

Shelved

AMBITIOUS plans made by Worthing Excelsior Cycling Club to stage a 12-hour event in the Worthing area later this year have been shelved.

The sponsorship, vital to the running of such an event, and which Excelsior thought they had, has been withdrawn.

This means it is far too late to find another sponsor in time for a 1970 12-hour race, but there are still many members interested in such a venture and it may be tried again in 1971.

Gift offered

It was at Excelsior's annual meeting last February that an anonymous gift of £20 was offered if a 12-hour event was run. Later there was a provisional promise of more money, bringing a total of £70.

"This, together with other small donations which could have been expected, would have given us a total of about £100, sufficient to offer attractive prizes," said Excelsior secretary John Mansell.

"Then the main part of the

sponsorship was withdrawn and although we made a few tentative inquiries to try and find other support, it was really too late for a 12-hour ride in 1970. Such an event would have meant a great deal of organisation and required a lot of time," he added.

Anticipated

It was anticipated that about 70 or 80 riders, possibly from all over the country, would have taken part. There would have been a long and attractive prize list, with the winner taking a prize to the value of at least £15.

Members of the Excelsior club would have been on duty marshalling and manning the feeding stations. It would certainly have been a splendid addition to the local sports programme.

At present, there is only one 12-hour event run in Sussex and that is in the Ringmer area. There is definitely room for another and Excelsior are anxious to run it.

WORTHING HERALD

JANUARY 9TH 1970.

PROPOSED 12 HOUR

CYCLING

17 TH JANUARY 1970.

Sussex

Medal chaser

THE DUKE OF EDINBURGH was responsible for bringing 18-year-old Dave Hudson to the Worthing Excelsior.

Dave is after one of the coveted medals of the award scheme and has entered into the spirit of the club in great style and there are great hopes he will stay on.

The club's most-improved rider award went to Steve Richards, even though he does not figure very frequently in the prize lists.

Junior of the year has undoubtedly been George Matthews.

PLANS TO SPEND DAY IN THE SADDLE

FOR MOST of us, a bicycle ride of a few miles is more than enough and the thought of 24 hours in the saddle sounds positively appalling. Yet 25-year-old Littlehampton schoolmaster Tony Hill, a member of Worthing Excelsior Cycling Club, is looking forward to the experience next July.

Tony has entered for the Wessex Road Club 24 hour event on July 11 and 12, one of only four such rides which take place in this country every year.

It is not simply a case of putting down his name and hopping on to his machine. He will spend the next six months training and riding with the July date in mind.

Hopes

Tony, who started cycling when he lived in Leicester, will use rides back to the Midlands as a major part of his preparation and altogether hopes to cover some 5,000 miles before July.

This will come not only from trips back home, but from three training rides each week and a full summer racing programme. In addition, he will go for training runs and take part in other physical training.

Riders in these events try to keep going as much as possible, but they take short breaks for meals, changes of clothing and possibly mechanical trouble. Even with these stops an average

SPORTS GOSSIP by Tony Mustard

speed of something like 18 miles per hour is maintained throughout the 24 hour period.

Tony is not entering just for the fun of it—he has two definite objects in mind. This event incorporates the national championship for 1970 and Tony obviously wants to finish as high up the field as possible.

Then he wants to break the Worthing Excelsior 24 hour record of 417 miles set by Don Lock, now retired, in 1968. Lock broke the previous record set by Ray Douglass in 1954, 404 miles.

Both Douglass and Mike Poland have ridden in 24 hour events in the last few years.

WORTHING HERALD

JANUARY 23RD 1970.

WORTHING HERALD 13TH FEB 1970

Cyclists meet

The Parish Rooms, Broadwater, are the venue for Worthing Excelsior Cycling Club's annual meeting on February 17. It begins at between 7.30 and 8 p.m.

Decline in the fortunes of cycling club with end of decade?

HAS THE ENDING of the decade marked the beginning of a decline in the fortunes of the Worthing Excelsior Cycling Club? This was one of the questions posed by club secretary John Mansell in his report presented at the club's annual meeting in Broadwater Parish Rooms on Tuesday.

Mr Mansell said that some of last year's club events turned out to be "non-events" through lack of support. The best all-rounder trophy was not awarded as no one had completed the necessary qualifying rides, and the club 12-hour and 100 miles championships were not held through lack of entries.

The proposed 12 hour open event did not take place as the main prospective donor had withdrawn his support.

REGAINED

Mr Mansell also reported that the club had regained the Sussex 25 miles team championship.

Club chairman, Mr C. Lednor, said "There did appear to be a lack of interest in some of last year's club events."

To ensure that there will be a best all-rounder award this year, an amendment was made to a club rule allowing times recorded in open or association events to be a qualification. These times would not be considered if a club event was held over the particular distance.

The club are to stage an open road race in 1971.

ACHIEVED

Mr Don Lock, treasurer, reported that financially much had been achieved during the year. With the exception of the £100 spent on medals, which remain in stock as club assets, a profit

of between £60 and £65 had been realised.

Officers elected: President, Mr D. Argent; chairman, Mr C. D. Lednor; life member, Mrs V. Puttick; secretary, Mr J. Mansell; assistant secretary, Mr R. Smallman; treasurer, Mr H. Beasley; assistant treasurer, Mr Nigel Barlow; social secretary, Mr T. Puttick; time trial secretary, Mr A. Palmer; assistant time trial secretary, Mr R. Douglass; road and track secretary, Mr A. Rotheram; touring secretary, Mr D. Hudson; runs secretary, Mr J. Besley; committee Messrs. G. Matthews, A. Hill, J. Antram; social committee, Mrs C. Hughes and Messrs. R. Douglass and G. Allibone; runs committee, Messrs. J. Besley, A. Hill and D. Hudson; racing committee, Messrs M. Ford-Dunn and D. Funnell.

ANNUAL GENERAL MEETING

WORTHING HERALD 20TH FEB. 1970.

CIRCUIT EVENT

WORTHING GAZETTE

4TH MARCH 1970.

Near record for Mike Venner

MICK VANNER, Worthing Excelsior Cycling Club's short distance champion, was the winner of the club's 20 mile time trial on Sunday. He completed the event in a near record time of 55 minutes 15 seconds.

Weather conditions were unfavourable for the event which comprised two gruelling circuits.

Only George Matthews, last year's junior champion, was able to keep in striking distance of Venner.

Duncan Bethell finished in fourth place and his actual time of 1 hour 32 seconds was good enough for him to gain the handicap award.

Leading positions: 1 M. Venner (55 minutes 15 seconds); 2 G. Matthews (59.13); 3 C. Miller (1 hour 15 seconds); 4 D. Bethell (1.0.32); 5 P. Fish (1.0.44); 6 P. Langridge (1.3.0); A. Hill (1.5.25); P. Hampton (1.18.9); 9 R. Spinks (1.20.35).

The club hold their annual reliability trials on Sunday.

CLUB RELIABILITY TRIAL

WORTHING HERALD 13TH MARCH.70.

Cyclists show high degree of fitness

SHOWING a high degree of fitness for such an early stage of the season, members of Worthing Excelsior Cycling Club did well in their seventh annual reliability trial over a 50 mile course on Sunday.

The course, which several times crossed the downs and had many exacting climbs, was set by Brian Wier, with standard times of three and a half or four hours, according to the standards of the various riders.

Most of the starters finished within these times and some even completed the course in two hours 40 minutes.

Among the younger members George Matthews and Duncan Bethell were obviously fit and of the more senior riders, John Mansell showed fine form.

This Sunday the club run starts at 9 a.m. at Offington roundabout and tomorrow there is a run for juniors leaving the clubroom near Broadwater Green at 2 p.m.

PAUL FISH, FAREHAM WHS. 10

8TH MARCH 1970.

CYCLING. MARCH 14TH 1970.

FAREHAM WH "10" (P7)		
Malcolm Sparkes, Portsmouth		
CC		24 41
K. Clapton, Hounslow and Dis		24 42
R. Garrett, Somerset RC		24 53
R. Clapton, Hounslow and D		25 2
P. Fish, Worthing Exc		25 3
J. Harder, Crabwood CC		25 5
S. Barnes, Rufus Wh		25 12
R. Woods, Farnham CC		25 49
Team.—Hounslow and Dist CC (K. Clapton, R. Clapton, R. Killick)		
1—16—24		

MARCH 20TH 1970.

CLUB RUN

Members of Worthing Excelsior Cycling Club took part in a club run on Sunday.

Planned by Dave Hudson and the other members of the new runs committee, the route took the riders through West Chiltington, Adversane, Loxwood, Haslemere, Petworth, Liphook and back to Worthing.

Two more runs have been arranged by the runs committee for this weekend. They begin at the club room at 2 p.m. both tomorrow and on Sunday.

WORTHING HERALD

FRIDAY 3RD APRIL 1970.

VENNER BREAKS AWAY

SHOWING splendid fitness for so early in the season, Mick Venner gained third place in a senior amateur road cycling event at Ryde, Isle of Wight, on Sunday.

He was one of several Worthing Excelsior Cycling Club members in action over the weekend.

So confident was he that he broke away from the field after only two of the 60 threequarters-of-a-mile laps. Though he was caught in the end, he managed to take a sprint prize during one of the laps later in the event when he was duelling with other riders for first place.

On Sunday, Excelsior hold their own two up 25-mile event starting from the Sussex Pad at 8 a.m. There is a good entry and every promise of some exciting riding.

MARCH 27TH. 1970.

TIME TRIAL WIN FOR VENNER

FINISHING almost four minutes in front of the next rider, Mick Venner gained the first success of the season for Worthing Excelsior Cycling Club when he won the 25 mile time trial for senior riders in the first event of the 1970 Sussex Cycling Association programme on Sunday.

Good support from Colin Miller and Tony Hill enabled Worthing to carry off the team prize for the best time aggregate.

Venner recorded a time of 1 hour 1 minute 51 seconds, Miller one of 1 hour 7 minutes 14 seconds, and Hill finished in 1 hour 8 minutes 19 seconds.

In the junior 10 mile event Worthing's George Matthews continued his impressive form to gain first place with a time of 24 minutes 59 seconds, almost a minute ahead of the nearest competitor.

The club were disappointed that they were only able to supply one entry for the schoolboys 10 mile event, although Clive Roberts turned in a promising time of 31 minutes 54 seconds.

SUSSEX CA (G931)		
Mick Venner, Worthing Excel	1	1 51
K. Chandler, Brighton Mitre	1	4 7
F. Godwin, Brighton Excel	1	4 36
R. Johnson, Brighton Mitre	1	5 41
J. Spooner, Brighton Excel	1	6 2
D. Stringer, Brighton Excel	1	6 51
R. Stringer, Brighton Excel	1	6 53
C. Miller, Worthing Excel	1	7 14
H'cap.—J. Spooner, Brighton Excel		
(5-0), 1-1-2. Team.—Brighton Excel		
(Godwin, Spooner, Stringer)		3-17-29.

SUSSEX CA JUN "10" (G911)		
George Matthews, Worthing Ex	24	59
A. Morris, Brighton Mitre	25	55
J. Yardley, Brighton Mitre	26	11
A. Holcombe, Bognor Regis	26	55
C. Hand, Bognor Regis	27	56
H'cap.—G. Matthews, Worthing		
Excelsior CC (scr)	24-59.	
Schoolboys		
Steve Morley, Bognor Regis	25	51
B. Bicknell, Brighton Mitre	26	46
P. Churchill, Brighton Mitre	26	53
N. Tingley, Brighton Excel	28	33
A. Handley, Brighton Mitre	29	59
R. Cross, Brighton Mitre	30	43
G. Powell, Brighton Excel	31	38
C. Roberts, Worthing Excel	31	54
P. Wells, Brighton Mitre	36	58
H'cap.—A. Handley, Brighton Mitre,		
(5-0), 24-59.		

CYCLING

28TH MARCH.

1970.

IN FACT W.E.C.C.

WON THE 25

TEAM PRIZE

AGGREGATE

3-17-24.

TIMES DOWN IN TWO UP

A blustery wind kept times rather slow when Worthing Excelsior Cycling Club held their annual two up 25 miles time trial on Sunday, but it did not prevent the race from holding a good deal of interest.

There were several scratch pairings and they gained valuable practise before the Sussex Cycling Association event in just over a week.

Mick Venner and Keith Dodman were clear winners and it is hoped that the first three pairs home will stay together to represent the club in other two up events.

Result: 1 Mick Venner and Keith Dodman (1hr. 4min. 4sec.), 2 Bernie Bethell and Paul Fish (1-6-25), 3 George Matthews and Peter Ragg (1-6-54).

'Safety Cycloma' in June

THE "Safety Cycloma" competition, part of Worthing Road Safety Rally, is to be held on June 6, Worthing local safety committee was told on Wednesday.

Mr R. Lewis, the committee clerk, said that the corporation, in conjunction with the Worthing Excelsior Cycling Club and West Worthing Rotary Club, and with the active support and encouragement of the police, had promoted the scheme in the interests of good, safe and considerate riding.

Tests

The cycles of competitors, whose ages would range between 10 and 14, would be inspected and points awarded for road-worthiness and cleanliness and other points relating to condition. Competitors, who will also take part in cycle tests at West Tarring secondary school for boys, will be required to report at the school at 1.45 p.m.

Mr Lewis said that 21 organisations had been invited to take part in the adult road safety quiz on May 13.

Magnificent riding brings title win

MAGNIFICENT RIDING by Mick Venner and George Matthews of Worthing Excelsior gave them a convincing win in the Sussex Cyclists Association's two up 25-mile event on Sunday. It was held on a course between Washington and Broadbridge Heath.

The course was undulating and their winning time of 59 mins. 46 sec. was almost two minutes faster than the rest of the field.

Mick's power and experience was equally matched by the speed and energy of young George who must now be considered as one of the club's fastest riders.

Bognor provided the second team in 1 hr. 1 min. 37 sec. and Brighton Mitre the third in 1 hr. 1 min. 48 sec.

Fancied

Three other teams were entered by Worthing and of these Allan Orman and Collin Miller were well fancied for a place but mechanical trouble delayed them and they finished seventh in 1 hr. 3 min. 3 sec.

Duncan Bethell and Peter Ragg

were 11th in 1 hr. 6 min. 32 sec. and John Mansell and Tony Rotherham were forced to retire.

Tony Hill, riding in the Delta 25 near Guildford, returned his fastest time of the year, 1 hr. 7 min. 15 sec. and finished 15th in a field of 91 riders.

