

WORTHING EXCELSIOR CYCLING CLUB **CLUB RUNS LIST 12 February —15 July 2012**

All club runs depart from Washington Village Green (W) or Clubroom at Broadwater Green (B) or the west side of Arundel Town river bridge (A) at 9a.m. (9.10a.m. latest) unless otherwise stated.

You should register your attendance with the Club Runs Secretary, Tony Palmer (01273 558597), or Mike Irons (01903 240280) to enable you to be included in the Annual Club Runs Attendance Points Trophy Competition, running from October 1st to 30th September in each year.

Points are awarded as follows:-

2 Points if you start with the run and complete the run with the club group

1 Point if you proceed independently but attend elevenses

3 Points if you are out all day on a Club touring activity ie. Audax or specially arranged runs. For details see either Website, Magazine or Club Notice Board.

Final Decision is with the Runs Committee!!!

The list is available to all members via the Club Website and the Club Notice Board.

Copies will be available in the Clubroom on Tuesday evenings.

If you feel that the runs are "too fast" or "to slow" we have 2 groups that leave the start point at the same time and meet up at the elevenses venue. The groups are "Regular" or "Easy". Same start time and elevenses venue but different routes.

Alternatively, you can make your own way to the elevenses.

We are usually home between 12.00 and 1.00pm and the distance including the ride from Worthing will be about 40 and 50 miles. There are car parking spaces at Washington Village.

We have included notes of time trials where club members may be involved in so that it might be possible to do both or give competitors some support before coming to the elevenses venue.

Runs committee members are not always able to attend, so on those occasions make your own route, again to suit those present and not forgetting to report your attendance.

Date	Elevenses Venue	Start Point
Sun.12 Feb.	Hassocks Garden Centre	W
Sun.19 Feb.	Southwater Country Park	W
Sat.25/26 Feb	Weekend in Eastbourne. See notice board and Clive Lett for details	
Sun 26 Feb	Alternative ride, Rushfields Garden Centre, Poynings	W
Sun.4 Mar.	Arundel Sandwich Bar	W
Sun.11 Mar.	RSPB Centre, Wiggonholt Common. After Club 10 mile TT	W
Sun.18 Mar	Ditchling Tearooms (aka Dolly's Pantry) Ditchling	W
Sun 25 Mar.	Hilliers Garden Centre, (1 Mile south of Horsham on A281)	W
Sun 1 Apr.	Stopham Bridge Garden Centre, Pulborough, after Ashurst Circuit TT	W
Sun 8 Apr.	Washington Village Hall, after SCA 2 up TT	B
Sun 15 Apr.	Arundel Sandwich Bar, after Long Furlong TT	W
Sun 22 Apr.	Washbrook Farm, Hurstpierpoint	W
Sun 29 Apr.	The Chalet, Cowfold	B
Sun 6 May	IOW Trip. For details see Club Facebook & notice board for details.	
Sun 6 May	Alternative ride, Fishers Farm, Wisborough Green.	W
Sun 13 May	Manor Nurseries, Runcton	B
Sun 20 May	WECC Open 25. All help needed, see John Baldwin for details	
Sun 27 May	Camilia Botnar Garden Centre, (1 Mile North of Littleworth)	W
Sun 3 June	Littlehampton Marina	W
Sun 10 June	Dial Post Village Hall, After the SCA 50 TT	B
Sun 17 June	Houghton Bridge Tearooms, Amberley. After Pulborough circuit TT	W
Sun 24 June	Warnham Nature Reserve. After SCCU 50	W
Sun 1 Jul	Chichester Yacht Basin	A

Sun 8 Jul	Sumner Ponds, Barns Green	W
Sun 15 Jul	Goodwood Motor Circuit	A