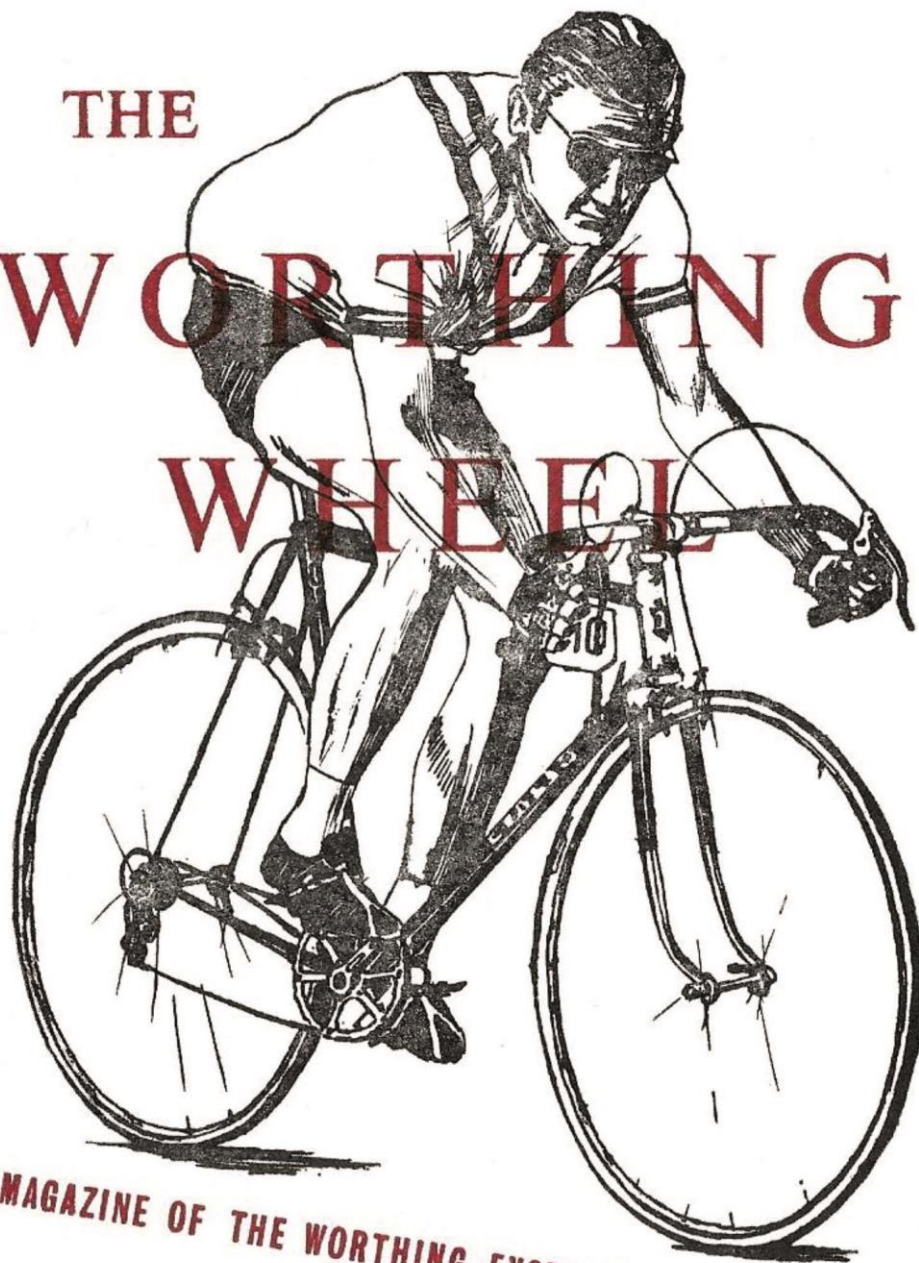


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# THE WORTHING WHEEL



MAGAZINE OF THE WORTHING EXCELSIOR CYCLING CLUB

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THE WORTHING WHEEL

The Journal of

THE WORTHING EXCELSIOR CYCLING CLUB

\*\*\*\* WINTER 1979 ISSUE \*\*\*\*

Headquarters: Broadwater Parish Rooms  
Broadwater Green, Worthing  
(Meetings every Tuesday  
8.00pm - 10.00pm approx)

President: W.D. Argent  
67 St. Lawrence Avenue,  
Worthing

Chairman: Charles Lednor,  
5 Uplands Avenue,  
Worthing. Tel: 62038

Secretary: John Mansell,  
3 Walesbeech, Furnace Gn.,  
Crawley, Tel: 35757

Treasurer: Roger Smallman,  
Flat 4, 63 Langdale Rd.,  
Hove.

Club Events Sec: Duncan Waghorne,  
57 Leigh Road,  
Worthing. Tel: 32095

Even. Ten Sec: Ian Reader,  
158 Terringes Avenue,  
Worthing. Tel: 503343

Press Sec: Don Lock  
7 Welland Rd., Durrington,  
Worthing. Tel: 62724

Runs & Touring Sec. MAG EDITOR. Derek Smith,  
7 Cove Road, Rustington,  
Tel: Rust. 4712



## EDITORIAL

With the Social Season nearly at an end, we look back over the events that enabled us to 'let our hair down'. The Club Dinner/Prize Presentation was another success in 1979 and leading on from that prize presentation we list the 'TOP 20' of the years 25's, and give the final time trial performances of 1979. Richard Shipton also managed to clinch the '30' record during October, (page 19).

The hardriders annual October pilgrimage over the South Downs foothills receives coverage and concludes the points-cup table featured on page 34. October and November are the months for Tourist Trials, and members had the opportunity to ride in the Club one as well as in ESCA's, run last year by the Brighton Excel.