This weekend Dave Hudson takes a party on a Y.H.A. weekend to Doddington hostel near Sittingbourne and other members are going to the New Forest. There will be a club run tomorrow (Saturday) leaving Broadwater Parish Room at 2 p.m. and on Sunday an all day run leaves at 10 a.m.

CYCLING 25TH APRIL
1970

★ ★ ★
USUAL standard of excellence prevails in the latest issue of WORTHING WHEEL. 36 pages of enjoyable reading, and the many aspects of life in the ranks of Worthing Excelsior CC are attractively commented upon.

EASTBOURNE ROVERS "10" (6-113)
Mick Venner, Worthing Excelsior 24 49
C. Sharp, Eastbourne Rovers 24 33
P. Coare, 34 Nomads 25 5
R. Robinson, Grimsby RC 25 7
C. Mason, E. Surrey RC 25 52
M. Colburn, Eastbourne Rovers 26 7

Runaway victory

THERE WAS a runaway win for promising youngster George Matthews when Worthing Excelsior Cycling Club held their junior 25-mile event in cold and windy conditions on Sunday.

His time of 39 min. 6 sec. will help him towards the junior best all rounder trophy and his time was in fact faster than all but one of the seniors who rode in the event for training purposes.

Second was Clive Roberts (48-37), third Nigel Dell (50-51), fourth Paul Hampton (52-22) and fifth Derek Pearce (53-49). The event was not too well supported.

In the Poole Wheelers 25-mile event on the Ringwood-Salisbury-road, Excelsior men Keith Dodman (1 hr. 6 min. 40 sec.), Don Lock (1-8-24) and Ray Douglas (1-9-56) rode quite well.

This Sunday, Excelsior hold their club 30-mile championship starting near the Sussex Pad at 8 a.m. and there will also be a club run from the clubroom near Broadwater Green starting at 10 a.m.

WORTHING HERALD

1ST. MAY. 1970.

CYCLING 2ND MAY 1970.

SUSSEX CA TTT "25" (G935)
George Matthews-Mick Venner, Worthing Excelsior 59 46
S. Morley-A. Temple, Bognor Regis 1 1 37
A. Morris-J. Yardley, Brighton Mitre 1 1 48
K. Chandler-R. Johnson, Brighton Mitre 1 2 9
T. Eadon-M. Colburn, Eastbourne Rovers 1 2 54
D. Stringer-R. Stringer, Brighton Excelsior 1 2 54

MAY 8TH 1970.

WORTHING HERALD MAY 15TH

1970.

CYCLIST HAS A VIRTUAL WALKOVER

CONSIDERABLE interest was aroused in Worthing Excelsior Cycling Club's 30 miles championship on Sunday when all the top club riders entered.

Unfortunately, Alan Orman and Keith Dodman failed to make the start and the event proved almost a walkover for in-form Mick Venner.

Venner is unbeaten so far this season, but for a while he was hard pushed by promising George Matthews, who rode so well with Venner in a recent two up competition.

In the early stages there was not a lot to choose between the two, but the fight fizzled out when mechanical trouble forced Matthews to retire.

Venner's time was 1hr. 15min. 15sec., almost five minutes faster than that of Colin Miller, who returned 1-20-13. Third was Duncan Bethell, recently up from the junior ranks, who clocked 1-20-53.

After early mist had cleared, it was a pleasant day for the event and the handicap section was won by Mike Poland with 1-14-24 after an allowance of 9 min. 15 sec.

Other times: Tony Hill (1-22-6), Mike Poland (1-23-39), Ray Douglass (1-24-11), John Herbert (1-30-21), Chris Woodcock (1-31-50).

LACK OF IN-FORM RIDERS

THE SECOND of Worthing Excelsior Cycling Club's time trial championships for this year will be held on Sunday. It will be over 25 miles starting at the Sussex Pad, North Lancing.

The course will be along the A27 to Offington, then to Angmering via the Thomas A Becket and Littlehampton road. The route is then retraced to Offington, north to Findon roundabout and then back to the start.

The first man away will be at one minute past 8 a.m. and it is expected a field of 15 will be headed by favourite Mick Venner with main opposition coming from George Matthews.

Last to count

This event is the last to count for selection for the club's official team entries in the Sussex team championship on May 31.

Excelsior hold the Sussex team championship but apart from Venner and Matthews are lacking in-form riders to give them a chance of retaining the shield.

Among the riders club officials are hoping will produce improved form are Alan Orman, Keith Dodman, Tony Hill and Colin Miller.

The club run for members of Worthing Excelsior Cycling Club on Sunday (leave Broadwater Parish Room at 9 a.m.) has been fixed to cover about 70 miles and take in the Blue Bell Railway at Sheffield Park.

CYCLING MAY 16TH 1970.

E. SUSSEX CA "10" (G811)	
Pete Churchill, Brighton Mitre	26 14
B. Maxlow, Norwood Par	26 15
B. Bicknell, Brighton Mitre	27 3
T. Leach, Eastbourne Rov	27 30
N. Tingley, Brighton Exc	27 40
H. Gander, Lewes Wanderers	27 58
Juniors	
George Matthews, W'thing Exc.	24 40
G. Charlton, Brighton Mitre	27 57
T. Eadon, Eastbourne Rov	27 47
J. Yardley, Brighton Mitre	25 21
A. Morris, Brighton Mitre	25 57

EASTBOURNE ROVERS 7TT "25" (G832)	
Paul Humphreys-Peter Crofts,	69 9
E. Surrey RC	
C. Sharp-M. Colburn, East-	
bourne Rov	1 0 58
G. Jennings-B. Light,	34
Nomads CC	1 1 6
B. Hone-E. Bonner, Cen Sus-	
sex	1 2 10
D. Hook-J. Williams, Folke-	
stone & Dist. CC	1 2 38
C. Miller-A. Orman, Worthing,	
Excel.	1 4 10

Excelsior cyclists knew way to win



THE MAYOR OF WORTHING, Councillor F. J. Chapman, presents the cup to the Worthing Excelsior Cycling Club A team (left to right) John Mansell, Harry Beasley, Roger Smallman and Nigel Barlow, winners of the adult road safety quiz in the Gordon Room on Wednesday.

Excelsior club again wins road safety quiz

For the second year running a team from the Worthing Excelsior Cycling Club won the trophy in the Worthing Watch and Local Safety Committee's adult road safety quiz, held at the Town Hall on Wednesday.

Excelsior members John Mansell, Harry Beasley, Roger Smallman and Nigel Barlow competed against 19 other teams, representing youth and social organisations in the town, the GPO and local schools. Second was the Technical High School's junior team comprising Russell Davies, Nicholette Bailey, Helen Boot-Handford and Hugh Savage, all aged 15.

One hundred people took part, more than last year.

Mr R. E. Edser, road safety organiser, was assisted in the organisation of the quiz by policemen and the Junior Accident Prevention Council.

The Mayor, Councillor F. J. Chapman, presented the prizes.

WORTHING HERALD

MAY 15TH 1970.

WORTHING HERALD MAY 22ND 1970

GOOD TIMES ARE RETURNED BY SCHOOLBOY CYCLISTS

LAST WEEKEND saw two promotions by Worthing Excelsior Cycling Club and both were successful. On Saturday, the club staged the London (South Area) heat of the national schoolboys 10-mile time trial.

The promotion was personally under the control of Nigel Barlow and bearing in mind that Nigel was himself eligible for the event only two years ago and this was his first promotion it was most efficiently run.

All 35 starters finished. The course started one mile south of Southwater, went north to Broadbridge Heath and returned to finish near the start.

Courage

The schoolboys, all riding for their schools, showed tremendous courage against strong winds and returned some really good times. The winner R. Edwards did 23

min. 23 sec. (average nearly 26 mph) and that is good for an under 16. Bob Sparkes of West Tarring (and an Excelsior member) won the prize for the fastest novice with a good 27 min. 3 sec.

Times of other local riders: S. Hughes (Andrew Cairns, Littlehampton) 27 min. 49 sec.; C. Roberts (Worthing Technical HS) 28 min. 2 sec.; N. Dell (West Tarring) 28 min. 24 sec.; C. Isaac (Lancing College) 28 min. 34 sec.; P. Hampton (West Tarring) 28 min. 37 sec.; I. Sutherland (Worthing Technical) 28 min. 59 sec.; N. Houghton (Lancing College) 29 min. 39 sec.; S. Grenfell (Andrew Cairns) 30 min. 16 sec.; P. Ward (St. Andrews) 31 min. 2 sec.; S. Gray (Lancing College) 31 min. 16 sec.

Selection

Sunday saw the club's 25-mile championship competed for with particular keenness in view of the

Sussex team championship selection which was to take place afterwards.

The event was dominated by the two riders who have this season swept all before them, Mick Venner and George Matthews. Only seven seconds separated them on this occasion and it was defending champion Mick who won after what was for him a somewhat slow start.

The winning time of 1 hr. 2 min. 57 sec. was a fine effort under hard conditions. George was second in 1 hr 3 min. 4 sec.

Duncan Bethell showed something approaching his best form when taking third place in 1 hr. 6 min. 46 sec.; Keith Dodman, recovering from a knee injury, was fourth in 1 hr. 7 min. 5 sec. and Don Lock, whose appearances now are only occasional, was fifth in 1 hr. 7 min. 8 sec.

Other times: Colin Miller 1.7.32; P. Langridge 1.7.56; Tony Hill 1.8.14; Pete Reeves 1.9.2; Mike Poland 1.10.32; Tony Flumm 1.10.24; John Herbert 1.12.15; Steve Richards 1.13.55.

The team to represent Excelsior (holders) in the forthcoming Sussex team championship will be Venner, Matthews, Alan Orman, Dodman, Bethell and Miller.

This weekend six club members are leaving for a four day tour in the Dorset area.

CYCLING MAY 16TH 1970.

SUSSEX B.C.F ROAD

RACE.

Sussex

Senior

TREVOR BUDGEN, East Grinstead CC, 84m in 3-46-4; 2. C. Sharp, Eastbourne Rov. st; 3. D. Allcock, Central Sussex CC, at 2-38; 4. M. Venner, Worthing Excel, at 4-54; 5. R. Jones, Crawley Wh, at 6-41; 6. A. Jones, Crawley Wh, at 6-55; 7. F. Stonham, Brighton Premier, at 10-48; 8. C. Cordes, VC Noviomagus, at 21-24; 9. T. Richardson, Bognor Regis CC, st. Only nine finished.

Cyclists to defend championship

THIS SUNDAY, Worthing Excelsior Cycling Club will be defending the Sussex team championship.

Worthing's hopes are staked on the six man team of Mick Venner, George Matthews, Alan Orman, Keith Dodman, Duncan Bethell and Colin Miller. The fastest four will count for the aggregate team time.

It is expected that Excelsior will be hard pressed to retain the trophy and will be depending on strength in depth with the fourth man possibly clinching the event.

Other teams competing will be from Crawley, Haywards Heath, Eastbourne, Brighton, Lewes and Bognor.

Reserves

Worthing are also defending the trophy in a secondary event for reserve teams. Excelsior are hoping to start favourites, having a number of riders who only just missed first team selection keen to show the selectors just how wrong they were.

The 25-mile course starts at the Sussex Pad, goes on to the Durrington roundabout on the Littlehampton road, back to Offington, north to the roundabout at the northern end of the Washington bypass and returns

to the finish near the starting post.

The course is expected to prove a good test.

Longer

Ray Douglass, who returns this week after a three week holiday in Florida, plans to ride the longer distance events at which he used to excel.

He has issued a challenge to club members to ride the three best allrounder distances—50 miles, 100 miles and 12 hours—in addition to the 25 miles. A number of riders are keen to take him on and this could lead to the club winning some long distance team events, as they were regularly doing three or four years ago.

Under way

The club's 10-mile evening series is now well under way and each Thursday evening upwards of 20 riders compete over a Littlehampton road course. The first two events provided wins for George Matthews and several promising youngsters are now showing their paces.

Thought is being given to moving the course to the Upper Brighton road and across the new Adur Bridge.

FAST TIMES RETURNED IN TRIAL

THE THIRD of Worthing Excelsior Cycling Club's evening 10-mile time trials was held on Thursday. The evening, pleasantly warm and with only a slight breeze, provided the almost perfect conditions for which competitors have been waiting since the series started.

The 25 riders took this opportunity for fast times and recorded some excellent performances.

George Matthews gained his third win in a row and for the first time was under the magic 25 mph average, beating 24 minutes by just 15 seconds. A number of riders from the Brighton clubs were competing and one of these, Frank Godwin, went near to causing an upset, finishing only four seconds slower in 23 min. 49 secs.

An interesting comparison can be made between these two efforts and that of a tandem pair, Pete Langridge and Paul Davis, who were home in 23 mins. 55 secs. Paul has not done much riding this season and perhaps caused a little unevenness in performance.

Revival

Run particularly for the young riders these 10-mile time trials are producing some promising performances. On Thursday Bob Sparkes improved his own personal performance to 25 mins. 2 secs., and there were also fine rides by Clive Roberts, Nigel Dell and Paul Hampton.

Past rivalry between Dave Hasler and John Lucas was revived when these two rode what was their first event for some considerable time and the keenness obviously still remains, for they produced close times of 26.27 and 26.31, John being just the faster.

There will be three more events on the Littlehampton road course but it is expected that it will then be moved to the new Shoreham by-pass and Adur Bridge route with a start and finish near the Worthing boundary sign on the Upper Brighton road.

Cyclists retain championship

A SUCCESSFUL defence of the Sussex 25-mile team championship by Worthing Excelsior Cycling Club on Sunday.

With only two really top form riders, the whole club became so determined to retain this championship that their top line riders excelled themselves and their second string produced their best.

There were doubts about the club's ability to retain the premier Club in Sussex title but these were soon dispelled when early starter Mick Venner roared home in a time that, as it proved, could not be beaten. On a special course for the event, one a little hillier perhaps than the usual course, Mick's time of 1.1.21 was a superlative effort.

Faster

He was followed by George Matthews, who goes faster at every outing, with a time of 1.1.51. This was a personal best performance by nearly 14 minutes and this latest effort should really push Mick to greater things. George's ride gave him the second fastest time in the event and provided the club team with a tremendous start.

The main opposition had always looked like Brighton Excelsior and with third fastest man of the day Frank Godwin leading them home in 1.2.14 this was proved to be a correct forecast. They packed better than Worthing and the event remained undecided until their final man had finished.

