FORMS FROM TONY PALMER.
26 SEPT	STOPHAM BRIDGE GARDEN CENTRE, [AFTER CLUB
	HARDRIDERS]
3 OCT	RSPB CENTRE, WIGGONHOLT COMMON
	[AFTER CLUB HILLCLIMB]
10 OCT	ANTIQUE SHOP, ADVERSANE.
17 OCT	OLD LOOM TEAROOMS, HAILSHAM.
	THIS RUN DEPARTS FROM THE WAR MEMORIAL AT RINGMER
	AT 9.00am.
24 OCT.	ST. PETER'S TEAROOMS, COWFOLD.

### Been knocked off your bike?

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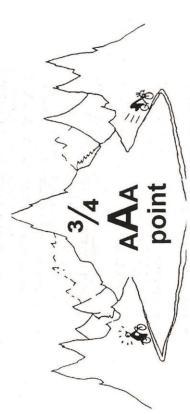
**Brevet Dopulaire** 

which provides not only numerous feed stops but an unbelievable amount of freewheeling

Worthing Excelsior Cycling Club Promoted by

# on Sunday 19th September 1999

start 09.00 - Petworth, West Sussex



Please enclose 2 SAE's with entry & £3.50p plus insurance premium of 50p if not AUK or CTC member. No limit on numbers but entries close on 6th September

Brentwood Crescent, Hollingdean, Brighton, BN1 7EU entries with cheques payable to: Tony Palmer,



## AUDAX UNITED KINGDOM

Entry form for Events held under the Regulations of Audax UK (May 1999)

to use quiet roads, it is impossible to avoid trafficked A & B roads. Aoutes may cover high and exposed ground and be a severe test of stamina and cycle control. Entrains should be aware of the usual hazards such as junctions and other traffic, and occasional hazards such as road-works and poor road surfaces. Entrains should ride safely, according to the rules of the road and within their own capabilities. Entraints should familiarise themselves with the route and ensure that they are fit and Entry: Entrants should note that this event is held on the public highway and, whilst the aim is competent to undertake this event. Entrants agree to abide fully with the AUK Regulations of the event, in particular, responsibility for the roadworthiness of the machine is that of the entrant. Entrants must consider themselves as being on a private excursion and rely on their own arrangements in the event of failure to complete the course.

Please enter accurately & in full, e.g. R0452b

AUK Membership No

here

# THE UNDERSIGNED, HAVE READ AND UNDERSTOOD THE ABOVE.

**Darental Consent:** This is required for entrants under 18 years of age. Parents should read and take note of the information given in the above entry form. They should also be aware that unlike normal CTC runs there are no leaders as such. I have given details of my AUK Membership, or my CTC Membership number is, otherwise I have applied below for temporary AUK Membership.

### HAVE READ & UNDERSTOOD THE ENTRY INFORMATION AND THESE CONSENT DETAILS. Signed (Parent/Guardian).

One of the essential regulations of events registered by AUK is that all riders must have public ability cover:-

NUK members have cover for all events under AUK regulations via the AUK policy CTC members have cover for all events under AUK regulations via the CTC policy.

### ALL OTHER RIDERS MUST FILL IN THE APPLICATION BELOW.

wish to apply for temporary membership of Audax United Kingdom for the event above. I understand that this entitles me to cover under AUK Public Liability Policy for the period of the ride. I enclose a temporary membership fee of £0.50p

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Please fill in ALL relevant parts, then send the whole form with 2 A5 SAE's & full fee payable to the Organiser Tony Palmer - Late entries returned

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