An old friend of the Club, Pete Sidford, writes to me about his cycling family, and we find out, from another source, just what constitutes a good cyclists house!

As always at this time of the year, I include a programme of Club and other local events and this can be found on the closing pages.

Derek

## A CYCLISTS HOUSE

A cyclist spends more on his bike than anything else. The second largest item of expenditure is a house and it is for this reason that the cyclist should pay some attention to his house, although he seldom does.

When a cyclist marries, which has been known to happen, compromises have to be made. Many cyclists don't think marriage will catch on any more than hub brakes and they cite the example of a ferocious argument between two newly weds: He wanted a chainset for about £100 in order to save one second in a time trial. She wanted a washing machine for exactly the same price in order to save an hour on washday. Needless to add, commonsense prevailed and the wife was persuaded to take up cycling.

Cleaning the bike has to be carefully planned. This should take place in the kitchen where there is plenty of hot soapy water to get the thick muck off, a towel for wiping greasy hands, and biscuits for sustenance. Taking things to pieces, regreasing and trying to get it together again is a job for the main room, where the floor is dry and a radio will be switched on. Radio One for the youngsters, Radio Two for the old ones. Carpeted floors are essential for catching greasy ball bearings, and to minimize damage to the saddle and brake cables.

The walls in a cyclists house are often used more than the floor. A good wall is one which does not crumble when you bang in a thick six inch nail. You will



need plenty of these big nails, to hang frames, lengths of oily chain, capes to dry etc. Pictures on walls should be continental racing cyclists looking shattered, earning millions of lire.

The ideal cyclists bed stands six feet off the floor, to give maximum storage space underneath. Your table should have a notch cut to receive a block remover, (if a proper vice is not fitted). Additional furniture is superfluous and is no luxury if it deprives you of more storage space for bikes.

You might be wondering why the garage is not used to keep bikes in? Well, this is because the garage is a useful source of income. Rich cyclists have a double garage. When other cyclists come to visit, you let them sleep in the garage for 50p per night, which is cheaper than Youth Hostels, so they will think you very kind. A garden can be put to similar use, for the light-weight cycle camping fraternity - currently gaining popularity.

Perhaps a house ought to be a cyclists first priority!

An abridged version of A CYCLISTS HOUSE by Andrew Hague.

Cycling World - Issue No. 1 April 1979.



## THE TOURING YEAR 1979

The 'Touring Best All Rounder' started on 5th November 1978. Nearly a dozen members joined each run through to Christmas. There was a motorised run to the Thames Valley, where we rode round Burnham Beeches and the High Wycombe area back towards Winsor. Then on the 22nd December there was a 'special' scup-run, with Theo and Charlie en-route finally ending up at Dons house for coffee and mince pies.

Six members turned out on Christmas morning and just three on 31st December. On this Sunday thick snow filled the roads; reduced the traffic, and made cycling more 'fun', but perhaps best of all, allowed those three members to consume a 'booked' meal at St Peters Cottage Restaurant, Cowfold, that another party had had to cancel!

Then came January, and the start of the 'split' Sunday run. Dick Wiseman had fancied getting in some early season miles and felt 'cramped' with existing venue's. So he prepared some distant favourites, that enabled a steady ride (averaging about 100 miles) to be achieved. Dicks runs use to average about 4 members and never really threatened our nearer-to-home runs, except, however, they seldom continued after elevenses.

Norman Wright allowed us to use his house for a soup run, but the evening proved wet and windy and only six turned up to eat the 'mountains' of food prepared by his wife. Shoreham Airport has provided occasional Friday evening venues and Ken Ferenbach makes us extremely welcome. The Black Horse at



Climping was popular, clean and did not bar snacks - but we were plagued with Don puncturing (if I remember correctly).

On 6th May our Cowfold 11's was in the Cowfold pavillion with the hordes associated with the SCA Team Championship. Towards the end of May, the Club turned up at Brighton to see the Milk Race Prologues.

Ray Douglass's run to Newbury, 'Oxford', and 'Lambourne', got well and truly washed away, but eight brave souls, enjoyed what remained of the day. In the middle of July, most of the regular Sunday morning riders turned out to help Ray in his SCA 100 promotion. All through the summer months, numbers on the runs varied depending on local races.

The Fiesta Kermesse robbed us of another weekend, but it was a fine morning down on the seafront. Then in early September a 'new' Happy Eater was tried at Rake (yes, several members asked where it was) and it was satisfactory and cheaper than Little Chefs. The TBAR ended on 28th October 1979 with the Tourist Trial organised by Brian Cox (another article elsewhere) when 11 entered a successful (if muddy) promotion!

So at the end where did the stalwarts finish: A closely fought final where the points had to be carefully checked and re-checked. The first twenty one placings were as follows (last year Dave Hudson won with 110 points):-

1	Dick Wiseman.....	130
2	Dave Hudson.....	97
3	Paul Toppin.....	96
4	Norman Wright.....	71
5	Duncan Waghorne.....	60
6	Derek Smith.....	46
7	Ray Douglass.....	44
8	Keith Dodman.....	41
9	Mike Wallis.....	38
10	Daivd Mills.....	33
11	John Mansell.....	30
12	Don Lock.....	28
13	Bill Webb.....	23
14	John Lewis.....	21
15	Graham Draper.....	19
16	Stephen Jukes.....	19
17	Andrew Lock.....	15
18	Keith Norris.....	15
19	Roger Smallman.....	12
20	Eddy Gough.....	12
21	Paul Macmillan.....	12



ESCA TOURIST TRIAL  
Sunday 4th November 1979

It was one of those Sunday mornings when it would have made more sense to stay under warm blankets, dry and insulated from the horizontal rain. But the weather forecast said "wet first, drying up later", so perhaps it wasn't going to be too bad.