The morning was almost still to start with but a slight wind rose during the event although this never did more than to stir the air. Skies were overcast but the morning was pleasant and provided fair racing conditions.

Favourites

In the secondary competition Worthing started favourites and indeed ran out easy winners. There was, however, considerable keenness to prove the club A team selectors wrong and Don Lock achieved notable success in this respect. Don was fastest of the club's first B team and, in

fact, beat two of his A team colleagues in the process.

Tony Hill also improved by threequarters of a minute over his previous best this season and went near to beating A team man Keith Dodman.

Championship event: 1 Worthing Excelsior (aggregate for four riders) 4.13.58, M. Venner 1.1.21, G. Matthews 1.1.51, C. Miller 1.5.7, D. Bethell 1.5.39; 2 Brighton Excelsior 4.15.1; 3 Brighton Mitre CC 4.17.30.

B team trophy: 1 Worthing Excelsior (aggregate of 3 riders times) 3.18.56, D. Lock 1.5.37, A. Hill 1.6.30, P. Reeves 1.6.49; 2 Worthing Excelsior (2nd B team) 3.31.40, M. Poland 1.8.53, A. Flumm 1.9.51, R. Douglass 1.12.56.

Other Worthing times: K. Dodman A 1.6.21, J. Herbert B2 1.8.15, D. Langridge B1 1.8.18, J. Lucas B2 1.10.47, C. Roberts B2 1.17.38.

WORTHING HERALD

JUNE 5TH 1970

JUNE 10TH 1970

GEORGE IS SET FOR A REPEAT

IT LOOKS as though young Worthing Excelsior Cycling Club star George Matthews is set to repeat his feat of last year—winning the club's open evening 10-mile time trial series.

On Thursday George won again to retain his 100 per cent record after the first four of the 14 races.

The performances by Matthews in this latest 10-mile event was particularly good, for he was pushed hard by riders from Brighton Excelsior and Brighton Mitre.

So far, however, Matthews has not had to ride an evening 10-mile event against his club-mate, Mick Venner. Already this season Venner and Matthews have enjoyed some tremendous battles in 25-mile events on Sunday mornings.

Venner has been concentrating on track racing for some time, but hopes to ride soon in the evening event. Matthews thrives on hot competition, and a battle involving these two should provide great interest.

Because of high winds, individual times on Thursday were about a minute slower than usual. Matthews, with a time of 24min. 35sec., finished ahead of Robin Johnson (Brighton Mitre, 24-42) and Dick Stringer (Brighton Excelsior, 24-50).

Other Worthing Excelsior times: Alan Orman (25-00), Duncan Bethell (25-30), Colin Miller (25-38), Tony Hill (25-52), John Herbert (26-40), Paul Hampton (28-31), Derek Pearce (28-54), Harry Beasley (29-05), P. Ward (30-46).

JUNE 12TH 1970

Venner zips to victory at Brighton

WORTHING EXCELSIOR cyclists Mick Venner, Colin Miller and Tony Flumm were in Brighton on Saturday to see the end of the Tour of Britain Milk Race and competed in supporting events on the promenade.

Venner, in cracking form, won the 22 kilometre event and showed both speed and stamina.

Promising youngster George Matthews led for three-quarters of the 36-mile road race at Guildford at the weekend, but he showed his inexperience by getting boxed in near the end and finished out of the leading bunch.

Longest journey of the weekend was made by Keith Dodman, who went up to Yorkshire for the Andy Wilson Memorial 50-mile event near Wetherby. Last year Keith had a personal best of 2 hr. 4 min. in this event, but this time he returned a disappointing 2 hr. 16 min.

On Sunday, Excelsior riders take part in the Southern Counties 25-mile event on a local course and the Rufus Wheelers 25 on an attractive New Forest course at Ringwood.



NO CYCLE was allowed in the safety rally that did not pass a police inspection. Here Police Constable P. Martin checks Helen Bobbit's machine.

WORTHING HERALD

JUNE 12TH 1970

For toddlers

In the six-nine years slow bicycle race, which had 40 entries, eight-year-old Debra Miles, of The Caretakers House, Davison School, came first. Second was Christopher Hearn, aged eight, of 112 Rectory-road and third was Christopher's sister, Mary, aged nine.

Tricycle, bicycle and pedal car trials for toddlers up to five attracted 31 entries. Four-year-old Lisa Roberts, of 22 Pembury-close, was first, with Susan Bushby, also four, of 3 Shandon-road, second and Andrew Smith, aged five, of 15 The Strand, Goring, third.

The Mayor Councillor P. H. Thomas, presented Tufty awards, jigsaw puzzles and sweets to the toddlers and other prizes to the winners of the slow bicycle races.

Displays were given by the police and St. John Ambulance Brigade.

Main organiser Mr Roland Lewis, was assisted by Mr R. Edser, Worthing's Road Safety Officer, Mr T. Puttick of the Excelsior Cycling Club, Mr W. Bollen, several East Worthing Guiders, police and route marshals.

INSTEAD of the hoped for 100 entries in the main event of the first corporation-sponsored Safety Cycloma on Saturday there were only 48.

But the open slow bicycle race attracted 80 competitors.

Starting from West Tarring County Secondary School for Boys, the young cyclists in the main event covered a five mile circular route after their machines had been inspected for roadworthiness.

Along the route marshals awarded points and, back in the school playground, the competitors faced more tests.

Results will not be announced until Worthing's Road Safety Rally next month, when six trophies will be awarded for individual and team merit. The corporation will present winners' medals and West Worthing Rotary Club trophy replicas.

Winner of the Cycloma's open slow bicycle race was Allan Guile, of 16 Cavendish-close, with Phillip Deed and Richard Brogden, both of Goring Hall School, second and third respectively.

Wins his fifth successive time trial

RIDING FASTER than he has ever done before, Worthing Excelsior Cycling Club youngster George Matthews won his fifth successive evening 10 miles time trial on Thursday. He is unbeaten in this interesting series and improving fast.

He won with a magnificent 23 min. 14 sec. and this could be read as the equivalent of 58 minutes for a 25 miles ride. It means Matthews has a fine chance of breaking the hour for 25 miles for the first time later on.

His performance on Thursday, against top opposition from other clubs, was magnificent and his time improved mainly because Paul Fish, another Excelsior rider, and one who specialises in track and short distance events, was taking part.

Fish returned a creditable 23 min. 47 sec., and this seemed to spur Matthews to even greater efforts. Another fine ride came from Excelsior's Tony Hill, who clocked 25 min. 8 sec.

Hill, whose time was a personal best, is a Midlander who is planning to settle in Worthing and he has already proved a great asset to the club.

This Saturday Excelsior members participate in the Spina Bifida charity fete at the Worthing Youth Headquarters, South Farm-road. There will be roller racing between Worthing and Bognor members and rollers will also be available for youngsters to try their skill.

Five cyclists have mixed fortunes

THE FIVE Worthing Excelsior Cycling Club riders who journeyed to Ringwood on Sunday for the Rufus Wheelers 25-mile event on the Ringwood-Salisbury road had mixed fortunes.

They left Worthing at 5 a.m. to start riding at 7.30 a.m. Fastest was George Matthews, who finished in second place out of a field of 106 and took the handi-cap award with a time of 1 hr. 2 min. 32 sec., 34 seconds behind the winner.

Tony Hill punctured three miles from the finish when duelling with Don Lock and Bernie Bethell, who went on to do 1 hr. 5 min. 41 sec. and 1 hr. 5 min. 58 sec. respectively.

Ray Douglass, improving after a three-week holiday in America, returned 1 hr. 10 min. 30 sec.

After the race the members spent the day touring the New Forest before returning home, but the highlight of the day was breakfast provided by members Jim and Con Hughes on their permanent camp site in the depths of the forest.

In the Southern Counties 25 on the local course Peter Reeves did 1 hr. 7 min. 47 sec. and Mike Poland 1 hr. 11 min.

Keith Dodman, still travelling far at weekends and riding hundreds of miles each week, rode in the Bristol 50 on Sunday. Although not at his best on a tough course Keith did 2 hr. 14 min., which was two minutes faster than he did the previous weekend in Yorkshire.

CYCLING JUNE 13TH 1970

SUSSEX CA TEAM CHAMP "25"		
Worthing Excelsior (M. Verner, G. Matthews, C. Miller, D. Bethell)	4	13 58
Brighton Excelsior (F. Godwin, R. Stringer, R. Hugnes, D. Stringer)	4	15 1
Brighton Mitre (K. Chandler, R. Johnson, A. Morris, J. Yardley)	4	17 30
Central Sussex (B. Hone, E. Bonner, A. Wilkinson, R. Rogers)	4	20 33

EVENING ARGUS

JUNE 22ND 1970

THE MOST ambitious event put on by the young people of Worthing for years attracted more than 1,500 people to the Youth Headquarters, South Farm Road, on Saturday.

At least 1,000 young people, representing some 40 local youth organisations, played some part in organising the event—a summer fete and three-hour arena display.

It was opened by the Mayor of Worthing (Cr. Percy Thomas) who paid tribute to the work of the young people. "We hear so much of the nasty things young people do. We are directing more attention to the minority in trouble

than to the majority who undertake things like this."

The idea of the event came from members of Worthing Council of Youth. They saw a film about the work of the Spina-Bifida Association and decided to do something to raise money for the association. Their aim is to provide £1,000 for a Dormobile.

There were 50 stands and stalls, all run by youth groups. Arena events included displays by the Boys' Brigade, Sea Cadets, St. John Ambulance Cadets, Girls' Venture Corps and Durrington Youth Club drum majorettes. Other clubs gave displays of fencing, cycling, judo and folk dancing.

Indoors a group of young people ran a Scandinavian restaurant while members of Worthing Youth Orchestra entertained.

TOP: Worthing Sea Cadets Band open the show. **ABOVE:** Valerie Tucker, aged 16, has a go on the 440yd. cycling machine on the Excelsior Cycling Club's stand. **RIGHT:** Valerie Tucker, aged 16, has a go on the 440yd. cycling machine on the Excelsior Cycling Club's stand. **RIGHT:** Jane Dove, aged 15 (left) and Jackie McMurray, aged 17, try their skill at the old crockery stall before taking part in Durrington Youth Club's marching display.

A GREAT DAY FOR YOUTH



CYCLISTS ARE DOGGED BY BAD LUCK

BAD LUCK seemed to dog Tony Hill and Keith Dodman, members of Worthing Excelsior Cycling Club, when they went to compete in the 25-miles handicap event on the Alton-Farnham roads on Sunday.

Both had good chances of winning their handicap groups and Hill was particularly out to record a good time.

But they underestimated the distance to the event, took a wrong turning and arrived late. For this they were penalised the amount of their late start and this ruined their chances of success.

Puncture

To cap it all, Dodman had a puncture, though despite his setback he recorded a creditable 1 hour 7 min. Hill, who is improving fast, rode a 1-4-40.

On Sunday, these two travel north to take part in the Rutland CC 100 mile event.

Ray Douglass was in action on Sunday, riding in the Kent Veterans' Time Trial Association 25 mile event on the flat and exposed roads of Romney Marsh. He slightly improved on his fastest time this year with 1-9-24.

Fastest

Don Lock, not yet a veteran, rode over the same course and was pleased to clock his fastest time since 1965, 1-4-22.

On Saturday the club staged a roller racing demonstration at the Spina Bifida charity fete in South Farm-road and it was a great success, many youngsters trying their skill.

Bognor CC, who provided the opposition for Worthing in a series of three races, were obviously well attuned to roller racing and won all three.

Excelsior's Tony Rotheram, Pete Reeves and Mick Venner hope for a return against Bognor later in the year.

GOOD FORM SHOWN BY CYCLISTS

GOOD FORM was shown by the three Worthing Excelsior Cycling Club riders who took part in a 25-mile event over the Bath road course from Pangbourne on Saturday evening. The competition was run by Clarence Wheelers CC.

It was for riders who had not previously broken 1hr. 1min. for 25 miles and young George Matthews, intent on breaking the 1hr. mark this season, rode a personal best of 1hr. 45sec.

He is currently the fastest 25-miler in the Worthing club.

Colin Miller showed a great return to form with 1hr. 2min. 3sec. to become the third fastest man in the club so far this season.

Excelsior's other representative was time trials secretary Tony Palmer who has not done much racing this season. He clocked a satisfying 1-10-47.



BICYCLE ROLLER RACING staged by Worthing Excelsior Club, was popular. Here Ian Sutherland (aged 14), held up by Peter Reeves (on left) and Tom Rutherford, is at speed.

JULY 1ST 1970.

CYCLISTS RIDE OVER THEIR NEW COURSE

THE NEW 10-mile course for the evening series of Worthing Excelsior Cycling Club will be as fast, if not faster than, the old Littlehampton-road course. That is the general consensus of opinion of riders after the club's seventh event (the first over the new course) was completed on Thursday.

The course now starts at the Worthing boundary on the Upper Brighton-road near Sompting church, proceeds west across the Adur Bridge to the new roundabout at Southwick and then returns to finish at the start.

Apprehension

There had been considerable apprehension about the effect that the long climbs up through the Downs north of Shoreham would have on riders' performances, but in general these have been unfounded.

On Thursday conditions were extremely blustery and not as warm as of late, yet competitors' times were only a fraction slower than on the previous course and some managed to improve their times.

The most notable performance was that of Pete Reeves, who rode far above his form of recent weeks to return a time of 24 min. 16 sec., but it was ever present George Matthews who was again the fastest to record his seventh win in the series, a staggering record.

Smallest

His margin of victory was, however, the smallest so far with a time of 24 min. 7 sec., just

nine seconds faster than Reeves.

Other times: Duncan Bethell 25.27; Tony Hill 25.37; Bob Sparks 25.45; Steve Richards 26.42; Mick Poland 26.58; John Herbert 27.31; Harry Beesley 27.39; John Antram 28.11; Clive Roberts 28.25; Paul Hampton 28.37; Nigel Dell 29.3; Derek Pearce 29.28; Ian Sutherland 29.52; K. Constable 32.19.

WORTHING HERALD JULY 3RD 1970.

Cyclists battle on in heavy showers

Strong wind

SEVEN MEMBERS of Worthing Excelsior Cycling Club competed in the Eastbourne Rovers 25-mile event on the London-Eastbourne road south of Uckfield on Sunday when heavy showers made riding conditions difficult.

