



## Newsletter – April 2024

Ladies and Gentlemen

Apologies for the lateness of this newsletter... I blame Easter being so early this year!

### **Time Trials (1)**

The first two events we as a club run have now been held. On the 10<sup>th</sup> March was the Ashurst Circuit TT although due to some inconvenient road works the event went nowhere near Ashurst. Fortunately Ian Cheesman, our industrious event secretary, was quick off the mark and in the drop of the hat had created a similar length course down to Shoreham and back. I am pleased to say twice the number of WECC members took part than last year, with Verity Lacey and Ben Toovey making their maiden rides. Perhaps unsurprisingly Karl Robertson was the fastest WECC rider, with Nik Allen of Team TMC being the fastest on the day.

Sadly even Ian couldn't weave his magic the following week as our Handicap 10 had to be cancelled due to flooding on the A24 near Findon.

### **Time Trials (2)**

Our next events are the popular Don Lock Evening 10 series starting on Thursday 9<sup>th</sup> May and these are free to enter for WECC members. This year, to try and encourage more riders, several events are 'road bike' only and two others are being run by Horsham and Brighton Excelsior on their respective courses. Full details about the series can be found on our website at <https://www.worthingexcelsior.co.uk/2024-season.html>

Ian is still looking for help to run these events and if you are able to assist he would love to hear from you so please drop him an email at [cheesy12@talktalk.net](mailto:cheesy12@talktalk.net)

### **Time Trials (3)**

Following a suggestion made at the AGM the Committee have agreed that we will award a new cup (or shield) this year, which will be for the member who accumulates the most points riding a road bike in the Don Lock series. You will have to complete a minimum of 6 rides to qualify and you must conform to the CTT regulations relating to road bikes but just think what an achievement it would be, to be the first person to lift a new trophy at our Dinner and Awards Ceremony?

#### **Time Trials (4)**

Was it Monty Python who said 'and now for something completely different'? The Hill Climb season usually takes place during the autumn months but Brighton Mitre are bucking the trend and holding events on the evenings of 23<sup>rd</sup> and 30<sup>th</sup> April 2024. Both are being run on one of my favourite local climbs, Mill Hill at Shoreham, and can be entered on the night providing you get there before the 7pm starting time.

#### **Maintenance night**

Another matter mentioned at the AGM was holding a maintenance night and whilst you'll have to wait for a date to be announced I am pleased to say that Ian Cheesman, Ali Weinberg and Rick Hughes have been tasked with putting this together. And judging by the way my gears were slipping today I'll definitely be in attendance. In the meantime and if you are willing to pay, The Bicycle Barn, which is up near the Buck Barn junction on the A24, offer a 3 hour one-on-one cycle repair session. You take your own bike along so not only do you hopefully learn something but your bike will be running sweetly too! [www.thebicyclebarn.co.uk/pages/courses](http://www.thebicyclebarn.co.uk/pages/courses)

#### **Sportives and Audax's**

As I am sure you can imagine given the time of year, various Sportives and Audax's are being advertised in abundance but here are few that may interest you.

First off on the 28<sup>th</sup> April is the East Sussex Cycling Association 50 mile Reliability Trial, which starts in Ardingly, West Sussex. Entry is online and needs to be done by the 19<sup>th</sup> April. [www.riderhq.com/events/p/7ztahc90/enter2](http://www.riderhq.com/events/p/7ztahc90/enter2)

You've got plenty of choices on the 16<sup>th</sup> June. London to Brighton is being held that day and amongst those who are guaranteeing an entry in exchange for raising sponsorship is the Campaign Against Living Miserably (CALM) who supply life saving services, supporting those who are at risk of committing suicide. Contact [sallyrowley@thecalmzone.net](mailto:sallyrowley@thecalmzone.net) to obtain further details.

On the same day, the West Surrey CC is running their popular Elstead Audax event. With routes of 100k, 150k and 200k, all of which head roughly westwards, you'll enjoy great roads with