The meeting place was Lewes railway station between 9.00 and 9.30 am. I arrived by car with John Lewis and we sat in the car park waiting for the rain to ease in order to remove the two bikes from the roofrack. It never did ease, no one else arrived, (little did we know, the meeting place was above us on the bridge)-but we had passed Brighton Excel, cycling towards Lewes on the A 27 - so set off to find someone.

When we found Jonny Roberts, the organiser, he was sheltering in a British Railways doorway, with about four others, all busily studying maps of the morning section. With them was John Mansell, Worthing's third and final entry for the trial. Signpost clues laid out in order, were not only going to direct us to lunch, but also give us 5 points for each correct answer to the missing information. 90 points could be scored.

From Lewes we headed towards Offham, up the A 275 and turned right by the church. We then had to locate - first by calculation, then substantiating by a visit - the missing information on our sheets. ie Offham 2, Cooksbridge ... Barcombe \* 2. The occasional asterisk ensured that the correct route was followed. Well there were 16 such signposts, and once a route had been established it was fairly 'plain-



sailing'. A hydrant en-route needed identification, and the section finished with an estimation of the mileage that 'should' have been covered. The morning finished at the Laughing Fish at Isfield, and it should have been about 28 miles. The route passed through Barcombe Cross Newick, Freshfield, Splayne's Green and Piltown. Pleasant though it was, I'm sure it would have been more so had the weather at least kept dry!

However, a real log fire, a few beers, and a hot meal for those who wanted it, soon had us forgetting the conditions outside. Whilst musing on each others difficulties, and waiting for late finishers, we were handed a Sussex Quiz. This asked such posers as 'is Burgess Hill in East or West Sussex?', or 'What is mined at Mountfield?' (where is it? I ask!). Five questions, 10 points each - so another 50 points to be scored.

The afternoon section was varied and interesting. We were started off from the pub by a time keeper, and had a set route to follow to 'Iron Poartree' at 12 miles per hour. Distance was 3 miles, but we were not told that. Points were awarded for first to fifth places; 20, 10, 5, 4 and 3 respectively. John Mansell was placed second and Derek third.

Then followed a freewheeling contest just south of Framfield. We were told little - except to watch the bend at the bottom. Roy Humphrey was helping here - as he had done with the speed judging. Frank Godwin had retired from the 'trial' and so was now helping. Some were pumping tyres, others swapping



bikes - but we all finished up at the bottom, on an incline. John Lewis took first place, and John Mansell was third. Points were as speed judging.

Then followed a map reading, 'place sorting' and 'lane-name-finding' circuit. The roughstuff had been omitted due to the conditions. A generous 30 points were awarded to those who completed the course, and 15 points apiece for the correct location of the lanes. Assembling at Palehouse Common for the final section.

This was bike control! A devious mini circuit of perhaps 20 yards, had been set up through leaves, between trees and finally zig-zagging between cans placed on the very edge of the tarmac road. John Lewis managed to buckle his front wheel on this section; some showed great skill, while others got through with a lot of luck. Six obstacles, 10 points each, deducted on 'feet-down'. The most scored was 50 points and the 10 points lost were not always the same obstacle.

So with that finished we had just 4 miles to return to the Laughing Fish where a hot 'tea' was being laid on in a back room. It was here at 4.40 p.m. that we met Dave H., Dick and Paul who had been out on the Club run all day. On the menu was Corn Beef Hash or Sausage Hash - and plenty of it - with hot tea to follow. The room was hot and we soon dried out. John Roberts was collating the points. He interrupted the chatter to give the

results. First was Brian Barrett with 255 out of 300, second was John Mansell with 240, and a tie at third was between Chris Beckingham BECC and John Lewis, both with 225 points. With the reigning President of ESCA amongst us - Rick Stringer - it was his duty to present some prizes. Brian received a lamp, John Mansell a padlock, whilst Chris and John Lewis shared an inner tube (actually they received one each). So ended a worth while day despite the weather. Thanks John for organising such a pleasant event.

DEREK

P.S.

I came 6th with 215 points, with Rick Stringer 5th, collecting 218 points.



THE LAST LIST OF TIME TRIAL PERFORMANCES  
OF THE 1979 SEASON.

24th June: VTTA 25: R Wiseman 1.01.42  
R Douglass 1.06.33  
Norwood Paragon:  
N Wright 2.47.07  
G.H.S. Schoolboys 10:  
A Lock 29.59  
Letchworth Vele:  
R Shipton 58.44  
30th June: South Eastern R.C. 25  
R Douglass 1.08.45  
East Sussex C.A. 25  
P Reeves 1.08.27  
R Douglass 1.13.33  
N Wright 1.13.39  
7th July: Bournemouth Jubilee 25:  
R Shipton 57.42  
C Miller 1.03.45  
P Reeves 1.05.28  
8th July: Bournemouth Jubilee 25:  
R Shipton 1.00.19  
W.R. Holden 1.01.47  
C Miller 1.06.15  
Newbury RC 25:  
R Wiseman 1.05.08  
10th July: Brighton Mitre 25:  
C Miller 1.02.43  
K Atkins 1.05.30  
11th July: Hants R.C. 25:  
F Toppin 1.00.52  
I Hudson 1.02.36  
I Wiseman 1.03.46  
21st July: Reading CC 25:  
K Dodman 1.03.32  
P Reeves 1.08.46  
Southborough Wheelers 10:  
P Toppin 23.36  
R Wiseman 25.10  
Middlesex R.C. 50:  
D Hudson 2.14.51  
Brightlington CC 25:  
R Shipton 59.08