Out of a field of 90, George Mathews took fourth place in 1 hr. 2 min. 41 sec. The best ride was Tony Flumm (1 hr. 4 min. 53 sec.) which gained him third handicap and proved that if only Tony would ride more frequently he has the strength and ability to make good.

Other times: Colin Miller 1.4.23; Peter Langridge 1.6.0; Peter Reeves 1.6.19; Paul Davis 1.9.11; Mike Poland 1.9.24.

In the Rutland CC 100 in Yorkshire, Keith Dodman did 4 hr. 45 min. in strong wind conditions.

Less satisfying was the ride in the same event of Tony Hill who plans to ride in the National 24-hour event next weekend.

Struck by acute backache early in the event, he pluckily continued to finish in 5 hr. 8 min. Tony has proved he can deal with the mental problems of long periods of physical stress but has to give urgent attention to the physical problem.

Ray Douglass rode the Veterans TTA 25 on the Alton-Farnham course and was not placed in a time of 1 hr. 12 min. 18 sec.

The Sussex 50-mile championship will be held, starting at the Sussex Pad, on Sunday.

Disappointment for Excelsior club

THE SUSSEX 50-mile time trial cycling championship on Sunday was a disappointment for Worthing Excelsior CC as they were hoping for team and individual wins.

Mick Venner was the individual hope. Although he does not tackle distance in excess of 25 miles often, he started in tremendous style and was through the half-way point in about 1hr. 5min.

With a wind assisted return from Westhampnett to Lancing, Venner's chances were excellent but he began to lose ground and lost valuable time over the final few miles.

Dick Stringer (Brighton Excelsior) won in 2hr. 10min. 22sec.; Robin Johnson (Brighton Mitre) was second in 2hr. 11min. 47sec. and Venner was third, two seconds slower than Johnson.

Handicapped

With Collin Miller failing to arrive, Worthing were handicapped in the team event and took second place behind Brighton Excelsior whose collective three-man team was 6hr. 42min. 33sec. while Worthing's was 6hr. 43min. 55sec. through Venner, Keith Dodman (2-15-57) and Don Lock (2-16-9).

Times of other Worthing riders: Tony Hill 2-16-43; Duncan Bethell 2-19-0; Mike Poland 2-25-12; Paul Davis 2-25-54; Ray Douglas 2-30-2.

The Sussex Cyclists Association also promoted two 10-mile events for juniors and schoolboys on

Sunday. In the former, Worthing Excelsior's George Matthews (who has won eight successive 10-mile events) won in a time of 25min. 48sec. Bob Sparkes did 26min. 55sec.

Does well

In the schoolboys' event, Paul Hampton started first and did well to clock 28min. 12sec., a time which, with his three-minute allowance, won him the handicap prize.

Other Worthing times: Nigel Dell 31-36; Ian Sutherland 32-40; Derek Pearce 34-48.

This weekend, Tony Hill represents the club in the national 24-hour championship being held over roads in Hampshire, Wiltshire and Dorset and centred on Ringwood. Tony hopes to cover at least 400 miles.

CYCLING. JULY 11TH
1970

SUSSEX CA "50" (G951)		
Dick Stringer, Brighton Exc	2 10 22	
R. Johnson, Brighton Mitre	2 11 47	
M. Venner, Worthing Exc	2 11 49	
L. Janman, Bognor Regis	2 14 15	
J. Spooner, Brighton Exc	2 14 55	
K. Dodman, Worthing Exc	2 15 57	
H'cap. — M. Kilby, Lewes Wanderers (19-0)	2-6-38	Team. — Brighton Exc (Stringer, Spooner, R. Hughes) 6-42-33.
JUNIOR "10" (G911)		
George Matthews, Worthing Exc	25 48	
A. Morris, Brighton Mitre	25 59	
J. Yardley, Brighton Mitre	26 27	
R. Sparkes, Worthing Exc	26 55	
H'cap. — R. Sparkes, Worthing Exc (1-0)	25-25.	
Schoolboys		
Bob Bicknell, Brighton Mitre	26 27	
P. Churchill, Brighton Mitre	26 33	
K. Pettifer, Brighton Exc	27 20	
H. Gander, Lewes Wanderers	27 24	
P. Hampton, Worthing Exc	28 12	
A. Handley, Brighton Mitre	28 52	
H'cap. — A. Handley, Brighton Mitre (2-30)	26-22.	

Baines hangs on for the gold

WHAT finer spectacle could one hope for than the sight of two rugged riders, one from the north, one from the south, battling out a duel in the sun with only a handful of seconds between them after 24 gruelling hours in the saddle?

What finer drama could one ask to watch than that of John Baines, Icknield RC, who not only emerged RTTC "24" champion with 473½ miles in this Wessex RC promotion, but earned himself a place among cycling's heroes for suffering so much discomfort?

That he managed to ward off Denis Clayton, Tyne RC, by a slender 46 seconds was poetic justice in the eyes of all who watched his 20-hour plight, but it was a tragedy for Clayton and the Tynesiders who wanted this title so much.

At the 100-mile check it was something of a shock to find big-geared Baines ("I've got everything from 72-in to 120-in and I shall use them as required!" he chatted at the start) quite so far down on favourite Stan Turner, Brentwood RC.

But the Icknield man suffered sufficient discomfort from burning feet during the opening hours to warrant a lengthy halt before 100 miles while his helpers did their best to soothe, doctor and re-shoe the ailing "plates."

In fact it was Clayton who led from the start, but at the "100" check there was little separating the "favourites." Clayton 4-30-56; Turner 4-32-41 and Cliff Smith, East Mids CC, 4-35-13.

But one thing was slowly being

accepted by all except his devoted followers; Baines, with 4-46-33, had had it!

How very wrong they were! The 4-47-41 of Sid Hygate, Farnborough and Camberley CC was almost overlooked.

This was his eighth "24" and each one develops gradually and builds up to a roaring crescendo around the finishing circuit, as did this one.

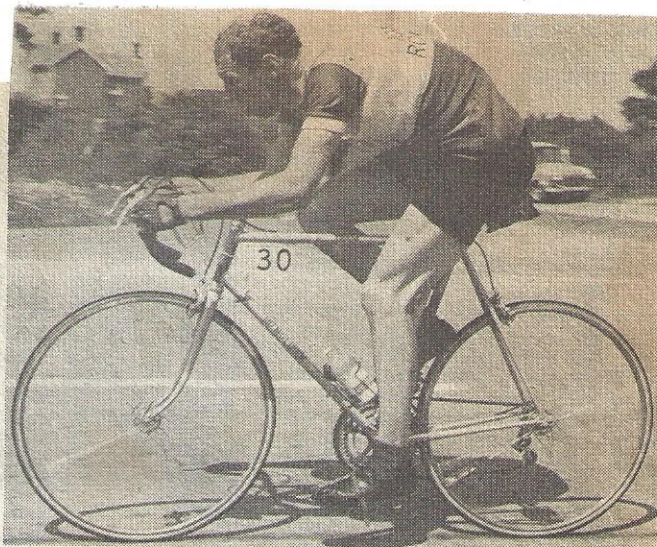
Second Tyne RC counter Alan Robertson was riding himself in and clocked 4-40-54 with 37-year-old Ivor Hickman, San Fairry Ann CC, riding his first "24," lying fifth with 4-41-28 and hoping that it was about the right pace!

Most of the time there had been considerable anxiety in the Brentwood RC camp about Stan Turner, fresh from a 1,500-mile training-cum-touring ride, who was riding a relaxed race and looking good... but he could not or would not eat anything!

At 150 miles Clayton still led with 6-58-38; Turner 7-1-12; Smith 7-6-47; Robertson 7-13-32; Hygate 7-21-11; Hickman 7-22-46; and Baines 7-22-46.

At 200 miles Turner took the lead with 9-21-0; Clayton 9-29-45; Smith 9-37-0; and Baines hammered himself back in to the reckoning again with a fourth placed 9-50-0; Robertson 9-52-0; Hygate 9-59-0.

At the 12-hour point, always one of the most interesting checks, Turner's leading 251



SMOOTH style of winner John Baines.

miles gave food for thought.

It had been a hot, sunny and windy Saturday afternoon start... now it was a cold night, Clayton was full of fight with 245 miles: Smith 243; Baines (still turning those big 'uns!)

242; Robertson 238; Hygate 234; Hickman 231 and third Tyne RC man Ken Robinson, a youthful-looking 26, was contributing 229 miles in a bid for team honours.

Just after 281 miles, about four miles from Ringwood, veteran Cliff Smith called it a day.

He was cold and confessed "Age has finally caught up with me. I cannot compete any longer with men of 25!"

Then at Bailey Gate, hub of two important detours, Stan Turner emerged from the Bere Regis leg looking smashed but still leading at 333 miles.

He clocked 16-28; and Baines now looked fresh as new paint in 16-43 and lying second, with Clayton third in 16-45; Hygate 17-28; Robertson 17-32; Hickman 17-37; Robson 17-46.

But Turner, with no food in his stomach, had defeat written on his face as he staggered into the Charlton Marshall leg and few thought he would return. He did not.

From this early morning leg Baines emerged looking as strong as a horse and in the lead (at 356 miles) by 2-13 from Clayton, but little did we know of his personal battle with both feet burning terribly as the sun warmed the morning into a blazing summer day.

So it was Baines on to the finishing circuit at 407.3 miles in 20-34-5 and leading Clayton 20-39-35; Hygate 21-24-2; Robertson 21-40-41; Hickman 21-47-56 and Robson 22-8-53.

But Clayton would not admit defeat. He attacked with everything he had but made no impression on the first circuit of 15.23 miles and was still 5-32 down at 422.58.

The next circuit gave good cause for revised speculation and great concern to Baines' helpers — at 437.86 miles the tough Clayton was only 3-44 down and

moving well.

He knocked 1-48 out of Baines in one circuit — if he kept up that kind of pressure surely something or someone would have to crack?

But the next circuit for Clayton included a stop for a much postponed call of nature and some solid food which he found he could not swallow in this kind of heat with out the aid of liquid... and he dropped all he gained and was back to 5-30 at the 453.14 mile point.

Baines came fighting through yet another lap later at 468.42 miles with 12-49 left to ride followed by Dennis Clayton, still refusing to give up with 15-7 to run, having started five minutes after Baines.

With so little time left it seemed futile for the tough Tynesider to struggle on, but he was now closing on his man fast and was only 53 seconds down.

Baines was spent and his wretched feet were too painful to ignore further, but he ran out at 473½ miles and timekeeper Bill Kiddle stayed on his chalk mark to wait for the Tyne man.

Such was the battle that both men beat their personal bests and Clayton led his team's victory.

Subject to confirmation	
John Baines, Icknield RC	473.5
D. Clayton, Tyne RC	473.25
B. Hygate, Farnboro' & Camb	454.58
A. Robertson, Tyne RC	448.35
I. Hickman, San Fairry Ann	444.75
D. Walker, Portsmouth CC	441.8
K. Robson, Tyne RC	439.7
E. Lobley, Lea Valley	424.18
L. Lower, Speedwell BC	424.05
C. Downer, B'mouth Jubilee	418.62
J. Clements, Bath CC	412.64
D. Culverwell, Hants RC	411.25
A. Hill, Worthing Exc	410.76
C. Davies, Hants RC	408.1
W. Suttle, B'mouth Jubilee	402.2
G. Jenkins, Hants RC	399.33
K. Smallwood, Farnboro' Camb	391.8
J. Mummery, San Fairry Ann	391.36
R. Taylor, Bon Amis CC	382.78
D. Keen, Lea Valley	386.00
E. Holmes, Shirley Roads	378.8
J. Little, Hants RC	376.43
J. Shipp, Bath CC	354.44
P. Covey, Viking RC	354.49
Team. — Tyne RC (D. Clayton, A. Robertson, K. Robson) 1.351.33m; 2. Hants RC (D. Culverwell, C. Davies, G. Jenkins) 1.218.68m.	

CYCLING

JULY 18TH 1970

Cox champion with 10 laps in hand

ROY COX, Birmingham RCC, won the amateur motor-paced championship at Fallowfield in front of an exceptionally large crowd and sent his pacer, Jim Paterson, into raptures about the world championship prospects of this 25-year-old tyre technician (writes MIKE SMITH).

"This time there may really be a medal coming our way," beamed Jim. "With a time like that, if he'd ridden the pro championship he would have lapped Norman Hill ten times! And he's gone even faster in training."

It was obvious that Cox was not so much concerned about winning as he was about putting up a good time; the opposition was disappointingly feeble, the original entry of six being reduced to four, with Tees-side Clarion's Colin Armstrong still nursing a broken wrist, and unfit John Hall, the multi-record-holder from Prestwich Phoenix, opting out.

This left two local boys, John Purdy, Manchester Wheelers, and Alan Nuttall, Manchester Velo, and hopeful Paul Fish, Worthing Excelsior.

The issue was never in doubt, however, with Cox taking the lead after only eight of the 107 laps, making the rest of the race a procession.

There was minor excitement after 20 laps when Nuttall's motor failed, but he

VICTORY never in doubt for Roy Cox, paced by Jim Paterson.

was back in the race without penalty.

Cox steamed round and round, oblivious to the fact that there were three others on the track, zipping past them with tedious regularity.

His average speed was over 43 mph and it brought a huge grin to his face.

"Yes, I'm thrilled with the time," he said after learning of his 43-8.2 for the 50 kilometres. "I used a gear of 121in. and it was just right, but I may have to go down to 116in-118in. for Leicester."

"I've already trained behind the new motors in Berlin and the roller is farther back, which means you don't get quite as much shelter."

"I'm most hopeful now about the World's. I haven't a clue who will be pacing me, but I think there's every chance of a medal."

"As for the future, I might think about turning professional if I do well next month, but we'll have to wait and see."

ROY COX, Birmingham RCC; 50km in 43-8.2; 2, A. Nuttall, Manchester Velo, at 10 laps; 3, J. Purdy, Manchester Wh, at 13 laps; 4, P. Fish, Worthing Excelsior, at 21 laps.

Cyclist succeeds in two of three aims

WITH SEVEN months and 4,000 miles of single-minded training behind him, Worthing Excelsior Cycling Club member Tony Hill took part in the national 24 hour time trial championship over the roads of Hampshire, Wiltshire and Dorset on Saturday and Sunday.

Hill's aims were primarily to last the course—no easy task in itself—and if possible to break the Excelsior record of 416.9 miles for a 24 hour ride. In any case he desperately wanted to cover at least 400 miles.