22nd July: Brighton Mitre 25:  
P Toppin 58.47  
WR Holden 1.01.12  
D Hudson 1.02.01  
R Wiseman 1.02.53  
A Orman 1.03.09  
R Holden 1.03.50  
C Miller 1.04.03  
P Reeves 1.04.17  
E. Gough 1.05.28  
K Atkins 1.06.39

28th July: Ashford Wheelers 10:  
P Toppin 23.59  
R Wiseman 25.12  
D Hudson 25.15

29th July: East Sussex CA 100  
E Gough 5.10.44  
J Hollis 5.14.44  
Sydenham Whs 25:  
P Reeves 1.04.09  
Bec. C.C. 25:  
P Toppin 1.01.21

5th August: Unity C.C. 25:  
R Shipton 58.39

12th August: North London 50:  
R Shipton 2.03.02  
W.T.T.A. 12hr.:  
D Lock 223.966 mls.  
National Junior 25:  
P Toppin 59.36

19th August: National 12 hr.:  
R Wiseman 226.68mls.  
N Wright 218 mls.  
Eastbourne Rovers 25:  
R Shipton 1.01.33  
South Bucks RC 12 hr.:  
J. Hollis 217 mls.

25th August: Finsbury Pk 25:  
R Shipton 55.53

26th August: Colchester 25:  
R Shipton 1.01.40

27th August: Orpington 10:  
R Shipton 22.43



8th Sept.: North Staffs CC 50:

D Hudson 2.15.35

Wandsworth CC 10:

P Macmillan 26.37

S Jukes 27.03

A Lock 29.34

9th Sept.: Bognor Regis 25:

P Toppin 58.49

R Shipton 59.28

WR Holden 59.51

R Holden 1.03.00

D Lock 1.04.25

Addiscombe 50:

K Atkins 2.24.30

15th Sept.:Middlesex Clarion 25:

P Toppin 58.45

16th Sept.:Yorkshire RC 50:

R Shipton 1.59.36

22nd Sept.:Sussex CA 25:

R Shipton 58.00

K Dodman 59.00

WR Holden 59.17

R Holden 1.01.50

Basldon CC 10:

D. Lock 25.47

P Macmillan 27.12

S Jukes 28.34

A Lock 30.19

6th October: V.C. Braintree:

F Shipton 1.11.29

14th Oct.L Brighton Mitre 25:

F Shipton 57.57

K Dodman 58.07

WR Holden 58.28

F Toppin 58.34

TOP 'TWENTY' '25's' OF 1979

1. Richard Shipton 55.21  
Southend & Coy. Whs. (Club Record)
2. Richard Shipton 55.53 Finsbury Park
3. Richard Shipton 55.56  
Basildon CC (Club Record)
4. Richard Shipton 56.20 West Kent
5. Richard Shipton 57.42 Bournemouth Jub.
6. Nick Lelliott 57.44 Hants. R.C.
7. Richard Shipton 57.57 Brighton Mitre
8. Richard Shipton 58.00 Sussex C.A.
9. Keith Dodman 58.07 Brighton Mitre
10. Keith Dodman 58.15 Huddersfield Star
11. Keith Dodman 58.22 West Kent
12. Roy Holden 58.28 Brighton Mitre
13. Paul Toppin 58.34 Brighton Mitre
14. Richard Shipton 58.36 National Champ.
15. Richard Shipton 58.39 Unity CC
16. Richard Shipton 58.44 Letchworth Velo
17. Paul Toppin 58.45 Middlesex Clar.
18. Paul Toppin 58.47 Brighton M. (Pri
19. Paul Toppin 58.49 Bognor Regis
20. Keith Dodman 58.55 Richmond & Darl.

There were to the best of my knowledge and information seven other sub-hour rides by Worthing Members during the season, two 59.08 and 59.28 to Richard Shipton and two, 59.17 and 59.51 to Roy Holden. Paul Toppin managed a 59.27 in the National Junior 25 and Keith Dodman squeezed in a 58.59 and a 59.00. Both Paul Toppin, at the beginning of the year a junior, and Roy, a vet., have chosen '79 to go under 60 minutes for the first time and at present Roy has a six second lead which must lead to some good competition in the new season. If you take into account Paul's five sub-hour rides to Roy's three there cannot be much to choose between them. 1978 saw 22 rides inside the hour, while 1979 has increased to 27 and of course we have Richards



record breaking efforts to get us down in the 55's for the first time. Richard, as can be seen, contributed 10 times to the Top 20 and managed in total 12 under the hour and on all kinds of courses, a superb effort even by his high standards.

Don

### FUND RAISING FINAL

Dave will have been after your money by now for the 1980 draws...but we recap on last years winners:

January	-	Vilf How
February	-	Ken Atkins
March	-	A Windeatt
April	-	Keith Norris
May	-	Alan Limbrey
June	-	Charlie Lednor
July	-	Mrs. E Dunn
August	-	John Mansell
September	-	Rick and Val Stringer
October	-	John Gildersleve
November	-	£75 John Gildersleve
		£25 Ray Douglass

## REFLECTIONS

I thought it was about time that I wrote a piece for inclusion in the Club Magazine. At last I now have something to write about. It all started at the start of school holidays. My eldest son Kevin, whose main pre-occupation in life was climbing mountains - not on a cycle - and karate, was finding it expensive to attend his karate lessons - you know the spiralling cost of bus fares. So we decided to buy him a bike.

Having recovered from the shock of finding decent bikes in excess of £150 I was somewhat thwarted, but managed to find a Falcon frame within my price range and fitted on my old equipment to it. He surprised us all by succumbing to that feeling one gets when hard tyres hit the road and promptly joined the Chesterfield Spire C.C. Meanwhile my other two children seemed left out of things and it wasn't long before Karen became the owner of a smart but less sophisticated machine and young Malcolm not to be outdone has a Viscount "19" complete with all the gears.