He succeeded in two of these efforts, for he lasted the gruelling event well and finished with a distance of 410 miles. He enjoyed this muscle-racking experience, hopes soon to ride in another and then should almost certainly better the Excelsior record.

When the results are finally tabulated, Hill will probably finish about 12th in a large field—a fine effort.

Cramp

The ride was not completed, however, without periods of anxiousness. To begin with he was suffering from cramp in his legs before the race even started.

He managed to ride off the cramp, though the first 10 miles were completed in great pain and under a boiling sun which caused some competitors to drop out.

Again in the early morning he

suffered a black period where the limbs and the spirit seemed to sag. It lasted four hours and 60 miles, but gradually he gathered himself for more effort.

Excellent

Last Thursday, Ray Douglass and Don Lock took part in the Rufus Wheelers 25 in the Southampton area—with excellent results.

Ray clocked 1hr. 8min. 4sec., just 4 sec. outside the veteran standard time of 1hr. 8min. Don, who retired two years ago and recently started a comeback, clocked 1-2-43, his best effort for 12 years.

In difficult conditions on Sunday six members took part in the Dulwich Paragon 25 and returned the following rather disappointing times—Colin Miller (1-4-16), Pete Reeves (1-5-57), Pete Langridge (1-6-8), Duncan Bethell (1-6-43), Tony Palmer (1-12-41) and Paul Davis (1-18-6).

22ND July 1970.

Times getting better on new course

FOR SOME TIME, many Worthing Excelsior Cycling Club members have shown a slight dislike of the new undulating evening 10-mile time trial course over the Adur Bridge. They preferred the old course on the Littlehampton road.

Now, as times get better and some men have recorded personal best performances on the new course, they are getting to like it and entries for the 10-mile events are improving again.

On Thursday, with several guest riders from the two Brighton clubs, times were fast in the 11th of the series, the fourth on the new course. There were 32 entries and timekeeper Ray Douglass was kept busy.

FIRST HOME

First man home was Brighton Excelsior man Frank Godwin who clocked the fastest time for the course so far, 23min. 19sec.

He was closely followed by George Matthews, who leads the Excelsior 10-mile series, eight seconds behind Godwin, with 23min. 27sec.

A fine junior prospect in the Worthing club, Bob Sparks, clocked a personal best of 24-48, and the times of other Worthing riders were: Duncan Bethell (25-1), Mike Poland (25-31), Tony Hill (25-39), Steve Richards (26-2), Paul Hampton (27-2), Nigel Dell (27-18), Derek Pearce (27-33), Clive Roberts (27-33), Harry Beasley (27-33).

Times of other riders not taking part in the competition were: Don Lock (24-49), Martin Ford-Dunn (26-56) and Ian Sutherland (29-7).

WORTHING HERALD 24TH JULY 1970.

EXCITING CYCLING DESPITE RAIN

THIS SUMMER Worthing Excelsior Cycling Club have been lucky with the weather for their club championships. On Sunday, however, rain fell for much of their 50 mile championship.

Some riders did not start and rather a depleted field took part, but this, and even the weather, did not spoil the event, which turned out to be really exciting.

Scratch man Mike Venner was expected to win and he duly did so, but not until after quite a struggle. He gradually worked his way through the rest of the field, encountering stiff opposition all the way.

But this competition brought out the best in him, for he

clocked 2hr. 10min. 32sec., a full minute better than he managed at the Sussex championship, a fortnight previously in much better conditions.

Don Lock was second with 2-16-10 just in front of Tony Hill (2-17-41) who showed no ill effect from his recent 24-hour ride. Ray Douglass apparently enjoyed the rain, clocking his best time of the season, 2-27-33 for fourth place.

This Sunday the Sussex 100 mile championship takes place and this incorporates the Excelsior Club's 100 mile title as well. Tony Hill, Keith Dodman and Mick Venner are among the Excelsior men who are expected to ride.

WORTHING HERALD

7TH AUG. 1970.

Cyclists record good times

Seven members of Worthing Excelsior Cycling Club recorded good times in the Portsmouth CC 25 mile time trial held over roads in the Havant and Emsworth areas on Sunday morning. Winner was Joe Mummery of the promoting club in 57 min. 26 sec. Excelsior times were: Peter Reeves (1 hr. 4 min. 8 sec., personal best), Tony Hill (1-4-13, personal best), Colin Miller (1-4-51), Peter Langridge (1-5-32), Chris Woodcock (1-6-1, personal best), Ray Douglass (1-7-58), Tony Palmer (1-9-42).

WORTHING GAZETTE 19TH AUGUST 1970.

SPARKS CATCHES THE CYCLING LIMELIGHT

A NEW NAME is catching a good deal of the limelight in the world of local cycling. Worthing Excelsior's Bob Sparks, who is only 16, carried off both trophies on offer when the club held their annual 25-mile event on Sunday.

Sparks was eligible not only for the handicap section of the race, for the Clapshaw Trophy, but also for the junior handicap section, for the Sherwin Trophy.

He returned a superb time of 1hr. 5min. 20sec., which, if this had not been a handicap race, would have given him third place overall on actual times. This indicates how good he is becoming for he beat several experienced riders.

Woodcock (1-6-57, 1-1-57), Tony Hill (1-6-11, 1-2-49), Pete Reeves (1-6-26, 1-3-8), Tony Palmer (1-10-40, 1-3-15), Colin Miller (1-5-8, 1-3-53), Ray Douglass (1-9-44, 1-4-34), Don Lock (1-7-15, 1-5-14), Derek Pearce (1-15-24, 1-6-24), Paul Hampton (1-18-39, 1-9-39).

CYCLING

15TH AUG. 1970

TRACK

Orangefield TL. — 500 yd h'cap: J. McCORMICK, Cyprus CC (75yd); 2. D. Mellwrath, Maryland Wh (55); 3. M. Polley, Northern CC (60). 500 yds spr: MORRIS FOSTER, Cyprus CC; 2. J. Smyth, Cyprus CC; 3. R. Adair, Ards CC. Last 220, 14.2s. 12-lap Devil: FOSTER; 2. Smyth; 3. D. Kane, Northern CC. 5m scr: FOSTER; 2. Kane; 3. Smyth. 11-22.6

St Johns Benevolent. — JOHN LYONS, Morden CRC, 88m in 3-46-0; 2. P. Jennison, Bristol RC, at 4-30; 3. K. Phillips, Morden CRC; 4. K. Warren, Morden CRC. st: 5. M. Parker, R Navy CRC at 6-0; 6. J. Stonham, Brighton Prem at 9-0.

St Johns Benefit, Preston Pk. — M. VANNER, Worthing Ex; 2. R. Beatty, E. Grinstead CC; 3. K. Duncomb, E. Surrey. 500m h'cap: KEN DUNCOMB; 2. C. Corde, VC Noviomagus; 3. G. Lade, Eastbourne Rov. S'boys h'cap: P. CHURCHILL, Brighton Mitre (scr); 2. Leach, E'bourne Rov; 3. A. Handley, Brighton Mitre. S'boys 500m Sussex champ: CHURCHILL; 2. Leach; 3. Hardley. 25m Sussex champ: BOB BEATTY; 2. M. Geoghegan, Bognor Regis; 3. J. Stonham, Brighton Prem, 56-26.

Allowance

With his handicap allowance of 9min., Sparks left the rest of the field standing, finishing three minutes clear with his net time of 56min. 20sec. He also took the junior trophy and this meant his first two cycling cups were gained with one ride.

Harry Beasley, having his first outing over 25 miles for some time, also had a nine minutes allowance and finished second with a net time of 1hr. 0min. 51sec.

In third place was ever present George Matthews, who had an allowance of only 15sec. and returned a net 1-1-32.

Other returns: Mike Poland (actual 1-8-32, net 1-1-47), Chris

CYCLIST STORMS TO 10-MILE TRIUMPH

THE FINAL evening 10-mile event of the season has been completed by Worthing Excelsior Cycling Club. More than 20 riders took part in the 14 races and George Matthews, who rode in all of them, emerged as a convincing winner to take the handsome Hill Trophy.

Matthews won the last of the rides setting a new course record of 23 min. 2 sec., which was also a personal best performance. His next test will come at Preston in Lancashire where he is due to compete in the national junior 25 mile championship.

There was fierce competition for the other leading places in the evening 10 mile champion-

ship and they have still to be worked out.

Final event leading places were: George Matthews (23 min. 2 sec.), Bob Sparks (25-2), Colin Miller (25-26), Don Lock (25-28), Tony Hill (25-41), Chris Woodcock (26-0), Mike Poland (26-3), Tony Palmer (26-53), Derek Pearce (27-15), Paul Hamilton (27-21) and Peter Andrews (29-36).

Fine competition was seen at the Kingston Phoenix Road Club 25 at the weekend, a competition open only to riders who had not previously broken 1hr. 4min. Excelsior entered a strong team, with Pete Reeves—on paper—the fastest man in the field, closely followed by Tony Hill.

S. Ayton of the home club won with 1-4-3 in windy and difficult conditions. Not far behind were Reeves (1-5-59) and Tony Hill (1-7-7).

It was the team event which aroused most interest, and rightly so, for it was extremely close. Kingston won with a total time of 3hr. 22min. 52sec., only just ahead of Excelsior with 3-22-53.

CYCLING

22ND AUG. 1970

KINGSTON PH "25" (G231)

Stewart Ayton, Hounslow & D	1	4	3
A. Baker, Hampshire RC	...	1	4 35
R. Powney, Kingston Ph	...	1	5 33
P. Reeves, Worthing Exc	...	1	5 59
D. Ingre, Barnet CC	...	1	6 29
R. Paterson, Kenton RC	...	1	6 32
H'cap. — R. Winwood, San Falrey			
Ann CC (12-0), 1-2-5. Team. —			
Kingston Ph (R. Powney, P. Bellerby,			
B. Speller), 3-22-52.			

WORTHING HERALD.

AUGUST 28TH 1970.

CYCLING 29TH AUG.

1970.

Rides under the magic hour

IN THE HISTORY of Worthing Excelsior Cycling Club before last weekend only five riders had ever been under the magic hour for 25 miles and only one of these, Nick Lelliott, was a junior at the time.

Now another name—another junior—has been added to the list. George Matthews recorded a time just under the hour when finishing 10th in the national junior 25 near Preston, Lancashire.

His effort from a field of 120 riders was superb and for the second time in recent years the fastest man in the Worthing club is a junior.

Fine record

Also on Sunday, Excelsior were taking part in the Sussex 25-miles individual championship and over the years the club have had a fine record in this event, seldom failing to have a man in the first three.

Their big hope, Mick Venner, punctured and was unable to finish the course and the first Excelsior man home, Rob Parker, a second claim member, was down the field in 1-5-47. Next was Don Lock (1-5-52) and then Tony Hill, just a second slower.

Veteran Ray Douglass took part in the Poole Wheelers 12-hour event at the weekend, a training run for the club and Sussex championship to come later. He was pleased with his final distance of 205 miles.

TRACK

Sussex TL — Devil: M. GEO-
GHEGAN; Bogner Regis CC; 2. M.
Lunney, VC St Raphael; 3. I. Ingram.
VC St Raphael. 600m H'cap: GEO-

GHEGAN (60): 2. C. Miller, Worthing
Exc (74); 3. D. Best, Brighton Mitre
(68). Lap scr: LUNNEY; 2. M. Ven-
ner, Worthing Exc; 3. J. Stonham,
Brighton Prem. 10km pt-to-pt: DENNIS
BROWN, Portsmouth CC (31pt); 2. K.
Van Nimiwegen, Het Stadion (Holl)
(18); 3. D. Brown, P'mouth CC (17).
S'boys 2-lap h'cap: P. CHURCHILL,
Brighton Mitre; 2. J. Winstanley,
Brighton Mitre; 3. Miss P. Monk,
Crawley Wh. Inter-League Omnium:
PORTSMOUTH, 6pt; 2. Sussex, 3.

SCOTLAND

FIFE CA "25"
K. Dogman, Worthing Exc ... 1 3 8
C. Orr, Kirkcaldy & D ... 1 3 23
J. Phillips, Ayr RC ... 1 3 24
A. Armstrong, Sund'land Wh 1 4 2
C. Carmichael, Kennoway RC 1 4 30
A. Sheach, Kirkcaldy & D ... 1 4 4;
H'cap. — S. Hunter, Ayr (7-16).
58-5. Team. — Kirkcaldy & D (Orr.
Sheach, Splers). 3-19-51.

Favourite wins junior '25' title—just!

Only one second —but that's good enough for Tim



DOBSON

TALL Tim Dobson, Com-
rades CC, confirmed his
"favourite" tag in the
RTTC Liverpool DC-pro-
moted junior "25" cham-
pionship on the D54
course, but though he had
good cause to look cheer-

ful with his 57-57, there
was a tinge of relief, for
he was only just a win-
ner.

Bob Garlinge, Hounslow
and District Wheelers, start-
ing a "possible" winner, had
good reason to look utterly

dejected with his second
place, beaten by the narrow-
est of margins, one second!

"One second can be noth-
ing or everything!" he mut-
tered, as if to himself, then
went off to sportingly shake
the hand of the new
champion.

Dobson, his parents and
younger brother were jubilantly
telling each other what a nice
way this was to begin their
week's holiday in Blackpool.

"This is my 13th win this
season," he bubbled, and then
confessed that he had won-
dered whether it would prove a
lucky or unlucky 13th as he
waited on the line for the
"Go" from timekeeper Rex
Austin.

It was also his 26th ride
under the hour, such a wonder-
ful record from this junior
"veteran" of three racing
seasons, who first got his
inspiration from seeing the
Milk Race while on holiday in
1967, yet now prefers to ride
road races purely for added
speed to aid his time-trialling.

It had been an agonizing

wait for Garlinge, off at No 10
in the field of 120 (organizer
Jeff Mills had received 167
entries).

His time began to look good
enough by the time half the
field had crossed the line and
failed to make any impression
upon it.

He chose his sleek-looking
track iron and an 86-inch fixed;
Dobson used 95-inch and 102-
inch of his five speed range.

Off No 110 Dobson ham-
mered strongly through the
halfway check in 28-35, six
seconds up on Garlinge, and as
the time went up on the
handsome result board the
Hounslow lad picked up his
bike and went off for a potter
to relieve the tension, with
clubmate Alan Sears, the
former GHS "10" champion,
who had clocked a heart-
warming 58-42 which had, at
that time, put him in second
place by one second from Steve
Barnes, Rufus Wheelers, of No
15.