Now dad was feeling envious - the sight of the cycling Sidfords was too much and I acquired a Peugeot complete with quick-release hubs and ten gears for only £79.00!!

The Club - the Spires - has three sections, school-boys, hardriders and an in between section; Kevin belongs naturally to the school-boys, yet after a short while is one of their leading lights. He is brilliant up hills, and is a stayer too, having been to Cleethorpes and back in a day - 164 miles.

I am not yet a member but have been out with the boys on their Clubruns. The first



run called at a Cafe in Blythe on the A1 which is a well known haunt. The walls are covered in photo's of BAR hero's and the various clubs that use the place. It bought back many nostalgic moments. I made my introduction to the club when at a Sport-for-all event, the Club being one of the organisations involved, had a roller competition open to non-members. I surprised all by doing 36 seconds for 500 metres and was third to a 17 year old - not bad for a 45 year old!!

During my conversion, or is it a reclamation period, I discovered that the Sheffield Gran Prix was being held right outside my office - up the shopping centre and down a parallel road - 70 laps at a kilometre per lap. I took my daughter and younger son to see the event which was promoted by the STAR and was the final event of a sort of Pernod competition.

The World Championship team were riding. So were the Swiss and Danes. The English lads were not very impressive and it was no surprise that they came nowhere in 'the Worlds'. However the Swiss Dill Bundi was superb - my daughter was very taken with him. He lapped the field and very nearly did it again. The winner of the Star Competition was Malcolm Elliott from Sheffield Phoenix - or is it the Rutland CC. Anyway he beat them all in a lap prologue beating Crownshaw and Swinnerton. I think he came 5th in the big race.

Soon after this, there was an event taking place right round 'my house'. Promoted by the local Sponsored Club - Chesterfield Couriers Ness. 'Ness', for your information make Sunbrite Smokeless fuel, amongst other things. Again it was Malcolm



Elliott who left them all but one behind, and the rest were made to look like a clubrun.

The last event that I saw was the Tour of the Peak, but after the first lap it didn't seem like a race at all and no-one seemed to be trying. I persuaded my wife to see it, and having got frozen stiff and bored stiff, I don't think she'll bother again.

It's nice to see in the cycling press that the name Worthing Excelsior is frequently mentioned and I would like to congratulate you for all those under-the-hour rides and Nick Lelliott's '2nd' in the area championships. I haven't met most of the names I read of, but nevertheless I am proud of all your efforts.

P. Sidford

#### ANOTHER RECORD

Well done again to Richard Shipton, obviously feeling that if the record books are going to be reprinted, there's no better time to update the records themselves - Richard has clocked up his fourth during the 1979 season. Already we had noted two improvements of the 25 and one of the hundred, quite apart from his participation in the record breaking 50 team, now he has got his hands on the '30'. This one has stood for a long while (12 years) to Allan Orman at 1.12.00, exactly 25 m.p.h. Now it stands at 1.11.29. Richard has had two goes at it this year, and there's not that many events at this distance, and managed it, at the second attempt, in the Velo Club Braintree event on the E 27 course (A 12) in Essex on Saturday 6th October.

Don



HARDRIDERS CHAMPIONSHIP  
Sunday 21st October, 1979

The prospect of a Hardriders Championship with four riders really close and fighting for the major honours, took something of a knock when Richard Shipton was unable to start with work commitments taking him away from home, and when Roy Holden was found to have sustained a very painful crash during a training ride only a few days previously, which was clearly going to be a serious handicap for him. The field was down on previous years as well, with only six making the 9.00am start from the Worthing Boundary in Findon Valley.

Mike Poland - riding his umpteenth 'Hardriders' - was first away from time-keeper Charlie Lednor and seemed grateful to yours truly for a 15 minute handicap allowance. Had I given him too much? Robin Holden was at number two, with Paul Toppin next, and ahead of Eddy Gough having one of his few outings recently but with probably more miles in his legs due to his working in Bognor and a solid 36 miles being covered every day. Keith was at number 5, Roy was number 6.

First time check was taken at the foot of the first major climb just west of Houghton village. First man through was Paul Toppin and at that time had passed Robin and Mike. Robin was next at one minute followed by Keith only a further 27 seconds back and already he was pulling away from Roy and had gone past Eddy. Mike was already at the rear of the field.

After the big climbs and back along the undulations of the Amberley/Storrington

stretch and Keith had Paul well in his sights. He really was attacking these inclines while Paul was already slowing and, understandably, worrying about Keith's presence. Robin was still third on the road and making good progress, while dad, Roy, clearly not comfortable, was nevertheless closing the four minute gap, and was to finish only half a minute down. Eddy, next through at this point, was 12 minutes down on the leader while Mike was already 19 minutes back and the handicap did not after all, look to be too generous. Paul blew it on the final miles and was to lose almost another two minutes, but perhaps this more than anything shows just how strongly Keith was going.

#### The Final Result

	<u>Name</u>	<u>Houghton</u>	<u>Amb'y</u>	<u>Finish</u>	<u>H'cap</u>
1	K.Dodman	39.20	1.07.08	1.29.36	1.00
2	P.Toppin	39.53	1.08.55	1.33.25	2.00
3	W.Holden	40.11	1.10.38	1.34.42	2.00
4	R.Holden	41.53	1.12.50	1.37.11	6.00
5	E.Gough	43.20	1.15.45	1.41.30	9.00
6	M.Poland	47.35	1.23.00	1.49.21	15.00

Don.



DINNER, DANCE & PRIZE PRESENTATION.  
Saturday 10th November, 1979

Once more the Club Dinner was held at the Royal Coach, Shoreham, but with that establishment now under new management. On a typically chilly November night, the diners assembled themselves in a warm congenial atmosphere. Wives and girlfriends were all introduced and there was much drinking and chatting. A huge teddy-bear was keeping a watchful eye on the trophies from his central vantage point; he was to form the major raffle prize. Under him was a vast array of delightful booty for the raffle draw, but it was 'he' who was going to sell the tickets - the girls were drooling over him already.

Then the 'last-orders' bell was rung - but not for last orders! It was to inform us that dinner would be served. We took our seats, after reporting to the seating plan - a carefully balanced arrangement seemingly designed to keep 'rival factions' at bay. Serving of the meal was, if anything, a little slow, with long intervals between courses. The menu was altered this year to make a change, whilst trying to keep the cost of the tickets down. For £4.50 we enjoyed a menu of Cream of Chicken soup (but this wasn't what I had in my bowl!), Roast Lamb with Dutchess and roast potatoes, peas and carrots, followed by Peach Melba and coffee, with of course entertainment later!

The coffee (two cups for some) was followed by the speeches, First being a brief proposal of thanks to the President and Vice Presidents by Derek Smith. An equally brief response was made by Dougie Argent. Then guest speaker Mick Burgess (nicknamed



The Copper!) rose to propose a toast to the Club. In a fine 'Police Staccato' style, Mick said that he tried to find something new to say, but couldn't. He had tried desperately to root-out some club scandal, but again met with a blank, both from the magazine and 'police enquiries'. Mick made some nice comments about the magazine and referred to some of those who feature in it. He concluded with some 'French' joke but you should have been there to appreciate it. Roy Holden said that he had planned his response earlier that day, and had tried it out on the residents of Littlehampton and the farm animals in neighbouring fields, while out for a 'spin'. He had been trying to think of suitable jokes for this 'august' occasion and the most suitable (if not the best) came from a 'well qualified' member fresh from touring the Irish Paddy fields. The Irish language was helped along with outbursts from Dave Hudson (another one who had succumbed to 'Go Irish'). The joke was about two tandemists on a steep hill (nay, mountain) where one, thinking it was hard work because of its steepness, was assured by his friend that indeed it was steep - so much so, that if it wasn't for him putting the brakes on, they would have been rolling back down it!!

So with the speeches dispensed with fairly quickly, it was over to Don (reading) and Dougie Argent to hand out the Club trophies to the deserving recipients. A list of winners appears at the foot of this report. The final fund-raising draws of the year were made, when John Gildersleve managed to win £75, but was not present to collect it; and Ray (Mac) Douglass sporting his 'family tartan' kilt, clenched the £25 prize.



The room was then quickly rearranged, the disco and lights set up and the dancing began. I'm reliably informed the time was then about 10.00 pm, and we only had until midnight to enjoy ourselves. The tickets for the raffle were being sold, and judging by the way the helpers were working, sales were high. However we were all kept in 'suspenders' until about 11.45pm when the lights went up, and the first of the tickets was picked and called. Sonia Mansell held the first number and rushed over to collect the teddy. Others followed quickly and soon the prizes were exhausted.

Final dances, with balloons and streamers concluded a fine evening, which left the Royal Coach dance floor looking a right mess. Dave Hudsons booming announcement about a run at 10.00 am next morning fell on 'deaf' ears. We said our goodbyes and drifted into the night.

Derek

## AWARDS

### Richard Shipton:

1st Club 100 4.21.13 Rec.  
1st H'cap, 100  
1st Club 2 up 25 56.30  
2nd Club Champ. 25 1.02.50  
2nd Club 50 2.05.30  
1st B.A.R. 24.657mph.  
Minature Mason (Club 100) Trophy!  
(for winning '77, '78, & '79)  
Team 50 record

### Paul Toppin:

1st Club 25 1.09.10  
1st Jun. 15 36.57  
1st Club 15 35.34 Rec.  
1st Champ. 25 1.02.34  
1st H'cap Club 50  
1st scr. 10 series 6 pts.  
1st junior B.A.R. 25.718 mph  
Fastest actual 'Clap haw!  
1st Points Cup 38 pts.  
Team 50 record

### Keith Dodman:

1st Club 30 1.16.23  
1st Club 50 2.03.51  
1st Club 2 up 25 56.30  
1st Hardriders 1.29.36  
1st H'Cap hardriders 1.28.36  
1st Hill climb  
Team 50 record

### Robin Holden:

1st H'cap circuit  
1st H'cap Club 30  
2nd Club 2 up 25 59.34  
1st Sherwin  
1st H'cap Club 25  
3rd scr. 10 series 16 pts.



Paul Macmillan:

1st H'cap 10 series 56 pts  
1st sch. boy 10 series  
Most improved rider 1979

Dick Wiseman:

1st H'Cap club 25  
Club 12 hour champ. 226.68 miles  
1st Touring BAR 130 pts.

Stephen Jukes:

1st H'cap Jun. 15  
2nd H'cap 10 series 35½ pts.

Roy Holden:

2nd Club 2 up 25 59.34  
2nd scr. 10 series 10 pts.

Duncan Waghorne:

1st Clapshaw 25

Andrew Lock:

1st H'cap Club 15

Nick Lelliott:

1st Track points trophy

John Mansell:

1st Tourist Trial Bowl

Charlie Lednor:

Clubman of the Year 1979  
(Merideth Trophy).

THE CLUB TOURIST TRIAL  
Sunday 28th October 1979

Brian Cox (one of our second-claim members) was contacted late one committee meeting night, and was asked if he could organise our Tourist Trial. Subject to nothing else being planned - yes he would.

So nearer the time, out came some sketchy details of the event.

We would be needing O.S. map 197 (50 000) 'Chichester & The Downs'. We would be starting in the Hammerpot lay-by between 9.15 & 9.30 am. Elevenses and a cooked tea would be provided at some nominal cost (later made £1.00).