Gangling Pete Smith, Ratae
RC, tried his hardest but he
too failed by so little to make
the top places and had to be
satisfied with 58-48; and it was
left to a "dark horse" from
the Gordano Valley CC, Dave
Holliday at No 106, to produce
one of the sensations.

A modest, quiet rider, he

slipped away like a ghost to his digs at the end of his ride, just as he had earlier slipped quietly across the finishing line a few minutes before the anxiously-awaited arrival of Dobson, to record a personal best of 58-37.

Good enough to oust Alan Sears from the medals and win him the bronze, beating the Gordano Valley club record. It was not a bad haul for a first-year rider who had not beaten the hour until now.

He succeeded where most of the seedings failed.

Bob McLernon, Rapier RC, was level with Holliday at halfway in 29-10, but slipped back; and Robert Chadwick, Tunstall Wheelers, clocking 29-12 halfway, also found the hard second half not to his liking.

Martin Corbett, Charlotteville CC, another "possible," was going well with 29-32 over the smooth-surfaced first half, only to fail by over a minute.

Yet Dave Holliday managed to rise to the occasion, and perhaps one more comparative "unknown" could also be considered to have excelled himself upon this championship day. Bob Matthews, Worthing Excelsior, with a 29-21 at half-distance and 59-35 for a place among the top seven.

"I came up here to win a medal," said Garlinge. "I got one, but I wish it could have been gold."

But perhaps leading the Hounslow team to first place provided some consolation. He, Alan Sears and Richard Williams produced an unbeatable aggregate, but Garlinge will never get another tilt at this particular championship.

"He was born at an awkward time," grinned his father, for Bob misses next year's title race by one week.

CYCLING, AUGUST 29, 1970

JUNIOR RESULT

Tim Dobson, Comrades CC	57	57	A. Chandler, Ratae RC	1	2	18	
R. Garlinge, Hounslow & D	57	58	M. Stephens, Weaver Valley	1	2	27	
D. Holliday, Gordano V	58	37	A. Pringle, Portsmouth CC	1	2	29	
A. Sears, Hounslow & D	58	42	M. Harchwood, Saracen RC	1	2	34	
S. Barnes, Rufus Wh	58	43	A. Orton, Ratae RC	1	2	44	
P. Smith, Ratae RC	58	48	P. Hindle, Cleveleys RC	1	2	45	
R. Chadwick, Tunstall Wh	59	8	N. Hewson, Warrington RC	1	2	45	
A. Newberry, Mercla CC	59	8	K. Snook, Southgate CC	1	2	47	
M. Corbett, Ch'ville CC	59	16	R. Boulton, Gordano V	1	2	48	
R. McLernon, Rapier RC	59	19	D. Makewell, Glade CC	1	2	53	
R. Matthews, Worthing Ex	59	35	C. Bradley, Saracen RC	1	3	3	
N. Rudd, Hull Coureurs	59	45	R. Divine, Whitewebbs CC	1	3	7	
F. Nickson, E. L'pool Wh	59	51	I. Whyte, Weybridge Wh	1	3	9	
C. Pugh, S. Bucks RC	1	0	2	A. Davies, Mersey Rds	1	3	12
S. Walker, Hull Cour	1	0	5	R. Lepley, N. Road CC	1	3	12
J. Thompson, Nova CC	1	0	10	R. Williams, H'slow & D	1	3	16
G. Thornton, Newport Ph	1	0	13	S. Worland, P'mouth CC	1	3	20
R. Smith, Glade CC	1	0	23	D. Leak, S. Western RC	1	3	21
M. Garner, Pt Sunlight	1	0	30	C. Cox, Abbotsford Pk RC	1	3	22
A. Payling, Boston Wh	1	0	32	C. Garrett, Southgate CC	1	3	40
P. Carbutt, Saracen RC	1	0	35	N. Armstrong, Ch'ville CC	1	3	44
M. Hayton, E. Bradford	1	0	36	J. Lucas, Weybridge Wh	1	4	0
T. Pope, Midland Cl	1	0	37	G. Newton, Portsmouth CC	1	4	18
T. Nutter, Bishop's Stfd	1	0	58	W. Hall, N. Road CC	1	4	32
I. Hook, N. Bucks RC	1	1	2	R. Simmons, S. Western RC	1	4	46
N. Dorling, W. Suffolk Wh	1	1	3	J. Edwards, Saracen RC	1	4	56
T. Bassett, Anfield BC	1	1	10	J. Bisson, GS Europa	1	5	2
M. Walker, Clarence Wh	1	1	10	P. Roe, Hull Coureurs	1	5	10
R. Hand, Surrey Roads	1	1	18	R. Jenkins, Prentwood RC	1	5	26
D. Bolton, Bradford Wh	1	1	23	M. Wilson, Aintree Ph	1	5	29
S. Eley, Whitewebbs CC	1	1	25	M. Evans, Cleveleys RC	1	5	33
D. Butterworth, B'head NECC	1	1	0	N. Holloway, Brereton Wh	1	5	35
J. Ewers, N. Road CC	1	1	41	J. Radford, P. Sunlight	1	5	43
R. Strirling, Glade CC	1	1	44	R. Burghall, Bracknell & D	1	5	48
G. Wells, Ch'ville CC	1	1	52	S. Shears, Hull Coureurs	1	5	53
P. Whitthorn, Glade CC	1	1	55	J. Litchfield, N. Bucks RC	1	6	0
D. Hizzett, Clifton CC	1	1	59	P. Hudson, L'pool Century	1	6	15
C. Bishop, Southgate CC	1	2	1	G. Evans, Crabwood CC	1	6	25
P. J. Carbutt, Saracen RC	1	2	1	R. Springham, Bishop's Stfd	1	6	26
J. Morris, Poly CC	1	2	2	J. Nornury, Surrey Roads	1	6	37
D. Nichols, Surrey Roads	1	2	5	G. Dilkes, Ratae RC	1	6	48
K. Osborn, Southgate CC	1	2	7	J. Nightingale, N. Lancs RC	1	7	3
C. Hanley, E. L'pool Wh	1	2	7	B. Johnson, E. L'pool Wh	1	7	19
M. Lyner, Ratae RC	1	2	9	J. Purrey, N. Bucks RC	1	7	29
A. Marsh, E. L'pool Wh	1	2	9	N. Stringham, Bishop's Stfd	1	7	46
D. Hirde, Tunstall Wh	1	2	9	M. Vasey, Phoenix CC	1	8	47
L. Knightsbridge, Rufus Wh	1	2	10	Team—Hounslow & D (Garlinge, Scare, Williams)	2	59	56
J. Light, Portsmouth CC	1	2	14				

4TH SEP. 1970.

DODMAN WINS 25-MILE IN SCOTLAND

ON HOLIDAY in Scotland, Worthing Excelsior Cycling Club rider Keith Dodman is not forsaking his favourite sport.

He showed he was back to his best form by winning the Fife CA 25-mile event, clocking 1hr. 3min. 8sec., 15 seconds faster than his nearest rival.

George Matthews, Tony Hill and Don Lock travelled to take part in the Crest CC 50-mile event in Cambridgeshire, with some success.

Matthews clocked a tremendous 2hr. 4min. 4sec., the fastest by an Excelsior rider for two seasons, and showed that he has stamina as well as speed.

Off course

Despite losing four minutes by going off course at the Newmarket turn, Lock recorded 2-12-12 and Hill clocked 2-15-18. This was a personal best for Hill by a few seconds, but rather disappointing in view of the fact that he is fit and conditions were ideal.

Farnborough and Camberley Cycling Club provided competition for Pete Langridge, Chris Woodcock and Tony Palmer on Sunday. These three took part in the open 25-mile event on the Farnham-Alton course.

Langridge was easily the fastest of the three with 1-3-39. Woodcock clocked 1-7-55 and Palmer 1-9-55.

WORTHING HERALD 11TH SEPTEMBER 1970.

CHAMPION RIDING BY LOCAL CYCLISTS

THERE WERE three prize lists for Worthing Excelsior Cycling Club riders to aim at on Sunday when they competed in the club's 12 hour event over roads in north Sussex and Surrey.

As usual it was incorporated with the Sussex Cyclists Association championship and this year also incorporated with the Southern Counties Cyclists Union championship.

Although some time will be needed to work out the results, it is certain that Keith Dodman is the 1970 Excelsior champion and the champion of Sussex and that the club are Sussex team champions.

AWARD

It is also certain that Pete Langridge has won his first handicap award in the club event.

Less certain — but Excelsior are quite confident — is that the club are southern counties champions.

Five Excelsior men competed, three of them, Mick Venner, Pete Langridge and Tony Hill, riding in their first half day event. The other two were Keith Dodman and Ray Douglass, both former Excelsior 12-hour champions.

Ray Douglass was forced to

retire after 120 miles with back trouble and, indeed, the hot weather caused several riders to drop out.

Keith Dodman rode on strongly to record 236 miles, followed by Mick Venner (231), Pete Langridge (223) and Tony Hill (220).

TIRED

Most riders were extremely tired at the finish and young Langridge showed great stamina and determination.

To add to Excelsior's success on Sunday, six members took part in the East Sussex open 25-mile event on the London-Eastbourne road south of Uckfield.

George Matthews finished third and with Don Lock and Colin Miller carried off the team prize.

Times of the six riders were: George Matthews (1 hr. 1 min. 15 sec.), Don Lock (1-4-19), Colin Miller (1-7-26), Mike Poland (1-7-42), Tony Palmer (1-10-17) and Harry Beasley (1-10-41).

CYCLING SEPT. 5TH 1970.

SUSSEX CA CHAMP "25" (G931)

Cliff Sharp, E'bourne Rovers 1 0 39
R. Stringer, Brighton Ex 1 3 4
L. Janman, Bognor Regis ... 1 3 29
M. Colburn, E'bourne Rovers 1 3 54
G. Charlwood, E'bourne R'v'rs 1 4 14
D. Stringer, Brighton Ex ... 1 4 16
H'cap. — M. Poland, Worthing
Ex. (10-0) 57-51.

Women

Ial Stringer, Brighton Ex ... 1 15 43
N. Parker, Worthing Ex 1 18 46
H'cap. — V. Stringer, Brighton Ex.
(Scr.) 1-15-43.

CYCLING SEPT. 19TH

E SUSSEX CA "25" (G833)
Mick Burren, E Surrey RC 59 56
 D. Clarke, Croydon Prem ... 1 0 21
 R. Matthews, Worthing Ex ... 1 1 14
 B. Hone, Cent Sussex 1 2 24
 D. Hook, Folkestone & D ... 1 2 47
 R. Osborne, S Eastern RC ... 1 2 55
 H'cap. — R. Siggs, Metro Police
 (10-0), 56-38. Team. — **Worthing**
Ex (Matthews, Lock, Miller), 3-12-59.
Women
Sue Swettenham, E Surrey RC 1 11 13
 M. McGaven, Ch'ville CC ... 1 14 55
 J. Osborne, S Eastern RC ... 1 17 2

CYCLIST EARNS A HANDICAP AWARD

MEMBERS of Worthing Excelsior Cycling Club figured in two events on Sunday. The main attraction for the club's racing men was Bognor Regis Cycling Club's open 25 which was entered by 109 riders, including some of the leading short distance cyclists in the country.

The riders were lucky in having dry weather in a rather wet weekend but conditions were not fast. George Matthews went so near to riding under 60 minutes that his time, 1.0.19, earned him a handicap award.

Mick Venner, possibly still feeling effects from his 12 hour ride of the previous week, rode well to record 1.1.17. Don Lock was third fastest club rider with 1.4.10.

Other times: Pete Langridge 1.5.23; Tony Hill 1.5.39; Mike Poland 1.7.58; Pete Reeves 1.8.37 and Tony Palmer 1.9.51.

Unluckier

Not so lucky with the weather were Keith Dodman and Ray Douglass who were riding the Bournemouth Jubilee 100 miles

event in the Hampshire/Dorset area. Pouring rain and gale force winds denied them any chance of attaining good times and it was times to count towards the club best all rounder competition that they were after rather than any position in the actual event.

Keith was also hopeful of beating Mick Venner's four hour 37 minute hundred, which could have won Keith the club 100 mile trophy for the season.

Keith and Ray were determined to finish and recorded the following times, which at least assures their completion of all distances for the best all rounder, Keith 4.51.26, Ray 5.20.56.

Calculates

Keith now rides two 50 mile events and calculates that a two hour six minute ride will still enable him to beat Mick for the overall average m.p.h.

A fine competition brews up as the season begins its last few weeks.

This weekend nine Excelsior riders are competing in the Central Sussex C.C. two-up team time trials on a course between Horsham and Washington. The 27 mile event starts one mile south of Buckbarn Crossroads, West Grinstead, at 2 p.m.

On Sunday next the new Sussex C.A. 30 mile event is held on the local course and now takes in the Adur Bridge and Shoreham by-pass. Both Mick Venner and George Matthews take part and could provide the club with individual honours.

CYCLING SEPT. 19TH 1970.

BOGNOR 'CAMPAG' 25.