Well, on the day the weather was reasonable. It could have been clearer, but at least it was dry. There was a little mist on the hills as we were to discover later.

Stage 1. Twelve member swere going to attempt to arrive at map reference 028132 (Amberley). Mike Wallis would return from there, leaving eleven members out all day! The bikes were checked as we left - and points were awarded for certain 'touring needs'.

To get to Amberley we had to observe the following:

Use only roads marked in yellow, tracks, bridleways, or roads used as public paths. You may cross but not travel along other roads. Visit spot heights 18, 45, & 5, cross the 168 contour line twice. Pass two telephone boxes on your left, cross a ford (?) and pass a church on your right. Pass four tumulus on your right.

It was these last four tumulus that got us into the 'mire'. In fact it was on the Downs that all the trouble started.



Three youngsters got lost (or rather returned to the roads they know and arrived at Amberley much later) namely Graham Draper, Stephen Jukes and Damon Pinder. John Mansell, as usual, took the proceedings very seriously (really the only way to win) but confessed that a compass would have been useful equipment on the tracks that he didn't know over the 'hills'.

His thoughts were shared by others, but we otherwise managed. Ray Douglass was happy that he had removed his mudguards (albeit he lost marks on the equipment check) for he wasn't stopping every few minutes to declog. Had Brian said he'd "cut out the worst"!!

Arriving on the tarmac above Amberley we were faced with a questionnaire.

Four road signs needed definition; we had to know who lived in Arundel Castle (Duke of Norfolk); and we had to name the Long Distance path roughly following the Welsh-English border (Offa's Dyke Path). So down to Amberley Castle for elevenses of coffee and cakes.

Stage 2. Led us to lunch via the sandy Wiggonholt Common, where we received another questionnaire; Which is the highest hill in Sussex (Blackdown); where does the River Arun rise (St Leonards Forest); in which Sussex town is the famous Mermaid Street (Rye); name the two places at the ends of the South Downs Way (Eastbourne and Buriton & others). The ride went via Coldwaltham, Coates to Sutton using conditions similar to those in stage 1. Had you seen the Nature Reserve sign near Coldwaltham (or Barlavington Estate) and the Saint to whom Coates church is dedicated, then you would have been better prepared for



the afternoon quiz. However the White Horse at Sutton was able to provide a fine lunch to those who hadn't packed sandwiches. Toasted sandwiches, Ploughmans and 'Walkers' were all available, together with a huge range of confectionery.

Stage 3. started at the foot of the hill, just down the road from the pub. We were told of the circuit (just keep turning left) about  $6\frac{1}{2}$  - 7 miles, and asked how long it would take us. Our answers were noted, our watches sealed in envelopes and we were sent on our way against a timepiece. Several hills (up & Down) and a long drag over Bignor Common slowed me down and so I finished up 5.01 mins. late - just outside the max 5 mins. allowance. Points were awarded for closeness to stated times and at this Graham and Stephen equalled John Mansell, to score the maximum.

Stage 4. stated that tea was in the car park at Whiteways Lodge. To get there travel only on roads marked in yellow, on bridleways or tracks. Climb one hill of 1 in 7 to 1 in 5 and two steeper than 1 in 5 until you reach spot height 208. Descend through spot heights 86 & 60. Effectively that meant climbing into Bignor village (crafty Hillclimb judging here!) and from there up onto the Downs where down to Madehurst. Nearby was quiz No. 3; where did you pass a nature reserve (now you know that!); to which Saint is Coates Church dedicated (St. Agatha); there are 10 points in the country code - can you name five of them.

So that left the climb into the car-park where we saw the welcome sight of Theo's wagon. On the menu was soup, chicken



spuds and peas, Christmas pud and custard and a cup of tea!!

All this plus eleveneses for just one pound! Brian With the help of wife and daughter, was able to compile a list of results and managed to read them out by the failing light. John Mansell was the worthy winner and so won the Trophy.

Our thanks go to Brian and family for the time taken to organise this splendid event at such short notice.

Derek

Name	Bike Check	Quiz 1	Quiz 2	Quiz 3	Speed Judge	Hill Climb	Penalty Points	Total
J. Mansell	10	6	4	5	5	3	-	33
R Wiseman	10	5	1	7	4	3	2	28
J Lewis	10	5	2	5½	3	1	-	26½
A Palmer	8	4	4	7	-	3	-	26
R Douglass	7	6	3	7	-	1	-	24
D Smith	10	6	3	5	-	1	2	23)
R Smallman	10	5	2	4	3	1	2	23)
G Draper	8	3	-	3	5	3	4	18
S Jukes	9	3	-	2	5	1	4	16
D Pinder	8	1	-	3	2	1	4	11

## THERE OUGHT TO BE A LAW AGAINST IT !

### THE FIRST IN A SERIES

Beautiful, November morning, clear skies, fresh but just right for carefree cycling in the Sussex lanes, when in the distance behind I hear this noise like a demented bee in a coke can. It reaches a higher and higher pitch as it gets closer, its unbearable for 5/10 seconds and then it gradually dies away, accelerating away at a good 30 m.p.h. This pitiful creature screams at the world that can surely have done it no harm. Large space helmet in the latest poly carbonate with a screen of darkened perspex in front to ensure complete anonymity, bent double over a thin wedge of nipponese junk on two wheels. One can only assume the noise is the 50 cc frustration of the thing that thinks its a motorbike, but whatever it is, there ought to be a law against it being loose on nice days in our country lanes. Long live the noise abatement society.

DON.

### INSURANCE FORUM

The Committee of the Worthing Excelsior Cycling Club, wish to make it clear that the insurance taken out by the Club, covers members against 'third party' claims that occur whilst on CLUB ACTIVITIES only. Out-of-Club activities are not covered and you should arrange your own cover, if required, through (for example) the CTC or BCF as before.



## 'LONDON GOLDHAWK' NEWS

The above Building Society, who are about to merge and become known as the London and South of England Building Society, mentioned the Club on a few lines in a recent bulletin.

It said that the manager of the Worthing branch, Mr. P.E. Rapson, had been busy with local sponsorships featuring parachute jumping, cycling (yes us), and boxing.

"... A Spring Road Race for 45 miles by the Worthing Excelsior Cycling Club on May 5 was preceded by two boxing ..."

We thank them for their support.

## PEDAL POWER SHOW

Britains first South Pedal Power Show is being held at Brightons Metropole Exhibition complex, May 24-26 1980.

All aspects of the cycle trade will be represented - touring, sport and racing. Special times are being reserved for trade visitors, and the public will be able to place orders throughout the Bank Holiday Weekend.

In writing about the entrance fee, the organiser states that the charge will be 50p, with Children and VETERANS (my Caps.) being charged 25p. I wonder if the organiser means the over 40's or 60/65's.

DEREK

## Members Miles 1979

Just to give some of you new members some idea of the sort of milages covered by our regular riders, I detail the following:-

Keith Dodman	11600	
Dick Wiseman	10050	
Paul Toppin	8770	
Chris Beckingham	8300	
Don Lock	8170	
Ray Douglass	7025	
Dave Mills	7000	Approx.
Dave Hudson	6760	
Pete Reeves	4800	
John Lewis	4100	
Derek Smith	3809	
Andrew Lock	3800	

## SUSSEX PLACE NAMES CONT...

(E) Eadburga's farmstead (Old English Eadburge ton...Eadburgeton 1246...Edburgeton 1296...Edburton 1584) Eadburga was a granddaughter of King Alfred the Great, and is believed to have founded the Church of St. Andrew here in the 10th Century.

(F) Fitela's enclosure (Old English Fitelan word...Fitelwurda 1168...Fitelworth 1256...Fetilworth 1438) and so eventually Fittleworth. Fitzleroi Farm here was, according to local tradition, once the hunting lodge of a royal prince: it is recorded in 1263 as the home of Henry and Philip Fiz le Rey, whose name, translated from the Old French, means 'son of the King'.



# POINTS-CUP TABLE

Name      Circ.   Club   25/C' ship/30/15/50/100/Clap.   Hard.   Total/Pos.

R Holden	1	2	7	1	13	13	7	2	48	3
P Toppin	5	3	1	1	3	1	7	3	38	1
R Wiseman	5	1	5	4	6	4	10	8	49	4
W Holden	2	5	2	13	8	13	3	5	45	2
D Lock	3	4	4	10	13	5	4	8	55	6
K Dodman	5	8	8	11	13	3	10	1	65	9
R Shipton	5	8	9	7	13	11	10	7	68	10
P Reeves	5	6	3	8	8	7	10	8	63	8
E Gough	5	8	6	6	10	8	5	4	52	5
R Douglass	5	8	10	9	13	7	8	8	76	11
C Miller	5	8	13	13	13	7	10	8	85	13
J Lewis	5	8	11	13	13	7	10	8	83	12
K Atkins	5	8	13	5	5	7	6	8	62	7

## CLUB TIME TRIAL PROGRAMME 1980

Saturday 16th February - Circuit Event  
Sunday 9th March - Spring 25  
Sunday 20th April - Clapshaw 25  
Sunday 11th May - Club 30  
Tuesday 1st July - 2 up 25 evening  
Thursday 10th July - Junior 15  
Thursday 24th July - Club 15  
Sunday 3rd August - Champ. 25 +  
Sherwin.  
Sunday 12th October - Hillclimb

### 'WORTHINGS' OTHER DATES...

Sunday 10th Feb. - Reliability Trial  
Sunday 18th May - Club Open 25 07.30  
Thursday 17th Jly. - Open Evening 10  
Sunday 24th Aug. - Fiesta Kermesse  
Sunday 19th Oct. - Open Hardriders

Evening '10' series from May - August.  
(Check with the Club Events Sec.)



1980 SUSSEX CYCLISTS ASSOCIATION  
TIME TRIAL PROGRAMME

Sun. 16th Mar. - Association 2 up TTT  
 Sat. 22nd Mar. - Seniors Jun. & Juv.  
 Washington 10 mile  
 Circuit 14.00  
 Sun. 4th May - Team Champ. Cowfold  
 Sat. 14th Jun. - Seniors, Jun & Juv.  
 Washington 14.30  
 Sun. 15th Jun. - Association 50 G951  
 Sun. 13th Jly. - Open 100 based on  
 the A 27 06.00  
 Sat. 20th Sep. - Champ. 25 G938  
 15.00

1980 EAST SUSSEX CYCLING ASSOCIATION  
TIME TRIAL PROGRAMME

Sun. 2nd Mar. - 16 mile Hardriders 11.00  
 Sun. 30th Mar. - 29 mile 2 up TTT 08.00  
 +20 mile J & W 2 up TTT  
 Sat. 26th Apr. - 10 mile G815 15.00  
 Sun. 27th Apr. - 25 mile G 834 08.00  
 Sun. 8th Jun. - 50 mile G 815 07.00  
 Sat. 28th Jun. - 10 mile Open 14.30  
 Sun. 29th Jun. - 25 mile Open 07.00  
 Sun. 27th July - 100 mile Open 06.00  
 Sun. 31st Aug. - 50 mile Open 07.00  
 Sun. 14th Sep. - 25 mile 08.00  
 Sun. 5th Oct. - Hill Climb Hartfield 10.0