THE FINISHERS

Derek Cottingham, Charlotteville (105 pts)	55	54
R. Porter, Feltham RC (99)	57	32
J. Tooby, Coventry CC (98)	57	35
V. Smith, Hull Thursday RC (97)	57	36
D. Brown, Portsmouth CC (96)	58	46
D. Roe, Hull Coureurs CRC (95)	59	4
P. Barton, Tooting BC (94)	59	54
J. Williams, R'ham CC (93)	1	0 8
M. Roach, H'slow & D (94)	1	0 10
R. Matthews, Worthing (91)	1	0 19
M. Geoghegan, B Regis (90)	1	0 31
M. Burren, East Surrey (88)	1	0 31
K. Reeves, Surrey, Regs (88)	1	0 42
M. Venner, Worthing Ex (87)	1	1 17
J. Pentacost, Bec CC (87)	1	1 17
A. Temple, B Regis (85)	1	1 28
R. Vasey, P'mouth CC (84)	1	1 39
J. Light, P'mouth CC (83)	1	1 53
S. Worland, P'mouth CC (82)	1	2 4
A. Beedle, Rufus Wh (81)	1	2 8
M. Broadway, Sorian RC (80)	1	2 17
M. Colburn, East'ne R (79)	1	2 28
M. Humphries, H'slow (78)	1	2 37
J. Ruskin, H'slow & D (77)	1	2 40
C. Derham, Croydon Pr (76)	1	2 49
D. Benson, R'ham Forest	1	2 53
R. Johnson, Brighton Mitre	1	3 1
P. Stringer, Brighton Exc	1	3 11
P. Spencer, Feltham RC	1	3 17
L. Janman, Bognor Regis	1	3 47
C. Andrews, Rufus Wh	1	4 10
E. Fone, Middx RC	1	4 10
D. Lock, Worthing Exc	1	4 23
L. Stringer, Brighton Exc	1	4 29
A. Holcombe, Bognor Regis	1	5 9
J. Coast, Chippenham & D	1	5 14
C. Cordes, VC Noviomagus	1	5 15
P. Spooner, Brighton Exc	1	5 23
P. Langridge, Worthing Exc	1	5 33
D. Davison, P'mouth CC	1	5 37
R. Monks, Sotonla CC	1	5 39
J. Gray, Croydon Premier	1	5 39
A. Hill, Worthing Exc	1	5 47
C. Jackson, Easterley RC	1	5 50
S. Latham, Fareham Wh	1	6 9
J. Yardley, Brighton Mitre	1	6 12
D. Bailey, Hounslow & D	1	6 24
I. Briggs, Bracknell & D	1	6 26
R. Bance, Portsmouth CC	1	6 26
P. Wheeler, Corsham RC	1	6 35
R. Sturt, Brighton Exc	1	6 43
A. Knebel, Crabwood CC	1	6 52
M. Napier, Sotonla CC	1	6 54
G. Newton, Portsmouth CC	1	7 15
C. Davies, Hampshire RC	1	7 17
E. Warne, Sotonla CC	1	7 24
J. Osman, Sotonla CC	1	7 25
G. Lade, Eastbourne Rov	1	7 26
C. Crocker, Sotonla CC	1	7 27
D. Montgomerie, Fareham Wh	1	7 43
P. Page, Sotonla CC	1	7 45
M. Poland, Worthing Exc	1	7 58
W. Swann, Easterley CC	1	8 2
D. Crocker, Sotonla CC	1	8 10
C. Noble, Southampton Wh	1	8 12
A. Olden, Sotonla CC	1	8 16
A. Wingrave, Redmon CC	1	8 21
P. Burbery, Lewes Wand	1	8 35
F. Reeves, Worthing Exc	1	8 37
A. Baker, Hampshire RC	1	8 57
M. Kilby, Lewes Wand	1	8 59
K. Savage, Lewes Wand	1	9 13
L. Veck, Portsmouth CC	1	9 14
A. Palmer, Worthing Exc	1	9 51
H. Finch, Sotonla CC	1	9 54
R. Ewart, Central Sussex	1	9 58
J. Clements, Bath C	1	10 00
M. Hockridge, Welland V	1	10 10
R. Coast, Chippenham & D	1	10 15
P. Roe, Hull Coureurs	1	10 43
D. Bulman, Fareham Wh	1	11 4
C. Cawte, Fareham Wh	1	11 26
J. Burrow, Redmon CC	1	11 40
J. Wilkes, Fareham Wh	1	12 18
A. Simpson, Bognor Regis	1	12 43
A. White, Sotonla CC	1	13 29
N. Tingley, Brighton Exc	1	13 36
W. Rixon, Rufus Wh	1	12 39
D. Andrews, Fareham Wh	1	16 52
D. Tedman, Sotonla CC	1	37 21
Team. — Portsmouth CC (Brown, Vasey, Light), 3-2-18.		

The Herald, Friday, September 25, 1970

TEAM WIN HOPE IS SHATTERED

A TEAM WIN which Worthing Excelsior Cycling Club had hoped for in the new Sussex 30-mile time trial event on Sunday did not materialise. Bob Sparks failed to start and Mick Venner was well below form.

Excelsior's star was George Matthews who attacked hard, especially over the tough final 10 miles and at the finish he took second place 13sec. behind the winner, Eastbourne's Cliff Sharpe.

All other riders in the 30-

strong field were more than three minutes down on these two.

On Saturday the Central Sussex CC two up 27-mile event attracted 45 teams including four from the Worthing club.

Tony Hill and Don Lock were the best Worthing pair with 1hr. 5min. 48sec. Peter Langridge and Pete Reeves did 1hr. 7min. 35sec.; Steve Richards and Jim Besley 1hr. 13min. 2sec.; and Tony Palmer and John Lucas 1hr. 25min. 15sec.

The winners C. Pugh and J. Woodburn (South Bucks RC) did 59min. 53sec.

50-mile

Riding in the Yorkshire-Lincolnshire border area, Keith Dodman could only manage 2hr. 13min. 10sec. in the Hanwell and district CC 50-mile event.

Ray Douglass rode in the London and Home Counties Veterans 50 on the Aylesbury-Bicester road and his time of 2hr. 27min. 43sec. was somewhat disappointing.

This Sunday, Worthing members will be competing in the Brighton Mitre CC two up event starting just north of Washington and turning at Broadbridge Heath roundabout on the Horsham bypass.

Superb ride brings win for cyclists

THE TWO-UP 25-mile event held by Brighton Mitre Cycling Club over the course between Washington and Broadbridge Heath on Sunday attracted entries from London and even further afield. But it was the Worthing Excelsior combination of Mick Venner and George Matthews who stole the limelight.

These two clocked a superb 57 min. 41 sec. to win the event, quite a feat when it is remembered that Venner has not broken the hour individually for this distance.

The Middlesex Road Club pair, M. Fagg and J. Edwards, were already home and confident about their 57-55 when Venner and Matthews streaked over the finishing line.

TROUBLE

Tony Hill and Don Lock, despite suffering from mechanical trouble, were second fastest for Excelsior with 1 hr. 1 min. 41 sec. just ahead of Pete Langridge and Pete Reeves (1-1-43) who had a fine ride.

Other club times were: Paul Fish and Tony Flumm (1-4-17), John Lucas and Tony Palmer (1-7-1), Bob Sparks and Steve Richards (1-8-53), C. Howard and Derek Pierce (1-12-22) and Clive Roberts and Paul Hampton (1-15-56).

PAYS OFF

At last Keith Dodman's travelling to the northern counties in search of fast courses and top class competition has paid off.

On Sunday Keith rode in the Harrogate 50-mile event and finished in 2 hr. 0 min. 20 sec. If he had not suffered slight mechanical trouble he would probably have broken two hours and would certainly have broken the club record, 2-0-6, set up by Dave Funnell in 1964.

This ride ensures Dodman of the club's best all rounder trophy, putting Mick Venner back into second spot.

Ray Douglass travelled west on Sunday to take part in the West Time Trials Association 25-mile event near Bridgwater and he was satisfied with his time of 1-6-32, his best of the year.

Harry Beasley and Duncan Bethell rode in the Southern Counties CU 25 on the Portsmouth course near Cosham. Harry showed a slight improvement with 1-9-47, but Duncan, faster with 1-7-56, was somewhat down on his form earlier in the year.

This Sunday sees the Excelsior club staging their open 25-mile event, starting just west of the Sussex Pad Hotel, north Lancing, at 7.30 a.m. There are 85 entries from more than 20 clubs and some of them are of international standard.

CYCLISTS GAIN ANOTHER TEAM TITLE

AN ESTIMATED 200 people took part in, officiated at or watched Worthing Excelsior Cycling Club's open 25-mile event on local roads on Sunday. This event is fast becoming one of the most popular in Sussex.

A field of 85 started from the Sussex Pad Hotel early in the morning and had to deal with difficult conditions caused by a high wind and slippery roads.

Excelsior riders turned out in force and carried their club colours so well that they more than held their own against a talented field which included world championship rider Martin Roach of Hounslow, the favourite.

Strength

Not only did Excelsior take second and fourth places with Mick Venner and George Matthews, but had the strength in depth to take the team title—their third open team win in recent weeks.

It was a staggered start and when Mick Venner finished in 1hr. 0min. 41sec. it was obvious that he was in line for prizes.

Then D. Eldridge (Delta Road Club) came home with 1-0-37, which proved to be the winning time. Roach found things difficult and had to be content with third place (1-0-49) and young Excelsior rider George Matthews was fourth (1-1-53).

Formidable

Don Lock was the next Excelsior man home with 1-5-34 and this was enough to give Excelsior the team prize, 2min. 51sec. ahead of formidable Hounslow.

Venner completed a really successful morning by taking the handicap award.

Other Excelsior riders were timed as follows: Tony Flumm (1-6-20), Tony Hill (1-6-21), Pete Reeves (1-6-50), Duncan Bethell (1-8-21), Chris Woodcock (1-9-20), Mike Poland (1-9-20), Harry Beasley (1-10-20), Eddie Kneen (1-10-25), G. Barnes (1-10-33), Tony Palmer (1-12-14), Steve Richards (1-12-51), Paul Taylor (1-14-2), John Antram (1-14-37), C. Howard (1-18-23).

Thanks are due to the members who supervised the race, organised a splendid scoreboard and made sure there were refreshments at the finish for competitors.

VENNER PIPS MATTHEWS IN THRILLER

THE HARDDRIDERS event, a gruelling 33-mile slog through Findon Valley, Storrington, Amberley, Houghton, Arundel and back, is becoming one of the most popular events for members of Worthing Excelsior Cycling Club.

Sunday's event was again a thriller. Handicappers forecast that Mick Venner would win ahead of young George Matthews with Keith Dodman third—and they were right.

Beat record

Venner won in 1hr. 29min. 44sec.—well inside the 1-31-12 record he set last year. Matthews was close behind with 1-30-6 and Dodman clocked 1-32-34.

For much of the race Matthews was a few seconds ahead of Venner, but Venner's greater strength and experience pulled back the deficit and took him ahead.

Other times: Pete Reeves (1-36-58), Tony Hill (1-39-32), Tony Flumm (1-43-37), Mike Poland (1-44-14), Eddie Keen (1-47-46), Tony Palmer (1-48-4), C. Howard (1-59-44).

This Sunday, Excelsior end their season with the hill climb competition at Steyning Bostal (10.30).

23RD OCTOBER 1970

WORTHING HERALD

Venner speeds to the top of the Bostal

YET ANOTHER Worthing Excelsior Cycling Club trophy has gone to Mick Venner.

He won the club's hill climb championship at Steyning Bostal on Sunday, knocking five seconds off the old record and finishing almost a minute ahead of his nearest challenger.

To cycle all the way to the top of the Bostal, starting near the junction with the Steyning-Bramber road, is a feat in itself. To do so in a little over four minutes is superb.

Venner sailed smoothly to the top in 4 min. 15 sec., well ahead of Tony Hill (5 min. 12 sec.). Third, and probably the youngest rider ever to take a place in the first three of this competition, was Graham Barnes (5-31).

Other placings: Steve Richards (5-41), Chris Howard (6-0), Tony Rotheram (6-7) and Derek Pearce (7-18).

This Sunday Brian Weir organises the ever popular club Tourist Trophy competition for the President's Bowl. Club secretary John Mansell, the holder, will start as favourite.

WORTHING HERALD

23RD OCTOBER 1970

Lack

KEEPING really fit during the winter months is most important to serious cyclists. Many members of Worthing Excelsior Cycling Club are keen on winter indoor training, but the great snag is a lack of suitable facilities.

Approaches have been made to local authorities and other sports organisations—but without success.

Club member Harry Beasley, a qualified instructor, is ready to organise a circuit training programme when the opportunity arises.

When the new sports hall in West Park is built, Excelsior hope to use those excellent facilities during the winter. But in the meantime they are still searching.

They need a small gymnasium with a certain amount of equipment and anyone who can suggest premises should contact Harry Beasley at Worthing 62542.

Tony Palmer wins his first club trophy

THE LAST major event of the season for Worthing Excelsior Cycling Club — the club's tourist competition — was held on Sunday.

Tony Palmer won, bringing him his first club trophy in nine years of riding. He narrowly beat holder John Mansell into second place.

At the end of the 30-mile course, Tony was three points ahead of John, but John answered questions set by organiser Brian Weir a little better than his rival and finally Tony (15 penalty points) pipped John (16) by a single point.

Third was Ray Douglass, also a former holder of the trophy, fourth Steve Richards and fifth John Antram.

Centres

The morning session was centred in the Steyning area, with lunch at Ashurst, and the afternoon around West Chiltington, with tea at Heath Common near Washington.

Part one was a "find your own way" test with only map references and compass approach and departure directions.

Part two was a test involving the following of a route traced on a one inch Ordnance Survey map for all to see and copy.

Puzzles

Both sections provided great puzzles for the less experienced riders. There were secret check points, and riders had to nego-

tiate all sorts of conditions including bridleways, footpaths, downland chalk, flint, fields of stubble and farm mud.

It was a most enjoyable event and all the competitors had hot food, provided by club member Theo Puttick, at the finish.

Keith Dodman rode his last event of the season at the weekend, the Hillingdon 25-mile on the Bath road. He recorded his best time of the year, 1hr. 2min. 59sec.

WORTHING HERALD

30TH OCTOBER 1970.

CYCLING 31ST OCT. 1970.

'25'

CLARENCE WH mm "25" (H24)		
J. Light, Portsmouth CC	...	59 18
R. Mathews, Worthing Ex	...	59 47
R. Travers, Wigmere CC	...	1 1 4
B. Jones, Crawley Wh	...	1 1 4
K. Warren, Morden CRC	...	1 1 15
Team. — Portsmouth CC	3-3-30.	
BRIGHTON MITRE "25" (G935)		
Peter Crofts, E Surrey RC	...	59 59
C. Sharp, Eastbourne Rovers	1	0 34
D. Eldridge, Delta RC	...	1 0 37
M. Vennner, Worthing Excel	1	1 14
R. Edwards, Redhill CC	...	1 1 25
J. Lyons, Morden	...	1 2 0
H'cap. — S. Foster, Redhill CC (7-45)	56-20.	Team. — Morden CRC (Lyons, Russell, Phillips) 3-11-8.

EXCELSIOR Praised for their Ability

THE ABILITY and organisation of Worthing Excelsior Cycling Club was praised at the annual dinner at the Richmond Room on Saturday by Brian Cox, a member of Bognor Regis Cycling Club.

Proposing the toast to the club, Mr Cox said he had known Excelsior and its members for 20 years. "It is clubs like yours who are the cornerstone of cycling in this country," he said.

Referring to a recent idea that cycling ought to be sponsored by commercial enterprise, he maintained: "I cannot see commercial organisations being able to promote the number of events you do and certainly not with the same degree of success."

The reply to this toast was made by Excelsior member Nigel Barlow.

Earlier, secretary John Mansell had proposed the toast to the club's president and vice-presidents, thanking them for their invaluable help and support.

Recalled

The reply came from the president, Mr Doug Argent, who has been a member of Excelsior for 59 years—since he was nine years old.

He referred to a recent article in the local press which had recalled that in 1890 Worthing had celebrated the fact that it had been incorporated as a borough. A sports meeting had been in what was now Homefield Park.

"There were cycle races at that meeting at which Excelsior members did well. It shows that the club was highly respected 80 years ago, just as it is now," he said.

Then Mrs Argent presented the club trophies and the majority of them went to experienced Mick Venner and outstanding junior George Matthews.

Awards

They were awarded as follows: Circuit, 25 mile championship, 30 mile championship, 50 mile championship, 100 mile championship, Hardriders, hill climb, M. Venner. He set new records in both the hardriders and hill climb.

25 mile championship handicap, hardriders handicap, Junior 15 mile championship, 10 mile series, points cup, most improved rider trophy, junior best all rounder trophy, G. Matthews. He also finished 11th in the national 25 mile championship.

12 hour championship, best senior all rounder, K. Dodman.

Clapshaw 25, Sherwin 25, second in 10 mile series, R. Sparks.

25 mile team trial, M. Venner and K. Dodman.

Tourist trophy, A. Palmer; circuit handicap, B. Bethell, 30 mile championship handicap, M. Poland; 50 mile championship handicap, A. Hill; 12 hour championship handicap, P. Langridge; junior 15 mile championship handicap, C. Roberts; best clubman tankard, D. Lock.

CYCLING NOV. 7TH 1970

READABLE as ever, the Autumn number of the WORTHING WHEEL provides 36 pages of clear typing, in which touring articles, limericks (!), race results and a fine picture of editor Don Lock are specially noteworthy.

CYCLING NOV. 14TH 1970

CYCLING, NOVEMBER 14, 1970

BBAR

JUNIOR TABLE

	10m		25m		Av.
TIM DOBSON, Comrades CC	21-21	22-26	55-28	55-56	27.178
M. J. J. Corbett, Charlotteville CC	22-49	22-57	55-16	56-53	26.488
C. Pugh, South Bucks RC	22-18	22-54	57-30	58-28	26.212
T. G. Nutter, Bishops Stort CC	22-15	22-44	57-58	58-38	26.205
P. Smith, Ratae RC	22-12	22-57	57-41	58-41	26.184
A. A. Newberry, Mercia CC	22-45	22-50	57-47	57-56	26.126
R. A. Garlinge, Hounslow & D	22-37	22-50	57-58	58-14	26.110
M. D. Hayton, East Bradford CC	23-10	23-11	56-39	57-47	26.054
F. W. Nickson, East Liverpool Wh	23- 3	23-10	57-23	57-30	26.039
T. J. Sears, Kenton RC	22-43	23- 3	57-55	58-30	25.995
R. M. Edwards, Redhill CC	22-34	23- 0	58-45	58-57	25.913
R. Smith, Glade CC	22-49	23-17	58-34	58-40	25.812
R. Noon, Notts & Derbys Clarion	22-50	23-38	56-37	59-55	25.779
D. J. Hizzett, Clifton CC	23-30	23-38	57-16	58-12	25.722
D. Holliday, Gordano Valley CC	22-46	23-20	58-37	1-0- 6	25.654
J. R. Thompson, Nova CC	23-23	23-53	57-42	58-30	25.605
D. W. Hinde, Tunstall Wh	23-15	23-30	58-12	59-33	25.275
A. R. Grant, Southend & Co Wh	22-47	23-38	58-54	59-59	25.349
P. Whitehorn, Glade CC	23- 0	23-17	59-33	1-0- 1	25.510
D. J. Thorogood, Harold Hill CC	22-32	22-51	1-0-57	1-1- 8	25.508
N. R. Rudd, Hull Coureurs CRC	23-24	23-27	58-55	59-19	25.494
J. A. Waugh, Tyne RC	23- 1	23-51	59-13	1-0-14	25.365
J. R. Ewers, North Road CC	23- 5	23-37	1-0-30	1-1- 6	25.186
C. S. Bradley, Saracen RC	23-16	23-36	1-0-23	1-0-51	25.176
T. J. Pope, Midland Cl C & AC	23- 2	23-48	1-0-37	1-1- 8	25.138
K. J. Osborn, Southgate CC	23-53	24-17	59-39	59-55	25.003
L. Double, De Laune CC	23-37	24-17	1-0-11	1-0-13	24.987
J. J. Hemming, Bromsgrove Oly	23-41	23-50	1-0-48	1-1-57	24.848
G. Thornton, Newport Ph CC	22-41	23-35	1-0-25	1-1-18	24.798
R. Stirling, Glade CC	23-54	24- 3	1-0-39	1-1-44	24.771
S. J. Taylor, East Bradford CC	24-35	24-40	59-23	1-0-27	24.701
R. G. Matthews, Worthing Excel	24-40	24-59	59-35	1-0-19	24.596
R. A. Lepley, North Road CC	23-14	24-23	1-3- 2	1-3-12	24.491
R. J. Milson, Cardiff Byways RCC	24-39	24-40	1-0-13	1-1-31	24.490
H. Morrow, Festival RC	24-15	24-29	1-1-56	1-2- 9	24.401
J. Lucas, Weybridge Wh	23-55	25- 8	1-2-42	1-2-51	24.187
M. Havard, Wolsey RC	23-42	24-15	1-4- 6	1-4-36	24.170
D. A. Makewell, Glade CC	24-11	25-29	1-2- 7	1-2-29	24.127
W. L. Hall, North Road CC	23-56	24-43	1-2-47	1-4-31	24.122
R. D. Lilley, Cheshire Roads Club	24-57	25-13	1-0-52	1-2-37	24.110
D. Leake, South Western RC	24-47	24-50	1-2-19	1-2-51	24.077
R. Taylor, Harrogate CC	24-10	24-59	1-3- 9	1-4- 9	23.995
A. P. Bearcroft, Wolsey RC	24-20	24-53	1-3-22	1-3-53	23.981
A. Morris, Brighton Mitre CC	25- 5	25-37	1-0-58	1-2-51	23.957
G. T. Smith, London St. Chris. CCC	24- 4	24-41	1-3-23	1-5-36	23.943
R. J. Hook, Gloucester City CC	24-28	25-13	1-2-31	1-4-20	23.907
G. C. Bragg, Stonehouse Wh	24-42	25-17	1-2-49	1-3-53	23.845
D. Adams, Glade CC	24- 4	24-12	1-5-17	1-6-42	23.797
D. Hart, Stockton Wh	25-40	26- 6	1-1-29	1-1-44	23.765
C. Walker, Cheltenham & Cty	24-31	24-50	1-4- 8	1-5-17	23.750
J. Stone, Glade CC	24-23	25- 0	1-4-20	1-5-24	23.712
P. A. Hudson, Liverpool Cent RC	24-22	25-49	1-3-25	1- 5-2	23.646
L. Stevenson, Lancaster CC	25- 8	25-34	1-3-43	1-4-32	23.532
J. A. Yardley, Brighton Mitre CC	25-14	25-21	1-4-12	1-4-23	23.527

CYCLING 12TH DEC. 1970

SUSSEX CA

	" 50 "	" 100 "	12hr.	Av.
ROBIN JOHNSON, Brighton M	2-11-47	4-33-58	231.39	21.315
M. Venner, Worthing Excel CC	2-11-49	4-37- 3	231.27	21.229
A. Hill, Worthing Excel CC ...	2-16-43	4-45-50	220.64	20.440

WORTHING HERALD

FRIDAY DEC. 25TH 1970

CYCLING DEC. 5TH

1970 .

TRADITION IS OBSERVED BY CYCLISTS

A GREAT DAY in the good old tradition of cycling clubs. That was how Worthing Excelsior spent their Sunday before Christmas.

Seventeen competitors set out from the club's headquarters at Broadwater Parish Hall for a 40-mile observation ride. At regular intervals along the route objects had to be identified.

There was a break for lunch at Cowfold and the route ended at Copsale Village Hall.

Here Theo Puttick and the social committee had spent many hours preparing a Christmas meal.

The president, Doug Argent, and his wife were among 61 members and friends who enjoyed the meal after which 30 of those present had an 18-mile ride on two wheels home.

Winner of the observation ride was Don Lock with Mick Venner, Harry Beasley and Tony Hill close behind.

Bognor Regis

VISITORS to Bognor Regis CC's dinner included Mr. J. Shearing, chairman Bognor Regis UDC, and Mrs. Shearing, and Superintendent A. Farrer, of Bognor Regis police. Toast to the club was in the hands of Don Lock, Worthing Excelsior CC, with Mick Geoghegan replying with a special mention of young Stephen Morley, whose tracks wins have been phenomenal. "He is a very uncomplicated rider who just gets on his bike and wins!" Tribute was paid to president Charlie Janman and Brian and Mrs. Cox. Secretary Gordon Parry welcomed clubs and visitors, who included representatives of Worthing Excelsior, Portsmouth CC, Velo Club St. Raphael, Velo Club Noviomagus. Prizewinners included president Charlie Janman, "Clubman of the year" award; Stephen Morley, Alan Holcombe, Mick Geoghegan, Gary Wilkinson, Andy Simpson, Paul Taylor, Alan Temple, and Les Janman.

The Junior Trophy Competition, 1970

	10 miles		25 miles		Av.spd. m.p.h.
	m s	m s	m s	m s	
T. F. Dobson, Comrades C.C.	21 21	22 26	55 28	55 56	27.178
M. J. J. Corbett, Charlotteville C.C. ..	22 49	22 57	55 16	56 53	26.488
C. Pugh, South Bucks Road Club ..	22 18	22 54	57 30	58 28	26.212
T. G. Nutter, Bishops Stortford C.C. ..	22 15	22 44	57 58	58 38	26.205
P. Smith, Ratae Road Club	22 12	22 57	57 41	58 41	26.184
A. A. Newberry, Mercia C.C.	22 45	22 50	57 47	57 56	26.126
R. A. Garlinge, Hounslow & District Wh.	22 37	22 50	57 58	58 14	26.110
M. D. Hayton, East Bradford	23 10	23 11	56 39	57 47	26.054
F. W. Nickson, East Liverpool Wh. ..	23 3	23 10	57 23	57 30	26.039
T. J. Sears, Kenton Road Club	22 43	23 3	57 55	58 30	25.995
R. M. Edwards, Redhill C.C.	22 34	23 0	58 45	58 57	25.913
R. Smith, Glade C.C.	22 49	23 17	58 34	58 40	25.812
R. Noon, Notts & Derby Clarion ..	22 50	23 38	56 37	59 55	25.799
D. J. Hizzett, Clifton C.C.	23 30	23 38	57 16	58 12	25.722
D. Holliday, Gordano Valley C.C. ..	22 46	23 20	58 37	60 6	25.654
J. R. Thompson, Nova C.C.	23 23	23 53	57 42	58 30	25.605
D. W. Hinde, Tunstall Wheelers ..	23 15	23 30	58 12	59 33	25.575
A. R. Grant, Southend & County Wh. ..	22 47	23 38	58 54	59 59	25.549
P. Whitehorn, Glade C.C.	23 0	23 17	59 33	60 1	25.510
D. J. Thorogood, Harold Hill C.C. ..	22 32	22 51	60 57	61 8	25.508
N. R. Rudd, Hull Coureurs C.R.C. ..	23 24	23 27	58 55	59 19	25.494
S. R. Barnes, Rufus Wheelers	23 45	24 5	57 33	58 43	25.447
R. D. Hand, Surrey Road C.C.	23 25	23 37	59 20	59 38	25.366
J. A. Waugh, Tyne Road Club	23 1	23 51	59 13	60 14	25.365
R. Talbot, Harold Hill C.C.	23 14	23 16	59 4	62 19	25.270
J. R. Ewers, North Road C.C.	23 5	23 37	60 30	61 6	25.186
C. S. Bradley, Saracen Road Club ..	23 16	23 36	60 23	60 51	25.176
T. J. Pope, Midland Clarion C. & A.C. ..	23 2	23 48	60 37	61 8	25.138
G. Thornton, Newport Phoenix C.C. ..	22 41	23 35	59 29	59 38	25.066
D. T. Bolton, Bradford Wheelers ..	23 42	24 0	59 34	60 47	25.044
K. J. Osborn, Southgate C.C.	23 53	24 17	59 39	59 55	25.003
L. Double, De Laune C.C.	23 37	24 17	60 11	60 13	24.987
J. J. Hemming, Bromsgrove Olympic ..	23 41	23 50	60 48	61 57	24.848
R. Stirling, Glade C.C.	23 54	24 3	60 39	61 44	24.771
M. Hazlewood, Saracen R.C.	23 35	24 19	61 14	61 59	24.703
S. J. Taylor, East Bradford C.C.	24 35	24 40	59 23	60 27	24.701
C. J. Bishop, Southgate C.C.	24 6	24 13	60 9	62 1	24.699
<u>R. G. Matthews, Worthing Excelsior</u> ..	<u>24 40</u>	<u>24 59</u>	<u>59 35</u>	<u>60 19</u>	<u>24.596</u>
K. Snook, Southgate C.C.	23 45	24 6	61 51	62 47	24.576
R. J. Milsom, Cardiff Byways R.C.C. ..	24 39	24 40	60 13	60 44	24.568
R. A. Lepley, North Road C.C.	23 14	24 23	63 2	63 12	24.491
H. Morrow, Festival Road Club ..	24 15	24 29	61 56	62 9	24.401
C. V. Garrett, Southgate C.C.	24 36	24 46	60 39	62 3	24.381
K. W. Moore, Harold Hill C.C.	23 30	23 59	63 51	65 18	24.253
J. Lucas, Weybridge Wheelers	23 55	25 8	62 42	62 51	24.187
M. Harvard, Wolsey Road Club	23 42	24 15	64 6	64 36	24.170
A. J. Tidy, Old Portlians C.C.	24 22	24 38	62 33	63 41	24.129
D. A. Makewell, Glade C.C.	24 11	25 29	62 7	62 29	24.127
W. L. Hall, North Road C.C.	23 56	24 43	62 47	64 31	24.122
R. D. Lilley, Cheshire Roads Club ..	24 57	25 13	60 52	62 37	24.110